

Trustees' Annual Report for the period

Period start date		Period end date	
From	01 09 2019	To	31 08 2020

Section A Reference and administration details

Charity name **hArt (Hampshire Art for Recreation and Therapy)**

Other names charity is known by

Registered charity number (if any) **1158996**

Charity's principal address **hArt at Coda Music Centre**

Chewton Farm Road, Walkford,

Christchurch

Postcode BH23 5QL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Annie Jeffery	Chair		
2	Sue White	Treasurer	Resigned 3 rd February 2020	
3	Birgitta Hancock			
4	Philippa Knight			
5	Marilyn Freedman			
6	Vivienne Purcell		Appointed 29 th June 2020	
7	Kevin Mann		Appointed 29 th June 2020	
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17				
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation CIO
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Every trustee must be appointed for a term of three years by resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

hArt is currently reviewing and introducing new policies and procedures in line with its work towards the Trusted Charity Mark.

During the year, hArt had meetings with the new Patron, Hylton Murray-Philipson, who agreed to become Patron from September 2020. This increases hArts reach as the Patron has a wide network of contacts, and is highly supportive of our work.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve sickness and promote, preserve and protect physical, mental and emotional health by the use of a range of activities and arts in particular but not exclusively by:

- (i) providing opportunities for participation in creative projects:
- (ii) allowing those who are disadvantaged or isolated to enjoy contact through arts in a safe environment:
- (iii) helping people by developing their confidence and resilience.

To provide recreational and leisure time activity in the interests of social welfare for people who have need by reason of their youth age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

hArt has continued to offer regular weekly and fortnightly sessions for adults with mental health issues in two locations.

It has offered two outdoor programmes for young people from the SEND streams at local colleges.

hArt has run a pilot workshop on a rehabilitation ward in a local hospital and been invited to undertake further similar sessions in two local community hospitals when funding is in place.

Silverlinks continues to offer support to the older community, and has dealt with a number of referrals from Care Navigators, Social Services and self-referrals, and volunteers are now able to assist the Silverlinks manager.

hArt is also continuing to offer one to one work with children and young people at the request of schools and colleges.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The effects of Covid-19 have impacted considerably on the small team of mostly self-employed staff at hArt. The regular team now includes just four, all part time, and we are currently working with two art therapists to deliver online sessions, each of whom has a volunteer working with them to take notes.

This new way of working has been appropriate with known clients, but we have paused starting new groups as face to face working, and the referral process, would be extremely difficult in this circumstances. This has impacted on our volunteer recruitment but we are receiving new enquiries and endeavouring to undertake the induction and training online where possible in preparation for a return to face to face delivery.

Section D

Achievements and performance

The impact of Covid 19 for hArt has effectively been to halt our move towards delivery of three funded Arts on Prescription programmes, the first of which was due to start in March 2020. The three different funders have all agreed to delay the requirement for us to proceed, and are allowing us to deliver by February 2022, by which time we expect to have delivered the three pilot 12 week programmes, and been able to gather the evidence to support further similar programmes. We hope to expand the delivery of similar programmes and to follow each new 12 week programme with open access sessions on a fortnightly basis for those who have attended the 12 week programmes, as well as those who want to self-refer for facilitated creative sessions.

Our shift to online delivery was slower than we might have liked, being wary of how to ensure proper safeguarding and it was decided that we could continue to work with known clients but to resist adding new clients to the groups as we would not have had the opportunity to meet them in person and to be certain of their issues and support systems. The safety of clients, therapists and volunteers has informed our decisions. We have, however, tried to improve our social media and developed more group opportunities for supporters to engage online through Facebook, and a blog, with regular updates, has been introduced. We have been involved in making podcasts with other organisations as well as creating our own YouTube channel, which we are starting to populate with work from our own team and some new facilitators.

Outdoor working has also been difficult to offer, as our audiences are in very vulnerable groups who have been quite nervous of venturing out, even in carefully monitored very small family groups, and the weather has also been a factor. We hope to return to offering outdoor working as soon as circumstances allow. We have been working with potential partners and local organisations to look at new opportunities for spaces in which to work outdoors, and have been encouraged by the interest in such possibilities, which has come from the better understanding people have gained over the last year of the health benefits of being outdoors, and we intend to ensure that this is taken forward.

Partnership working has been highlighted this year, and an office move to be within the premises of another charity, Coda Music Centre, is envisaged for late 2020. This will mean that we are on site to be able to discuss potential joint working and partnership funding applications. There is also scope for further development there, which would give hArt a better office space as well as offering the potential to offer some in house workshops and exhibitions. It is expected that this development project may be started in early 2021.

Although this year has been challenging, hArt feels well positioned for the future, and has been fortunate to have reserves which have enabled us to come through. We only had one member of staff eligible for furlough, which we did for three months, but funding in place already has supported the continued working of another member of staff and we have used the time to review and update policies and procedures as well as moving ahead, thanks to the award of an Enterprise Development Grant, with progress towards trading packages to be offered to schools initially.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Despite the challenges of this year, we have achieved funding successes aimed at supporting the introduction of Arts on Prescription programmes with some funding also in place for the continuation workshops which will enable those who have attended the initial 12 week programmes to have further contact with hArt and the social creative environment beyond the initial Art Therapy programmes. The aim is to have a progression model that results in better self care and improved resilience, but with the option to refer back to the original agency should any individual need more support.

We have achieved good relations with social prescribers, and grown our contacts with referral agencies, and are developing further ways of offering our work to educational establishments, the health sector and for corporate working through the Enterprise Development Grant awarded in the summer.

Section E

Financial review

Reserves Policy: hArt intends to hold a minimum of £30,000 as reserves. hArt holds further funds which have been specifically designated for core costs over the next two to three years, while it works towards securing further core costs through its ongoing strategic fundraising applications. Reserves at this year end are £155,621. We believe that this is a considered way of proceeding towards a sustainable future.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Fundraising has continued with a regular application process to statutory and private trusts and foundations. We have a policy of constant review of our fundraising strategy in line with new opportunities becoming available and have been able to benefit from some of the funding released to support charities during the pandemic. We did not apply for the larger sums for small business support, since we were aware that our outputs were going to be limited for the short term, and felt that we could continue without depleting our reserves at such a time.

Section F

Other optional information

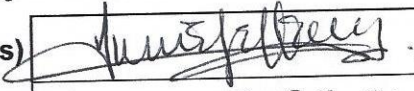
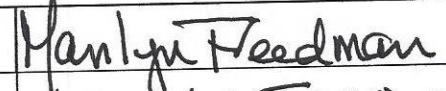
Our Lloyds Bank Foundation funding was awarded for work towards the Trusted Charity quality standard, but this has had to be delayed due to staff reductions and changing in working practices through the pandemic. Lloyds have been generous in their understanding of this, and have accepted that we cannot currently apply for Level 1 of the accreditation, but appreciate that we have used the opportunity to learn and improve our infrastructure through working with the modules, and hArt hopes to progress with this in due course.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ANNIE JEFFERY	MARILYN FREEDMAN
Position (eg Secretary, Chair, etc)	Chair	TRUSTEE
Date	15th Feb. 2021	



CHARITY COMMISSION
FOR ENGLAND AND WALES, and payments accounts

(Recreation and Therapy)

1158996

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For the period from	01/09/2019	To	31/08/2020
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	446	2,485	-	2,931	207,617
Grants	9,642	5,855	-	15,497	16,295
Legacy income	2,001			2,001	
Fees	2,366		-	2,366	3,345
Events	100		-	100	105
Bank interest	262		-	262	183
	-	-	-	-	-
Sub total (Gross income for AR)	14,817	8,340	-	23,157	227,545
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,817	8,340	-	23,157	227,545

A3 Payments

Therapist Fees and expenses	7,610	200	-	7,810	14,956
Staff costs	21,716		-	21,716	7,924
Materials and resources	104		-	104	986
Facility hire	666		-	666	379
Silverlinks project		4,719	-	4,719	4,922
Partnership development	30,583	3,650	-	34,233	43,343
Volunteer management fees	280		-	280	4,230
IT	869		-	869	3,814
Training	356		-	356	1,682
Travel Expenses	40	24	-	64	895
Office Rent	3,103		-	3,103	4,684
Office & Administration Costs	568		-	568	620
Refreshments			-	-	293
Phone	257		-	257	185
Insurance	1,578		-	1,578	685
Membership			-	-	643
Professional Fees	3,271		-	3,271	5,563
CODA Music Trust			-	-	62,500
	-	-	-	-	-
Sub total	71,002	8,594	-	79,596	158,303

A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	71,002	8,594	-	79,596	158,303

Net of receipts/(payments)	- 56,185	- 254	-	- 56,439	69,241
A5 Transfers between funds					
A6 Cash funds last year end	200,667	11,393	-	212,060	142,819
Cash funds this year end	144,482	11,139	-	155,621	212,060

The transfer of funds of £7,581 from restricted to unrestricted is because the original donors' permission has been obtained to apply the surplus for the general purposes of the charity.

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Deposit Account	142,265	11,139	-
	Bank Current Account	2,188		-
	Cash in hand	30		-
	Total cash funds	144,483	11,139	-

(agree balances with receipts and payments account(s))

Agreement Error OK

Restricted funds

Endowment funds

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

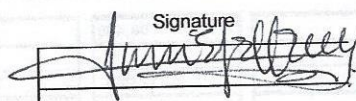
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Sundry office furniture and equipment		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature


Print Name

ANNIE JEFFERY

Date of approval

15/02/2021



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
HART (Hampshire Art for Recreation and Therapy)

**On accounts for the year
ended**

31 August 2020

**Charity no
(if any)**

1158996

Set out on pages

1-2

**Respective
responsibilities of
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) but have requested an independent examination.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent
examiner's statement**

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

1. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

24.2.2021

Name:

Mary Wallbank

**Relevant professional
qualification(s) or body
(if any):**

DChA, FCIE

March 2012

Address: Charity Management Services

18 Park Road, Chandlers Ford

Eastleigh, Hants. SO53 2EU

Section B

Disclosure

None.

For accounts for the year ended	2010	Charity (if any)	Trustees (if any)
Set out on pages	15		

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

- to keep accounting records in accordance with section 130 of the Charities Act and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met, or

if, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements

examined a statement

Independent

Trustees and examiners

responsibilities of the charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2003 (the Charities Act) but have requested an independent examination.

It is my responsibility to:

- examine the accounts under section 144 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Signature:	
Name:	Mary Wallbank
Relevant professional qualification(s) or body (if any):	ICAE, FCIS

March 2012

March 2012