

The Solve Charity for Mental Health
Unaudited Financial Statements
30 September 2020

CHARITY REGISTRATION NUMBER: 1180151

CHALMERS HB LTD
Chartered Accountants
20 Chamberlain Street
Wells
Somerset BA5 2PF

The Solve Charity for Mental Health

Financial Statements

Year ended 30 September 2020

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The Solve Charity for Mental Health

Trustees' Annual Report

Year ended 30 September 2020

The trustees present their report and the unaudited financial statements of the charity for the year ended 30 September 2020.

Objectives and activities

Our purposes and activities

The purposes of the charity are specifically focussed on the following:

- to relieve poor mental health and to promote and protect good mental health; and
- to set up and participate in ideas that holistically promote and protect good mental health.

Public Benefit

The trustees confirm they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission. The trustees refer to the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Achievements and performance

The year October 2019 to September 2020 and onwards into 2021 has been both a strange and difficult year for everyone, not least the charity world who have been struggling to obtain funding.

Solve can only be thankful that they had not at the time been open to the general public in the South East Coast of Kent.

As a relatively young charity, Solve progressed with a further eighteen people on their 'pilot' scheme going through psychiatric treatment. Five people in total finished both their psychiatric and therapeutic treatment, whilst others wished to wait until the scare of Covid had passed before they took up their therapeutic treatment, face to face, instead of over a video link. Of the five that had finished their therapy, four were extremely successful and in particular one lady, who had hitherto found it difficult to communicate, is now at University reading Criminology and Psychology, with a view to becoming a Forensic Psychologist.

All therapists give their clients a mental health 'toolkit' to help them move forward with their life.

We are hoping that sometime in the future we will be able to organise for those that have finished their therapy, to attend group therapy in their specific diagnosis, eg Bipolar, EUPD etc. If they have a blip, they can then go for group therapy, for which they can make a small donation.

The Solve Charity for Mental Health

Trustees' Annual Report

Year ended 30 September 2020

Financial Review

The results for the year are shown on page 6 as set out on the Statement of Financial Activities.

Total funds carried forward as at 30 September 2020 are £24,707 (2019: £40,101).

As noted above, this year has been a very difficult year due to Covid and this has in turn had an effect on our finances. Unfortunately, there have been very few events to help us raise funds, but we are confident that this will improve over the next few years and with our possible collaboration as detailed in our 'plans for future periods' as set out below.

Risk management

Working with vulnerable adults, it is the policy of the trustees to review all risks on at least an annual basis. Each review seeks to establish that all risks are documented and that steps to mitigate such risks are established and executed. As a result of this process, the trustees are satisfied that residual risks are minimal.

Reserves policy

At 30 September 2020, the charity had total reserves of £24,707. £23,857 of these reserves are unrestricted and £850 are restricted (2019: £40,101 - all unrestricted). £23,857 of these reserves are regarded as free reserves (2019: £40,101).

The trustees have a policy of continually reviewing the reserves position. Their objective is to maintain the level of reserves as appropriate to keep pace with developments.

The charity has two accounts with the CAF Bank, a Working account and a GOLD account which attracts interest. The trustees had hoped to build up the reserves in this savings account considerably in this year, but due once again to Covid 19, this has not happened.

Plans for future periods

During 2020/21, Solve has also been working towards opening a 'face to face' Suicide Watch Centre for those with suicidal ideation as well as a 24 hour Emergency Suicide telephone helpline. This was in view of the fact that the Kent and Medway NHS and Social Care Partnership Trust Crisis Team was under extreme pressure. We have been given a couple of small grants, which are helping us make sure that everyone working on this project has the robust training needed to work with such vulnerable people.

We will also be using this time to procure as many volunteers as is necessary for the various aspects that the charity is undertaking.

During one of our trustees' meetings, it was suggested that we might amalgamate with another like-minded charity. However, there seemed no one that had the same values or ethos as ourselves. There is though, a company that we have come across that has exactly the same values and holistic approach as ourselves, and we at this time are working on how we can collaborate with this company which is prepared to donate therapeutic time to some of our clients, but more importantly also make financial donations. The Company concerned is called Recovery through Nature.

The Solve Charity for Mental Health

Trustees' Annual Report *(continued)*

Year ended 30 September 2020

Structure, governance and management

Governing document

The Solve Charity for Mental Health is a Foundation Charitable Incorporated Organisation ('CIO') which was registered as a charity with the Charity Commission on 1 October 2018. The charity's registration number is 1180151 and it is governed by its constitution.

Appointment of trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees and must not be under 16 years of age. At least one of the trustees of the CIO must be 18 years of age or over. Any person retiring as a charity trustee is eligible for reappointment.

Trustees are recruited with a view to diversity, sound experience in a related field or professional expertise in a relevant area.

Trustee induction and training

New trustees will be provided with a copy of the charity's constitution and a copy of the latest Trustees' Annual Report and statement of accounts.

Organisation

There are currently five trustees on the Board of trustees and there must always be at least three trustees on the Board up to a maximum of seven trustees. Decisions will be taken by the Board of Trustees and these will be made at a meeting of the charity trustees or by a resolution in writing or electronic format by a majority of the trustees.

Reference and administrative details

| | |
|------------------------------------|--|
| Registered charity name | The Solve Charity for Mental Health |
| Charity registration number | 1180151 |
| Principal office | Finglesham Well The Street Finglesham Deal CT14 0NE |
| The trustees | JL Dunay MC Wright Dr A Weatherley SA Searle T Bond |
| Bankers | CAF Bank 25 Kings Hill Avenue Kings Hill, West Mailing Kent ME19 4JQ |

The Solve Charity for Mental Health

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Trustees' Annual Report *(continued)*

Year ended 30 September 2020

Accountants

Chalmers HB Ltd
Chartered Accountants
20 Chamberlain Street
Wells
Somerset BA5 2PF

The trustees' annual report was approved on 26th July 2021 and signed on behalf of the board of trustees by:

SA Searle
Trustee

Shenill Searle

The Solve Charity for Mental Health

Chartered Accountants Report to The Solve Charity for Mental Health on the Unaudited Financial Information of The Solve Charity for Mental Health

Year ended 30 September 2020

As described on the statement of financial position, the trustees of the charity are responsible for the preparation of the financial statements for the year ended 30 September 2020, which comprise the statement of financial activities, statement of financial position and the related notes.

You consider that the charity is exempt from an audit under the Charities Act 2011.

In accordance with your instructions we have compiled these financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and from information and explanations supplied to us.

Chalmers HB Ltd

CHALMERS HB LTD
Chartered Accountants

20 Chamberlain Street
Wells
Somerset BA5 2PF

27/07/2021

The Solve Charity for Mental Health

Statement of Financial Activities

Year ended 30 September 2020

| | | | 2020 | | 2019 |
|---|------|-------------------------|-----------------------|------------------|------------------|
| | Note | Unrestricted funds £ | Restricted funds £ | Total funds £ | Total funds £ |
| Income and endowments | | | | | |
| Donations and legacies | 4 | 2,204 | 850 | 3,054 | 66,424 |
| Investment income | 5 | 36 | — | 36 | 37 |
| Total income | | <u>2,240</u> | <u>850</u> | <u>3,090</u> | <u>66,461</u> |
| Expenditure | | | | | |
| Expenditure on raising funds: | | | | | |
| Costs of raising donations and legacies | 6 | 3,610 | — | 3,610 | 17,189 |
| Expenditure on charitable activities | 7,8 | 14,874 | — | 14,874 | 9,171 |
| Total expenditure | | <u>18,484</u> | <u>—</u> | <u>18,484</u> | <u>26,360</u> |
| Net (expenditure)/income and net movement in funds | | <u>(16,244)</u> | <u>850</u> | <u>(15,394)</u> | <u>40,101</u> |
| Reconciliation of funds | | | | | |
| Total funds brought forward | | 40,101 | — | 40,101 | — |
| Total funds carried forward | | <u>23,857</u> | <u>850</u> | <u>24,707</u> | <u>40,101</u> |

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The Solve Charity for Mental Health

Statement of Financial Position

30 September 2020

| | Note | 2020 £ | 2019 £ |
|---|------|-----------|-----------|
| Current assets | | | |
| Cash at bank and in hand | | 31,998 | 46,453 |
| Creditors: amounts falling due within one year | 12 | 7,291 | 6,352 |
| Net current assets | | 24,707 | 40,101 |
| Total assets less current liabilities | | 24,707 | 40,101 |
| Net assets | | 24,707 | 40,101 |
| Funds of the charity | | | |
| Restricted funds | | 850 | — |
| Unrestricted funds | | 23,857 | 40,101 |
| Total charity funds | 13 | 24,707 | 40,101 |

These financial statements were approved by the board of trustees and authorised for issue on

26th July 2021, and are signed on behalf of the board by:

SA Searle
Trustee

Shenill Searle

The Solve Charity for Mental Health

Notes to the Financial Statements

Year ended 30 September 2020

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is a Charitable Incorporated Organisation (CIO).

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Taxation

Irrecoverable VAT is allocated to the same cost heading as the related expenditure.

Tax recovered for donations under gift aid is allocated to the same heading as the related income.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

During the year to 30 September 2020, the charity has both restricted and unrestricted funds.

The Solve Charity for Mental Health

Notes to the Financial Statements *(continued)*

Year ended 30 September 2020

3. Accounting policies *(continued)*

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income generated from fundraising is reported on a receivable basis.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds are those costs incurred in attracting voluntary income in the form of donations. These fundraising costs do not include the cost of disseminating information of support of the charitable activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries.
- support costs are those costs that are incurred directly in support of the expenditure on the objects of the charity and include governance costs, finance and office costs. Governance costs are those incurred in connection with the compliance with constitutional and statutory requirements of the charity.

Where possible, expenditure is directly allocated against charitable activities or the costs of raising funds. Support costs are allocated to charitable activities and the costs of raising funds on a basis consistent with the use of the resources.

Volunteers

The value of the services provided by volunteers is not included in the financial statements in line with the Charities SORP (FRS102).

4. Donations and legacies

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2020 £ |
|-----------------------------------|----------------------------|--------------------------|--------------------------|
| Donations | | | |
| Donations - Individual | 998 | — | 998 |
| Donations - Community fundraising | 1,206 | — | 1,206 |
| Grants | | | |
| Grants receivable | — | 850 | 850 |
| | <u>2,204</u> | <u>850</u> | <u>3,054</u> |

The Solve Charity for Mental Health

Notes to the Financial Statements (continued)

Year ended 30 September 2020

4. Donations and legacies (continued)

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2019 £ |
|-----------------------------------|----------------------------|--------------------------|--------------------------|
| Donations | | | |
| Donations - Individual | 63,724 | — | 63,724 |
| Donations - Community fundraising | 2,700 | — | 2,700 |
| Grants | | | |
| Grants receivable | — | — | — |
| | <u>66,424</u> | <u>—</u> | <u>66,424</u> |

The charity has received a grant of £850 from Dover County Council to be used for The Suicide Watch Centre.

The charity works with people who make donations by participating in events such as sponsored runs, or who organise local community fundraising events, such as fairs. The charity therefore benefits greatly from the involvement and enthusiastic support of its many volunteers. In accordance with FRS102 and the Charities SORP (FRS102), the economic contribution or general volunteers is not recognised in the accounts.

5. Investment income

| | Unrestricted Funds £ | Total Funds 2020 £ | Unrestricted Funds £ | Total Funds 2019 £ |
|--------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Bank interest receivable | 36 | 36 | 37 | 37 |

6. Costs of raising donations and legacies

| | Unrestricted Funds £ | Total Funds 2020 £ | Unrestricted Funds £ | Total Funds 2019 £ |
|---|----------------------------|--------------------------|----------------------------|--------------------------|
| Costs of raising donations and legacies | <u>3,610</u> | <u>3,610</u> | <u>17,189</u> | <u>17,189</u> |

These are analysed as follows:

| | 2020 £ | 2019 £ |
|--|--------------|---------------|
| Motor/travel costs | 128 | 373 |
| Subscriptions | 118 | — |
| Other office costs | — | 84 |
| Business development and marketing consultancy | — | 11,639 |
| Training | 190 | 60 |
| Advertising costs | — | 26 |
| Cost of events | 115 | 1,795 |
| Support and governance costs as per note 9 | 3,059 | 3,212 |
| Total | <u>3,610</u> | <u>17,189</u> |

The Solve Charity for Mental Health

Notes to the Financial Statements (continued)

Year ended 30 September 2020

7. Expenditure on charitable activities by fund type

| | Unrestricted Funds | Total Funds 2020 | Unrestricted Funds | Total Funds 2019 |
|--------------------------|-----------------------|---------------------|-----------------------|---------------------|
| | £ | £ | £ | £ |
| Consultation and therapy | 11,685 | 11,685 | 4,435 | 4,435 |
| Support costs | 3,189 | 3,189 | 4,736 | 4,736 |
| | <u>14,874</u> | <u>14,874</u> | <u>9,171</u> | <u>9,171</u> |

8. Expenditure on charitable activities by activity type

| | Activities undertaken directly | Support costs | Total funds 2020 | Total fund 2019 |
|--------------------------|--------------------------------------|------------------|---------------------|--------------------|
| | £ | £ | £ | £ |
| Consultation and therapy | 11,685 | 2,109 | 13,794 | 6,531 |
| Governance costs | — | 1,080 | 1,080 | 2,640 |
| | <u>11,685</u> | <u>3,189</u> | <u>14,874</u> | <u>9,171</u> |

9. Analysis of support costs

| | Consultations and therapy | Raising donations and legacies | Total 2020 | Total 2019 |
|-----------------------|------------------------------|--------------------------------------|--------------|--------------|
| | £ | £ | £ | £ |
| Communications and IT | 801 | 801 | 1,602 | 1,236 |
| General office | 1,029 | 1,029 | 2,058 | 1,047 |
| Human resources | — | — | — | 345 |
| Finance costs | 34 | 34 | 68 | 45 |
| Governance costs | 1,080 | 1,080 | 2,160 | 5,160 |
| Insurance | 115 | 115 | 230 | 115 |
| Professional fees | 130 | — | 130 | — |
| | <u>3,189</u> | <u>3,059</u> | <u>6,248</u> | <u>7,948</u> |

Governance costs are analysed as follows:

Governance costs

| | 2020 | 2019 |
|-----------------------------------|--------------|--------------|
| | £ | £ |
| Accountancy and bookkeeping costs | 2,160 | 3,845 |
| Independent examination | — | 1,200 |
| Costs of trustees' meetings | — | 120 |
| Total | <u>2,160</u> | <u>5,165</u> |

10. Independent examination fees

| | 2020 | 2019 |
|---|----------|--------------|
| | £ | £ |
| Fees payable to the independent examiner for: | | |
| Independent examination of the financial statements | <u>—</u> | <u>1,200</u> |

The Solve Charity for Mental Health

Notes to the Financial Statements *(continued)*

Year ended 30 September 2020

10. Independent examination fees *(continued)*

There is no requirement for an Independent examination in this year as the income is below £25,000.

During the prior year, Chalmers HB Ltd also received fees of £3,840 in respect of tax and accountancy services. This was over and above the Independent examiner's fees of £1,200.

11. Trustee remuneration and expenses

The trustees all give freely their time and expertise and no remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustees has been reimbursed for travel and subsistence expenses in the year to 30 September 2020 (2019: £344.42).

12. Creditors: amounts falling due within one year

| | 2020 | 2019 |
|------------------------------|--------------|--------------|
| | £ | £ |
| Trade creditors | 5,376 | — |
| Accruals and deferred income | 1,915 | 5,613 |
| Other creditors | — | 739 |
| | <u>7,291</u> | <u>6,352</u> |

In the prior year, there was an amount of £738.21 due to one of the trustees. This was in respect of costs incurred at the outset of the charity and prior to the charity bank account being open. This amount has now been donated to the charity.

13. Analysis of charitable funds

Unrestricted funds

| | At 1 Oct 2019 | Income | Expenditure | At 30 Sept 2020 |
|---------------|------------------|--------------|-----------------|--------------------|
| | £ | £ | £ | £ |
| General funds | <u>40,101</u> | <u>2,240</u> | <u>(18,484)</u> | <u>23,857</u> |

| | At 1 Oct 2018 | Income | Expenditure | At 30 Sept 2019 |
|---------------|------------------|---------------|-----------------|--------------------|
| | £ | £ | £ | £ |
| General funds | <u>—</u> | <u>66,461</u> | <u>(26,360)</u> | <u>40,101</u> |

The Solve Charity for Mental Health

Notes to the Financial Statements *(continued)*

Year ended 30 September 2020

13. Analysis of charitable funds *(continued)*

Restricted funds

| | At 1 Oct 2019 £ | Income £ | Expenditure £ | At 30 Sept 2020 £ |
|--|-----------------------|-------------|------------------|-------------------------|
| Restricted Fund - The Suicide Watch Centre | <u>—</u> | <u>850</u> | <u>—</u> | <u>850</u> |

| | At 1 Oct 2018 £ | Income £ | Expenditure £ | At 30 Sept 2019 £ |
|--|-----------------------|-------------|------------------|-------------------------|
| Restricted Fund - The Suicide Watch Centre | <u>—</u> | <u>—</u> | <u>—</u> | <u>—</u> |

The charity has been given a grant of £850 from Dover District Council to be used for The Suicide Watch Centre. As at 30 September 2020, these funds remain unspent.

14. Analysis of net assets between funds

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2020 £ |
|----------------------------|----------------------------|--------------------------|--------------------------|
| Current assets | 31,148 | 850 | 31,998 |
| Creditors less than 1 year | (7,291) | — | (7,291) |
| Net assets | <u>23,857</u> | <u>850</u> | <u>24,707</u> |

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2019 £ |
|----------------------------|----------------------------|--------------------------|--------------------------|
| Current assets | 46,453 | — | 46,453 |
| Creditors less than 1 year | (6,352) | — | (6,352) |
| Net assets | <u>40,101</u> | <u>—</u> | <u>40,101</u> |

15. Related parties

Donations from trustees or related parties of trustees amounted to £938 in the year to 30 September 2020 (2019: £51,000).