

**Registered Charity Number: 1147334**  
**Company number: 07980332**

## **Sheffield Flourish**

### **ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**For the year ended 31 March 2020**

## Sheffield Flourish

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## **Sheffield Flourish**

### **Legal and administrative information for the year ended 31 March 2020**

**Previously known as**  
Recovery Enterprises

**Directors**

Pam Stirling	Chair
Andrew Wood	Treasurer
Brendan Stone	
Nick Bax	
Jane Ferretti	
Andrew Hudson	
Shirin Teifouri	
Adelaide Chibanda	

**Key staff**

Managing Director	Josie Soutar
Deputy Managing Director	Jo Eckersley

**Charity number**  
1147334

**Company number**  
07980332

**Registered office address**

Upper Floor  
4 Windrush Way  
Sheffield  
S3 8JU

**Independent Examiner**

Sarah Lightfoot, FCA DChA  
On behalf of:  
VAS Community Accountancy  
The Circle  
33 Rockingham Lane  
Sheffield  
S1 4FW

## **Sheffield Flourish**

### **Directors' annual report For the year ended 31 March 2020**

The directors, who are also trustees of the charity, submit their annual report and the financial statements for the year ended 31 March 2020.

#### **Structure, governance and management**

Sheffield Flourish was incorporated on 17th March 2012 and gained charitable status on 18 May 2012. Its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee (Company number 07980332) and a registered charity (Charity number 1147334). The company changed its name from Recovery Enterprises on 11 October 2019.

It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Overall management of the Charity is the responsibility of the Trustee Directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

Before any person is accepted onto the Sheffield Flourish Board, they will meet with the Chair and/or Vice-chair to discuss what is involved. The prospective trustee should be asked to outline what skills and abilities they would bring to their work on the Board. The Chair or Vice-chair will obtain information on the prospective Trustee's skills/experience and one or two references regarding their character. The prospective Trustees may be asked to attend a Board meeting before they commit to joining. The Board will discuss each candidate in their absence before formally inviting them to join. New Trustees are co-opted at any time, but (as per Sheffield Flourish's articles of association) must stand for re-election with the other trustees at the next annual general meeting. New Trustees, and those re-elected to the Board following an annual general meeting or extraordinary general meeting, sign a declaration form to confirm that they have not been disqualified from serving as Board members.

#### **Objectives, activities and public benefit**

We support people living with mental health conditions to use their skills, ideas and talent to build the lives they wish to lead. We collaborate on innovative digital and community projects, recognising the untapped strengths of people who've experienced mental health issues. These strengths are showcased on Sheffield Flourish digital hub, our flagship website which features personal stories about mental health in the city. We run a further three websites: the Sheffield Mental Health Guide - an online resource directory; Sheffield Suicide Support – support and preventative information for people who may be considering suicide; My Toolkit – an individual online space for people to create their own mental health support plans. We're also proud to support six active, creative, green-fingered and musical enterprises: Brunsmead Awareness FC, CAST, Connected Worlds, Flippin Mental Theatre, Oasis and Open Door Music.

The objects of the charity are the relief of illness and distress and the promotion of health and social inclusion of adults with mental health conditions, with a view to assisting them with finding employment and improving their general conditions of life. All of our activities contribute to these objectives and one or more of the following outcomes:

- People feel less isolated and have more social connections
- People feel more equipped to self-care
- People have increased confidence and self-esteem
- People have more skills and knowledge
- People are better informed about mental health and related activities and services
- People have an increased understanding of mental health and reduced stigma

In planning the objectives and activities the directors have considered the Charity Commission's guidance on public benefit.

## Sheffield Flourish

### Directors' annual report - continued For the year ended 31 March 2020

#### Activities and achievements

##### Supporting the mental health community

- 66 expert-by-experience volunteers have supported our work in digital, community enterprise and co-production (including 7 digital champions)
- 1523 volunteer hours have been provided
- We have worked with 18 partner organisations through digital inclusion, VCS mental health steering group network and co-production sessions/events.
- 251 people have been directly supported through digital inclusion and community enterprise activity.
- 4 experts-by-experience paid Associate Roles in areas covering the Learning Space, digital inclusion, development of a CRM and impact monitoring.

##### Digital Activity

- Sheffield Flourish Hub – had an annual audience of 16k+ website users with the aim of supporting people to build connections through the sharing of stories and experiences. We published 45 stories written from expert-by-experience perspective, that inspired and raised awareness of people's mental health experiences.

*"I feel less alone after reading other people's stories."*

- Sheffield Mental Health Guide – directory of all mental health activities and events in Sheffield. It had an annual audience of 82k+ users who benefitted from signposting and information that better enabled people to self-manage their mental health conditions. The guide promoted 108 services and made 14337 referrals into services (1399 via phone/email, 12938 via website)

*"A wealth of information provided. Easy to navigate."*

We also launched two new digital resources:

- Sheffield Suicide Support Resource – provides information resources for suicide prevention and people who have been affected by suicide. The website was co-produced with people lived experience and the Crisis Care Concordat. It was launched in September 2019, as part of World Suicide Prevention Day.
- My Toolkit – our latest digital tool provides space for individuals to set their own mental health care plan. Users can design their own profile, set goals and pull events/services from the mental health guide into their own calendar. Again, this was co-designed with people with lived-experience and was launched in March 2020.

##### Community Enterprise Activity

- Brunsmeor Awareness FC – includes a mental health friendly football club running weekly training sessions and a football league run in partnership with Sheffield and Hallam FA. Our men's sessions had regular attendance of 25 players. We also launched a women's team in March, with 8 regular attendees. The Flourish league has 7 teams competing.

*"Truly wonderful team, great ethos and values."*

- CAST – includes a weekly painting and drawing session; weekly creative writing session and a monthly artist gathering. Group sessions had an annual attendance of 62 people. Additional work this year included an art exhibition and auction; and a commission for 24 pieces of artwork from HSBC.

*"The volunteers at the art and writing group have been a god send."*

- Connected Worlds – weekly workshops that use creative techniques to respond to issues such as trauma. Group sessions had an annual attendance of 14 people. Additional work this year included the development of an anthology based on the work and in memory of a participant who took their own life during the year.

*"Amazing! The best thing in my life."*

- Flippin Mental Theatre – a new addition this year, with the aim of putting on plays that focus on mental health related issues and developing an inclusive drama group.
- Oasis – includes a weekly gardening for wellbeing session and a contract gardening service. There has been 32 people attending the wellbeing gardening sessions during the year. We also moved to a new site, partnering with VCS partner SAGE Greenfingers.

*"Good vibes from other users."*

## Sheffield Flourish

### Directors' annual report - continued

#### For the year ended 31 March 2020

- Open Door Music – includes a weekly jamming session, music production group and fortnightly signing group. We had an annual attendance of 48 participants. Additional work has included 4 'music on the wards' sessions where group members went and played on the mental health wards. The jamming session group has also performed at 6 gigs.

*"Open Door Music has changed my life. Absolutely incredible, would recommend to anyone! Wouldn't be without the group and the people!"*

#### Coproduction and Codesign Activity

Working with partners, community organisations and under-represented groups, we were able to open conversations on the gaps, challenges and barriers of inclusive mental health support. This included:

- Youth Violence, Masculinity and Mental Health, in partnership with Unity Gym and Sheffield University. A report was produced with recommendations based on conference feedback.
- Mental Health and Me: Surviving Abuse, in partnership with Black community group ADIRA
- How Can We Rethink Mental Health, as part of the Festival of Debate
- Walking Labyrinth as part of the Festival of the Mind, in partnership with the University of Sheffield. Leading to a number of opportunities for collaborations with the University.
- VCS Adult Autism Support, commissioned by the CCG, to bring together charities and community groups working in the autism field. CCG have agreed a collective funding proposal for the group to take this work forward into 2020-21.

#### Community Feedback

We completed our annual community survey in January 2020, using a sample of 65 Sheffield Flourish community members from across both our digital and community activity.

- 60% of people supported by Sheffield Flourish have a diagnosed mental health condition
- 37% of people supported by Sheffield Flourish have spent a period in hospital due to their mental health (22% of respondents preferred not to answer this question)
- 30% of people supported by Sheffield Flourish were introduced to the organisation by the SHSC Mental Health Team
- 79% said their emotional wellbeing/mental health had improved as a result of involvement with Sheffield Flourish (11% stated no change, which is an indication of mental health stability). We had 5% (3 people) report a decrease – their feedback was mainly about personal circumstances, however there was a comment about the relatability of personal stories on the Flourish website, which ties in with work we are doing to diversify the stories.
- 75% said they had increased their social networks and/or connections to a community as a result of involvement with Sheffield Flourish. The other 25% stated no change.
- 74% said they had developed new skills, interests or knowledge as a result of involvement with Sheffield Flourish. The other 26% stated no change.

*"The community of people who run Flourish as well as those who use their services is an incredibly diverse and wholesome group of people. The ability to form relationships with these people is the main reason I'll keep coming back."*

## Sheffield Flourish

### Directors' annual report - continued For the year ended 31 March 2020

#### Impact of Covid-19

Towards the end of March 2020 the UK entered a period of social distancing and self-isolation in response to the Coronavirus pandemic.

##### Operational impact – immediate

During lockdown, all staff were asked to work from home. We have been calling community members on a weekly basis for a check-in and ensured people had access to food parcels, delivered mobile phones and helped people to get online. We have been working with voluntary sector and health partners to collect and distribute information about what mental health services are currently running, updating the Mental Health Guide and getting leaflets out across networks. We have also increased the capacity of the support telephone line, to deal with increased enquiries. As a response, we have adapted all of our community enterprise activity to ensure there are ways that people can connect and engage with each other.

##### Operational impact – longer term

We work with people with a variety of mental health conditions including severe anxiety, depression and psychosis. Isolation is an ongoing reality and not limited to the Covid-19 lockdown. Therefore, social interaction is an important factor to help people feel connected and engaged with wider society. As the restrictions of Covid-19 continue we are starting to see evidence of people's mental health deteriorating; the risks of suicidal thoughts and escalations into mental health crisis are increasing. This is leading to increased referrals and requests for our services. Staff capacity is being monitored closely and we have utilised our Associate model to assist with the increased demand.

##### Financial impact

So far, we have been able to secure additional funding to develop services and increase staffing. This has meant there has been a limited impact on our finances. We continue to monitor closely.

##### Future plans

We have a number of exciting plans lined up for 2020-2021:

- Race equity

We know through feedback from the community and our partners, that there is more we could be doing to support and engage with people from more diverse backgrounds. During 2019-2020 we moved to SADACCA; we have quite a diverse board/staff team and we have co-facilitated a few events to start this conversation. But the general work of the charity remains the same: most of our users are white and most of our online, user-generated content comes from a white perspective. As a part of this work the Managing Director and Chair of Trustees have been accepted onto a 12-month race equity programme run by national body ACEVO running over 2020-21. We have identified the following as activities we want to achieve:

- More diverse readership and content of our digital resources
- Increase in the diversity of people accessing our community enterprises
- Co-production and joint events specifically involving the BAME community, including engagement with key partner organisations such as SHSC.

- Theory of Change Impact Monitoring

Through a grant from Lloyds Bank Foundation, over 2019-20 we have been working on an impact framework to analyse our activity against outcomes set in our Theory of Change. We have aimed to strike a balance between the value of statistical impact data and Sheffield Flourish's approach to 'doing things differently'. During 2020-21 we want to implement this across all our activities.

- Digital Impact: we have developed a grading system that scores a user's digital actions through Google Analytics. This will enable us to analyse online activity against our intended outcomes and appropriately respond.
- Community Enterprise Impact: we are introducing a welcome pack to collect data on who and why people are attending. We will be collecting stories/case studies from enterprises each month and collecting 6-monthly observations/impact forms from enterprise leads.

## Sheffield Flourish

### Directors' annual report - continued For the year ended 31 March 2020

#### Reserves policy

Free reserves at 31 March 2020 were £50,279.

The directors have set a reserves target of 21,900 for closure costs of 3 months to ensure the sustainability of our partnership organisations and the proper and orderly closure of the organisation.

Excess reserves will be used for the completion of existing projects.

#### Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' annual report above on 30-11-2020 and signed on behalf of the directors:

Print name: ANDREW WOOD

Director

A handwritten signature in black ink, appearing to read 'A. Wood', written over the printed name and title.

## Independent Examiner's report to the trustees of Sheffield Flourish ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020.

### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

### Disclaimer

The trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue. However, because not all future events or conditions can be predicted, this statement is not a guarantee as to the charity's ability to continue as a going concern. For example, it is difficult to evaluate all of the potential implications of the current COVID-19 outbreak on the charity's activities, income, employees, suppliers and the wider economy.

Signed: 

Sarah Lightfoot, FCA DChA  
On behalf of:  
VAS Community Accountancy  
The Circle  
33, Rockingham Lane  
Sheffield  
S1 4FW

Date: 31 December 2020

## Sheffield Flourish

### Statement of Financial Activities (incorporating the income and expenditure account) for the year ended 31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	Total 2020 £	Unrestricted funds £	Restricted funds £	Total 2019 £
<b>Income from:</b>							
Donations and grants	2	10,712	46,368	57,080	5,397	15,692	21,089
Charitable activities	3	156,030	19,854	175,884	138,937	244	139,181
Fundraising events		-	-	-	267	-	267
Other income		523	-	523	436	-	436
<b>Total income</b>		<b>167,265</b>	<b>66,222</b>	<b>233,487</b>	<b>145,037</b>	<b>15,936</b>	<b>160,973</b>
<b>Expenditure on:</b>							
Fundraising and promotion		1,161	991	2,152	761	40	801
Charitable activities	4	177,249	60,629	237,878	166,479	8,720	175,199
<b>Total expenditure</b>		<b>178,410</b>	<b>61,620</b>	<b>240,030</b>	<b>167,240</b>	<b>8,760</b>	<b>176,000</b>
<b>Net income/(expenditure)</b>		<b>(11,145)</b>	<b>4,602</b>	<b>(6,543)</b>	<b>(22,203)</b>	<b>7,176</b>	<b>(15,027)</b>
Transfers between funds	12	2,700	(2,700)	-	2,170	(2,170)	-
<b>Net movement in funds</b>		<b>(8,445)</b>	<b>1,902</b>	<b>(6,543)</b>	<b>(20,033)</b>	<b>5,006</b>	<b>(15,027)</b>
Total funds brought forward		61,424	50,744	112,168	81,457	45,738	127,195
<b>Total funds carried forward</b>		<b>52,979</b>	<b>52,646</b>	<b>105,625</b>	<b>61,424</b>	<b>50,744</b>	<b>112,168</b>

# Sheffield Flourish

## Balance sheet As at 31 March 2020

	Notes	2020 £	2019 £
<b>Fixed Assets</b>			
Tangible Assets	8	<u>2,700</u>	<u>2,970</u>
<b>Current assets</b>			
Debtors	9	44,967	30,587
Cash at bank and in hand		<u>71,545</u>	<u>81,634</u>
<b>Total current assets</b>		<u>116,512</u>	<u>112,221</u>
Creditors: amounts falling due within one year	10	(13,587)	(3,023)
<b>Net current assets</b>		<u>102,925</u>	<u>109,198</u>
<b>Total assets less current liabilities</b>		<u>105,625</u>	<u>112,168</u>
Creditors: amounts falling due after more than one year		-	-
<b>Total net assets</b>		<u>105,625</u>	<u>112,168</u>
<b>Funds of the charity</b>			
Unrestricted funds		52,979	61,424
Restricted income funds	12	52,646	50,744
<b>Total funds</b>	13	<u>105,625</u>	<u>112,168</u>

For the year ending 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the directors on 30 November 2020 and signed on behalf of the directors by:

Name:

Andrew Wood  
Director

**Notes to the Accounts  
for the year ended 31 March 2020**

**1 Accounting Policies**

**(a) General**

Sheffield Flourish is a charitable company in the United Kingdom limited by guarantee and has no share capital. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011. The financial statements have taken advantage of the exemption to prepare a Statement of Cash Flows.

Sheffield Flourish meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

**(b) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income from services provided is included in the year in which the service took place.

Bank interest is recognised as income when it is credited to the bank statement. All bank interest is treated as unrestricted income to the General Fund.

**(c) Expenditure and liabilities**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**(d) Donated goods and services**

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**(e) Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided on all tangible assets at the following annual rates calculated to write off the cost less estimated residual value, on a straight line basis over their useful economic lives:

Vehicles	5 years
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All items of capital expenditure below £500 are written off as incurred.

**(e) Debtors**

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

**Notes to the Accounts - continued**  
**for the year ended 31 March 2020**

**1 Accounting Policies - continued**

**(f) Creditors**

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

**(g) Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**(h) Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

**(i) Defined contribution pension scheme**

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

**(j) Leases**

Rental payable and receivable under operation leases are charged to the SOFA on a straight line basis over the period of the lease.

**(k) Taxation**

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

**(l) Funds**

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the funder.

**(m) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

**2 Income from donations and grants**

	Unrestricted funds	Restricted funds	Total 2020	Unrestricted funds	Restricted funds	Total 2019
	£	£	£	£	£	£
Donations	9,612	4,251	13,863	5,397	67	5,464
Harry Bottom Charitable Trust	-	1,100	1,100	-	-	-
Lloyds Bank Foundation for England and Wales	-	14,300	14,300	-	-	-
The Arts Council	-	6,052	6,052	-	-	-
Austin-hope-pilkington Trust	100	900	1,000	-	-	-
Talbot Trust	-	4,720	4,720	-	-	-
Peter Harrison Foundation	-	5,500	5,500	-	5,500	5,500
Good Things Foundation	-	1,570	1,570	-	7,125	7,125
May Hearnshaw	-	1,000	1,000	-	-	-
The National Lottery Community Fund	-	975	975	-	-	-
Sheffield Towns Trust	-	2,000	2,000	-	-	-
Charles & Elsie Sykes	-	4,000	4,000	-	-	-
Woodward Charitable Trust	1,000	-	1,000	-	-	-
Evan Cornish Foundation	-	-	-	-	2,000	2,000
Enterprise Holdings Foundation	-	-	-	-	1,000	1,000
	<b>10,712</b>	<b>46,368</b>	<b>57,080</b>	<b>5,397</b>	<b>15,692</b>	<b>21,089</b>

Notes to the Accounts - continued  
for the year ended 31 March 2020

3 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2020 £	Unrestricted funds £	Restricted funds £	Total 2019 £
<b>Contracts and projects</b>						
Sheffield City Council	66,876	-	66,876	65,335	-	65,335
Sheffield Health and Social Care Trust	50,000	-	50,000	50,000	-	50,000
Department of Health & Social Care	-	12,784	12,784	-	-	-
NHS Sheffield CCG	-	7,000	7,000	-	-	-
Sheffield City Council	4,500	-	4,500	-	-	-
Health Education England	5,704	-	5,704	-	-	-
Sheffield University	-	-	-	3,481	-	3,481
<b>Other services</b>	28,950	70	29,020	20,121	244	20,365
	<b>156,030</b>	<b>19,854</b>	<b>175,884</b>	<b>138,937</b>	<b>244</b>	<b>139,181</b>

4 Expenditure on charitable activities

Note	Unrestricted funds £	Restricted funds £	Total 2020 £	Unrestricted funds £	Restricted funds £	Total 2019 £
Activities and events	9,516	9,864	19,380	18,220	5,067	23,287
Staff costs	104,893	24,104	128,997	117,180	1,786	118,966
Consultancy/self-employed staff costs	9,647	10,370	20,017	10,277	445	10,722
Website development	12,750	15,814	28,564	2,010	900	2,910
Office, IT and equipment	33,631	327	33,958	14,221	480	14,701
Vehicle costs (including depreciation)	2,352	-	2,352	1,179	-	1,179
External evaluation	2,100	-	2,100	-	-	-
Support costs	1,128	150	1,278	1,381	42	1,423
Bad debts	182	-	182	1,231	-	1,231
Independent examination fee	1,050	-	1,050	780	-	780
	<b>177,249</b>	<b>60,629</b>	<b>237,878</b>	<b>166,479</b>	<b>8,720</b>	<b>175,199</b>

5 Staff Costs

	2020 £	2019 £
Salaries	115,112	108,640
Employer's national insurance	6,689	7,222
Employer's allowance	(3,000)	(3,000)
Employer pension contributions	5,610	3,807
	<b>124,411</b>	<b>116,669</b>
Staff expenses and other costs including payroll provision	4,586	2,297
	<b>128,997</b>	<b>118,966</b>

No employee received emoluments of more than £60,000. The average number of employees during the period was 9 (2019: 7).

6 Fees paid to the independent examiner's organisation

	2020 £	2019 £
Independent examination fee	<b>1,050</b>	<b>780</b>
Other fees paid to the independent examiner's organisation:		
Payroll administration costs	659	730
Other accountancy services	180	-
Accounting software licence	252	216
	<b>1,091</b>	<b>946</b>

Notes to the Accounts - continued  
for the year ended 31 March 2020

**7 Trustees and key management remuneration, benefits and expenses**

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2019: £nil) neither were they reimbursed expenses during the year (2019: £nil). No charity trustee received payment for professional or other services supplied to the charity (2019: £nil).

The key management personnel of the charity, comprise the trustees, the managing director and the deputy managing director. The total employee benefits of the key management personnel of the charity were £46,040 (2019: £50,887).

**8 Tangible fixed assets**

	Motor Vehicles £	Total £
<b>Cost</b>		
As at 1 April 2019	3,240	3,240
Additions	-	-
As at 31 March 2020	<u>3,240</u>	<u>3,240</u>
<b>Depreciation</b>		
As at 1 April 2019	270	270
Charge this period	270	270
As at 31 March 2020	<u>540</u>	<u>540</u>
<b>Net book value</b>		
As at 31 March 2020	<u><u>2,700</u></u>	<u><u>2,700</u></u>
As at 31 March 2019	<u><u>2,970</u></u>	<u><u>2,970</u></u>

All fixed assets are considered to be for

**9 Debtors**

	2020 £	2019 £
Trade debtors	37,940	28,540
Prepayments	3,800	800
Other debtors	3,227	1,247
	<u><u>44,967</u></u>	<u><u>30,587</u></u>

**10 Creditors: amounts falling due within one year**

	Note	2020 £	2019 £
Trade creditors		9,998	2,213
Accruals		1,230	780
Taxes & social security		1,077	-
Other creditors		822	30
Agency funds	11	460	-
		<u><u>13,587</u></u>	<u><u>3,023</u></u>

## Sheffield Flourish

### Notes to the Accounts - continued for the year ended 31 March 2020

#### 11 Agency balances

	2020 £	2019 £
Income	3,307	-
Expenditure	(2,847)	-
Carried forward	<u>460</u>	<u>-</u>

Sheffield Flourish used its donations platform to collect monies for two other charities on behalf of the Lord Mayors fundraising. Sheffield Flourish paid out the donations to these organisations.

#### 12 Restricted funds

	Balance at 01-Apr-19 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-20 £
Sheffield Health and Social Care Trust: Additional funding	40,320	-	(11,807)	-	28,513
Grow the game	1,108	70	(4)	-	1,174
Brunsmeer Football	1,436	5,500	(1,782)	-	5,154
Reboot UK: Community Connector	5,370	445	(5,815)	-	-
Reboot UK: Ambassador training	-	1,125	(2,250)	1,125	-
My support	1,125	12,784	(12,784)	(1,125)	-
Oasis Gardening project	1,028	-	(1,028)	-	-
Oasis Garden Wellbeing Project	357	1,000	(1,157)	(200)	-
Open Door Music Project	-	5,746	(1,750)	(2,500)	1,496
Connected worlds project	-	8,075	-	-	8,075
Monitoring and evaluation	-	14,300	(14,300)	-	-
Flippin Mental Theatre	-	6,052	-	-	6,052
Suicide Prevention	-	7,000	(5,551)	-	1,449
Co-op community funding - CAST	-	3,125	(3,125)	-	-
Oasis move	-	1,000	(267)	-	733
	<u>50,744</u>	<u>66,222</u>	<u>(61,620)</u>	<u>(2,700)</u>	<u>52,646</u>

##### Sheffield Health and Social Care Trust: Additional funding

Additional funding was received to enable the organisation to contribute and add value to the delivery of Sheffield Health and Social Care Trust's service user engagement strategy and leading the development of the Education Exchange.

##### Grow the game

Grant funding was received from the Football Foundation to assist in setting up new football teams.

##### Brunsmeer Football

Grant funding was received from Peter Harrison to assist in setting up new football teams including a women's team.

##### Reboot UK: Community Connector

To support front line workers and volunteers who work with people living with mental ill-health, to embed digital skills in their service offer.

##### Reboot UK: Ambassador training

To support individuals living with mental ill-health who are digitally excluded to engage with digital technology. £1,125 was reallocated to Ambassador training from another project where the income had been miscategorised in the previous accounts.

##### My support

To support individuals living with mental ill-health who are digitally excluded to engage with digital technology. See above re transfer.

##### Oasis Gardening project and Oasis Garden Wellbeing Project

Grant funding was received from Evan Cornish and Enterprise RAC and the May Hearnshaw Charitable Trust to support ongoing Oasis work and a project at Longley Centre. £200 has been transferred to unrestricted funds in relation to management and overhead contribution.

##### Open Door Music Project

Grant given by the Talbot Trusts and the Austin and Hope Pilkington Trust to support the Open Door Music Project. £2,500 was transferred to unrestricted funds to cover the costs of internal room hire.

##### Connected worlds project

Connected Worlds is a course of creative workshops through which participants discover and develop their talents in art and writing.

##### Monitoring and evaluation

Funding provided by Lloyds Bank Foundation towards the costs of consultancy support for outcome development framework, user engagement and development of monitoring systems.

##### Flippin Mental Theatre

Funding received from the Arts Council towards work done by Flippin Mental Theatre community enterprise.

Notes to the Accounts - continued  
for the year ended 31 March 2020

12 Restricted funds - continued

**Suicide Prevention**

Funding received to develop a suicide prevention signposting website.

**Co-op community funding - CAST**

Funding raised to support CAST activities.

**Oasis move**

Funding received to support the Oasis project move to a new location.

Prior year comparison

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
CAST Exhibition	1,273	146	(1,249)	(170)	-
Sheffield Health and Social Care Trust: Additional funding	41,180	-	(860)	-	40,320
Grow the game	1,285	165	(342)	-	1,108
Brunsmear Football	-	5,500	(4,064)	-	1,436
Reboot UK: Community Connector	-	6,000	(630)	-	5,370
Reboot UK: My support	-	1,125	-	-	1,125
Oasis Gardening project	-	2,000	(972)	-	1,028
Oasis Garden Wellbeing Project	-	1,000	(643)	-	357
Co-op community funding	2,000	-	-	(2,000)	-
	<u>45,738</u>	<u>15,936</u>	<u>(8,760)</u>	<u>(2,170)</u>	<u>50,744</u>

13 Net assets by fund

	Unrestricted funds £	Restricted funds £	Total 2020 £	Unrestricted funds £	Restricted funds £	Total 2019
Tangible fixed assets	2,700	-	2,700	2,970	-	2,970
Net current assets	50,279	52,646	102,925	58,454	50,744	109,198
	<u>52,979</u>	<u>52,646</u>	<u>105,625</u>	<u>61,424</u>	<u>50,744</u>	<u>112,168</u>

14 Related party transactions

During the year Brendan Stone, a trustee, was a non-executive director of Sheffield Health and Social Care Trust (SHSC). The charity received funding of £50,000 in the year. Brendan has no voting rights with SHSC was not party to the decision to provide this money.

During the year Jane Ferretti, a trustee, was also a trustee of Sheffield Town Trust. The charity received funding of £2,000 in the year. Jane stated a conflict of interest with Sheffield Town Trust when the Sheffield Flourish application was received and had no involvement with the process, including the decision for granting funding.

There were no further related party transactions during the year.

15 Operating lease commitments

As at 31 March 2020 the charity was committed to making the following minimum payments under operating leases as follows:

	2020 £	2019 £
Payable within 1 year	5,000	-
	<u>5,000</u>	<u>-</u>