

VIPASSANA TRUST (DHAMMA SUKHAKARI)

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30TH SEPTEMBER 2020

REGISTERED CHARITY NUMBER 1175672

VIPASSANA TRUST (DHAMMA SUKHAKARI)
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

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VIPASSANA TRUST (DHAMMA SUKHAKARI)

TRUSTEES INFORMATION

FOR THE YEAR TO 30TH SEPTEMBER 2020

Trustees

Krupa Srivastava

Chair

Milind Bhagwat

Treasurer

Alex Reveley

Secretary

Vimal Prakash

Gideon Sawyer

Uma Maheswari

Manoj Sethumadhavan

Stephanie Weston

Andy Forbes

Appointed April 2020

Rewa Mandnikar

Resigned November 2020

Annie Hailey

Resigned November 2020

Ajay Kapoor

Resigned November 2020

Ping Tan

Resigned November 2020

Marc Sethi

Appointed November 2020

Lizzie Cheetham

Appointed November 2020

Aditi Gandhi

Appointed November 2020

Mark Phillips

Appointed February 2021

Nam Yamaguchi

Appointed February 2021

Registered Office

Walnut Tree Manor

Haughley Green

Haughley

Stowmarket

Suffolk, IP14 3RQ

Bankers

HSBC

88 High Street

Hanham

Bristol, BS15 3EJ

Charity Number

1175672

TRUSTEES' ANNUAL REPORT

The trustees present their report and the financial statements of the charity for the period ended 30th September 2020.

AIMS AND CHARITABLE PURPOSES

The Vipassana Trust (Dhamma Sukhakāri) exists to advance human happiness through the teaching of Vipassana meditation as taught by S N Goenka in the tradition of Sayagyi U Ba Khin.

ACTIVITIES – MEETING OUR CHARITABLE PURPOSES

During the period under review the Trust ran residential Vipassana meditation courses. The number of full-time adult participants (and number of courses) this year are summarised below:

Course Type	2019/20	2018/19
10-day	591	654
	(11)	(11)
3 day	374	478
	(8)	(8)

10-day courses are the standard introduction of the technique for adult students; 'old' students, that is those who have already completed a course in this tradition, may participate in these courses as well as in others that are shorter or longer.

A Vipassana course is a rewarding and often demanding experience. The Trust has a thorough application process to ensure that applicants understand the nature of what they are undertaking course and have a good chance of benefiting from their commitment of time and effort.

COVID -19 PANDEMIC:

Like many other organisations Vipassana Trust has been affected by the pandemic. A covid response team was set up by the Trust to ensure that government guidelines were followed. As a result, for part of the year, no courses were held and when courses did resume the number of students on each course was reduced.

The Trust's cash flow projections were kept up to date to reflect the financial impact of the reduced number and size of courses. Despite the effects of covid, the trust achieved a surplus for the year thanks to the donations received from old students.

The Trustees are confident that Dhamma Sukhakāri will continue to run full courses as conditions allow.

ORGANISATION

Management of the Trust's affairs is by a Board of Trustees supported by a number of committees which look after various aspects of managing the centre. All trustees are old students who have generally sat a number of courses, served on committees and have been involved in the running of the Centre. They are appointed by the Centre Teacher to serve until the next annual general meeting. The charity is a CIO controlled by its Governing constitution which Document is registered with the Charity Commission.

No charges are made for attending courses and donations are accepted only from students who have successfully completed a 10-day course. It is made clear to all participants that these donations are not payment for the teaching and accommodation that they have received, but contributions towards the costs of providing courses in the future for others to attend. The donations are called 'dana' (a Pali word). Donations given at the end of a course (course dana) are the main source of funding for the Trust. It is also supported by monthly standing orders and one-off donations from old students as well as student loans of varying amounts and duration. Donations given at the end of a course are the main source of funding for the Trust, which also receives donations from old students by way of monthly standing orders and one-off donations. We also receive student loans of varying amounts and duration.

Teaching and serving (working) on courses is always done on a voluntary basis. The day to day running of the centre is done by volunteers.

FUTURE STRATEGY

The Trust intends to increase both the number of courses and the capacity on each course to enable more students to learn and practice Vipassana meditation. Demand for courses is high and the waiting list, on every course, is long.

FINANCIAL STATEMENT

There were a reduced number of courses during the year due to the pandemic leading to a reduction of income and of running costs. However, due to the support of old students and a Covid support grant a surplus was achieved. The incoming resources for the year amounted to £293k (2019: £446k) and costs £173k (2019: £202k) leaving a surplus of £119k (2019: £244k) giving a reserve balance of £1,129k (2019 £1,009k).

Financial Support from Vipassana Trust

We are most grateful for the financial support of £3,000 per month that we received from our sister charity Vipassana Trust, from our incorporation until November 2020. This support was discontinued in October 2020 at our request when we felt that we had achieved financial stability.

TRUSTEES' ANNUAL REPORT

RESERVES POLICY

The Trustees operate a policy of investing most of its liquid funds in improving the site and its facilities while ensuring that it has sufficient funds to meet the anticipated running costs of the organisation.

FINANCIAL MANAGEMENT & RISK REVIEW

The finance committee regularly scrutinises the financial situation by way of regular income and expenditure review, cash flow statements and forecasts. We aim to be prudent in our financial management with regards to commitments to future expenditure.

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the charity SORP. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed

Milind Bhagwat
Trustee, Chair

26 July 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF VIPASSANA TRUST (DHAMMA SUKHAKARI)

I report on the accounts of the Trust for the year ended 30th September 2020 which are set out on pages 5 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met;

or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

MR A A Houston
On behalf of RJ Francis & Co Limited
Marshall Business Centre
Faraday Road
Hereford
HR4 9NS

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VIPASSANA TRUST (DHAMMA SUKHAKARI)
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME & EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30TH SEPTEMBER 2020

	Note	Unrestricted Funds £	Total Funds 2020 £	Total Funds 2019 £
<u>INCOME AND ENDOWMENTS FROM:</u>				
Donations and Legacies	2	260,044	260,044	445,621
Other Income	3	32,988	32,988	238
Investment Income	4	209	209	84
		<hr/>	<hr/>	<hr/>
		293,241	293,241	445,943
		<hr/>	<hr/>	<hr/>
<u>RESOURCES EXPENDED:</u>				
Costs of charitable activities	5	173,789	173,789	201,805
		<hr/>	<hr/>	<hr/>
<u>TOTAL RESOURCES EXPENDED</u>		173,789	173,789	201,805
		<hr/>	<hr/>	<hr/>
<u>NET INCOMING RESOURCES</u>		119,452	119,452	244,138
		<hr/>	<hr/>	<hr/>
<u>RECONCILIATION OF FUNDS</u>				
<u>TOTAL FUNDS BROUGHT FORWARD</u>		1,009,617	1,009,617	765,479
		<hr/>	<hr/>	<hr/>
<u>TOTAL FUNDS CARRIED FORWARD</u>		1,129,069	1,129,069	£1,009,617
		<hr/>	<hr/>	<hr/>

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

VIPASSANA TRUST (DHAMMA SUKHAKARI)
BALANCE SHEET

30TH SEPTEMBER 2020

	Note	£	<u>2020</u>	£	<u>2019</u>	£
<u>FIXED ASSETS</u>						
Tangible Assets	7		1,828,438		1,715,563	
<u>CURRENT ASSETS</u>						
Debtors	8	5,866		6,542		
Cash at Bank and in hand		232,743		136,585		
		238,609		143,127		
<u>CREDITORS: Amounts falling due within one year</u>	9	52,486		35,940		
<u>NET CURRENT ASSETS</u>			186,123		107,187	
<u>TOTAL ASSETS LESS CURRENT LIABILITIES</u>			2,014,561		1,822,750	
<u>CREDITORS: Amounts falling due after more than one year</u>	10		885,492		813,133	
<u>NET ASSETS</u>			£1,129,069		£1,009,617	
<u>FUNDS</u>						
Unrestricted Income Funds	11		1,129,069		1,009,617	
<u>TOTAL FUNDS</u>			£1,129,069		£1,009,617	

The financial statements were approved and signed on behalf of the board on 26 July 2021.
Signed.

..... Trustee
Milind Bhagwat

Chair

VIPASSANA TRUST (DHAMMA SUKHAKARI)
NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30TH SEPTEMBER 2020

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

The financial statements have been prepared in accordance with the charities SORP (FRS 102) 'Accounting and Reporting by charities applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

b) Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

c) Depreciation Policy

Depreciation is provided at rates calculated to write off the cost, less residual value, of each asset over its expected useful life, as follows:

Buildings	- 2% Straight line
Fixtures & Fittings	- Various between 5%-25% Straight line
Motor Vehicles	- 25% Straight line

It is the charity's policy not to capitalise items below £1,000.

d) Resources expended

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT and is reported as part of the expenditure to which it relates.

e) Foreign Currency

Transactions in foreign currency are recorded at the rate on the day when the transaction is made. Monetary assets and liabilities denominated in foreign currencies at the balance sheet date are revealed at the closing exchange rates on that date; any exchange differences are recognised in the profit and loss account.

f) Taxation

The charity is exempt from tax on its charitable activities

g) Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

There were no restricted funds for this year or the previous year.

2. DONATIONS AND LEGACIES

	Unrestricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Dana (Donations)	213,572	213,572	416,861
Gift Aid	46,472	46,472	28,760
	260,044	260,044	445,621

3. OTHER INCOME

	Unrestricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Misc Sales Income	230	230	238
Foreign Exchange Gains	7,758	7,758	-
Covid Grant	25,000	25,000	-
	32,988	32,988	238

VIPASSANA TRUST (DHAMMA SUKHAKARI)
NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30TH SEPTEMBER 2020

4.	<u>INVESTMENT INCOME</u>	Unrestricted Funds £	Total Funds 2020 £	Total Funds 2019 £
	Bank Interest Receivable	209	209	84
		_____	_____	_____

5.	<u>COST OF CHARITABLE ACTIVITIES</u>	Unrestricted Funds £	Total Funds 2020 £	Total Funds 2019 £
	Cost of Charitable Activities	173,789	173,789	201,805
		_____	_____	_____

Cost of Charitable Activities includes:

	Unrestricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Accountancy Fees	1,169	1,169	1,045
Foreign Exchange Losses	-	-	9,085
	_____	_____	_____
(2020 Gains £7,758)			

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th September 2020.

Trustees Expenses

There were no trustees' expenses paid for the year ended 30th September 2020

7. TANGIBLE FIXED ASSETS

	Fixtures & Fittings £	Land & Buildings £	Motor Vehicle £	Total £
<u>Cost</u>				
At 1 st October 2019	247,915	1,515,529	2,450	1,765,894
Additions	35,065	133,257	-	168,322
Disposals	-	-	-	-
At 30 th September 2020	_____	_____	_____	_____
<u>Depreciation</u>				
At 1 st October 2019	24,850	24,868	613	50,331
Charge for the Year	27,302	27,533	612	55,447
At 30 th September 2020	_____	_____	_____	_____
<u>Net Book Value</u>				
At 30 th September 2020	230,828	1,596,385	1,225	£1,828,438
At 1 st October 2019	_____	_____	_____	_____
	223,065	1,490,661	1,837	£1,715,563

VIPASSANA TRUST (DHAMMA SUKHAKARI)
NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30TH SEPTEMBER 2020

8.	<u>DEBTORS</u>	<u>2020</u> £	<u>2019</u> £
	Gift Aid Outstanding	1,022	2,795
	Prepayments	1,968	2,739
	Accrued Income	1,012	1,008
	Amount owed by Parent Undertaking	1,864	-
		<u>£5,866</u>	<u>£6,542</u>
9.	<u>CREDITORS: Amounts falling due within one year</u>		
	Trade Creditors	20,485	6,911
	Credit Cards	654	439
	Accruals	7,351	6,579
	Student Loans	-	-
	Mortgage	23,996	22,011
		<u>£52,486</u>	<u>£35,940</u>
10.	<u>CREDITORS: Amounts falling due after more than one year</u>		
	Bank Loan:		
	Due within 1-2 years	24,676	45,951
	Due within 2-5 years	78,308	74,394
	Due after 5 years	396,429	405,201
		<u>499,413</u>	<u>525,546</u>
	Student Loan		
	Due within 1-2 years	25,000	25,000
	Due within 2-5 years	162,587	162,587
	Due within 5 years	198,492	100,000
		<u>386,079</u>	<u>287,587</u>
		<u>£885,492</u>	<u>£813,133</u>
11.	<u>MOVEMENT IN FUNDS</u>		
		<u>Balance at</u> <u>1st October 2019</u>	<u>Incoming</u> <u>Resources</u>
		£	£
	Unrestricted Income Funds	1,009,617	119,452
		<u>1,009,617</u>	<u>119,452</u>
12.	<u>RELATED PARTY TRANSACTIONS</u>		
	We do not consider that there were any related party transactions requiring disclosure for the year ended 30 th September 2020.		
13.	<u>CAPITAL COMMITMENTS</u>		
	£10k capital expenditure had been authorised but not contracted for at the Year End.		