

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	23	09	2019		31	03

## Section A Reference and administration details

Charity name Elayos

Other names charity is known by

Registered charity number (if any) 1185455

Charity's principal address

Warwick House Industrial Estate

18 Forge Lane

Unit 1

Postcode

B76 1AH

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Andrew Hart	Chairperson		
2	Lorraine Harper			
3	Rachel Hughes			
4	Abigail Vedder		2.12.2020 - current	
5	Maggie Coleman		2.12.2020 - current	
6	Emily Cooke			
7				
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Financial	Frank Harper	29 Meriden Rd, Hampton in Arden, B92 0BS
HR	Kelly Goulding-Hughes	

**Name of chief executive or names of senior staff members (Optional information)**

Hope Plumb and Amelia Sommers

## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed and elected

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We have been working closely with Love Your Neighbour initiative, as well as Gas Street Church and St Luke's Colmore St Church in the delivery of food and baby essentials to those affected by the pandemic.

We joined with the Yardley Early Help Network who funded us to deliver food, formula and nappies specifically to clients in the Yardley area.

We have worked closely with other local charities such as Karis Neighbourhood Scheme Baby Bank, Narthex Food Bank, Anawim, Acacia, B'ham and Solihull Women's Aid, and local HomeStart bases.

We are members of BUMP (Birmingham and Solihull United Maternity and Newborn Partnership).

We continue to work jointly with B'ham Health Visitors and B'ham, Solihull and Sandwell Midwifery Teams and Birmingham Children's Trust.

We received funding from The National Lottery and HM Government Covid Fund and the Emergency Response Heart of England Fund.

We have updated our Lone Worker, Risk Management, Data Protection, Safeguarding, Conflicting Interests, Volunteer Management, Complaints Handling and Paying Staff Policies.

## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

To relieve the needs of women in particular, but not exclusively, vulnerable and/or isolated women by the provision of physical, emotional and practical support during pregnancy, childbirth and the postnatal period.

The definition of "vulnerable" women includes women affected by perinatal mental health illnesses, substance abuse, domestic abuse victims, refugees, migrants and asylum seekers, victims of human trafficking, human slavery and sexual exploitation or any other vulnerability.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

- Providing advocacy during hospital appointments and Professionals Meetings with Social Services
- Obtaining essential clothes and equipment for mum and baby inc. maternity bras, nappies, cots, formula milk
- One to One pregnancy support and guidance
- Being “on 24/7hr call” for our clients when they reach 38 weeks pregnant to accompany them to the hospital for the birth of their baby
- Providing qualified Doulas to support women during childbirth
- Providing
- Providing qualified Doulas to support at the client’s place of residence in the postnatal period, otherwise known as the fourth trimester
- Signposting to other local organisations who can take over support when our time is completed
- Ensuring new mums are well connected into their local communities by accompanying them to their local Stay & Play groups

The trustees confirm that they have complied with the Charity Commission’s general guidance on public benefit and that the purpose and aims of Elayos are for the greater good. All of our charitable activities focus on improving the experience of pregnancy, birth and motherhood for vulnerable and isolated women in the Birmingham community so that they are better able to care for themselves and their babies both during pregnancy and after the birth.

We believe that Elayos’ work contributes to women who have previously had their autonomy removed now having informed pregnancies and being actively involved in the decisions surrounding the birth of their children. Studies have shown that support by Doulas during childbirth is associated with a significant reduction in caesarean births as well as a contributing to a trend of shorter labours and less use of epidurals.

With our support we have seen many women come to realise the many benefits of (the economical factor playing a huge part) breastfeeding when they had previously decided to bottle-feed and then have gone on to feed their babies for several months.

As a whole our clients have been able to build stronger bonds with their babies and learned better parenting skills.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

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## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

All of our staff have completed the following Safeguarding courses; Safeguarding Adults at Risk of Harm and Safeguarding Children and Young People

All of our staff are now Breastfeeding Peer Supporters having completed the Qualification Course

All volunteers and staff are now provided with a Lone Worker Button which has access to a 24/7 helpline

- 84 women have received one to one pregnancy and postnatal support, which includes both weekly phonecalls and house visits
- We have delivered over 350 food parcels
- We have provided 135 women with practical essentials such as formula and nappies
- We have given away 76 baby basic parcels
- 64 women have been supported during childbirth
- We supported 18 women during separation from their babies

The Covid 19 pandemic has shaped our work significantly. We have adapted our services, policies and communication and engagement work in the face of this challenge.

We look forward to helping more women navigate the challenges arising now and in the months to come in the light of the pandemic.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The charity does not currently have any significant liabilities; the trustees will keep the need for a reserves policy under review.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

JAHart

Full name(s)

John Andrew Hart

Position (eg Secretary, Chair, etc)

Chair of Trustees

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**Date**

18/03/2021





## Receipts and payments accounts

CC16a

For the period  
from

23/09/2019

To

31/03/2020

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Regular donations	1,640	-	-	1,640	-
One Off donations	670	-	-	670	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>2,310</b>	<b>-</b>	<b>-</b>	<b>2,310</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>2,310</b>	<b>-</b>	<b>-</b>	<b>2,310</b>	<b>-</b>
<b>A3 Payments</b>					
Client costs	7,511	-	-	7,511	-
Staff costs	2,474	-	-	2,474	-
Operation costs	692	-	-	692	-
Governance	110	-	-	110	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>10,787</b>	<b>-</b>	<b>-</b>	<b>10,787</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>10,787</b>	<b>-</b>	<b>-</b>	<b>10,787</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 8,477</b>	<b>-</b>	<b>-</b>	<b>- 8,477</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>9,640</b>	<b>-</b>	<b>-</b>	<b>9,640</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>1,163</b>	<b>-</b>	<b>-</b>	<b>1,163</b>	<b>-</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>				
	Barclays Bank	1,163	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,163</b>	<b>-</b>	<b>-</b>

(agree balances with receipts and payments account(s))

	Details	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Expenses float	100	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on  
behalf of all the trustees

Signature	Print Name	Date of approval
JAHart	John Andrew Hart	18/03/2021