

Gratitude 2020; a year in service

Much has already been said about year 2020, but for some of us on the Gratitude's frontline, it became a special opportunity to do even more than our best. When times were challenging, the appreciation to those amazing volunteers who served with considerable risk to themselves and families was beyond words. For that, we would like to thank our dear volunteers. At various stages, our active volunteer list can extend beyond 40 members.

We have maintained a community pantry for 2 years running. The pantry served 150 local families, was open 7 days a week, for all to come and collect what they need to feed their families.

In October 2020 we were given a new facility by the local council, the old library building in Borehamwood; affectionately referred to as "The Hub". This has resulted in us being able to serve greater numbers of local families and persons with the distribution primarily of much needed fruit, vegetables and groceries. Additionally, we have also been able to increase our aid to local organisations and charities such as shelter homes, other food distribution charities etc. This has been achieved with the aid and help extended from various bodies and organisations, ranging from local government, housing association, retail organisations, interfaith groups and individuals.

We are also in our second year running of the Knitting for Charity group with 26 active members. Donated wool enabled the group to provide much needed items for various departments at Barnet Hospital. Examples of items produced for the hospital were, premature baby hats and blankets, hats and scarves for young cancer patients, knitted bunnies for the children's ward, twiddle muffs for dementia patients and lap blankets for wheelchair users. Additionally, later in the year we also knitted poppies for the poppy appeal.

For the last three years we have been engaged with a local school running a charitable project from recycle items. This we hope to resume once the current restrictions due to Covid allow.

We organised the "The Smile Project" facilitating children to be engaged in charitable work with Gratitude 3 days a week. This resulted in 500 students participating in a volunteering project just before their school holiday break.

Gratitude have been involved in many other projects such as providing and wrapping gifts for children in hospitals at Halloween, gifts for mothers in social shelters, animal feed for sanctuaries, flower arrangements for teachers, games for adults with special needs, extracting and drying seeds for African farmers and many more.

We also took part in Mitzvah Day, which brought tother Jewish, Muslim, Christian, Hare Krishna communities and local schools to welcome Borehamwood's Muslim community to their new mosque. This also involved us distributing food in Bushey.

The importance of our work has increased under the Covid-19 pandemic as local people who have lost income have been left with little choice but to approach us for support. Whilst demand has increased, we have prioritised continuing to distribute food whilst complying with government safety regulations. Our activities have had to be modified due to current regulations in relation to Covid. We ensure that our volunteers and service users are safe by adhering to strict social distancing measures and safety polices such as the insistence that all wear facemasks and PPE etc.

In response to the need for meals for school children during the last summer school holidays, Gratitude's volunteers in collaboration with the GMSP Foundation ran a 5-week lunch delivery scheme to 160 local kids, replacing the free school meals.

We also took part in projects involving interfaith groups promoting aid to others through gratitude, understanding and collaboration.

Employees of companies also volunteered their time, by bagging donated sweets. These then being distributed to nurses and staff at hospitals, and local emergency services centres.

Our projects promote aid to others through gratitude, understanding and collaboration. In conclusion, Gratitude continues to stive to "give back to the community" ease the burden of those in need".

The work and aims of Gratitude would not be possible without the continued support of our volunteers, local charities, retail suppliers and local authorities/ members.

We hope that the coming years will see us more determined in our endeavours to serve, care, give and share.

Gratitude Board of Trustees

A handwritten signature in black ink, appearing to read "John Carlisle". The signature is written in a cursive, flowing style with a long horizontal line extending from the top of the first letter.



Receipts and payments accounts

CC16a

| | | | |
|---------------------|---------------------------------|----|-------------------------------|
| For the period from | Period start date 06/04/2019 | To | Period end date 05/04/2020 |
|---------------------|---------------------------------|----|-------------------------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| General donations | 3,291 | - | - | 3,291 | 19,220 |
| Van donation | | | | - | 5,350 |
| Grants | 6,894 | - | - | 6,894 | - |
| Cash donations | 661 | - | - | 661 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 10,845 | - | - | 10,845 | 24,570 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 10,845 | - | - | 10,845 | 24,570 |
| A3 Payments | | | | | |
| Mobile phone & broadband | 1,596 | - | - | 1,596 | 2,797 |
| Hire charges | 1,248 | - | - | 1,248 | 1,801 |
| Insurance | 147 | - | - | 147 | 427 |
| Driver | 3,150 | - | - | 3,150 | - |
| Motor vehicle expenses | 2,238 | - | - | 2,238 | 850 |
| Admin expenses | 2,100 | - | - | 2,100 | 1,200 |
| Van purchase | 6,250 | - | - | 6,250 | 5,350 |
| Other | 14 | - | - | 14 | 80 |
| Repairs | | - | - | - | 265 |
| Tools | 249 | - | - | 249 | - |
| Garden project | | - | - | - | 287 |
| Sub total | 16,992 | - | - | 16,992 | 13,057 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 16,992 | - | - | 16,992 | 13,057 |
| Net of receipts/(payments) | - 6,147 | - | - | - 6,147 | 11,513 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 11,513 | - | - | 11,513 | - |
| Cash funds this year end | 5,366 | - | - | 5,366 | 11,513 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash at Bank | 5,366 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 5,366 | - | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |


| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|------------------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | Refrigerated Van | Restricted | 5,350 | - |
| | Transport Van | Restricted | 6,250 | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|---------------|------------------|
|  | John Carlisle | 02/02/2021 |