

Totnes Natural Health Centre

Annual Report for the year ended 30th June 2020

The Management Committee present their report for the year ended 30th June 2020

The members of the Management Committee were:

Ross Hargrave	Coordinator
Roger Hart	Chairman
Pauline Hastings	
Anthea Chater	
Pamela Rogers	
Smita Tomalin	
Maggie Rosier	
Blaise Ashley	
Ursula Athene	
Nick Willoughby	
Roy Whenary (Treasurer)	

Nicola Moulton	Bookkeeper
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Management Committee members are elected at the Annual General Meeting on an annual basis with offices being elected from the general membership. The AGM is normally held in the autumn.

The charity was established by two trust deeds dated 2nd and 7th of September 1974 and amended by the Constitution of the Tones Natural Health Centre dated 18th of September 1978, the wording of which was agreed with the charity commissioners and is now registered with the charity commission Number 279033. The charity's address is The Plains, Totnes. South Devon. TQ9 5DW

Objects, Organisation and Activities.

The charity is established to:

1. Relieve sickness by practice, support or promotion of all methods of healing and natural therapeutics designed to relieve human suffering and distress.
2. Research into and training of students in all such methods of healing and natural therapeutics, and publication of the useful results of such research.
3. In the furtherance of the above but no further or otherwise the association may organise meetings, discussions, and practice sessions about the objects and activities of the Association.

Review of progress and Achievements 2019/20

As one of the country's longest established Complementary Health Clinics, we continue to lead the way in offering low cost complementary healthcare.

The Totnes Natural Health Centre is an invaluable resource. The Centre serves its aim of educating people as to the benefits of improving and maintaining one's health using complementary therapies as well as offering support with health issues. The Totnes Natural Health Centre does not receive any funding and relies on the donations we receive for the treatments we offer. These appointments are made possible because the current team of 30 therapists give three hours of their time free each week to provide treatments by donation and the reception being staffed by volunteers.

The Lucia Fern Croft memorial trust fund continues to enable the Centre to provide a number of sessions of treatment free to those people most in need with terminal or debilitating health conditions. We continue to receive a lot of positive and heartfelt feedback from clients who appreciate and value this service.

As I write this the Centre, like everyone else, is dealing with the effects of the Coronavirus. This report cover two periods: From June last year to March when the virus struck. And from march to the end of the financial year, June 30th. Although this certainly is not the end of the Coronavirus.

In the first part of the year, the centre continued to work well. The finances for this part have been healthy as shown in the annual financial report.

A number of therapists have left over this period and a number of new ones started. There has also been some changes in reception volunteers. Polly and Ursula have done a good job supporting and coordinating these receptionists. In June this year Roy Whenary became a trustee taking over the role of treasurer from Ursula Athene. On behalf of the whole committee, i would like to thank her for fulfilling the post for a number of years.

The front entrance, reception, hall and Holly room have been redecorated. Thank you to Ross for the areas that he's done.

In March Covid struck and the Centre was required to close down which it did from the beginning of April. This presented great hardship to many members of our community, especially the therapists who lost their income. Fortunately we received government support which meant that we were able to continue to pay the coordinators salary. These decisions were made by the trustees meeting on Zoom. A new experience for most of us.

At the end of this report period, the Centre was still locked down. Our cleaner, Maia has done deep cleaning of the Centre. Our bookkeeper, Nicola and Ross have kept an eye on the finances as bills were still coming in. The trustees continued to meet virtually to oversee the Centre.

On behalf of the Centre I would like to acknowledge all the therapists and receptionist who have given their time so generously.

The coordinator for the Centre is Ross Hargrave.

The Charity's Bankers are Lloyds Plc, Totnes.

The Independent Examiners are Channon and Co. Chartered Accountants.

On behalf of the Management Committee, Roger Hart

TOTNES NATURAL HEALTH CENTRE
(Registered Charity: 279033)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2020

TOTNES NATURAL HEALTH CENTRE
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 30 JUNE 2020

	2020 £	2019 £
INCOME		
Client donations	15,886	21,701
Practitioners' rents	8,237	11,884
Meeting rooms	5,282	6,328
Miscellaneous	788	1,779
Sales	196	405
Interest received	948	169
Fund raising	<u>828</u>	<u>467</u>
Total Income	<u>32,165</u>	<u>42,733</u>
DIRECT CHARITABLE EXPENDITURE		
Provision of centre salaries (net of Job retention scheme)	15,451	17,688
Travel expenses – receptionists	23	208
Service charge, water and insurance	8,723	8,712
Depreciation and amortisation	882	882
Postage and telephone	537	505
Printing, stationery and photocopying	210	360
Advertising	86	-
Maintenance and cleaning	3,018	3,217
Property equipment and signs	486	660
Miscellaneous expenses	<u>4,429</u>	<u>4,217</u>
	<u>33,845</u>	<u>36,449</u>
OTHER EXPENDITURE		
Accountancy & payroll fees	1,171	939
Materials purchased	-	569
Fund raising costs	30	260
Catering and kitchen food	<u>299</u>	<u>291</u>
	<u>1,500</u>	<u>2,059</u>
TOTAL EXPENDITURE		
Surplus / (Deficit) for year	(3,180)	4,225
Fund balances brought forward	<u>103,629</u>	<u>99,404</u>
Fund balance carried forward	<u>100,449</u>	<u>103,629</u>

TOTNES NATURAL HEALTH CENTRE

BALANCE SHEET

AS AT 30 JUNE 2020

	Notes	2020 £	£	2019 £	£
FIXED ASSETS					
Natural Health Centre -					
Leasehold premises	3		1		1
Furniture and equipment	3		<u>4,948</u>		<u>5,830</u>
Net book value			4,949		5,831
CURRENT ASSETS					
Debtors and prepayments		356		356	
Bank account – current		31,804		34,389	
Cash in hand		698		278	
Bank account – corporate		<u>65,948</u>		<u>65,000</u>	
		98,806		100,023	
CURRENT LIABILITIES					
Sundry creditors		<u>(3,306)</u>		<u>(2,225)</u>	
NET CURRENT ASSETS			<u>95,500</u>		<u>97,798</u>
TOTAL ASSETS LESS					
CURRENT LIABILITIES			<u>100,449</u>		<u>103,629</u>
REPRESENTED BY					
Unrestricted income fund			2,603		2,603
General purpose fund			<u>97,846</u>		<u>101,026</u>
			<u>100,449</u>		<u>103,629</u>

Approved

Roger Hart
For and on behalf of the Management Committee (Trustees)

Dated:

TOTNES NATURAL HEALTH CENTRE

NOTES TO AND FORMING PART OF THE STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 JUNE 2020

1. CONSTITUTION

The Totnes Natural Health Centre is an unincorporated association registered as a charity with the Charity Commissioners, (Charity Number 279033).

2. ACCOUNTING POLICIES

General

These accounts have been prepared under the historical cost convention and in accordance with the Statement of the Recommended Practice on Accounting by Charities and the Financial Reporting Standard for Smaller Entities.

Depreciation

Depreciation is provided on the Centre building and furniture and equipment at the following rates based on the estimated useful lives of certain fixed assets:

Natural Health Centre building (leasehold)	-	2.5% p.a. (Straight line basis)
Furniture and equipment	-	5% p.a. (Straight line basis)

Internal Control

The Charity, in common with many other organisations of a similar size, derives a considerable proportion of its income from voluntary donations and sales net of associated expenditure which cannot be fully controlled until they are entered into the accounting records and banked.

Taxation

No provision for Corporation Tax has been made in these accounts as it is considered that the Centre's activities are all of a charitable nature and hence, are exempt from taxation.

3. FIXED ASSETS

	Leasehold premises £	Furniture and equipment £	Total £
COST			
At 1 July 2019	76,827	17,641	94,468
Additions	-	-	-
At 30 June 2020	<u>76,827</u>	<u>17,641</u>	<u>94,468</u>
DEPRECIATION			
At 1 July 2019	76,826	11,811	88,637
Charge for the year	-	882	882
At 30 June 2020	<u>76,826</u>	<u>12,693</u>	<u>89,519</u>
NET BOOK VALUE			
At 30 June 2020	<u>1</u>	<u>4,947</u>	<u>4,948</u>
At 30 June 2019	<u>1</u>	<u>5,830</u>	<u>5,831</u>

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