### **Trustees' Annual Report for the period** From

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Period start date ۲. Cey

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To Period end date 31

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Charity name		Make A [	Difference	
Other names charity is known by				
Registered charity number (if any)	1115769			
Charity's principal address	The Arch Workshops,	Lakeside	Store	
	Taylor Square			
	Tavistock			
	Postcode		PL190DG	

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr William James Allenby	Chair		
2	Fiona Johnson			
3	Dr Jacqueline Macrostie		26 <sup>a</sup> June 2020	
4	Kevin Watts		26 <sup>th</sup> June 2020	
5	Nicola Gabb		17 <sup>*</sup> August 2020	
6	Linda Barton			
7	Sandra Edney	Secretary/ Acting Treasurer		
8				
9				
1 0				
1 1				
1 2				
1 3				
1 4				
1 5				
1 6				
1 7				
1 8				
ΤA	R	•	1	March 2012

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address	
	<u> </u>		

## Name of chief executive or names of senior staff members (Optional information)

### Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	Registered Charity
Trustee selection methods	Elected by members

### Additional governance issues (Optional information)

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ou <b>may choose</b> to include dditional information, where elevant, about:						
policies and procedures adopted for the induction and training of trustees;						
the charity's organisational structure and any wider network with which the charity works;						
relationship with any related parties;						
trustees' consideration of major risks and the system and procedures to manage them.						
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Summary of the objects of the charity set out in its governing document	The relief of persons in Tavistock and its environs who are experiencing or have experienced mental health problems, through provision of information advice, one to one and group support and the operation of a community support centre in an effort to build their self-esteem, confidence and sense of well being.
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this	Provision of one to one support Outreach work Email and telephone support
TAR	2 March 2012

section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)	Community Drop in Centre Crisis café Provision of a wide range of self help materials including on line resources Providing First Aid in Mental Health training

### Additional details of objectives and activities (Optional information)

	We have a number of volunteers who make a positive contribution by sharing their various skills and experiences, this includes several individuals that have used the Charity's services.
• • You <b>may choose</b> to include further statements, where relevant, about:	A major benefit of this support was recently evidenced by their support when we were facing a potential dilapidations bill from our former Landlord. The potential bill was likely to have been in excess of £10,000. With the support of volunteers we were able to reduce the cost to less than £200.
policy on grantmaking;	
policy programme related investment;	
contribution made by volunteers.	

Summary of the main achievements of the charity TAR The Charity has reached an increasing number of people with mental health issues, partly due to an increase in mental health issues relating to

March 2012

#### during the year

#### Covid.

The Charity has opened a new Community workshop in collaboration with community groups.

We have also been operating a Crisis café with the aid of a grant from Livewell Southwest.

Our work has also involved the establishment of a range of online support, this was established with the support of a creative innovations Grant from Devon County Council.

A further creative innovations grant was awarded towards the cost of establishment the new community workshop.

Further grants were received from Devon Partnership Trust, the Cooperative Society, and Devon Community Foundation. We also received support from local traders.

The Charity now has the ability to provide First Aid in Mental Health training, and a number of Charities, Schools, Community Groups have used and welcomed this provision.

The Charity has also received financial support from locality budgets, and we were also chosen by the Rotary Club to receive a grant.

This past year has seen an increased awareness of the Charity in the Community.

We have received positive feedback regarding the work of the Charity from individual users, the local Mental Health Service, Social Services, Schools, Community groups, and the local Police force.

Brief statement of the

The Charity has a policy of having reserves to cover costs for six months.

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Brief statement of the charity's policy on reserves	The Charity has a policy of having reserves to cover costs for six months.
Details of any funds materially in deficit	
Further financial review details	(Optional information)
You <b>may choose</b> to include additional information, where relevant about:	Grants from Mental Health agencies, grant giving bodies, fees from Social Services contract, general fundraising
<ul> <li>the charity's principal sources of funds (including any fundraising);</li> </ul>	
<ul> <li>how expenditure has supported the key objectives of the charity;</li> </ul>	
<ul> <li>investment policy and objectives including any ethical investment policy adopted.</li> </ul>	

### Section F

### Other optional information

The Charity has sought to broaden the depth and range of skills of the Trustees, annual update training is provided for all Trustees.

### Section G

### Declaration

The trustees declare that they have approved the trustees' report above.

#### Signed on behalf of the charity's trustees

Signature(s)	W.J. allening	& Edney
Full name(s)		SANDRA EDNEY
Position (eg Secretary, Chair, etc)	CHAIRMAN	SECRETARY/TREASURER
	2md March 2021	

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March 2012

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#### **MAKE A DIFFERENCE - TAVISTOCK**

#### **BALANCE SHEET**

#### AS AT 31 MARCH 2020

Fixed Assets		3,989
Current Assets:		
Debtors and Prepayments		
Bank Deposit Account	10,496	
Bak Account - Restricted Funds	20,943	
Other Bank and Cash Balances	9,845	
	41,284	
Less: Current Liabilities		
Creditors and Accruals		
Overdrawn Bank Balance	0	
	0	41,284
		£45,273
	<del></del>	
REPRESENTED BY:		
CAPITAL ACCOUNT		
Opening Balance	25,425	
Net Profit	19,848	
	45,273	
		45,273
		£45,273
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#### MAKE A DIFFERENCE - TAVISTOCK

#### BALANCE SHEET

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Less: Current Liabilities Creditors and Accruals Overdrawn Bank Balance	0 41,284 , £45,273
REPRESENTED BY: CAPITAL ACCOUNT Opening Balance Net Profit Functional Market Transfer W. J. Amerika M. J. Amerika Markat	25,425 <u>19,848</u> 45,273 45,273 23-3-2020 <i>B. Ednay</i> <i>S.EDNEY</i> <i>S.EDNEY</i> <i>SECRETARY</i> / <i>TRUSTEE</i>

# Independent examiner's report to the trustees of Make A Difference – Tavistock.

I report to the trustees on my examination of the accounts of Make A Difference – Tavistock for the year ended 5 April 2020.

### Responsibilities and basis of report

As the charity trustees of Make A Difference you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any

1. accounting records were not kept in respect of Make A Difference -Tavistock as required by section 130 of the Act; or

2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: .....

Name: Mrs L F Travers-Howard

Address: Lönsholma 5061, 28268 Vittsjö, Sverige

Date: 19 March 2021