



National Survivor User Network

(A company limited by guarantee)

Report and Financial Statements

For the year ended 31st March 2021

Charity Number 1135980

Company Number 07166851

**National Survivor User Network
Report and Financial Statements for the Year Ended 31 March 2021**

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National Survivor User Network
Legal and Administrative Details for the Year Ended 31 March 2021

Reference and Administrative Information

Charity Name: National Survivor User Network

Charity Registration Number: 1135980

Company Registration Number: 1032145

Registered Address: NSUN Ltd,
Kemp House,
152-160 City Road,
London EC1V 2NX

Trustees: The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1st April 2020 up to the date of approval of these financial statements were as follows:

Zoe Bennett
Alisdair Cameron
Eleni Chambers
Nic Murray
Angela Newton (Harris), Chair
Helen Oldfield, Treasurer until 22nd June 2020
Jonathan Rackham from 24th November 2020
Emily Reynolds
Rachel Rowan Olive
Amy Rushton from 24th November 2020
Julia Smith until 24th November 2020
Dawn Wills, Secretary until 9th March 2021
Mark Wood until 17th September 2020

CEO : Akiko Hart

Independent Examiner: Michael Tourville, Beever and Struthers, 15 Bunhill Row,
London, EC1Y 8LP

Principal Bankers: Santander, Bootle, Merseyside, L30 4GB

Solicitors: Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London,
EC4V 6LB

National Survivor User Network Trustee's Annual Report (including Directors' Report) for the year ended 31 March 2021

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2021. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served during the year are listed on page 1.

Objects and activities for the public benefit

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. Creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen user voices.
2. Facilitating active links between service user groups and individuals.
3. Building capacity for service user groups.
4. Brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of the following activities:

- building capacity in our membership
- strengthening local and regional networks
- capacity building and information sharing
- influencing mental health policy and practice
- representing and relaying members' views at all high level mental health policy levels and communicating practice, policy and legislative changes back to members
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy

**National Survivor User Network
Trustee's Annual Report (including Directors' Report) for the year ended 31 March 2021
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Review of Achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an independent user-led network, bringing individuals and groups together to communicate, support each other, share experiences and have a voice. It's a membership network led by people with lived experience of mental health issues or long-term mental distress.

NSUN exists to enable change for people who experience long-term distress, discrimination and disadvantage. As a membership organisation, NSUN connects individuals and groups and then supports, encourages, amplifies and advocates so that the issues, ideas, dreams and ambitions of those who live with long-term distress and/or mental ill-health can be realised.

2020/21 Activities:

As stated in the 2019/20 Trustees' Annual Report, NSUN's aims for 2020/21 were to:

- build capacity in its membership through a micro-grant making programme for User Led Organisations (ULO), as well as series of resources aimed at strengthening the resilience of ULOs and facilitating shared learning
- gain a better understanding of the sector through mapping our members' activities
- continue to promote and amplify members' perspectives, voices and campaigns through our communications and policy work, and ensure that NSUN is a disruptive and constructive voice in policy settings, challenging the focus on individual expertise and bringing to the fore collective knowledge and action.

We have achieved those aims through

NSUN Covid-19 Fund

"It's a small pot of money but it's amazing what you can do with a small pot of money."

NSUN Covid-19 Fund grantee

In 2020, NSUN awarded grants to 88 organisations and groups, to support peer support, community action and mutual aid for people experiencing mental ill-health or distress during the pandemic. The NSUN Covid-19 Fund consisted of an initial grant of £100,000 from Mind's Coronavirus Mental Health Relief Fund (CMHRF) via the Department of Health and Social Care, to distribute £60,000 in small grants. Based on the success of the first grant, NSUN was then awarded a second grant of £50,000 to distribute 10 grants of £5,000 to existing NSUN grantees which were organisations or groups led by and for people from racialised communities. NSUN then received an additional grant of £10,000 from Lankelly Chase, and the CMHRF then awarded NSUN £5,000 to distribute to an existing grantee delivering helpline support. In total, NSUN distributed £125,280. The grant management costs including the evaluation totalled £36,404 to the end of the financial year with some further costs of monitoring grant expenditure expected in the 2021/22 financial year.

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The proportion of funding awarded to groups led by people from racialised communities was 63%. 15 (17%) of the 88 organisations were gender specific: 14 for women and one for men. Four (4.5%) were LGBTQ+ organisations or groups.

Most of the applications (c. 75%) were for some form of technology to enable online or remote connection with their communities, whether for software (typically Zoom subscriptions) or hardware (laptops, mobile phones or tablets). Two-thirds of these (30% of the grants overall) were asking for additional items along with technology; examples of this include: training, creative or wellbeing packs to send out to members, facilitator costs for online groups and printing and postage. The remaining 25% of applications included staffing and volunteer costs, creative and postal projects, and translations.

Some applications were rejected on the basis that the group was not user-led, some for being outside the grant remit (e.g. not Covid related) and some because they were applying for food which was not within the remit of the fund. In the early days of the fund, a number of applications came from mutual aid groups where the link with the ethos of NSUN and the fund was not clear, which we were unable to fund.

NSUN aimed to make the process as accessible as possible, using a light-touch form and offering support from an NSUN Associate undertaking a Grant Manager role. NSUN also supplied an Easy Read version of the form, an opportunity taken up by three organisations. Grant applicants were contacted by a grants manager in the first instance, who was also available to support people with their applications. The grants manager did an initial sift according to the criteria, arranged a phone call/Zoom with the shortlisted applicant, and approved applications under £200 which met the criteria. The contact with the grantees was an invaluable part of the process. These applications and the notes were then put forward to a panel which met each week (two standing members: the CEO, one NSUN Associate, one NSUN trustee and the evaluator). Successful applicants were then sent a grant agreement form based on similar forms from Awards for All and Lankelly Chase. NSUN was able to fund applicants without bank accounts through the Equals Money Scheme which sends out expenses cards which people could use to make and track purchases. Throughout the process, the grants team worked closely with the Finance Officer to set up strict financial controls, including receipts for all purchases, and requests for copies of organisational bank details.

National Survivor User Network Trustee's Annual Report (including Directors' Report) for the year ended 31 March 2021 (continued)

The independent evaluation, undertaken by a survivor researcher, included a quantitative analysis, an-depth qualitative analysis based on an evaluation form and 12 case studies, reflections on NSUN's learning, and 10 short videos from grantees: <https://www.nsun.org.uk/how-our-members-adapted>

The CEO was invited to do a podcast interview with Healing Justice London where she talked about the work of the Fund and NSUN's learning which could benefit the sector: <https://anchor.fm/healing-justice-ldn/episodes/Lived-Experience-Mental-Health-in-Times-of-Covid-19-with-China-Mills-and-Akiko-Hart-eto8v>

"It is vital for funders and commissioners everywhere to recognise the value of a seriously small grants fund. There are so many small groups and organisations out there who, for various reasons, are unable or unwilling to try to apply for medium or large grants. They may not have the capacity or resources to embark on the process, they do not want to be funded out of their comfort zone, but they do want to survive and thrive, doing what they do best for their immediate communities."

NSUN Covid-19 Fund evaluation, Alison Faulkner

Resources for user-led groups

During 2020/21, NSUN held a number of events and created a series of resources to help build the capacity of user-led groups.

Due to Covid restrictions, the NSUN 2020 Annual General Meeting and Members' Event was held online in November. It included panel discussions (on LGBTQ and survivor activism; what user led groups need; survivor research; and youth lived experience leadership). These are all available to view on the AGM website (<https://nsunagm2020.com/>) and the NSUN YouTube channel. The website also includes soapbox videos, a creative exhibition, membership videos, an update video on NSUN's work this year, and a "meet the team" video. Accessibility was one of the main considerations for the AGM, and the event included British Sign Language (BSL), captioning, a group agreement which enabled people to feel safe and respected, and a range of speakers who reflected the diversity of the membership. Following on from the AGM, NSUN supported 5 small user led groups to access BSL/captioning for their events this year.

Through the partnership work with Mind, NSUN commissioned and published a number of resources for members on peer support, including a guide to remote and online peer support and case studies on peer support groups. Following on from the Principles Ways of Working Peer Support Charter published in 2018, NSUN commissioned and published a report, blog and video on "Principled ways of working: peer support in Sussex, learning from a local partnership." The process enabled the partners involved to review their work together and discuss their achievements, as well as the benefits and the challenges of peer support partnership work across statutory and small and large VCSE organisations. NSUN also convened online shared learning spaces for members, in partnership with Make Space and LGBT Switchboard, on different aspects of facilitating peer support groups online.

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Thanks to a grant from City Bridge Trust funded from the London Community Response Fund, NSUN launched Community Constellations, a new capacity-building project for the vibrant but precarious user-led and community-led sector in London. Community Constellations takes as its starting point the fact that user-led community groups resemble the specific communities they serve more than they resemble an overall model. The project, works with partner organisations to create generative spaces in which user-led organisations can support each other and build for the future. Its work includes:

- launching a regular online reflective practice space in partnership with youth mental health projects Voice Collective and Hearts and Minds
- supporting the Survivor Researcher Network, currently hosted by NSUN, and Misery, a QTPOC sober mental health collective, with their journey to becoming constituted
- working in partnership with user-led group Feeling Queer on a zine on queer mental health.

NSUN also funded an additional print run of Asylum Magazine which Women in Secure Hospitals and Books Beyond Bars sent to women and LGBTQIA+ folk in forensic wards or in prison. This was part of NSUN's work to share mental health resources with people who were digitally excluded during the pandemic.

Understanding our sector

In December 2020, NSUN published the report "What do user-led groups need?", thanks to a grant from the London Community Response Fund: <https://www.nsun.org.uk/news/what-do-user-led-groups-need>

The report is the result of 19 interviews commissioned by NSUN with community organisations and groups using lived experience to deliver mental health support in England. These interviews took place in August 2020.

The objective of the research was shaped by NSUN's role as a national network of user-led mental health organisations and its experience of delivering a micro grants programme to support user-led community groups and organisations to deliver mental health related activity in the context of the first national pandemic lockdown in 2020. The research looked to understand what challenges user-led mental health organisations face and to explore what might help user-led organisations delivering mental health support to meet their aims and sustain and develop their activities.

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This report contains a number of observations from the interviews carried out and a number of testable hypotheses for future action. Key findings from the report include:

- “User-led organisations and groups can feel that their target cohort is too specific to attract the attention of funders interested in whole community change, even when the size of the funds required to meet the needs of that cohort are minimal. Making a big change to a small number of people does not feel like an easy sell.
- User-led groups and organisations that have grown from racialised or marginalised community may define themselves and their lived experience in terms of their community experience primarily, even when their activities support the mental health of their community.
- User-led groups and organisations delivering support and opportunities to improve mental health can feel outside bodies, including funders, do not understand what is specific about their work and the context in which it takes place and as such struggle to communicate the value of what they deliver.
- User-led groups and organisations may feel themselves to have few local allies or peers with which to share, discuss and develop ideas and partnerships, especially where the mental health elements of their work are not widely recognised as important within their wider community.”

What do user led groups need? By Mark Brown and Emma Ormerod

NSUN continued to develop its relationships with grant-making trusts and foundations in order to influence the way in which they consider, value and fund grassroots user-led groups. This included participating in a roundtable on Disabled People's Organisations convened by the National Lottery Community Fund, ongoing conversations with the Fore about the NSUN Covid-19 Fund, and facilitating a learning session on mental health & inequalities for philanthropy consultancy Ten Years' Time' Grant Givers Programme.

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Amplifying our members' voices and campaigns

NSUN published 25 members' blogs and continued to share campaigns from the membership. Highlights include "‘Call Before You Walk’ for A&E – how will this impact treatment for self-harm?", by Self Injury Support Director Naomi Salisbury, responding to changes in the process for going to A&E for self-harm (<https://www.nsun.org.uk/call-before-you-walk-for-ae-how-will-this-impact-on-treatment-for-self-harm>), and "Another shocking scandal - why does this keep happening?" - by People First Director Andrew Lee, in response to ten staff being suspended at Yew Trees hospital in Essex after reports of abusive behaviour (<https://www.nsun.org.uk/another-shocking-scandal-why-does-this-keep-happening>).

As part of the partnership work with Mind, NSUN commissioned a series of focus groups and interviews to map out what is sometimes called 'Lived Experience Leadership' in different settings in England and Wales. The project engages with the questions, complexities and debates about Lived Experience Leadership, to see if there might be a role for NSUN or Mind in supporting its development. NSUN also commissioned a series of blogs and vlogs for members to share their views on what Lived Experience Leadership means to them, and, for some, the challenges of navigating a Lived Experience job in a mental health setting.

In the week before World Mental Health Day (October 2020), NSUN released a series of articles looking at the "new normal" as well as interacting cycles of poverty and distress.

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Policy and Influencing Work

NSUN has continued to work closely with its policy partners in order to influence mental health and welfare policy, from the perspective of our members who might otherwise not have a voice in these spaces. NSUN is a member of the following coalitions or groups:

- the Mental Health Independent Advisory Oversight Group, which tracks progress against the NHS Long Term Plan
- the Mental Health Alliance, which focuses on mental health legislation and which NSUN currently chairs
- two consortia at the Health & Wellbeing Alliance at Department of Health & Social Care (the Lived Experience Alliance, formerly the Win-Win Alliance, and the Mental Health Consortia). The Health & Wellbeing Alliance is a partnership between the voluntary sector and the health and care system to provide a voice and improve the health and wellbeing for all communities.
- the Disability Benefits Consortium, a coalition of over 100 charities and other organisations working towards a fair benefit system
- and regular Care Quality Commission (CQC) meetings and updates. The CQC is the independent regulator of health and social care in England.

Highlights from policy and influencing work include:

- The proposed changes to mental health legislation in the Coronavirus Act expired (sunsetting) thanks to campaigning work by NSUN and other organisations
- Work on the Mental Health Act in the run-up to the publication of the White Paper in January and during the subsequent public consultation, including co-hosting two webinars with the British Institute of Human Rights, commissioning and publishing a series of blogs on members' personal experience of being detained under the Act, consulting with members through online surveys, and publishing a response to the consultation.
- NSUN's submission referenced and included in the Joint Committee on Human Rights report "The Government's response to COVID-19: human rights implications":
<https://committees.parliament.uk/writtenevidence/9268/html>
- Partnership work with mental health charities which culminated in the publication of the Social Contract, a manifest for a mentally healthy society
(<https://amhp.org.uk/app/uploads/2020/06/A-New-Social-Contract-for-a-mentally-healthier-society-FINAL.pdf>)

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- Policy work on the Competence Framework on Mental Health Peer Support Workers
- Launching the 4Pi microsite in November: <https://www.nsun.org.uk/4pi-involvement-standards>
- Publishing 'Keeping Control', a series of resources on hate crime and abuse in mental health, including a report translated into Bengali, Urdu, Arabic and Gujarati, and available in Easy Read. It also included a series of audio interviews: <https://www.nsun.org.uk/news/keeping-control>

NSUN's work was presented at numerous events, including a Coping with Covid webinar organised by the United Nations, the ACEVO (Association of Chief Executives of Voluntary Organisations) conference, and the House of Lords Select Committee on digital mental health and Covid.

Hosted Project: North East together

North East together (NEt) is the Regional Network for people with lived experience of mental health conditions living in the North East of England.

In the last year NEt continued to stay in touch with our members during lockdown by purchasing a Zoom licence and holding Members' meetings online.

NEt has also been able to continue support via online meetings Pride in Mind, a social and support group for members of the LGBTQ+ Community with lived experience of a mental health condition.

Work has also progressed with involvement in A Weight off Your Mind, a regional plan to support those within secondary mental health and learning disability services to manage their weight. Our secretary is now involved with two steering groups to roll out the work across the Region and NEt are also involved in some associated research on the plan.

In the next year NEt has agreed a service level agreement with the Northern Clinical Network and Senate to engage and measure the impact Covid 19 has had on people with lived experience, particularly around access to mental health services.

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Hosted Project: Survivor Researcher Network

The Survivor Researcher Network (SRN) was originally formed after the 'Strategies for Living' Mental Health Foundation project (1997-2003) and was hosted by the Mental Health Foundation until 2011 when it moved to NSUN.

The network aims to provide mental health service users and survivors who are involved and interested in research with a forum for networking, sharing information and supporting each other. SRN produces a bulletin of research opportunities, events and articles every two months. Information is also now shared via the SRN Twitter account at @SurvivorResNet.

In 2020/21, Working Group members completed their chapter entitled 'How can we survive and thrive as survivor researchers?' for the *Routledge Handbook of Service User Involvement in Human Services Research and Education*, which was published during Autumn 2020 in hardback and a more affordable e-book format. SRN staged a panel discussion at the NSUN AGM under a similar title.

They contributed to the March 2021 LivPsych meeting, 'Survivor Research Perspectives: Unmasking the Black-White Mirror to Save Black Lives in the Mental Health' with Colin King and Doreen Joseph. The SRN bulletin with information on relevant opportunities and publications continues to be circulated every other month to NSUN members on the mailing list.

Over the winter months SRN successfully established an online Discussion and Support Group for those interested in using their lived experience in mental health research. There has been considerable interest and three meetings have taken place. Meetings include a topic for discussion and free space to bring issues of concern.

The Working Group has met regularly and considered options for the future development of SRN. The hosting and funding arrangements for SRN with NSUN are coming to an end in 2021. The Working Group are currently building a new SRN website which can offer a platform for interaction and resources for survivor researchers, establishing a community interest company and seeking alternative core funding.

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Fundraising

The Trustees are delighted to report that in addition to the NSUN Covid fund grant gratefully received from Mind/DHSC, other new grant funding was successfully secured in the year from The National Lottery Community Fund, Trust for London, Lankelly Chase, the London Community Response Fund, and the Charities Aid Foundation (CAF) totalling £161,127 and are incredibly grateful for their support. We are also grateful for the ongoing support from Esmee Fairbairn Charitable Trust and the Tudor Trust towards core funding, and Mind, Lankelly Chase, Esmee Fairbairn Charitable Trust and Disability Rights UK (DHSC) for grant income to support various specific projects during the year.

Aims for 2021/22

In 2021/22, NSUN will consolidate the growth of the past 12 months, strengthen its policies and governance, and review the membership offer.

NSUN also aims to continue building capacity in its membership through a second small grants programme for user-led organisations, as well as scaling Community Constellations in order to work alongside groups across England. NSUN will continue to promote and amplify members' perspectives, voices and campaigns through communications, and will also develop its policy work, focusing on the social determinants of mental ill health or distress.

Financial review

Income for the year ended 31st March 2021 totalled £561,920 (2020: £236,082) and increased by £325,838 from the previous year. The largest area of increase was seen in Grants and Donations which rose by £319,920 when compared with the previous year. This increase was driven by grants totalling £155,977 secured from funders specifically responding to the Coronavirus pandemic and grants totalling £165,000 received towards the NSUN Covid Fund.

NSUN's principal source of funds during 2020-21 was income from grants and totals £480,247 (2020: 190,258) and comprises 85% of income (2019: 81%).

Expenditure totalled £440,211 (2020: £230,109) for the year ended 31st March 2021, an increase of £231,017 when compared with the previous year. Costs have increased with the expansion of activities and the staff team and the largest single area of increased costs was seen for the Covid Fund Small Grants scheme with costs of £161,698 of which £125,280 comprised grants issued to groups and organisations. Total staff costs have increased by £27,341 as a result of the team having grown from an average headcount of 2 to 3.4 during the year.

Non-staff support costs including governance costs, saw an increase of £32,163. The two largest areas of increase were governance costs, where legal support given in-kind by solicitors Faegre Drinker Biddle & Reath LLP in respect of reviewing the Articles of Association totalling £28,300, was included in the total. In addition, costs of starting the development of a new website at the end of the financial year increased website costs. This was partially offset by falls in travel costs due to the Coronavirus pandemic restricting face to face meetings. Despite the increase in costs, due to the increase in the size of the team, support costs per head fell over the course of the year.

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Fundraising costs totalled £20,915 and fell by £15,584. This fall was primarily due to the allocation of support costs mentioned above rather than a decrease in staff time spent. Fundraising costs relate to staff time spent on grant fundraising and the investment saw an increase in income from these sources of £289,989. In addition to funds secured in the 2020/21 financial year, fundraising efforts to secure Lottery funding, made both in the 2019/20 and the 2020/21 financial years saw the successful securing of a 3-year grant totalling £278,868 across the 21/22, 22/23 and 23/24 financial years. We are very grateful to The National Lottery Community Fund for this support.

Total funds, reserves policy and going concern

Total funds at 31st March 2021 were £134,548 (2020: £33,754) and comprised restricted funds of £61,091 (2020: £23,009) and unrestricted funds of £73,457 (2020: £10,745). The largest remaining restricted funds comprise core funding and funding towards staff and Trustee wellness activities from Tudor Trust (£21,344), funding from City Bridge Trust (London Community Response Fund) towards the Community Constellation Project (£19,977) and Trust for London funding towards the Policy Officer (£7,099). Unrestricted funding comprised funding from Esmee Fairbairn and CAF towards core costs in the 2021/22 financial year and unrestricted income from donations and contracts.

The Trustees review the charity's reserves policy annually and aim to hold 3 months of fixed staff and running costs plus other specific amounts in relation to: staff redundancy entitlement, provision to cover any unexpected key staff sickness, provisions against unsecured consultancy income and provision against the unrestricted grants, whose balances form part of the unrestricted reserves but where there is an expectations they will be used to fund costs in the coming year and not held as contingency reserves. As such the agreed reserves target is £125,727 including £47,527 in relation to unrestricted grants to be used in the coming year. At the 31st March 2021 unrestricted free reserves, excluding fixed assets, total £72,845 which were 60% of this target. Trustees aim to set aside further unrestricted funds over the coming year but anticipate that it may take several years before reserves are maintained at the level set by the reserves policy.

The Trustees have reviewed the budgets for the 2021/22 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

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Grant Making Policy

NSUN's grant making policy is specific to the funds being distributed and is in line with the conditions of the funder, which during the year 2020/21 financial year was the NSUN Covid-19 Fund funded by Mind/Department of Health and Social Care. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user led groups and grants were awarded which supported peer support, community action and mutual aid for mental health during Covid-19

Applications for grants were invited through our members bulletin and advertised widely through social media channels. It is NSUN's policy to make grants as accessible as possible and applications were made through using a light-touch form and with the offer of support from a grants manager. Applications were reviewed on a first come first serve basis and are shortlisted by a grants manager. Applications meeting the criteria for under £200 are approved directly by the grants manager, with larger applications being passed to the grants panel for consideration. The panel met each week for the duration of the fund and comprised two standing members: the CEO, one NSUN Associate, one NSUN Trustee and the evaluator. Where successful, restricted grants were awarded to groups subject to agreement with the terms and conditions set out in our grant agreement. To ensure compliance with the grant award the Finance Manager agrees all expenditure to supporting evidence supplied by the grantees at the end of the grant period. Grants were awarded to user-led groups or organisations, which were run, governed or delivered by people with direct experience of the kinds of challenges faced by the people they intend to help or support.

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Key Risks and Uncertainty

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks.

The Board review the risk register at every Board Meeting (at least quarterly) which lists the key risks identified together with a risk score calculated based on the probability and the potential impact of the risk concerned. Actions being taken to manage the identified risks are listed on the register.

Key risks identified during the year are:

- 1) Compliance with laws and regulations around data, which has been managed by ongoing targeted training for Trustees, staff, associates and volunteers and maintenance and monitoring of appropriate policies in line with current developments and legislative changes.
- 2) The impact of the coronavirus pandemic on finance and operational activities, which has been managed through a business continuity plan in place to identify and mitigate Covid specific risks. In addition, funding has been secured to provide financial stability over the next more than 12 months.
- 3) Board effectiveness, including risks around poor communications and skills, which is being addressed through a skills audit, Board appraisal process and Board training.
- 4) Lack of racial diversity on the Board, which is the subject of ongoing discussions including the accessing of Racial Justice training for Board members and the consideration during 2021 Board recruitment.
- 5) Clarity over the membership offer and the most appropriate legal structure of NSUN going forward.

As is the case with many charities, NSUN is facing a number of external risks, as the sector constricts and adapts to a post-Covid world. NSUN also faces internal risks, in particular around governance. In October 2020, NSUN released a statement to its members on their liability in the unlikely event of NSUN becoming insolvent: <https://www.nsun.org.uk/news/statement-on-liability-of-nsun-members-in-case-of-insolvency-news>. This had not previously been communicated to members. One of the key tasks for 2021/22 is to review the membership offer and the most appropriate legal structure for the organisation, and to continue strengthening internal policies and governance.

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Contribution made by volunteers

We are incredibly grateful to all of the volunteers many of whom have provided considerable pro bono support valued at £33,800 and included within the financial statements. This has included pro-bono legal support, coaching and policy support, as well as individuals generously sharing their expertise.

Structure Governance and Management

The National Survivor User Network (NSUN) is a Charitable Company Limited by Guarantee with charity number 1135980 and Company number 1032145. NSUN's governing document are Articles of Association and the charity operates in England.

Trustees (who are also Company Directors) are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. Trustees are approved and appointed by the members at the AGM. They can also be appointed by the Board. The Articles of Association state that the minimum number of Trustees should be 3 and the maximum 12. Trustees must retire at the AGM which falls on or after the third anniversary of their appointment and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair and CEO and offered training as necessary.

The Board meets at least 4 times a year.

Day to day management of the charity has been delegated to the CEO (previously the Managing Director). The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

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Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

At present, there are 4 other members of staff, the General Manager, the Communications and Membership Officer, the Project Manager of Community Constellations and the Policy Officer, and several self-employed consultants ("Associates") who are line managed and appraised by the CEO. The Finance and Administration Officer is contracted on a self-employment basis.

The Board also conducts business through several task and finish groups and sub committees and delegated responsibility are agreed to provide additional reviews, scrutiny and controls. Task and finish groups include Strategy, and sub committees during the year were Finance and Policies.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in note 20 to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

National Survivor User Network

**Trustee's Annual Report (including Directors' Report) for the year ended 31 March 2021
(continued)**

Trustees' responsibilities in relation to the financial statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 1st June 2021 and was signed on its behalf, by:

Angela Newton

Angela Newton (Harris)
Chair

Independent Examiner's Report to the Trustees of National Survivor User Network

I report to the charity Trustees on my examination of the financial statements of the company for the year ended 31 March 2021 which are set out on pages 20 to 36

Responsibilities and basis of report

As the charity Trustees of the company (and also its Directors for the purposes of company law) you are responsible for the preparation of the Financial Statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Tourville

Michael Tourville ACA

**Beever and Struthers
Chartered Accountants
15 Bunhill Row,
London
EC1Y 8LP**

Date: 21 July 2021

National Survivor User Network
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2021

	Notes	Unrestricted Funds	Restricted Funds	Total 31.03.2021	Unrestricted Funds	Restricted Funds	Total 31.03.2020
		£	£	£	£	£	£
Income from:							
Legacies and Donations							
Grants and Donations	3	200,599	316,226	516,825	84,257	112,648	196,905
Charitable Activities							
Contracts and Consultancy		39,595	5,500	45,095	39,177	-	39,177
Total Income		240,194	321,726	561,920	123,434	112,648	236,082
Expenditure on:							
Costs of raising funds	4	20,915	-	20,915	36,500	-	36,500
Charitable Activities							
NSUN Covid-19 Fund		11,229	150,469	161,698	-	-	-
Resources for user led groups		64,470	97,923	162,393	24,646	67,233	91,879
Influencing Policy		73,871	28,851	102,722	47,490	13,125	60,615
Hosted Projects		6,997	6,401	13,398	6,127	34,988	41,115
Total Charitable Activities	4	156,567	283,644	440,211	78,263	115,346	193,609
Total Expenditure		177,482	283,644	461,126	114,763	115,346	230,109
Net income/(expenditure)		62,712	38,082	100,794	8,671	(2,698)	5,973
Net movement in funds for the year		62,712	38,082	100,794	8,671	(2,698)	5,973
Reconciliation of funds							
Total funds brought forward	17	10,745	23,009	33,754	2,074	25,707	27,781
Total funds carried forward	17	73,457	61,091	134,548	10,745	23,009	33,754

Income and expenditure derive from continuing activities. The Statement of Financial Activities includes all gains and losses recognised during the year. The notes on pages 23 to 36 form an integral part of these financial statements

	Notes	31.03.2021	31.03.2020
		£	£
Fixed Assets			
Tangible assets	12	<u>612</u>	<u>351</u>
Total Fixed Assets		612	351
Current Assets			
Debtors	13	7,888	22,484
Cash at bank and in hand	22	<u>155,178</u>	<u>28,266</u>
Total Current Assets		163,065	50,750
Creditors:			
Creditors falling due within one year	14	<u>29,129</u>	<u>17,347</u>
Net Current Assets		<u>133,936</u>	<u>33,403</u>
Total Assets less current liabilities		134,548	33,754
Total Net Assets		<u>134,548</u>	<u>33,754</u>
The Funds of the charity:			
Unrestricted income funds		73,457	10,745
Restricted income funds		61,091	23,009
Total charity funds	17	<u>134,548</u>	<u>33,754</u>

For the year ending 31 March 2021, the company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102) 2019.

The financial statements set out on pages 20 to 36 were approved by the Trustees and authorised for issue on 1 June 2021 and signed on their behalf by:

Angela Newton

Angela Newton (Harris) (Chair)

The notes on pages 23 to 36 form an integral part of these financial statements.

National Survivor User Network
Statement of Cash Flows
For the year ended 31 March 2021

	Notes	31.03.2021	31.03.2020
		£	£
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	21	127,417	(16,102)
Cash flows from investing activities			
Purchase of tangible fixed assets		(505)	(468)
Proceeds from sale of fixed assets		-	2,500
Net cash (used in) provided by investing activities		(505)	2,032
Change in cash in the reporting period		126,912	(14,070)
Cash at the beginning of the reporting period		28,266	42,336
Cash at the end of the reporting period	22	<u>155,178</u>	<u>28,266</u>

The notes on pages 23 to 36 form an integral part of these financial statements.

1 Basis of Preparation

1.a Basis of Accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

1.b Legal Form

National Survivor User Network is a charitable company incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is Kemp House, 152-160 City Road, London EC1V 2NX. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.e Significant accounting estimates and judgements

Aside from going concern set out in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

2 Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

2.c Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

2.d Government grants

The charity has received government grants in the reporting period and these are disclosed in note 3a.

2.e Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2 Accounting Policies (continued)

2.f Contractual income

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2.g Donated goods and services/facilities

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

2.j Allocation of Governance and support costs

Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

Assets and Liabilities

2.l Accrued and Deferred income

Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

2.m Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

2.o Bank and Cash

Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

2.p Tangible fixed assets for use by charity

Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight line basis.

3. Grants and Donations

	Unrestricted Funds	Restricted Funds	Total 31.03.2021	Total 31.03.2020
	£	£	£	£
Donations from Individuals	2,499	279	2,778	4,279
Grant Income (note 3a)	164,300	315,947	480,247	190,258
Donated gift and services (note 3b)	33,800	-	33,800	2,368
	<u>200,599</u>	<u>316,226</u>	<u>516,825</u>	<u>196,905</u>

3a. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds	Restricted Funds	Total 31.03.2021	Total 31.03.2020
	£	£	£	£
Association of Mental Health Providers Forum (Health Education England)	-	-	-	8,333
CAF Coronavirus Emergency Fund	8,000	-	8,000	-
CAF Resilience Fund	31,000	-	31,000	-
City Bridge Trust- London Community Response Fund - Wave 2	-	12,000	12,000	-
City Bridge Trust- London Community Response Fund - Wave 3	-	48,696	48,696	-
DHSC Disability Rights UK/ Health and Wellbeing Alliance	-	12,500	12,500	13,125
Esmee Fairbairn Charitable Trust- Core grants	99,000	-	99,000	72,300
Esmee Fairbairn Charitable Trust- Strategy Support	-	4,320	4,320	-
Lankelly Chase- Core Grant	-	-	-	12,000
Lankelly Chase- Covid Core Grant	10,000	-	10,000	-
Lankelly Chase- Communications Grant	6,300	-	6,300	-
Lankelly Chase- Small Grants Fund	10,000	-	10,000	-
Lankelly- Reigniting the Space	-	-	-	15,000
Local Mind Grants Fund	-	-	-	31,000
Mind- Coronavirus Mental Health Response Fund (DHSC)	-	155,000	155,000	-
National Lottery Community Fund- Coronavirus Community Support Fund	-	44,281	44,281	-
The Tudor Trust	-	22,000	22,000	20,000
Trust for London	-	17,150	17,150	18,500
	<u>164,300</u>	<u>315,947</u>	<u>480,247</u>	<u>190,258</u>

Government Grants were received from the Department of Health and Social Care (DHSC) totalling £167,500 (2020:£21,458 including Health Education England Funding received in that year) In addition, as set out above funds were received from the National Lottery Community Fund totalling £44,281 (2020: £nil). DHSC funding from Mind through the Coronavirus Mental Health Response Fund totalling £4,531 was yet to be used at 31st March 2021 (note 17). . There were no other unfulfilled conditions or contingencies in relation to government grants at the end of March 2021 (2020: none).

3b. Donated goods, Facilities and Services

	Total 31.03.2021 £	Total 31.03.2020 £
Use of meeting rooms and office space	-	2,200
Membership Subscriptions	-	168
Legal Advice in relation to Articles of Association	28,300	-
Coaching Support for CEO	3,000	-
Communications Support	1,050	-
Consultancy	350	-
Waived Contributors Fees	1,100	-
	<u>£ 33,800</u>	<u>£ 2,368</u>

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities.

The time given by volunteers is not recognised in the accounts however we are extremely grateful for to all NSUN volunteers.

4. Resources expended

	Direct Staff Costs £	Direct Costs £	Support Costs (Note 6) £	Total 31.03.2021 £	Total 31.03.2020 £
Costs of Raising Funds	<u>10,453</u>	<u>1,283</u>	<u>9,179</u>	<u>20,915</u>	<u>36,500</u>
Charitable Activities					
NSUN Covid-19 Fund (Note 24)	<u>6,809</u>	<u>147,836</u>	<u>7,053</u>	<u>161,698</u>	<u>-</u>
Resources for user led groups					
Membership	13,117	16,005	17,923	47,045	28,973
Mind Peer Support	1,650	5,638	1,450	8,738	9,860
User Led Funders Report	1,100	8,701	967	10,768	-
Community Constellations	12,313	12,520	966	25,799	-
Lived Experience Leadership	825	8,025	725	9,575	-
Communications	14,817	14,453	20,484	49,754	31,923
Other Projects	734	9,337	643	10,714	21,123
	<u>44,556</u>	<u>74,679</u>	<u>43,158</u>	<u>162,393</u>	<u>91,879</u>
Policy and Influencing Work					
Influencing policy work	18,301	8,267	19,807	46,374	39,886
Health And Wellbeing Alliance	7,248	1,224	6,619	15,092	14,033
Keeping Control	550	6,592	483	7,625	6,696
Covid-19 Communications Project	1,100	9,280	17,070	27,450	-
Other Projects	367	5,492	322	6,181	-
	<u>27,566</u>	<u>30,855</u>	<u>44,301</u>	<u>102,722</u>	<u>60,615</u>
Hosted Projects					
North East Together	550	6,401	484	7,435	5,684
Survivor Researcher Network	550	4,930	483	5,963	9,667
Reigniting the Space	-	-	-	-	25,764
	<u>1,100</u>	<u>11,331</u>	<u>967</u>	<u>13,398</u>	<u>41,115</u>
Total Cost of Charitable Activities	<u>80,031</u>	<u>264,701</u>	<u>95,479</u>	<u>440,211</u>	<u>193,609</u>
Total Costs	<u>90,484</u>	<u>265,984</u>	<u>104,658</u>	<u>461,126</u>	<u>230,109</u>

5. Resources expended in the previous year

	Direct Staff Costs	Direct Costs	Support Costs (Note 6)	Total 31.03.2020
	£	£	£	£
Costs of Raising Funds	13,030	8,434	15,036	36,500
Charitable Activities				
Resources for user led groups				
Membership	5,969	13,445	9,558	28,972
Mind Peer Support	1,955	5,650	2,255	9,860
Communications	12,248	4,800	14,875	31,923
Other Projects	2,214	16,332	2,578	21,124
	22,386	40,227	29,266	91,879
Influencing Policy				
Influencing policy work	13,030	11,820	15,036	39,886
Health And Wellbeing Alliance	6,515	-	7,518	14,033
Keeping Control	522	5,583	591	6,696
	20,067	17,403	23,145	60,615
Hosted Projects				
North East Together	652	4,281	751	5,684
Survivor Researcher Network	651	8,264	752	9,667
Reigniting the Space	3,131	19,089	3,544	25,764
	4,434	31,634	5,047	41,115
Total Cost of Charitable Activities	46,887	89,264	57,458	193,609
Total Costs	59,917	97,698	72,494	230,109

6. Support Costs

	Total 31.03.2021	Total 31.03.2020
	£	£
Support Staff Costs, including governance (see note 7)	22,906	25,749
Direct Governance costs (see note 7)	38,344	9,150
Consultancy	1,575	-
Legal Fees	1,000	-
Storage	2,439	2,218
Use of rooms - in kind donations	-	1,400
Payroll, Accountancy, HR and Bookkeeping	8,132	6,482
Website costs	15,296	6,336
Stationary, Postage, Telephones and IT costs	8,339	10,165
Insurance and HR support	483	1,248
Advertising, Recruitment and Subscriptions	2,225	3,656
Staff Travel and Wellness	657	6,040
Staff Training costs	2,076	420
Depreciation and profit on disposal	243	(859)
Other	943	489
	104,658	72,494

Support costs, including governance costs, are apportioned based across the activities shown in note 4 on the proportion of time spent on each activity by staff.

7. Governance costs

	Total 31.03.2021 £	Total 31.03.2020 £
Governance costs are included within support costs (note 6) and comprise		
Staff costs	8,456	10,874
Independent Examination	2,161	1,000
Board expenses and training	366	3,270
Legal advice - including in-kind support	28,967	-
Other Governance costs	6,850	4,880
	<u>46,800</u>	<u>20,024</u>

8. Net expenditure for the year

	Total 31.03.2021 £	Total 31.03.2020 £
This is stated after the following		
Depreciation of tangible fixed assets	244	117
Profit of disposal of equipment	-	(976)
Independent Examination Fees (including VAT)	2,161	1,000

9. Analysis of staff costs and the cost of key management personnel

	Total 31.03.2021 £	Total 31.03.2020 £
The staff costs were		
Wages and Salaries	101,535	76,853
Social Security Costs	9,822	7,612
Employer's pension contributions	2,214	1,765
	<u>113,571</u>	<u>86,230</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (2020: none).

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expenses for the year ended 31 March 2021 and total £2,214 (2020: £1,765).

The key management personnel of the charity comprise the Trustees and the CEO (2019/20 Trustees, Managing Director and CEO). No trustee receives any payment for their services to the charity (2020: none). The total amount paid, including Employers National Insurance and Pension, to the CEO in the financial year ended 31 March 2021 was £54,390 (in 2019/20 £52,181 was paid to the Managing Director and £12,969 to the CEO)

10. Staff headcount

	2021		2020	
	Full Time	Part Time	Full Time	Part Time
Management	1	-	1	-
Charitable activities	-	1.4	-	-
Administration	-	1	-	1
	<u>1</u>	<u>2.4</u>	<u>1</u>	<u>1</u>

The average number of full-time equivalent employees in the year was 2.7 (2020: 2).

The average number of employees in the year was 3 (2020: 2).

11. Taxation

By virtue of S.478 Corporation Tax Act 2010, the charitable company is exempt from corporation tax.

12. Tangible Fixed Assets

	IT Equipment	Total
	£	£
Cost		
As at 1 April 2020	468	468
Additions	505	505
Disposals	-	-
As at 31 March 2021	<u>973</u>	<u>973</u>
Depreciation		
As at 1 April 2020	117	117
Charge for the year	244	244
Disposals	-	-
As at 31 March 2021	<u>361</u>	<u>361</u>
Net Book Value		
As at 31 March 2020	<u>351</u>	<u>351</u>
As at 31 March 2021	<u>612</u>	<u>612</u>

13. Debtors

	Total 31.03.2021 £	Total 31.03.2020 £
Trade debtors	400	12,218
Prepayments	1,824	-
Other Debtors	2,419	7,082
Gift Aid Accrued Income	3,245	3,184
	<u>7,888</u>	<u>22,484</u>

All debtors relate to amounts owed within one year.

14. Creditors: Amounts falling due within one year

	Total 31.03.2021 £	Total 31.03.2020 £
Trade creditors	6,274	8,172
Lease Accrual	1,640	1,640
Other Creditors- Covid Fund	4,314	-
Accruals	5,676	3,074
Deferred Income (note 15)	11,225	-
Real Insight Funds	-	4,461
	<u>29,129</u>	<u>17,347</u>

The Covid Fund creditor represent grants awarded to groups who do not have their own bank account. These funds are either held on Equals Money Cards and have not yet been spent or are for various specific expenditure which is drawn down by the group as needed.

15. Deferred Income

	Total 31.03.2021 £	Total 31.03.2020 £
Balance at 1 April	-	-
Released in the year	-	-
Deferred in the year	11,225	-
Balance at 31 March	<u>11,225</u>	<u>-</u>

Income has been deferred in relation to agreed activities under contracts with Mind which had not been delivered at the year end.

16. Funds held on behalf of Real Insight

During the previous financial year NSUN held grant funds received from Lankelly Chase on behalf of Real Insight, a Community Interest Company. NSUN received a hosting fee for administration costs totalling £12,000 which is shown in the 2019/20 Statement of Financial Activities. Other Income and Expenditure is not included within these accounts but the final balance is shown on the March 2020 balance sheet and included in note 14. This arrangement came to an end in Spring 2020. Neither Lankelly Chase nor Real Insight are related parties.

17. Analysis of charitable funds

17a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward 01.04.2020 £	Income £	Expenditure £	Fund balance at 31.03.2021 £
Unrestricted Funds	10,745	240,194	(177,482)	73,457
Restricted funds				
City Bridge Trust- London Community Response Fund -	-	12,000	(12,000)	-
City Bridge Trust- London Community Response Fund -	-	48,696	(28,719)	19,977
DHSC Disability Rights UK/ Health and Wellbeing Alliance	-	12,500	(12,500)	-
Esmee Fairbairn - Communications Project	6,300	-	(6,300)	-
Esmee Fairbairn- Strategy Support	-	4,320	-	4,320
Keeping Control- University of Middlesex	4,417	-	(4,417)	-
Mind- Coronavirus Mental Health Response Fund (DHSC)	-	155,000	(150,469)	4,531
National Lottery Community Fund- Coronavirus	-	44,281	(44,281)	-
North East Together	4,442	5,779	(6,401)	3,820
The Tudor Trust	7,850	22,000	(8,506)	21,344
Trust for London	-	17,150	(10,051)	7,099
Total Restricted Funds	23,009	321,726	(283,644)	61,091
Total Funds	33,754	561,920	(461,126)	134,548

Restricted Fund

City Bridge Trust- London Community
City Bridge Trust- London Community
DHSC- Disability Rights UK
Esmee Fairbairn - Communications Project
Esmee Fairbairn- Strategy Support
Keeping Control- University of Middlesex
North East Together
The Tudor Trust
Trust for London

Purpose of fund

Funding for Policy Associates and report on user led groups
Funding for Project Officer and Community Constellations Project
Funding for promoting lived experience work within the Health & Well-
Funding for communication support & Covid-19 related communications p
Funding towards work on membership structure
Funding for research and resources about adult safeguarding/hate crime
Funds held to support work in the North East
Core funding
Funding towards Policy Officer and Policy work

17b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01.04.2019 £	Income £	Expenditure £	Fund balance at 31.03.2020 £
Unrestricted Funds	2,074	123,434	(114,763)	10,745
Restricted funds				
Esmee Fairbairn - Communications Project	-	6,300	-	6,300
DHSC- Disability Rights UK	-	13,125	(13,125)	-
Lankelly Chase- Reigniting the Space	7,465	15,000	(22,465)	-
North East Together	-	8,723	(4,281)	4,442
Survivor Researcher Network	8,242	-	(8,242)	-
Keeping Control- University of Middlesex	10,000	-	(5,583)	4,417
Local Mind Grants Fund	-	31,000	(31,000)	-
The Tudor Trust	-	20,000	(12,150)	7,850
Trust for London	-	15,000	(15,000)	-
Trust for London- SAMH	-	3,500	(3,500)	-
Total Restricted Funds	25,707	112,648	(115,346)	23,009
Total Funds	27,781	236,082	(230,109)	33,754

18. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds 31.03.21	Total Funds 31.03.20
	£	£	£	£
Fixed Assets	612	-	612	351
Current Assets	97,660	65,405	163,065	50,750
Creditors: amounts falling due within one year	(24,815)	(4,314)	(29,129)	(17,347)
	73,457	61,091	134,548	33,754

19. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.21	31.03.20
	£	£
Financial Assets		
Measured at cost:		
Cash at bank	155,178	28,266
Measured at amortised cost:		
Trade Debtors	400	12,218
Other Debtors	2,419	7,082
Total Financial Assets	157,997	47,566

Financial Liabilities

Measured at amortised cost:

Trade creditors	6,274	8,172
Other Creditors- Covid Fund	4,314	-
Deferred Income	11,225	-
Real Insight Funds	-	4,461
Total Financial Liabilities	21,813	12,633

20. Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits in relation to their role as Trustees with the charity (2020: none).

During the year no trustees were reimbursed travel expenses or accommodation costs. In 2019/20, six Trustees were reimbursed a total of £1,999 in relation to travel and a total of £606 in relation to accommodation related to attendance at the 2019 AGM.

During the year, training costs totalling £295 (2020: £nil) were paid for 5 Trustees (2020: none).

Two Trustees (2020:none) received a participation payments totalling £100 in aggregate in relation to their contribution to a project focus group- the same level of payment was made to all participants and their involvement was as a contributor and not related to their role as a Trustee.

Training was delivered to Ten Years' Time during the year with total income of £750. Angela Newton, the Chair of Trustees is also Managing Director at Ten Years' Time. The training was provided on normal commercial terms.

21. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2021 £	Total 31.03.2020 £
Net income for the reporting period (as per the Statement of Financial Activities)	100,794	5,973
Adjustment for:		
Depreciation charges	244	117
(Profit)/loss on disposal of equipment	-	(976)
(Increase)/decrease in debtors	14,597	(2,984)
Increase/(decrease) in creditors	11,782	(18,232)
Net cash provided by operating activities	127,417	(16,102)

22. Cash at bank and in hand

	Total 31.03.2021 £	Total 31.03.2020 £
Cash at bank	150,697	23,752
North East Together Account	2,086	4,442
Equals Money Card	2,375	-
PayPal	20	72
Total Cash	155,178	28,266

23. Analysis of changes in net debt

	31.03.20 £	Cash flows £	31.03.21 £
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	(28,266)	(126,912)	(155,178)
Total net debt	(28,266)	(126,912)	(155,178)

24. Analysis of Grants

	Total 31.03.2021 £	Total 31.03.2020 £
NSUN Covid-19 Fund	125,280	-
Total Grants to Institutions	125,280	-

Grants were awarded to support community led and user-led groups and organisations to support community action, peer support, mutual aid and other activities that made a direct difference to the lives of people living with mental ill-health, trauma and distress during this Covid-19 period. No grants were awarded to individuals and No grants were awarded in 2019/20

Grants were funded by the Department of Health and Social Care through the Mind Coronavirus Mental Health Response Fund, and by Lankelly Chase

Reconciliation to Direct costs (Note 4)

	Total 31.03.2021 £	Total 31.03.2020 £
Grants to institutions	125,282	-
Direct cost of administration of fund (including Grant Manager, Panel and Evaluation costs)	22,565	-
Total Direct costs of NSUN Covid-19 Fund	147,847	-

24. Analysis of Grants (continued)

	Total 31.03.2021 £
Recipients of Institutional grants	
3 Starts Limited	980
361Iifesupport	579
Adira	6,200
African Caribbean Forum Kent	5,990
Arts and Health	840
Badass People Demystified	1,000
Booom	1,000
Breakdown Bolton CIC	938
Bristol Disability Equality Forum	1,000
Bristol Reclaiming Independent Living (BRIL)	787
Bury Veterans Hub Cafe	850
By Your Side	1,020
Chesterfield Bipolar Group	144
Chime to Thrive	1,000
Chronically Awesome	196
CiLK (Centre for Independent Living (Kent))	1,000
Community Action to Inspire Hope	200
Community Action to Inspire Hope	200
Community Enterprise East London	200
Community Network Group CIC	180
Compassionate Mental health	1,000
Depression Xpression	674
EleMental Music	580
Empower the Invisible Project CIC	750
FACE	900
FFENA	6,000
For Women	120
Free2B-Me LGBTQ+ Community Organisation	912
Freya	849
FruitCake Creatives	1,000
Hearts and Minds	1,000
Hive South Yorkshire	850
Humanity Concern Projects	1,000
Humber All Nations Alliance	1,050
Independent and Work Ready	1,000
Kashmiri Arts & Heritage Foundation	1,800
Kunsaka	5,950
Kwaafrica	1,000
Let's Talk About Loss	896
MadCovid	794
Make it Happen	479
Make Space	410
MCRC Ltd	980
Melancholy and Raving Mental Health Variety Night	226
Men Up North	5,472
Meridian	1,000
Subtotal carried forward to next page	<u><u>60,996</u></u>

24. Analysis of Grants (continued)

	Total
Recipients of Institutional grants (continued from previous page)	31.03.2021 £
Subtotal from previous page	60,996
Migrant Empowerment Group	5,700
Mom's Mindful Hub	1,000
MSKT/BACA Whiteness and Race Equality network National	935
Hearing Voices Network	2,000
New Baby Network CIC	946
Nomad Radio	800
North East together	1,000
North Tyneside Disability Forum Ltd	600
On the Out	1,000
Organisation of Support and Advice for Religion and Culture	6,000
People Come First	300
People First (Self Advocacy)	299
Pioneer LXP	690
PND Mummies CIC	499
Real Insight Consultancy UK CIC	1,970
Release into Victory	200
Rise & Shine Lancashire	887
Rising Moments community project group	800
Safely Held Talking Learning Healing	194
SARELI (Salford Refugees Link)	6,272
Self Injury Self Help (SISH)	800
Self injury Support	5,000
Self Injury Support	1,200
Shaftesbury Mental Health Peer Support Group	210
Shining stars community group	1,000
SM TalkingCircles	935
Surrey Coalition of Disabled People	1,000
Survivors of depression in transition	1,000
Survivors' Poetry	474
SWAN (Supporting Women, Activities Network)	1,000
Taking Control of Psychiatric Medication Group	444
Talk for Health Chair and Share group	144
Talking Sense	120
Taraki	5,275
The Clear Out Your Closet Collective	1,000
The Cultural Connection	1,249
The Octopus Foundation	550
The Sunshine Group	194
The Sunshine Group	120
Traveller Pride	5,500
Waltham Forest Hearing Voices Group	1,000
WatchUsgrow	993
We Love Carers	1,000
West London Somaliland Community	986
Wish	1,000

Total Grants to institutions

125,282

25. Operating Leases

The Charity did not have any operating leases in the year (2020: none)

26. Capital Commitments

There are no capital commitments as at 31 March 2021 (2020: £Nil).

27. Contingent Liability

As at 31 March 21, there is a pending legal case against NSUN for which there is a possible liability of £5,000. This has not been recognised in the Statement of Financial Activities as at 31 March 21.