Somerset and Avon Rape and Sexual Abuse Support

Board of Trustees Report and Financial Statements For the Year Ended 31 March 2020

Registered Charity Number: 1126682 Registered Company Number: 6738639

Reference and administration details

Somerset and Avon Rape and Sexual Abuse Support
1126682
6738639
Somerset and Avon Rape and Sexual Abuse Support
Royal Oak House Royal Oak Avenue Bristol BS1 4GB

Trustees

Trustees, who are also directors under Company law, who served during the year and up to the date of this report were as follows:

Emily Barratt		Appointed 31 March 2020
Michele Burleigh		Appointed 4 October 2018
Emma Frost	Treasurer	Appointed 10 April 2019
Catherine Graham		Appointed 7 June 2018
Caroline Green		Appointed 2 November 2017
Rachel Johnson		Appointed 10 September 2020
Saskia Konynenburg		Appointed 2 November 2017 Resigned 10 September 2020
Rose Mahon		Appointed 10 April 2019
Linda Moore		Appointed 2 November 2017
Claire Stewart-Hall		Appointed 2 November 2017 Resigned 31 March 2020
Charlotte Swarbrick		Appointed 3 August 2017
Penny Walster	Chair	Appointed 2 November 2017

Key management personnel

During the financial year to 31st March 2020, the key management personnel were:

Claire Bloor	Chief Executive Officer
Audrey Michel	Head of Fundraising
Emma Wallis	Head of Finance and Human Resources
Bethan Fisher	Counselling Manager
Caz Buckeridge	Volunteer, Helpline and eSupport Manager
Lisa Benjamin	Training and Information Manager
Ruth Wood	Specialist Support Manager

Bankers

Unity Trust Bank	Investec Wealth and Investment
Nine Brindley Place	Beech House
Birmingham	61 Napier Street
B1 2HB	Sheffield
	S11 8HA

Triodos Bank Deanery Road Bristol BS1 5AS

Independent Examiner

Joanne Trowbridge Bristol Community Accountants CIC The Park Daventry Road Knowle Bristol BS4 4DQ

Trustees report for the year ended 31 March 2020

The Trustees present their report and examined financial statements for the year ended 31 March 2020.

The 'Reference and administration details' set out on page 2 form part of this report.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and activities

Purpose and aims

The charity's purposes, as set out in the objects contained in the company's memorandum of association, are:

- To relieve the trauma and distress of women and girls who have experienced any form of sexual violence, however long ago, through the provision of services, support and information. The service will be provided by women for women and girls in Bristol and the adjacent areas.
- To educate the public about sexual violence and raise awareness of the impacts of rape and sexual abuse on the victim and wider society.

The aims of our charity are to support women and girls who have experienced sexual violence as well as to educate the public about sexual violence. Our aims fully reflect the purposes that the charity was set up to further.

In our business plan we also state that we recognise men and boys can be victims of sexual violence and face similar stigmas. We work in collaboration and we promote an empowering culture both for our organisation's members and for the women, girls, men and boys who use our service.

Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we have achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those people that we are set up to help. The review also helps to ensure that our aims, objectives and activities remain focused on our stated purposes. We consult with service users, staff, volunteers and external partners. In shaping our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a Charity (PB2)'.

The focus of our work

Our main objectives for the year continued to be to relieve the trauma and distress of women and girls who have experienced sexual violence. To meet these objectives, and thus the needs of our multiple stakeholders, SARSAS did the following:

- Staffed local support centres with skilled, knowledgeable, supported workers able to provide accessible high-quality face to face support using evidence-based models of practice within a trauma informed empowerment framework.
- Continued to provide helpline and e-support services for all survivors to use for enquiry, anonymous ad hoc or ongoing support, safe disclosure, up to date information and crisis interventions.
- Worked in partnership across Avon and Somerset for the benefit of all survivors including those who are using support services and those who are not. This includes leading and learning from a consortium of specialist sexual violence services and providing training for change within frontline support and referral agencies and upskilling key workers to work in a confident and informed way with survivors using their services.
- Raised awareness within the general public of services available, focused on self-help guides for all survivors including those with learning disabilities, continued to distribute active sexual consent materials and contributed to a cultural shift of encouraging survivors to speak out and for concerned others to support and stand behind survivors.

How our activities deliver public benefit

Survivors of sexual violence, and those that care for them, can access our high quality, accessible services in order to increase their health and wellbeing, safety, and empower them to re-enter society.

All people are aware of the reality and impact of rape and sexual violence and are informed of the support services available.

SARSAS is a sustainable and highly effective agency that always practises excellence in sexual violence support for Somerset and Avon and champions the voices of survivors.

Sexual violence is the cause of many significant problems in society including mental ill health, drug and alcohol misuse and offending. We know the impacts of sexual violence affect not only survivors but also those who care about them, and the

society in which they live. The impact of sexual violence on an individual also affects the work of frontline organisations and services that support other aspects of their lives. Many survivors of sexual violence are targeted by perpetrators because of an existing vulnerability including mental health difficulties, drug and alcohol misuse, learning disabilities, physical disabilities and youth. SARSAS is delivering value to all of these groups.

83% women experienced 'flashbacks' of their experience of sexual abuse when service commenced.

50%+ had depression and panic attacks when services commenced.

61% also felt they did not have 'control of their life' when services commenced; this reduced to 31% after they had accessed rape crisis services.

Each adult rape is estimated to cost over £96,000 in its emotional and physical impact on the survivors, lost economic output due to convalescence, treatment costs to health services and costs incurred in the criminal justice system¹.

- The impact of all estimated sexual violence in the South West in a year will cost society over £335,904,000².
- Sexual violence costs in physical and mental health care in the South West is £79,498,749³.
- Sexual violence costs the criminal justice systems in the South West £50,073,529⁴.

SARSAS is one part of a jigsaw of organisations that serve the wellbeing of struggling members of our society. It is crucial to view SARSAS as a unique and highly effective workforce within the network of frontline social services that must work together in order to serve their users effectively. It is in this way that SARSAS' value and impact is far-reaching and affects multiple stakeholders.

All of our charitable activities are undertaken to further our charitable purposes for the public benefit.

¹ Government's response to Stern Review, 2011

² Calculated using the Public Health England estimate of 3499 female rapes in 2012/13.

³ See violence against women and girls ready reckoner <u>http://webarchive.nationalarchives.gov.uk/20100104215220/http:/crimereduction.homeoffice.gov.uk/domesticviolence/domesticviolence072.htm</u>

⁴ See violence against women and girls ready reckoner

http://webarchive.nationalarchives.gov.uk/20100104215220/http:/crimereduction.homeoffice.gov.uk/d omesticviolence/domesticviolence072.htm

Achievements and performance

We are very proud of what the charity has achieved in the last year and the continued new and exciting developments that we are working towards in the coming year.

Projects and service developments

SARSAS continues to provide the following services across the Somerset and Avon area:

- A helpline every weekday in the daytime and evenings for increased accessibility
- An email support and information service
- Comprehensive assessments and information appointments
- Specialist support work including focused services for survivors of childhood sexual abuse, those survivors with learning disabilities and women with multiple and complex needs
- Specialist trauma counselling, including Solution Focused Brief Therapy
- Online resources including our Self Help Guide
- Websites including the SARSAS website, the Survivor Pathway (our website outlining pathways of support across the South West) and Pause Play Stop (our website on sexual consent)

In addition, we believe in and champion partnership working including:

- Through the Avon and Somerset Sexual Violence Support Consortium to deliver much needed support to victim-survivors of rape and sexual abuse across the region along with developing innovative approaches to support survivors
- The South West Rape Crisis Network where SARSAS lead a Comic Relief funded project around sexual violence and older women.

In 2019/20 we had 1,397 individuals referred to SARSAS (a 33% increase on 2018/19).

In the year we supported:

- 204 survivors through our counselling service
- 144 women with specialist support work
- 10 survivors through our Solution Focused Brief Therapy

In addition, we had:

- 3,052 calls to our helpline
- 706 emails to which we responded

We also delivered 15 training sessions to nearly 300 professionals who support survivors.

For further information on the services that we provide and our outcomes please refer to the 2019/20 Annual Report Infographic that can be found at <u>www.sarsas.org.uk</u>

Funding

Funding from Bristol City Council (Safer Bristol), the Ministry of Justice and NHS Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group (NHS BNSSG CCG) made up 59% of the funding in the year.

Several new grants started in the year, including:

- The Ministry of Justice awarded a three-year contract for provision of service

 being counselling, specialist support, helpline and eSupport for victimsurvivors of sexual violence across the whole of Avon and Somerset. The Ministry of Justice recognise SARSAS as having two separate Centres – Bristol and Taunton – and on this basis each centre receives Female Rape Support Funding.
- The NHS BNSSG CCG awarded a three-year contract for the provision of counselling for victim-survivors of sexual abuse and rape that occurred within the last 12 months.
- St John's Foundation awarded a three-year grant for the provision of counselling and group work for victim-survivors of sexual violence in the Bath area.
- The Garfield Weston Foundation awarded a one-year grant for the provision of counselling for victim-survivors of rape and sexual abuse.
- Comic Relief awarded us a one-year continuation grant for our work on the violence against older women project.

Since the year end, we have been successful in securing c.£200,000 of one-year COVID-19 response funding along with a number of other longer-term grants including one from the Home Office for a project on Sibling Sexual Abuse.

Workforce development

There has been a significant change and growth in the workforce during the year with several new posts being created, some directly linked to successful funding applications and others an investment in the internal infrastructure of the organisation.

On 31 March 2020, Claire Stewart-Hall resigned as Chair of the Board of Trustees. Everyone at SARSAS would like to thank Claire for her hard work and dedication to the organisation.

Penny Walster, who was previously Vice Chair, was appointed Chair of the Board of Trustees on 31 March 2020.

Two new trustees – Emily Barratt and Rachel Johnson – have joined the Board of Trustees in the Year.

A thorough review of the organisational structure took place in early 2020 to determine the most appropriate structure to support the organisational growth seen over the past five years. There was also a recognition of the need to better support the fundraising and financial operations to ensure long term organisational stability. A new structure was determined and approved by the Board of Trustees in August 2020.

With effect from 1st November 2020, the new Senior Leadership Team will comprise the CEO, Head of Finance, Head of Fundraising and Head of Operations and Service Development.

The Management Team support the Senior Leadership Team with day-to-day operations of the organisation. The team comprises the Counselling Manager, Specialist Support Manager, Training and Communications Manager and Volunteer, Helpline and eSupport Manager.

As part of implementing the new organisational structure, several new members of staff have been welcomed to the SARSAS team, these were: Finance Assistant, Fundraiser, Head of Fundraising, and Volunteer Helpline and eSupport Manager. In addition, we have welcomed several new Specialist Support Workers and a General Administrator.

At the year end, the new role of Head of Services was vacant however, this was filled in September 2020.

In the year, 13 new Volunteer Helpline and Support Workers were successfully recruited, trained and supported to deliver services across our region bringing our

total Volunteer Helpline and Support Workers up to 35 active volunteers by the end of the year.

Campaigning

The aims of delivering our awareness campaigns are to reduce victim blaming, increase the number of survivors coming forward to specialist agencies to receive the excellent support they deserve and to contribute to the prevention of further sexual violence crimes by changing individual and public attitudes to gender based violence and its causes.

We have focused on our 'Pause Play Stop' campaign educating students of universities and schools across Somerset about sexual consent. In addition, we have delivered training on understanding sexual violence and responding to the disclosure of sexual violence to a wide range of professionals.

Financial review

Financial summary

Income in the year totalled £959,573 (2019: £725,877) of which £923,581 (2019: 685,825) came from grant funding from several different bodies (see note 4 to the financial statements). These funds were used to provide a range of services – including the helpline, e-mail support, one-to-one support, specialist support and counselling – to relieve the trauma and distress of those who have experienced sexual violence.

Expenditure in the year totalled £943,741 (2019: £765,12) of which £918,210 (2019: £737,364) related to charitable activities. Of this amount spent on charitable activities, the most sizeable is on staff costs which totalled £478,848 (2019: \pounds 433,447).

An investment is held with Investec Wealth and Investment with the purpose of securing funds and trying to achieve higher returns. The investment is low-to-medium risk and is spread between fixed interest, equities, property, alternative assets and cash. Investment income of £3,849 (2019: £3,921) was earned in the year and the investment value has decreased by £7,396 (2019: increase by £3,888). The decrease in value at the year-end was a direct result of the negative impact of the global coronavirus pandemic on the financial markets.

Total reserves as at 31 March 2020 were £204,173 (2019: £195,736) of which \pounds 139,984 (2019: £130,644) was unrestricted and \pounds 64,189 (2019: \pounds 65,092) was restricted and unavailable for the general purposes of the charity. Of the unrestricted funds none have been designated (2019: none).

Investment policy

The Board of Trustees has responsibility for the purchase, sale, assignment, transfer and management of all investments. Investments are defined to include, but are not limited to, any monetary or negotiable asset or property right held by the charity.

In the management of SARSAS' investments, consideration will be given to the requirements of the charity for liquidity, diversification and safety of principal, yield, maturity, quality and capability of investment management, with the primary emphasis being on safety.

The overall objective of the investment policy is to invest the charity's available funds in such a manner as to earn as high a level of return as can reasonably be achieved within the framework of the policy and consistent with the primary objective of the safety and preservation of capital.

Wherever possible, the Board of Trustees also takes social, environmental or ethical considerations into account in its investment decisions.

Reserves policy

The level of income retained in reserves is based on a realistic assessment of contractual obligations to staff (i.e. maternity, sickness and redundancy pay), running cost contingencies, winding up and dilapidation costs, risk management and any unanticipated reductions in income.

Due to the nature of SARSAS's work, particularly with our vulnerable clients, it is vital that counselling and support are completed for each client in a sensitive and timely manner. Therefore, the running costs contingency is significant and represents an estimate of six months of skeleton operating costs prioritising the continuation and safe ending of the counselling and support work being actively provided by the organisation. Any clients on our waiting list will be contacted and signposted to other services.

We recognise that any reserves held as cash at bank over £85,000 are at risk and will not be guaranteed by the Government should there be a collapse of the financial system. Bank balances are reviewed by the Board of Trustees on a quarterly basis as part of the management accounts process. Where the balance of a bank account exceeds £85,000 the Board of Trustees take appropriate action to mitigate the financial risk.

Statement on going concern

After reviewing the charity's forecasts and projections and its reserves, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operation for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

The Trustees have considered specifically the effect that the global coronavirus pandemic has on the charities ability to continue as a going concern.

Except for group work, we have continued to run our services – helpline, email support, specialist support work and counselling – remotely at the levels required by our funders. Where grant agreements specifically require the delivery of face-to-face services we have had confirmation that we are allowed to deliver these remotely given the current situation and, where required, funders have confirmed that we can reassign funds granted for group work to other areas of expenditure.

Additional COVID-19 response funding of £175,000 has been secured for the financial year ending 31st March 2020 allowing us to increase service delivery, develop and launch a new Live Chat service and cover the additional staffing and equipment costs associated with responding to the effects of the pandemic.

At this point, due to the demand on our services and the level of secured income we have not had to furlough any staff members, make any reductions to salary or contracted hours or make any redundancies as a result of the global coronavirus pandemic.

Compared to thousands of other charities, SARSAS was able to respond to the effects of coronavirus with remarkable speed and agility. SARSAS has secured all of its required income for the financial year ending 31st March 2020 and has a significant level of income secured for the financial year ending 31st March 2021.

The fundraising strategy was been reviewed in response to the additional risks created by the pandemic and affirmative action is being taken to mitigate these.

Aside from the effects of the global coronavirus pandemic, the main risk to organisation's ability to continue as a going concern is the loss of significant funding. In order to mitigate this risk, the organisation have implemented a fundraising plan which increases its work with other funding bodies and diversifies our portfolio of funders. We continue to develop the internal structure of the organisation to ensure that it is lean and adaptable.

Structure, governance and management

Governing document

SARSAS is a company limited by guarantee governed by its Memorandum and Articles of Association dated 29 October 2008. It is a charity registered with the Charity Commission.

Anyone aged over 18 years of age can become a member of the Company and there are currently 32 members (2019: 32), each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of Trustees

Trustees are elected by members of the charity or co-opted and elected at General Meetings.

Where applicable, the volunteer representative is a full trustee but must declare a conflict of interest where there are disclosures that relate to her line management in her capacity as a volunteer. She is co-opted through election by her peers then elected by members at a General Meeting. Currently, there is no volunteer representative however, the Board of Trustees is looking to fill this position.

Trustee induction and training

All new Trustees receive an induction into the work of the charity as well as an introduction into the role of a trustee and its responsibilities. The induction process for new Trustees also includes training and development days.

Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Organisation

The Board of Trustees, which cannot have less than three or more than twelve members, administers the charity. The Board of Trustees normally meets every second month. In addition, the Board operates two sub committees being the Finance, Risk and HR Sub Committee and the Strategy Sub Committee both of which meet regularly.

A Chief Executive Officer (CEO) is appointed by the Trustees to manage the day-today operations of the charity. To facilitate effective operations, the CEO has delegated authority, within terms of delegation approved by the Trustees, for operational matters including finance, employment and service delivery related activities.

Related parties and co-operation with other organisations

None of the Trustees receive remuneration or other benefit for their work with the charity. Any connection between a trustee or senior manager and a potential employee, supplier or service provider must be disclosed to the full Board of Trustees in the same way as any other contractual relationship with a related party.

As part of the recruitment process all Trustees complete a Conflict of Interest statements. At each Board meeting, all Trustees must declare any changes to their conflicts of interest.

See note 24 of the financial statements for further information about related party transactions.

SARSAS leads a consortium of sexual violence support services and works in close partnership with Womankind, The Green House, and Barnardo's BASE to deliver high quality services to survivors.

Pay policy for senior staff

The pay of the senior staff is reviewed annually, along with that of all employees, and normally increased in accordance with inflation and annual earnings.

Pay benchmarking is carried out as part of the recruitment of new posts through internet searching for similar posts and discussion with partner agencies delivering sexual violence services across the country in the Rape Crisis network.

Risk management

The Trustees hold a Risk Register documenting the major risks facing the charity along with mitigating actions. This is reviewed on a regular basis as part of the rolling timetable of the Board of Trustees.

The following are considered by the Board of Trustees to be the top five risks to the organisation where there is a medium-to-high probability of them occurring and, if this were to happen, there would be a significant impact on the organisation:

- Safeguarding measures for services users and staff/volunteers are not in place or not adhered to

Safeguarding policies and procedures are in place along with regular supervision and training for staff and volunteers and clear channels for reporting potential safeguarding issues. - Staffing levels are not appropriately maintained due to a combination of loss of key staff, high staff turnover and inability to recruit in a timely and effective manner

SARSAS has a comprehensive HR policy framework and development plans in place. All key management positions are currently filled. Key personnel have an extended notice period which would allow sufficient time for recruitment.

- IT systems are not fit for purpose and data security is compromised

Over the past two-to-three years, significant investment has been made in the IT systems used by the organisation. Appropriate disaster recovery plans and procedures are in place. External experts are contracted to review and maintain data security and system capability.

- SARSAS does not work effectively with its partners

Service level agreements and contracts are in place with all partners which include clear responsibilities and deliverables. All of the Key Performance Indicators are monitored closely and discussed with all partners at regular review meetings.

- SARSAS does not deliver against its contracts

Project appraisal procedures and performance monitoring arrangements are in place including detailed review of client feedback, outcomes and financial data. SARSAS focuses on effective partnership working with commissioners and funders.

Safeguarding statement

SARSAS is committed to safeguarding and promoting the welfare of children, young people and adults with care and support needs who use its services. The welfare of all children is paramount, and safeguarding is everyone's business⁵. The SARSAS safeguarding policy is in line with the Children Act 1989 and 2004. Section 17 and 47 of the 1989 Act imposed a positive duty to safeguard and promote the welfare of children.

Safeguarding is a specific activity that is undertaken to protect specific children and adults with care and support needs who are suffering, or are at risk of suffering,

⁵ https://www.nspcc.org.uk/keeping-children-safe/reporting-abuse/dedicated-helplines/

harm. All children have the right to protection regardless of gender, ethnicity, disability, sexuality, or beliefs.

All agencies have a statutory responsibility to safeguard children.

Our 'Adults at Risk Safeguarding Policy' and 'Child Safeguarding Policy' document sets out Somerset and Avon Rape and Sexual Abuse Support (SARSAS)'s overall approach to protecting children and vulnerable adults from abuse. Policies are supported by detailed procedures which explain how this policy is to be carried out by Team Members.

Everyone that SARSAS works with will be informed of our policy statements as part of an explanation of the limits of confidentiality. A copy of this policy and procedure is made available as appropriate and is also available on our website.

Plans for future periods

<u>Coronavirus</u>

The global coronavirus pandemic has had a significant impact on all aspects of SARSAS.

Our clients are a very vulnerable section of the community dealing with the trauma and consequences of sexual assault and abuse, either recent or historical. Lockdown has been triggering for many victim-survivors and in extreme cases clients have been locked down with the perpetrator of the abuse.

Under normal circumstances we deliver a range of support and therapeutic face-toface services however, since mid-March 2020 all our services, except group work, have been delivered remotely either via video conferencing or telephone. We invested in technology to allow our helpline and email support services to run remotely and increased the operating times for these services to allow greater access to service.

After a short transition period where we focused on upskilling the team to deliver service remotely and embedding the required new technology, we have been successful in maintaining service levels throughout the period except for group work.

We have experienced an increase of 20% on referrals in comparison to the same period in 2019 (March to September). Our waiting lists remain high and we anticipate further increases in demand as the impact of COVID-19 continues for victim-survivors.

In addition to our regular services, we secured COVID-19 response funding from several grant-making bodies to allow us to develop and launch a new Live Chat service.

Our staff and volunteers have been working from home since mid-March 2020 and have shown great flexibility and commitment in continuing to maintain a high level of service for our clients during exceptionally difficult times. We have supported staff and volunteers including through the provision of office equipment, resilience training and additional external clinical supervision which have been funded by specific COVID-19 response grants.

At this point, due to the demand on our services and the level of secured income we have not had to furlough any staff members, make any reductions to salary or contracted hours or make any redundancies as a result of the global coronavirus pandemic.

Compared to thousands of other charities, SARSAS was able to respond to the effects of coronavirus with remarkable speed and agility. In mid-March 2020, a review of the funding position revealed that SARSAS had >80% of its funding requirement in place for the FY2021 and >50% for FY2022.

Consequently, our fundraising during this period has focussed on adapting services, creating new support channels, and securing future income. The fundraising strategy was been reviewed in response to the additional risks created by the pandemic and affirmative action is being taken to mitigate these.

Future plans

SARSAS is finalising the strategic priorities to help guide future work. In 2020/21, alongside service delivery, training, and campaigning, we will be working towards specific Thematic Goals to ensure organisational resilience:

- Consolidating our new organisational structure
- Reviewing key processes, systems, data
- Ensuring high team morale across our staff and volunteer teams
- Contingency and return to work planning as a result of COVID-19
- Sustainability planning in response to COVID-19 and through our increased fundraising capacity

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of Company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure for that period. In preparing the financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Statement as to disclosure to our Independent Examiner

The Trustees confirm that, so far as they are aware at the time of approving the Trustees' annual report, there is no relevant information of which the charity's Independent Examiner is unaware. They have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant information and to establish that the charity's Independent Examiner is aware of that information.

By order of the Board of Trustees

Penny Walster

Independent Examiner's Report to the Trustees

I report on the unaudited accounts for the year ended 31 March 2020 set out on pages 22 to 44.

Responsibilities and basis of report

As the charity's Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of MAAT, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

Independent Examiner's Report to the Trustees (continued)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Joanne Trowbridge MAAT

Fraind 14/12/2020

Bristol Community Accountants CIC The Park Daventry Road Knowle Bristol BS4 1DQ

Statement of financial activities for the year ended 31 March 2020

		Unrestricted Funds	Restricted Funds	Total Funds 2020	Restated Total Funds 2019
		£	£	£	£
Income and endowments from:					
Donations and legacies	3	23,047	-	23,047	27,204
Charitable activities	4	-	923,581	923,581	685,825
Other trading activities	5	9,096	-	9,096	8,678
Investments	6	3,849	-	3, 849	3,921
Other		-	-	-	249
	-	35,992	923,581	959,573	725,877
Expenditure on:					
Raising funds	7	(7,926)	(17,159)	(25,085)	(27,721)
Charitable activities	8	(2,628)	(916,060)	(918,688)	(737,364)
Other	10	33	-	33	(41)
	-	(10,521)	(933,219)	(943,740)	(765,126)
Net gains/(losses) on investments	16	(7,396)	-	(7,396)	3,888
Net income/(expenditure)		18,075	(9,638)	8,437	(35,361)
Transfers between funds	21	(8,735)	8,735		-
Net movement in funds	-	9,340	(903)	8,437	(35,361)
Reconciliation in funds					
Total funds brought forward		130,644	65,092	195,736	231,097
Total funds carried forward	21	139,984	64,189	204,173	195,736

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Balance sheet as at 31 March 2020			
		2020 £	2019 £
Fixed assets		L	L
Tangible assets	15	32,732	13,543
Investments	16	153,826	161,222
Total fixed assets		186,558	174,765
Current assets			
Debtors	17	98,120	42,501
Cash at bank and in hand		66,991	155,999
Total current assets		165,111	198,500
Liabilities			
Creditors: amounts falling due within one year	18	(147,496)	(177,529)
Net current assets		17,615	20,971
Net assets		204,173	195,736
The funds of the charity			
Unrestricted funds		139,984	130,644
Restricted income funds		64,189	65,092
Total charity funds	21	204,173	195,736

For the year ended 31 March 2020, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year in question In accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Trustees on 3rd December 2020 and signed on their behalf by:

Penny Walster, Chair of Trustees

Statement of cash flows for the year ended 31 March 2020

		2020 £	2019 £
Cash flows from operating activities			
Net cash provided by operating activities	23	(68,498)	54,319
Cash flows from investing activities			
Dividends and interest from investments		3,849	3,921
Purchase of property, plant and equipment		(24,359)	(3,484)
		(20,510)	437
Change in cash and cash equivalents in the reporting period		(89,008)	54,756
Cash and cash equivalents at the beginning of the reporting period		155,999	101,243
Cash and cash equivalents at the end of the reporting period		66,991	155,999

Notes to the financial statements for the year ended 31 March 2020

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Somerset and Avon Rape and Sexual Abuse Support meet the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

b) Preparation of the accounts on a going concern basis

The charity reported a cash outflow of £89,008 (2019: £54,756 inflow) for the year.

Closing reserves as at 31 March 2020 were £204,173 (2019: £195,736), of which £139,984 (2019: £130,644) were unrestricted.

The Trustees have reviewed the circumstances of the charity and consider that adequate resources continue to be available to fund the activities of the organisation for the foreseeable future. The Trustees are therefore of the view that the charity is a going concern.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met (see note 19).

1. Accounting policies (continued)

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

In accordance with the Charities SORP (FRS 102) the general volunteer time is not recognised in the financial statements. Refer to the Trustees' annual report for more information about their contribution.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f) Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Restricted funds are amounts which the funder has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- Costs of raising funds and their associated support costs.
- Expenditure on charitable activities includes the costs associated with the provision of services to service users along with the production of materials and educational activities undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1. Accounting policies (continued)

h) Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charitable activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities as appropriate.

i) Operating leases

The charity classifies the lease of printing equipment as operating leases; the title to the equipment remains with the lessor and the equipment is replaced every 3 years whilst the economic life of such equipment is normally 4 years. Rental charges are charged on a straight-line basis over the term of the lease.

j) Tangible fixed assets

Individual fixed assets costing £300 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight-line basis as follows:

Asset Category	Method
Fixtures and fittings	6 years straight line
Computers and equipment	4 years straight line

No depreciation is charged in the year of purchase.

k) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

I) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1. Accounting policies (continued)

n) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

o) Pensions

As part of an employee's benefit package, the charity makes an employer contribution into a personal pension scheme of each employee's choosing. Employees are automatically enrolled into the National Employment Savings Trust (NEST) unless they choose to opt into a different pension scheme of their choosing.

2. Legal status of the Charity

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity.

The total number of members at 31 March 2020 was 32 (2019: 32). Any Trustees who are members of the charity are only entitled to voting rights; those Trustees have no beneficial interest in the charity.

3. Income from donations and legacies

	2020 £	2019 £
Gifts	23,047	27,204

The income from donations and legacies was £23,047 (2019: £27,204) of which £23,047 (2019: £27,204) was unrestricted and £Nil (2019: £ Nil) was restricted.

The Charity benefits greatly from the involvement and enthusiastic support of its many volunteers, details of which are given in our annual report. In accordance with FRS102 and the Charities SORP (FRS102), the economic contribution of general volunteers is not recognised in the accounts.

4. Income from charitable activities	2020 £	2019 £
Unrestricted funds		
Miscellaneous grants	-	6,667
Restricted funds (note 21)		
1625 Independent People	2,566	-
Avon & Somerset OPCC	19,009	19,009
Avon & Somerset Police Community Action	1,240	-
Barnardo's	68,360	61,110
Bath Boules Charitable Trust	(767)	2,566
Bristol City Council	115,000	115,000
Comic Relief	33,257	4,208
Garfield Weston Foundation	16,667	8,333
Lloyds Bank Foundation	29,613	79,079
Ministry of Defence	-	4,337
Ministry of Justice – Bristol	85,680	91,102
Ministry of Justice – Taunton	85,680	91,102
NHS Bristol, North Somerset and South Gloucestershire (BNSSG) CCG	254,166	37,500
Quartet Community Foundation	4,300	-
Rape Crisis England & Wales	24,080	16,699
St John's Foundation	30,000	12,500
Taunton Women's Aid	10,158	10,376
The Brook Trust	22,750	18,167
The Henry Smith Charity	29,650	31,000
The Nelson's Trust	5,000	-
The Nisbet Trust	15,000	15,000
The Three Guineas Trust	72,172	62,070
	923,581	679,158
Total income from charitable activities	923,581	685,825

5. Income from other trading activities

	2020 £	2019 £
Provision of training courses	682	4,916
Sale of materials	1,005	1,187
Other	7,409	2,575
	9,096	8,678

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The income from other trading activities was £9,096 (2019: £8,678), of which all was unrestricted.

6. Investment income

	2020 £	2019 £
Investment income	3,849	3,921

Investment income of £3,849 (2019: £3,921) is from investments held in the period and is wholly unrestricted. See note 16 for further details.

7. Expenditure on raising funds

In the year ended 31 March 2020, expenditure of £25,085 (2019: £27,721) was incurred on raising funds, of which £7,926 (2019: £27,721) was unrestricted. This was for the following:

- £17,052 all being from restricted funds (2019: £14,530 all unrestricted) which was the cost of employing a Fundraising and Events Manager to October 2019 and then the Head of Fundraising from January 2020. The costs include salary, employer's national insurance and employer's pension contribution along with expenses, training costs and overheads relating to that individual
- £7,690 all being from unrestricted funds (2019: £8,168 all unrestricted) for a fundraising consultant for work relating to bid writing prior to the employment of the Head of Fundraising
- £343 £236 from being unrestricted and £107 being from restricted funds (2019: £5,023 all unrestricted) on fundraising materials

There are no support costs associated with these activities in either the current or prior year.

8. Expenditure on charitable activities

	Charitable activities	Support costs	2020 Total	2019 Total
	£	£	£	£
Staff costs	517,541	37,690	555,231	433,447
Recruitment	5,270	3,850	9,120	1,054
Support and development (Staff and volunteers)	28,622	1,985	30,607	30,939
Travel and subsistence (Staff and volunteers)	18,499	1,190	19,689	17,326
Contractors and counsellors	121,264	-	121,264	72,490
Projects and other direct service costs	52,936	-	52,936	68,132
Promotion	264	-	264	1,571
Resource development and knowledge distribution Event costs	12,704	-	12,704	8,876 250
	-	-	-	
Rent, rates and service charges	51,275	4,036	55,311	52,026
Printing, postage and stationery	3,179	250	3,429	3,329
Telephone and computer charges	17,322	1,363	18,685	18,457
Equipment and maintenance	3,568	281	3,849	4,012
General expenses	6,123	483	6,606	6,055
Professional fees	4,312	16,297	20,609	10,022
Governance costs	-	1,906	1,906	1,469
Annual General Meeting	-	968	968	2,322
Depreciation	4,664	367	5,031	5,147
Finance costs (note 9)	-	479	479	440
-	847,543	71,145	918,688	737,364

Expenditure on charitable activities was \pounds 918,688 (2019: \pounds 737,364) of which \pounds 2,628 (2019: \pounds 16,015) was unrestricted and \pounds 916,060 (2019: \pounds 721,349) was restricted.

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Board of Trustees Report and Financial Statements for the year ended 31 March 2020

9. Finance costs

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	2020 £	2019 £
Bank charges	479	440

In the year ended 31 March 2020, expenditure on finance costs was £479 (2020: £440), all of which was from restricted funds (2019: unrestricted).

10. Expenditure on other activities	2020 £	2019 £
Bad debt write-off	(33)	41

There are no support costs associated with these activities in either the current or prior year.

A bad debt provision of £33 was posted against a two-year old debt in the financial year ended 31st March 2019. This was recovered in October 2020 and therefore the bad debt provision has been released.

At 31st March 2020, all debts were considered to be recoverable and therefore no bad debt provision is required.

11. Net income for the year

Net income for the year is stated after charging:

	2020 £	2019 £
Operating leases – equipment	2,335	1,838
Depreciation (note 15)	5,170	5,290
Independent Examiner's remuneration:		
Independent Examination fees	479	479
Accountancy services	2,415	1,441

management personner	2020 £	2019 £
Salaries and wages	523,842	408,525
Social security costs	20,233	16,892
Pension costs	25,396	20,084
	569,471	445,501

12. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs for the year ended 31st March 2020 include £32,780 (2019: £Nil) of redundancy payments relating to five redundant roles.

No employees had employee benefits in excess of £60,000 (2019: None). Pension costs are allocated to funds in proportion to the related staffing costs incurred.

Due to the change in organisation structure described in Achievements and Performance section of the Trustees Report, there was a change in key management personnel of the charity part of the way through the year.

Key management personnel from 1st April 2019 to 31st October 2020:

- Trustees
- Chief Executive Officer
- Finance Manager
- Fundraising and Events Manager
- Service Development Manager (Bristol)
- Service Development Manager (Taunton)
- Training and Communications Manager
- Volunteer Manager

Key management personnel from 1st November 2019 to 31st March 2020:

- Trustees
- Chief Executive Officer
- Head of Finance and Human Resources
- Head of Fundraising
- Counselling Manager
- Support Work Manager
- Training and Communications Manager
- Volunteer, Helpline and eSupport Manager

The total employee benefits of the key management personnel of the charity were £204,196 (2019: £194,414).

The Trustees were not paid and did not receive any other benefits from employment in the year (2019: £Nil). No trustee received payment for professional or other services supplied to the charity (2019: £Nil).

13. Staff numbers

The average headcount for the reporting period was 32 staff (2019: 25). The average number of full-time equivalent employees (including casual and part-time staff) during the year was 16 (2019: 15).

The average number of full-time staff was 5 (2019: 5) and the average number of part-time staff was 27 (2019: 20) in the reporting period.

14. Corporation tax

The charity is exempt from tax on income and gains falling within Section 505 of the Taxes Act 1988 or Section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

15. Tangible fixed assets

	Fixtures and fittings	Computers and equipment	Total
	£	£	£
Cost			
As at 1 April 2019	21,596	19,612	41,208
Additions	15,712	8,647	24,359
Disposals	-	-	-
As at 31 March 2020	37,308	28,259	65,567
Depreciation			
As at 1 April 2019	12,319	15,346	27,665
Charge for the year	2,769	2,401	5,170
Disposals	-	-	-
As at 31 March 2020	15,088	17,747	32,835
Net book value			
As at 1 April 2019	9,277	4,266	13,543
As at 31 March 2020	22,220	10,512	32,732

16, investments

Value as at 31 March 2020	153,826
Value as at 1 April 2019 Change in value in year	(7,396)
Value as at 1 April 2019	161,222

£

The charity has a portfolio investment of £150,000 with Investec Wealth & Investment. The investment was set up with a low-to-medium risk.

	2020 £	2019 £
UK government and corporate bonds	54,745	61,384
UK equities	18,842	22,726
International equities	30,145	31,087
UK property	13,699	13,485
Other investments	33,589	23,925
Cash or cash equivalents	2,806	8,535
	153,826	161,222
17. Debtors	2020	2019
	£	£
Debtors due in more than one year	4,950	-
Trade debtors	766	2,885
Other debtors	113	575
Prepayments and accrued income	92,291	39,041
	98,120	42,501

As at 31st March 2020, a tenancy deposit was held valued £4,950 (2019: £Nil) relating to the lease taken on the new Taunton office building. This is considered to be fully recoverable.

18. Creditors: amounts falling due within one year	2020 £	2019 £
Trade creditors	26,353	9,476
Short term compensated absences (holiday pay)	9,494	8,690
Accruals	13,567	21,829
Other creditors	5,197	25
Credit cards	754	694
Deferred income (see note 19)	92,131	136,815
	147,496	177,529

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19. Deferred income

Deferred income comprises income from charitable activities relating to future periods.

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Balance as at 1 April 2019	136,815
Amount released to income earned from	(136,815)
charitable activities Amount deferred in year	92,131
Balance as at 31 March 2020 (see note 18)	92,131

20. Financial commitments

At 31 March 2020, the organisation had annual commitments under non-cancellable operating leases as follows:

2020 £	Restated 2019 £
35,922	14,466
60,671	26,896
-	-
16,888	41,362
	£ 35,922 60,671 -

Prior year restated to include rental payments for the Royal Oak House premises relating to the tenancy agreement which is classified as a non-cancellable operating lease.

21. Analysis of charitable funds

	Balance at 1 April 2019	Incoming resources	Resources expended	Transfers	Balance at 31 March 2020
	£	£	£	£	£
Unrestricted funds					
Unrestricted fund	130,644	35,992	(17,917)	(8,735)	139,984
Restricted funds 1625 Independent People	-	2,566	(1,012)	-	1,554
Avon & Somerset OPCC	-	19,009	(21,304)	2,295	-
Avon & Somerset Police Community Action	-	1,240	(1,240)	-	-
Barnardo's	-	68,360	(68,360)	-	-
Bath Boules Charitable Trust	(425)	(767)	-	1,192	-
Bristol City Council	183	115,000	(115,180)	-	3
Comic Relief	4,155	33,257	(37,785)	-	(373)
Garfield Weston Foundation	(513)	16,667	(16,667)	-	(513)
Lloyds Bank Foundation	25,924	29,613	(45,537)	-	10,000
Ministry of Justice – Bristol	6,714	85,680	(92,394)	-	-
Ministry of Justice – Taunton	968	85,680	(84,353)	(2,295)	-
NHS BNSSG CCG	-	254,166	(248,331)	-	5,835
Quartet Community Foundation	-	4,300	(4,300)	-	-
Rape Crisis England & Wales	12,235	24,080	(31,630)	-	4,685
St John's Foundation	-	30,000	(20,770)	-	9,230
Taunton Women's Aid	565	10,158	(10,723)	-	-

21. Analysis of charitable funds (continued)

	Balance at 1 April 2019	Incoming resources	Resources expended	Transfers	Balance at 31 March 2020
	£	£	£	£	£
The Brook Trust	-	22,750	(14,124)	- .	8,626
The Henry Smith Charity	1,723	29,650	(31,373)	-	-
The Nelson's Trust	-	5,000	-	-	5,000
The Nisbet Trust	(3,665)	15,000	(18,878)	7,543	-
The Three Guineas Trust	17,228	72,172	(69,258)	-	20,142
	65,092	923,581	(933,219)	8,735	64,189
Total charity funds	195,736	959,573	(951,136)	-	204,173

Name of restricted funds Independent People 1625	Description, nature and purpose of fund Funding for the provision of support, training and counselling as part of the wider Ending Women's Homelessness project.
Avon and Somerset OPCC	Funding for the charity to extend its service for women and girls in Somerset with complex needs.
Avon and Somerset Police Community Action	Funding for counselling sessions for women who have experienced rape or sexual abuse.
Barnardo's	Funding the Somerset Phoenix Project which is a specialist support service for children and young people aged 5-18 and their families, in Somerset, who have been affected by childhood sexual abuse.
Bath Boules Charitable Trust	Funding to run a peer support group for survivors of rape and sexual assault in Bath.
Bristol City Council	Funding towards the provision of services for Bristol-based survivors of sexual abuse including telephone helpline, one- to-one support and counselling along with education and prevention work.
Comic Relief	Funding from the Sexual Violence and Older Women project to develop an appropriate service across the whole area.

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21. Analysis of charitable funds (continued)

Garfield Weston Foundation	Fund for the charity to spend on core costs such as the provision of counselling services.
Lloyds Bank Foundation	The funding is for two projects. One focuses on the development and provision of a justice transition service whilst explores and develops ways to utilise the sexual violence consortium better in Bristol.
Ministry of Justice (Bristol)	Funding towards the provision of direct and front-line support to female victims of rape and sexual violence in Bristol.
Ministry of Justice (Taunton)	Funding towards the provision of direct and frontline support to female victims of rape and sexual violence within the Somerset and Avon region but outside of Bristol.
NHS BNSSG CCG	Funding to be used for the provision of counselling services for victim-survivors of recent rape and sexual abuse.
Quartet Community Foundation	Funding to run art therapy workshops in Bristol for women who have experienced rape or sexual abuse.
Rape Crisis England and Wales	Funding was awarded from the Digital Transformation Fund to invest in the improvement and development of our internal infrastructure.
St John's Foundation	Funding for the charity to extend its service for women and girls in Bath and North East Somerset.
Taunton Women's Aid	Funding for counselling and core costs in Somerset.
The Brook Trust	Funding for the charity to extend its service for women and girls in North Somerset with complex needs.
The Henry Smith Charity	Salary and related costs for Specialist Support and Counselling for women who have been sexually abused.
The Nisbet Trust	Funding towards specialist support work provided to service users in Bristol.
The Nelson's Trust	Funding to provide training on sexual violence.
The Three Guineas Trust	Funding towards a specialist support service for women with learning disabilities.

21. Analysis of charitable funds (continued)

Analysis of charitable funds – year ended 31 March 2019

	Balance at 1 April 2019	Incoming resources	Resources expended	Transfers	Balance at 31 March 2020
	£	£	£	£	£
Unrestricted funds Unrestricted fund Restricted funds	163,908	50,607	(43,777)	(40,094)	130,644
Avon & Somerset OPCC	1,621	19,009	(25,858)	5,228	-
Barnardo's – Phoenix Project	(1,034)	61,110	(71,989)	11,913	-
Bath Boules Charitable Trust	-	2,566	(2,991)	-	(425)
Bristol City Council – Safer Bristol	-	115,000	(114,817)	-	183
The Brook Trust	2,632	18,167	(23,118)	2,319	-
Comic Relief	-	4,208	(53)	-	4,155
Garfield Weston Foundation	454	8,333	(9,300)	-	(513)
The Henry Smith Charity	4,105	31,000	(33,382)	-	1,723
Lloyds Bank Foundation	3,400	79,079	(56,555)	-	25,924
Ministry of Defence	5,269	4,337	(10,575)	969	-
Ministry of Justice (Bristol)	16,000	91,102	(95,141)	(5,247)	6,714
Ministry of Justice (Taunton)	-	91,102	(90,134)	-	968
NHS BNSSG CCG	19,899	37,500	(77,064)	19,665	-
Rape Crisis England and Wales	-	16,699	(4,464)	-	12,235
The Nisbet Trust	212	15,000	(18,877)	-	(3,665)
St John's Foundation	1,248	12,500	(18,995)	5,247	-
Taunton Women's Aid	4,274	10,376	(14,085)	-	565

21. Analysis of charitable funds (continued)

	Balance at 1 April 2019	Incoming resources	Resources expended	Transfers	Balance at 31 March 2020
	£	£	£	L	£
The Three Guineas Trust	9,109	62,070	(53,951)	-	17,228
hade	67,189	679,158	(721,349)	40,094	65,092
Total charity funds	231,097	729,765	(765,126)	-	195,736
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22. Analysis of net assets between funds

	Unrestricted fund	Restricted funds	Total
	£	£	£
Tangible fixed assets	-	32,732	32,732
Investments	153,826	-	153,826
Cash at bank and in hand	(13,842)	80,833	66,991
Current assets	-	98,120	98,120
Current liabilities	-	(147,496)	(147,496)
Total	139,984	64,189	204,173

23. Reconciliation of net income to net cash flow from operating activities

	2020 £	2019 £
Net income/(expenditure) for the reporting period Adjustments for:	8,437	(35,361)
Depreciation charges	5,170	5,290
Losses/(gains) on investments	7,396	(3,888)
Dividends and interest from investments	(3,849)	(3,921)
(Increase)/decrease in debtors	(55,619)	29,212
(Decrease)/increase in creditors	(30,033)	62,987
Net cash used in operating activities	(68,498)	54,319

24. Related party transactions

There were no related party transactions in the financial year ended 31st March 2020 (2019: None).

There were no outstanding balances with related parties as at 31 March 2020 (2019: £Nil).

25. Capital commitments

At 31 March 2020, the organisation had £Nil (2019: £Nil) capital commitments.

26. Financial instruments

	2020 £	2019 £
Financial assets		
Cash	66,991	155,999
Trade debtors	766	2,885
Other debtors	113	575
Debtors over 1 year	4,950	-
Total financial assets	72,820	159,459
Financial liabilities		
Credit cards	754	694
Trade creditors	26,353	9,476
Other creditors	5,197	25
Total financial liabilities	32,304	10,195

27. Events after the end of the reporting period

On 23rd March 2020, the United Kingdom went in to a national lockdown in response to the global coronavirus pandemic.

Except for group work, we have continued to run our services – helpline, email support, specialist support work and counselling – remotely at the levels required by our funders.

Additional COVID-19 response funding of £175,000 has been secured for the financial year ending 31st March 2020 allowing us to increase service delivery, develop and launch a new Live Chat service and cover the additional staffing and equipment costs associated with responding to the effects of the pandemic.

At this point, due to the demand on our services and the level of secured income we have not had to furlough any staff members, make any reductions to salary or contracted hours or make any redundancies as a result of the global coronavirus pandemic.

Compared to thousands of other charities, SARSAS was able to respond to the effects of coronavirus with remarkable speed and agility. SARSAS has secured all of its required income for the financial year ending 31st March 2020 and has a significant level of income secured for the financial year ending 31st March 2021.

The fundraising strategy was been reviewed in response to the additional risks created by the pandemic and affirmative action is being taken to mitigate these.

For the year ended 31st March 2019 the following event after the end of the reporting period was disclosed: In August 2019, the Board of Trustees approved an organisational restructure. The purposes of the restructure being to implement a structure appropriate to support the organisational growth seen over the past five years. The maximum total redundancy payments to be made by 31 December 2019 are £4,592. This is a non-adjusting event.