

Charity number: 1152263
Company number: 08436085
(England and Wales)

Sail (Sexual Abuse And Incest Line)
Report of the Trustees and Unaudited Financial Statements
For the Year Ended 31 March 2020

Sail (Sexual Abuse And Incest Line)
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For the Year Ended 31 March 2020

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Sail (Sexual Abuse And Incest Line)

Report of the Trustees

For the Year Ended 31 March 2020

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31 March 2020. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

SAIL's main organisational focus this year was to build on and implement the recommendations from the independent review which SAIL commissioned, recruit more counsellors to meet identified need and increase our range of Therapeutic services to include Art and Drama Therapy. As well as Group Therapy, Peer Group Therapy and a 'Move On' Group. During this year SAIL's specialist Helpline was established and work begun to develop it.

Principal activities

SAIL provides face to face counselling, support, and information to survivors of child sexual abuse, incest and sexual violence (18+) who live in Derbyshire. A dedicated team of volunteer counsellors, who are qualified to a minimum of Diploma level, or on placement, provide the majority of the direct counselling service.

Summary of the main activities undertaken for public benefit

In carrying out these activities, the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENTS AND PERFORMANCE

During the year we offered short- and longer-term counselling to adult survivors of child sexual abuse. Not all funding is secure for year 21 – 22.

FINANCIAL REVIEW

SAIL's funding is secure until March 2021. Along with other small charity organisations, SAIL is reliant on grant funding for our core service. Within this funding landscape, it has been challenging to plan or develop the service. Nevertheless, SAIL, with the aid of sound financial management and the support of staff and volunteers, generated a positive financial outcome for the period. The Core funding sources for SAIL are currently Big Lottery and Derby and Derbyshire CCG.

It is the long-term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average annual expenditure. In this financial year, three months running costs would be £13000.

The charity had £113650 in reserves on 31st March 2020 of which £71869 were unrestricted. The trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

Our aim during the next 12 months is to continue to develop SAIL's on-going work and strengthen the governance arrangements. As well as recruiting new Trustees.

As part of the Counsellor recruitment process, we will increase client choice of therapeutic modalities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Company (Company number 8436085) was incorporated on 8th March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and is a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1st April 2014. It has no share capital and the liability of each

member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

Sail (Sexual Abuse And Incest Line)
Report of the Trustees Continued
For the Year Ended 31 March 2020

Under the requirements of the Memorandum and Articles of Association , the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the trustee body. To enhance the potential pool of trustees , SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	Sail (Sexual Abuse And Incest Line)
Charity registration number	1152263
Company registration number	08436085
Principal address	12 Soresby Street Chesterfield England S40 1JN

Trustees

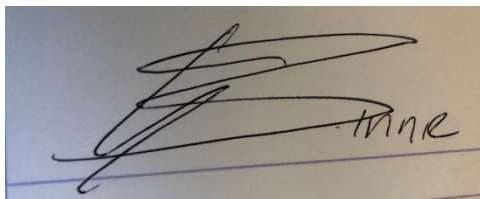
The trustees and officers serving during the year and since the year end were as follows:

Miss G R Binnie
Miss M Grant
Miss A Thornton-Delve

Independent examiners

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Approved by the Board of Trustees and signed on its behalf by

A photograph of a handwritten signature in black ink on a light-colored surface. The signature is stylized and appears to be 'G Binnie'. The letters are connected and fluid.

Miss G Binnie
Trustee

Sail (Sexual Abuse And Incest Line)
Independent Examiners Report to the Trustees
For the Year Ended 31 March 2020

I report to the trustees on my examination of the accounts of the charitable company for the year ended 31 March 2020.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eric O'Connor

Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Sail (Sexual Abuse And Incest Line)
Statement of Financial Activities (including Income and Expenditure Account)
For the Year Ended 31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 £	2019 £
Income and endowments from:					
Donations and legacies	2	622	-	622	1,402
Charitable activities	3	15,000	207,270	222,270	190,338
Total		15,622	207,270	222,892	191,740
Expenditure on:					
Charitable activities	4	(6,609)	(197,312)	(203,921)	(147,007)
Total		(6,609)	(197,312)	(203,921)	(147,007)
Net income/expenditure		9,013	9,958	18,971	44,733
Reconciliation of funds					
Total funds brought forward		62,856	31,823	94,679	49,946
Total funds carried forward		71,869	41,781	113,650	94,679

Sail (Sexual Abuse And Incest Line)
Statement of Financial Position
For the Year Ended 31 March 2020

	Notes	2020 £	2019 £
Current assets			
Debtors	5	7,700	3,497
Cash at bank and in hand		117,129	115,672
		124,829	119,169
Creditors: amounts falling due within one year	6	(11,179)	(24,490)
Net current assets		113,650	94,679
Total assets less current liabilities		113,650	94,679
Net assets		113,650	94,679
The funds of the charity			
Restricted income funds	7	41,781	31,823
Unrestricted income funds	7	71,869	62,856
Total funds		113,650	94,679

For the year ended 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:

.....
Miss M Grant

Michelle Grant

Sail (Sexual Abuse And Incest Line)
Notes to the Financial Statements
For the Year Ended 31 March 2020

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Sail (Sexual Abuse And Incest Line) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure:

Taxation

The charity is exempt from corporation tax on its charitable activities.

2. Income from donations and legacies

	Unrestricted funds £	Restricted funds £	2020 £	2019 £
Donations received	622	-	622	1,402
	622	-	662	1,402

Sail (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2020

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	2020 £	2019 £
<i>Core</i>				
Income from charitable activities	15,000	-	15,000	18,101
<i>Big Lottery</i>				
Income from charitable activities	-	174,131	174,131	164,404
<i>Awards For All</i>				
Grants	-	1,567	1,567	7,833
<i>Ministry of Justice</i>				
Grants	-	31,572	31,572	-
	15,000	207,270	222,270	190,338

4. Costs of charitable activities by fund type

	Unrestricted funds £	Restricted funds £	2020 £	2019 £
Core	5,348	-	5,348	3,434
Big Lottery	-	129,274	129,274	136,602
CVS	-	-	-	1,145
Awards For All	-	51	51	3,812
Ministry of Justice	-	29,739	29,739	-
Support costs	1,261	38,248	39,509	2,013
	6,609	197,312	203,921	147,006

5. Debtors

	2020 £	2019 £
Amounts due after more than one year:		
Prepayments and accrued income	7,700	3,497
	7,700	3,497

Sail (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2020

6. Creditors: amounts falling due within one year

	2020	2019
	£	£
Accruals and deferred income	11,179	24,490
	11,179	24,490

7. Movement in funds

Unrestricted Funds

	Balance at 01/04/2019 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2020 £
<i>General</i>		-		
CORE	62,856	15,622	(6,609)	71,869
	62,856	15,622	(6,609)	71,869

Unrestricted Funds – Previous Year

	Balance at 01/04/2018 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2019 £
<i>General</i>		-		
CORE	48,801	19,502	(5,447)	62,856
	48,801	19,502	(5,447)	62,856

Restricted Funds

	Balance at 01/04/2019 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2020 £
Awards for All	4,022	1,567	(51)	5,538
Big Lottery	27,801	174,131	(167,522)	34,410
Ministry of Justice	-	31,572	(29,739)	1,833
	31,823	207,270	(197,312)	41,781

Sail (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the year ended 31 March 2020

Restricted Funds – Previous Year

	Balance at 01/04/2018 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2019 £
Awards for All	-	7,834	(3,812)	4,022
Big Lottery	-	164,403	(136,602)	27,801
CVS	1,145	-	(1,145)	-
	1,145	172,237	(141,559)	31,823

Sail (Sexual Abuse And Incest Line)
Notes to the Financial Statements Continued
For the Year Ended 31 March 2020

	2020	2019
	£	£
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	622	1,402
Grants receivable	-	-
	622	1,402
Charitable activities		
Grants (Core)	15,000	18,101
Grants (Big Lottery)	174,131	164,404
Grants (Awards For All)	1,567	7,833
Grants (Ministry of Justice)	31,572	-
	222,270	190,338
Total incoming resources	222,892	191,740
EXPENDITURE		
Charitable activities		
Room hire (Core)	(4,018)	(894)
Office costs (Core)	(3,423)	(2,540)
Staff costs - wages & salaries (Big Lottery)	(102,087)	(78,724)
Staff costs – social security costs (Big Lottery)	(5,116)	(3,032)
Volunteer expenses (Big Lottery)	(2,683)	(3,086)
Staff cost and expenses (Big Lottery)	(6,394)	(2,552)
Supervision costs (Big Lottery)	(5,375)	(4,250)
Training costs (Big Lottery)	(4,564)	(4,719)
Room hire (Big Lottery)	-	(75)
Running costs (Big Lottery)	(3,055)	(2,737)
Room hire (CVS)	-	(965)
Office costs (Awards For All)	(51)	(1,767)
Staff costs – wages & salaries (Ministry of Justice)	(11,682)	-
Counselling (Ministry of Justice)	(9,724)	-
Supervision (Ministry of Justice)	(2,980)	-
Training (Ministry of Justice)	(2,987)	-
	(164,139)	(105,341)
SUPPORT COSTS		
Management		
Sundries (Core)	(241)	(381)
Rent and rates (Core)	(1,021)	(1,633)
Insurance (Big Lottery)	(969)	(423)
IT Costs (Big Lottery)	(5,906)	(2,655)
IT Costs (Awards for All)	-	(2,038)
Postage and stationery (Big Lottery)	(1,802)	(1,267)
Postage and stationery (Awards for All)	-	(7)
Advertising (Big Lottery)	(2,381)	(1,478)
Sundries (Big Lottery)	(794)	(100)
Rent (Big Lottery)	(15,872)	(10,292)
Communication (Big Lottery)	(3,692)	(3,985)
IT costs (Ministry of Justice)	(1,892)	-
Communication charges (Ministry of Justice)	(42)	-
Room hire (Ministry of Justice)	(11)	-
Sundries (Ministry of Justice)	(420)	-
	(35,043)	(24,259)

Finance		
Bank charges (Big Lottery)	(151)	(442)
	(151)	(442)
Governance costs		
Accountancy fees (Big Lottery)	(2,753)	(1,856)
Legal fees (Big Lottery)	(1,835)	(4,434)
Legal fees (CVS)	-	(180)
Review and investigation	-	(10,495)
	(4,588)	(16,965)
Total resources expended	(203,921)	(147,007)
Net Income	18,971	44,733