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## ANNUAL REPORT: 1 September 2019 - 31 August 2020

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| Gill Griffith      | Counselling & Emotional Support Worker |
| Paula Charnley     | Counselling support worker             |
| Tamba Musa         | Social Inclusion Coordinator           |
| Charlotte Swan     | Befriending Coordinator                |

## Auditor Vast

## 1. Introduction

Stoke-on-Trent is a Home Office Dispersal Area and at any one there are 950 to 1000 asylum seekers accommodated by G4S and, more recently, Serco. These men, women and families have come from a great number of different countries and all they have in common is that they have fled because of war, civil conflict, and persecution on the grounds of their faith, beliefs, gender, or sexuality.

Table 1: Total number of asylum seekers and refugees supported during the year

| Tot | otal | Male | Female |
|-----|------|------|--------|
|-----|------|------|--------|

| Adult asylum seekers and refugees                            | 941   | 61% | 39% |
|--|-------|-----|-----|
| ASR Children & young people under 18<br>unaccompanied minors | 188   | 52% | 48% |
| Total  | 1,129 |     |     |

## 2. Services

- Drop -In for holistic support.
- English tuition by volunteers and classes in association with Keele University English Language.
- Opportunities to volunteer at the centre and the local community.
- Social inclusion activities in the local communities.
- Opportunities for local people to volunteer and to befriend users.
- Provision of food, clothing, and emergency cash relief.
- A weekly British Red Cross and Refugee Action drop-in with follow up appointments.
- Football.
- Visits to the library, museum, and art gallery.
- Women and children clubs.
- A pilot woman's emotional and psychological support project.
- Workshops on living in the UK, health and safety, safeguarding, community safety, apprenticeships, diverse cultures, rubbish disposal etc.
- Reconditioning donated bicycles for asylum seekers.
- Recreational activities.
- Counselling.
- Internet facilities.
- NHS digital skills training.
- Outreach to new arrivals.
- Case work, advice, advocacy, signposting
- Community lunches and Hub meeting.
- 2.1 Table 2: Services delivered to adults before lockdown (1.9.19 to 31.3.20).

| Services to adults  | Number |
|---|--------|
| Women's club contacts   | 646    |
| Men's club contacts   | 1029   |
| Clothing Donations  | 3712   |
| English language support attendances (classes, one to one, group) | 1102   |
| Referral to Refugee Action  | 146    |
| Hours of counselling  | 124    |
| Food parcels distributed  | 3970   |
| Lunch club  | 828    |
| Socialising   | 6622   |

| Outreach   | 524    |
|--|--------|
| Referral to British Red Cross and Refugee Action | 256    |
| Digital Support                                  | 5956   |
| Immigration case work                            | 424    |
| Total  | 24,915 |

2.2 Table 3: Services delivered to families and adults during lockdown (1.5.20 to 31.8.20).

| Covid-19 support to families and adults | Number |
|---|--------|
| One-to-one emotional support            | 41     |
| Remote Wellbeing support                | 186    |
| Casework support                        | 58     |
| Food parcels delivered to homes         | 306    |
| Food distributed at the centre          | 727    |
| Total                                   | 1,318  |

- 2.3 Total services delivered for the year = 26,233
- 2.4 Table 4: Services delivered to children and young people.

| Services: Various   | Before lockdown<br>1/12/19 -16/3/20 | During lockdown<br>6/3/20 - 8/8/20 |
|---|-------------------------------------|------------------------------------|
| Social isolation (computer and other games)   | 93                                  | 31                                 |
| Education (school admission,<br>reading, IT, storytelling, education<br>trips etc.) | 1                                   | 104                                |
| Emotional (one-to-one, arts, drawing, etc.)   | 5                                   | 0                                  |
| Self-esteem & confidence (sports, arts, etc.)                                       | 24                                  | 0                                  |
| Total   | 133                                 | 135                                |

**Note** Some services were provided before the lockdown which are not included. During lockdown emotional support was provided by various remote interventions.

## 3. Services: Self-evaluation and impact

- Satisfaction with services: 86% very satisfied and 14 % not satisfied.
- 23% arrived within 3 months and 77% lived in the S-O-T over 3 months.

## 3.1 Asylum seeker and refugee women's club

- 95 % who attended the women's group and other support activities over three months reported feeling less isolated, to have made friends with other asylum seekers and members of community, and felt more confident in managing their family, social and immigration issues.
- Women who attended group activities, including the new arrivals before and after lockdown, reported feeling less stressed and isolated as result of regular remote contact by telephone and zoom meetings.

## Case studies

1.A woman who arrived during lockdown was asked how she felt. She said the weekly telephone calls made her feel less isolated and stressed and that she had somebody to speak to.

2.Another woman traumatized and barely able to speak English joined the women's group. It took several months to build trust. She had been trafficked and was referred to a specialist charity for additional support. A Wellbeing worker accompanied her to a meeting where she revealed her trauma. This caused her distress but the worker, who was trained in counselling, and was able to support her. The woman said she was glad to have told people of her experiences as before she could not trust anyone, she felt shame and was concerned that she would judged. She was helped to access her GP and now has the medical help she needs. Since revealing her trauma and being listened to, she has gained in confidence and is beginning to make friends. She attends college and her English is improving. She now rings the worker rather than relying on her young daughter to do so. She smiles when she sees Asha people. The smile is new, for the first six months she did not smile.

## 3.2 Men's club, including unaccompanied male minors in social care.

Ninety-nine per cent of men and unaccompanied minors taking part in activities, reported feeling less isolated and isolated. They enjoyed being involved in club activities, especially football, and one-to-one mentoring, from an Asha male support worker. All reported to have made friends and to feel less alone.

## Case study

A social worker contacted Asha because he was struggling to engage with an unaccompanied minor male from Africa with mental health problems. The youngster was refusing contact, isolating himself in his room, he did not want to speak to anyone, even to his immigration solicitor. The male worker, himself African, was able to engage the youngster, to help him to emerge from his shell, and to connect with those seeking to help him. He now wants to help repair bicycles for Asha!

## 3.3 Befriending

Sixty-three asylum seekers, including children, benefited from befriending by 32 local volunteers who unanimously affirmed that they, too, were rewarded by their role. They came to know those they befriended as individuals, with similar needs to their own and had a better understanding of their background and the stressful environment they lived in. Some wrote to their MP to

complain about the hostile immigration system which is in place.

## 3.4. Outreach in the Community

An outreach worker accompanied by an asylum seeker, visited 524 newly arrived families to offer support, assess their needs and direct them to services such as the Asylum Seekers Crisis Project, British Red Cross Destitution Project, Asha's women club, children clubs, GP registration, school admission and mental health services.

## 3.5 English classes

All those involved in one-to-one tuition or formal English classes and various activities reported to have improved their speaking or writing.

One young woman commented that she had not known how to ask politely for something in local shop, now she could say " Can I have milk please?" and she felt proud.

## 3.6 Social inclusion

Promoting social inclusion is a priority and visitors are regularly welcomed to visit the centre and to share in the Friday community lunch and asylum seekers are encouraged to volunteer in the community. Groups have done some work for the Canal and River Trust and have litter picked in Leek, Cheadle and around the centre and the drummers have performed in a Newcastle church and at a local festival.

## 3.7 Counselling

One hundred and twenty-four hours of counselling was provided from December 2019 to March 2020 (4 months) against the 98 hours planned. Following lockdown, the focus switched to providing emotional support by telephone and various social media.

Referrals for counselling were assessed within a week and sessions started straight away. Asylum seekers reported benefits after six sessions.

## 3.8 Children's club

During the year, Asha worked with 188 children and 151 young people.

- 79% made significant progress at school. 11% experienced progress in engaging in school activities, and 10%, who had only recently arrived and had social health issues, were assessed for additional support.
- 78% have improved self-esteem and confidence and 22% have not yet experience progress. All unaccompanied minors reported feel more confident and less isolated.

## Case study

In February 2020, a 6-year-old girl from a war-torn country in the Middle East arrived in Stoke-on-Trent with her mother and younger brother. They had been referred by a friend from elsewhere in the UK. They spoke no English and were very isolated. A home visit with an interpreter was organised. The mother was worried about her son's ear infection. He was tired, hot, and stressed and this was affecting her daughter. An emergency GP appointment to register was arranged and treatment for the son. The GP prescribed medication that would quickly improve the boy's condition.

The family was introduced to another Arabic-speaking family, who they met at the bus stop a few days later to travel together to the Saturday mother and children clubs. The girl enjoyed the club and began to make friends. The following week the family attended Asha's half term roller skating activities. Asha assisted school admission and the children's coordinator attended school induction with mother and daughter and spoke on their behalf and obtained a school uniform.

During lockdown, the children's coordinator regularly phoned the mother and found she was struggling to manage her children who were arguing and unhappy, stuck at home with nothing to do. In those early days, it was deemed unsafe to visit or to give the children toys but worker spent time listening as best she could. She encouraged the family to go for a walk, to enjoy fresh air and burn off some of the negative energy they were feeling. The mother agreed and on the next phone call the whole family was calmer. Since then, the worker has spoken with the family regularly, discussing free and low-cost games and activities the family could do at home. Conversations involve speaking, listening, and messaging using text translations to ensure they understood each other.

## 3.9 Volunteers 2019-2020

Twenty-one asylum seekers volunteered in various capacities and 18 local volunteers offered regular service during the year. **See Appendix: 'On Being a Volunteer.'** 

As result for COVID-19 lockdown, Asha was unable to fulfil its aim of recruiting 25 asylum seeker volunteers to complete 7,800 hours over 12 months. However, 21 asylum volunteers and peer supporters completed 3,679 hours which represents 94% of hours to complete within the specified time.

## 3.10 Women's emotional support pilot project

The aim of the year-long pilot project was to test the effectiveness of a series of interventions to increase the wellbeing of a group of women who access services, to evaluate their experience and to develop interventions appropriate to their mental health needs.

The objective was to identify treatment appropriate for women who had experienced various trauma, severe depression and anxiety, and physical and emotional abuse or torture.

Twenty women from Tajikistan, Iraq, Sudan, Albania, Congo, Eritrea, Nigeria, Russia, Albania, Ivory Coast, Ghana, and Pakistan took part. Each woman had an initial assessment, and interventions were provided and monitored. Regular feedback and one-to-one meetings to assess the interventions suggested practical steps to enable a woman to articulate their need and its impact as the beginning of a healing process.

## 3.11 Community lunches and Hub Meeting

Each week 30/35 asylum seekers and visitors gathered for lunch prepared by asylum seekers and volunteers. Numbers varied but no-one was turned away. Following lunch, an hour was set aside for staff, asylum and local volunteers and any visitor who wished to attend, to discuss the week, prepare for the following week, and discuss any matter of concern. These meetings became the heartbeat of Asha.

# 3.12 Activities and events in which staff, asylum seekers and volunteers took part during a ten-month period.

- Summer outing in two coaches Llandudno.
- Reach Up, a six-week employment programme led by Sporting Communities in partnership with Coca Cola and UK Youth.
- South West Peak 'Going Wild,' a children's activity programme (five days) which introduced a group of Asha's children to the Peak District and an activity day in Hanley Park.
- The Saturday women's group had several group sessions with NHS Cancer and Bowel Screening Nurses.
- Sporting Communities facilitated football on Monday evenings at the YMCA in addition to Saturday morning football.
- Asylum seekers were introduced to volunteering for the Canal and River Trust and in Hanley Heritage Park
- Asha's drummers, parents and children attended the Alsager One World Festival.
- Funded by Refugee Action, Tamba and Misbah represented Asha at a national forum in London.
- Refugee Week: Day One: Asylum seekers, volunteers and supporter attended Refugee Week workshops: 'Sexual Consent and a Nice Cup of Tea and Exploring Your Culture and Mine 'conducted by Matt Pointon, TUC Projects Officer and Mark Robinson (on guitar) PSCU Training Officer followed by Laughter Yoga with Maggie Thompson
- Refugee Week: Day Two: Everyone joined a Grand Litter-Pick followed by a Barbecue prepared by Sudanese refugees, a performance by Silverdale's North Star Community Circus and music by Murphy's Marbles.
- Community Learning Workshop: The World of Work conducted by Matt Pointon, Project Officer for the TUC You Learn and Shaun Pender (Unite).
- Litter-picking: Asylum seekers and volunteers gathered at Trinity Church in Leek to meet the Mayor and Town Crier before litter-picking around the market.
- Community Learning Workshop on rubbish disposal and hand washing led by Godfrey and Tamba.
- Asha's litter-pickers met the Mayor of Cheadle before tidying up around town.
- Representatives of Alsager Justice and Peace visited Asha.
- A commemoration was held for Debashish, killed in Bangladesh following deportation.
- A litter-picking team tidied up around the City Centre Mosque and

Stepping-Stones as a thank you for their support.

- St Giles Church, Newcastle: Asha's drummers and supporters attended a Family Service to introduce the congregation to Asha, its drummers, and services.
- South West Peak: Three asylum seekers and two refugees completed a programme to become 'community champions' for S W Peak preliminary to introducing our footballers and users to the Peak District and to a day out at Chatsworth.
- Asylum seekers attended a Solidarity event at our neighbour, Stepping-Stones.
- Keita spoke at a Cooperative Academy Human Rights Day.
- Nearly 100 children and their parents, staff and volunteers enjoyed a Christmas Party at Staffordshire University's Student Union. Sporting Communities organized the party and asylum volunteers cooked a 'taste of home' for everyone. Tesco's Christmas Toy Appeal provided presents for every child.
- Around 70 parents, children and volunteers attended The Prince and the Pauper at the New Vic Theatre.
- Twenty-five women attended a conference at the Moat House on FGM arranged by Barnardo's FGM Unit.
- Two workers attended a Refugee Action 'Room to Heal' event in London.

## 4. Formal and informal partnerships.

Asha has worked or linked with the following:

B'Arts, Canal and River Trust, Citizens Advice, NHS Clinical Commissioning Group, various Faith groups, Lichfield, Newcastle, Stoke, Cheadle and Leek food banks, Barnardo's, South West Peak Mosaic, Keele University Medical School, Hanley Heritage Park, Period Poverty, NorScarf, Keele Medical School, local voluntary services, and community groups, TUC You Learn, and NHS Breast Cancer Screening nurses, to name a few.

## THANK YOU

## Charities and grant giving organisations that have funded ASHA.

BBC Children in Need, The Souter Trust, The Henry Smith Charity, The Foyle Foundation, The Tudor Trust, Allen Lane Foundation, Evans Cornish Foundation, Wood Trust, The Big Lottery Awards for All and Reaching Communities, Good Things Foundation.

## Churches and other faith groups

Trinity Church Leek, Staffordshire Moorlands Methodist Circuit, Cheadle and Boundary Methodist Church, St Wulstan's Newcastle, St Dominic's Convent Stone, Tunstall Methodist, Holy Trinity Church Newcastle-under-Lyme, St Filomena's Caverswall, Our Lady of All Angels and St Peter in Chains Stoke-on-Trent, Stoke, Stone and Crewe Friends Meeting, Unitarians Newcastle, City Centre Mosque

## English Teachers

Dr. Barbara James, Dr. Russell Clark, and trainee teachers from Keele University's Language Learning Unit and all our volunteer tutors.

## Other

Ben Rigby and his team from Sporting Communities.

Local volunteers without whom Asha could not function. They are indispensable.

## CHALLENGES

- Meeting the fallout on asylum seekers of the stress of lockdown and increased stress and anxiety concerning their immigration application.
- Supporting asylum seekers who are destitute.
- Filling the gap left by the withdrawal of services by Refugee Action and the British Red Cross.
- Rebuilding asylum seeker and local volunteer resource teams.
- Obtaining more funding for tablets and Wi-Fi for families and individuals to access online learning, access to immigration advice etc.
- Funding to employ: (1) An OISC Level and 2 immigration advisors; (2) A Befriending/Volunteer Coordinator

FINANCE The annual statement of accounts is available on request.

Page 11 Appendix: On Being a Volunteer

CONTACT E: info@asha-uk.org www.asha-uk.org

## Asha North Staffordshire 2019-2020 WHY I VOLUNTEER

"It seems that when we focus on the needs of others, we may also reap benefits ourselves. This means voluntary activity in the community is associated with better health, lower crime, improved educational performance and greater life satisfaction." Professor Paul Whiteley, University of Essex 2004

## **Our Vision - Giving Help - Planting Hope**

- Our centre is a place where men, women and families seeking asylum are welcome and can find the support and help they need.
- Our users are encouraged to become volunteers and coworkers in a collaborative



enterprise which puts people first and promotes social integration.

• We want our work with asylum seekers and refugees to seen by the wider community as contributing to its wellbeing.

**Our Volunteers** 



During 2019 and the first two months of 2020, Asha had 31 active volunteers. These men and women fulfilled various roles.

Some were generalist volunteers, others helped prepare refreshments for users attending the British Red Cross and Refugee Action Drop-In, taught English, cooked for the Friday communal meal, managed the Saturday Women and Children clubs, escorted asylum seekers for interviews or medical appointments, helped sourced and repair donated bicycles, took part in litter-picking, befriending an individual or family, taught

computer skills, and managed the food and clothing store.

It is no exaggeration to say that Asha is dependent on volunteers for every service it offers. It could not operate without them and is deeply indebted to them.



**Our Wider Support** 

Over the years, Asha has achieved a wide support base of individuals, faith groups, trade unions, NorSCARF, companies, Period Power, the NHS, Tesco and Aldi, to mention a few. It is to these individuals, organisations and groups Asha looks for help to fund the summer outing and a Christmas party and to meet every day needs not covered in the normal budget, for example,

travel costs to hospital, subsistence for a destitute asylum seeker or an emergency.

Asha is also indebted to organisations which offer our users opportunities to contribute to their local community.

## **Volunteer Testimonies'**



**Diane** I first came to Asha with the hope that I might be able to volunteer in some way, perhaps washing up or something similar. However, John asked me if I could help some young men who wanted to learn English. I reluctantly agreed! This role quickly expanded and took on a life of its own, especially after I asked my friend, Sue, to join me and sometimes we have 15 or more in our group.

I have got so much out of being a volunteer. Coming to Asha has

been a joy. It is such a happy, welcoming place. I enjoy meeting the asylum seekers and having a laugh. Despite their difficult circumstances they are usually so cheerful and in our group teaching sessions we always have fun. I feel honoured if one of them asks me to help with a problem. More difficult issues I refer to John or Lydia but sometimes it's as simple as explaining the directions on some medication they have been given.

I see my role not simply as a teacher of English, which is so important for everyone, but it has become increasingly obvious that the class is a safe space for people to meet, get to know one another and enjoy each other's company.

More recently I have enjoyed helping on a Saturday with the mothers and children

which is another really happy occasion. It is lovely to see Mums being able to relax and talk to each other, knowing that their children are busily occupied and safe. *Visit to the Potteries Museum and Art Gallery* 

I enjoy meeting the other volunteers, attending the Friday 'hub' meeting when I can, helping with the Christmas party or the Llandudno trip and feeling that I am part of a team working for the good of everyone who comes to Asha.

support which is so difficult to offer in these times. I don't think there are any easy answers, but I want to continue to be involved with Asha in whatever way I can).

**Sophie** It's hard to put into words what ASHA means to me. From the first moment I walked in

the door I have felt warmth, friendship and laughter - a place full of smiles whatever the weather. I initially started teaching English here as part of my training for a certificate in Teaching English to Speakers of Other Languages as part of my degree at Keele University. I was incredibly nervous for my first lesson, but each student was so lovely and welcoming that I decided to volunteer on other days too! Saturdays are now the highlight of my week, seeing all the children playing and flourish is just amazing. I know that ASHA has touched hundreds of hearts, not just mine. It's a very special place for so many, so let's hope we can all be back there very soon!

**Richard** I get a great deal out of being a volunteer, simply by meeting with our service users on a personal level. Although we obviously cannot know their personal stories in any detail, I find it uplifting to have the opportunity to meet with them. I always hope that, in some small way, any friendship or support that I can offer will help to redress the balance in terms of their personal experiences either prior to, or since, arriving in the U.K. Without wishing to sound too grand, I think it's about opportunities to share our humanity.

Volunteering at ASHA has also opened my eyes to the asylum-seeker system in the UK and the on-going challenges that refugees face.





I hope the asylum seekers see me as part of the welcoming team of people at ASHA, providing them with a safe, relaxed and supportive environment.

I hope that they feel I can lend a sympathetic ear whilst remaining practical in any support that I give.

I try to achieve a balance between providing general support and low-key advice; whilst not stepping over the boundary into the specialist areas which require service users be directed to one of ASHA's team.

**Sarah** I am a small cog in the wheel! My day is Wednesday, the busiest day of the week! Before lockdown, it was my job to 'greet and meet' all-comers. It's clearly important to sign in users, volunteers and visitors, along with some additional information that informs the database.



As I retired at the end of 2016, I felt a strong urge to do something useful and a friend from my Quaker Meeting put me in touch with John. This felt the right place for me to be, as I've long felt strongly about how hostile the UK has become toward people seeking help, asylum and refuge. I felt privileged to be able to do my small bit toward the aim of welcoming and supporting those who found their tortuous and difficult way to the UK.

Even at our busiest, I made it my business to get to know our service users, so as to be able to greet them by name, remember some of their details (e.g. "how's the baby?"), ensure that they were pointed toward whichever part of Asha they had come for (classes, food, Red Cross etc.) and generally pay them the respect that they are due. Knowing people individually means that you can celebrate their joy (e.g. "I've got my papers") and commiserate with their worries and trials. Seeing someone's face light up when they are greeted: "You know my name?" always brings a feeling of mutual respect.

**Kevin** As for the work I have done for Asha, I have just done what I can, gaining far more from the experience than what I have given.

**Margaret** My role is group teaching basic vocabulary and phrases, explaining some UK cultural norms (say please and thank you), and encouraging new learners to speak English. Being a volunteer, I feel I



am doing something useful, taking small steps to redress the inequalities in our lives as well as making new friends.

I hope that my involvement helps our users to become more confident and independent and that a volunteer's recognition of the difficulties in their lives is, in itself, supportive and above all that they feel welcomed. I'm still befriending Blandine and her family at a social distance. I visit once a week and unless it's pouring down,

we sit on the pavement outside her house and



she makes me a drink. Sometimes we go for a walk around the block or along the canal maintaining our social distance. I take a few groceries or things for the children and I've also managed to get some things they are short of. Asking friends on Facebook for help (e.g. a small table to put the TV on) has always produced quick results - people are kind.

**Mike** It's about a year since I started volunteering at Asha and I can say it's been thoroughly enjoyable. As far as the English goes, I'm still teaching three stalwarts are Marina, Dana and Kirill. Misbah's on and off and I don't know what's happened to Jamal. Marina and Dana are really going for it. I'm never sure what's going on in Kirill's mind. So many things: Job applications (London, Leamington Spa, Greece) coming to nothing, problems contacting Keele about a Masters' and little light at the end of the tunnel for an extremely well-qualified, professional man.

I'm still teaching via WhatsApp, which is going pretty well. Kirill stayed overnight on one occasion. I fed him beetroot gratin (a Russian touch) and we watched football). I took Marina and Kirill for a meal in Stone and, one Saturday and everyone to Lichfield. I couldn't drag them out of the cathedral.

Last Sunday, Dana came to Stafford for a lesson (at Caffe Nero) and some sightseeing. And Marina came on Wednesday for sightseeing and shopping; she wanted a holiday from lessons. We ended up going to 'bargain basement' establishments -T K Maxx, Home Bargains.

**Maureen** My motivation springs from my commitment to justice, to offering a welcome and to tackling inequalities both of which stem from my faith and membership of Trinity Church Leek, which actively promotes these values. I have been a volunteer in different capacities. It has opened my eyes and I have learned so much and been in awe of the dedication of the staff and others who selflessly carry out this difficult and often distressing work. It has been a joy and privilege to be involved and whatever the task in hand it has



been possible by getting to know individuals to listen to their needs and find ways of responding to them. So, I feel useful!

I never fail to return home without feeling uplifted by the way those who find themselves in distressing circumstances manage to cope so positively when life is made more arduous for them than it need be.

**Barbara** Over the past ten years, I have been a volunteer, then a member of the trustees, then an employee, and back to being a volunteer again. So, I have seen ASHA in any which way you can! I have taken part in many of the activities, including organising and teaching English, house visiting, looking for jobs for people, delivering and collecting clothes, food and Christmas gifts, raising awareness and bringing masses of donations from my places of work and families, cleaning and 'moving house from one venue to another, and seeing the same faces and more and more new faces. I have observed many unseen hero volunteers of ASHA, who will tirelessly come week after week whatever the weather, some on bicycle or by

foot from distances, and quietly get on with their duties. They may be giving out food, giving out clothes, manning the sign in book, washing dishes, making food, teaching language or crafts in classes or one to one, or sitting talking to our many asylum seeker friends. They make cakes, they buy things to use in English classes, they quietly invest in making our service users a part of their lives.



From the first days when there were only three or four of us, in two rooms, sharing the jobs together, ASHA has grown incredibly, such that it now has a substantial building, a number of paid positions and a strong Trustee team, and the numbers of ASR's visiting us has increased at least tenfold. And the unsung heroes are still there, week after week, quietly playing their part in making a difference to people's lives. I am not able to make that weekly

difference with them, but when work commitments allow, I volunteer when I can. That is the beauty of it. You can join the team on a regular basis or come and help for one off situations.

**Alison L** Volunteering at Asha has been the most humbling and joyous experience of my life. Yes, this is tempered by some sorrow and frustration for the plight of the refugees, but also by an admiration for their pluck and resilience, especially during Covid-19.

I first contacted Asha to offer 'weekend breaks' away from the city, but when this couldn't be accepted, I was rapidly recruited as an English teacher. On my first visit to the centre, I was struck by the warmth and welcome from all there - a very friendly and inclusive atmosphere is the given.

Though I am an English teacher by trade, I have never taught English as a second language, but found my students to be so delightful that the whole process was a sheer joy and I learned a lot in the process.

Since Covid, sadly, all that has come to an end, so instead I volunteered to help with handing out food, sometimes



cooking fresh hot food too. This, also, I have enjoyed, especially getting to know other volunteers and refugees and, with the latter, getting to know their likes and dislikes, their wants and don't want.

I don't know who is more delighted, them or me, when I find them something they really want. For these lovely human beings, we are a lifeline, a small haven where they know they will be treated with kindness and respect. Always there are smiles and often laughter too. I feel honoured



**Phil M** You asked me to say a few words about Asha. It came about because I am a Catholic and go the church in Stoke. I joined the SVP a year or so ago. This is a charity that has traditionally been involved with visits to the old and the sick.

Realising I would be utterly useless at this I asked about Asha whose name I had seen on the weekly mass leaflets asking for food and clothes. I well remember going up the stairs on that first Friday and finding a sort of joyous bedlam in that upper room. Somebody told me I needed to speak to Angela or John but, it seemed that everyone else there wanted to speak to them as well. I eventually managed to have a few words with both and came away thinking that there must surely be something even I could do. I had seen on the weekly mass leaflets asking for food and clothes.

(Phil quickly became Asha's Bike Man, bringing in old bikes to be made roadworthy and distributed to a growing list of service users. Phil is also always ready to offer his van for those occasions when a car won't do, for example, to move an item of furniture).

**Eva M** I was attracted to help out at ASHA of several reasons. I had been helping at a day centre when friends from Trinity tried to get me involved. After it closed it felt good to get involved. I have worked both in India and Yemen as well as being an immigrant myself. Initially I helped teaching English and then got roped in to teach sewing to women. We make a good team and I am able to sell what they make, and it may not be a lot, but it is ploughed back to Asha to buy materials and sewing kit.

**Simone** Personally, through volunteering at Asha, I have gained new friends and a sense of purpose.

This has given me more confidence to speak to people from different walks of life which has helped me to communicate at University and in my other volunteering role, ultimately helping me obtain my new job.

**Oenone** Asha's Befriending Coordinator came to Trinity Church Leek to speak about One World Week. She spoke about ASHA and I was moved and asked her if I was too old! Apparently, as I could drive, had a car, and was computer literate(!), these were the only criteria.

Due to administration difficulties, I was not invited to ASHA until January2019. I was introduced to



everyone who came on

Mondays and have been coming every Monday until Lockdown in March 2020. My main job was helping Richard to manage the food store. This was open from 10.30 am to 2 pm for any failed asylum seekers or others waiting to know the result of their application for asylum. We instigated a 'ticket' system, obtained on arrival. Single people could select five items a week and

families 10. In between serving users we replenished supplies from the storeroom and bagged rice and pasta. We also helped with the secondhand clothing, trying to maintain some sort of method regarding sizes, male and female and children's clothes, discarding plainly unclean or unsuitable clothing.

Washing up, socializing with asylum seekers over a cup of tea or coffee was part of the job. We also had to be prepared for any sort of query or problem which might



arise. Teaching sessions for this, with appropriate phone numbers were part of life at ASHA. Access to Lydia, from the Red Cross was sometimes available, but it was encumbered on us to be as informed as we could be. Helping might be an easy referral or a more complicated summary of medical problems for a solicitor to make an informed decision. (I am a retired GP). Socialising was important to establish friendships and engender trust. I was able to attend and help with a Christmas parties and collected another volunteer and drove her home when we had finished.

I can honestly say that I enjoyed every single moment spent at ASHA, the variety of jobs available, the joy and humour from most of the asylum seekers and their gratitude for the simplest job done for them. I learnt an enormous amount about culture, need and poverty and the complications regarding appointments with solicitors, mainly in Birmingham, and about the atrocious time delays in getting anything done with the present government.



I befriended two asylum seekers, one who had considerable physical disabilities, and another who had lost her business in an authoritarian regime and was waiting to be reunited with her two sons. Both were extremely grateful for any small thing but trust and friendship, in both cases were a bonus for me.

I organised a Garden Party in the Summer of 2019 to raise funds for ASHA and would have done the same this year but was prevented from doing this due to Lockdown.



**Bushra** Many thanks for giving me a chance to volunteer at ASHA. I joined ASHA after going through a difficult time of my life. I was going through depression



and stress after I had the cancer treatment second time. I had to go through breast removal and chemotherapy second time in my life and this time I was really thinking the survival chances are very low. During my recovery period I was seeing a psychotherapist for my mental health issues. My psychotherapist told me about ASHA and the work Asha does for asylum. It was suggested to join some sort of volunteer work at ASHA. When I first went to Asha, I was anxious and did not know what to expect. I had a chance to meet people working for ASHA and see the environment. All the staff were really helpful and polite to me. They help me to choose my role and gradually settle in.

I have been going ASHA every Thursday for about three to four hours and I was helping with preparing food for the visitors. I really enjoyed my role. It was very satisfying and gave me the opportunity to socialise with people from different background.



Working with ASHA helped me to divert my mind. It gave me the sense of real happiness when I saw smile on faces of people after they eat the food I prepared. I feel that I put my share to minimise the pain and difficulty asylum seekers going through. i would like to thank again all the staff for all the support and help. I would like to start working again as soon as ASHA will reopen.

Val When I heard about Asha's befriending scheme I didn't hesitate to get involved.



I've always been keen to meet people from other countries and share knowledge of our cultures and languages. Working with Asha allows me to take this further, providing help and support to people who are in very real need.

It is a role that requires sensitivity, patience and empathy to building up a relationship and it is very rewarding to see people finding their feet in this country. I've got to know one

family well.

As well as giving practical help with language and attending appointments, we've done lots of fun activities together, such as Sunday lunch when my grandchildren

and my befriendee's children who played together in the garden and going on outings. Regular phone calls during lockdown have been appreciated and shortly we plan a visit to Tittesworth Reservoir.

**John F** Just a couple of brief observations on befriending. I had experience of this sort of work via Keele University where my wife and I were part of an international befriending scheme which helped students from overseas get a taste



of life outside the campus. Sadly, the scheme came to grief on the back of safeguarding concerns.

I think a befriender gets as much out of a relationship with an asylum seeker/refugee as does the recipient of the friendship. To learn about another human being's trials and tribulations is a privilege and puts one's own situation into context.

**Sylvia** In my professional and volunteering activities, I have always looked out for marginalized people who usually have no voice or influence. So, I seized the opportunity to volunteer at Asha after hearing Godfrey speak at Danebridge Methodist Church. It gives me great satisfaction to see people gain confidence and rebuild their lives and it is a pleasure to help them in the process.

**Henni** I first came to Asha to learn more about the education of refugee and asylum-seeking children in the UK for my post-graduate dissertation. I contact Godfrey and arranged to meet at the centre to discuss whether I could conduct some interviews with staff members and volunteers. When I arrived, I received s such a



warm welcome – everyone was keen to introduce themselves and help! Since my first visit, I have been a volunteer at the women and children's club that runs every Saturday. I thoroughly enjoy volunteering here, there is a real sense of community and I am proud to be a small part of an organisation making such a positive impact on the lives of refugees and asylum-seekers. As an aspiring teacher, working with the children has given me valuable experience and I have learned so much from the staff and other volunteers. I am very grateful to Asha, not only for their support in my studies, but for the incredible people I have met and the invaluable experiences I have gained. The sad Covid-19 pandemic has put on hold the two friendships I have but I hope very much that things will ease up and I can then return to seeing my two refugee friends again.

**John M** I am a 69-year-old retired mathematics teacher who was married for 35 years before being widowed in a car crash. I thought that my life had ended and there was no light at the end of the tunnel. Then I volunteered at ASHA and I was able to use conversation as a means of helping people from far more distressing



situations than myself. The Home Office has a way of putting obstacles in judicial guise as a way of making sure that young people, who have struggled to come to this land, are held back from gaining their full potential as useful citizens in this country, that in the past has welcomed Karl Marx, Charles de Gaul and Madonna to spend some time in this glorious country called Great Britain. We do not need to make it Great again, it is already. Conversation helps break down

barriers, discussing children, uncles and aunts solidifies the human experience as being common throughout the world. Conversation allows people to come to terms with dislocation and terrible nightmares. Conversation across language barriers cements what it is to be human.

**Anita** My volunteering at Sanctus and Asha is due to my own personal experience. I got involved with Sanctus via my church and Carmel which in time took me 'over the road' to Asha.

I was born in a communist post war Poland very much under 'unofficial' Russian rule. It was a struggle for my mother whose siblings had ended up in the UK due to the WWII. While on a month's holiday in the UK, she





was

persuaded by her siblings to stay. I was just told that we're staying, no discussion, not seeing my father (even if he was away a lot); cut off from my

friends/school/neighbours/familiar areas, even toys. For mother the next two years were very hard and uncertain. I remember her continual meetings at the Home Office. She eventually had a 24-hour deportation

order! At that stage our Conservative MP took it into his hands and dealt with Roy Jenkins MP who was at that time a Home Secretary in Harold Wilson's government.

I do know things were different then to what they are now, nonetheless still the fear of being returned and more than likely imprisonment was there.

I remember the feeling of fear (being parted from my mother), hopelessness, loss, lack of being able to communicate, bewilderment of new life and what it might bring. I started local school that September without knowing a word of English and there was no additional help as there is in schools now.

I almost feel it's 'payback time' to help to make life/transition as easy as possible for all the asylum seekers and refugees. I hope the English lessons I give help them in some way. I have three students at present on three different days and we have our sessions via WhatsApp.

**Sue** I took early retirement from my job as a university lecturer. This meant that I had time to think about what I would like to do. I have always been interested in voluntary work, I have volunteered in my local Oxfam shop etc. I took some time to about what I would like to do.

During my time at the University I was a member of the governing body of a local primary school. However, I did not feel this was the best use of my skills, as many of

the staff seemed intimidated by me and I didn't want to put extra pressure on them. So, after several years I decided to try to put my potential skills to better use. It was during this time that Di, who already volunteered Asha, told me about her volunteering and invited me along. Wow - it was fantastic, I really feel that I found my niche I can't tell you how much I enjoy volunteering at Asha. I love working with Di again and I hope that some of the

refugees and asylum seekers receive little bit of help from us. Thank you, Asha

**Ava** My role at Asha has been physically supporting the charity by helping to distribute food and organize the donations to ease the distribution process. I enjoy my role within the charity. I Have learned more about my local community and met more people. Being a volunteer has also allowed me to gain skills and understanding in many new people.

I hope that through volunteering asylum seekers have gained comfort in the support from people within the Asha community and a reliance on the clear safe systems that are working to ensure that everyone can get everything they need.

**Chris** Reasons for undertaking voluntary work are complex and arise from a fundamental belief that all life is worthy and precious. Many do not have the advantages and privileges enjoyed by us raised in an affluent stable society.

Deprivation and lack of basics are endured by those find themselves trying to survive the difficulties they face with few resources no support and an uncertain future. With time to spare







and a wish to help alleviate the problems being faced by those less fortunate volunteering is one way to assist others and gives a sense of satisfaction in redressing the balance. It also provides opportunities to meet likeminded people.

**Sally** (and Elisa, aged 7) I was first introduced to Asha by a friend who conducts training sessions for the organisation. I had given up paid work completely after becoming a Mum and was thinking of doing something part-time. He suggested that I volunteer to teach English at Asha and mentioned that I could take my daughter along as well. It has been great boon for us both and not only have we taught some very enthusiastic and motivated students but have learnt a lot about different cultures and felt part of the Asha community. We are grateful for what Asha has contributed to our lives and are looking forward to the future with everyone there!

Alison You asked me to write a little about volunteering at Asha. I would say that as things were - I really valued the contact with people from so many different places and cultures. All had their own powerful histories, of course, but I can't say that I really needed to know the back-story: what I liked was getting to know some really lovely people and having pleasant and often humorous everyday interactions with them - human sharing in the broadest sense. I usually came away from Asha feeling uplifted, and able to put my



own concerns into perspective. I have also really enjoyed my developing relationship with Laureta and her boys, which would not have happened but for Asha's befriending scheme. Her situation sometimes makes me feel very sad, helpless and frustrated, but I value the privilege of being able to support in small ways - and we have really become friends.

Jim When I fully retired, I thought about further

volunteering. I had attended various Asha events and knew Angela, Godefroid and Lydia. Asylum seekers had lived hard lives and sought refuge in a new and

unfamiliar environment. They seemed often to be treated as less than welcome by both the UK government and individuals. Asha worked hard to provide a warm, secure and supportive setting while expanding the range of services they provided. I wanted to be part of this. It has proved to be stimulating volunteering in such a diverse and challenging area with empathic and competent colleagues.

## **Roll Call of Volunteers**



During 2019 and until lockdown in March 2020, thirty-seven volunteers were part of Asha's wider team. Twenty-six have recorded their experience above, 11 have not contributed. Of these, two are unwell, one unable to drive at present, one has moved on and two have returned to university, and two are not responding to emails. Four remain active volunteers.

## **Trustee volunteers**

John and Angela are trustees and volunteers.

**John** writes 'I'm 78 years in October, and what an honour and privilege it is to meet so many varied and wonderful people from around the world. Now in the twilight of my years, I look forward too many tomorrows in the wonderful community that is ASHA. What an inspiration and gift are to me and to this country'.

**Angela** writes '*I*'m 85 years old and being a trustee and volunteer with Asha enriches my life immeasurably. Without Asha, I would quickly fall into despondency and despair. Instead, meeting asylum seekers who have experienced profound losses but still smile when we meet, is uplifting and the commitment of staff and volunteers is heart-warming and I treasure it.

## Asylum volunteers

Asha sets store by offering men and women seeking asylum an opportunity to become volunteers and generally there are about 10 men and women involved in this capacity. There are invariably several on whom Asha particularly relies, for example, the manager of the football team, a helper in the children's group, and an accompanier with the outreach worker on home visits.

Several asylum seekers have welcomed placements with community organisations and Asha when it becomes possible to do so, Asha hopes to find a way to extend this programme.





## **Social Inclusion in Action**

Litter Picking in Leek and Drumming at St Giles' Church in Newcastle-under-Lyme

## **VOLUNTEER DECLARATION**

## Asha is a Secular Organisation

ASHA first and foremost works to respond to human need, regardless origin, religion, or culture. All that matters is that the people we serve need of the services we offer.

A volunteer must not attempt to persuade or cajole a service user to join a religion or to support a political party which you favour.

Volunteering at ASHA is about respecting the human rights of others. It is important that you accept the importance we place on this.

Volunteering at ASHA requires that you are able to put aside your own personal beliefs when working and communicating with people from differing cultures and backgrounds.

## **Policies and procedures**

As a volunteer you will be respected and treated as a valuable member of ASHA's team.

To ensure you feel supported and confident in your role we have policies and procedures which apply to everyone at ASHA. For your protection and to ensure we maintain good working practices, it is important that you agree to abide by our policies and that you will attend a workshop on Safeguarding and submit your details for a DBS (Disclosure and Barring Service) check.

I have read and understand the above and accept and agree to abide by the principles and guidelines.

| Print name |  |
|------------|--|
| Sign name  |  |
| Date       |  |

Charity registration number: 1176934

# ASHA North Staffordshire

Annual Report and Financial Statements

for the Year Ended 31 August 2020

## Contents

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## **Reference and Administrative Details**

| Trustees                    | Kevin Sauntry  |
|-----------------------------|--|
|                             | Jenny Dennis   |
|                             | Catherine Ralph  |
|                             | Angela Glendenning   |
|                             | John Walsh   |
|                             | Michelle Holland   |
| Principal Office            | Unit 7 Hanley Business Park<br>Copper Street<br>Hanley<br>Stoke -on-Trent<br>Staffs<br>ST1 4DW |
| Charity Registration Number | 1176934  |
| Company Registration Number | CE013097   |
| Independent Examiner        | Daryl Denson ACMA<br>VAST<br>The Dudson Centre<br>Stoke on Trent<br>ST1 5DD                    |

### **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 31 August 2020.

#### Trustees

Kevin Sauntry

Jenny Dennis

Catherine Ralph

Angela Glendenning

John Walsh

Michelle Holland (appointed 15 January 2021)

#### **Objectives and activities**

#### **Objects** and aims

1) To relieve the needs of asylum seekers and refugees in Staffordshire in particular but not exclusively by providing and assisting in the provision of goods and items to relieve poverty, such as food and clothing and by providing support and practical advice.

2) The promotion of social inclusion among people who are refugees and asylum seekers who are socially excluded on the grounds of their social and economic position, by providing:

a) education and training in the English language and in vocational skills;

b) social and recreational facilities and events involving the local community.

#### **Trustees' Report**

#### Public benefit

The charity was formed on 1 February 2018 and commenced to operate on 1 May 2018 when the assets, liabilities and operations of an unincorporated charity, ASHA North Staffordshire were transferred to the CIO.

During the year the main activities of the charity were:

- · Drop-in for holistic support.
- English tuition by volunteers and classes in association with Keele University English Language.
- Opportunities to volunteer at the centre and the local community.
- Social inclusion activities in the local communities.
- Opportunities for local people to volunteer and to befriend users.
- · Provision of food, clothing, and emergency cash relief.
- A weekly British Red Cross and Refugee Action drop-in with follow up

appointments.

- Football.
- Visits to the library, museum, and art gallery.
- Women and children clubs.
- A pilot woman's emotional and psychological support project.
- · Workshops on living in the UK, health and safety, safeguarding, community
- safety, apprenticeships, diverse cultures, rubbish disposal etc.
- Reconditioning donated bicycles for asylum seekers.
- Recreational activities.
- Counselling.
- Internet facilities.
- NHS digital skills training.
- Outreach to new arrivals.
- · Case work, advice, advocacy, signposting
- Community lunches and Hub meeting.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### Achievements and performance

From September 2019 until the lockdown in March 2020 ASHA offered 24,915 services to adults and a further 1,318 services during lockdown giving a total of 26,233. A total of 268 services were delivered to children and young people. During lockdown emotional support was provided by varous remote interventions.

1,129 asylum seekers and refugees utilised ASHA North Staffs , this number included 188 children and young people under 18. This represents around 99% of all asylum seekers living in North Staffordshire.

#### **Financial review**

#### Policy on reserves

A reserves policy was set up in September 2017 to cover the average running costs of the charity for 3 months. This would equate to  $\pounds 24,149$ . The actual level of unrestricted reserves held at the year end are  $\pounds 82,615$ .

## **Trustees' Report**

## Structure, governance and management

### Nature of governing document

The organisation was registered as a Charitable Incorporated Organisation on 1 February 2018

## Recruitment and appointment of trustees

New trustees are recruited and appointed by the existing trustees. The charity has a mandatory training package and induction for all trustees, staff and volunteers.

Angela Gendening

Angela Glendenning Trustee

# Independent Examiner's Report to the trustees of ASHA North Staffordshire

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 August 2020 which are set out on pages 6 to 18.

## Respective responsibilities of trustees and examiner

As the charity's trustees of ASHA North Staffordshire you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the ASHA North Staffordshire 's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since ASHA North Staffordshire 's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of CIMA, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of ASHA North Staffordshire as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Daryl Denson ACMA CIMA

VAST The Dudson Centre Stoke on Trent ST1 5DD

21/04/2021 Date:....

## Statement of Financial Activities for the Year Ended 31 August 2020

|   | Note | Unrestricted<br>£                              | Restricted<br>£   | Total<br>2020<br>£               |
|---|------|--|---|----------------------------------|
| Income and Endowments from:   |      |  |   |                                  |
| Donations and legacies  | 2    | 40,945   | 252,920   | 293,865                          |
| Charitable activities   | 3    | 7,613  | -   | 7,613                            |
| Investment income   | 4    | 45   |   | 45                               |
| Total income  |      | 48,603   | 252,920   | 301,523                          |
| Expenditure on:   |      |  |   |                                  |
| Charitable activities   | 5    | (20,874)                                       | (213,456)   | (234,330)                        |
| Total expenditure   |      | (20,874)                                       | (213,456)   | (234,330)                        |
| Net movement in funds   |      | 27,729   | 39,464  | 67,193                           |
| Reconciliation of funds   |      |  |   |                                  |
| Total funds brought forward   |      | 54,886   | 123,965   | 178,851                          |
| Total funds carried forward   | 13   | 82,615   | 163,429   | 246,044                          |
|   | Note | Unrestricted<br>£                              | Restricted<br>£   | Total<br>2019<br>£               |
| Income and Endowments from:   |      |  |   |                                  |
| Donations and legacies  | 2    | 42,795   | 180,339   | 223,134                          |
| Investment income   | 4    | 54   | -   | 54                               |
|   |      |  | And the second se |                                  |
| Total income  |      | 42,849   | 180,339   | 223,188                          |
| Expenditure on:   |      | 42,849   |   |                                  |
|   | 5    |  | 180,339<br>(101,957)  | 223,188<br>(138,721)             |
| Expenditure on:   | 5    | 42,849   |   |                                  |
| Expenditure on:<br>Charitable activities  | 5    | 42,849   | (101,957)   | (138,721)                        |
| Expenditure on:<br>Charitable activities<br>Total expenditure   | 5    | <u>42,849</u><br>(36,764)<br>(36,764)          | (101,957)<br>(101,957)  | (138,721)<br>(138,721)           |
| Expenditure on:<br>Charitable activities<br>Total expenditure<br>Net movement in funds                            | 5    | <u>42,849</u><br>(36,764)<br>(36,764)          | (101,957)<br>(101,957)  | (138,721)<br>(138,721)           |
| Expenditure on:<br>Charitable activities<br>Total expenditure<br>Net movement in funds<br>Reconciliation of funds | 5    | <u>42,849</u><br>(36,764)<br>(36,764)<br>6,085 | (101,957)<br>(101,957)<br>78,382  | (138,721)<br>(138,721)<br>84,467 |

All of the charity's activities derive from continuing operations during the above two periods. The funds breakdown for 2019 is shown in note 13.

### (Registration number: 1176934) Balance Sheet as at 31 August 2020

|  | Note | 2020<br>£ | 2019<br>£ |
|--|------|-----------|-----------|
| Current assets                                 |      |           |           |
| Cash at bank and in hand                       | 11   | 246,734   | 179,451   |
| Creditors: Amounts falling due within one year | 12   | (690)     | (600)     |
| Net assets                                     | -    | 246,044   | 178,851   |
| Funds of the charity:                          |      |           |           |
| Restricted income funds                        |      |           |           |
| Restricted funds                               | 13   | 163,429   | 123,965   |
| Unrestricted income funds                      |      |           |           |
| Unrestricted funds                             | _    | 82,615    | 54,886    |
| Total funds                                    | 13   | 246,044   | 178,851   |

The financial statements on pages 6 to 18 were approved by the trustees, and authorised for issue on ...... and signed on their behalf by:

Angela Grendenning

Angela Glendenning Trustee

> The notes on pages 8 to 18 form an integral part of these financial statements. Page 7

### Notes to the Financial Statements for the Year Ended 31 August 2020

#### 1 Accounting policies

#### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### **Basis of preparation**

ASHA North Staffordshire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

#### Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

#### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Notes to the Financial Statements for the Year Ended 31 August 2020

#### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### **Government** grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

#### Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 2 Income from donations and legacies

| Donations and legacies;  | Unrestricted<br>funds<br>General<br>£ | Restricted<br>funds<br>£ | Total<br>2020<br>£ |
|--|---------------------------------------|--------------------------|--------------------|
| Donations from individuals<br>Grants, including capital grants;                            | 40,945                                | _                        | 40,945             |
| Government grants<br>Grants from other charities   |                                       | 49,610<br>203,310        | 49,610<br>203,310  |
|  | 40,945                                | 252,920                  | 293,865            |
|  | Unrestricted<br>funds<br>General<br>£ | Restricted<br>funds<br>£ | Total<br>2019<br>£ |
| Donations and legacies;<br>Donations from individuals<br>Grants, including capital grants; | 42,795                                | -                        | 42,795             |
| Grants from other charities  |                                       | 180,339                  | 180,339            |
|  | 42,795                                | 180,339                  | 223,134            |

## **3** Income from charitable activities

|                | Unrestricted<br>funds<br>General<br>£<br>7,613 | Total<br>funds<br>£<br>7,613 |
|----------------|--|------------------------------|
| Total for 2020 | 7,613  | 7,613                        |

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 4 Investment income

| Interest receivable and similar income;<br>Interest receivable on bank deposits | Unrestricted<br>funds<br>General<br>£<br>45<br>45 | Total<br>2020<br>£<br>45 |
|---|---|--------------------------|
| Interest receivable and similar income;<br>Interest receivable on bank deposits | Unrestricted<br>funds<br>General<br>£<br>54       | Total<br>2019<br>£<br>54 |

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 5 Expenditure on charitable activities

| Activity undertaken directly         | Unrestricted<br>funds<br>General<br>£<br>20,874 | Restricted<br>funds<br>£<br>213,456 | <b>Total</b> 2020 ₤ 234,330             | <b>Total</b><br>2019<br>£<br>138,721 |
|--------------------------------------|---|-------------------------------------|---|--------------------------------------|
|                                      |   |                                     | Activity<br>undertaken<br>directly<br>£ | 2020<br>£                            |
| Staff Costs                          |   |                                     | 138,415                                 | 138,415                              |
| Staff/volunteer expenses             |   |                                     | 4,023                                   | 4,023                                |
| Travel Expenses                      |   |                                     | 1,848                                   | 1,848                                |
| Training and Development             |   |                                     | 1,110                                   | 1,110                                |
| Other                                |   |                                     | 1,405                                   | 1,405                                |
| Professional and Legal               |   |                                     | 4,125                                   | 4,125                                |
| Rent, Utilities & Office Costs       |   |                                     | 47,972                                  | 47,972                               |
| Maintenance                          |   |                                     | 2,880                                   | 2,880                                |
| Equipment                            |   |                                     | 11,705                                  | 11,705                               |
| Activities, Trips and Groups         |   |                                     | 8,142                                   | 8,142                                |
| Workshop, Social events & Refreshme  | ents  |                                     | 4,392                                   | 4,392                                |
| Bus passes and Emergency Food        |   |                                     | 8,313                                   | 8,313                                |
|                                      |   |                                     | 234,330                                 | 234,330                              |
|                                      |   |                                     | Activity<br>undertaken<br>directly<br>£ | 2019<br>£                            |
| Staff Costs                          |   |                                     | 72,277                                  | 72,277                               |
| Staff/volunteer expenses             |   |                                     | 5,385                                   | 5,385                                |
| Travel Expenses                      |   |                                     | 2,337                                   | 2,337                                |
| Training and Development             |   |                                     | 3,316                                   | 3,316                                |
| Other                                |   |                                     | 564                                     | 564                                  |
| Professional and Legal               |   |                                     | 4,347                                   | 4,347                                |
| Rent, Utilities & Office Costs       |   |                                     | 18,708                                  | 18,708                               |
| Maintenance                          |   |                                     | 6,247                                   | 6,247                                |
| Equipment                            |   |                                     | 5,152                                   | 5,152                                |
| Activities, Trips and Groups         |   |                                     | 5,872                                   | 5,872                                |
| Workshop, Social events & Refreshmer | nts   |                                     | 8,506                                   | 8,506                                |
| Bus passes and Emergency Food        |   |                                     | 6,010                                   | 6,010                                |
|                                      |   |                                     | 138,721                                 | 138,721                              |

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 6 Analysis of governance and support costs

### **Governance** costs

| Independent examiner fees               | Unrestricted<br>funds<br>General<br>£ | Total<br>2020<br>£ |
|---|---------------------------------------|--------------------|
| Examination of the financial statements | <u>    690</u><br><u>    690</u>      | 690<br>690         |
|   | Unrestricted<br>funds<br>General      | Total<br>2019      |
| Independent examiner fees               | £                                     | £                  |
| Examination of the financial statements | 600                                   | 600                |
|   | 600                                   | 600                |

### 7 Government grants

National Lottery Community Fund Covid 19 Grant to assist in continuing the service during lockdown. The amount of grants recognised in the financial statements was £49,610 (2019 - £Nil). There are no unfulfilled conditions at the year end.

## 8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses from the charity during the year.

## Notes to the Financial Statements for the Year Ended 31 August 2020

### 9 Staff costs

The aggregate payroll costs were as follows:

|                                   | 2020<br>£ | 2019<br>£ |
|-----------------------------------|-----------|-----------|
| Staff costs during the year were: |           | -         |
| Wages and salaries                | 52,120    | 28,131    |
| Social security costs             | 1,888     | 2,961     |
| Pension costs                     | 2,075     | 897       |
|                                   | 56,083    | 31,989    |

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

|   | 2020 | 2019 |
|---|------|------|
|   | No   | No   |
| Support Worker  | 2    | 1    |
| In addition to this payments of £82,400 were made to sub contractors. |      |      |

No employee received emoluments of more than £60,000 during the year

### **10** Taxation

The charity is a registered charity and is therefore exempt from taxation.

### 11 Cash and cash equivalents

|              | 2020    | 2019    |
|--------------|---------|---------|
|              | £       | £       |
| Cash on hand | 145     | 795     |
| Cash at bank | 246,589 | 178,656 |
|              | 246,734 | 179,451 |

### 12 Creditors: amounts falling due within one year

|          |  | 2020 | 2019 |
|----------|--|------|------|
|          |  | £    | £    |
| Accruals |  | 690  | 600  |

# Notes to the Financial Statements for the Year Ended 31 August 2020

### 13 Funds

|                            | Balance at 1<br>September<br>2019<br>£ | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Balance at 31<br>August 2020<br>£ |
|----------------------------|--|----------------------------|----------------------------|-----------------------------------|
| Unrestricted funds         |  |                            |                            |                                   |
| General                    |  |                            |                            |                                   |
| General                    | 54,886                                 | 48,603                     | (20,874)                   | 82,615                            |
| Restricted funds           |  |                            |                            |                                   |
| BBC Children in Need       | 5,590                                  | 28,711                     | (26,969)                   | 7,332                             |
| The Allen Lane Foundation  | 3,686                                  | ,                          | (2,870)                    | 816                               |
| The Henry Smith Charity    | 15,910                                 | _                          | (15,910)                   | 010                               |
| Tudor Trust                | 8,792                                  | 23,000                     | (13,775)                   | 18,017                            |
| Eddie Byers Fund           | 1,641                                  | -                          | (195)                      | 1,446                             |
| Reaching Communities       | 59,217                                 | 113,922                    | (95,731)                   | 77,408                            |
| Sporting Communities       | (1,224)                                | 3,870                      | (2,646)                    |                                   |
| NHS Digital Inclusion      | 7,904                                  | -                          | (7,904)                    | _                                 |
| Garfield Weston            | 4,167                                  | -                          | (1,436)                    | 2,731                             |
| Good Things Foundation     | 4,657                                  | 12,500                     | (17,157)                   | 2,751                             |
| Lloyds Bank Foundation     | 14,363                                 | _                          | (14,363)                   |                                   |
| South West Peak            | (738)                                  | 2,307                      | (1,569)                    | _                                 |
| Swan Mountain              | -                                      | 4,000                      | (3,667)                    | 333                               |
| AB Charitable Trust        | _                                      | 15,000                     | (9,264)                    | 5,736                             |
| National Lottery Community |  |                            | (3,201)                    | 5,750                             |
| Fund                       | -                                      | 49,610                     | -                          | 49,610                            |
| Total restricted funds     | 123,965                                | 252,920                    | (213,456)                  | 163,429                           |
| Total funds                | 178,851                                | 301,523                    | (234,330)                  | 246,044                           |

|                           | Balance at 1<br>September<br>2018<br>£ | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Balance at 31<br>August 2019<br>£ |
|---------------------------|--|----------------------------|----------------------------|-----------------------------------|
| Unrestricted funds        |  |                            |                            |                                   |
| General                   |  |                            |                            |                                   |
| General                   | 48,801                                 | 42,849                     | (36,764)                   | 54,886                            |
| Restricted                |  |                            |                            |                                   |
| BBC Children in Need      | 5,625                                  | 28,839                     | (28,874)                   | 5,590                             |
| The Allen Lane Foundation | 3,686                                  | 5,000                      | (5,000)                    | 3,686                             |
| The Henry Smith Charity   | 12,670                                 | 18,800                     | (15,560)                   | 15,910                            |
| Evan Cornish Foundation   | 2,848                                  | _                          | (2,848)                    |                                   |
| Tudor Trust               | 7,463                                  | 20,000                     | (18,671)                   | 8,792                             |
| Eddie Byers Fund          | 2,400                                  | 900                        | (1,659)                    | 1,641                             |
| Big Lottery Fund          | 8,403                                  | -                          | (8,403)                    | 1,041                             |
| Reaching Communities      | -                                      | 65,000                     | (5,783)                    | 59,217                            |
| Sporting Communities      | -                                      | 300                        | (1,524)                    | (1,224)                           |
| NHS Digital Inclusion     | -                                      | 9,000                      | (1,096)                    | 7,904                             |
| Garfield Weston           | _                                      | 5,000                      | (833)                      | 4,167                             |
| Good Things Foundation    | _                                      | 12,500                     | (7,843)                    | 4,657                             |
| Lloyds Bank Foundation    | -                                      | 15,000                     | (637)                      | 14,363                            |
| South West Peak           |  |                            | (738)                      | (738)                             |
| Total restricted funds    | 43,095                                 | 180,339                    | (99,469)                   | 123,965                           |
| Total funds               | 91,896                                 | 223,188                    | (136,233)                  | 178,851                           |

# Notes to the Financial Statements for the Year Ended 31 August 2020

# Notes to the Financial Statements for the Year Ended 31 August 2020

The specific purposes for which the funds are to be applied are as follows:

BBC Children in Need-To provide asylum seeker children and their families with regular support through homework clubs, group activities, day trips and school enrolment.

The Allen Lane Foundation-Supporting new arrivals and integrating into the community by volunteering.

The Henry Smith Charity-To provide outreach services and befriending to the most vulnerable male, female and child asylum seekers.

Tudor Trust- To develop a volunteer programme accessible to asylum seekers within their local communities.

Eddie Byers Fund-Providing support for English tuition.

Reaching Communities- To enable early connections are made with new arrival asylum seekers so that we can provide support through outreach, signposting, education and emotional support.

Sporting Communities-Football activities project & employability programme.

NHS Digital Inclusion -- To promote digital inclusion of asylum seekers and enable access to NHS.

Garfield Weston-Tackling loneliness project (befriending).

GoodThings Foundation-To deliver digital inclusion activities to improve the health and wellbeing of socially excluded groups in the community.

Lloyds Bank Foundation.- To provide complementary therapies for women with post traumatic experience with no recourse to public fund.

South West Peak-Nature based integration project for families.

Swan Mountain-Supporting children's work.

AB Charitable Trust.-To provde outreach support for new arrival single parent asylum seekers and to manage a befriending scheme.

National Lottery Community Fund.-To provide emergency support duting Covid 19 to vulnerable families/individuals.

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 14 Analysis of net assets between funds

| Current assets<br>Current liabilities<br>Total net assets | Unrestricted<br>funds<br>General<br>£<br>83,215<br>(600)<br>82,615 | <b>Restricted</b><br><b>funds</b><br>£<br>163,429<br>-<br>163,429 | Total funds at<br>31 August<br>2020<br>£<br>246,644<br>(600)<br>246,044 |
|---|--|---|---|
| Current assets<br>Current liabilities<br>Total net assets | Unrestricted<br>funds<br>General<br>£<br>55,486<br>(600)<br>54,886 | Restricted<br>funds<br>£<br>123,965<br>                           | Total funds at<br>31 August<br>2019<br>£<br>179,451<br>(600)<br>178,851 |
|   | 54,000   | 125,905   | 1/8,851   |

## 15 Related party transactions

There were no related party transactions in the year.

Charity registration number: 1176934

# ASHA North Staffordshire

Annual Report and Financial Statements

for the Year Ended 31 August 2020

## Contents

| Reference and Administrative Details |         |
|--------------------------------------|---------|
| Trustees' Report                     | 1       |
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| Statement of Financial Activities    | 6       |
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|                                      | 8 to 18 |

## **Reference and Administrative Details**

| Trustees                    | Kevin Sauntry  |
|-----------------------------|--|
|                             | Jenny Dennis   |
|                             | Catherine Ralph  |
|                             | Angela Glendenning   |
|                             | John Walsh   |
|                             | Michelle Holland   |
| Principal Office            | Unit 7 Hanley Business Park<br>Copper Street<br>Hanley<br>Stoke -on-Trent<br>Staffs<br>ST1 4DW |
| Charity Registration Number | 1176934  |
| Company Registration Number | CE013097   |
| Independent Examiner        | Daryl Denson ACMA<br>VAST<br>The Dudson Centre<br>Stoke on Trent<br>ST1 5DD                    |

### **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 31 August 2020.

#### Trustees

Kevin Sauntry

Jenny Dennis

Catherine Ralph

Angela Glendenning

John Walsh

Michelle Holland (appointed 15 January 2021)

#### **Objectives and activities**

#### **Objects** and aims

1) To relieve the needs of asylum seekers and refugees in Staffordshire in particular but not exclusively by providing and assisting in the provision of goods and items to relieve poverty, such as food and clothing and by providing support and practical advice.

2) The promotion of social inclusion among people who are refugees and asylum seekers who are socially excluded on the grounds of their social and economic position, by providing:

a) education and training in the English language and in vocational skills;

b) social and recreational facilities and events involving the local community.

#### **Trustees' Report**

#### Public benefit

The charity was formed on 1 February 2018 and commenced to operate on 1 May 2018 when the assets, liabilities and operations of an unincorporated charity, ASHA North Staffordshire were transferred to the CIO.

During the year the main activities of the charity were:

- · Drop-in for holistic support.
- English tuition by volunteers and classes in association with Keele University English Language.
- Opportunities to volunteer at the centre and the local community.
- Social inclusion activities in the local communities.
- Opportunities for local people to volunteer and to befriend users.
- · Provision of food, clothing, and emergency cash relief.
- A weekly British Red Cross and Refugee Action drop-in with follow up

appointments.

- Football.
- Visits to the library, museum, and art gallery.
- Women and children clubs.
- A pilot woman's emotional and psychological support project.
- · Workshops on living in the UK, health and safety, safeguarding, community
- safety, apprenticeships, diverse cultures, rubbish disposal etc.
- Reconditioning donated bicycles for asylum seekers.
- Recreational activities.
- Counselling.
- Internet facilities.
- NHS digital skills training.
- Outreach to new arrivals.
- · Case work, advice, advocacy, signposting
- Community lunches and Hub meeting.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### Achievements and performance

From September 2019 until the lockdown in March 2020 ASHA offered 24,915 services to adults and a further 1,318 services during lockdown giving a total of 26,233. A total of 268 services were delivered to children and young people. During lockdown emotional support was provided by varous remote interventions.

1,129 asylum seekers and refugees utilised ASHA North Staffs , this number included 188 children and young people under 18. This represents around 99% of all asylum seekers living in North Staffordshire.

#### **Financial review**

#### Policy on reserves

A reserves policy was set up in September 2017 to cover the average running costs of the charity for 3 months. This would equate to  $\pounds 24,149$ . The actual level of unrestricted reserves held at the year end are  $\pounds 82,615$ .

## **Trustees' Report**

## Structure, governance and management

## Nature of governing document

The organisation was registered as a Charitable Incorporated Organisation on 1 February 2018

## Recruitment and appointment of trustees

New trustees are recruited and appointed by the existing trustees. The charity has a mandatory training package and induction for all trustees, staff and volunteers.

Angela Gendening

Angela Glendenning Trustee

# Independent Examiner's Report to the trustees of ASHA North Staffordshire

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 August 2020 which are set out on pages 6 to 18.

## Respective responsibilities of trustees and examiner

As the charity's trustees of ASHA North Staffordshire you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the ASHA North Staffordshire 's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since ASHA North Staffordshire 's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of CIMA, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of ASHA North Staffordshire as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Daryl Denson ACMA CIMA

VAST The Dudson Centre Stoke on Trent ST1 5DD

21/04/2021 Date:....

## Statement of Financial Activities for the Year Ended 31 August 2020

|   | Note | Unrestricted<br>£                              | Restricted<br>£   | Total<br>2020<br>£   |
|---|------|--|---|--|
| Income and Endowments from:   |      |  |   |  |
| Donations and legacies  | 2    | 40,945   | 252,920   | 293,865  |
| Charitable activities   | 3    | 7,613  | -   | 7,613  |
| Investment income   | 4    | 45   |   | 45   |
| Total income  |      | 48,603   | 252,920   | 301,523  |
| Expenditure on:   |      |  |   |  |
| Charitable activities   | 5    | (20,874)                                       | (213,456)   | (234,330)  |
| Total expenditure   |      | (20,874)                                       | (213,456)   | (234,330)  |
| Net movement in funds   |      | 27,729   | 39,464  | 67,193   |
| Reconciliation of funds   |      |  |   |  |
| Total funds brought forward   |      | 54,886   | 123,965   | 178,851  |
| Total funds carried forward   | 13   | 82,615   | 163,429   | 246,044  |
|   | Note | Unrestricted<br>£                              | Restricted<br>£   | Total<br>2019<br>£   |
| Income and Endowments from:   |      |  |   |  |
| Donations and legacies  | 2    | 42,795   | 180,339   | 223,134  |
| Investment income   | 4    | 54   | -   | 54   |
|   |      |  | And the second se | the second s |
| Total income  |      | 42,849   | 180,339   | 223,188  |
| Expenditure on:   |      | 42,849   |   |  |
|   | 5    |  | 180,339<br>(101,957)  | 223,188<br>(138,721)   |
| Expenditure on:   | 5    | 42,849   |   |  |
| Expenditure on:<br>Charitable activities  | 5    | 42,849   | (101,957)   | (138,721)  |
| Expenditure on:<br>Charitable activities<br>Total expenditure   | 5    | <u>42,849</u><br>(36,764)<br>(36,764)          | (101,957)<br>(101,957)  | (138,721)<br>(138,721)   |
| Expenditure on:<br>Charitable activities<br>Total expenditure<br>Net movement in funds                            | 5    | <u>42,849</u><br>(36,764)<br>(36,764)          | (101,957)<br>(101,957)  | (138,721)<br>(138,721)   |
| Expenditure on:<br>Charitable activities<br>Total expenditure<br>Net movement in funds<br>Reconciliation of funds | 5    | <u>42,849</u><br>(36,764)<br>(36,764)<br>6,085 | (101,957)<br>(101,957)<br>78,382  | (138,721)<br>(138,721)<br>84,467   |

All of the charity's activities derive from continuing operations during the above two periods. The funds breakdown for 2019 is shown in note 13.

## (Registration number: 1176934) Balance Sheet as at 31 August 2020

|  | Note | 2020<br>£ | 2019<br>£ |
|--|------|-----------|-----------|
| Current assets                                 |      |           |           |
| Cash at bank and in hand                       | 11   | 246,734   | 179,451   |
| Creditors: Amounts falling due within one year | 12   | (690)     | (600)     |
| Net assets                                     | -    | 246,044   | 178,851   |
| Funds of the charity:                          |      |           |           |
| Restricted income funds                        |      |           |           |
| Restricted funds                               | 13   | 163,429   | 123,965   |
| Unrestricted income funds                      |      |           |           |
| Unrestricted funds                             | _    | 82,615    | 54,886    |
| Total funds                                    | 13   | 246,044   | 178,851   |

The financial statements on pages 6 to 18 were approved by the trustees, and authorised for issue on ...... and signed on their behalf by:

Angela Grendenning

Angela Glendenning Trustee

> The notes on pages 8 to 18 form an integral part of these financial statements. Page 7

### Notes to the Financial Statements for the Year Ended 31 August 2020

#### 1 Accounting policies

#### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### **Basis of preparation**

ASHA North Staffordshire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

#### Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

#### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Notes to the Financial Statements for the Year Ended 31 August 2020

#### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### **Government** grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

#### Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 2 Income from donations and legacies

| Donations and legacies;  | Unrestricted<br>funds<br>General<br>£ | Restricted<br>funds<br>£ | Total<br>2020<br>£ |
|--|---------------------------------------|--------------------------|--------------------|
| Donations from individuals<br>Grants, including capital grants;                            | 40,945                                | -                        | 40,945             |
| Government grants<br>Grants from other charities   |                                       | 49,610<br>203,310        | 49,610<br>203,310  |
|  | 40,945                                | 252,920                  | 293,865            |
|  | Unrestricted<br>funds<br>General<br>£ | Restricted<br>funds<br>£ | Total<br>2019<br>£ |
| Donations and legacies;<br>Donations from individuals<br>Grants, including capital grants; | 42,795                                | -                        | م<br>42,795        |
| Grants from other charities  |                                       | 180,339                  | 180,339            |
|  | 42,795                                | 180,339                  | 223,134            |

## **3** Income from charitable activities

|                | Unrestricted<br>funds<br>General<br>£<br>7,613 | Total<br>funds<br>£<br>7,613 |
|----------------|--|------------------------------|
| Total for 2020 | 7,613  | 7,613                        |

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 4 Investment income

| Interest receivable and similar income;<br>Interest receivable on bank deposits | Unrestricted<br>funds<br>General<br>£<br>45       | Total<br>2020<br>£<br>45 |
|---|---|--------------------------|
| Interest receivable and similar income;<br>Interest receivable on bank deposits | Unrestricted<br>funds<br>General<br>£<br>54<br>54 | Total<br>2019<br>£<br>54 |

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 5 Expenditure on charitable activities

| Activity undertaken directly         | Unrestricted<br>funds<br>General<br>£<br>20,874 | Restricted<br>funds<br>£<br>213,456 | <b>Total</b> 2020 ₤ 234,330             | <b>Total</b><br>2019<br>£<br>138,721 |
|--------------------------------------|---|-------------------------------------|---|--------------------------------------|
|                                      |   |                                     | Activity<br>undertaken<br>directly<br>£ | 2020<br>£                            |
| Staff Costs                          |   |                                     | 138,415                                 | 138,415                              |
| Staff/volunteer expenses             |   |                                     | 4,023                                   | 4,023                                |
| Travel Expenses                      |   |                                     | 1,848                                   | 1,848                                |
| Training and Development             |   |                                     | 1,110                                   | 1,110                                |
| Other                                |   |                                     | 1,405                                   | 1,405                                |
| Professional and Legal               |   |                                     | 4,125                                   | 4,125                                |
| Rent, Utilities & Office Costs       |   |                                     | 47,972                                  | 47,972                               |
| Maintenance                          |   |                                     | 2,880                                   | 2,880                                |
| Equipment                            |   |                                     | 11,705                                  | 11,705                               |
| Activities, Trips and Groups         |   |                                     | 8,142                                   | 8,142                                |
| Workshop, Social events & Refreshme  | ents  |                                     | 4,392                                   | 4,392                                |
| Bus passes and Emergency Food        |   |                                     | 8,313                                   | 8,313                                |
|                                      |   |                                     | 234,330                                 | 234,330                              |
|                                      |   |                                     | Activity<br>undertaken<br>directly<br>£ | 2019<br>£                            |
| Staff Costs                          |   |                                     | 72,277                                  | 72,277                               |
| Staff/volunteer expenses             |   |                                     | 5,385                                   | 5,385                                |
| Travel Expenses                      |   |                                     | 2,337                                   | 2,337                                |
| Training and Development             |   |                                     | 3,316                                   | 3,316                                |
| Other                                |   |                                     | 564                                     | 564                                  |
| Professional and Legal               |   |                                     | 4,347                                   | 4,347                                |
| Rent, Utilities & Office Costs       |   |                                     | 18,708                                  | 18,708                               |
| Maintenance                          |   |                                     | 6,247                                   | 6,247                                |
| Equipment                            |   |                                     | 5,152                                   | 5,152                                |
| Activities, Trips and Groups         |   |                                     | 5,872                                   | 5,872                                |
| Workshop, Social events & Refreshmer | nts   |                                     | 8,506                                   | 8,506                                |
| Bus passes and Emergency Food        |   |                                     | 6,010                                   | 6,010                                |
|                                      |   |                                     | 138,721                                 | 138,721                              |

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 6 Analysis of governance and support costs

### **Governance** costs

| Independent examiner fees               | Unrestricted<br>funds<br>General<br>£ | Total<br>2020<br>£ |
|---|---------------------------------------|--------------------|
| Examination of the financial statements | <u>    690</u><br><u>    690</u>      | 690<br>690         |
|   | Unrestricted<br>funds<br>General      | Total<br>2019      |
| Independent examiner fees               | £                                     | £                  |
| Examination of the financial statements | 600                                   | 600                |
|   | 600                                   | 600                |

### 7 Government grants

National Lottery Community Fund Covid 19 Grant to assist in continuing the service during lockdown. The amount of grants recognised in the financial statements was £49,610 (2019 - £Nil). There are no unfulfilled conditions at the year end.

## 8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses from the charity during the year.

## Notes to the Financial Statements for the Year Ended 31 August 2020

### 9 Staff costs

The aggregate payroll costs were as follows:

|                                   | 2020<br>£ | 2019<br>£ |
|-----------------------------------|-----------|-----------|
| Staff costs during the year were: |           | -         |
| Wages and salaries                | 52,120    | 28,131    |
| Social security costs             | 1,888     | 2,961     |
| Pension costs                     | 2,075     | 897       |
|                                   | 56,083    | 31,989    |

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

|   | 2020 | 2019 |
|---|------|------|
|   | No   | No   |
| Support Worker  | 2    | 1    |
| In addition to this payments of £82,400 were made to sub contractors. |      |      |

No employee received emoluments of more than £60,000 during the year

### **10** Taxation

The charity is a registered charity and is therefore exempt from taxation.

### 11 Cash and cash equivalents

|              | 2020    | 2019    |
|--------------|---------|---------|
|              | £       | £       |
| Cash on hand | 145     | 795     |
| Cash at bank | 246,589 | 178,656 |
|              | 246,734 | 179,451 |

### 12 Creditors: amounts falling due within one year

|          |  | 2020 | 2019 |
|----------|--|------|------|
|          |  | £    | £    |
| Accruals |  | 690  | 600  |

# Notes to the Financial Statements for the Year Ended 31 August 2020

### 13 Funds

|                            | Balance at 1<br>September<br>2019<br>£ | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Balance at 31<br>August 2020<br>£ |
|----------------------------|--|----------------------------|----------------------------|-----------------------------------|
| Unrestricted funds         |  |                            |                            |                                   |
| General                    |  |                            |                            |                                   |
| General                    | 54,886                                 | 48,603                     | (20,874)                   | 82,615                            |
| Restricted funds           |  |                            |                            |                                   |
| BBC Children in Need       | 5,590                                  | 28,711                     | (26,969)                   | 7,332                             |
| The Allen Lane Foundation  | 3,686                                  | ,                          | (2,870)                    | 816                               |
| The Henry Smith Charity    | 15,910                                 | _                          | (15,910)                   | 010                               |
| Tudor Trust                | 8,792                                  | 23,000                     | (13,775)                   | 18,017                            |
| Eddie Byers Fund           | 1,641                                  | -                          | (195)                      | 1,446                             |
| Reaching Communities       | 59,217                                 | 113,922                    | (95,731)                   | 77,408                            |
| Sporting Communities       | (1,224)                                | 3,870                      | (2,646)                    | -                                 |
| NHS Digital Inclusion      | 7,904                                  | -                          | (7,904)                    | _                                 |
| Garfield Weston            | 4,167                                  | -                          | (1,436)                    | 2,731                             |
| Good Things Foundation     | 4,657                                  | 12,500                     | (17,157)                   | 2,751                             |
| Lloyds Bank Foundation     | 14,363                                 | _                          | (14,363)                   |                                   |
| South West Peak            | (738)                                  | 2,307                      | (1,569)                    | _                                 |
| Swan Mountain              | -                                      | 4,000                      | (3,667)                    | 333                               |
| AB Charitable Trust        | _                                      | 15,000                     | (9,264)                    | 5,736                             |
| National Lottery Community |  |                            | (3,201)                    | 5,750                             |
| Fund                       | -                                      | 49,610                     | -                          | 49,610                            |
| Total restricted funds     | 123,965                                | 252,920                    | (213,456)                  | 163,429                           |
| Total funds                | 178,851                                | 301,523                    | (234,330)                  | 246,044                           |

|                           | Balance at 1<br>September<br>2018<br>£ | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Balance at 31<br>August 2019<br>£ |
|---------------------------|--|----------------------------|----------------------------|-----------------------------------|
| Unrestricted funds        |  |                            |                            |                                   |
| General                   |  |                            |                            |                                   |
| General                   | 48,801                                 | 42,849                     | (36,764)                   | 54,886                            |
| Restricted                |  |                            |                            |                                   |
| BBC Children in Need      | 5,625                                  | 28,839                     | (28,874)                   | 5,590                             |
| The Allen Lane Foundation | 3,686                                  | 5,000                      | (5,000)                    | 3,686                             |
| The Henry Smith Charity   | 12,670                                 | 18,800                     | (15,560)                   | 15,910                            |
| Evan Cornish Foundation   | 2,848                                  | _                          | (2,848)                    |                                   |
| Tudor Trust               | 7,463                                  | 20,000                     | (18,671)                   | 8,792                             |
| Eddie Byers Fund          | 2,400                                  | 900                        | (1,659)                    | 1,641                             |
| Big Lottery Fund          | 8,403                                  | -                          | (8,403)                    | 1,041                             |
| Reaching Communities      | -                                      | 65,000                     | (5,783)                    | 59,217                            |
| Sporting Communities      | -                                      | 300                        | (1,524)                    | (1,224)                           |
| NHS Digital Inclusion     | -                                      | 9,000                      | (1,096)                    | 7,904                             |
| Garfield Weston           | _                                      | 5,000                      | (833)                      | 4,167                             |
| Good Things Foundation    | _                                      | 12,500                     | (7,843)                    | 4,657                             |
| Lloyds Bank Foundation    | -                                      | 15,000                     | (637)                      | 14,363                            |
| South West Peak           |  |                            | (738)                      | (738)                             |
| Total restricted funds    | 43,095                                 | 180,339                    | (99,469)                   | 123,965                           |
| Total funds               | 91,896                                 | 223,188                    | (136,233)                  | 178,851                           |

# Notes to the Financial Statements for the Year Ended 31 August 2020

# Notes to the Financial Statements for the Year Ended 31 August 2020

The specific purposes for which the funds are to be applied are as follows:

BBC Children in Need-To provide asylum seeker children and their families with regular support through homework clubs, group activities, day trips and school enrolment.

The Allen Lane Foundation-Supporting new arrivals and integrating into the community by volunteering.

The Henry Smith Charity-To provide outreach services and befriending to the most vulnerable male, female and child asylum seekers.

Tudor Trust- To develop a volunteer programme accessible to asylum seekers within their local communities.

Eddie Byers Fund-Providing support for English tuition.

Reaching Communities- To enable early connections are made with new arrival asylum seekers so that we can provide support through outreach, signposting, education and emotional support.

Sporting Communities-Football activities project & employability programme.

NHS Digital Inclusion -- To promote digital inclusion of asylum seekers and enable access to NHS.

Garfield Weston-Tackling loneliness project (befriending).

GoodThings Foundation-To deliver digital inclusion activities to improve the health and wellbeing of socially excluded groups in the community.

Lloyds Bank Foundation.- To provide complementary therapies for women with post traumatic experience with no recourse to public fund.

South West Peak-Nature based integration project for families.

Swan Mountain-Supporting children's work.

AB Charitable Trust.-To provde outreach support for new arrival single parent asylum seekers and to manage a befriending scheme.

National Lottery Community Fund.-To provide emergency support duting Covid 19 to vulnerable families/individuals.

# Notes to the Financial Statements for the Year Ended 31 August 2020

## 14 Analysis of net assets between funds

| Current assets<br>Current liabilities<br>Total net assets | Unrestricted<br>funds<br>General<br>£<br>83,215<br>(600)<br>82,615 | <b>Restricted</b><br><b>funds</b><br>£<br>163,429<br>-<br>163,429 | Total funds at<br>31 August<br>2020<br>£<br>246,644<br>(600)<br>246,044 |
|---|--|---|---|
| Current assets<br>Current liabilities<br>Total net assets | Unrestricted<br>funds<br>General<br>£<br>55,486<br>(600)<br>54,886 | Restricted<br>funds<br>£<br>123,965<br>                           | Total funds at<br>31 August<br>2019<br>£<br>179,451<br>(600)<br>178,851 |
|   | 54,000   | 125,905   | 1/8,851   |

## 15 Related party transactions

There were no related party transactions in the year.