



**Trustees' Annual Report and
Financial Statements
for the period
1st April 2018 – 31st March 2019**

The Trustees of RISE present their annual report and accounts for the year ending 31 March 2019 and confirm that they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

REFERENCE AND ADMINISTRATION DETAILS

CHARITY NAME	RISE–Reach, Inspire, Support, Educate
CHARITY NUMBER	1165274
CHARITY'S OPERATING ADDRESS	12 Massams Lane Formby Liverpool L37 7BE

TRUSTEE INFORMATION

TRUSTEE NAME	OFFICE HELD (if any)	DATE APPOINTED
Pip Coysh	Chairperson	21.08.15
Helen Hawkins	Treasurer	21.08.15
Claire Evans		21.08.15

OUR AIMS

RISE (Reach, Inspire, Support, Educate) is a registered charity which is based within the Sefton Area. RISE is a Charitable Incorporated Organisation (CIO). As stated within our Governing Constitution document our aims are

“To promote and protect the good health of children and young people in the Merseyside and Lancashire regions who are either carers or bereaved by the provision of support groups and leisure opportunities.”

RISE supports two specific groups of children and young people – ‘young carers’ (those whose lives are affected by a close family member with physical, mental or learning needs and disabilities) and bereaved children (those who have been bereaved of a parent or sibling). These groups provide a place where the children can come together to share experiences, worries and emotions but most importantly to have fun with other children in similar situations or with similar experiences to themselves, which helps them to realise that they are not alone.

We endeavour to provide trips to places which may be inaccessible to them within their current home situations. For the young carers, we provide them with opportunities for ‘responsibility free fun’ (i.e. the children can be free of any responsibility for siblings or parents and can relax and just be children). For the bereaved children, we aim to provide them with ‘guilt-free fun’ (as often following the death of a parent or sibling, then children can experience feelings of guilt if they enjoy themselves or laugh – worrying that them enjoying a situation will appear to other family members as showing “that they don’t care.”).

We also provide parents and guardians with opportunities to meet together to share experiences and create their own support networks together.

OUR OBJECTIVES

Our objectives are set to reflect our educational aims and the ethos of the charity. It is important to us that we maintain and enhance the success of the organisation. Our key objective for the year was to increase the number of schools and young people that we support. This would in turn lead on to

- **Helping young people achieve**
 - Improve emotional wellbeing
 - Improve networks of support
 - Improve confidence and resilience
 - Improve academic engagement
- **Helping schools achieve**
 - Improved achievement leading to improved attainment
 - Improved relationships and communication with families
 - Improved awareness and tolerance across the school community
 - Increased school staff's support and knowledge

OUR VOLUNTEERS

We are extremely fortunate to have volunteers working both within RISE and as a RISE champion within each school base. These people have provided the young people with an opportunity to talk, offered support to their families and other colleagues and staff within school, raised awareness and understanding of the issues facing these young people. Without the dedication and support of these volunteers, RISE would not be able to help and support the young people in the ways that we do and we would like to take this opportunity to thank them for their efforts.

REVIEW OF ACTIVITIES, ACHIEVEMENTS & PERFORMANCE

It has been another busy year working with 62 children across the Sefton area. We have worked with 2 schools directly facilitating group support and enabled 2 further schools to access our trip and activity days. The age range of the children and young people we support has roughly stayed the same as some children move on up to secondary and we include the children entering the Foundation stage of schooling.

We received a donation from a local business which continues to support the voluntary work that we are able to carry out. We have also continued to spend the money we had carried forward from the previous financial year.

Our weekly and fortnightly group sessions (depending on the school) have continued to be well attended by children and young people and parents and families have been overwhelmingly positive about the impact these continue to have on levels of confidence and self-esteem. We have continued to offer craft, art and similar activities as a focus for the children and young people which allows them to talk freely about their emotions without

feeling the 'pressure' to talk. The children are able to support one another outside of these sessions and they have enabled peer support levels to grow.

Often the highlights the children and young people mention the most, are the trips and activities that are organised. These activities are chosen to develop resilience, team working and confidence. They tend to be activities that the children and young people are typically unable to access due to family and home circumstances. They allow for 'responsibility free fun' and for the children and young people to meet others with similar experiences to themselves. This has been particularly beneficial to children from schools with smaller intakes where they are less able to identify with others with similar experiences and it has widened their circle of support.

This year our trips have included a fun activity filled day at Crosby Lakeside where the children had the opportunity to ride in dragon boats, abseil and have a go at archery. We also had a great day of zip wiring, den building and assault courses at Crosby Hall Educational Trust (CHET). The staff at both of these activity centres are highly supportive as they understand the needs and experiences of the children and young people we support and they endeavour to 'go the extra mile' to ensure the children and young people get the most from their experience. Other trips have included a fun afternoon in a very muddy pumpkin field to pick pumpkins for Halloween.

FINANCIAL REVIEW (Total receipts, donations, gift aid, net result

OUR FINANCES IN SUMMARY

In summary, at the end of this financial year (to 31st March 2019), we have received income of £750 and have been able to spend £5045 providing the trips and activities listed. We have a surplus for the coming financial year of £10,108 which we will be used to continue with our activities in schools and further trips.


FUTURE PLANS

In the coming year, we plan to continue our work with our existing schools and aim to offer support to another large primary school in the Sefton area who are interested in the work we do. We will continue to utilise the skills of our current volunteers including trustees and endeavour to seek the support of additional volunteers to bring different expertise to the organisation.

DECLARATION

The Trustees declare that they have approved the Trustees' Report Above.

Signed on behalf of the Charity's Trustees

Signature :	
Full Name :	Pip Coysh
Position :	Chairperson
Date :	



CHARITY COMMISSION
FOR ENGLAND AND WALES

RISE (Reach, Inspire, Support, Educate)

1165274

Receipts and payments accounts

CC16a

For the period
from

01/04/2018


To

31/03/2019

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Fundraising events	-	-	-	-	3,225
Grantscape	-	-	-	-	8,232
Donations	750	-	-	750	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	750	-	-	750	11,457
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	750	-	-	750	11,457
A3 Payments					
Coach hire and travel	-	330	-	330	700
Insurance	-	272	-	272	275
Activity centre hire	-	3,573	-	3,573	1,202
Craft materials and resources	-	44	-	44	24
Specialist services	-	787	-	787	-
Website	40	-	-	40	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	40	5,005	-	5,045	2,201
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	40	5,005	-	5,045	2,201
Net of receipts/(payments)	710	- 5,005	-	- 4,295	9,256
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,606	8,797	-	14,403	-
Cash funds this year end	6,316	3,792	-	10,108	9,256

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in deposit account	6,316	3,792	-
		-	-	-
		-	-	-
	Total cash funds	6,316	3,792	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Pip Coysh	29/01/2020	