



The trustees present their report along with a consolidated financial statement of the charity for the period 08/05/2018 to 30/06/2019. The financial statement was prepared according to the Charity Commission guidelines and confirm they comply with the requirements of the Charities Act 2011, the trust deed, and the Charities SORP (FRS 102). SADEAF is a charity registered with the Charity Commission under registration number 1178260. SADEAF is a Charitable Incorporated Organisation (CIO), whose only voting members are its charity trustees.

Mission Statement:

To reduce the incidence and impact of stroke and diabetes by developing comprehensive education and training programs focused on prevention, treatment, rehabilitation, and support for all patients impacted by stroke and diabetes in Sudan. SADEAF will particularly target the poorer and the needy sectors of communities who are unable to afford the costs of healthcare. SADEAF aims to provide its services free of charge. Our long-term goal is to help establish stroke units in all major centres well-resourced with highly skilled and trained personnel.

Objectives:

The objectives we set reflect our aims to promote health through fighting stroke and diabetes. These objectives are, however, set in the context of the broader goals we set for the charity. In setting our objectives and planning our activities SADEAF trustees have followed the Charity Commission's public benefit guidance.

Our long-term objectives are:

- 1- To support Stroke and Diabetes care through training of allied healthcare professionals from developing countries.
- 2- To encourage medical professionals and support staff to receive training that enhances their skills locally in their countries and to facilitate further training of key individuals in Britain.
- 3- To train a group of professionals to become trainers to continue delivering training in developing countries. This is a long-term objective to be delivered later.
- 4- To support on-going programs aiming at prevention and early recognition of Diabetes and Stroke.
- 5- To establish hyperacute thrombolysis service for stroke patients.



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6-To supply essential rehabilitation and Diabetes care equipments.

7-To promote research.

8-To educate the public, particularly those who are vulnerable to stroke and/or diabetes, in order to minimise the risks of stroke and diabetes

9-Health education to raise the public awareness for Stroke recognition, and prevention in England, through organising health education activities.

Review of activities and achievements

Activities

Stroke is quite common in the Sudan with severe impact on patients, families, and society. Care for patient with stroke and diabetes is extremely poor, and proper stroke units do not exist there. SADEAF believes that the best method to achieve its long-term goal of improving the care for patients with stroke and diabetes in Sudan is through establishment of a high-quality stroke centre that provide high-quality services and training. This centre is then functions as a central training unit equipped with highly trained staff who will be a trainer for new staff to establish new stroke units.

The activities that are planned for the public benefit in collaboration with our partners are:

1. Establishing a partner organization in Sudan to raise funds and participate in raising the stroke awareness in the community.
2. Health education as the one of our mainstay measures for our fight against stroke and diabetes.
3. Establishment of new stroke units and diabetes centres or renovation of the already existing units/wards, and provision of essential equipment.



How will the charity work?

Granted the admission into the Charity Commission of England and Wales register in May 2018, SADEAF trustees have immediately embarked upon structuring the trustee board, distributing tasks, and set the scene to start putting the charity vision into practice. The activities of SADEAF are governed by clear and robust internal policies, these internal policies, which were set to safeguard the charity against any risks, were approved by the board of trustees meeting on 17th of December 2017. These policies were derived from the guidance of the Charity Commission for England and Wales. These policies come under four major headings:

- 1: Due Diligence Policy
- 2: Anti-Money Laundering (AML) Policy
- 3: Anti-Terrorist Finance Policy
- 4: Risk Management Policy.

These activities are planned to be set according to the Charity Commission guidelines for public health benefit, aiming to significantly reduce the burden of stroke and diabetes on the community in Sudan. The trustees will ensure that any activities carried out should be in accordance with the charity aims and objectives.

We are planning to execute our objectives through two different geographical areas.

- 1- Locally in the UK, where the charity is raising funds, setting the guidelines for operation, and construct plans to deliver its vision and goals. Also, SADEAF will promote health, educating the public in UK about risks of stroke and diabetes through health check campaigns that can be used as fundraising activities as well.
- 2- Overseas where the actual activities should take place in collaboration with our partners in Sudan.

The trustees have identified that the care for stroke patients and diabetes is extremely poor in Sudan. There is only one stroke unit that has just started to work with extremely limited resources, and it is run by staff who was not professionally trained to care for stroke patients. The trustees have decided to take this opportunity to improve the services in this unit and develop it to standard stroke unit that serves as well as a central unit for training staff for other new units.



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What did we do: Activities and achievements and performance?

1- Training

After recruiting the members of the new stroke unit in Soba University Hospital in Khartoum, Sudan, SADEAF started the first stage of the training program, conducting a workshop in July 2018.

The workshop took five days. There were 6 lectures daily in the form of PowerPoint presentation and practical sessions. It was an extensive course designed to deliver the basic concepts of stroke care to the new trainees in the stroke unit. It was attended by all the staff who was appointed as a new team to run the stroke unit.

The workshop was the first stage of three stages planned for training, the second stage was planned to take place in another workshop in January 2019. The third stage was to be conducted by a UK stroke professional volunteers who would travel to Sudan to give the third and final stage of practical training and at the same time observe the setting and signal the start of the stroke unit if the stroke unit were deemed to be in a condition suitable to start working, this stage was scheduled to take place in April 2019.

The training was planned to be spaced to three stages over 10 months. The long period and these gaps between the stages of training were felt important to allow the new recruited team members to digest the extensive information given in each workshop and prepare for the next stage of training. Also, this gap was felt important to allow the refurbishment of the unit to be completed.

The trainees of the stroke unit were provided with educational materials and books at the start of the training to provide some references and to help them to do additional readings preparing for the next two workshops. Of note here, all the educational materials offered to the trainees were made by special a generous grant from Dr Mohammed Gadour the Chairman of SADEAF Charity.

The workshop was highly successful, and the trainees and the hospital were very satisfied with the outcome, they were showing great efforts and enthusiasm for learning and they were looking forward to start working in the new stroke unit, overall, conduction of the workshop has reflected very clearly the seriousness and the intention of SADEAF to establish a high-quality stroke unit in Soba University Teaching Hospital in Sudan.

Unfortunately, it was not possible to do the second and third stages of training as planned previously, because of the Sudanese revolution and the political turmoil which took place in December 2018 and the subsequent political unrest that continued till the end of 2019. This then was followed by the outbreak of the Corona virus pandemic, which restricted all activities from January 2020 till now. These stages of training are now scheduled to restart in February 2021.



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The stroke training project is **mentored by Dr. Indira Natarajan**, the clinical director of neurosciences and the stroke service lead at the Royal Stoke University Hospital, Stoke-on-Trent, UK. Dr Natarajan has got enormous experience in stroke service development.

2- Renovation of the stroke wards in Soba University Teaching Hospital, October 2018.

The newly assigned stroke unit was in a bad condition and needed urgent renovation and adjustment of its wards and offices to fit for the purpose.

The cost of the renovation was paid by a donation and direct observation of some of the local partners, the hospital and some of the Trustees. After completion in October 2018, the stroke unit has got its full shape, consisting of 2 wards one for men and one for women, a nurse's office, a multidisciplinary team office, and physio suite.

3- Provision of essential equipment for the Stroke Unit in Soba University Hospital in Sudan

The trustees have bought and sent some of the basic equipment essential for patient's care in the stroke unit in Soba University Hospital in Sudan. These equipment were bought by direct donation of trustees and some members of the Sudanese community in UK.

4- Establishment of a partner organization in Sudan

Collaborating with our local partner is thought to be vital as it will allow the charity to utilize the local knowledge to run the charity activities and help in health education, and to help in fund raising as our charity is not allowed to transfer funds abroad and all local activities costs should be sourced locally. An application to register a partner organization in Sudan was submitted June 2018. The partner organization was thought to represent our charity in Sudan to facilitate fund raising that helps to maintain the stroke unit, and help to supply essential equipment, and liaise with the local authorities regarding administrative issues. Also, the participation of the local partner will help to raise the public awareness for stroke and diabetes.



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**5- Construction of SADEAF website stroke and diabetes education and aid foundation
(sadeaf.com)**

SADEAF website was construction and launched in July 2018. The website is featuring SADEAF vision and mission, giving detailed description of the charity objectives and how to achieve it, detailed information about stroke types, signs, and symptoms and when to suspect stroke. Details of how visitors can donate to the charity and links to useful related webpages and sites.



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Financial report

Our finance:

During the year ending 30/06/2019 the net funds SADEAF has raised was £11,608. This entire amount is still in reserve. The charity did not spend any funds yet. The principal source of income for SADEAF is the regular monthly donation to the charity by our community in Britain through direct debit or standing orders.

SADEAF strategy is built on education and training of new stroke team members in the developing countries mainly Sudan, therefore all the funds in reserves are kept for this purpose. The trustees and generous community members have funded all the activities up to the end of June 2019, and all the reserves of the charity has remained save to facilitate the trip and the educational materials for the stroke expert trainers team from UK (Royal Stoke Hospital in Stoke-on-Trent) to Sudan to do the third and final stage of training before the new unit can start launching its activities to the public.

SADEAF also has run a fundraising event in the form of a musical event January 2019 that has generated £876.98.

SADEAF do not pay tax or national insurance contributions, as SADEAF trustees do not hire any employees, and all the charity tasks and activities are shared between the trustees to allow the charity spends its funds only for the purpose of training.

The trustees are responsible for keeping proper accounting records regarding income and expenditures and ensure that the financial statement presented to the Charity Commission comply with the Charity Act 1993, and the Charity Regulations 2008. The trustees are also responsible for safeguarding the charity assets and ensure that they take all the necessary measures to prevent and detect frauds and money laundering and other irregularities.



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SADEAF will adopt the following strict procedures to verify the donors and consider any conditions related to any donations:

- 1- SADEAF does NOT accept donations from outside the United Kingdom. Any donations coming from outside the UK will be rejected.
- 2- Donations will only be accepted from bank accounts holders in banks inside the UK.
- 3- SADEAF will ask for donations in the form of standing orders OR direct Debits coming directly to the charity bank account.
- 4- SADEAF will NOT accept any cash donations.
- 5- SADEAF will only accept substantial once off donation if it complies with SADEAF Due Diligence policy (SADEAF Internal Policies) and the Charity Commission guidelines and regulations for substantial amount donations.

SADEAF will be very transparent about all its financial activities and will ensure that there are regular checks taken with the help of specialist professionals such as certified accountants, lawyers, or tax experts. We will also use Tools 6 and 7 advised by the charity commission (Appendix 1), and SADEAF will promptly report any suspicions regarding any transactions to the appropriate authorities such as the police or HMRC or the charity commission.



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Statement of Financial Activities for the year ending 30/06/2019.

Total incoming resources, table (1).

Incoming resources	Funds from 08/05/2018	Funds up to 30/06/2019	Total Funds
Direct debit/Standing orders	£00.00	£11,608	£10,743.88
Activities/events generating funds	£00.00	£864.120	£864.120
Total income	£ 00.00	£11,608	£11,608

Total liabilities and expenditures, table (2).

Resources and expenditures	From 08/05/2018	30/06/2019	Total
Assets	£00.00	£00.00	£00.00
Liabilities	£00.00	£00.00	£00.00
Running costs	£00.00	£00.00	£00.00
Total expenditures	£00.00	£00.00	£00.00

Total funds carried forward, table (3).

	Total Funds
Total incoming resources	£11,608
Total liabilities and expenditures	£00.000
Total funds carried forward	£11,608

Approved by the trustees on date and signed on their behalf by:

Dr Mohammed Gadour

SADEAF chairman

05/02/2021



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Futures plans:

SADEAF trustees are intending to continue their current strategies to improve the care for patients suffering stroke and diabetes through supporting the stroke unit in Soba University Teaching Hospital to provide high quality training for the members of the stroke team.

SADEAF will try to utilize the available media like; Zoom, MS Teams, skype, etc, to do the training online specially for stage I and II, and part of stage III of training.

SADEAF will ensure that the new stroke unit in Soba University Teaching Hospital is well equipped with all the essential equipment.

The trustees will continue to review the plans, tools, and policies to ensure that these strategies are up to date and comply with our charity objectives and with the charity commission policies and guidelines.

Financially, the charity income will come primarily from generous donors who sacrifices to support the charity activities. The income is mainly from the regular donation through direct debits.

SADEAF will work hard to increase its income through considering other ways of fundraising resources:

- 1- Organising fundraising events like charity dinners,
- 2- Organising community campaigns to raise the awareness of the public regarding stroke and diabetes, where the charity can recruit our fellow medical professionals to do public clinics to check weight, blood pressure, sugar and cholesterol, and smoking cessation, and ask for donation.
- 3- Distribution of donation pots on local shops.
- 4- Also, the charity will consider investments that hope to generate more income and will seek tax exemptions for these activities.



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The trustees who served for the charity during this year for the purpose of the charity law are.

Responsibilities

- | | |
|-----------------------|--|
| 1- Dr Mohammed Gadour | Trustee and chairman and financial Governor |
| 2- Dr Ali Suliman | Trustee and vice chairman and financial Governor |
| 3- Dr Fathi Jamil | Trustee and Governor |
| 4- Dr Ali Imam | Trustee and General advisor |
| 5- Mr Idris Gadour | Trustee and IT Governor |
| 6- Mr Muzamel Eltayeb | Trustee and Fundraising Governor |

Contact:

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