Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	April	2018	**To**	30	March	2019

Section A Reference and administration details

Charity name	Rocky's Robins
Other names charity is known by	
Registered charity number (if any)	1159318
Charity's principal address	456 Chester Road
	Trafford
	Manchester
	Postcode M16 9HD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Victoria Rochford	Founding Chair	WHOLE YEAR	
2	Jodie Chapman	Treasurer	WHOLE YEAR	
3	Karen Kent	Secretary	WHOLE YEAR	Trustees
4				
5				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	CHLTD	456 Chester Road Manchester M16 9HD

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution registered with Charity Commission

How the charity is constituted (eg. trust, association, company)	Registered CIO
Trustee selection methods (eg. appointed by, elected by)	Voting system following application

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The organisation has several policies and procedures in place for the induction and training of trustees, however past experience is important in order to bring those skills forward to those that need support.

Trustees endeavour to participate in any training and additional learning to remain up to date with current practices and skill bases needed to perform duties as trustees and forge forward with the aims of the CIO.

Trustees also endeavour to forge links with other organisations with similar aims as RR in the many areas of victim care. We have a tab on our website dedicated to the links we have with other organisations and charities we not only link with but support as and where we can and are in the process of making plans to expand on this.

We are currently supporting another budding entrepreneur with a business that would benefit the charity in terms of fundraising and joined up practices as part of a multi-agency approach. Therefore, risks to anyone connected with the charity is practically non-existent due to liability firmly being with the fundraising company. What this also provides is a pool of possible links with individuals and groups to develop skills to join the charity on any level they can apply their skills from becoming trustees, volunteers and in time, employees as we develop our services and they develop theirs. We are also looking to develop the range of the multi-agency approach with this group for a more cohesive, fluent service for the communities we serve. This still progressing to launch which is imminent.

It is also possible to develop the services with this new company that facilitates the proposal developed by the Trustees of the organisation. A plan of action is currently being developed and a training package to recruit pioneers to spread the uses of the services and the public benefits available through this movement to all that can be spread locally, nationally and possibly used as a model multi-nationally.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object[s] of the CIO are:
1) The preservation and protection of health and the promotion of good health for those affected by or under threat of violence in particular, but not exclusively by:
a. providing information b. providing advice c. raising awareness d. carrying out research e. providing accommodation f. offering support g. signposting to other agencies h. liaising with other agencies under the multi-agency approach
2) The advancement of education of the public in the subject of the effects of violence on individuals and families by
a. providing teaching and training programmes to all connected persons
b. providing teaching and training programmes to schools, colleges and universities
For the purpose of this clause, 'connected persons' means victims, family and friends, agents working within the Criminal Justice System, such as

	but not exclusively to, Crown Prosecution Service, Probation, Police and support agencies."
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)	**<u>Support and Mentoring</u>** **One to One Support Via:-** Social Media Face to Face Telephone Events **Advice** on money/financial matters; stress; PTSD; stress; legal matters; legal representation; coping with daily life following a trauma; coping with social situations following drama; recognising the signs of domestic abuse and possible support available; signposting to other organisations and charities; coping with extreme feelings and challenging learned behaviours; effects of drugs and alcohol; substance/alcohol misuse; housing; and any areas a victim needs advice on. Volunteers complete these tasks with experience, knowledge and training from both internal and external resources. We are members of the Greater Manchester Mental Health Resource Centre where we have access to many resources from books; leaflets; aids; resuscitation equipment; sex education aids; domestic violence resources; and many other subject matters. Volunteers/trustees attend as many training programmes as possible and translate these into internal training packages for future volunteers and stored within a database of an icloud that can be accessed by volunteers who are then able to follow a training programme at their own pace with support and supervision in order to ensure the organisation provides a effective quality & consistent service. We are also working on extending these services with a new online movement with the above mentioned group with an online presence for healing and repair. **Practical support** is provided by means of support with shopping; cleaning; cooking; attending appointments; arranging appointments with clients; seeking and arranging legal counsel on behalf clients; attending conferences, retreats; programmes, conventions, hearings and cases with clients. Letter writing; appeals; family mediation; mentoring; listening. Again this is not an exhaustive list. Volunteers provide these services in order to aid victims overcome emotional and psychological issues following traumas from violence. The aim is to support them in their recovery to becoming more functional again and cope with daily life and issues. The importance of this is self-empowerment and prospects of becoming future mentors and volunteers of the organisation in order to pass their experiences on to others with similar circumstances. Trustees are aware of the importance of **'Public Benefit'** and drive the organisation forward on this basis as it is what our aims are based on. However, the organisation struggles to provide a more extensive services to a larger number of clients due to funding issues at this early stage if the charities work due to many funders requiring accounting evidence of the first year or two which is where we are at now. This may aid us

further in the future to expand our services. Trustees are further hindered by the necessity to provide for their own cost of living, therefore having to work full time and provide services where possible in our spare time. This is also true of any possible volunteers. This is an issue that the trustees aim to address in the coming financial year by rolling out a campaign for very specific volunteers following a new approach to seeking and applying for any possible funding. It may also be possible to forge links with fundraising organisations to set up a number of events in order to increase the income of the organisation.

The group mentioned in the earlier section and the work completed so far along with further development, allows for a wider development of public benefit in terms of creating events and opportunities for local people, groups and businesses to work together to provide for the needs of victims and bring awareness of the effects of such crimes and behaviours.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

RR has been solely run on volunteers due to a lack of funding and costs of setting up fundraising opportunities. Therefore, volunteers have provided their valuable time to provide support on many levels other than monetary such as emotional support, financial advice, signposting to other organisations, cooking, cleaning, shopping, support with special needs, attending hearings, travelling, legal direction, benefit advice, legal representation sought where necessary, appeals, mentoring. [list is non-exhaustive]

The trustees intend to contact investor websites within the five year plan where possible and have also compiled a proposal for the possibility of setting future services that can be utilised by all areas of the subject matter and beyond in order to become more independently sustainable and/or sustainable of other organisations.

Volunteers have been invaluable to the running of RR and are greatly appreciated for the time and effort they have put into supporting others. They have given their time freely without question. Where possible the organisation has provided rewards such as certificates to show how RR recognises their efforts and what they have managed to achieve. Encouraging their own personal development and possible further links and achievement within the charity and external of RR. We have provided references with regards to the work they have contributed to RR and others in order to allow them to achieve their own personal goals.

When consent is achieved we also publicise our volunteers achievements on our website in order for them to not only feel appreciated but also to maintain transparency to the public without putting anyone at risk of harm. We also follow our own policy of consent and the protection of vulnerable children and adults.

As mentioned above the organisation in its work with the new company can begin to role out the promotion of this new approach of social cohesion through schools, colleges and universities in order to provide the platform for their involvement in the future in order to lay down the pathway of what they want for their future. Effectively they will be empowering themselves by setting out the ground rules of their expectations of themselves and others. We are working on innovative ways of raising funds, raising awareness, support and tangible free services for all who need them.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Compiling training packs for volunteers in order to deliver services that are consistent and effective. Theses packs are informative and structured to individual learning needs and capabilities.

Supported individuals who have faced various issues legally; morally and emotionally to be independent and structure their lives in such a way that allows them to move forward from being victims, to becoming survivors.

Providing emotional support to individuals who are in crisis following trauma. Encouraging them to apply perspectives on the state of affairs and encouraging them to utilise their own skills to recognise possible solutions.

Linked individuals to access other [external] services without charge in times of crisis and advocated and represented them to such services and their agents.

Provided support and guidance covertly where there is a danger that repercussions could be detrimental to the individual to ensure their safety and confidence.

Raise funds through various activities from sponsored events such as a sponsored silence, sponsored weight loss and other activities such as football cards and charitable donations.

Forged links with others such as a business who have now named Rocky's Robins as their charity of choice for any charitable donations they receive.

Gained the support of an upcoming new author with his own story to tell on his experiences and subsequent escape of becoming another statistic and name of victimhood. The author has made a charitable donation and continues to promote the charity in his interviews and media events.

Completed various training programmes to extent the skills and knowledge base necessary to understand and facilitate others in order to fulfil roles and responsibilities of the organisation and provide a quality service for all who seek support and guidance.

Forged links with other organisations that offer support to the voluntary sector in terms of accessing volunteers, training, and lectures.

Worked with other charities with regards to supporting each other on relevant matters such as support for victims and working within the framework of the Criminal Justice System.

We will be continuing to expand on our achievements through the collaboration with the links we have forged through promotions, education, social opportunities to be a part of a larger movement that is inclusive of every person on every level. It is through this work that a level of independency can be accomplished and an interdependency that is vital for all for the future.

The possibility of creating, expanding and maintaining a 'one stop shop' for all linked and like- minded individual; groups; organisations and businesses becomes more realistic and achievable.

Section E Financial review

Brief statement of the charity's policy on reserves	The charity currently has no reserves due to the lack of funding opportunities, however when RR are in a position to set aside funds for reserves this will be addressed accordingly. We have a savings account alongside our current account in order to transfer funds when they become available as a contingency fund to safeguard the charity from any possible decline in income that may affect our ability to cover our costs. Thus we are able to stay within our means, acting responsibly. The charity has been largely funded by volunteers and donors, including donations of money and time from trustees. The trustees will be looking to expand on sources of income in order to create the possibility of providing a reserve. In the meantime, costs have been kept to a minimum in terms of narrowing to costs of the website and equipment that remain within budget. No loans are being considered at this stage due to the low income of the organisation until such time that the new fundraising company can provide the necessary support to us.
Details of any funds materially in deficit	N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	The Income of the charity has solely been provided by fundraising and charitable donations. It has been virtually impossible to secure any funding due to several factors within the current system and the position of the organisation following set up and registration. Most funding applications require accounts to be produced which means that it is virtually impossible to apply and secure funding in the first year of setting up. Other funding opportunities were marred with technicalities such as whether RR's constitution and aims include males as opposed to females. This is narrow minded in the view of the Trustees of RR as we do not discriminate against victims based on gender or any other factors and RR will not compromise on our aims and principles. Therefore, RR have considered and follow alternatives ways of raising necessary resources to fulfil our aims without compromise. What RR refuse to participate in is the battle between charities and organisations for much needed funding that is inevitable within the current system. Therefore, RR have used resources wisely and run the organisation on little to no costs and trustees have covered the costs personally which is why it has been important for each trustee to also manage full time employment on top of their roles and responsibilities. Due to a lack of funding we have been unable to continue with an independent website, however this has been covered by the group we have been liaising with who have developed a page for the purpose of this charity and is covering the costs. This means RR currently has no costs and therefore we can function on no money and cover the costs personally where possible. We would prefer to be in position to offer more services that money can provide, however we do not measure our services through money and income but by output and making a difference however large or small to the lives of our service users. We do hope to achieve this in the future as we endeavour to find ways of doing that. However, time is precious due to all trustees covering the majority of the work as volunteers who have full time work commitments.

Section F Other optional information

The organisation will be looking at ways the above can be expanded on and follow our growth of services and support. RR consider all alternatives given the difficulties charities face constantly through austerity and extremely stringent rulings from funding bodies and agencies. This is paramount to the survival of the organisation and the necessity to recognise the issues faced by victims of violence on every level and how those issues can not only be addressed effectively but to also expand this to gather momentum of those that become successful survivors who can develop skills to become part of the organisation by supporting others to achieve similar goals and so on.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ms Victoria E	Rochford
Position (eg Secretary, Chair, etc)	Founding Chair	
Date	29/03/2019	

Simple Bookkeeping Spreadsheet
http://www.PoeticMind.co.uk/Business

Business name: Rocky's Robins
Year: 2018-2019

			203.26	98.17
			Receipts	
Date	Reference	Description	Income	Cost
Balance Feb			**0.00**	**0.00**
Balance March			**0.00**	**0.00**
Brought forward			103.26	
Balance April			**103.26**	**0.00**
12/04.2018	internet costs			11.99

Balance May			**0.00**	**11.99**
14/05/2018	internet costs			31.10
Balance June			**0.00**	**31.10**
13/06/2018	internet costs			11.99
Balance July			**0.00**	**11.99**
12/07/2018	internet costs			11.99
Balance August			**0.00**	**11.99**
13/08/2018	internet costs			31.10

Balance Sep			**0.00**	**31.10**
Balance Oct			**0.00**	**0.00**
Balance Nov			**0.00**	**0.00**
Balance Dec			**0.00**	**0.00**

Balance Jan			**0.00**	**0.00**
07/01/2019	donation from Chair		100.00	
Balance Feb			**100.00**	**0.00**
Balance March			**0.00**	**0.00**
Balance April			**0.00**	**0.00**

	Balance
	105.09
Payments	
Type	
	0.00
	0.00

	103.26

	-11.99
	-31.10
	-11.99
	-11.99

	-31.10
	0.00
	0.00
	0.00

	0.00
	100.00
	0.00
	0.00