

GLOBE COMMUNITY PROJECT

ANNUAL REPORT & FINANCIAL STATEMENTS

Year ended: 30 April 2021



GLOBE
COMMUNITY
PROJECT

Globe Community Project
A company limited by guarantee
Charity no: 1104770 | Company no: 4992627

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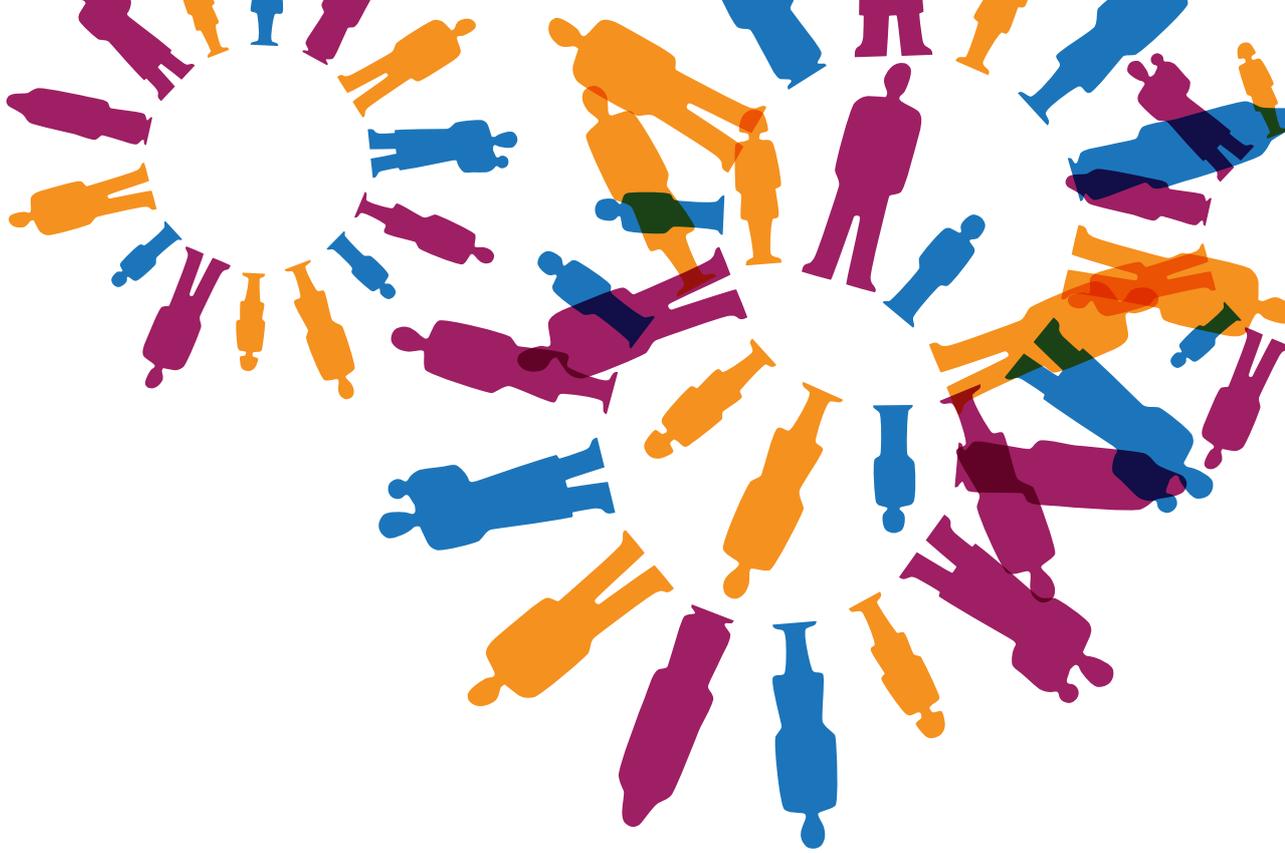
1. OUR AIMS

To **promote the benefit of local people**, by involving them in a common effort to enhance education, and to provide facilities in the interest of social welfare, recreation and leisure occupations, with the object of improving the quality of life for those in the local area.

To **provide access to** a wide range of **cultural, educational, physical, social and artistic activities** that will act as a vehicle and motivator to develop actual and transferable skills for people of all ages from childhood up.

To encourage interaction among people of different ages and **social and ethnic groups** within the community through the medium of arts and other activities and to **encourage the growth of the imagination, self-expression, clear communication and health and wellbeing** of participants.

The broad objects of the charity as stated in our governing document are: “To promote the benefit of the inhabitants of Globe Town, Tower Hamlets and surrounding areas, by associating together with the said inhabitants and sometimes including the local authorities, voluntary and other organisations, in a common effort to enhance education and to provide facilities in the interests of social welfare, recreation and leisure occupation, with the object of improving the conditions of life for the said inhabitants.”



Our projects are designed to respond to some of the most pressing needs in Tower Hamlets. Take Back Your Life responds to health inequalities in the borough and high levels of poor physical and mental health among disadvantaged communities. The Language of Wellbeing responds to social isolation experienced by women refugees, migrants and asylum seekers. Wellbeing for Elders is designed to enhance support for the high proportion of older residents in our borough who experience social isolation and poor mental health and wellbeing.

All three projects provide access to social connection alongside specialist, tailored wellbeing education, providing long term support and new skills to manage and enhance their personal and social wellbeing.

In setting our objectives and planning our activities, our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

2. OUR STORY THIS YEAR

Letter from our Chair

The Covid-19 pandemic has hit Tower Hamlets hard, with some of the highest case numbers in the capital. In our densely populated borough, the virus disproportionately impacted families living in overcrowded housing conditions, with increased transmission rates and negative mental health and wellbeing impacts. Existing inequalities in Tower Hamlets were exacerbated, and many of those already likely to suffer poor physical and mental health because of poverty, old age, difficulty accessing employment or low English literacy, were unable to access vital information and support when they needed it most.

The groups we work with are among the most vulnerable to Covid-19, and during the pandemic they needed our support more than ever. Many of our service users struggled to access online activities due to lack of training, lack of digital equipment and funds for mobile data. The desperate need for in-person contact which many of our service users already experience increased, and at times could not legally be met.

Like all community organisations, Globe Community Project faced significant challenges this year. In May 2020 our Chair Sraddhampuspa died of ill health, including Covid-19. At 90 years old, Sraddhampuspa had been engaged and active in her local community, at times directing Project matters from her hospital bed. She died peacefully at St Joseph's Hospice, surrounded by her family. It has taken time to adjust to her loss, and we miss her very much. During the pandemic, the workloads of our staff and volunteers skyrocketed, and along with much of the third sector, their ingenuity and endurance were tested.

Like colleagues across the sector, we adapted the way we delivered our projects to respond to the pandemic and meet the needs of the community. Where people were unable to access services online, we offered regular phone calls, and also provided 1:1 mindful walks for older people, continuing the learning and support through helping them connect to their environment and stay in the present moment.

Despite the many obstacles, we helped over 150 people this year, reaching more people than ever before. In a year when loneliness and illness have affected more and more of our community, we helped replace isolation with connection, ease pain, and provide support not just to survive hard times, but to live well.

We couldn't be more proud of the dedication, hard work and creativity shown by our staff and volunteers, and are grateful for the responsiveness and flexibility of our funders.

A handwritten signature in black ink, appearing to read 'Anne-Marie Irwin'. The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Anne-Marie Irwin
Chair of the Board of Trustees

3. TAKE BACK YOUR LIFE

Take Back Your Life is a simplified version of the multi-award-winning Breathworks 'Mindfulness for Health' 8-week course, developed by Vidyamala / Pru Birch. It aims to create a community of wellbeing, where people with chronic pain and illness can continue, over months and years, to manage their condition, learn new techniques and skills, and share with others also in pain.

Take Back Your Life is suitable for and inclusive of people with lower incomes and different levels of English language and literacy skills. It is offered free of charge and gives participants tools, knowledge and skills to live well with chronic pain and/or health conditions. Following the success of two pilot courses, Take Back Your Life was awarded funding by Tower Hamlets Council's Local Community Fund, running from October 2019 until March 2023. We also received funding from Queen Adelaide's Charity towards additional complementary health scholarships, which will be awarded next year.

In responding to the Covid-19 pandemic, moving online enabled us to offer more services and ensure that even without access to digital, anybody with a phone could take part. Through the Take Back Your Life project, this year we offered:

- four nine-week online pain management courses
- one online mindfulness-based stress reduction course to support people through the early days of the pandemic
- one online course for people struggling with effects of the pandemic, including Long Covid
- 52 weekly online Zoom 'follow on' sessions
- 56 1:1 health coaching sessions
- regular 1:1 phone support sessions
- one webinar disseminating research findings
- one complementary health scholarship

Who we helped

Participants were primarily Tower Hamlets residents suffering from chronic pain and illness, but also included some people struggling to cope with the general effects of the Covid-19 pandemic, as well as those with long Covid. The project has reached a diverse cross-section of the community, including Bangladeshi, Caribbean, Chinese, Tamil, Turkish, Somali, White British, continental European and Pakistani communities.

Our impact

We helped 115 people through the Take Back Your Life project this year. Courses achieved remarkably high retention rates, averaging 80-100% retention, with attendance rates as high as 97% during nine week courses.

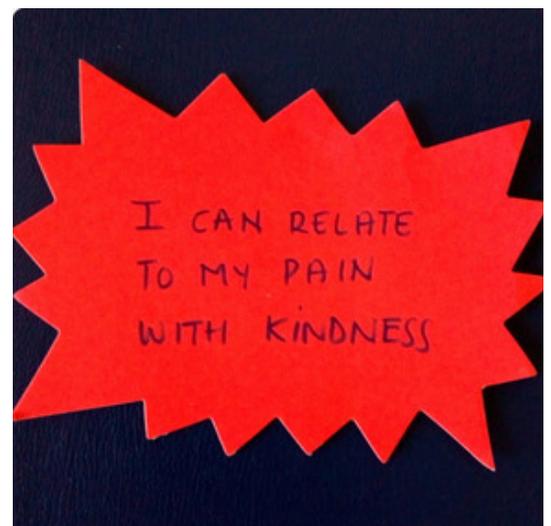
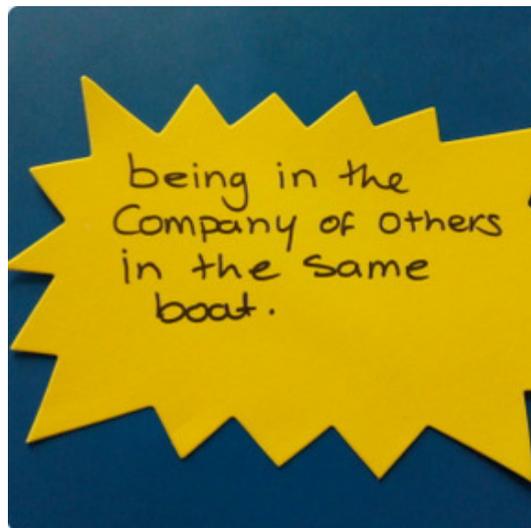
Our monitoring data, overseen by external researcher Shannon Phillips, showed statistically significant improvements in participants' levels of pain experienced, pain discomfort, ability to manage pain self, level of catastrophising about pain, and level of mindfulness skills.

Case studies show that participants experience a wide range of benefits:

- increased ability to manage pain
- increased sense of calm and relaxation
- reduced pain symptoms
- reduced dependency on medication
- knowledge of tools to calm the mind
- feeling kinder towards themselves and their pain

3. TAKE BACK YOUR LIFE

- increased sense of social connection
- increased feelings of connection to others in their community
- increased embodiment
- more appreciative of beauty and nature
- feeling more able to pace activities in life so they are manageable.
- relief
- acceptance



“It’s a very valuable service, and I would recommend other people to do it. It really does help.” -- Shakera



“I have injections in my back and all sorts of problems in my spine, so I have to motivate myself all the time. But the mindfulness... I breathe better. Before, I’m not taking the full breaths. You’re rushing, it’s a hundred miles an hour life we live in London ain’t it? Now, it’s just relaxed.”

-- Martin

“Sign up as soon as you can - I have benefited so much!” -- Maria



“I’ve been able to cut down on medication (Tramadol in particular). The doctor is pleased! I’m not feeling so tired because I’m taking less medication, so I’m able to walk and to be out more.”

-- Denise

4. THE LANGUAGE OF WELLBEING

The Language of Wellbeing is a yoga, English language and community-building project for women who are migrants, refugees and asylum seekers. The project offers inner enrichment and healing alongside the development of practical language skills, through weekly yoga and English language classes. Each session combines trauma-informed yoga with English language teaching, followed by an informal, participatory and creative English language consolidation session, supported by local volunteers.

Developed in partnership with Sally Ramsden of Natural Connection and Praxis Community Projects, a specialist migrant charity, the project was conceived following an event hosted by Globe Community Project with the local Buddhist community to generate new interest and ideas for projects. It was funded by Emergence Foundation. We also received funding for a three month Covid Outreach project, using the Language of Wellbeing methodology, from the London Borough of Tower Hamlets Small Grants Fund administered via the East End Community Foundation. This project will be carried out in the next financial year.

The timing of the pandemic meant that all Language of Wellbeing sessions were delivered online with the exception of two outdoor sessions. Participants worked extremely hard to overcome financial, technical and equipment-based barriers to accessing online sessions, with dedicated support from the Praxis outreach worker.

Who we helped

A community of over 30 women attended the classes, with 24 regularly attending and a core group of 11 who came to almost every session. All women are based in London, mostly in Tower Hamlets, and their ethnicities included Bangladeshi, Black African, Asian, North African and Latin American.

Our impact

An independent evaluation found that:

- 100% felt better in their bodies, calmer, and more able to deal with the pandemic
- 90% of participants reported their English had improved
- 80% felt more confident to communicate online
- Despite barriers to participation, the group was the best-attended of all Praxis groups

During the evaluation process, participants reported a huge range of benefits:

- Increased health knowledge, such as how to care for different parts of the body and how to adopt good sleep hygiene practices
- Long term physical health improvements including improved pain management and sleep
- Increased energy
- Alleviation of stress, anxiety and social isolation
- Improved mood
- Increased confidence to express feelings and receive peer support, through high levels of trust
- Learning to prioritise self-care, and being more present in the moment

4. THE LANGUAGE OF WELLBEING

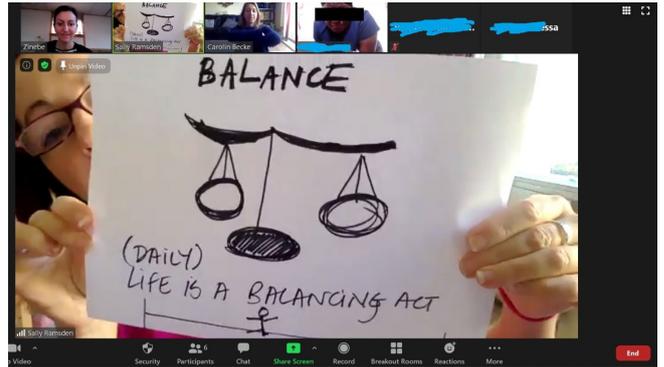
- Picking up new English vocabulary through the yoga, use of visuals and repetition of key words throughout the class
- More competent and confident to use Zoom
- More confident to access other events and information online
- A strong sense of community and connection in the group

“This lockdown time I am loneliness. That’s why, I can see the people and I can do the yoga also. Happy for me.” -- Batini*

“It helps you really to look after yourself. You can be very lazy to do something, you may want to do it and may not be able, but when you have the instructor, you get more focused and you get more serious about yourself.” -- Lucia*

“I feel like I can do things again – clean and cook. I have energy to do things. I feel happy.” -- Razia*

**Names have been changed, in accordance with the wishes of participants*



5. WELLBEING FOR ELDERS

The Wellbeing for Elders project supports disadvantaged older residents in Tower Hamlets who are experiencing low wellbeing and social isolation. Tower Hamlets has by far the highest proportion of older people in receipt of adult social care in England, and two thirds have a long-term limiting health problem or a disability. Tower Hamlets' older residents are also amongst the loneliest in England, according to 2016 data from Public Health England estimating subjective loneliness for older people at local authority level. Poor health, deprivation, widowhood and living alone are all factors which are considered to contribute towards this high level of loneliness.

Our six week Wellbeing for Elders courses provide participants with wellbeing tools to adjust to aging and low mood in a positive way, the chance to develop interest and ability to make links with other older people, and to take part more fully in the community and access the support they need. We keep groups small in order to give each person the kind of tailored in-depth support which has real transformative potential.

The project runs from April 2020 to May 2023, reaching 20 older people a year. It is funded by the Charity of Sir Richard Whittington, and in addition to their existing funding, they generously provided an extra grant in November 2020 to provide immediate support during the 2nd and 3rd UK lockdowns. We provided a creative programme of one-to-one phone calls, mindful walks and nature connection, post packs and gifts to maintain support and connection through lockdown.

Who we helped

We helped 8 older people at risk of social isolation and loneliness this year. This was less than our target, due to delayed delivery because of the pandemic and its particular

risks to this group, barriers to digital participation, as well as social distancing restrictions once we were able to run activities. The group was diverse in terms of class background, but more homogenous in terms of ethnicity and gender, as all participants were women, and most were white British.

Our impact

All participants reported feeling less lonely and isolated, many felt that their wellbeing, self-esteem and sense of personal control over their lives had improved, and all of them felt more confident in creating connection with other people of similar ages.

Participants reported many benefits from taking part in the programme, including:

- Getting out and about
- Building confidence to go out
- Social connection that went beyond superficial 'hellos'
- Feeling less alone
- Meeting new people
- Making friends
- Feeling cared about and valued
- Improved self esteem
- Learning to manage difficult thoughts and feelings
- More confident to express thoughts and feelings to others
- Being less inward and self-focused
- Dwelling more on the positive

5. WELLBEING FOR ELDERS

- Better understanding how other people think
- Being fully listened to
- Becoming less judgemental and more understanding

Participants also reported a number of concrete tools they had learned and skills they had developed:

- Going for a walk and opening your eyes to things around you
- How to relax
- Breathing exercises
- Calming down
- Knowing when to stop and take a breather, do a little relaxation when things are getting a bit much
- In the morning I get up and get a cup of tea and watch the birds
- How to be in the moment when times get difficult

I enjoyed the mindful walks

It + feel good about it.

Go to a place in your mind where you like

Sit in park and look around and see the beauty in things see how much we have.

Thank you for getting in touch
with me and also for the chocolate,

LIKE A TYPE OF MEDITATION

“What this course has done? Last week, I looked into my address book and thought, I’m going to phone a few people I haven’t seen, and the pleasure I got, and they got...how lovely to hear from you! Such a lovely surprise! And I thought, Ooo, I’ll do that again. Once you start talking it’s marvelous. Everybody I spoke to had problems, but you let them to tell you. Or if you make somebody laugh, that’s worth a phone call.” -- Violet



“I’m not very good on my own... It’s given me confidence to walk a bit. Getting washed and dressed, getting my coat on. It’s given me confidence to go out.” -- Patricia

“It has helped me with my health, and stopped me from thinking inwardly about myself all the time.”
-- Margaret

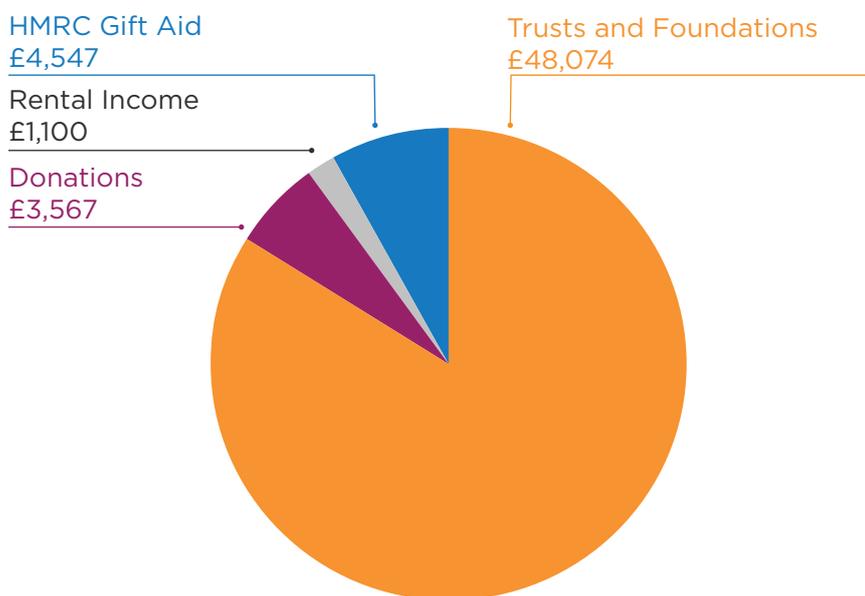


“It makes you feel that much better, that people are listening to what you’re saying... things like that make you feel valuable, because your brain is still working, even though your body is just falling apart.” -- Ruth

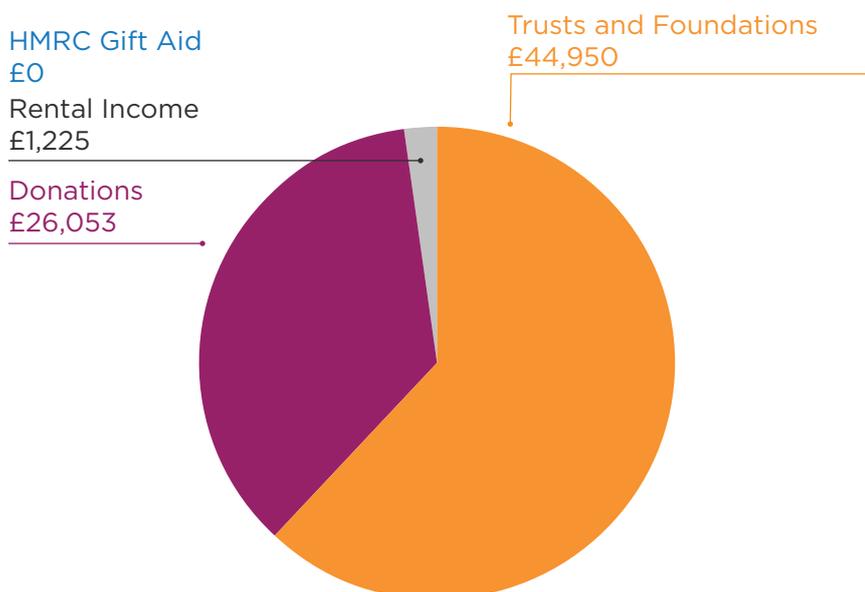
6. YOUR SUPPORT, AND HOW WE USED IT

How you gave

2021 Total £57,288

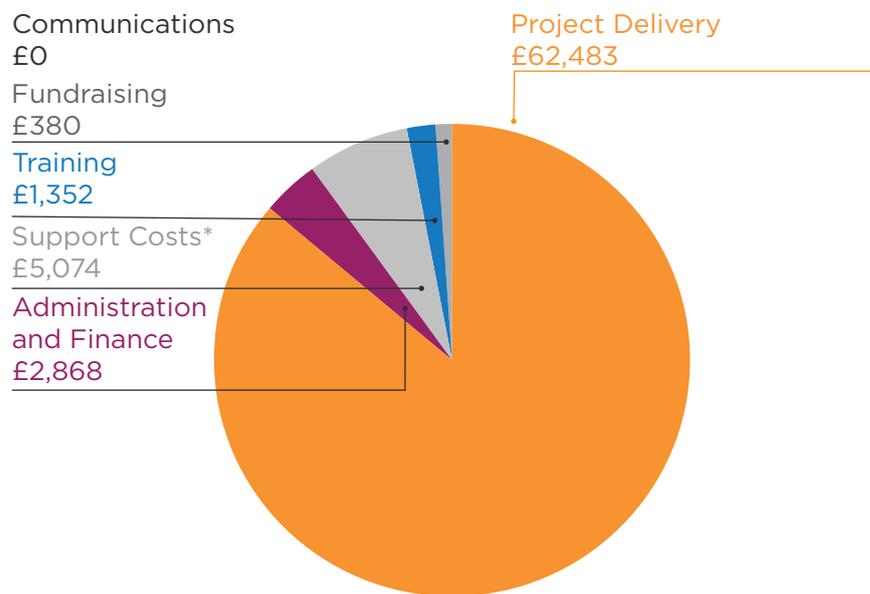


2020 Total £72,228

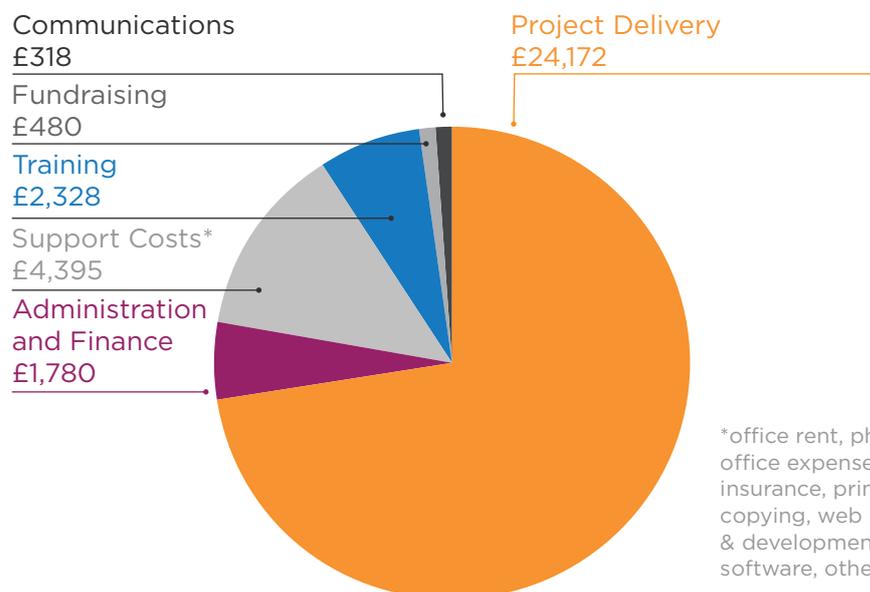


How we used the money

2021 Total £72,157



2020 Total £33,473



*office rent, phone, office expenses, internet, insurance, printing, copying, web maintenance & development, IT & software, other expenses

7. THANK YOU

For being part of the local community and uniting to create positive change for the people who need it most, through a very difficult year.

To each of our individual supporters. Your donations not only provide the material support to keep our work going, but they show we are not alone in our vision, and that the desire to see more and more connection, creativity and cohesion inspires you too.

To the trusts, foundations and institutions which have generously supported us this year:

- London Borough of Tower Hamlets, Local Community Fund
- London Borough of Tower Hamlets, Small Grant Fund, administered by EECF
- Emergence Foundation
- The Charity of Sir Richard Whittington / The Mercers' Company
- Queen Adelaide's Charity



To St Margaret's House for being so much more than the building which houses our office. We greatly appreciate all the opportunities for networking, support and friendship.

To Triratna Arts, for sharing our office and helping to make it a cosy, aesthetic and fun place to work.

To our designer Idoia Acha for her wonderful designs and her kind, responsive and creative approach.

To Sraddhapuspa. We will remember your care for your community, and the considerable focus, time, energy and determination you gave during the last decades of your life, making sure Globe Community Project could keep on working to benefit local people. Much missed, always remembered.



8. FINANCIAL STATEMENTS

Globe Community Project

Statement of Financial Activities

(including summary income and expenditure account)

for the year ended 30 April 2021

	Notes	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £	Restated 2020 Total funds £
Income from:					
Grants and donations	(2)	18,137	38,051	56,188	71,003
Rental Income		1,100	-	1,100	1,225
Other Income		-	-	-	60
Total income		<u>19,237</u>	<u>38,051</u>	<u>57,288</u>	<u>72,288</u>
Expenditure on:					
Project delivery		-	40,062	40,062	11,948
Programme management		12,268	-	12,268	6,810
Monitoring & evaluation		480	3,560	4,040	1,280
Office Rent		2,750	-	2,750	3,050
Project management		-	2,200	2,200	-
Accreditation		-	1,691	1,691	1,617
Training		1,042	310	1,352	2,328
Administration & finance		1,833	315	2,148	1,780
Phone costs		-	645	645	346
Office Expenses		533	-	533	-
Materials and Equipment		79	579	658	601
Venue hire		-	430	430	640
Professional supervision		-	410	410	523
Insurance		392	-	392	-
Fund Raising		380	-	380	480
Volunteer Facilitator Accreditation		-	260	260	-
Event costs		-	225	225	-
Website maintenance & Development		212	-	212	651
Research & development		-	160	160	343
IT & software		-	114	114	-
Printing/copying/inks		-	70	70	-
Refreshments		-	64	64	257
Transport		-	15	15	153
Communications		-	-	-	318
Other expense		358	-	358	348
Independent examination		720	-	720	-
Total expenditure		<u>21,047</u>	<u>51,109</u>	<u>72,156</u>	<u>33,473</u>
Net income / (expenditure)		<u>(1,810)</u>	<u>(13,058)</u>	<u>(14,868)</u>	<u>38,815</u>
Fund balances brought forward		<u>21,884</u>	<u>27,749</u>	<u>49,632</u>	<u>10,817</u>
Fund balances carried forward	(3)	<u>20,074</u>	<u>14,691</u>	<u>34,765</u>	<u>49,632</u>

All incoming resources and resources expended derive from continuing activities.

Globe Community Project

Balance sheet

Restated

as at 30 April 2021

for the year ended 30 April 2021

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Current assets				
Prepayments	-	3,169	3,169	-
Cash at bank and in hand	(5) 20,794	11,522	32,316	49,632
Total current assets	20,794	14,691	35,485	49,632
Current liabilities:				
amounts falling due within one year				
Accruals	720	-	720	-
Total current liabilities	720	-	720	-
Net current assets / (liabilities)	20,074	14,691	34,765	49,632
Net assets	20,074	14,691	34,765	49,632
Funds				
Unrestricted funds	5,000	-	5,000	21,884
Designated funds	(4) 15,074	-	15,074	-
Restricted funds	-	14,691	14,691	27,749
Total funds	20,074	14,691	34,765	49,632

For the year ending 30 April 2021 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 20th July 2021



Signed: (Trustee)

Name: Anne-Marie Irwin

Globe Community Project

Notes to the accounts

for the year ended 30 April 2021

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

The 2019/2020 accounts have been restated to recognise the receipt of a £12,010 donation, received into a savings account in February 2020. As a result donations income in 2019/2020 has increased by £12,010 as have bank balances at 30 April 2020. No other changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

Globe Community Project
Notes to the accounts continued
for the year ended 30 April 2021

2 Grants and donations	2021	2021	2021	Restated
	Unrestricted funds £	Restricted funds £	Total funds £	2020 Total funds £
London Borough of Tower Hamlets Local Community Fund (LBTH)	5,784	22,263	28,047	21,035
Emergence Grant	2,500	9,500	12,000	12,890
Charity of Sir Richard Whittington	1,239	2,790	4,029	10,525
Queen Adelaide's Charity	300	700	1,000	-
East End Community Foundation/LBTH	300	2,698	2,998	-
Private donation to TBYL project	-	100	100	-
Breathworks Foundation	-	-	-	1,000
GroundWork UK	-	-	-	500
Private donation to The Language of Wellbeing project	-	-	-	2,000
Gift Aid	4,547	-	4,547	-
Other Donation	3,467	-	3,467	23,053
	<u>18,137</u>	<u>38,051</u>	<u>56,188</u>	<u>71,003</u>

3 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Wellbeing for Elders project	10,525	2,790	5,744	-	7,571
Take Back Your Life LCF	2,947	23,063	24,787	-	1,223
The Language of Wellbeing	12,990	12,198	19,242	-	5,946
Take Back Your Life 1	736	-	736	-	-
Take Back Your Life 2	600	-	600	-	-
	<u>27,799</u>	<u>38,051</u>	<u>51,109</u>	<u>-</u>	<u>14,740</u>

Fund name

Purpose of restriction

Wellbeing for Elders project

Wellbeing courses for older people at risk of loneliness and isolation

Take Back Your Life LCF

Mindfulness-based support to address chronic pain, illness and related social isolation and inactivity

The Language of Wellbeing

Trauma-informed yoga and ESOL teaching for refugee & migrant women to grow confidence and take control of their wellbeing

Take Back Your Life 1

Pilot project, Take Back Your Life

Take Back Your Life 2

Second pilot project, Take Back Your Life

Globe Community Project
Notes to the accounts continued
for the year ended 30 April 2021

4 Designated funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Core Support Fund	-	-	-	15,074	15,074
	<u>-</u>	<u>-</u>	<u>-</u>	<u>15,074</u>	<u>15,074</u>

Fund name

Purpose of designation

Core Support Fund

To cover a shortfall in expected income for financial years 2021/2022 and 2022/2023.

5 Cash at bank and in hand	2021	Restated 2020
	£	£
Current Account	27,316	37,622
Saving Account	5,000	12,010
	<u>32,316</u>	<u>49,632</u>

6 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The key management personnel of the charity include the trustees, Coordinator and Programmes & Operations Manager. The total benefits received by the Coordinator and Programmes & Operations Manager were £16,048.

No trustee received any remuneration or benefit in this capacity during this or the previous year.

7 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	Property Lease
	£
Within one year	<u>1,250</u>
	<u>1,250</u>

Globe Community Project

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 30 April 2021

	2021		2020		Restated	
	Unrestricted funds	Unrestricted funds	Restricted funds	Restricted funds	2021 Total funds	2020 Total funds
	£	£	£	£	£	£
Income						
Grants and donations	18,137	12,971	38,051	46,022	56,188	71,003
Rental Income	1,100	1,225	-	-	1,100	1,225
Other Income	-	60	-	-	-	60
Total income	19,237	14,256	38,051	46,022	57,288	72,288
Expenditure						
Project delivery	-	161	40,062	11,787	40,062	11,948
Programme management	12,268	6,810	-	-	12,268	6,810
Monitoring & evaluation	480	50	3,560	1,230	4,040	1,280
Office Rent	2,750	3,050	-	-	2,750	3,050
Project management	-	-	2,200	-	2,200	-
Accreditation	-	-	1,691	1,617	1,691	1,617
Training	1,042	28	310	2,300	1,352	2,328
Administration & finance	1,833	930	315	850	2,148	1,780
Phone costs	-	128	645	218	645	346
Office Expenses	533	-	-	-	533	-
Materials and Equipment	79	-	579	601	658	601
Venue hire	-	-	430	640	430	640
Professional supervision	-	-	410	523	410	523
Insurance	392	-	-	-	392	-
Fund Raising	380	480	-	-	380	480
Volunteer Facilitator Accreditation	-	-	260	-	260	-
Event costs	-	-	225	-	225	-
Website maintenance & Development	212	651	-	-	212	651
Research & development	-	-	160	343	160	343
IT & software	-	-	114	-	114	-
Printing/copying/inks	-	-	70	-	70	-
Refreshments	-	-	64	257	64	257
Transport	-	-	15	153	15	153
Communications	-	-	-	318	-	318
Other expense	358	348	-	-	358	348
Independent examination	720	-	-	-	720	-
Total expenditure	21,047	12,636	51,109	20,837	72,156	33,473
Net income / (expenditure)	(1,810)	1,620	(13,058)	25,185	(14,868)	38,815
Fund balances brought forward	21,884	5,489	27,749	5,329	49,632	10,817
Fund balances carried forward	20,074	7,109	14,691	30,514	34,765	49,632

9. FINANCIAL REVIEW

The gross income for the year was £57,288, including £38,051 restricted funds and £19,237 unrestricted funds.

When comparing the financial statements with the previous year, it should be noted that the accounts for the year ended 2020 were re-stated following this year's independent examination, to reallocate a £12,010 donation to 2020, the year in which it was received.

Unrestricted income decreased this year compared with the previous year, despite the successful reclamation of a large sum of previously unclaimed Gift Aid, and receiving a number of small grants in addition to the main grants funding our projects. This was because during the previous year Globe Community Project received a generous series of donations from a private donor, as well as a large one-off private donation of £12,010, aimed at ensuring the charity and its projects could continue to operate.

Total expenditure was £72,156, including £51,109 from our restricted funds, and £21,047 from our unrestricted funds.

Project spending more than doubled when compared with the previous financial year. This largely reflects delays to project delivery caused by the Covid-19 pandemic towards the end of the previous financial year, meaning that many of that year's planned activities were carried forward to this financial year. Our core costs increased commensurately, as we invested in more core staff time, increasing our Programmes & Operations Manager's time to two, and later three days per week instead of one, while increasing the hours for our Finance Officer.

We ended the year with total funds of £34,765, comprising £14,691 restricted funds, and £20,074 unrestricted funds.

Of our unrestricted funds, £15,074 has been designated by the trustees for essential future spending during the years

ending 2022 and 2023. This decision reflects the loss of a major source of private donations, the ongoing challenges and uncertainties posed by the pandemic, and their potential impact on GCP's ability to hold fundraising events.

The remaining £5,000 unrestricted reserves are kept aside in a separate account to allow the charity to mitigate or respond to major risks or threats to its operations, or to cover three months' operating expenses, in the event that the charity was forced to close. This level of reserves accords with the reserves policy approved by the trustees (see below).

While at the time of signing these accounts, the charity has been impacted by the global Covid-19 virus, the trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.



10.RESERVES AND RISK MANAGEMENT

The charity's free reserves, excluding fixed assets and designated funds, at the year end were £5,000. GCP has a Reserves policy and a Risk Management policy which includes the expectation that the Management Committee will review the year's financial risks at least once a year. Reserves are kept in a separate account. The Treasurer, together with the Finance Officer, ensures that reserves remain at a reasonable proportion of overall turnover, and are able to cover any financial risks that have been identified. Reserves can be accessed, in line with the Reserves policy, in any circumstances in which the expected unrestricted funds fall short of being able to meet essential costs for the year.

11. LEGAL AND ADMINISTRATIVE INFORMATION

Constitution

Globe Community Project is a company limited by guarantee and was formed on 11 December 2003. It is governed by a memorandum and articles of association as amended by special resolution dated 17 June 2004, 3 July 2015, 18 September 2019 and 12 January 2021. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £5.

Charity number: 1104770
Company number: 04992627

Directors and trustees

The directors of the charitable company (“the charity”) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. The management committee is responsible for the day-to-day running of the Globe Community Project (GCP), and meets every three months. The trustees are all members of the management committee. There may also be members of this committee who are not trustees, who have time and/or particular skills to offer and are interested in supporting the work of the charity. These members may be co-opted onto the committee during the year and then stand for re-appointment at the AGM.

Trustees

Anne-Marie Irwin, Chair
Kate Hayler, Treasurer
Julian Haxby, Company Secretary
Sraddhapuspa / Susy Powlesland (passed away in May 2020)
Esther Cann (appointed June 2020, resigned September 2020)
Sugati /Alison Ticher (appointed July 2020)
Ruzina Begum (appointed November 2021)

13. LEGAL AND ADMINISTRATIVE INFORMATION

Committee Members

Marcella Man Hong Yuen (resigned December 2020)

Stuart Cox (resigned October 2020)

Tareshvari Robinson (resigned December 2020)

Registered Office

St Margaret's House, 21 Old Ford Road, London, E2 9PL

Phone

07419 586150

Bankers

The Co-operative Bank

PO Box 250 Delf House

Southway

Skelmersdale

WN8 6WT

Independent Examiner

Rhys North, ACA

West Yorkshire Community Accounting Service

Stringer House

34 Lupton Street

Leeds

LS10 2QW

Investment powers

Under its Memorandum and Articles of Association, the charity has the power to make any investments, which the trustees see fit.

Trustees' responsibilities in relation to the financial statements

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources

and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in business.

The trustees are responsible for maintaining proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

13. LEGAL AND ADMINISTRATIVE INFORMATION

Independent Examination

In line with Charity Commission requirements, an independent examination of our accounts has been commissioned. The report of the Independent Examiner is on page 35. GCP is exempt from audit as our gross income falls below £1,000,000.

Signed on behalf of the board of trustees

Anne-Marie Irwin

A handwritten signature in black ink, appearing to read 'Am', with a long horizontal flourish extending to the right.

**Chair
Globe Community Project
20th July, 2021**

13. REPORT OF THE INDEPENDENT EXAMINER

Globe Community Project

Independent examiner's report to the trustees of Globe Community Project

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 30 April 2021, which are set out on pages 22 to 27.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Rhys North ACA

Date: 21 July 2021

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW



GLOBE
COMMUNITY
PROJECT

Globe Community Project
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