REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and Unaudited Financial Statements for the Year Ended 31 March 2020 for The Haven Project

The Haven Project

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for the Year Ended 31 March 2020

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our aim is to enable individuals with Personality Disorder and/or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

We currently have 180 clients registered, and we have intermittent formal contact with 10 carers. But as stated below the number of people benefitting from the Haven services indirectly is a much larger group. Geographically, we serve those who are resident within the Colchester and the Tendring peninsula - corresponding to the CO postcode.

The Haven provides five sessions of Crisis Prevention support over the phone and face-to-face. These take place 5 pm-8 pm Sunday through to and including Thursday. The project would offer 16 independent therapeutic support sessions face-to-face and 9 Recovery Group sessions (@ around 1.5-2 hrs each) varying from very structured wellbeing sessions to informal opportunities for clients to participate in crafts and social networking.

We have provided 4,725 Crisis Prevention calls; 810 1:1 Therapeutic sessions; 600 attendance in recovery groups.

An outreach service has been developed to reach those who, for whatever reason, are anxious and cannot or will not leave their homes. The well-being outcomes our clients achieve are remarkable and measured by a nationally validated system.

We also provide placements for Counselling students from Colchester Institute, University of Essex, the Mental Health Trusts' (EPUT) Community Services as well as occasionally police cadets and individuals from the voluntary services.

Public benefit

The Haven Project makes a positive difference to the clients' wellbeing as well as that of their carers and family. This in turn impacts on the community in which they live. A reduction in A&E attendance and emergency admissions to mental health wards is significantly reduced (60-80% within the first year of registration at the project). This reduction leads to significant savings as well as increased wellbeing for the clients who avoid spending time in these units. There are also benefits accruing from reductions in public disorder and social services input.

Future Plans

We are now in our second of three years of Big Lottery funding, with amounts gradually reducing. We have started to engage with the Essex Partnership Trust and the relevant Clinical Commissioning Groups to secure long term funding during and after the period of Big Lottery funding. We have been very actively engaged in the workstream dealing with the Essex Partnership University NHS Foundation Trust (EPUT) and its Personality Disorder strategy. Haven services now form part of the PD pathway in the area, albeit still on an unfunded basis. The Tryst have invited the Haven to take part in the Crisis Café initiative due to start at the end of 2019. We are planning for a future where the statutory funding accounts for less than the full value of the service and are continuing to seek other sources of funding - see below.

OBJECTIVES AND ACTIVITIES

Funding

As stated above, we received a further three years funding from the Big Lottery on a tapering basis and are now in our second year. Plans are in place and are being fulfilled to bridge the gap left by the taper. There are reserves in place to cover temporary blips in the timing of funding income. At present this would be sufficient to keep the project running for 4-5 months at the end of the grant. However, we are anticipating a well-planned transition from the Lottery funding to a more sustainable spread of other funding streams.

We are actively and successfully pursuing new sources of funding: continuing with a major donor event which raised £5,000 in 2018 and £3,500 in 2019; applying to grant makers with some success - receiving £4,500 from Lloyds Enable which will pay for IT upgrade and quality assurance of the organisation's governance and overall structure. Shopping apps are currently bringing in a little bit of money and taking part in supermarket token schemes has brought in around £4,000 overall, and much more besides. Clients, friends and community groups continue to be very generous and are very busy raising funds on our behalf. Clients raised around £13,000 including client donations and in memoriam during the past year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/04/2004 and registered as a charity on 18/10/2016. The Company was established under a Memorandum of Association which established the objects & powers of the charitable company and is governed under its Articles of association, amended by special resolution on 23rd May 2016.

Recruitment and appointment of new trustees

The trustees also serve as directors as we are a charitable company. We continue to make an effort to attract more diversity onto the board and have. We have recruited 2 new members and we are setting up a skill matrix so we can begin to recruit to our needs.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

I D Mullins	- resigned 15.3.20
Ms F D G Leader	- resigned 1.2.20
S L Leader	- resigned 1.2.20
Ms K Magee	
N J Tweed	
D M Wrathall	- resigned 9.9.19
Sir R E Russell	- resigned 10.8.19
A J L Milner	
J Addison	- resigned 1.1.20
B Phillips	- resigned 10.12.19
J Stone	- appointed 9.9.19
M Rozier	- appointed 15.8.20

Independent examiner
JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 26 January 2021 and signed on its behalf by:

A J L Milner - Trustee



Independent examiner's report to the trustees of The Haven Project ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

JTF

P J T Frost
FCCA
JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

27 January 2021

The Haven Project

Statement of Financial Activities
for the Year Ended 31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	31.3.20 Total funds £	31.3.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		**19,989**	**-**	**19,989**	13,277
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		**112,750**	**10,412**	**123,162**	77,703
Other trading activities	2	**11,411**	**-**	**11,411**	13,245
Investment income	3	**594**	**-**	**594**	567
Other income		**90**	**-**	**90**	-
Total		**144,834**	**10,412**	**155,246**	104,792
EXPENDITURE ON					
Raising funds		**1,768**	**-**	**1,768**	1,977
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		**152,779**	**5,218**	**157,997**	170,463
Total		**154,547**	**5,218**	**159,765**	172,440
NET INCOME/(EXPENDITURE)		**(9,713)**	**5,194**	**(4,519)**	(67,648)
Transfers between funds	12	**5,617**	**(5,617)**	**-**	-
Net movement in funds		**(4,096)**	**(423)**	**(4,519)**	(67,648)
RECONCILIATION OF FUNDS					
Total funds brought forward		**51,617**	**5,330**	**56,947**	124,595
TOTAL FUNDS CARRIED FORWARD		**47,521**	**4,907**	**52,428**	56,947

The notes form part of these financial statements

Balance Sheet
At 31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	31.3.20 Total funds £	31.3.19 Total funds £
FIXED ASSETS					
Tangible assets	8	**4,859**	-	**4,859**	744
CURRENT ASSETS					
Debtors	9	**9,063**	-	**9,063**	10,546
Cash at bank and in hand		**44,643**	**4,907**	**49,550**	53,883
		53,706	**4,907**	**58,613**	64,429
CREDITORS					
Amounts falling due within one year	10	**(11,044)**	-	**(11,044)**	(8,226)
NET CURRENT ASSETS		**42,662**	**4,907**	**47,569**	56,203
TOTAL ASSETS LESS CURRENT LIABILITIES		**47,521**	**4,907**	**52,428**	56,947
NET ASSETS		**47,521**	**4,907**	**52,428**	56,947
FUNDS	12				
Unrestricted funds				**47,521**	51,617
Restricted funds				**4,907**	5,330
TOTAL FUNDS				**52,428**	56,947

The notes form part of these financial statements

continued...

Balance Sheet - continued
At 31 March 2020

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 26 January 2021 and were signed on its behalf by:

A J L Milner -Trustee



The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	31.3.20	31.3.19
	£	£
Fundraising events	11,411	13,245

3. INVESTMENT INCOME

	31.3.20	31.3.19
	£	£
Bank interest receivable	594	567

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.20	31.3.19
	£	£
Depreciation - owned assets	1,820	1,382
Other operating leases	17,000	17,000

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor for the year ended 31 March 2019 .

Trustees' expenses
There were no trustees' expenses paid for the year ended 31 March 2020 nor for the year ended 31 March 2019 .

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.20	31.3.19
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	2	2
	7	7

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	13,277	-	13,277
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	60,250	17,453	77,703
Other trading activities	13,245	-	13,245

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Investment income	567	-	567
Total	**87,339**	**17,453**	104,792
EXPENDITURE ON			
Raising funds	**1,977**	-	1,977
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	**155,340**	**15,123**	170,463
Total	**157,317**	**15,123**	172,440
NET INCOME/(EXPENDITURE)	**(69,978)**	**2,330**	(67,648)
RECONCILIATION OF FUNDS			
Total funds brought forward	**121,595**	**3,000**	124,595
TOTAL FUNDS CARRIED FORWARD	**51,617**	**5,330**	56,947

8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2019	**241**	**7,484**	**7,725**
Additions	**-**	**5,935**	**5,935**
At 31 March 2020	**241**	**13,419**	**13,660**
DEPRECIATION			
At 1 April 2019	**240**	**6,741**	**6,981**
Charge for year	**1**	**1,819**	**1,820**
At 31 March 2020	**241**	**8,560**	**8,801**
NET BOOK VALUE			
At 31 March 2020	**-**	**4,859**	**4,859**
At 31 March 2019	1	743	744

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.20	31.3.19
	£	£
Prepayments and accrued income	9,063	10,546

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.20	31.3.19
	£	£
Trade creditors	5,229	3,288
Social security and other taxes	1,375	1,879
Other creditors	1,421	257
Accruals and deferred income	3,019	2,802
	11,044	8,226

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.20	31.3.19
	£	£
Within one year	2,833	17,000
Between one and five years	-	2,833
	2,833	19,833

12. MOVEMENT IN FUNDS

	At 1.4.19	Net movement in funds	Transfers between funds	At 31.3.20
	£	£	£	£
Unrestricted funds				
General fund	51,617	(9,713)	5,617	47,521
Restricted funds				
Awards for All Grant	1,580	(1,288)	-	292
Essex Community Foundation	3,750	(3,750)	-	-
Lloyds Foundatio Enable Grant	-	10,232	(5,617)	4,615
	5,330	5,194	(5,617)	4,907
TOTAL FUNDS	56,947	(4,519)	-	52,428

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	144,834	(154,547)	(9,713)
Restricted funds			
Awards for All Grant	-	(1,288)	(1,288)
Essex Community Foundation	-	(3,750)	(3,750)
Lloyds Foundatio Enable Grant	10,412	(180)	10,232
	10,412	(5,218)	5,194
TOTAL FUNDS	155,246	(159,765)	(4,519)

Comparatives for movement in funds

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
Unrestricted Funds				
General fund	104,979	(69,978)	16,616	51,617
Designated fund - Big Lottery	16,616	-	(16,616)	-
	121,595	(69,978)	-	51,617
Restricted Funds				
Awards for All Grant	-	1,580	-	1,580
Essex Community Foundation	-	3,750	-	3,750
Tudor Trust	3,000	(3,000)	-	-
	3,000	2,330	-	5,330
TOTAL FUNDS	124,595	(67,648)	-	56,947

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**87,339**	**(157,317)**	**(69,978)**
Restricted funds			
Awards for All Grant	**9,953**	**(8,373)**	**1,580**
Essex Community Foundation	**7,500**	**(3,750)**	**3,750**
Tudor Trust	**-**	**(3,000)**	**(3,000)**
	17,453	**(15,123)**	**2,330**
TOTAL FUNDS	**104,792**	**(172,440)**	**(67,648)**

The Awards for All fund is in respect of a grant received for the provision of wellbeing activities.

The Lloyds Foundation Enable Grant is in respect of a grant received to pay for an IT upgrade and quality assurance of the organisation's governance and overall structure.

The Essex Community Foundation fund and the Tudor Trust fund were in respect of grants received towards the salary of therapeutic support workers.

The designated fund - Big Lottery was in respect of the Big Lottery grant received towards the charity's costs for the year ended 14 May 2018. The trustees apportioned the grant evenly over the period and the balance of the fund represented the amount allocated towards the costs of the charity for the period 1 April 2018 to 14 May 2018.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2020.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2020

	31.3.20 £	31.3.19 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	19,989	13,277
Other trading activities		
Fundraising events	11,411	13,245
Investment income		
Bank interest receivable	594	567
Charitable activities		
Grants	123,162	77,703
Other income		
Acquired on conversion to charity	90	-
Total incoming resources	155,246	104,792
EXPENDITURE		
Other trading activities		
Fundraising costs	1,768	1,977
Charitable activities		
Wages	52,205	67,410
Social security	1,790	995
Pensions	3,773	4,124
Other operating leases	11,333	11,333
Rates and water	1,375	1,196
Insurance	4,047	3,703
Light and heat	2,147	2,109
Communications	3,455	3,378
Postage and stationery	1,522	1,077
Advertising	-	72
Sundries	957	300
Service user activities	967	7,692
Training	1,924	528
IT support services	1,966	2,312
Cleaning	608	692
Office consumables	972	702
Office supplies	329	193
Agency workers	154	612
Property service charge	1,499	1,481
Repairs and maintenance	684	1,187
Supervision	520	330
Carried forward	92,227	111,426

Detailed Statement of Financial Activities
for the Year Ended 31 March 2020

	31.3.20	31.3.19
	£	£
Charitable activities		
Brought forward	**92,227**	111,426
Travel	**1,271**	1,111
Dues and subscriptions	**35**	35
Equipment	**1**	25
Office	**1,075**	1,357
	94,609	113,954
Support costs		
Management		
Wages	**47,806**	40,201
Social security	**1,766**	3,376
Pensions	**3,360**	3,337
Other operating leases	**5,667**	5,667
Rates and water	**521**	598
Light and heat	**1,074**	1,054
Property service charge	**749**	740
	60,943	54,973
Finance		
Bank charges	**177**	132
Computer equipment	**744**	-
	921	132
Governance costs		
Accountancy fees	**1,020**	900
Payroll administration	**504**	504
	1,524	1,404
Total resources expended	**159,765**	172,440
Net expenditure	**(4,519)**	(67,648)

This page does not form part of the statutory financial statements