



Trustees' Annual Report for the period

Period start date			Period end date				
From	Day 1st	Month June	Year 2019	To	Day 31st	Month May	Year 2020

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

1 Dealtry Avenue	
Wigginton	
York	
Postcode	YO32 2FJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Cole	Chair		Board of trustees
2	Lisa Curtis	Treasurer		Board of trustees
3	Yvonne Methley			Board of trustees
4	Angela White		Appointed 17/7/2019	Board of Trustees
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution (31/1/2017)
How the charity is constituted <small>(eg. trust, association, company)</small>	Charitable Incorporated Organisation
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Appointed by existing trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

	<p>To preserve and protect the physical and mental health of children, young people and their families living in the York area, who have experienced bereavement or loss by the provision of counselling and support and recreation and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life.</p>
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To advance the education of the public in the subject of the effects of bereavement and loss on children and young people.

Run a monthly peer support drop-in group

This enables bereaved children, young people and families living in the York area to come together and explore their feelings through play, creativity and peer support by meeting others who have had a similar experience, with the aim of improving their emotional wellbeing.

Individual therapeutic support

One to one therapeutic support is provided by our bereavement practitioners to those children and young people who need additional specialised and individual help to better cope with the impact of grief on their lives.

Recreational activities

The organisation of recreational activities offers the opportunity for bereaved children, young people and families to meet in an even more relaxed and informal way than the drop-in sessions. This is often a good introduction to the charity and the services we provide. These have included activities such as trampolining, a music concert and circus skills workshop.

Parents fortnightly coffee

This provides an opportunity for the parents and carers of bereaved children and young people to meet each other without their children being present to seek, offer and gain mutual support about the issues faced by their children and them as parents.

The trustees have had regard to the guidance issued by the Charity Commission to ensure that all activities are provided for the public benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are delighted to continue to receive the design expertise of local businessman Richard Playford on a voluntary basis in relation to the creation and maintenance of the charity's website and publicity material.

Much of the materials and refreshments used at the drop-in sessions are donated by some of the trustees and other supporters as part of their contribution to the running of the charity.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year**Monthly peer support drop-in sessions**

In June 2019 we moved our monthly sessions to Oaken Grove Community Centre in Haxby. This is a much larger premises with good outside space and ample parking available. This has allowed us to better accommodate the higher number of families attending, as well as offer a wider range of activities to better meet the physical and emotional needs of the children and young people. Numbers of families attending continued to increase with our busiest session being in December with 41 children and young people, along with their parents/carers.

These sessions had to move online from late March 2020, using a mixture of Zoom and Facebook Live, due to government restrictions caused by the Covid 19 pandemic

Recreational activities

These continue to be very popular and have been a good way of introducing children and young people to our service. We have arranged and in some instances subsidised or funded, activities including;
A music concert, trips to a trampolining park and a football session provided by York City Football Club Foundation. (These had to be paused from April 2020 due to government restrictions caused by the Covid 19 pandemic.)

76 children have attended at least one drop-in session or activity (33 of them new to the service.)

Individual therapeutic support

The one to one therapeutic support is for those children and young people who need more specialist support to help them be better able to cope with the impact of grief on their lives. We successfully recruited both a replacement and an additional bereavement practitioner, so we now have a team of 4 self employed workers. The sessions were offered via video call or telephone from March 2020 due to government restrictions caused by the Covid 19 pandemic.

37 children have been referred in the past 12 months.

Parents/carers fortnightly coffee

This group continues to be well attended and very much valued by participants. There are usually 8-10 people who attend the fortnightly sessions at a local coffee shop. This enables good conversations to be had and relationships built allowing for emotional support to be shared. There is no cost to the charity for these sessions. This service moved online to Zoom from the end of March 2020 due to government restrictions caused by the Covid 19 pandemic.

Website and publicity

The website continues to be maintained and publicity materials produced on a voluntary basis by supporter Richard Playford.

Additional Trustee

We successfully recruited an additional trustee to the board. She is one of our regular attendees and has HR experience which fills a skills gap identified.

Other collaborations and donations

We had some successful collaborations with local organisations including the Forget-me-Not project with a local youth work provider and an outdoors/nature CIC. We also received some generous donations of ice cream from local supplier Yorvale and toys from an online parenting group.

Future plans for the year ahead

The global pandemic has caused a lot of uncertainty about the year ahead for us. We are constantly looking for new ways to deliver our services within the ever changing landscape of restrictions and social distancing guidelines.

We plan to try and maintain contact with our families during the lockdown as well as continuing to raise the profile of our charity to ensure we reach as many bereaved children, young people and their families living in the York area as possible.

We are delighted to have been chosen as a Charity of the Year for both Betty's York and the Co-op Community Fund in Haxby.

Section E

Financial review

Brief statement of the charity's policy on reserves

We do not currently have any reserves as we are a relatively new charity so a policy is not need yet.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Finance

Our largest single source of income was from the A Night to Remember event. We also received a significant sum from the first 6 months of Betty's fundraising and from sponsorship raised by participants in the York 10K and associated junior races and the Great North Run.

We have also received generous donations from members of the public, fundraising from other sponsored events, an ASDA bag pack, the Philip Curtis Fun Day, Wigginton Squash Club, Benenden, Barretts Homes and a donation from the estate of a relative of one of our trustees.

This funding allowed us to continue with the services supporting bereaved children, young people and their families both in as a group and individually.

Section F


Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Joanne Cole	

Position (eg Secretary, Chair, etc) Chair

Date 28/3/2021



Receipts and payments accounts

For the period from	Period start date 01/06/2019	To	Period end date 31/05/2020
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising by individuals	3,820	-	-	3,820	-
Fundraising by groups/orgamisations	972	-	-	972	-
A Night to Remember	3,686	-	-	3,686	-
Donations from businesses	3,940	-	-	3,940	-
Donations from individuals	899	-	-	899	-
Fundraising from Betty's	2,282	-	-	2,282	-
Donation from estate	1,000	-	-	1,000	-
		-	-	-	-
Sub total (Gross income for AR)	16,599	-	-	16,599	14,522
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	16,599	-	-	16,599	14,522
A3 Payments					
Therapeutic support sessions	8,698	-	-	8,698	-
Creative supplies	311	-	-	311	-
Recreational activities	397	-	-	397	-
Venue hire (Drop-in sessions)	250	-	-	250	-
Insurance	63	-	-	63	-
Books and resources	66	1	-	66	-

DBS check	52	-	-	52	-
		-	-	-	-
	-	-	-	-	-
Sub total	9,837	-	-	9,837	8,278
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	9,837	-	-	9,837	8,278
Net of receipts/(payments)	6,762	-	-	6,762	6,244
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,813	-	-	10,813	4,568
Cash funds this year end	17,575	-	-	17,575	10,812

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in current account	17,575	-	-
		-	-	-
		-	-	-
	Total cash funds	17,575	-	-

(agree balances with receipts and payments account(s))

OK	OK	OK
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Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the			-	-

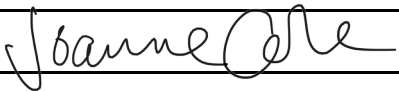
charity's own use

		-	-
		-	-
		-	-
		-	-
		-	-
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		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
		28.3.2024