



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From start date: 01/01/2020 to period end date:
31/12/2020

Charity name: LimbPower

Charity registration number: 1180906

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of ambulant disabled people (individuals with an amputation/s and/or impairments to their limbs) and their families by providing or assisting in the provision of engagement opportunities, events, resources and facilities to enable such persons to participate in physical activity, sports and the arts in the interests of physical, social and psychological welfare and with the object of improving their rehabilitation and conditions of life
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing or assisting in the provision of engagement opportunities, events, resources and facilities to enable individuals with amputations and limb impairments to participate in physical activity, sport and other arts in the interest of physical, social and psychological welfare and with the object of improving their rehabilitation and conditions of life.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The LimbPower Trustees have read and are aware of the guidance on public benefit. This was taken into consideration when establishing the CIO and is taken into consideration when establishing beneficiary programmes.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.

Policy on social investment including program related investment	Para 1.38	LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
Contribution made by volunteers	Para 1.38	LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
Other		LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	LimbPower will be operational from 1 st January 2022. The programmes from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	LimbPower will be operational from 1 st January 2022. The programmes from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
Performance of fundraising activities against objectives set	Para 1.41	LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
	Para 1.41	LimbPower will be operational from 1 st January 2022. The assets from

Investment performance against objectives		British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
Other		LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO. The principle source of funds will be grants and donations.
Investment policy and objectives including any social investment policy adopted	Para 1.46	LimbPower will be operational from 1 st January 2022. The assets from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
		LimbPower will be operational from

A description of the principal risks facing the charity	Para 1.46	1 st January 2022. The risk register and risk policy are being transferred from British Ambulant Disabled Sports and Arts Foundation will be transferred to the CIO.
Other		LimbPower will be operational from 1 st January 2022.

Structure, Governance and Management

Description of charity's trusts:		CIO Foundation Constitution
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Foundation Constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Appointment of charity trustees</p> <p>1. (1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>2. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</p> <p>3. (3) A minimum of 50% of charity trustees at any time must be limb impaired.</p> <p>4. (4) A minimum of 25% of the trustees shall be Independent (as defined below).</p> <p>(5) A charity trustee may only serve in excess of three consecutive terms in the circumstances set out below:</p> <p>1. (a) Where exceptional circumstances apply (as determined by the charity trustees) a charity trustee may be reappointed for additional terms; or</p> <p>2. (b) In routine circumstances</p>

(as determined by the charity trustees) a charity trustee may be reappointed for an additional year.

11 Information for new charity trustees

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

1. (a) a copy of the current version of this constitution; and

2. (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

12 Retirement and removal of charity trustees

(1) A charity trustee ceases to hold office if he or she:

1. (a) retires by notifying the CIO in writing (but only if enough charity trustees will remain in office when the notice of resignation takes effect to form a quorum for meetings);

2. (b) is absent without the permission of the charity trustees from all their meetings held within a period of six months and the trustees resolve that his or her office be vacated;

3. (c) dies;

4. (d) in the written opinion, given to the company, of a registered medical practitioner treating that person, has become physically or mentally incapable of acting as a director and may remain so for more than three

		<p>months;</p> <p>5. (e) is disqualified from acting as a charity trustee by virtue of sections 178-180 inclusive of the Charities Act 2011 (or any statutory re-enactment or modification of that provision).</p> <p>(2) A charity trustee shall be removed from office if a resolution to remove that trustee is proposed at a general meeting of the members called for that purpose and properly convened in accordance with clause 19, and the resolution is passed by a majority of votes cast at the meeting.</p> <p>LimbPower have a number of policies and procedures for Trustee Recruitment including; Trustee Code of Conduct, Trustee Conflict of Interest Declaration, Acceptance of Appointment Letter, LimbPower Trustee Training, LimbPower Trustee Declaration of Eligibility, Fit and Proper Person Declaration.</p>
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Additional information (optional)

You may choose to include further statements where relevant **about:**

Policies and procedures adopted for the induction and training of trustees	Para 1.51	LimbPower have a policies and procedures matrix and adhere to tier two of the Sport England Governance Code. This is available upon request.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	LimbPower have an organisation structure which can be downloaded from the website www.limbpower.com
Relationship with any related parties	Para 1.51	Information available on request.

Other		

Reference and Administrative details

Charity name	LimbPower
Other name the charity uses	Currently trading as - LimbPower-The British Ambulant Disabled Sports and Arts Foundation
Registered charity number	1180906
Charity's principal address	Whitecroft, Tandridge Lane, Lingfield, Surrey, RH7 6LL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Janet Williams	Chair	29/11/2018	
2	Angela Schroeder	Vice Chair	29/11/2018	
3	Jessica Cook	Trustee	29/11/2018 - 12/12/2020	
4	Carl Barrett	Trustee	29/11/2018	
5	Ross Wadey	Trustee	29/11/2018	
6	Chris Linnitt	Trustee	17/11/2018	
7	Rachel Morris	Trustee	17/11/2018	

Corporate trustees - names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Auditors	Baxter & Co Chartered Certified Accountants	Lynwood House, Crofton Road, Orpington BR6 8QE
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Name of chief executive or names of senior staff members (Optional information)

Kiera Roche, CEO and Company Secretary

Exemptions from disclosure

Reason for non-disclosure of key personnel details


Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Janet Williams	Kiera Roche
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Position (e.g. Secretary, Chair, etc)

Chair	
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Date

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