

ANNUAL REPORT AND FINANCIAL STATEMENTS
31 December 2020

Amber Crisis Pregnancy Care Charity Number: 1143127. Company Number: 7677232

COMPANY INFORMATION

The company was incorporated in England and Wales on 21 June 2011 as The Bridge Pregnancy Crisis Centre and changed its name to Amber Crisis Pregnancy Care on 9 February 2012. The charity's governing document is its Memorandum and Articles of Association.

The company was registered as a charity on 27 July 2011, registration number 1143127.

Trustees

The trustees that served on the Amber Crisis Pregnancy Care board from 30 December 2019 to the date of this report were as follows:

Rev Jon Ward Philippa Tagg Richard Cienciala Elzbieta Cienciala Paul Whittle

Executive

The charity employs two members of staff, the Centre Manager and the Centre Administrator. There is a team of 10 volunteers, who are all trained practitioners, committed to supporting clients. Active practitioners undertake monthly supervision and 30 hours of CPD a year, in line with our organisational membership to BACP (British Association for Counselling and Psychotherapy).

Professional Advisers as at 31 December 2020

Registered office: SJ's, 56 Croydon Road, West Wickham, BR4 9HU

Bankers: The Co-Operative Bank, PO Box 250, Skelmersdale, WN8 6WT

Independent Examiner: Jonny Cummins

TRUSTEES' REPORT

The trustees present their annual report and the independently examined financial statements for the year ended 31 December 2020.

The financial statements have been prepared in accordance with accounting policies set out in the notes to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Activities and Results

Amber Crisis Pregnancy Care support women and their partners coping with a range of pregnancy related crises. We offer a quiet and safe place, along with information and the opportunity to explore the options, for those facing tough decisions following the discovery of an unplanned pregnancy. We offer support with any struggles occurring as a result of the decision taken. We also offer support following the early loss of a baby through miscarriage or failed IVF.

We are seeing steady numbers of clients, and we've now supported over 150 clients in total. During 2020, as well as continuing to support 12 clients ongoing from 2019, we supported 31 new clients; these included 18 clients following a miscarriage, 6 clients following an abortion, 3 clients experiencing fertility issues, 1 client who experienced a stillbirth, 1 client needing pregnancy support and 2 clients needing unplanned pregnancy support. We provided 321 client sessions in total during 2020, with the majority of these sessions happening online as we continued to offer support through the pandemic.

Our counselling services are much needed, as these are not being provided, or only a limited basis, in hospitals or abortion clinics when people are struggling with the pregnancy crises that arise. Our support means that people are able to move forward, and our evaluations show that people finish counselling with us with improved mental health and the ability to look to the future. We are currently the only organisation offering one to one counselling relating to pregnancy crisis and loss in our local area and are referred to by Talking Therapies (IAPT), GPs and hospitals.

We rely on generous donations and fundraising activities to keep the day-to-day operations of our centre going. We applied for grant funding to help support these and received a grant of £1,000 from the Albert Hunt Trust and £11,200 from The People's Postcode Lottery in 2020.

Recent News

The charity plans to construct a baby memorial garden which will create a space for people to remember and reflect on their precious losses. This has been given permission to go ahead by council officers and the next stage is for local ward councillors to confirm their favour.

Forthcoming Events

We are holding two fundraising events in 2021. An online bingo night is being held on 26th March and outdoor cream teas on 4th and 5th September.

Trustees and their Interests

No trustee is employed by or has any interest in any contract with the charity.

A list of trustees is shown on page 2.

Recruitment of Trustees

When the charity was set up in 2011 there were three trustees. These have since stepped down and new trustees have been invited to join the Board. Of the current trustees, one joined in January 2013, three joined in February 2019 and one in January 2020. These trustees were invited to join due to their interest in this area of work and it was felt that they would bring strong personal commitment to the charity's aims and objectives, as well as helpful work experience and skills.

Public Benefit

The trustees confirm that, to the best of their knowledge and belief, they have complied with the Charities Act 2011 in respect to having due regard to public benefit guidance published by the Charity Commission.

Financial Review and Reserves Policy

The income of the charity in 2020 was £25.9k of which just under 50% (£12.5k) came from grants. £4k was sponsorship from Ride London and the London Marathon and a further £4.5k from regular monthly giving from supporters. The remaining income was from one-off gifts and reclaimed gift-aid. The expenditure in 2020 was £16.6k with the largest part of that being for employee salaries (£8.7k), employee and practitioner expenses (£1.7k), supervision and membership fees (£2.5k) and training (£0.9k). Expenses were higher than usual due to laptops being purchased for online sessions during the Covid-19 pandemic. The balance of the expenditure was for telephone costs, insurance, and other incidental costs. Income in 2020 exceeded expenditure by £9.3k. The charity does not currently have a Reserves Policy although at the end of the financial year, 31^{st} December 2020, the charity had reserves in the bank of £36.4k which would be enough to cover all anticipated costs for 2021 and most of 2022.

Key Management Personnel

Amber CPC is led by a team of 5 trustees with varying experience including in the charity sector, education, and government. The trustees meet 4 times a year and on an ad hoc basis when necessary. They have recently led the charity in some vision and mission work to better define our aims and objectives and to inform a strategic plan for the next 3 years. All trustees give their time freely and no trustee remuneration was paid in the year.

Independent Examiner

Jonny Cummins (ACA) is a qualified Chartered Accountant with 10 years of professional experience (a member of the Institute of Chartered Accountants in Ireland). He trained as an auditor at Deloitte, Dublin and has since worked in financial control and financial planning & analysis roles in Ireland, Australia, and UK.

Statement of the Responsibilities of the Trustees

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accountancy Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare the financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- a. select suitable accounting policies and then apply them consistently;
- b. observe the methods and principles in the Charities SORP;
- c. make judgments and estimates that are reasonable and prudent;
- d. state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the company and enable them to ensure that the financial statements comply with the requirements of the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection for fraud and other irregularities.

INDEPENDENT EXAMINER'S REPORT

Independent examiner's report to the trustees of Amber Crisis Pregnancy Care ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity's trustees of the Company, you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in Ireland, which is one of the listed bodies. I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Jonny Cummins

Name: Jonny Cummins

Institute of Chartered Accountants in Ireland Address: 54 Ellis Road, Horsham, RH12 3GR

Date: 11th July 2021

STATEMENT OF FINANCIAL ACTIVITIES (incorporating Income and Expenditure Account) For the Year ended 31 December 2020

Micro-entity Balance Sheet as at 31 December 2020

,	2020	2019
ASSETS		
Fixed Assets	0	0
Current Assets	36352	26834
Prepayments and accrued income	0	0
Creditors: amounts falling due within one year	0	0
Net Current Assets (liabilities)	36352	26834
Total assets less current liabilities	36352	26834
Creditors: amounts falling due after one year	0	0
Provisions for liabilities	0	0
Accruals and deferred income	0	0
Total net assets (liabilities)	36352	26834
Reserves	36352	26834

		Jan - Dec 2020	Jan - Dec 2019
Ordinary Income/Expense			
Income			
Gifts and Donation	s Income		
	Gift Aid	1,258.70	0.00
	Restricted	0.00	0.00
	Unrestricted	24,567.56	18,411.65
Total Gifts and Don	ations Income	25,826.26	18,411.65
Total Income		25,826.26	18,411.65
Expense			
Companies House	returns	13.00	0.00
Gifts and Donation		250.00	262.50
Insurance	•	430.08	440.08
Miscellaneous		328.88	1,783.90
General Stationery		156.25	78.45
Postage and Delive		9.30	
Employment			
	Breathe HR	108.00	63.00
	Expenses	1,574.93	216.40
	Manager/Administrator	8,728.84	4,426.14
Total Employment		10,411.77	4,705.54
Professional Fees			
	Event presentation	350.00	441.10
	Membership	240.00	235.00
	Resources	41.46	
	Supervision	1,872.50	1,429.75
Total Professional I	Fees	2,503.96	2,105.85
Publicity			
	Design, printing & reproduction	0.00	140.00
	Web-site	393.93	334.89
	Publicity - Other	220.00	924.00
Total Publicity		613.93	1,398.89
Safeguarding		141.25	144.50
Telephone			
	Total Mobile	319.69	297.46
	Telephone - Other	20.00	624.81
Total Telephone		339.69	922.27
Training		931.24	798.73
Travel & Ent			
	Car park	0.00	4.80
	Meals	226.75	211.16
	Mileage claim	243.22	556.55
Total Travel & Ent		469.97	772.51

Net Other Income	Total Expense	16,599.32 9,226.94	13,413.22 4,998.43
	Other Income		
	Interest Income	85.52	88.12
	Total Other Income	85.52	88.12
		85.52	88.12
		9,312.46	5,086.55

Signed on behalf of Amber CPC's trustees:			
Signature:	Jon Wal		
Full Name: Jonathan Ward			
Position:	Chair of Trustees		
Date:	12 August 2021		

The Trustees declare that they have approved the report above: