COMPANY REGISTRATION NUMBER: 07245570

CHARITY REGISTRATION NUMBER: 1144814

Forces in the Community Company Limited by Guarantee Unaudited Financial Statements For the year ended 31 August 2020

Company Limited by Guarantee

Financial Statements

Year ended 31 August 2020

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Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 August 2020

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2020.

Reference and administrative details

Registered charity name

Forces in the Community

Charity registration number

1144814

Company registration number 07245570

Principal office and registered 2 Cross Street

office

Beeston

Nottingham NG9 2NX

The trustees

Mr M l'Anson Mrs T E Harvey

Mr A Stevens Mrs M Stevens

(Appointed 23 March 2020) (Appointed 23 March 2020)

Independent examiner

Swandec Chartered Accountants

550 Valley Road

Basford Nottingham NG5 1JJ

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 6 May 2010 and registered as a charity on 28 November 2011. The company was established under a memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1 per member.

Objectives and activities

Objectives

The company's objectives are the relief of unemployment and financial hardship and the advancement of education and training for the benefit of those who are serving or have served in the Armed Forces.

Activities

The charity hosted several seminars during the reporting year.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 August 2020

Achievements and performance

Being an integral part of the local community is central to Forces in the Community's identity.

We provide immediate help to those in need but also support people in addressing the underlying cause. Working with organisations within Nottinghamshire and Derbyshire enhance the services and support offered to clients, but also increase the likelihood of success.

During the past year we:

Have delivered 19 mental health courses to the local community and national organisations.

Have increased our support to veterans who are experiencing mental health difficulties.

Continue to experience engagement with an average of 16 clients per week.

Financial review

The company's incoming funds were entirely unrestricted during the year and have been used both to generate further funds and to cover the costs of running the charity.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 24/5/21... and signed on behalf of the board of trustees by:

Mrs T E Harvey

Trustee

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Forces in the Community

Year ended 31 August 2020

I report to the trustees on my examination of the financial statements of Forces in the Community Ltd ('the charity') for the year ended 31 August 2020.

Responsibilities and basis of report

The trustees (Who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination has been requested by the Trustees. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales (ICAEW).

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2. the financial statements do not accord with those records; or
- 3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Swandec Chartered Accountants Independent Examiner

550 Valley Road Basford Nottingham NG5 1JJ 384 May 2021

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 August 2020

	2020 Unrestricted			2019	
	Note	funds £	Total funds £	Total funds £	
Income and endowments					
Donations and legacies	5	26,509	26,509	11,581	
Charitable activities	6	16,984	16,984	32,696	
Investment income Other income	7	2	2	4	
Other income	8	10,339	10,339		
Total income		53,834	53,834	44,281	
Expenditure Expenditure on raising funds: Costs of raising donations and legacies	9	601	601	633	
Expenditure on charitable activities	10	51,087	51,087	56,269	
Total expenditure		51,688	51,688	56,902	
Net income/(expenditure) and net movement in	n funds	2,146	2,146	(12,621)	
Reconciliation of funds					
Total funds brought forward		1,295	1,295	13,916	
Total funds carried forward		3,441	3,441	1,295	

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Company Limited by Guarantee

Statement of Financial Position

31 August 2020

Fixed assets	Note	2020 £	2019 £
Tangible fixed assets	16	789	604
Current assets Debtors		0.000	
Cash at bank and in hand	17	2,903 23,683	2,500 10,132
		26,586	12,632
Creditors: amounts falling due within one year	18	23,934	9,608
Net current assets		2,652	3,024
Total assets less current liabilities		3,441	3,628
Creditors: amounts falling due after more than one year	19		2,333
Net assets		3,441	1,295
Funds of the charity			
Unrestricted funds		3,441	1,295
Total charity funds	23	3,441	1,295

For the year ending 31 August 2020 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position continues on the following page.

The notes on pages 7 to 15 form part of these financial statements.

Company Limited by Guarantee

Statement of Financial Position (continued)

31 August 2020

These financial statements were approved by the board of trustees and authorised for issue on the financial statements were approved by the board of trustees and authorised for issue on the financial statements were approved by the board of trustees and authorised for issue on the financial statements were approved by the board of trustees and authorised for issue on the financial statements.

Mrs T E Harvey

Trustee

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 August 2020

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 2 Cross Street, Beeston, Nottingham, NG9 2NX.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2020

3. Accounting policies (continued)

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, noncharitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking
 activities that further its charitable aims for the benefit of its beneficiaries, including those
 support costs and costs relating to the governance of the charity apportioned to charitable
 activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2020

3. Accounting policies (continued)

Intangible assets

Intangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated amortisation and impairment losses. Any intangible assets carried at revalued amounts, are recorded at the fair value at the date of revaluation, as determined by reference to an active market, less any subsequent accumulated amortisation and subsequent accumulated impairment losses.

Intangible assets acquired as part of a business combination are only recognised separately from goodwill when they arise from contractual or other legal rights, are separable, the expected future economic benefits are probable and the cost or value can be measured reliably.

Amortisation

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful life of that asset as follows:

Website - 25% straight line

If there is an indication that there has been a significant change in amortisation rate, useful life or residual value of an intangible asset, the amortisation is revised prospectively to reflect the new estimates.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 25% straight line Equipment - 25% straight line

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2020

3. Accounting policies (continued)

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Short term debtors and creditors with no stated interest rate are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account.

4. Limited by guarantee

The company is limited by guarantee and has no issued share capital.In the event of the company being wound up every member undertakes to contribute to the assets of the company such sums as may be required not exceeding £1.

5. Donations and legacies

	Unrestricted	Total Funds	Unrestricted	Total Funds
	Funds	2020	Funds	2019
	£	£	£	£
Donations Donations	2,415	2,415	9,248	9,248
Grants Grants receivable	24,094	24,094	2,333	2,333
	26,509	26,509	11,581	11,581

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2020

6.	Charitable activities				
	Solo of mondo/opmings as yell of 15	Unrestricted Funds £	Total Funds 2020 £	Unrestricted Funds £	Total Funds 2019 £
	Sale of goods/services as part of direct charitable activities	16,984	16,984	32,696	32,696
7.	Investment income				
		Unrestricted Funds £	Total Funds 2020	Unrestricted Funds £	Total Funds 2019 £
	Bank interest receivable	2	£ 2	4	۲. 4
8.	Other income				
		Unrestricted Funds £	Total Funds 2020 £	Unrestricted Funds £	Total Funds 2019 £
	JRS grants	10,339	10,339		
9.	Costs of raising donations and legaci	es			
		Unrestricted Funds £	Total Funds 2020 £	Unrestricted Funds £	Total Funds 2019 £
	Costs of raising donations and legacies - Donations	624	624	54	54
	Costs of raising donations and legacies - Room hire	(23) 601	(23) 601	579 633	579 633
10.	Expenditure on charitable activities by				Colombia de la Colomb
10.	Expenditure on chantable activities by	Activity type	7		
		undertaken directly £	Support costs £	Total funds 2020 £	Total fund 2019 £
	Staff training Governance costs	4,567 —	- 46,520	4,567 46,520	5,667 50,602
		4,567	46,520	51,087	56,269

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2020

11	Net income/(expenditure)	
11.	net income/texpenditure)	

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Amortisation of intangible assets		300
Depreciation of tangible fixed assets	869	1,175

12. Independent examination fees

	2020 £	2019 £
Fees payable to the independent examiner for: Independent examination of the financial statements	1.200	1.200
independent examination of the financial statements	1,200	1,200

13. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2020	2019
	£	£
Wages and salaries	21,779	31,852
Social security costs	595	_
Employer contributions to pension plans		(446)
Other employee benefits	144	`210 [′]
	22,518	31,616
		Account of the Control of the Contro

The average head count of employees during the year was 2 (2019: 2). The average number of full-time equivalent employees during the year is analysed as follows:

2020	2019
No.	No.
2	2
	No.

No employee received employee benefits of more than £60,000 during the year (2019: Nil).

14. Trustee remuneration and expenses

While a trustee, Mr R Harrington received a gross salary of £nil (2019: £8,000). All other trustees received no salary during the year.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2020

15.	Intangible assets			
				Development costs £
	Cost At 1 September 2019 and 31 August 2020			£ 6,700
	Amortisation At 1 September 2019 and 31 August 2020			6,700
	Carrying amount At 31 August 2020			
	At 31 August 2019			
16.	Tangible fixed assets			
		Fixtures and fittings	Equipment £	Total £
	Cost At 1 September 2019 Additions	6,120 149	2,438 905	8,558 1,054
	At 31 August 2020	6,269	3,343	9,612
	Depreciation At 1 September 2019 Charge for the year	5,587 571	2,367 298	7,954 869
	At 31 August 2020	6,158	2,665	8,823
	Carrying amount At 31 August 2020	111	678	789
	At 31 August 2019	533	71	604
17.	Debtors			
	Prepayments and accrued income Other debtors		2020 £ 2,500 403	2019 £ 2,500

2,500

2,903

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2020

18.	Creditors:	amounts	falling	due	within	one vear
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	and within one year		
		2020 £	2019 £
	Trade creditors	_	3,001
	Accruals and deferred income	23,934	3,547
	Social security and other taxes	_	879
	Other creditors	_	2,181
		23,934	9,608
•	Creditors: amounts falling due after more than one year		
		2020	2019
	Accruals and deferred income	£	£
	Accidate and deferred income		2,333
	Deferred income		
		2020	2019
		£	£

21. Pensions and other post retirement benefits

Defined contribution plans

Amount deferred in year

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £Nil (2019: \pounds (446)).

22. Government grants

19.

20.

The amounts recognised in the financial statements for government grants are as follows:

	2020 £	2019 £
Recognised in creditors:		
Deferred government grants due within one year	22,720	2,333
Deferred government grants due after more than one year	_	2,333
	22,720	4,666

4,666

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2020

23. Analysis of charitable fur

Unrestricted funds				
	At			At
	1 September		31 August 20	
	2019	Income	Expenditure	20
	£	£	£	£
General funds	1,295	53,834	(51,688)	3,441
			E STATE OF THE STA	-
	At			At
	1 September		31 August 20	
	2018	Income	Expenditure	19
	£	£	£	£
General funds	13,916	44,281	(56,902)	1,295

24. Analysis of net assets between funds

Tangible fixed assets Current assets Creditors less than 1 year Creditors greater than 1 year	Unrestricted Funds £ 789 26,586 (23,934)	Total Funds 2020 £ 789 26,586 (23,934)
Net assets	3,441 Unrestricted	3,441 Total Funds
	Funds £	2019 £
Intangible assets		_
Tangible fixed assets	604	604
Current assets	12,632	12,632
Creditors less than 1 year	(9,608)	(9,608)
Creditors greater than 1 year	(2,333)	(2,333)
Net assets	1,295	1,295