

YOU BEFORE TWO
(A Charitable Incorporated Organisation)

ANNUAL REPORT

For the year ended
31st December 2020



Charity Registration No. 1182409

You Before Two CIO YEAR ENDED 31 DECEMBER 2020

TRUSTEES

The members of the Board of Trustees listed below are, for the purposes of charity law, Trustees of the Foundation.

All Trustees, unless otherwise stated, served throughout the year from the date the Charity was first registered on 12th March 2019 and, at the date of signing this report are:

Dr Rebecca Foljambe (Founder, Chairperson)

Ms Helen Azar

Mrs Kelly O'Brien

Mrs Fiona Shinner

SECRETARY AND OFFICER OF YOU BEFORE TWO

Dr RJ Foljambe

REGISTERED OFFICE

You Before Two
The Centre Place
Abbey Street Community Centre
Worksop
S80 2LA

PROFESSIONAL ADVISORS

Bankers:	HSBC
	Prospect Crescent
	Harrogate
	HG1 1RN

We do not have an instructed solicitor at this time, but one of our Trustees is an experienced solicitor so we have utilised her valuable experience in-house in preparation of the essential Charity Commission paperwork and in producing our policy file in an effort to reduce start-up costs for the charity.

The Trustees of You Before Two present their annual report and financial statements for the year ended 31 December 2020 and confirm that they comply with the requirements of the Charities Act 2011, as amended by Charities Act 2011, the Charities SORP (FRS 102) and the Constitution of You Before Two (Governing Document).

YOU BEFORE TWO YEAR ENDED 31 DECEMBER 2020

BACKGROUND AND CONSTITUTION

You Before Two is a new charity that exists to support and educate young people (secondary school age upwards) in making sensible and well thought through decisions in the best interest of their own safety and autonomy, encouraging them to think about themselves (the 'you'), before entering into a serious relationship or having a baby (the 'two').

The idea was established in 2018 with the creation of the CIC You Before Two (company number 11480294), but our then Directors later decided to dissolve the CIC and apply to register a new charity; You Before Two CIO, in order that we could claim gift aid on any UK taxpayer donations. The CIC was dissolved in December 2019 and the CIC account was closed on 15th September 2019 with an authorised transfer of assets to our new CIO bank account held with HSBC at the address above.

You Before Two was incorporated on 12th March 2019 as a Charitable Incorporated Organisation registered with the Charity Commission (Registration Number 1182409). Our CIC Directors became CIO Trustees at the point we became a CIO.

AIMS AND OBJECTIVES

You Before Two aims to empower the young and emphasise the importance of healthy relationships, mental resilience and the understanding of the concept of the planned and wanted child, in an effort to decrease the incidence of teenage pregnancy and other social or sexual situations that can directly impede on their life chances and outcomes.

The objects of the CIO are to advance the education of secondary school aged pupils (year 6 upwards) on issues surrounding sexual health and wellbeing and related issues including mental health and internet safety and by other associated activities (in so far as they shall be charitable) and (save for purposes incidental and ancillary to those objects) no other purposes.

ORGANISATION AND MANAGEMENT

There are currently four trustees. The charity trustees manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. The Trustees must hold at least 3 meetings per year. Two of these are full Trustee meetings and the third is a sub-committee meeting to discuss accounts chaired by the Treasurer (our temporary acting Treasurer and second signatory is Catherine Pearce, independent book-keeper. Day to day management and the main point of contact is Rebecca Foljambe.

ACTIVITIES AND FINANCIAL REVIEW

You Before Two has had a good second year despite the pandemic. Since becoming a charity we have delivered the sexual consent workshop to 332 students (181 girls, 151 boys) and the new Mental Power Workshops to 53 students (36 girls and 17 boys). The feedback collected has been overwhelmingly positive. 97% reported enjoying the sexual consent workshop and learning something new. 94% when asked the same questions after the mental power workshops. Some comments from the students (aged between 13 and 16):

'A very good session that helped me learn what to do in a bad situation.' Dan 13

'Very well executed and very experienced.' Emma 16

A very good session. It taught me things I didn't know before, in a fun way.' Anil 15

'I learnt that adult and teen brains work very differently and I should not jump to conclusions as that isn't always healthy to do.' Chris 14

We have spent enormous time and energy on building new partnerships and support from organisations such as Teen Tips, FPA, LGBT+ charity as part of Centreplace and Epic Assist Scotland. Collaborating and 'passing on' learning and how best to achieve shared objectives has been our joining force. We also continue to work closely with Population Matters with the aim of teaching a more extended sexual consent session that encompasses how to enter into family planning decisions and the importance of the 'planned wanted child.'

During the year total income to 31st December 2020 was: **£10,290.00**

You Before Two made no grants or prizes during the year.

The expenses of You Before Two are met by the charity and are evident within the accounts.

PLANS FOR THE FUTURE

We aim to increase our workshop delivery to local students, with the longer-term aim of training volunteers to deliver our carefully devised workshops.

We aim to increase our fundraising activity now the worst of the pandemic restrictions are lifting.

We are creating short videos on all elements of sexual development and activity, with the brilliant Dr Naomi Sutton. Topics covered range from periods, vulva and penis health, consent, healthy relationships, sexuality, STIs and more. These will be available across a range of media channels and free to access in homes and schools.

Our growing partnership with the much larger charity Population Matters will help add credence and factual accuracy to the whole and comprehensive way we like to teach family planning to the children i.e. considering themselves *and* the planet before embarking on wanting and planning a child.

Building relationships with other relevant organisations will remain a priority for us also.

THE YOU BEFORE TWO YEAR ENDED 31 DECEMBER 2020

RELATED PARTY TRANSACTIONS AND CONNECTED ENTITIES

You Before Two CIO currently has very low operational costs as the charity is led and run by volunteers. We currently have no staff costs.

RESERVES

The charity at present has a reserve policy which is based on 3 months of running costs for our; website and essential recurring costs such as insurance, the fundraising regulator and DBS checks.

We feel it is not necessary to keep a larger reserve at this time as all programme costs are pre-approved spends based on our budget and bank balance.

PUBLIC BENEFIT STATEMENT

The purpose of You Before Two is to empower and educate young people to consider their own autonomy, safety and sexual health education before embarking on a serious relationship or planning a baby. We aim to facilitate their understanding of the importance of fundamentals e.g. what constitutes a healthy relationship, or safe sex, or resilient mental health and how these fundamentals help them make sensible decisions in their own lives.

In our second year, we have worked to carry out these purposes by continuing with arguably our most important workshop on consent, but also our new 'Mental Power' workshops. We have used reputable resources from the PSHE Association, Brook and the Family Planning Association and collected feedback after each workshop in order to improve our content and impact. Our social media presence, albeit small is tailored with the teen audience in mind and each post is carefully considered. We have also sought to identify future partners or relevant organisations to add educational layers and depths to the charity. This will be better highlighted in forthcoming annual reports.

When our trustees are making decisions about future activity in relation to our charitable purposes, we have done so with due regard to the charity commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the Trustee's Annual Report and the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16 July 2014, the Financial Reporting Standard for Smaller Entities (FRSSE) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

INDEPENDENT EXAMINATION

As You Before Two had an income for the year of **£10,290.00** (below £25,000), the charity is below the threshold for independent examination or audit.

Approved by the Board of Trustees on Friday 30th September 2021 and signed on their behalf by:

A handwritten signature in black ink, appearing to be 'R Foljambe', with a long horizontal stroke extending to the right.

Dr Rebecca Foljambe
Chair of Trustees



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name YOU BEFORE TWO	No (if any)
---------------------------------------	-------------

Receipts and payments accounts

For the period from	Period start date 1/1/2020	To	Period end date 12/31/2020
------------------------	-------------------------------	----	-------------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations	10,290	-	-	10,290
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	10,290	-	-	10,290
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	10,290	-	-	10,290
A3 Payments				
Marketing	1,674	-	-	1,674
Memberships	292	-	-	292
Professional Fees	32	-	-	32
Insurance	172	-	-	172
Admin Costs	53	-	-	53
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	2,223	-	-	2,223
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	2,223	-	-	2,223
Net of receipts/(payments)	8,067	-	-	8,067
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	609	-	-	609
Cash funds this year end	8,676	-	-	8,676

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Bank	8,676	-
		-	-
		-	-
	Total cash funds	8,676	-
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
	Losses		-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees			
Signature		Print Name	
R Foljambe		REBECCA FOLJAMBE	

CC16a



Last year
to the nearest £

-
-
-
-
-
-
-
-
-
-

-
-
-

-

-
-
-
-
-
-
-
-
-
-
-

-
-
-

-

-
-
-
-



**Endowment
funds**
to nearest £

-
-
-
-

OK

**Endowment
funds**
to nearest £

-
-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-
-
-
-
-

**When due
(optional)**

**Date of
approval**

30/09/202