Charity Registration No. 0519916

Company Registration No. 2210699 (England and Wales)

ROCHDALE AND DISTRICT MIND ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Barry Windle Kelth Marsland Kate Davies-Poole Sue Adamson Ryan Orchard Paul Sinclair	(Appointed 13 October 2020) (Appointed 15 July 2020)
Co-ordinator	Rebecca Steele - Chief execut	tive
Secretary	Julie Smith	
Charity number	0519916	
Company number	2210699	
Auditor	Royce Peeling Green Limited The Copper Room Deva City Office Park Trinity Way Manchester M3 7BG	
Bankers	Lloyds Bank plc Rochdale Branch 17 Yorkshire Street Rochdale OL16 1BN	

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TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT AND STRATEGIC REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

CEO Foreword

I would like to express my thanks to our Trustees who are not remunerated but volunteer their time in order to ensure the ongoing viability of Rochdale and District Mind. Our Trustees support us through their attendance at meetings and duties directly relating to those as a Trustee in ensuring that we maintain transparency and accountability to all our funders and donors and utilise our finances in the best interests of those who access our services

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charitles: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities/Achievements and performance

The charity's principal objectives as set out in its Articles of Association are, within the area of Rochdale & District:

- to promote the preservation of Mental Health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress, or substance misuse issues requiring advice or treatment
- to promote the study of and research into mental health disorder and emotional or mental distress and to
 obtain and make records of and disseminate to the public the useful results of such research and to
 educate the public in matters relating to mental health.

Our vision is of a society that promotes and protects good mental health for all and that treats people with experience of mental distress fairly, positively and with respect.

Our aims are

a) promoting the views of local people who experience mental distress

- b) promoting wellbeing, positive mental health, and social inclusion and challenging discrimination
- c) working for improvements in services locally and in partnership with other organisations
- d) developing quality services, which reflect expressed need

We have referred to the Charity Commission guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and activities they have set.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The Board of Trustees is the governing body of Rochdale and District Mind and sets the policy framework and organisational structure in order to deliver high quality, innovative and user-friendly services to promote Wellbeing and help people with Mental Health problems. The work done by the Board is mainly strategic, thinking about the directions of the organisation, its finances and resources, its public profile and its partnerships with other organisations. The board meet every two months. The chlef executive, the business manager and the senior staff team carry out the day-to-day management of the organisation on behalf of the Board

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT AND STRATEGIC REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Rochdale and District Mind continues to make a significant contribution to local mental health and wellbeing services. Although there have been many changes in the health and social care fleld in the last 12 months we have continued to work closely with Rochdale MBC (RMBC) and Heywood, Middleton and Rochdale Clinical Commissioning Group (HMRCCG) to deliver our services. These 2 organisations remain our main funders.

In 2020, we formalised our relationship with Thinking ahead (Big Life) and entered into a Service Level Agreement to provide counselling. Through the year, on the positive outcome of this work the SLA was extended to cover group work, such as managing anxiety and depression and peer support groups. This partnership agreement will continue to run into the new financial year.

From 1st April 2020 to 31st March 2021, we have had 982 new service users who either referred themselves to our main wellbeing services (excluding advocacy) or were referred to our services by a health professional or a partner agency. By far the majority of our referrals are self-referrals, which fits with our aim of making our services as easy to access as possible.

Service users participated in our courses; group sessions and individual appointments were on average 1001 per month.

Unfortunately, due to the pandemic all fundraising activities had to be paused. The donations we did receive were from organisations that have supported us in previous years and have continued to do so during the pandemic, namely Middleton Rotary Club, Littleborough Ladies Circle and Milnrow and District Women's Institute.

Zen Internet have continued their Charity of the Year partnership with us, commenced in the previous financial year. During this financial year Zen have held a number of fundraising events within their organisation and most recently have been providing support and ideas for our New Middleton social internet café.

The senior staff team from the organisation also continue to contribute regularly to local forums and help shape the local mental health and other local strategy development by chairing and sitting on a variety of steering groups including: the Safeguarding Adults Board, HMR CCG Patient and Public Engagement Committee, and we also continue to chair the local BAME Health and Wellbeing Forum.

Over the course of the year, partnership work has continued with several community organisations, to tackle stigma In mental health, raise awareness and support people on their journey to mental health recovery. Events have been greatly reduced this year due to Covid, however, we have still been able to organise a number of events. These have included World Mental Health Day online, International Women's Day online and International Men's Day online

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT AND STRATEGIC REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Service Delivery Summary 2020-2021

The following table gives a summary of the expanse and reach of services delivered in 2020-2021:

Service	Sessions delivered (one to one and group)	Individuals Engaged	Total attendances in Year	
Wellbeing	721 sessions	209 individuals	2864 attendances	

Offers a range of services based on the 5w2w(Five ways to wellbeing) and therapeutic programmes to enable clients to develop their own Wellbeing Toolkit in order for them to improve and maintain their emotional wellbeing

Community Business & Growth Project 407 sessions 28 individuals 542 attendances

The Comple@t training cafes In Rochdale and Middleton provide a friendly space for all members of the community to enjoy homemade and healthy meals and hot drinks. They offer a safe environment for people to discuss mental health and find information and support, whilst providing invaluable employability skills to service users.

Community Engagement	50 sessions	52 individuals	510 attendances
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Our community engagement team consists of a variety of unique health and wellbeing services that are working proactively, across the Borough of Rochdale, towards facilitating effective and beneficial recovery pathways for Black, Asian, minority ethnic and refugee individuals with an experience of mental health.

Psychological Services 1242 sessions 231 individuals 1242 attendances

Rochdale and District Mind is a member of BACP (British Association of Counselling and Psychotherapy) and is committed to provide a safe, ethical and professional counselling service.

Our counselling service is available to anyone living in Rochdale, Heywood and Middleton area and is 18 and over.

Forward Project (formerly ROHM) 256 sessions 56 individuals 256 attendances

Forward Project is a confidential service for those who are or have been involved in the Criminal Justice System and those who are at risk of becoming involved in the Criminal Justice System.

As a community mental health service we focus on providing people with the opportunities to develop and grow their skills, knowledge and experiences that allow them to take control of their issues.

Dementia Support 242 sessions 48 individuals 242 attendances

Dementia Day Service for individuals from the BAME Community with a diagnosis of Dementia or Mild Cognitive impairment.

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT AND STRATEGIC REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Open Young Minds	177 sessions	28 individuals	177 attendances
The Open Young Mind Service prov Middleton and Rochdale who have mi We empower our young clients to hel appointments and gives them the opti	ld to moderate emotional he themselves by giving them	alth issues. the tools to work through th	

Recovery Republic	230 sessions	56 Individuals	230 attendances
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Rochdale and District Mind have been in partnership with the Recovery Republic in Heywood over the last 3 years to provide mental health and wellbeing support close to home for local residents in Heywood.

Secure Advocacy	588 sessions	200 individuals	588 attendances
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The secure contract provides IMHA (Independent Mental Health Advocacy) for patients upon Prospect Place (Rochdale), Tatton (Tameside) and Children and Adolescent Mental Health Service (CAMHS) in Bury. These are short and long stay units. The ultimate aim is to ensure the patients have a voice and are given appropriate support to be heard and listened to.

A detailed analysis of the services delivered in the year is contained in the 2020-2021 Annual report which is available on our website

Volunteers are a valuable resources within the organisation. We have 2 volunteers who help us to deliver a range of activities and to support reception. We also have 12 volunteer counsellors who deliver counselling sessions each week. To note these numbers have been greatly impacted by Covid-19.

Strategic report

The description under the headings "Achievements and performance" and "Financial review" meet the company law requirements for the trustees to present a strategic report.

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT AND STRATEGIC REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Financial review

2020-21 Financial Review

In 2020/21, total income received was \pounds 942,714 (2019/20 = \pounds 1,028,685) which was a year on year decline of 8%. Whilst some funding streams finished, they were replaced with different funding streams but with a slight time delay.

Expenditure for the year totalled £839,883 (2019/20 = £998,036). This represented a drop of 16% and was maintained in line with the robust budget control, renegotiation of contracts and cost saving measures such as inhouse absorption of the work due to redundancy.

As a service delivery organisation, salaries are our single biggest area of expenditure. In 2020/21, expenditure on salaries totalled £588,075, which represents 70% of total expenditure. (In 2019/20, this was 74%)

In the 12 months to 31st March 2021, Rochdale and District Mind's reforecast budget projection was a deficit of £177,613. During this year, 3 redundancies were made and a new management structure was put in place. During the pandemic, we operated with a restricted service offering and benefited from no reduction in contracted income. We were able to save costs by using digital technology and received a number of government grants which has enabled us to achieve a surplus outcome. In 2021-22, our focus will be on increasing revenue streams from a new funding structure – integrated care services (ICS). It will also be critical to monitor cash flow and ensure that minimum level of reserves (as per reserves policy) is maintained.

The financial performance will be continually monitored and reported to the Trustees through bi-monthly management account reports.

In 2020/21, our unrestricted reserves increased by a total of £48,394. Our restricted reserves increased by a total of £54,437

Rochdale and District Mind remains reliant on public sector funding, in particular the contract jointly commissioned by with Rochdale, Heywood and Middleton CCG and Rochdale Council. This contract accounted for 59% of our income in 2020/21. This is an amazing baseline and going forward it can be used as leverage for matched and complimentary funding.

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT AND STRATEGIC REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Funding sources

We would like to thank all of our funders for their support in 2020/21:

- Rochdale Heywood and Middleton CCG
- Rochdale Council
- Pennine Care NHS Trust
- Sport England
- Big Lottery
- National Mind (Pears)
- Thinking Ahead

Rochdale and District Mind could not continue to operate without this valued support.

Individual and corporate donors

We would also like to thank each of our individual donors and fundraisers who have worked with us. We engaged with 30 individuals and organisations who supported our fundraising activities, generating additional income in excess of £20k. This income will be used to supplement our unrestricted income and support our services where specific funding cannot be obtained.

The executive committee has considered the most appropriate policy for investing funds and has found that a building society or bank deposit account meets their requirements

The organisation has a risk register which is reviewed annually by the trustees. By far the major identified risk is a complete loss or significant reduction of funding from one of the organisations major funders. The organisation maintains adequate reserves to allow time for a situation like this to be managed.

Strategic Plan: Looking to the future / Making it happen 2020- 2023

The CEO and senior management team have key priorities to focus on from the strategic business plan for Rochdale and District Mind. The key messages are:

We will innovate and thrive to ensure we are here for the long term, through our forward-thinking approach to service. We will build on knowledge and learning from work in our previous strategy, we will strive for financial stability, growth and diversification by ensuring that:

- We will put people at the centre of our organisation and embed client Involvement, ensuring that people using our services are part of shaping and developing our organisation.
- We will strengthen and actively seek to develop relationships with local communities and organisations.
- We will monitor and analyse our outcomes to demonstrate the difference we make, individually and as an organisation.
- We will increase communications and key messages to promote and highlight who we are and what we do well.
- We will have a Board that is effective, providing strategic leadership and accountability and maintaining legal compliance
- We will commit to a culture of continuous improvement and learning, for the quality and safety of our services by implementing an infrastructure that enables us to be agile, ensuring that resources are deployed effectively and appropriately.
- We will broaden our fundraising platform
- We will overhaul and develop our use of IT throughout the organisation.
- We will commit to promoting the wellbeing of our staff and volunteers.
- We will continually recognise the importance of our blossoming relationship with GM Minds, a
 partnership of 5 Greater Manchester Minds with a shared vision of supporting those with a mental health
 problem

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT AND STRATEGIC REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

The charity is a company limited by guarantee, its governing document being its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Barry Windle	
Keith Marsland	
Kate Davies-Poole	
David Mossley	(Resigned 9 November 2020)
Nina Markham - Bew	(Resigned 6 August 2020)
John Swallow	(Resigned 13 May 2020)
Sue Adamson	
Olwen Stevenson	(Resigned 13 October 2020)
Ryan Orchard	(Appointed 13 October 2020)
Paul Sinclair	(Appointed 15 July 2020)

New trustees are required to complete an application pack detailing their skills and reasons for wishing to be a trustee. Suitable applicants are invited to meet with the Chair for an informal Interview before attending 2 trustee meetings as observers. They are then co-opted as directors/trustees by the existing trustees before being formally appointed as directors/trustees by members of the charity at the Annual General Meeting.

At each Annual General Meeting, one third of the directors/trustees must in rotation retire but are immediately eligible for re-elections

Current directors/trustees have a wide range of traditional business and care skill and in an effort to maintain this broad range of skills or in the event of particular skills being lost due to retirements individuals with appropriate gualities may be approached to offer themselves for election.

Trustees Indemnity Insurance - The charity subscribes to the national 'Mind' block insurance.

New directors/trustees are invited to familiarise themselves with the charity and the context within which it operates. A structured induction day is available to all new staff, volunteers and trustees.

The Chair and Chief Executive also organise briefing sessions for new directors/trustees on: the obligation of the trustees, the main documents setting out the operational framework of the charity including the Memorandum of Association, resourcing and the current financial position as set out in the latest published accounts, future plans and objectives.

Information from various Charity Commission publications signposted through the commission's guide "The Essential Trustee" is also made available to directors/trustees.

Pay for senior staff - Pay is set by the personnel sub-group who review a range of factors including pay in similar organisations

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT AND STRATEGIC REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Auditor

In accordance with the company's articles, a resolution proposing that Royce Peeling Green Limited be reappointed as auditor of the company will be put at a General Meeting.

The trustees report, including the strategic report, was approved by the Board of Trustees.

Barry Windle Dated: 23/7/202/ Trustees

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2021

The trustees, who are also the directors of Rochdale and District Mind for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF ROCHDALE AND DISTRICT MIND

Opinion

We have audited the financial statements of Rochdale and District Mind (the 'charity') for the year ended 31 March 2021 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other Information comprises the Information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF ROCHDALE AND DISTRICT MIND

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees report; or
- sufficient accounting records have not been kept; or
- the financial statements are not In agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF ROCHDALE AND DISTRICT MIND

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. Based on our understanding of the charity, we identified that the principal risks of non-compliance with laws and regulations related to the Charities Act 2011, the Charities Statement of Recommended Practice, pensions legislation, employment regulation and health and safety regulation, anti-bribery, corruption and fraud, money laundering, non-compliance with implementation of government support schemes relating to COVID-19, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements, such as the Companies Act 2006.

We evaluated the trustees' and management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks were related to posting manual journal entries to manipulate financial performance, management bias through judgements and assumptions in significant accounting estimates, in particular in relation to use of restricted funds, and significant one-off or unusual transactions.

Our audit procedures were designed to respond to those identified risks, including non-compliance with laws and regulations (irregularities) and fraud that are material to the financial statements. Our audit procedures included but were not limited to:

- Discussing with the trustees and management their policies and procedures regarding compliance with laws and regulations;
- Communicating identified laws and regulations throughout our engagement team and remaining alert to any indications of non-compliance throughout our audit; and
- Considering the risk of acts by the charity which were contrary to applicable laws and regulations, including fraud.

Our audit procedures in relation to fraud included but were not limited to:

- Making enquiries of the trustees and management on whether they had knowledge of any actual, suspected
 or alleged fraud;
- Gaining an understanding of the internal controls established to mitigate risks related to fraud;
- Discussing amongst the engagement team the risks of fraud; and
- Addressing the risks of fraud through management override of controls by performing journal entry testing.

There are inherent limitations in the audit procedures described above and the primary responsibility for the prevention and detection of irregularities including fraud rests with management. As with any audit, there remained a risk of nondetection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal controls.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF ROCHDALE AND DISTRICT MIND

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Rayce Peering Green onl

Carolyn Dutton (Senior Statutory Auditor) for and on behalf of Royce Peeling Green Limited

9 August 2021

Chartered Accountants Statutory Auditor

The Copper Room Deva City Office Park Trinity Way Manchester M3 7BG

Royce Peeling Green Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under of section 1212 of the Companies Act 2006.

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	l	Jnrestricted	Restricted	Total	Unrestricted	Restricted	Total
		funds	funds		funds	funds	
		2021	2021	2021	2020	2020	2020
	Notes	£	£	£	£	£	£
Income and endowmer		-					
Donations and legacies	3	21,095	-	21,095	38,598	-	38,598
Income from charitable							
activities	4	623,357	233,384	856,741	560,861	426,993	987,854
Bank interest	_				0.000		0.000
receiveable	5	244	-	244	2,233	-	2,233
Other income	6	64,634	-	64,634	-		-
Total income		709,330	233,384	942,714	601,692	426,993	1,028,685
Expenditure on:							
Charitable activities	7	669,278	170,605	839,883	552,107	445,929	998,036
Net incoming resources before transfers		40,052	62,779	102,831	49,585	(18,936)	30,649
Gross transfers between funds		8,342	(8,342)	-	(9,853)	9,853	
Net income for the yea Net movement in fund:		48,394	54,437	102,831	39,732	(9,083)	30,649
Fund balances at 1 April 2020	l	444,887	72,903	517,790	405,155	81,986	487,141
Fund balances at 31 March 2021		493,281	127,340	620,621	444,887	72,903	517,790

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BALANCE SHEET

AS AT 31 MARCH 2021

		2021		2020	
	Notes	£	£	£	£
Fixed assets					
Tangible assets Current assets	1 1		21,273		9,710
Debtors	12	29,545		12,420	
Cash at bank and in hand		775,973		568,182	
		805,518		580,602	
Creditors: amounts falling due within one year	13	(138,650)		(56,910)	
Net current assets			666,868		523,692
Total assets less current liabilities			688,141		533,402
Provisions for liabilities			(67,520)		(15,612)
Net assets			620,621		517,790
Income funds					
Restricted funds	16		127,340		72,903
Unrestricted funds					
Designated funds	17	135,000		-	
General unrestricted funds		358,281		444,887	
			493,281		444,887
			620,621		517,790

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2021

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021, although an audit has been carried out under section 144 of the Charities Act 2011.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on $\frac{23}{7}$

Barry Windle Trustee

Company Registration No. 2210699

)alardan () Keith Marsland Trustee

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STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

		2021		2020	
	Notes	£	£	£	£
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	22		223,354		(8,391)
Investing activities					
Purchase of tangible fixed assets		(15,807)		-	
Investment income received		244		2,233	
Net cash (used in)/generated from					
Investing activities			(15,563)		2,233
Net cash used in financing activities			-		-
Not increase/(decrease) in each and or	ach				<u></u>
Net increase/(decrease) in cash and ca equivalents	1511		207,791		(6,158)
Cash and cash equivalents at beginning	of year		568,182		574,340
Cash and cash equivalents at end of y	ear		775,973		568,182

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Rochdale and District Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is 3-11 Drake St, Rochdale OL16 1RE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest \pounds .

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

Following the Covid-19 coronavirus outbreak in the United Kingdom in the first quarter of 2020, the charity continued to operate albeit on a reduced scale. The advocacy work and other support works the charity has contracts to fulfil continued although the delivery was via alternative means, a digital service rather than face to face. The cafés were closed in line with government lockdown procedures and the trustees took this time to consider and update the services offered in the café venues, Rochdale café is now open.

The Middleton café lease expired during lockdown and has not been renewed. The charity has vacated this premises and is looking at an alternative premises.

The charity was able to furlough a number of staff thus reducing overheads and other overheads were reduced as a result of reduced activities. All staff are now back at work.

Grants were obtained from national MIND, local authorities and other emergency funding organisations which has meant that the charity has been able to meet all obligations as they fall due.

The trustees continue to monitor cash and reserves levels and have produced revised budgets and projections following the COVID pandemic which show a deficit being projected for 2022, which will utilise some of the excess funds being held as at this year end date.

Having taken into consideration the impact of the Covid-19 coronavirus pandemic on the charity and its activities, at the time of approving the financial statements the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

1.5 Expenditure

No employee received emoluments of more than £60,000

Volunteers are a valuable resources within the organisation. We have around 2 volunteers who help us to deliver a range of activities and to support reception. We also have 12 volunteer counsellors who deliver counselling sessions each week.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreclation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold improvements	15% on written down value
Plant and equipment	33 1/3% on cost
Fixtures and fittings	20% on cost
Computers	33 1/3% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Provisions

Provisions are recognised when the charity has a legal or constructive present obligation as a result of a past event, it is probable that the charity will be required to settle that obligation and a reliable estimate can be made of the amount of the obligation.

The amount recognised as a provision is the best estimate of the consideration required to settle the present obligation at the reporting end date, taking into account the risks and uncertainties surrounding the obligation. Where the effect of the time value of money is material, the amount expected to be required to settle the obligation is recognised at present value. When a provision is measured at present value, the unwinding of the discount is recognised as a finance cost in net income/(expenditure) in the period in which it arises.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policles

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease Incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

1.14 Fundraising activities

In 2020-2021 Rochdale and District Mind did not itself undertake any fundraising activities, did not employ a fundraiser or incur any direct fundraising expenses. However, the charity did utilise a member of staff part-time to facilitate networking activities where funds could be generated.

In addition the organisation did allow individuals and other organisations to fundraise on its behalf. For example Rochdale and District Mind are sometimes "Charity of the Year" and events are organised to raise money for Rochdale and District Mind. Any money (including cash) raised by fundraising was Immediately banked along with details of how the money was raised.

Rochdale and District Mind is registered with the Fundraising Regulator and adheres to its "Fundraising Promise".

Rochdale and District did not use any of the personal identifiable information it holds on staff, clients or members for its own fundraising purposes. Also it did not share this information with any other organisation

2 Critical accounting estimates and judgements

In the application of the charity's accounting policles, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Judgements and estimates are made by the trustees in allocating support costs between restricted and unrestricted funds. They are also made when ascertaining depreciation methods and rates applicable to fixed assets.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

3 Donations and legacles

		Unrestricted funds	Unrestricted funds
		2021 £	2020 £
	Donations and gifts	21,095	38,598
4	Income from charitable activities		
		2021 £	2020 £
	Development Activities, Counselling & Volunteering Advocacy Services Provision of Supported Work & Training	646,238 78,925 131,578 856,741	134,704 65,781
	Analysis by fund Unrestricted funds Restricted funds	623,357 233,384 856,741	

5 Bank interest receivable

Unrestricted	Unrestricted
funds	funds
2021	2020
£	£
Interest receivable 244	2,233

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

6 Other income

				U	Inrestricted funds	Total
					2021 £	2020 £
	Government Coronavirus grants				64,634	-
7	Charitable activities					
		Development Activities, Counselling &	Advocacy F Services	Provision of Supported Work & Training	Total 2021	Total 2020
		£	£	£	£	£
	Staff costs Depreciation and impairment Other cost	422,419 3,918	64,947	100,709 326	588,075 4,244	755,123 3,671 221,449
		177,896 604,233	6,227 71,174	48,458 149,493	232,581 824,900	980,243
	Share of governance costs (see note 8)	10,782	1,647	2,554	14,983	17,793
		615,015	72,821	152,047	839,883	998,036
8	Governance costs				2021	2020
					£	£
	Legal and professional fees Accountancy fees				9,210 5,773	10,214 7,579
					14,983	17,793
	Analysed between Charitable activities				14,983	17,793

Governance costs includes payments to the auditors of £5,760 (2020: £5,760) In respect of audit fees.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charily during the year. Trustees have not been paid expenses in this or the prior year.

10 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	27	36
Employment costs	2021 £	2020 £
Wages and salaries	531,338	686,099
Social security costs	43,859	49,878
Other pension costs	12,878	19,146
	588,075	755,123

Key staff remuneration

Remuneration paid to key staff was £132,465 (2020 - £83,700).

11 Tangible fixed assets

	Leasehold improvements	Plant and equipment	Fixtures and fittings	Computers	Total
	£	£	£	£	£
Cost					
At 1 April 2020	71,664	128,751	20,537	80,652	301,604
Additions		3,600	5,336	6,871	15,807
At 31 March 2021	71,664	132,351	25,873	87,523	317,411
Depreclation and Impairment					
At 1 April 2020	64,444	127,446	20,395	79,609	291,894
Depreciation charged in the year	1,083	1,305	142	1,714	4,244
At 31 March 2021	65,527	128,751	20,537	81,323	296,138
Carrying amount					
At 31 March 2021	6,137	3,600	5,336	6,200	21,273
At 31 March 2020	7,220	1,305	142	1,043	9,710

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

11 Tangible fixed assets

12	Debtors			
			2021	2020
	Amounts falling due within one year:		£	£
	Trade debtors		23,805	3,783
	Prepayments and accrued income		5,740	8,637
			29,545	12,420
13	Creditors: amounts falling due within one year			
			2021	2020
		Notes	£	£
	Deferred Income	15	62,263	750
	Trade creditors		269	2,119
	Other creditors		3,439	30,141
	Accruals and deferred income		72,679	23,900
			138,650	56,910

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

14	Provisions for liabilities			2021 £	2020 £
	Heat and Light			13,020	15,612
	Wellbeing centre dilapidation			50,000	-
	Legal and professional fees			4,500	
				67,520	15,612
	Movements on provisions:				
		Heat and Light	Wellbeing centre dilapidation	Legal and professional fees	Total
		£	£	£	£
	At 1 April 2020	15,612	-	-	15,612
	Additional provisions in the year	-	50,000	4,500	54,500
	Unwinding of provision	(2,592)	-	-	(2,592)
	At 31 March 2021	13,020	50,000	4,500	67,520

At the balance sheet date the charity had unknowingly not been charged for electricity used in one of its cafés for a number of years. It is expected that the utility company will request payment at some point and therefore the trustees have provided for an estimate of the obligation existing at the balance sheet date.

The wellbeing centre lease has expired and should the charity exit this lease they are responsible for repair and decoration. The largest element being a lift which is now at the end of its useful life. In the event that the lift at the property is required to be replaced the charity must pay a fair and reasonable proportion towards the cost. Therefore the trustees have provided for an estimate of the obligation existing at the balance sheet date.

Leases at the Rochdale café, Middleton café and wellbeing centre have all expired at the balance sheet date. Legal costs will be incurred by the charity in relation to vacating these premises or renegotiating the leases. Therefore the trustees have provided for an estimate of the obligation existing at the balance sheet date.

15 Deferred Income

202	1 2020 £ £
Other deferred income 62,26	3 750

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

16 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

balances of donation	io and graino no			ent in funds	
	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
	£	£	£	£	£
Secure					
commissioning	4,920	64,008	(53,725)	-	15,203
Childrens advocacy					
services	171	14,917	(11,458)	-	3,630
Arts for Wellbeing	1,246	-	-	-	1,246
Advocacy					
redevelopment fund	7,748	-	-	-	7,748
Suicide awareness					
and prevenion	952	-	-	-	952
Physical activity					
initiative fund	5,329	1,000	(50)	-	6,279
Survivors group	310	-	-	-	310
Joint project with					
Recovery Republic	2,803	12,500	(13,121)	-	2,182
World mental health					
day event	2,351	~	-	-	2,351
C&YP consolidated					
legacy fund	1 0,119	4,000	-	-	14,119
Young people					
project (SIF)	4,975	26,617	(22,985)	-	8,607
Capital funds	31,979	-	-	(8,936)	23,043
Ambition for ageing					
(KYP)	-	661	-	-	661
Get active for life	-	25,049	(14,328)	-	10,721
Awards for all					
dementia support	-	7,488	(6,560)	-	928
HMRCCG			(0.000
bereavement group	-	2,707	(69)	-	2,638
National MIND -			(00, (00)	070	
Loneliness (DCMS)	-	22,857	(23,130)	273	-
Coronavirus					
Community Support Fund (CYP)		0.044	(7.405)		2 710
CIN C&YP	-	9,844	(7,125)	-	2,719
counsellor		6,591	(6,912)	321	
Henry Smith -	-	0,091	(0,912)	521	-
Dementia	_	7,550	(1,575)	_	5,975
Pears DCMS	-	16,676			9,569
#Thrive creative &	-	10,070	(7,107)	-	9,009
integrative therapy		10,919	(2,460)	_	8,459
megrative therapy	-	10,919	(2,400)	-	0,409
	72,903	233,384	(170,605)	(8,342)	
					,

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

16 Restricted funds

Restricted funds are specified by the funder for a particular use, such restricted funds include:

Pennine Trust providing funding for advocacy support at Prospect Place, Tatton Unit and CAMHS Hope & Horizon.

Henry Smith awarding funds for specific work to help improve the lives of dementia sufferers and provide support for carers of dementia patients.

There are two sources of funding for children and young person counselling. This is through Thrive and Children In Need (CIN).

Pears awarded emergency funding for combatting adult lonellness during Covid and local commissioners provided funding to support those affected by bereavement during Covid.

Funding for physical activity was also received which wasn't able to be utilised during lockdown, it is hoped that this will be used by service users at the new Middleton café for activities such as walking and fishing groups.

17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

		Movement i	n funds		
Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Revaluations, gains and 3 losses	Balance at 1 March 2021
£	£	£	£	£	£
	-	-	135,000		135,000
-	-	-	135,000		135,000

The transfer to designated funds relates to a commitment made by the trustees to refurbish the charity's buildings and assets. Also, there is a commitment to invest in marketing for the coming year to compliment national MIND's new branding.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

18	Analysis of net assets b	etween funds					
		Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
		2021		2021	2020	2020	2020
		£	£	£	£	£	£
	Fund balances at 31 March 2021 are represented by:						
	Tangible assets Current assets/(liabilities)	12,337	8,936	21,273	9,710	-	9,710
		548,464	118,404	666,868	450,789	72,903	523,692
	Provisions	(67,520)	-	(67,520)	(15,612)	-	(15,612)
		493,281	127,340	620,621	444,887	72,903	517,790

19 Reserve policy

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergencies. The trustees consider that the minimum level of reserves should be equivalent to 3 months expenditure plus an element for emergency planning. On the basis of the Business Plan for 2021-2022, this indicates a level of unrestricted reserves of around £323,000.

20 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Within one year	38,381	47,081
Between two and five years	12,614	12,614
In over five years	8,767	15,767
	59,762	75,462

The operating leases represent to third parties.

21 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

22	Cash generated from operations	2021	2020
		£	£
	Surplus for the year	102,831	30,648
	Adjustments for:		
	Investment income recognised in statement of financial activities	(244)	(2,233)
	Depreciation and impairment of tangible fixed assets	4,244	3,671
	Movements in working capital:		
	(Increase) in debtors	(17,125)	(987)
	Increase in creditors	20,227	5,539
	(Decrease) in provisions	51,908	15,612
	Increase/(decrease) in deferred income	61,513	(60,641)
	Cash generated from/(absorbed by) operations	223,354	(8,391)

23 Analysis of changes in net funds

The charity had no debt during the year.