



Annual Report 2019/2020

Charity Name: Break Tha Cycle.

Registration number: 1161740

Address: 3 Ching way E4 8YD

Trustee names:

Chair Mrs: Vanessa Brooks

Vice Chair: Anthony Baptiste

Secretary: Dorene Josephs

Treasurer: Mr James Higbee

Structure: CIO it is managed by a voluntary management committee who are made up of local people, some of which are professional practitioners who feel passionate about the ethos of our charity. The committee is made up of a chair, vice chair, secretary and treasurer. We meet up quarterly to discuss policies, practices and project development. We have a safe guarding and child protection lead that is the chair. As a developing charity, we are embedding charity governance and quality assurance systems to improve our delivery.

Young people are actively at the core of our decision making. Having adapted our constitution 13th January 2017, we are keen to develop early intervention work with the community and have broadened our reach to include children, young people and their families, in compliance with the Waltham Forest local authority Think Family strategy.

Break Tha Cycle have a safer recruitment policy which we adhered to. Anyone who volunteers for us either as a trustee or to help with the day to day running of the charity will have to fill out an application form, be interviewed; DBS checked and then have for an induction. As part of the recruitment process two references must be produced and followed up, then interviewed to find out what their key motivation is to work with children, young people and their families. Volunteers are offered supervision and one to one session to monitor and support their volunteering experience.

Projects:

The Bewizer – St James Street

Funded by the Big Local (Lottery) following from the pilot project structured for vulnerable young boys who are at risk of exclusion from school and who were disengaged. The project was a 12-week targeted programme delivered weekly tackling some of the serious issues that are affecting young boys who attend the Big Creative Education (BCE).



BIG CREATIVE
EDUCATION
APPRENTICESHIPS
TRAINING
ACADEMY



Here is a case study from Elaine Smith Operations manager:

“Thanks for all the work you have done with our learners over the past two terms. I feel that the young men have really benefited from your no nonsense, real and current approach. You and the team are extremely easy to warm to and connect with and the way that you all build relationships of trust and openness so quickly ensures that the learners are engaged with you and the program immediately.”

“Feedback from the learners is that the sessions were helpful and fun and that you and the team have made the sessions easy to relate to, and it's easy to learn from you.”

“Please do let us know if we can work together in the future. 😊”
Elaine Smith, Operations Manager.

Please visit our website to see the video filmed at BCE [VIDS AND LIVE FEEDS | Break Tha Cycle](#)





ChingFest

Break Tha Cycle were commissioned by Waltham Forest Council to deliver a live performance with young people. It was a remarkably successful session and lots of people engaged.



Visit to the BBC

Break Tha Cycle took a group of young people to the BBC studios, on a day trip. The young people enjoyed a tour of the studios to broaden their aspirations into possibly having a career in journalism or news reading. The group learned some valuable skills and they were excited to have this opportunity.

Case Study: Young person 1

“I would never have got this opportunity if it wasn’t for Break Tha Cycle”

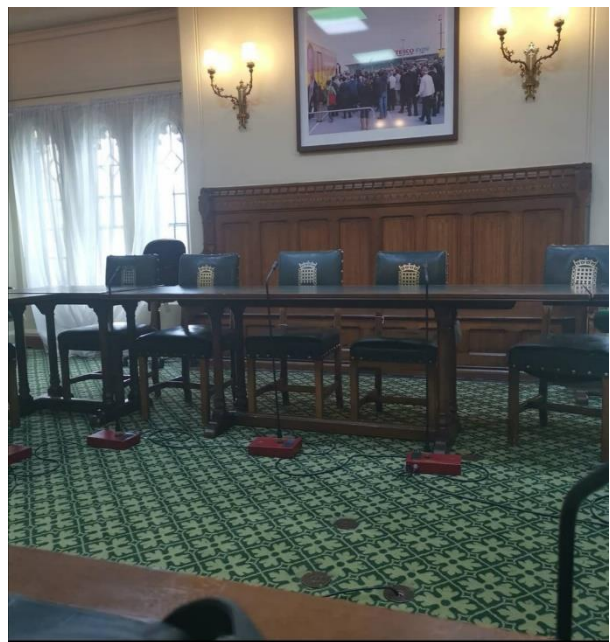
Case Study: Young person 2

“We need more organisations who will help us to find our passion. This was the best day ever! I felt like I was a news reader. “I could actually work for the BBC, Is this even possible?”



Visit to Parliament

Break Tha Cycle was invited by Stella Creasy, MP for Walthamstow to meet with the department of education and the head secretary of state to discuss School exclusion and its link to crime. It was insightful meeting, and we stated a strong case to the DFE and HSS and we hope that we were able to make a positive impact in their decision making.





National Diversity Awards

Break Tha Cycle was nominated for the National Diversity Awards 2019. And although not successful it was an honour to be nominated. We really appreciated being given the opportunity to be recognised nationally for the work we do in the community.



Our Aims for 2020/2021

Our organisation's aims for the next financial year is to continue to deliver projects and initiatives that meet the following five areas of need:

- Working towards sustainability
- Create opportunities for young people
- Promoting cohesion
- Engaging and empowering youth
- Build good working relationships

We met our aims and objectives by delivering our initiatives of a high standard which was a direct result of the great passion and commitment from our volunteers and session workers. Not only were we supported by a strong team of dedicated volunteers and session workers but also the local community who have been very active in supporting our mission and spreading awareness of our projects.

As we progress onto another year we are keen to keep up the positive work that we do and remain consistent in supporting the people we work with.



Our Objectives for 2020/2021 are:

- To continue to create community cohesion
- Encourage young people to actively take part in volunteering
- To build in more networks in and out of the community
- Celebrating Black History and bringing people together
- Deliver programs for young people and parents
- Have a focus on children and parents with children who have special needs

Key achievements in 2019/2020

- Increased capacity by volunteer recruitment.
- Built on organisation infrastructure through strong network and partnership arrangements Sourced in kind contributions and donations from local companies and businesses
- Increased reach through work in the community with statutory and voluntary services e.g. early intervention in the community

Performance

We are planning on developing on our fundraising strategy for 2020/2021 which will target funding for core costs to provide a combination of full time and part time salaries and sessional posts to recruit an events and fundraising coordinator and project manager.

Break Tha Cycle sourced in kind support from Peabody and we are based in the community centre on the Chingford Hall Estate. We continue to look for a permanent space to operate from. We review our policies and procedures annually and amend as needed and they are signed off by the trustees.

Public benefit Break Tha Cycle strive to deliver projects and initiatives for community benefit that challenge stereotypes, create community cohesion and encourage the growth of healthy and positive relationships. We believe that by engaging with people of all ethnicities and backgrounds, encourage social cohesion and bring communities together.

Financial review

As a small developing charity our funds are below £25,000 please See attached accounts

Our charitable purposes:

To act as a resource for Children, young people and their families living in Waltham Forest and the surrounding areas by providing advice information, guidance and support,



developing and delivering programmes and initiatives which cover young children, young people, their families and the wider community. We provide in formal educational and other activities as a means of:

(a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(b) Advancing education;

(c) Relieving unemployment;

(d) Providing recreational and leisure time activity in the interests of social welfare, designed to improve their conditions of life. How we carried out our purposes We carried out these purposes by providing information and advice to young people around specific things that were relevant to their individual needs. We also carried out our purposes by raising awareness on key factors within a young person's life. Break Tha Cycle actively engaged with a cohort of young people to plan and develop an organisational framework, looking at the way in which we work and how our management system runs the charity, in order to grow as an organisation which will effectively help us to deliver services at the highest standard ensuring that young people's voices are always heard.

Break Tha Cycle have taken the charity commission's public benefit guidance into account when making any decision for which it is relevant to.

Personal Point

On behalf of Break Tha Cycle I would like to say a huge thank you to everyone who has supported us through our journey so far. We would also like to thank the funders for supporting us and seeing and believing in our vision. It has been an amazing year and we are very excited about the future of Break Tha Cycle.

Founder *RW*



Break Tha Cycle

Annual Income and Expenditure

Tax year April 2019 to March 31st 2020

Income	Totals	April	May	June	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Fundraising	£20,191		£3,000		£5,000		£200.00	£9,991			£2,000		
Donations/Tickets	£0												
return				£199.99									
Grand Total	£20,191												
Expenditure	£10,822.86												
		April	May	June	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Stationary/Promo/equipment		£10.96	£498.98	£94.99	£70.57	£3.54	£17.00	£155.19		£84.91			£10.00
PC Equipment/security										£89.99	£12.40	£22.94	£282.55
Refreshments			£53.48	£6.62	£15.89				£4.30				
Facilitator/session worker Fees		£2,000	£400.00										£6,415
Tele Communication		£16.40	£32.80		£32.80		£16.40	£32.80		£32.80	£16.40	£33.00	
Insurance					£117.60								
Travel BTC		£81.53		£57.01									
Expenses		£67.00					£3.00		£30.00				
Cash point							£60.00						
Web hosting/Maintenance							£144.00						
Total Expenditure		£2,175.89	£985.26	£158.62	£236.86	£3.54	£240.40	£187.99	£34.30	£207.7	£28.80	£55.94	£6,707.55

Approved by Break Tha Cycle Trustees @ Board meeting on 17th December 2020

Vanessa Brooks Chairperson