



**Trustees' Annual Report and  
Financial Statements  
for the period  
1<sup>st</sup> April 2019 – 31<sup>st</sup> March 2020**

The Trustees of RISE present their annual report and accounts for the year ending 31 March 2020 and confirm that they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

## REFERENCE AND ADMINISTRATION DETAILS

CHARITY NAME	RISE—Reach, Inspire, Support, Educate
CHARITY NUMBER	1165274
CHARITY'S OPERATING ADDRESS	12 Massams Lane Formby Liverpool L37 7BE

## TRUSTEE INFORMATION

TRUSTEE NAME	OFFICE HELD (if any)	DATE APPOINTED
Pip Coysh		21.08.15
Louise Evans	Chairperson	1.5.19
Geraldine Moore	Treasurer	1.5.19

## OUR AIMS

RISE (Reach, Inspire, Support, Educate) is a registered charity which is based within the Sefton Area. RISE is a Charitable Incorporated Organisation (CIO). As stated within our Governing Constitution document our aims are

*“To promote and protect the good health of children and young people in the Merseyside and Lancashire regions who are either carers or bereaved by the provision of support groups and leisure opportunities.”*

RISE supports two specific groups of children and young people – ‘young carers’ (those whose lives are affected by a close family member with physical, mental or learning needs and disabilities) and bereaved children (those who have been bereaved of a parent or sibling). These groups provide a place where the children can come together to share experiences, worries and emotions but most importantly to have fun with other children in similar situations or with similar experiences to themselves, which helps them to realise that they are not alone.

We endeavour to provide trips to places which may be inaccessible to them within their current home situations. For the young carers, we provide them with opportunities for ‘responsibility free fun’ (i.e. the children can be free of any responsibility for siblings or parents and can relax and just be children). For the bereaved children, we aim to provide them with ‘guilt-free fun’ (as often following the death of a parent or sibling, then children can experience feelings of guilt if they enjoy themselves or laugh – worrying that them enjoying a situation will appear to other family members as showing “that they don’t care.”).

## OUR OBJECTIVES

Our objectives are set to reflect our educational aims and the ethos of the charity. It is important to us that we maintain and enhance the success of the organisation. Our key objective for the year was to increase the number of schools and young people that we support. This would in turn lead on to

- **Helping young people achieve**
  - Improve emotional wellbeing
  - Improve networks of support
  - Improve confidence and resilience
  - Improve academic engagement
- **Helping schools achieve**
  - Improved achievement leading to improved attainment
  - Improved relationships and communication with families
  - Improved awareness and tolerance across the school community
  - Increased school staff's support and knowledge

## OUR VOLUNTEERS

We are extremely fortunate to have volunteers working both within RISE and as a RISE champion within each school base. These volunteers have provided the young people with an opportunity to talk, offered support to their families and other colleagues and staff within school, raised awareness and understanding of the issues facing these young people. Without the dedication and support of these volunteers, RISE would not be able to help and support the young people in the ways that we do and we would like to take this opportunity to thank them for their efforts.

## REVIEW OF ACTIVITIES, ACHIEVEMENTS & PERFORMANCE

The charity is continuing its work across the Sefton local authority, providing direct support to pupils in 3 primary schools in the Sefton area. A further school accesses trips through contact with their school mental health mentor. Throughout the year, the number of young people receiving support has been 60. As some of our young people have moved into KS3 we have included younger children from Reception classes.

We have also been able to respond to the direct needs of individual children and provide 'talk therapy' to children who have encountered difficulties following bereavement.

We have continued independent fundraising and have had successful school charity days as well as private donations from supporters.

We have had a number of trips. We have worked with Plaza Community Cinema in Crosby (a successful charity run by volunteers) that understands the needs of the children and young people we support to offer an exclusive screening of a blockbuster film. We have also returned to Crosby Lakeside for a full day of confidence building, team work activities on dragon boats and rafts. In addition, we had a great fun afternoon pumpkin picking – an activity many of the children undertook for the first time due to family circumstances.

We have facilitated many craft, fun, resilience, self-awareness and creative activities within the schools throughout the year. The children have particularly enjoyed decorating cakes and biscuits, creating art, making Christmas decorations whilst simultaneously being able to express worries, concerns and issues with their peers within a relaxed and encouraging environment. This development of peer support continues to be one of the main strengths of the charity's work and has been positively reported on by both the young people attending and their families. The growth in resilience and ability to cope has been strengthened considerably by the facilitation of these groups by experienced volunteers. We also explored key theme days with the children and young people such as World Mental Health Day and Young Carers' Awareness Day.

The impact of the Coronavirus pandemic brought our planned activities to an abrupt end on 20<sup>th</sup> March as schools closed and we were unable to support our children and young people in the way that we had intended.

## **FINANCIAL REVIEW (Total receipts, donations, gift aid, net result**

### **OUR FINANCES IN SUMMARY**

In summary, at the end of this financial year (to 31<sup>st</sup> March 2020), we have received income of £712 and have spent £2565 providing the trips and activities listed. This leaves a surplus as at 31<sup>st</sup> March 2020 of £8255 which will be used to continue with trips, activities and talking therapy sessions for our children and young people. Please see Receipts and Payments annual return.


### **FUTURE PLANS**

We are fully aware that the pandemic will continue to impact the work we do as direct contact with pupils has been suspended. We plan to resume activities as and when it is deemed safe to do so. We also intend to expand our 'talk therapy' interventions as this is a clearly identified need with a number of children and young people that we support. We will continue to explore funding opportunities.

### **DECLARATION**

**The Trustees declare that they have approved the Trustees' Report Above.**

**Signed on behalf of the Charity's Trustees**

Signature :	
Full Name :	Louise Evans
Position :	Chairperson
Date :	1.2.21



CHARITY COMMISSION  
FOR ENGLAND AND WALES

RISE (Reach, Inspire, Support, Educate)

1165274

## Receipts and payments accounts

CC16a

For the period  
from

01/04/2019

To

31/03/2020

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Fundraising Activity	212	-	-	212	-
Donation	500	-	-	500	750
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	712	-	-	712	750
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	712	-	-	712	750
<b>A3 Payments</b>					
Coach hire	-	720	-	720	330
Insurance	-	272	-	272	272
Activity centre hire	-	1,037	-	1,037	3,573
Craft materials	-	188	-	188	44
Specialist services	-	349	-	349	787
Website	-	-	-	-	40
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	2,565	-	2,565	5,045
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	2,565	-	2,565	5,045
<b>Net of receipts/(payments)</b>	712	- 2,565	-	- 1,853	- 4,295
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	6,316	3,792	-	10,108	14,403
<b>Cash funds this year end</b>	7,028	1,227	-	8,255	10,108

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in deposit account	7,028	1,227	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>7,028</b>	<b>1,227</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	LC Evans	Louise Evans	01/02/2021	
			04/02/2021	