



Trustees' Annual Report

for the period

From (start date) 0 6 0 3 1 9 to (end date) 3 1 0 3 2 0

Section A

Reference and administration details

Charity name

Starling

Other names the charity is known by

Registered charity number (if any)

1 1 8 2 3 6 1

Charity's principal address

Flat 5, 72-74 Manchester Road

Manchester

Postcode M 2 1 9 P Q

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jessica Marvin		07/09/19 - Present	Founder
2	Laura Scully			Founder
3	Roderick Kippen			Founder
4	Helen West			Founder
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Katie Charlton

Section B**Structure, governance and management**

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

Constitution, Foundation Model

How the charity is constituted
(eg trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg appointed by, elected by)

Appointed by Founder and existing Trustees

Additional governance issues (optional information)

You **may choose** to include additional
information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Policies and procedures adopted for the induction and training
of Trustees:Safeguarding Children and
Vulnerable
Adults
Equality and Diversity
Health and Safety

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

- (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) advancing education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons;
- (e) preserving and protecting the health and wellbeing.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- (a) Recreational activities - e.g. trips and outings, social events, outdoor activities, creative projects, after school clubs
- (b) Issue-based workshops - e.g. mental health, healthy relationships, drugs and alcohol awareness, understanding risk-taking and antisocial behaviour
- (c) Peer-mentoring - e.g. 1-2-1 support from peers, befriending, volunteering, drop-in advice and guidance sessions run by young people
- (d) Youth Voice activities - e.g. consultation, group-based advocacy work, campaigns around youth issues, involvement in youth voice steering groups
- (e) Strategic opportunities - e.g. leadership roles within the charity, participation in national and local advisory boards, representing youth issues at conferences and events

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Starling have had considerable achievements over the past year, primarily in running a range of creative projects for young people aged 13-25 who have additional needs - this can include conditions such as Autism, ADHD, mental health or issues arising from trauma in childhood. All young people we work with can be described as 'neurodiverse'.

Overall the charity has run 125 workshops with 57 neurodiverse young people across Greater Manchester. The focus of the workshops has been the improvement of young people's mental health and wellbeing.

Bury Care Leavers Project

Starling provided a range of interactive arts workshops with young people in and leaving the care system, focussing on developing self esteem, confidence and building support networks.

80% of the young people that took part in the project identified that they had increased their confidence and 76% said that they had made new friends through taking part in the project.

Tameside & Oldham Wellbeing Workshops

The charity have also provided weekly 'Wellbeing Workshops' using the creative arts to explore resilience and coping strategies with young people at risk of exclusion or homelessness in Tameside and Oldham. 78% of participants stated that they had increased their ability to cope with difficult situations, with a further 82% identifying that they felt their wellbeing had increased through taking part in the project.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our reserves policy is to maintain a level of reserves that trustees believe to be consistent both with ongoing financial stability, alongside maximum utilisation of resources for the delivery of activities. The level of reserves held by Starling is monitored and regularly reviewed by the Trustees. Certain unrestricted funds are designated for use in the event of any unforeseen circumstances that could materially affect the ability of Starling to pursue its objectives or fulfil any contractual obligations. The level of this designated fund is reviewed annually by trustees. Currently Starling holds reserves of £2320, equivalent to or above three months turnover (based on the average of the previous year).

Details of any funds materially in deficit

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information


Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Jessica Marvin

Position (eg Secretary, Chair, etc)

Trustee

Date

D D M M Y Y

01 / 27 / 2021

Independent Examiner's Report to the Trustees of

Starling

I report to the trustees on my examination of the accounts of Starling (the Trust) for the period ended 31 March 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Cowham

Paul Cowham FCA DChA
Green Fish Resource Centre
46 – 50 Oldham Street
Manchester
M4 1LE

01 / 27 / 2021

Date



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name		No (if any)		CC16a
Starling		1182361		
Receipts and payments accounts				
For the period from	Period start	To	Period end date	
	6/3/19		31/3/20	

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Grants	- 0	13,208	-	13,208	-
Donations	144	-	-	144	-
Fee for Charitable Services	6,588	-	-	6,588	-
Sub total (Gross income for AR)	6,732	13,208	-	19,940	-
A2 Asset and investment sales, (see table).					
N/A	- 0	- 0	- 0	-	-
	- 0	- 0	- 0	-	- 0
Sub total	- 0	- 0	- 0	-	- 0
Total receipts	6,732	13,208	- 0	19,940	- 0
A3 Payments					
Freelance Staffing	1,904	4,745	-	6,649	-
Equipment/materials/resources	- 0	1,085	-	1,085	-
Transport	- 0	261	-	261	-
Insurance	161	-	-	161	-
Telephone, postage and internet	- 0	73	-	73	-
Printing, stationery and computer supplies	- 0	186	-	186	-
Sub total	2,065	6,350	-	8,415	-
A4 Asset and investment purchases, (see table)					
N/A	- 0	- 0	- 0	-	-
	- 0	- 0	- 0	-	-
Sub total	- 0	- 0	- 0	-	- 0
Total payments	2,065	6,350	- 0	8,415	- 0
Net of receipts/(payments)	4,667	6,858	-	11,525	-
A5 Transfers between funds	- 0	-	-	-	-
A6 Cash funds last year end	- 0	-	-	-	-
Cash funds this year end	4,667	6,858	-	11,525	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Grants	-	6,858	-
	Fees for Charitable Services	4,667	-	-
		-	-	-
	Total cash funds	4,667	6,858	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds

	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	N/A		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	N/A		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	N/A		-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval

TITLE	Hi Jess, here are the accounts for signing, any probs give...
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