



REPORT AND ACCOUNTS

FOR THE PERIOD ENDED 31 MARCH 2020

REGISTERED CHARITY: 1110767



INDEX TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 MARCH 2020

	Page
ACCOUNTANTS REPORT	1
STATEMENT OF THE FINANCIAL ACTIVITIES	2 to 4
BALANCE SHEET	5
NOTES TO THE ACCOUNTS	6 & 7

Independent External Examiners Report for the year ending 31st March 2020

In accordance with the request of G-Force Charity; to examine its Reports and Accounts (without the undertaking of an Audit) for the year ended 31st March 2020

Based in the information given, overviews of projects and explanations received I have pleasure in recommending the Reports & Accounts setting out the dealings of G-Force Registered Charity: 1110767, as a true and accurate record

Signed

Grant R. McKenzie

Grant Russell McKenzie
External Independent Honorary Examiner

34 Coniston Walk
Timperley
Altrincham
WA15 7YE



STATEMENT OF FINANCIAL ACTIVITIES

For the period ended 31 March 2020

	Year ended 31 March 2020	Year ended 31 March 2019
Income and Expenditure		
Incoming Resources		
Cafe Trading Income	100386	84424
BOSS	2664	
Outside Catering Income		3056
Brush & brew		1990
Income from Primary Schools	3870	4482
Donations & Misc income	15933	7687
Friends of Watling Park	685	
Hidden Talent Project	8438	
Fine Arts Club		424
THT Holiday Hunger	7440	
SMCA	32526	22500
minibus income	1187	850
Peoples Health Trust		20000
TalentMatch	8835	15437
THT - Alt Area Panel		
THT Social Investment Fund	11292	13292
Tesco	1000	1000
Trafford Youth Trust		14994
TMBC VSC	2000	
GMPPC		
URCF		
Virgin Foundation	250	
Zochonis Trust	7000	5000
Total Incoming Resources	203,506	195,136



STATEMENT OF FINANCIAL ACTIVITIES

	Year ended 31 March 2020	Year ended 31 March 2019
Resources Expended		
BOSS environmental expenses	588	
Cafe food & drink	39261	32012
Cafe Licences	531	384
Cafe maintenance	299	1856
Cafe stationary & advertising costs	181	62
Cafe Telephone and broadband	787	444
Cafe Utility Bills	7952	5409
Café bins	789	631
Café Sundry	80	220
Café Rent and Rates	367	491
Café - Capital Equipment purchased	2607	
Fund raising costs		132
Fine Arts Club		366
G-Force Centre Cleaning	5	33
G-Force Centre legal costs	244	
G-Force Centre repairs above £500	33	532
G-Force Centre repairs below £501	681	
G-Force Centre Tel & Broadband		340
G-Force Centre TV Licence	155	151
G-Force Centre Utilities	1446	2079
G-Force Centre Volunteer costs		
Motor Depn		
cost of activities	9480	9263
Liabilty Insurance	2227	1492
Licence & Membership Fees	40	180
Legal Costs	520	
Minibus Insurance	2058	3172
Mens Shed	60	
Minibus Road Tax & Repairs	2254	2760
Postage, printing & stationary	845	826
Publicity		149
Pension payments	5973	3226
Wages & Nat Ins	127286	113011
Staff Expenses	93	224
Talentmatch YP support costs	910	869
Telephone, mobile & Ipads	1253	2682
Travel	3690	3222
Website		14
Volunteers Expenses	205	175
misc	1012	323
Total of Resources Expended	213912	186,730



STATEMENT OF FINANCIAL ACTIVITIES - continued
For the period ended 31 March 2020

	Year ended 31 March 2020	Year ended 31 March 2019
Total Resources brought forward from 1st April	217,233	208,827
Net movement in Resources for the year	- 10,406	8,406
Net movement in Assets	-	
 Funds at 31 March	 <u>206,827</u>	 <u>217,233</u>

All activities are classed as continuing.
Movements on reserves and all recognised gains and losses are shown above.



BALANCE SHEET
As at 31 March 2020

Notes	31-Mar-20 Total	31-Mar-19 Total
Fixed Assets		
B/fwd book value of Tangible assets	201,287	201,287
Additions	<u>201,287</u>	<u>201,287</u>
*G-Force Family Centre		
Current Assets		
Prepayments (Rates in café)		367
Cash at bank as year end	<u>5,540</u>	<u>15,579</u>
	5,540	15,946
Creditors		
<u>Amounts falling due within one year</u>		
Accruals		
PAYE	<u>-</u>	<u>-</u>
	-	-
Net Assets	<u><u>206,827</u></u>	<u><u>217,233</u></u>
Funds		
Unrestricted funds	203,045	209,035
Restricted funds	3,782	8,198
Total funds	<u><u>206,827</u></u>	<u><u>217,233</u></u>

Approved by the trustees on

Trustee Treasurer

Date

13/1/21

The notes on pages 5 and 6 form part of these accounts



NOTES TO THE ACCOUNTS

As at 31 March 2020

1 FIXED ASSETS

COST	<u>FIXTURES & FITTINGS</u>	<u>BUILDING</u>	<u>MOTOR</u>	<u>TOTAL</u>
At 1 April 2019	8801	200000	28297	37098
Additions				
Disposals				
At 31 March 2020	8801	200000	28297	237098

DEPRECIATION

At 1 April 2019	8508	0	27303	35811
Depn this year	0	0	0	0
At 31 March 2020	8508	0	27303	35811

NET BOOK VALUE

At 31 March 2019	293	200000	994	1287
At 31 March 2020	293	200000	994	201287



NOTES TO THE ACCOUNTS - Continued
As at 31 March 2020

**2 CREDITORS: AMOUNTS FALLING
DUE WITHIN ONE YEAR**

	2020	2019
	£	£
Accrued expenses	0	0
PAYE	0	0
	<u>0</u>	<u>0</u>

Annual Report

April 2019 to March 20

As the current circumstances are so exceptional we have decided to include our work up until December 2020 in this report

For the first 11 months of this year things continued as we planned with all the activities and projects continuing to positively impact and empower individuals, families, and the wider community. Then came the pandemic and subsequent lockdown introduced on 20th March. This brought much of what we were doing to an abrupt halt.

The projects stopped or severely impacted included:-

- The G-Force Community Café – closed on 20th March to 1st September
- The ‘gifted and talented’ art classes - stopped
- The art therapy classes held once every two weeks at Millom - stopped
- The two weekly art classes in Oldfield Brow - stopped
- The weekly Skiing lessons - stopped
- The weekly Football games – on and off depending on the tier system rating
- The weekly Youth Club in Oldfield Brow - stopped
- The weekly Zumba and art classes at Leverett - stopped
- The monthly coffee mornings - stopped
- The regular environmental projects including litter picks, planting, tidying of areas such as the park and dog fouling initiatives - on and off depending on the tier system rating
- The School assemblies where we share talk about various aspects of social responsibility - stopped
- The THT funded ‘Talentmatch+’ project – this was cancelled completely on 30th April (6 months early) as it was felt that its aspirations were no longer attainable
- The weekly ‘Brush & Brew’ art therapy project at the Doctors Surgery - stopped
- The Oldfield Brow Partnership - This was put on hold until Sept 2020 after which they were held via Zoom

As the pandemic continued many of our planned activities also had to be cancelled. These included

- The numerous community Fun days planned for over the spring and summer
- Numerous community trips planned for over the spring & summer
- A whole range of Youth Activities including canoeing sessions, bike rides and other outdoor activities.

On top of this The Broomwood Craft Club finished this year after nearly 15 years in Broomwood School. This was down to a number of things but ultimately, we felt it had come to its natural end.

Projects that continued and the new initiatives introduced

Distribution of over 1400 Easter Eggs

This was our first initiatives at the very start of the pandemic and one that made us realise just how people needed help. When we were offered the Easter eggs we were a bit overwhelmed and unsure what to do with them. We decided just to give them away to as many people as we could. They went out to over 800 households. It made us realise just how fearful and anxious people were feeling. By giving them a Easter egg it gave us the opportunity to say that they were not alone, that we cared and we were there to help if needed. The feedback was incredible, as were the conversations on the doorsteps which really showed us the way ahead. People needed to know that they were not alone and that they had someone who they could turn to in times of need.

The distribution of Food Hampers

This project was running on a low level prior to the pandemic but grew massively as so many families were being severely impacted. Since then we have been distributing on average 80 hampers a week to hundreds of families and individuals. This has become a major part of our work, dominating our time and resources. It has also brought in numerous volunteers, donations and funding to make it happen. We work closely with many support groups and statutory agencies to make sure those in most need get the help they need. Food poverty is not a simple thing though. Most families feed their kids to the detriment of everything else but if the gas bill or rent isn't paid all this does is lay a foundation of problems for the future. Our food hampers (which are full of fresh food and vegetables) allow people (who are struggling to make ends meet) to use their limited fiscal resources in a better way and hopefully this helps them until their circumstances get better. We have also given food packs to the local Police as they often come into contact with families in great need. Our thanks go the Fairshare, Trafford Food Bank, The Altrincham & Hale Muslim Association, Maverick Stars and the many other

organisations and individuals who have donated food to this and all the food projects.

The distribution of food meals to the old and those having to isolate

This work started almost immediately after the start of the lockdown in March. We were approached by our friends at the Altrincham Muslim Association and asked for contacts of people who would benefit. The project developed to the point where, at its height, we were producing and distributing over 130 hot meals a week for those severely affected by the pandemic. Currently we distribute 40 + meals a week and are expecting this to grow again. More often than not we also include a pack of essential food items like milk, bread, fruit, etc to help out a little more.

The 'Hidden Talent' Project

This project (designed to help unemployed Young People & adults increase their employability) was severely impacted at the start of the pandemic but it has resumed although on a much smaller scale.

Free lunches for children during school holidays

This project started in Easter and since then we have distributed nearly 2000 free packed lunches and over 1000 care packs to children & Young People. This is extremely well received and a very important service making sure children and Young People get the opportunity to get a healthy lunch. We intend to continue and develop this into the future.

The distribution of Christmas toys and clothing

This year the toys and clothes donated were severely reduced but, through careful planning, we still managed to help over 80 struggling families with toys and clothing for their children.

The Christmas gingerbread activities

The Schools wanted this project to continue as it was felt to be a 'little bit of normal' for the pupils. So, we packaged the gingerbread into classes and sent them into the schools for them to deliver themselves. 1500 pupils in 5 local Schools enjoyed the activity.

The work in Oldfield Brow

We took a new approach to our work on Oldfield Brow as access to the Church building was stopped, face to face work became impossible and the Partnership was suspended until September. Actions included:-

- We continued to produce the Community newsletters and installed 3 new noticeboards. Sharing information with the community was important in these difficult times
- The distribution of 1000's of sunflower seeds, compost and pots to dozens of families to grow over the summer. This was a great and fun project.

- The distribution of 1000's of free daffodil bulbs to residents. This was during Autumn and was again a fun project as well as being symbolic of a belief in the future when we could all look forward to seeing the daffodils coming up.
- The distribution of care packages to help people cope through the difficult times of loneliness and isolation.
- The distribution of Christmas gift and aid packages to the old and isolating residents.

G-Force Community café update.

Up until closedown the G-Force cafes turnover had jumped by nearly 20%, to the point where we had to register for VAT. We have though had to subsequently withdrawn our VAT registration as the annual turnover has been massively affected by being closed.

All the Café staff were fully furloughed from 20th March to the 1st September, at which time we reopened. As the restrictions ebbed and flowed the staff moved from full furlough to partial furlough as we manage the business. We fully expect the café to survive and the jobs to be secured as long as the Governments furlough scheme continues.

During lockdown we took advantage of the closure to refit the café, costing just over £10k. This was needed as the café was starting to look tired. It also showed our community that we believed in the future and were investing in it too. Our sincere thanks go to the Zochonis Charitable Trust, Altrincham Baptist Church, Oglesby Charitable Trust and the Sale Mayoral Fund for the funding they provided to make this happen.

I am also pleased to report that a new ten year lease for the café was agreed with Irwell Valley Homes in June 2020.

When closed the café was used for storing and sorting food parcels as well as a collection point for food parcels and children's lunches

Our thanks go to Lydia and her staff in the café for the great job they do. It has been a very demanding for them with the pressure of having to create a 'covid secure' environment within the café for staff and customers. Throughout this period they have all acted with a high level of professionalism and commitment and we have appreciated that.

Mental Health

All our projects only succeed because are based around supporting people 'in the round'. The food hampers and hot meals only feed the body but the interaction between G-Force volunteers and staff and the recipients is just as important. The tears that have been shed on doorsteps by people sharing their fears and loneliness

is staggering. Sometimes we are the only people they see from one week to the next and this has allowed us the privilege to be able to offer other support. Like the lady who was self-harming and under great emotional turmoil. We were able to offer practical help in tidying and decorating her home as well as matching her up with a G-Force 'friend' who she talked to weekly. She helped her sort out many aspects of her life bringing the order and stability she needed for better mental health. Her self-harming has now stopped.

Painting portraits of NHS workers

As a thank you to the NHS and critical workers we have started to paint pictures of them in their PPE. This has been very well received and has had some good local press.

The G-Force Centre

The centre still is a wonderful resource for us and is used well. The Food Bank have now leased the main room for the next 5 years and we are looking forward to working with them even more closely.

The roof at the centre is leaking more and more and will need reroofing as a matter of urgency to secure the buildings future.

The G-Force minibuses

We have sorned the larger minibus and just use the smaller of the two. This is to reduce costs until both are needed again. I suspect that when the sorned minibus is brought back into operation it will be an expensive task that we need to budget for.

The Free Laptops and Ipads Project

We have received funding to support this project which targets lonely and isolated older people and gives them access to free ipads and laptops with which they can contact their families and friends. Technology is the window into the world and this project will help them engage more (using Facetime and similar apps) allowing a more complete way to communicate, and its free. Training will be given and this is being launched in the next few weeks.

Funding report

The pandemic basically threw everything up in the air. Projects that we had planned and prepared (and got funding for) were no longer viable or deliverable. This made us wonder what the future held for G-Force. What we did know though, very early on, was that the number people and families needing help was increasing massively. Where to find the funding to make this happen was an issue. Thankfully many funders stepped up to 'the mark' by offering funding that wasn't ringfenced, allowing us the flexibility to follow need. Our sincere thanks go to all those funders who had the belief and the foresight to allow us to do this. Without your help we just could not have done what we have.

Overall, considering the incredible change we have faced, we believe G-Force have changed and adapted and had a real impact supporting those most in need within our community.

We have found ourselves helping families for whom the pandemic has had catastrophic affect, some of whom had never needed to ask for help before. It has been both heart breaking to hear some of the stories and rewarding to know that G-Force has helped so much.

The future continues to be challenging and full of uncertainty but even so, we feel G-Force is perfectly placed to continue to have a positive impact in the communities we serve and to help those most in need.

At this point I have to say a very special 'Thank You' to Tina and Hazel, they are truly the heart of G-Force. They care so much for people and are always aiming to go 'above and beyond' expectations to ensure that everyone in the G-Force family receives the very best we can offer. To them everybody matters, nobody is beyond our reach or our help, whoever they are and whatever their circumstances, and they ensure that we always give our best. They always strive to do their best, hope for the best and most importantly believe that the best is yet to come. Thank you Ladies.

Our thanks also go to the numerous volunteers who have helped us over the years and especially those who, over the weeks and months since the start of the pandemic, have enabled us to do so much more. You have been amazing and on the back of what you have (and are doing) we are pleased to say that G-Force has been nominated for a 'Queens Award for Volunteering'. Regardless of if we are successful or not you all deserve recognition for the amazing support you have given to the work of G-Force.

Finally, we must also thank the Statutory Agencies, Housing Associations, local Schools, charitable and funding bodies, Fairshare, local businesses and other voluntary and community groups, Trafford Food Bank, and those that have made private and corporate donations too. We should also mention our close work with our local Councillors from whom, and to whom, referrals for help are often made. Without you we just could not have done what we have, and we will be forever grateful.