Company number: 03785436 (England and Wales) Registered Charity number: 1076166

# MID MEDIATION AND COUNSELLING LTD (A company limited by guarantee)

## TRUSTEES' REPORT AND FINANCIAL STATEMENTS

For the year ended 30 June 2020

# MID MEDIATION AND COUNSELLING LTD (A company limited by guarantee)

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(A company limited by guarantee)

#### **COMPANY INFORMATION**

## Trustees

Mr Anthony Spiro JP - Chairman District Judge Timothy Jenkins Mrs Sally Kemmis-Betty Ms Jill Trelfa Mr Michael Kempner Ms Gillian Fogg JP Ms Clare Kirby JP Ms Helen Jones JP

## Secretary and Registered Office

Mr Michael Kempner Templeton Lodge, 114 High Street, Hampton Hill, Middlesex, TW12 1NT

## Registered Charity

1076166

## Registered Company No:

03785436

## **Examining Accountant**

Place Campbell Chartered Accountants Wilmington House High Street East Grinstead West Sussex, RH19 3AU

#### **Solicitors**

Womble Bond Dickinson (UK) LLP 4 More London Riverside London SE1 2AU

## Bankers

The Cooperative Bank ple P O Box 101 1Balloon Street Manchester, M60 4EP

# MID MEDIATION AND COUNSELLING LTD (A company limited by guarantee)

## TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)

The Trustee Board presents its report and financial statements for the year ended 30th June 2020.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Constitution

MiD Mediation and Counselling Ltd. is a company limited by guarantee (company No. 03785436) and is a Registered Charity (No. 1076166). The company was incorporated on 9<sup>th</sup> June 1999 and on 1<sup>st</sup> July 1999 took over all the undertakings, assets and liabilities of MiD Mediation and Counselling (Richmond and District) an unincorporated registered charity (No. 289271). The activities of MiD Mediation and Counselling are governed by the original Trust Deed of MiD Mediation and Counselling (Richmond and District) dated 20<sup>th</sup> February 1984. New Articles of Association were filed with the Charity Commission during the year.

### Method of appointment or election of Trustees

New Trustees are elected by existing Trustees on the board. Trustees' posts are advertised in the local, national and voluntary newspapers and on websites. Trustees are invited for a probationary period then appointed by the Board of Trustees.

## Policies adopted for the induction and training of Trustees

Trustees are offered training and development through other voluntary networks.

## Organisational structure and decision making

The Charity is organized so that the Trustees meet regularly to manage its affairs. The day to day management is delegated to the Director and staff of MiD Mediation and Counselling Ltd.

### **OBJECTIVES AND ACTIVITIES**

The object of the Charity is to provide assistance through mediation for couples who are separating or divorcing and to help them resolve issues over associated matters such as finances and housing, with particular attention given to the needs of any children. The aim of the Charity is to provide relief and support to adults and children before, during and after separation and divorce through a range of services focussed on children and their families. Alongside mediation we offer counselling support to adults who are struggling to come to terms with the breakup of their relationship and to children who need a safe and neutral space to talk.

A team of seven mediators help people who are separating or divorcing to negotiate and agree fair settlements in a non-adversarial way, thereby reducing damaging conflict in families. Children can also be invited to a one-off confidential mediation session to express their views.

We offer counselling to children and young people who are badly affected by the conflict within their families and who have emotional, mental and behavioural issues as a result.

We offer counselling to adults who have been impacted by the end of their relationship.

We help families restart communication and resolve problematic issues via our Family Bridges project. This involves working with several family members together and this may include members of the extended family such as grandparents and step-parents.

We provide mediation services for tenants of housing associations to help them resolve difficult issues and also run workplace mediation to sort out issues between work colleagues.

We confirm that the trustees are aware of the guidance issued by the Charity Commission on public benefit.

#### ACHIEVEMENTS AND PERFORMANCE

The last twelve months have been challenging due to the Covid-19 pandemic, which obviously caused a change in the way we worked and closed our offices for a few months. We have not stopped working and, although mediations reduced drastically in April and May, our administration team were able to help many people who were calling us incredibly distressed about their situation and our mediators and counsellors quickly became proficient in online sessions. In addition to all the people we have supported over the telephone, we have seen just under 500 people for individual Mediation Information Assessment Meetings over the last 12 months. We have had 124 mediation case starts and a close to 70% success rate in resolving at least one issue in dispute.

We have given more than 250 counselling sessions to 30 children and young people and held assessment and review meetings with their parents. Feedback questionnaires from children and parents indicate that levels of anxiety and unhappiness significantly decreased and that children showed a range of improvements in behaviour and mental health both at home and at school.

We were able to help ten families through our Family Bridges work, enabling them to resolve long-standing communication issues and areas of conflict.

We provided almost 70 adult counselling sessions and assisted a range of tenants seeking to resolve conflict with their housing association neighbours.

### FINANCIAL REVIEW

The Charity ended the year with a surplus of £9,691, which was a very good result in exceptionally difficult circumstances and means that it is in a strong financial position. However, we were unduly indebted to the one-off and very generous donation of £7,250 from the family of one of our Founding Trustees following her death, without which the position would have been a

very much smaller surplus. The impact of the Covid-19 lockdown was an immediate reduction in our main activity of Mediation (although very quickly we established methods of supporting our Clients via a variety of on-line solutions) and a complete ending of our income from renting out rooms in our building. However, with exceptional control of all expenditure and support from a variety of sources with Grants for Unrestricted costs, we have come through the first phase of this pandemic in very good shape.

In order to ensure the efficient running of the Charity the policy is to maintain reserves at a minimum of 3 months income and a maximum of 6 months. All reserve funds are currently held as cash on deposit with a Bank or Building Society. The reserves held at 30 June 2020 amounted to £125,125.

#### **Trustee Board Members**

The Members of the Trustee Board listed above are also Trustees of the company under the terms of the Companies Act 2006. Appointments of new Trustees are made by existing Trustees at a Trustees' Meeting. There shall be a minimum of four Trustees. During the year, the Trustees were:

Mr Anthony Spiro JP - Chairman
District Judge Timothy Jenkins
Mrs Sally Kemmis-Betty
Ms Jill Trelfa
Mr Michael Kempner
Mrs Ann Flintham OBE JP (resigned 17 February 2020)
Ms Gillian Fogg JP
Ms Clare Kirby JP
Ms Helen Jones JP (appointed 10 February 2020)

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

On behalf of the board of Trustees

Michael Kempner Company Secretary

Date: 22 Jecenter 2020

## MID MEDIATION AND COUNSELLING LTD (A company limited by guarantee)

## INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF MID MEDIATION AND COUNSELLING LTD

I report on the accounts of the company for the year ended 30 June 2020 which are set out on pages 9 to 16.

#### RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

#### BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

#### INDEPENDENT EXAMINERS STATEMENT

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006;
     and

• to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Place Campbell

Date: 22/14 620

## STATEMENT OF FINANCIAL ACTIVITIES for the twelve months ended 30th June 2020

		_	2020		2019
	Note	Unrestricted	Restricted	Total	Total
		<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
		£	£	£	£
INCOME AND EXPENDITURE					
Income	3				
Donations and legacles		29,668	25,300	54,968	47,404
Charitable activities		121,224	-	121,224	144,544
Other trading activities		21,555	-	21,555	26,912
Investment income		190		190	185
		172,637	25,300	197,937	219,045
Expenditure	4				
Charitable activities		92,988	25,780	118,768	126,359
Other		69,478	-	69,478	76,770
Total Resources Expended		162,466	25,780	188,246	203,129
Net Income /(expenditure)		10,171	(480)	9,691	15,916
Transfers between funds		(480)	480	-	-
Net movement in funds		9,691	0	9,691	15,916
Reconciliation of funds:					
Total funds brought forward 01/07/19		115,434	· o	115,434	99,518
Total funds carried forward 30/06/20		125,125	0	125,125	115,434

There were no recognised gains or losses other than recorded above.

The accompanying notes are an integral part of this Statement of Financial Activities.

(a Company Limited by Guarantee)

## BALANCE SHEET as at 30th June 2020

	<u>Note</u>		30.06.20		30.06.19
		Unrestricted	Restricted	Total	Total
		Funds	Funds	Funds	Funds
		£	£		£
FIXED ASSETS					
Tangible Assets	8	656	-	656	875
Total Fixed Assets		656	-	656	875
CURRENT ASSETS					
Debtors	9	20,450	-	20,450	20,373
Cash at Bank and In Hand	11	130,702	7,948	138,650	137,326
Total Current Assets		151,152	7,948	159,100	157,699
Creditors: Amounts falling					
due within one year	10	26,683	7,948	34,631	43,140
Net Current Assets		124,469	· · -	124,469	114,559
Total Assets less Current Liabilities		125,125		125,125	115,434
Creditors: Amounts falling					
due after one year		-	<b>-</b>	-	-
Net Assets		125,125	-	125,125	115,434
REPRESENTED BY:					
FUNDS	3				
Endowment Funds	-	-	-	-	-
Restricted Income Funds		-	-	-	-
Unrestricted Funds		125,125	<b>4</b>	125,125	115,434
Total Funds		125,125	· · · · · · · · · · · · · · · · · · ·	125,125	115,434

For the year ended 30th June 2020 the company was entitled to exemption from audit under Section 477 (2) of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilies for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Anthony Spiro

Chalrman

Michael Kempner

Director

(a Company Limited by Guarantee)

# NOTES TO THE FINANCIAL STATEMENTS for the year ended 30th June 2020

#### 1. LIABILITY OF MEMBERS

The Company is Limited by Guarantee and has no Share Capital.

The Memorandum and Articles of Association provide that every member is liable to contribute a sum not exceeding £1 in the event of the Company being wound up while they are a member or within one year of ceasing to be a member. At the year end there were 8 members.

#### 2. ACCOUNTING POLICIES

#### 2.1 Basis of Accounting

The financial statements have been prepared under the historical cost convention and to comply with the Companies Act 2006 and also the Statement of Recommended Practice (SORP) for charities - "Accounting and Reporting by Charities" preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16th July 2014 and with the Charities Act 2011.

#### 2.2 Income

#### Recognition of income

Income has been included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

#### Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

#### Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

#### **Government Grants**

The charity has received government grants in the reporting period.

#### Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

## Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

(a Company Limited by Guarantee)

#### NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30th June 2020

#### Income from interest

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably

#### 2.3 Expenditure and Liabilities

## Liability Recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

## Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and may have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the receipt of the grant has provided the specified service or output.

#### Grants payable without performance conditions

Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.

#### Redundancy cost

The charity made no redundancy payments during the reporting period.

#### **Deferred Income**

No material item of deferred income has been included in the accounts.

#### Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

## Provision for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

#### Basic financial Instruments

The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19 FRS102 SORP.

(a Company Limited by Guarantee)

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30th June 2020

### 2.4 Assets

## Tangible fixed assets for use by charity

These are capitalised if they can be used for more than one year, and cost at least £200. They are valued at cost.

The depreciation rates and methods are disclosed in Note 8.

#### **Debtors**

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

#### 3. INCOME

		2020		2019
	Unrestricted	Restricted	Total	
	funds	income funds	funds	
	<u>£</u>	<u>£</u>	$\underline{\mathfrak{L}}$	£
Donations and legacies				
Donations and gifts	9,543	. <del>-</del>	9,543	7,136
Gift Aid	700	-	700	1,188
General grants provided by				
government/other charities	19,000	25,300	44,300	37,635
Membership subscriptions/sponsorships	425		425	1,445
	29,668	25,300	54,968	47,404
Charitable activities		,	<del></del>	
Client payments	95,143	-	95,143	119,133
Legal Aid Agency	26,081	-	26,081	25,411
CAFCASS		-	-	-
	121,224	H,	121,224	144,544
Other trading activities				
Room rental	10,211	-	10,211	15,787
VAT rebate	11,344	_	11,344	11,125
	21,555	, <del></del> ,	21,555	26,912
Income from investments				
Interest income	190	· •	190	185
	190	-	190	185
Total Income	172,637	25,300	197,937	219,045

All income in the prior year was unrestricted except for £24,635 received as Restricted Grants.

(a Company Limited by Guarantee)

# NOTES TO THE FINANCIAL STATEMENTS for the year ended 30th June 2020

## 4. EXPENDITURE

4. EXPENDITURE				
		2020		2019
	Unrestricted	Restricted	Total	
	funds	income funds	funds	
	£	£	<u>£</u>	£
Expenditure on charitable activities				
Salaries & NIC	35,658	10,057	45,715	41,49
Fees: Mediation and Counselling	43,325	8,223	51,548	62,820
Training & Supervision	14,005	-	14,005	14,542
Child Counselling	-	7,500	7,500	7,500
	92,988	25,780	118,768	126,359
Other				
Governance costs	69,478	~	69,478	76,770
	69,478	<u> </u>	69,478	76,770
	162,466	25,780	188,246	203,129
5. FEES FOR EXAMINATION OF THE A	162,466	25,780	188,246	203,129
5. FEES FOR EXAMINATION OF THE A	162,466 ACCOUNTS	25,780		203,129
5. FEES FOR EXAMINATION OF THE A	162,466 ACCOUNTS 2020	25,780	2019	203,129
5. FEES FOR EXAMINATION OF THE A	162,466 ACCOUNTS	25,780		203,129
	162,466 ACCOUNTS 2020 £	25,780	2019 £	203,129
Independent examiner's fees	162,466 ACCOUNTS 2020 £	25,780	2019 £	203,129
Independent examiner's fees  6. PAID EMPLOYEES	162,466 ACCOUNTS 2020 £	25,780	2019 £	203,129
Independent examiner's fees  6. PAID EMPLOYEES	162,466 ACCOUNTS 2020 £ 2,650	25,780	2019 <u>£</u> 2,390	203,129
Independent examiner's fees  6. PAID EMPLOYEES	162,466 ACCOUNTS 2020 £ 2,650	25,780	2019 <u>£</u> 2,390 2019 <u>£</u>	203,129
Independent examiner's fees  6. PAID EMPLOYEES  6.1 Staff Costs	162,466 ACCOUNTS 2020 £ 2,650  2020 £	25,780	2019 £ 2,390 2019 £ 71,906	203,129
Independent examiner's fees  6. PAID EMPLOYEES  6.1 Staff Costs  Salaries and wages	162,466  ACCOUNTS 2020 £ 2,650  2020 £ 69,090	25,780	2019 <u>£</u> 2,390 2019 <u>£</u>	203,129

£24,747 was paid to the Director of the charity. Nothing was paid to the Trustees.

## 6.2 Average head count in the year

	2020	2019
Area of work		
Charitable activities	4	4
Governance	1	1
	5	5

(a Company Limited by Guarantee)

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30th June 2020

### 7. DEFINED CONTRIBUTION PENSION SCHEME

Contributions of £1,112 have been recognised in the SOFA as an expense for the year ended 30th June 2020.

It is estimated that staff spend 20% of their time on work related to activities funded by restricted funds. Therefore, 20% of the pension costs have been allocated to restricted funds.

## **8. TANGIBLE FIXED ASSETS**

	Office Equipment <u>£</u>
Cost As at 30th June 2019 Acquisition Disposal	- 21,192 - -
As at 30th June 2020	21,192
Depreciation As at 30th June 2019 Charge for year Disposal	20,317 219 -
As at 30th June 2020	20,536
Net Book Value As at 30th June 2020	656

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment - Unrestricted Funds 25% on reducing balance

Equipment - Restricted funds 100% on cost

## 9. DEBTORS AND PREPAYMENTS

	2020	2019
	<u>£</u>	£
Trade Debtors	4,629	2,223
Prepayments and accrued income	15,821	18,150
	20,450	20,373

(a Company Limited by Guarantee)

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30th June 2020

#### 10. CREDITORS AND ACCRUALS

#### 10.1 Analysis of creditors

	2020	2019
	<u>£</u>	<u>£</u>
Trade Creditors	1,499	9,086
Accruals and deferred income	21,827	22,660
Taxation and social security	550	639
Other creditors	10,755	10,755
	34,631	43,140
•	10,755	10,755

#### 10.2 Deferred Income

	2020	2019
	<u>£</u>	<u>£</u>
Balance at start of reporting period	1,000	1,000
Amounts added in current period	1,000	1,000
Amounts released to income from prior per	(1,000)	(1,000)
	1,000	1,000
<del>-</del>		

The grant from Children in Need is received quarterly in andvance and the final payment in each year includes one month into the following year.

### 11, CASH AT BANK AND IN HAND

	2020	2019
	<u>£</u>	<u>£</u>
Short term deposits	75,908	75,718
Cash at bank and in hand	62,742_	61,608
	138,650	137,326

## 12. TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES

None of the trustees have been paid any remuneration or received any other benefits from an employment with this charity or a related entity.

No trustee expenses have been incurred.

There have been no related party transactions during the reporting period.

(a company limited by guarantee)

# INCOME AND EXPENDITURE ACCOUNT for the twelve months ended 30th June 2020

	20	20	<u>20</u>	<u>19</u>
	<u>£</u>	£	£	£
INCOME				
Grants and Donations	54,543		45,959	
Clients Payments	95,143		119,133	
Legal Aid Agency	26,081		25,411	
Parenting Programme	-		-	
Community Mediation	н			
Patrons' Scheme	425		1,445	
Training	-		-	
Room Rental	10,211		15,787	
Net income from VAT	11,344		11,125	
	197,747		218,860	
Deposit Interest	190		185	
		197,937	-	219,045
EXPENSES				
Salaries & NIC	70,462		67 <b>,1</b> 49	
Fees: Mediation	44,337		46,517	
Fees: Counselling	7,211		16,303	
Training & Supervision	14,005		14,542	
Postage, Stationery & Printing	3,568		3,012	
Telephone	2,851		2,216	
Rent & Rates	24,549		24,983	
Marketing	2,915		5,206	
Subscriptions	2,400		3,200	
Insurance	1,826		1,515	
Light & Heat	1,867		1,549	
Sundry Expenses	2,311		2,304	
Book-keeping	3,460		3,620	
Legal Fees	- 58		2,150	
Office equipment maintenance	2,430		3,657	
Equipment Depreciation	219		292	
Examiner's Remuneration	2,650		2,390	
Repairs & Maintenance	1,243	188,246	2,524	203,129
Surplus for the Year	-	9,691		15,916