

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A II	ndependent Examiner's Report				
Report to the trustees/ members of	Sam's Diamonds				
On accounts for the year ended	31 March 2020	Charity no (if any)	1164671		
Set out on pages	Attached to this report (remember to include the page numbers of addition				
	I report to the trustees on my examinati charity ("the Trust") for the year ended :		nts of the above		
Responsibilities and basis of report	As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").				
	I report in respect of my examination of under section 145 of the 2011 Act and i have followed the applicable Directions under section 145(5)(b) of the Act.	in carrying out n	ny examination, I		
Independent examiner's statement	 I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect: accounting records were not kept in accordance with section 130 of the Act or the accounts do not accord with the accounting records I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached. 				
Signed:	mey	Date:	20/12/20		
Name:	MR MIKE DELF FCA				
Relevant professional qualification(s) or body (if any):	CHARGERED ACCOUNTANT (ACA)				
Address:	6 SUNFLOWER CLOSE, BOLD, ST	MELENS, MERS	EYSIDE, WA9 427		

Section B	Disclosure		
	Only complete if the examiner needs to highlight matters of concern (see CC Independent examination of charity accounts: directions and guidance for examiners).		
Give here brief details of any items that the examiner wishes to disclose.	N/A		

CHARITY COMMISSION FOR ENGLAND AND WALES	Sam's Diamonds			1164671	
TOK ENGLAND AND WALLS		pts and pay	ments acc	ounts	CC16a
	For the period from	01/04/2019	То	31/03/2020	
Section A Receipts and	payments				
	Unrestricted funds to the nearest	Restricted funds	Endowment funds	Total funds	Last year
A1 Receipts	£	to the nearest £	to the nearest £	to the nearest £	to the nearest £
Donations	13,652	48,431	-	62,083	57,723
	-	-	-	-	
		-		-	
			· · ·	-	
	-	-	-	-	-
	-	-	-	-	
Sub total (Gross income for	-	-	-	-	-
AR)	13,652	48,431		62,083	57,723
(see table). Sub total	-	-	-		-
Total receipts	13,652	48,431	-	62,083	57,723
A3 Payments					
Cost of fundraising events	2,827	1,988	-	4,815	8,582
Rent Insurance	-	3,580		3,580	4,485
Training	337	883		337 1,310	143
Printing, Postage, Stationery and computer					
supplies	- 45	488		443	4,722
Wages and salaries	12,892	12,153		25,045	25,747
				-	-
	-	-	-	-	-
Sub total	16,438	19,092	-	35,530	44,083
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
		40.000		35,530	44,083
Total payments	16,438	19,092		30,000	
Total payments Net of receipts/(payments)	- 2,786	29,339	-	26,553	13,640
		29,339		26,553	13,640
Net of receipts/(payments)					

0

Commercial in confidence.

ection B Statement	of assets and liabilities at t		and the second se	
<u></u>		Unrestricted	Restricted	Endowment funds
Categories	Details	funds to nearest £	funds to nearest £	to nearest £
I Cash funds	Cash at bank	2,549	44,560	
	Petty Cash	240		
	Paypal			
		547	-	
	Total cash funds	3,336	44,560	-
	(agree balances with receipts and payments account(s))			
		Unrestricted	Restricted	Endowment
		funds	funds	funds to nearest £
Other monstany acasta	Details	to nearest £	to nearest £	to nearest £
32 Other monetary assets				
			-	
		-	-	-
		-	-	
		-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investment assets			-	-
			-	-
			-	-
			-	
		Fund to which	Cost (optional)	Current value
	Details	asset belongs		(optional)
34 Assets retained for the harity's own use				
anty s own use			-	-
anty's own use			-	
anty's own use			-	
anty 5 own use			-	-
anty 5 own use				
anty 5 own use				
anty 5 own use				-
anty 5 own use				
anty 5 own use				-
anty 5 own use	Details	Fund to which	- - - - - - - - - -	
	Details	Fund to which liability relates		
	Details		- - - - - - - - - -	
5 Liabilities	Details		- - - - - - - - - -	
5 Liabilities	Details		- - - - - - - - - -	When due (optional)
	Details		- - - - - - - - - - - - - - - - - - -	When due (optional)
5 Liabilities	Signature	liability relates		When due (optional)
Liabilities ned by one or two trustees on				When due (optional)

Sam's Di<u>AMON</u>DS

Annual Report 2019-2020

Trustees and Members

The Members of the charity are its Trustees for the purpose of the Foundation Model Charitable Incorporated Organisation or CIO and who, throughout this report, are collectively referred to as the trustees.

Trustees who have held office since the initial charity registration on 3rd December 2015:

Mr Andrew Lewis

Mrs Rachel Irwin

Mrs Laura Finnigan

Mrs Denise Griffiths

In accordance with the charities constitution all trustees shall retire from office after a period of 2 years but shall be eligible for re-election. All Trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the accounts. Although there has not been any changes, new Trustees are given a formal induction covering the charity's aims, objectives and challenges, the funding and an overview of how the charity's services and activities are carried out.

Legal Structure and Governance

The registered head office is: St Maries, Lugsdale rd, Widnes, WA8 6DB. As from 21st January 2019 the registered office was changed to Halton and St Helens Voluntary Action, Lugsdale Road, Widnes, WA8 6DB. The charity is governed by its Constitution, which will be reviewed annually and revised if necessary, in line with Charity Commission guidance and approval. The charity is incorporated through the legal status of a Charitable Incorporated Organisation (CIO). This means if the CIO is wound up, the trustees of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

Third Party Indemnity Insurance

At present, third party indemnity insurance is not provided for the individuals in their capacity

as charity trustees, but the situation will be kept under review.

Organisation

The board of trustees is responsible for the administration of the charity. The day to day running of the organisation is led predominantly by the CEO, who is the founder of the charity. Supporting the trustees is an ever-growing number of volunteers who undertake various roles in day-to-day activities.

Current board members are located in Cheshire and Merseyside. The board meets on a quarterly basis where decisions are made. Occasionally, decisions have been taken via group emails where a discussion and decision has been agreed.

Risk Management

The charity currently leases a premises, as of 1st January 2019, at Halton and St Helens Voluntary Action, Lugsdale Road, Widnes, WA8 6DB. The financial risk is very low however, as funding and fundraising continues to be a number one priority. This ensures the charity continues to deliver activities as set out in the constitution. The charity has; Public Liability Insurance, Employers Liability Insurance and Professional Indemnity Insurance.

These are all at appropriate levels of cover for this stage of the charities development.

Objectives and Activities

The principle activity of the charity is for the relief of sickness and the preservation and protection of health of women and their families who are affected by a cancer diagnosis by the provision of support, information and advice to help improve their health and recovery.

Achievements, Performance and demonstration of Public Benefit

Once again, this last year has brought some fantastic achievements as well as many exciting challenges. We are delighted to have successfully received a Reaching Communities Lottery Grant to allow us to employ 5 members of staff. (One full time and 4 part time) This has allowed our team to grow in strength and the skill set to further support the growth of the charity and build on the work already achieved. We are delighted to be sitting in this current situation in the charity and to be able to present this report alongside the healthy financial statement for this stage of the charity's development.

The main focus of the charity during these past 12 months has been:

- Supporting our beneficiaries through the start of Covid
- Promoting and increasing the public profile of the charity
- Raising much needed funds to deliver workshops and activities for beneficiaries
- Continue to support women through establishing friendship and support activities

Connecting with even more support/medical organisations

The charity was born out of unfortunate circumstances. The founder Sam Lewis was diagnosed with Breast Cancer in 2012. She searched for support in the local area and struggled to find any groups with members that were around her age, with a similar outlook on life. Being only 38 with three young children, it was hard to find ladies in any support groups that she could relate to. Cancer support centres had limited support for her needs, and still do, as the age range was predominantly a lot older than she was. Her local support centre confirmed that this was a problem and that they had younger women who would come to the centre for support, but they did not return. They supported Sam with her ideas to create a younger ladies Cancer support group. Sam logged all of the activities she felt well enough to deliver and participate in. She also listed ideas for workshops, which were unavailable, but which she felt would be of great benefit to a young woman on a similar cancer journey.

For a year the group grew and women of all ages wanted to be part of it. Sam's group did not meet in a support centre, it met in coffee shops and similar venues out in the community. The support groups aim was to integrate its support with typically 'normal' activities in 'real-life' environments.

The ladies in the group had a zest for life and wanted to experience new things, have fun and live life to the full... while they still had the opportunity. They did not want to feel the need to go to a cancer support centre, as this meant psychologically that Cancer was still controlling their lives. Instead, the group aimed to empower the ladies and give them a feeling of control, as though they were making the most out of every day.

The ladies in the group attempt to inspire and motivate each other to maintain a positive approach toward life, on their cancer journey. They embrace positive experiences together which strengthens the support further, creating a united front to cancer. The age range for the group has expanded, as more and more ladies show that they are not ready to sit around and wait to see if treatment works.

The activities and workshops provided help ladies to take back control and continue their life with a healthier lifestyle, thereby reducing the risk of reoccurrence. Many of the ladies are now giving back to the charity by being team leaders, or volunteering in a variety of roles.

Our progress and achievements

*Over the past 12 months the charity has grown to support 185 ladies across the Northwest. We now have groups running in Runcorn, Widnes, Warrington, Liverpool and St Helens, Wigan, Nantwich, Knowsley and the Wirral.

During the past 12 months we have been able to deliver and facilitate:

- * 102 coffee and support and chat meet ups
- * 17 fitness rehab activities
- * 20 Workshops (moving forward/health)
- * book clubs
- *Art clubs
- *Film clubs
- *Christmas fair
- *Craft clubs
- *Walking clubs
- *back to work support and training sessions
- *provided a wig Library with a link to a professional hairdresser
- * Health and wellbeing days
- * Dragon boat sessions (with our Pool of Life friends)
- * family days
- * Diamond retreat weekend (workshops)
- *Youtube channel
- * lots of sign posting and information sharing

As you can see Sam's Diamonds is all about support as you go through treatment and rehabilitation of the body and mind after treatment. We aim to keep our ladies in a positive and motivated mind-set, helping to avoid the slip and slide into depression. Sam's Diamonds does not discriminate between different women's cancers. because cancer is cancer. Cancer leaves us all need of support. Unfortunately, the journey doesn't finish when treatment does. This is why it is so important that we continue our work!!!

Fundraising and raising the charities public profile

The charity had a sufficient amount of money in the bank at the start of this year, but thanks to our funding coordinator and to a dedicated team of volunteers, this year has been a good year. We have managed to obtain funding from The National Lottery Reaching communities fund, securing a bright future of Sam's Diamonds as the staff team will grow from 2 – 5! This will allow us to employ a website and social media coordinator, Administrator, Fundraising coordinator, book keeper and secure a fulltime wage for our CEO who has previously only been paid only a part time wage.

Membership and awareness through our social media pages has again dramatically increased and we hope to impact this further with the employment of a social media/website officer.

Volunteers

Volunteer group leaders continue to be a vital part of the charity. Currently, as of 31st March 2020, we have 10 volunteers registered with the charity who assist in delivering various support group meet-ups, on the charities behalf. In total we have 16 volunteers and there are many roles that they undertake for the charity, some of which include:

- Managing the online social media pages
- Organising and attending events
- Leading clubs within the group
- Producing posters and banners for social media
- Administration support

As the charity continues to grow the role of volunteers will be regularly reviewed, to ensure the charity continues to carry out activities which meet the overall purpose, and also the volunteers get a meaningful experience from their volunteer role.

Financial Review

The statement of financial activities provides a summary of our income and expenditure from 31st March 2019 to 4th April 2020.

Please see separate sheets for signed off accounts as requested by The Charity Commission.

Financial Outlook

The board continues to aim to increase current levels of unrestricted income and have provided a more cost effect way for the charity to provide online donation facilities. We are now able to collect Gift Aid and encourage our supporters to fundraise for us by providing an online facility to set up their own fundraising pages.

Future Plans

The charity aims to take some time to consolidate and review its policies and practices, in the next financial year of 2020/21. Searching for opportunities for us to expand the work we do and continue to offer a quality service to our service uses. We are constantly aiming to increase the

number of volunteers, who would like to be more involved in the charity, either through support in the office, group leaders or fundraising activities. Through this the charity can provide even greater levels of support to more women. Sam's Diamonds have started to develop policies and procedures as an employer, which are robust and fit for purpose, aiming to ensure the government compliance and to ensure that the governance of the charity is strengthened and it continues to be successful.

MML. 16:12.20 Rachel Invin. D. Cuphills 16.12.20 D. GRIFFITHU. L Finnigan 16.12.20 Uper