

**Barnet Asians Old People Association**  
(A Registered Charity)

**Annual Report**  
For the Year ending 31st March 2020

Charity Number: 1010732

## **Report of the Trustees for the year ended 31<sup>st</sup> March 2020**

The Executive Committee is pleased to present their report for the year ending 31<sup>st</sup> March 2020

### **Reference and administrative details**

Charity name: Barnet Asians Old People Association

Charity registration number: 1010732

Registered Office and operation address: Barnet Multicultural Community Centre  
Algernon Road  
Hendon, London  
NW4 3TA

### **Trustees**

President Mrs. Ninaben Patel

Chairman Mr. Chunilal Kakad

Secretary Dr. Sharadbhai Mehta

Treasurer Mr. Nanjibhai Kotecha

Executive Committee Member Mr. Chhotubhai Mistry

Executive Committee Member Mrs. Jasuben Mistry

Executive Committee Member Mr. Jayantibhai Dattani

Executive Committee Member Mr. Jayantibhai Kotecha

Executive Committee Member Mrs. Manjuben Kotecha

Executive Committee Member Mrs. Minaxiben Mistry

Executive Committee Member Mrs. Narbdaben Patel

Executive Committee Member Mr. Narshibhai Bhogaita

Executive Committee Member Mrs. Savitaben Bhogaita

Executive Committee Member Mrs. Shantaben Peshavaria

Executive Committee Member Mrs. Chandrikaben Darbar

Executive Committee Member Mrs. Prafullaben Raval

Executive Committee Member Mr. Purshottambhai Mistry

Executive Committee Member Mrs. Kalaben Mehta

Executive Committee Member Mr. Madhubhai Patel

Auditor: Mr. Rameshbhai Patel. ACCA

Bankers: National Westminster Bank plc,  
21 Golders Green Road  
London, NW11 8EB

## **Structure, Governance and Management**

### **Governing Document**

The report for the year ending 31<sup>st</sup> March 2020 is presented on behalf of the Executive Management Committee.

The Association is a Registered Charity and was registered as a charity with the Charity Commission on 6<sup>th</sup> May 1992. The affairs of the Association are governed by an approved Constitution.

The Executive Committee Members hold responsibility for governance of the Association, delegating responsibility for delivery of activities and services to the Executive Officers.

Trustees may be co-opted at any time, but then must be elected by a quorum of members at an Annual or Extraordinary General Meeting.

The Executive Committee meets a least four times a year and receives an update from the Executive Committee Officers.

No trustee received any remuneration for services as a trustee during the current or comparative year.

No trustee had any beneficial interest in any contract with the charity during the year.

### **Recruitment and appointment Executive Committee Members**

The Trustees of the charity organisation are also known as Executive Committee Members.

Under the requirements of the Constitution

1. The Executive Committee Members shall be eligible to serve as Honorary Officers or members of the Committee if they are full members of the association.
2. The Executive Committee will be elected as follows:
  - a. At the Annual General Meeting (AGM) of the Association the members of the Association shall elect Chairperson, Secretary and Treasurer who shall serve from one AGM to the next.
3. The members of the Committee shall be elected at the AGM of the Association for three years. One third of the membership shall retire annually but shall be eligible for re-election.

### **Trustee Induction and Training**

New trustees undergo an introduction process to brief them on their legal obligations under charity law, the content of the Constitution of Association, the committee and decision making processes, the business plan and recent financial performance of the Association. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Our trustees are regularly brought up-to-date with the latest Association matters, legislative requirements and a wide variety of issues affecting voluntary and community sector in the London Borough of Barnet and London. The Association has an ongoing commitment to learning and development.

### **Organisational Chart**

The Barnet Asians Old People Association has an Executive Committee of nineteen members who meet every three months and are responsible for the strategic direction and policy of the Association. The Executive Committee Members are also service users of the organisation.

The Executive Committee Officers are responsible for day to day provision of the services ensuring that the Association delivers the services specified and that key performance indicators are met.

## Our Partners in the Centre

BAOPA has now been a resident group of the centre for twenty two years. We have an excellent partnership with the Barnet Multicultural Community Centre. We also continue to work in partnership with the Barnet African Caribbean Association and Barnet Somali Community Group on certain projects of common interests. I wish to thank Centre Manager, Bahar Mohsini, for her co-operation and hard work during the year.

## Report of Activities

### Achievements and performance

**The Barnet Asians Old People Association (BAOPA) provides a welcoming day centre facility for the recreation, leisure and social welfare of the elderly in the Asian Community. There are a number of members who are frail and have varying disabilities but are mobile.**

On average 260 members per week attend the day centre facilities

**Hours of operation are:** Wednesday to Friday 11am – 3.30pm

### **Activities include:**

- Health checks e.g. Blood pressure, diabetes management and general wellbeing
- Day trips and outings to places of interest
- Keep-fit exercise
- Yoga and meditation
- Tai Chi class
- Seminars
- Advice and support
- English language class
- Cultural festivals and celebration
- Visits to isolated elders and those discharged from hospital
- Weekly Knitting Group

**Hot Vegetarian meals provided every Wednesday, Thursday and Friday.**

### Regular Surgeries/ Activities

Surgery/ Activity	No.	Frequency	Comments
Wellbeing Checks	30	Bi-monthly	Carried out by qualified nurse from Cherry Lodge Cancer Care in Barnet
Tai Chi Class	30	Weekly	Led by qualified instructor. Gentle Chinese exercise for mind and body to helps balance
Yoga Class	20	weekly	Bilingual instructor. Daytime class improving accessibility and mobility of participants
English Class	10	Weekly	In house volunteer teacher, running since 2000
Knitting Group	10	Weekly	Led by our volunteer teacher
Exercise to Music	80	Weekly	Led by qualified instructor. Gentle seated exercises to music.
Current Affairs Discussion	70	Weekly	Debate amongst service users led by Executive Committee Officers
Advisory service	40	Daily from Weds - Fri	One to one advice service to users by office Bearers Issues include: - benefits, housing, transport, form filling, access to health and social care services in the borough and sign posting. Dissemination of information of borough services to the BME community

## **PARTNERSHIP WORK**

	<b>Partner</b>	<b>Involvement</b>
<b>1</b>	BMCC, BACA, BSCG	Joint Projects
<b>2</b>	CommUNITY Barnet	Member
<b>3</b>	London Borough of Barnet Older Adults Service	Member
<b>4</b>	Age UK London	Member
<b>5</b>	Barnet Health and Social Care Forum	Member

## **PROJECTS/ INITIATIVES**

### **Tai Chi & Yoga**

- BAOPA has continued with the Tai Chi classes and Yoga classes every week with no funding since 2013.

## **CELEBRATIONS**

Following Festivals were joined by all during the year:

**Indian Republic Day - Shree Vishwakarma Jayanti - Maha Shivratri - Ram Navmi - Hanuman Jayanti - Loti Utsav - Satyanaryan Katha - Shiv Pujan - Janmastmi - Ganesh Choth - Navratri - Sharad Poonam - Gayatri Havan - Diwali - Jalaram Jayanti**

- Navratri Festival was celebrated over nine days with devotional recitation, dance and good food. Maple Down School for children with physical and learning difficulties were invited to join in the celebrations

### **Annual Bhajan Samelan**

- Annual Singing competition for service users. All participants received entrance trophies. Prizes were given to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> winners.

### **Events**

- BAOPA celebrated Valentine's Day and Mother's Day with members this year.

### **Diwali Celebration**

- BAOPA celebrated Diwali by entertaining members with a musical group and provided good Indian meal and sweets.

### **Lion's Club Annual Party**

- 30 members were invited by the Lions Club of Chipping Barnet at Harrow Leisure Centre for an afternoon of entertainment.

### **Christmas Party**

- BAOPA held its annual Christmas celebration with a play and games as well as providing good food for the members.

## **WORSHIP AND AARTI DONATION**

Worship forms an integral part of our meeting, and at the ruminantion we perform the 'Aarti, pray to Deities and distribute 'Prashad' (Grace) from God. The Aarti dish then moves around and members put token coins in it. This collection to be used for charitable purposes only.

## **Financial Review**

The Association has achieved another year of success in generating income from membership fees and organising various events however expenses have also increased and to avoid exhausting our reserve, the Executive Committee have put forward fundraising as a priority for the year in order to increase the income.

## **Future Plan**

1. To organise more fundraising events like musical parties and dramas to help our future survival.

## **Finally**

BAOPA is a unique organisation making a real contribution to the Asian elderly community by allowing socialisation, support, reducing deprivation and isolation, informing and educating in the London Borough of Barnet. In our work there is true team spirit and a willingness to volunteer. I wish to thank Executive Committee, all members, Volunteers and our partners.

Honorary Secretary

Dr. Sharadbhai Mehta



BARNET ASIANS OLD PEOPLE ASSOCIATION

Registered Charly  
Registered Number : 107032

Address

WEST HENDON  
LONDON  
NW4 3TA

ACCOUNTS AS AT 31 MARCH 2020

**Independent Examiner's Report to the Trustees of  
Barnet Asians Old People Association**

I report on the accounts of the Trust for the year ended 31 March 2020, which are set out on pages 2 to 4

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention

**Basis of independent examiner's report**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



R. G. PATEL

46 FAIRFIELD CRESCENT  
EDGWARE  
MIDDLESEX  
HA8 9AH

17-Sep-21

BARNET ASIANS OLD PEOPLE ASSOCIATIONSTATEMENT OF FINANCIAL ACTIVITIESFor the year ended 31 March 2020

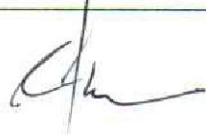
	<u>2020</u>	<u>2019</u>
<u>INCOME</u>		
INTEREST-DEPOSIT	96	59
DONATIONS	27,755	28,907
MEMBERS' CONTRIBUTION	9,250	9,487
MEMBERSHIP FEES	2,470	2,570
	<u>39,571</u>	<u>41,023</u>
<u>EXPENDITURE</u>		
RENT	10,374	6,934
PHOTOCOPY EXPENSES		
REFRESHMENTS	24,374	27,879
COACH TRIPS	700	
STATIONERY	187	55
INSURANCE	389	376
POSTAGE & TELEPHONE	369	527
KITCHEN	2,339	
YOGA EXPENSES	1,680	1,680
TAICHI EXPENSES	902	854
STROKE SERVICE EXPENSES	412	288
ACCOUNTANCY FEES	483	250
CLEANING	267	
COMPUTER COSTS	0	177
REPAIRS		
GENERAL EXPENSES	1,545	1,297
DEPRECIATION		
	<u>44,021</u>	<u>40,317</u>
NET INCOME FOR THE YEAR	(4,450)	706
FUNDS AT THE BEGINNING OF YEAR	74,919	74,213
FUNDS AT THE END OF YEAR	<u>70,469</u>	<u>74,919</u>

BARNET ASIANS OLD PEOPLE ASSOCIATIONBALANCE SHEET  
AS AT 31 MARCH 2020

	NOTES	2020	2019
<u>FIXED ASSETS</u>			
TANGIBLE FIXED ASSETS	1	37	37
<u>CURRENT ASSETS</u>			
DEPOSIT-RE:HALL		-	-
DEPOSIT ACCOUNTS-BANK		47,599	47,503
CURRENT ACCOUNT-BANK		22,397	26,769
CASH IN HAND		436	610
		<u>70,432</u>	<u>74,882</u>
<u>CURRENT LIABILITIES</u>			
CURRENT ACCOUNT-BANK		0	0
ACCRUALS		0	0
		<u>0</u>	<u>0</u>
NET CURRENT ASSETS		70,432	74,882
NET ASSETS		<u>70,469</u>	<u>74,919</u>
<u>FUNDS</u>			
UNRESTRICTED		70,469	74,919
		<u>70,469</u>	<u>74,919</u>

APPROVED BY THE BOARD OF TRUSTEES ON 17/09/2021 AND SIGNED ON ITS BEHALFMR CHUNILAL KAKAD

TRUSTEE



BARNET ASIANS OLD PEOPLE ASSOCIATIONNOTES TO THE ACCOUNTSFor the year ended 31 March 2020

1

TANGIBLE FIXED ASSETS

COST	ELECTRONIC		PA	MUSICAL			TOTAL
	FURNITURE	EQUIP/COMPUTER	SYSTEM	UTENSILS	INSTRUMENT		
	£	£	£	£	£	£	
AT 1st APRIL 2019	2,808	7,395	866	917	111	80	12,177
DISPOSAL							
ADDITIONS							0
AT 31st MARCH 2020	2,808	7,395	866	917	111	80	12,177
DEPRECIATION							
AT 1st APRIL 2019	2,796	7,382	861	913	109	79	12,140
DISPOSAL							
CHARGE FOR PERIOD							0
AT 31st MARCH 2020	2,796	7,382	861	913	109	79	12,140
NET BOOK VALUE							
AT 31st MARCH 2019	12	13	5	4	2	1	37
AT 31st MARCH 2020	12	13	5	4	2	1	37