

**REGISTERED COMPANY NUMBER: 08838624 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1157078**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020**  
**FOR**  
**ACORNS (NORTH TYNESIDE)**

Read, Milburn & Co  
71 Howard Street  
North Shields  
Tyne and Wear  
NE30 1AF

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FOR THE YEAR ENDED 31 MARCH 2020**

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## **ACORNS (NORTH TYNESIDE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The principal object of the charity is to relieve the needs of children and young people, adults and families living in North Tyneside and the surrounding area who have suffered from and/or are likely to suffer from violence in their homes in particular by the provision of support services and advice to relieve those needs.

##### **Our Vision:**

Acorns seeks to reduce the incidence and impact of domestic violence and sexual abuse on children, young people, adults and families by offering a range of services to support and sustain their recovery.

##### **Our Aims:**

We will safeguard and promote the safety, welfare and rights of children, young people and their families who have suffered from violence and abuse within their home. We will:

- Improve future life chances and aspirations

- Develop new services in line with the needs of individuals and families which improve their lives

- Review and improve services through stakeholder consultation

- Ensure all services delivered are of high quality, effective and efficient

- Work in partnership with individuals and families

##### **Significant activities**

For almost 20 years, Acorns has been providing much valued services to victims and survivors of domestic violence aged 4 to 18 in the heart of North Tyneside. Acorns specialise in play therapy and one to one trauma informed counselling services, as well as offering parent and carer support, group work, prevention and healthy relationships work in schools and colleges, and one to one outreach support both at school and in the community.

##### **Public benefit**

Acorns works with victims and survivors of domestic and sexual violence of all ages towards achieving positive outcomes. Specialist services have been developed to tackle the incidence and impact of domestic and sexual violence and abuse by improving safety, improving mental and physical health, increasing self-esteem and confidence and thereby increasing individual and family life chances. Information is effectively promoted to partner agencies and within the community to ensure services reach those in the greatest need and with particular focus on safeguarding children, young people and adults at risk of harm.

The trustees consider that they comply with their duty in Section 4 of the Charities Act 2006 to have due regard to public benefit.

##### **Volunteers**

Acorns holds volunteers in high regard for their contributions at all levels of the organisation. This includes trustee duties, fundraising and individual and group peer support.

## **ACORNS (NORTH TYNESIDE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Context and background**

Acorns is a North Tyneside based charitable organisation established to provide therapeutic and support services to children affected by domestic violence and support for families and non-abusing carers. Based in North Shields, we provide services to families in North Tyneside and Northumberland and work closely with other organisations to extend and compliment the services offered to children and families. Acorns provides its services free and delivers contracts and receives grants from a variety of sources.

The ethos of Acorns is '**Safer Lives, Better Chances**'. This is fundamental to our work and inbuilt within all of our services for children and families. We aim to empower them in an empathic, person centred approach and through raising their awareness and confidence, to make informed choices in their own future and their future relationships.

Acorns has significant experience of delivering domestic violence services in North Tyneside and of developing and maintaining services to meet ongoing client need. We have offered children and young people's counselling and play therapy services since 1999. We recognise the need to work with non-abusing carers to offer a whole family approach to tackling the impact of domestic and sexual violence and abuse on individuals and families.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2020**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

We have three service areas at Acorns:

**PREVENT:** Our Prevent and Cope team provide various services including a text helpline, a bespoke healthy relationship programme for young people aged 11+, as well as offering a range of training opportunities and support for professionals, awareness sessions for groups of young people and small single sex group work for those identified as at risk and/or vulnerable. This work aims to reduce and/or **PREVENT** the likelihood of domestic and sexual violence and abuse in the future.

**COPE:** Our Prevent and Cope team offer support to help **COPE** with current circumstances. The primary aim is to risk assess and safety plan with the child/young person by helping the child/young person to help them to identify supportive and safe people in their lives as well as offering listening and emotional support on a case work basis and advocacy where needed.

**RECOVER:** Acorns Recovery team and Outreach service offers one to one emotional support, play therapy and counselling for children and young people and their primary carers to help them **RECOVER** from the effects of domestic and sexual violence and abuse on their physical, psychological and emotional health and wellbeing.

**Our work in 2019/20:**

**Tier 1 - Prevent**

Open access advice and guidance flexible drop-in service for young people worried about teen relationship abuse, or domestic abuse at home;  
Text helpline;  
Set timetable of prevention programmes in schools;  
One off group sessions in schools where a need is identified;  
Partnership working including participating in the Domestic Abuse Champion network, the NT Domestic Abuse Partnership and working closely with Police operations to improve safety within communities.

**Tier 2 - Cope**

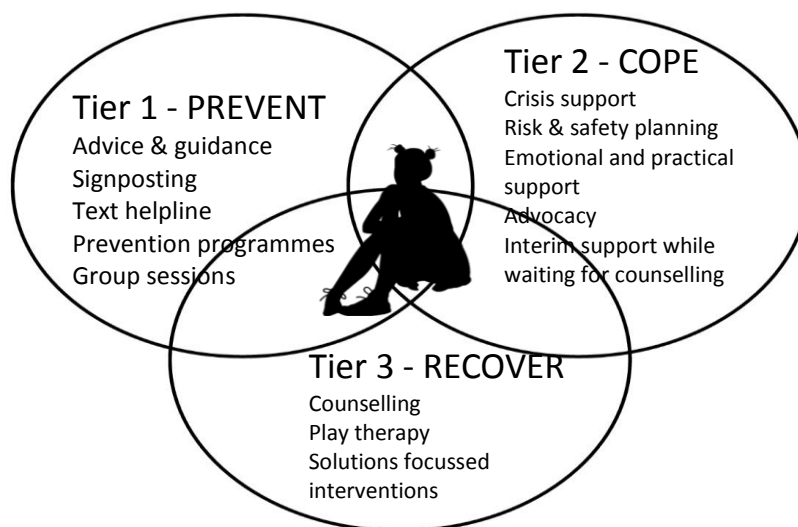
Risk and safety planning - helping the child/young person to identify supportive and safe people in their lives as well as developing strategies to stay safe;  
Emotional support - a lower level of therapeutic intervention suitable for children and young people who are struggling with current life events but may not be in a position to commit to a structured programme of counselling;  
Advocacy - support at meetings and appointments if necessary, with court or within school for example, for both young people and for primary carers;  
Practical advice and guidance and mentoring - around future choices and decisions, education, employment, mental and physical health, etc.  
Where a child has been identified as needing counselling, we can offer a lower level of support until a place becomes available, ensuring they have someone to talk to in the meantime.

**Tier 3 - Recover**

Counselling and play therapy in house;  
Outreach counselling and play therapy in Northumberland;  
Play therapy and solutions focussed interventions in schools and the community;  
1-1 emotional and practical support on a case work basis;  
Family Advice Worker for any non-abusing carer whose child attends Acorns, offering practical and emotional support; Adult counselling service as above.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2020**

**ACHIEVEMENT AND PERFORMANCE**



Families can access any of our services that are appropriate for them, they may move in and out of services, and can be re-referred. All services remain free.

**Services:**

**The children and young people that use our services say:**

*"Thank you for all the help you have given me over the last couple of months. The support you have offered has meant so much. Thank you so much for everything"*

*"I have been able to get all my stress and worries out so that I can feel better"*

*"When I have needed to talk you've helped me through my toughest times and when going through it. You have been the best support I have ever had."*

*"I just wanted to say a massive thank you for everything you have done for me, you have really influenced me to change. Go back 2 years and I don't think I would have been able to deal with the half the stuff I have this year without completely breaking down and relying on everyone around me. I have noticed changes in me and I'm looking forward to more changes in myself. I am happy with my body and my mental health and as content as I could be when you have your GCSE in a year. So just a massive thank you for everything you have done for me. You will never know how much you have helped me"*

**The parents and carers of the people that use our services tell us:**

*"It is just fantastic to watch him playing and concentrating like that and looking so relaxed...I hear so much about what he can't do at school and this reminds me that he can do these things when he feels good"*

## **ACORNS (NORTH TYNESIDE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020**

#### **ACHIEVEMENT AND PERFORMANCE**

*"Thank you for all the help you have given....it has been so nice to see the change in her and the smiles starting to return"*

*"We have seen a huge improvement to his confidence and he addresses his worries in a more positive manner"*

*"I can not thank you enough for all of the help and support you have given me over this past year. You were one of the only stable things over this time and I honestly don't know what position I would be in if it hadn't been for you. You should be so proud that you have been able to completely turn someones life around!"*

*"Making families feel welcome, not just the children - if the children see the mum happy then they'll be happy coming too. The staff are all amazing"*

*"You support the parents as well as the child. I have felt very able to call if needed and I really loved being able to bring my mum to your open day. It was lovely for him to share Acorns with his Grandma. I love that the place feels like a house and not an office"*

*"To everyone at Acorns - I cannot thank you enough for the support you have given us. I was always quite strong until I noticed how much my children were suffering too due to my ex-partner, after fighting for years for help and losing hope we were introduced to you. Thanks to your work with XXXX we now have a happy, confident young man who is now able to manage his worries more positively.....The staff have always been welcoming and Acorns really has become our safe place"*

#### **Our partners say that:**

*"There is such a nice feel to the place and everyone talks so passionately about their work," (social worker)*

*"It is really great for our students to make contact with other organisations, they have all been kept busy and really enjoyed themselves! (teacher)"*

## **ACORNS (NORTH TYNESIDE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Improving the lives of people that use our services**

This year we received positive feedback from children, young people, families and professionals which highlights the importance of our services and how they are delivered. We:

- Offered circa 1700 individual sessions;
- Increased capacity within all of our services;
- Continued delivering open access and crisis services for children and young people;
- Our Family Support Worker supported 41 parents/carers;
- We delivered x2 4Real healthy relationships programmes for a girls group and a boys group, in Southlands School;
- We delivered our Roots programme of intervention in North Shields Refuge in partnership with Harbour;
- We delivered our First Response crisis support programme, and supported 40 individual young people;

We commenced our Adult Counselling project, funded through CCG Small Grants Programme;  
Provided 'added value' activities for parents and carers such as access to trips and activities and coffee mornings, including:

- Acorns Summer Fun Day;
- Summer holiday activities including golf, surfing, cinema trips and stay and play sessions;
- Charity Golf Day;
- SAFE Week Coffee Morning;
- Domestic Abuse Week Open Day;
- Christmas Crafts session;
- Acorns Christmas Party;
- International Women's Day Coffee Morning;
- Joint International Women's Day event with partners;

##### **Financial stability**

We successfully managed all of our existing contracts and grants, reaching targets and milestones as required, including work funded by the National Lottery Community Fund, North Tyneside Council, Northumberland County Council and Children in Need. We secured further funding from:

- National Lottery Community Fund Awards for All, to provide a weekly sports and wellbeing group for all children who access Acorns and their family members;
- Northumberland County Council; who have continued to fund our Outreach Recovery service, which brings counselling to children in even the most rural areas of the county;
- The Community Foundation Tyne & Wear and Northumberland; who continue to fund our Roots programme, a wellbeing and recovery programme for children aged 8-12;
- Northumbria Office of the Police & Crime Commissioner; who continue to fund our successful First Response crisis service for children and young people aged 11+;
- We were funded by North Tyneside CCG Small Grants Programme to provide a counselling service for parents and carers in house and this is now up and running;

We were very grateful to receive additional grants from:

- The Austin and Hope Trust
- The Kelly Trust
- The Joicey Trust
- The Charities Trust
- The 1989 Willan Trust

## **ACORNS (NORTH TYNESIDE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020**

#### **ACHIEVEMENT AND PERFORMANCE**

We would like to thank all of the amazing organisations that fund us for all of your support.

We raised almost £7000 from fundraising and donations, including holding a Charity Golf Day in partnership with Tynemouth Golf Club, and holding a raffle. We have received donations from local businesses and organisations including the Rotary Club, Ruby & Franks and North Tyneside Family Services, and government sites at Tyne View and Benton View donated hundreds of pounds' worth of Christmas presents that were given out to our families. Again, we very much appreciate all of the support we receive from our community in North Tyneside.

#### **Networking and information sharing**

We contributed to LSCB Domestic Abuse awareness training held quarterly and contributed to the DAPS Level 2 Domestic Abuse training;

We provided training and information sharing for professionals to improve professional responses for young victims of domestic and sexual violence and abuse and including a focus on teen relationship violence and abuse;

We promoted Domestic Abuse week - delivering a focussed programme of information events including an open day for professionals and families, and Safe Week;

We regularly attend local meetings and forums such as the Domestic Abuse Champions Forum, the North Tyneside Domestic Abuse Partnership, and the Domestic Abuse Scrutiny Panel.

#### **Strengthening the organisation**

##### **Training**

All new and current staff completed appropriate Child and Adult Protection training as required, as well as other sector specific training as needed including around coercive control, Adolescent to Parent violence and abuse, and cyber stalking and harassment;

All staff undertook the TIME (Trauma Informed Model of Empowerment) Training delivered by My Sister's Place in January, and we continue to work with them to develop a Trauma Informed action plan for services moving forward;

Regular in house team training for all staff was provided including on health and safety and data protection;

Ongoing continuous professional development for counselling staff was undertaken as required by BACP;

The current Board are passionate about the work of Acorns and service improvement, and hope to continue to grow and add further new members to complement the current knowledge within the group, including developing the role for a service user representative. The Board have been meeting monthly throughout the year, which demonstrates their commitment to Acorns.

##### **Organisational development**

In this period we have:

Replaced a paper based system with an electronic case management system, with full reporting capabilities;

Improved IT and HR provision;

Secured over £350,000 of grant funding and contracts;

Expanded services into Northumberland;

Completed a staff consultation - implementing a new salary scale, organisational structure, contract terms and conditions and role descriptions;

Implemented the CORE IMS clinical monitoring system in order to better evidence improvements in client wellbeing;

Moved from Excel based financial recording to Quickbooks, an accounting software package.

## **ACORNS (NORTH TYNESIDE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020**

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The trustees have explored the charity's requirements for reserves in light of the main risks to the organisation. The aim is to build up unrestricted funds representing at least three months of the charity's normal expenditure. The reserves are needed to meet the working capital requirements of the charity in order to maintain the charity's current activities. The present level of reserves available to the charity of £116,900 meets this target level.

##### **Financial position**

Incoming resources in the period were £288,110. Of this amount £160,031 related to restricted project activities.

There was a surplus of £720 in the period. At 31 March 2020 total reserves were £144,342 of which restricted funds were £27,442 and £116,900 of unrestricted.

Acorns could not carry out the work that it does without the generous support of its funders and contractors, details of whom are shown in Note 3 to these Financial Statements. We are grateful to them all.

#### **FUTURE PLANS**

We have been trained as a trauma informed organisation, and will be reviewing and improving our services accordingly, with work on a comprehensive action plan for this planned for June 2020.

We wish to offer systemic family therapy, attachment groups and psychodynamic education for the families who come to Acorns, and will be seeking funding accordingly.

We are focussing strongly on service user participation in 20/21, with plans for a Young People's Board, and a service user representative on the Board of Trustees. In addition, we have secured funding to provide a weekly youth/sports and wellbeing group for children who have attended Acorns for them to stay connected to a stable, regular form of support when their more intensive interventions have come to an end. This will also encourage peer support, and allow us to monitor the lasting effects of our interventions in a positive and motivating way.

We have commissioned an independent evaluation of our services as part of the final year of our National Lottery grant, and are really looking forward to using this process as a way to engage more meaningfully with service users. The recommendations from this report will be used to inform future funding applications and service improvements.

As we come to the end of this financial year, we are aware that the coronavirus pandemic will have a considerable impact on the way that we deliver our services and on our waiting lists, and we have begun to plan for the mitigation of this, including increasing staff resources where possible, and considering extending our premises to manage the extra work which will may ensue, when considering the potential for domestic abuse incidents to increase at such an uncertain time.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

Acorns (North Tyneside) is a charitable company limited by guarantee, incorporated on 9th January 2014 and registered as a charity on 16th May 2014. The company was established under a Memorandum and Articles of Association establishing the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

## **ACORNS (NORTH TYNESIDE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Recruitment and appointment of new trustees**

The trustees consist of at least two and not more than 10 individuals over the age of 18 all of whom must support the objects of the charity. The trustees are elected on a rolling basis at Board Meetings.

##### **Organisational structure**

The charity and its property is administered and managed by the trustees in accordance with the Memorandum, the Articles and the Companies Act.

##### **Induction and training of new trustees**

New Trustees meet with the Chief Officer and the Board who provide them with a comprehensive introduction to the workings and ethos of Acorns. They receive the charitable status handbook, a copy of the Articles and the last published Financial Statements and are offered training in areas where they perceive they may have weaknesses.

##### **Working relationships**

We work closely with the local authority domestic abuse teams, children's services and with Harbour, Victims First and local schools and colleges to support families affected by domestic abuse. We feed into MARAC and are members of the North Tyneside Domestic Abuse Partnership, and are involved with the Domestic Abuse Champions scheme. The Manager attends the Northumbria OPCC Domestic Abuse Scrutiny Panel.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

08838624 (England and Wales)

##### **Registered Charity number**

1157078

##### **Registered office**

7 Alma Place  
North Shields  
Tyne and Wear  
NE29 0LZ

##### **Trustees**

Helen Woods-Waters	Acting chairperson
Joanne Curry	
Caz Lawson	
Ruth Lewis	
Anita Lord	

##### **Independent Examiner**

Read, Milburn & Co  
71 Howard Street  
North Shields  
Tyne and Wear  
NE30 1AF

**ACORNS (NORTH TYNESIDE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2020**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Bankers**

Barclays Bank plc  
3 Northumberland Square  
North Shields  
Tyne and Wear  
NE30 1QX

**Company Secretary**  
A Burton

**Key Management Personnel**  
A Burton

Approved by order of the board of trustees on 18/12/2020 and signed on its behalf by:

Amita J Lord  
A Lord - Trustee

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACORNS (NORTH TYNESIDE)**

### **Independent examiner's report to the trustees of Acorns (North Tyneside) ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

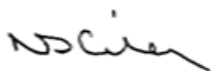
#### **Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas J Liley FCA  
Institute of Chartered Accountants in England and Wales  
Read, Milburn & Co  
North Shields  
Tyne and Wear  
NE30 1AF

Date: 12<sup>th</sup> January 2021

**ACORNS (NORTH TYNESIDE)****STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2020**

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		6,246	-	6,246	1,654
<b>Charitable activities</b>	3				
Grant income		121,442	160,031	281,473	224,040
Investment income	2	40	-	40	39
Other income		<u>351</u>	<u>-</u>	<u>351</u>	<u>233</u>
<b>Total</b>		128,079	160,031	288,110	225,966
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Staff costs		55,988	166,013	222,001	175,798
Training and support costs		3,656	8,781	12,437	1,346
Activities expenses and equipment		11,451	4,135	15,586	14,975
Premises and administration costs		<u>37,366</u>	<u>-</u>	<u>37,366</u>	<u>29,400</u>
<b>Total</b>		<u>108,461</u>	<u>178,929</u>	<u>287,390</u>	<u>221,519</u>
<b>NET INCOME/(EXPENDITURE)</b>		19,618	(18,898)	720	4,447
<b>Transfers between funds</b>	14	<u>494</u>	<u>(494)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		20,112	(19,392)	720	4,447
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>96,788</u>	<u>46,834</u>	<u>143,622</u>	<u>139,175</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>116,900</u></u>	<u><u>27,442</u></u>	<u><u>144,342</u></u>	<u><u>143,622</u></u>

The notes form part of these financial statements

**ACORNS (NORTH TYNESIDE)****BALANCE SHEET  
31 MARCH 2020**

	Notes	2020 £	2019 £
<b>CURRENT ASSETS</b>			
Debtors	11	5,419	498
Cash at bank and in hand		<u>144,122</u>	<u>147,903</u>
		149,541	148,401
<b>CREDITORS</b>			
Amounts falling due within one year	12	(5,199)	(4,779)
		<u>144,342</u>	<u>143,622</u>
<b>NET CURRENT ASSETS</b>			
		<u>144,342</u>	<u>143,622</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		<u>144,342</u>	<u>143,622</u>
<b>NET ASSETS</b>			
		<u>144,342</u>	<u>143,622</u>
<b>FUNDS</b>	14		
Unrestricted funds		116,900	96,788
Restricted funds		<u>27,442</u>	<u>46,834</u>
<b>TOTAL FUNDS</b>		<u>144,342</u>	<u>143,622</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**ACORNS (NORTH TYNESIDE)**

**BALANCE SHEET - continued**  
**31 MARCH 2020**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....18/12/2020..... and were signed on its behalf by:

.....*Anta J Lord*.....

A Lord - Trustee

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2020**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**ACORNS (NORTH TYNESIDE)****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020****2. INVESTMENT INCOME**

	2020	2019
	£	£
Interest received	<u>40</u>	<u>39</u>

**3. INCOME FROM CHARITABLE ACTIVITIES**

	2020	2019
	Grant income	Total activities
	£	£
North Tyneside Council	57,762	72,500
Community Foundation	-	5,276
North Tyneside CCG	4,819	-
Northumbria Police	24,399	-
National Lottery Community Fund	126,905	122,330
Children in Need	32,096	-
Northumberland County Council	14,492	7,457
County Durham Community Foundation-Tampon Tax Community Fund	-	9,477
Charles Hayward Foundation	-	7,000
Willan Charitable Trust	10,000	-
Joicey Trust	5,000	-
Kelly Family Charitable Trust	5,000	-
Austin and Hope Pilkington Trust	<u>1,000</u>	<u>-</u>
	<u>281,473</u>	<u>224,040</u>

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs	Support costs (see note 5)	Totals
	£	£	£
Staff costs	166,013	55,988	222,001
Training and support costs	12,437	-	12,437
Activities expenses and equipment	15,586	-	15,586
Premises and administration costs	<u>-</u>	<u>37,366</u>	<u>37,366</u>
	<u>194,036</u>	<u>93,354</u>	<u>287,390</u>

**ACORNS (NORTH TYNESIDE)****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020****5. SUPPORT COSTS**

	Management £	Governance costs £	Totals £
Staff costs	55,988	-	55,988
Premises and administration costs	<u>36,016</u>	<u>1,350</u>	<u>37,366</u>
	<u>92,004</u>	<u>1,350</u>	<u>93,354</u>

Support costs, included in the above, are as follows:

			2020	2019
	Staff costs £	Premises and administration costs £	Total activities £	Total activities £
Wages	52,143	-	52,143	45,577
Social security	3,845	-	3,845	3,205
Rent	-	10,000	10,000	10,000
Sundries	-	265	265	282
General running	-	21,520	21,520	14,597
Support costs	-	4,231	4,231	7,144
Accountancy	-	<u>1,350</u>	<u>1,350</u>	<u>1,320</u>
	<u>55,988</u>	<u>37,366</u>	<u>93,354</u>	<u>82,125</u>

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2020 £	2019 £
Accountancy charges	<u>1,350</u>	<u>1,320</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor for the year ended 31 March 2019.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2020 nor for the year ended 31 March 2019.

# ACORNS (NORTH TYNESIDE)

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2020

### 8. STAFF COSTS

	2020	2019
	£	£
Wages and salaries	205,870	156,316
Social security costs	13,729	11,190
Other pension costs	<u>2,402</u>	<u>1,396</u>
	<u>222,001</u>	<u>168,902</u>

The charity's key management personnel comprise the Trustees and the Manager. The total employee benefits of the key management personnel were £37,855 (2019 - £31,275).

The average monthly number of employees during the year was as follows:

	2020	2019
Project	10	8
Administration	<u>2</u>	<u>2</u>
	<u>12</u>	<u>10</u>

No employees received emoluments in excess of £60,000.

### 9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	1,654	-	1,654
<b>Charitable activities</b>			
Grant income	50,187	173,853	224,040
Investment income	39	-	39
Other income	<u>233</u>	<u>-</u>	<u>233</u>
<b>Total</b>	52,113	173,853	225,966
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Staff costs	41,342	134,456	175,798
Training and support costs	-	1,346	1,346
Activities expenses and equipment	7,603	7,372	14,975
Premises and administration costs	12,600	16,800	29,400
	<u>61,545</u>	<u>159,974</u>	<u>221,519</u>
<b>Total</b>	61,545	159,974	221,519
<b>NET INCOME/(EXPENDITURE)</b>	(9,432)	13,879	4,447

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2020**

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>Transfers between funds</b>	<u>(77)</u>	<u>77</u>	<u>-</u>
<b>Net movement in funds</b>	(9,509)	13,956	4,447
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<u>106,297</u>	<u>32,878</u>	<u>139,175</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>96,788</u>	<u>46,834</u>	<u>143,622</u>

**10. GIFTS IN KIND**

We were very pleased to receive donations of 30 raffle prizes from local businesses including a week in a holiday cottage, passes to various attractions, beauty treatments and other gifts, to a value of around £600.

Raffle ticket sales brought in nearly £1,000 for which we are very grateful.

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020 £	2019 £
Other debtors	5,419	307
Prepayments and accrued income	<u>-</u>	<u>191</u>
	<u>5,419</u>	<u>498</u>

ACORNS (NORTH TYNESIDE)

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Other creditors	3,849	3,459
Accrued expenses	<u>1,350</u>	<u>1,320</u>
	<u>5,199</u>	<u>4,779</u>

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	2020 Total funds	2019 Total funds
	£	£	£	£
Current assets	119,441	30,100	149,541	148,401
Current liabilities	<u>(2,541)</u>	<u>(2,658)</u>	<u>(5,199)</u>	<u>(4,779)</u>
	<u>116,900</u>	<u>27,442</u>	<u>144,342</u>	<u>143,622</u>

14. MOVEMENT IN FUNDS

	At 1/4/19	Net movement in funds	Transfers between funds	At 31/3/20
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	96,788	19,618	494	116,900
<b>Restricted funds</b>				
Training Beneficiaries	2,007	(1,260)	(747)	-
BLF - Children's Therapy Sessions	20,553	-	(20,553)	-
Counselling and Play Therapy Sessions	12,099	(14,284)	20,553	18,368
Outreach and Schools	12,175	(7,870)	-	4,305
Family Advice Service	-	(253)	253	-
Recovery Adult - Adult Counselling	<u>-</u>	<u>4,769</u>	<u>-</u>	<u>4,769</u>
	<u>46,834</u>	<u>(18,898)</u>	<u>(494)</u>	<u>27,442</u>
<b>TOTAL FUNDS</b>	<u>143,622</u>	<u>720</u>	<u>-</u>	<u>144,342</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2020**

**14. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	128,079	(108,461)	19,618
<b>Restricted funds</b>			
Training Beneficiaries	-	(1,260)	(1,260)
Counselling and Play Therapy Sessions	94,670	(108,954)	(14,284)
Outreach and Schools	44,827	(52,697)	(7,870)
Family Advice Service	15,715	(15,968)	(253)
Recovery Adult - Adult Counselling	4,819	(50)	4,769
	<u>160,031</u>	<u>(178,929)</u>	<u>(18,898)</u>
<b>TOTAL FUNDS</b>	<u>288,110</u>	<u>(287,390)</u>	<u>720</u>

**Comparatives for movement in funds**

	At 1/4/18 £	Net movement in funds £	Transfers between funds £	At 31/3/19 £
<b>Unrestricted funds</b>				
General fund	105,882	(9,432)	338	96,788
Funds for clients assistance	<u>415</u>	<u>-</u>	<u>(415)</u>	<u>-</u>
	106,297	(9,432)	(77)	96,788
<b>Restricted funds</b>				
Panto funds	2,761	(2,751)	(10)	-
Training Beneficiaries	2,007	-	-	2,007
BLF - Children's Therapy Sessions	20,186	367	-	20,553
Children in Need - Play Therapy Sessions	7,924	(8,011)	87	-
Counselling and Play Therapy Sessions	-	12,099	-	12,099
Outreach and Schools	<u>-</u>	<u>12,175</u>	<u>-</u>	<u>12,175</u>
	<u>32,878</u>	<u>13,879</u>	<u>77</u>	<u>46,834</u>
<b>TOTAL FUNDS</b>	<u>139,175</u>	<u>4,447</u>	<u>-</u>	<u>143,622</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2020**

**14. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	52,113	(61,545)	(9,432)
<b>Restricted funds</b>			
Panto funds	-	(2,751)	(2,751)
BLF - Children's Therapy Sessions	122,330	(121,963)	367
Children in Need - Play Therapy Sessions	-	(8,011)	(8,011)
Counselling and Play Therapy Sessions	20,558	(8,459)	12,099
Outreach and Schools	<u>30,965</u>	<u>(18,790)</u>	<u>12,175</u>
	<u>173,853</u>	<u>(159,974)</u>	<u>13,879</u>
<b>TOTAL FUNDS</b>	<u>225,966</u>	<u>(221,519)</u>	<u>4,447</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/18 £	Net movement in funds £	Transfers between funds £	At 31/3/20 £
<b>Unrestricted funds</b>				
General fund	105,882	10,186	832	116,900
<b>Restricted funds</b>				
Training Beneficiaries	2,007	(1,260)	(747)	-
BLF - Children's Therapy Sessions	20,186	367	(20,553)	-
Counselling and Play Therapy Sessions	-	(2,185)	20,553	18,368
Outreach and Schools	-	4,305	-	4,305
Family Advice Service	-	(253)	253	-
Recovery Adult - Adult Counselling	<u>-</u>	<u>4,769</u>	<u>-</u>	<u>4,769</u>
	<u>22,193</u>	<u>5,743</u>	<u>(494)</u>	<u>27,442</u>
<b>TOTAL FUNDS</b>	<u>139,175</u>	<u>5,167</u>	<u>-</u>	<u>144,342</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2020**

**14. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	180,192	(170,006)	10,186
<b>Restricted funds</b>			
Training Beneficiaries	-	(1,260)	(1,260)
BLF - Children's Therapy Sessions	122,330	(121,963)	367
Counselling and Play Therapy Sessions	115,228	(117,413)	(2,185)
Outreach and Schools	75,792	(71,487)	4,305
Family Advice Service	15,715	(15,968)	(253)
Recovery Adult - Adult Counselling	4,819	(50)	4,769
	<u>333,884</u>	<u>(328,141)</u>	<u>5,743</u>
<b>TOTAL FUNDS</b>	<u>514,076</u>	<u>(508,909)</u>	<u>5,167</u>

The restricted funds comprise grants received from funders for a specific purpose or project and can be expended only in the way already agreed to by the charity.

**Transfers between funds**

Transfers between funds comprise management costs and remaining funds on the completion of a project.

**15. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2020.

**16. ULTIMATE CONTROLLING PARTY**

The charitable company is under the control of the trustees.

**ACORNS (NORTH TYNESIDE)****DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2020**

	2020 £	2019 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	6,246	1,654
<b>Investment income</b>		
Interest received	40	39
<b>Charitable activities</b>		
North Tyneside Council	57,762	72,500
Community Foundation	-	5,276
North Tyneside CCG	4,819	-
Northumbria Police	24,399	-
National Lottery Community Fund	126,905	122,330
Children in Need	32,096	-
Northumberland County Council	14,492	7,457
County Durham Community		
Foundation-Tampon Tax Community Fund	-	9,477
Charles Hayward Foundation	-	7,000
Willan Charitable Trust	10,000	-
Joicey Trust	5,000	-
Kelly Family Charitable Trust	5,000	-
Austin and Hope Pilkington Trust	1,000	-
	<u>281,473</u>	<u>224,040</u>
<b>Other income</b>		
Other income	<u>351</u>	<u>233</u>
<b>Total incoming resources</b>	<b>288,110</b>	<b>225,966</b>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	153,727	110,739
Social security	9,884	7,985
Pensions	2,402	1,396
Travel	5,154	2,492
Equipment and materials	10,904	9,113
Consultancy and supervision	2,875	1,481
Training	3,580	1,346
Room hire	1,136	80
Carried forward	189,662	134,632

This page does not form part of the statutory financial statements

**ACORNS (NORTH TYNESIDE)****DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2020**

	2020 £	2019 £
<b>Charitable activities</b>		
Brought forward	189,662	134,632
Recruitment	160	461
Panto trip	-	2,751
Building capabilities	671	1,550
Sessional work	<u>3,543</u>	<u>-</u>
	194,036	139,394
<b>Support costs</b>		
<b>Management</b>		
Wages	52,143	45,577
Social security	3,845	3,205
Rent	10,000	10,000
Sundries	265	282
General running	21,520	14,597
Administration support	-	3,943
Professional fees	<u>4,231</u>	<u>3,201</u>
	92,004	80,805
<b>Governance costs</b>		
Accountancy	<u>1,350</u>	<u>1,320</u>
Total resources expended	<u>287,390</u>	<u>221,519</u>
<b>Net income</b>	<u><u>720</u></u>	<u><u>4,447</u></u>

This page does not form part of the statutory financial statements