

Active Gloucestershire is part of a network of Active Partnerships operating across England to establish the conditions for an active nation.

Our vision is that everyone in Gloucestershire is active every day.

We believe that physical activity can have a transformative impact on the lives of people and their communities.

At our core, we are about driving positive change.

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1.1 Reference and administrative details

For the year ended 31 March 2021

Company no. 07344552 **Charity no.** 1138546

Registered office and operational address

City Works Alfred Street Gloucester GL1 4DF

Trustees

Alice Cline Appointed 5 November 2020
Candace Plouffe Retired by rotation 25 May 2020
Caitlin Dalton Appointed 5 November 2020
David Newton
Emma Owen
Jan Bowen-Nielsen (Chair)
Jon McGinty
Lauren Cairns Appointed 5 November 2020
Tania Hamilton
Terrance Smith
Susan Bailey Resigned 7 April 2020

Principal staff

Tom Beasley

Chief Executive Officer ("CEO") (from 1 April 2020)

Bankers

CAF Bank Limited

25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

Auditors

Hazlewoods LLP

Chartered Accountants and Statutory Auditors Staverton Court Staverton Cheltenham GL51 OUX

1.2 Introduction from our Chair and Chief Executive Officer



Jan Bowen-Nielsen, Chair

Over the course of the last year, Covid-19 disrupted the lives of everyone across Britain. It separated us from loved ones, confined us to our homes and society as we knew it, effectively, shut down.

It also laid bare our nation's stark health inequalities.

Not only were certain groups more vulnerable to the virus itself, but during the lockdown, it became apparent, that those whose physical and mental health would benefit most from exercise, were the ones least able to access and engage in it.

The pandemic had an enormous impact on traditional methods of delivering sport and physical activity. Leisure centres, pools and gyms closed. Community sport was forced to stop and non-essential face to face contact was banned.

To counter this shut down and the inevitable impact on people's wellbeing, the government made clear the importance of staying active by getting outside and exercising. As a result, we began to see groups of families out walking together, bike sales increase and runners pounding the pavements. New physical activity initiatives, such as 'PE with Joe', took the country by storm and there was a perception that as a nation, we were actually moving more.

However, in reality what we were witnessing was a growing divide between those who were already fairly active, becoming more active and those who were inactive before the pandemic, finding it even harder during lockdown and therefore falling further behind.

Many people across Britain, faced unique Covid-19 related challenges, which influenced their attitudes and behaviour towards physical activity, and ultimately reduced their physical activity levels.

People from ethnically diverse communities, younger people (aged 16-24) and people from lower socio-economic groups struggled with financial uncertainty, unemployment worries and less disposable income, leaving them less able and motivated to get active.\(^1\) Many disabled people and older adults were simply unable to exercise independently outdoors. Those who prior to lockdown had enjoyed the social benefits of exercising with other people found that exercising alone held little appeal. In addition some disabled and older people experienced anxiety around contracting and spreading the virus and the effectiveness of safety measures imposed at indoor facilities.\(^2\)

Children whose main engagement in physical activity had come through school or community based activity, also found it harder to get active. Many missed the social aspects of team-based community sport and experienced lower levels of enjoyment and motivation during lockdown. Some, with limited space indoors to exercise, no garden

Innovation open call | Sport England, Understanding the impact of Covid-19 (Sport England Report, Jan 2021)

Innovation open call | Sport England, Understanding the impact of Covid-19 (Sport England Report, Jan 2021)

or fewer green spaces to access, also missed out on the benefits of physical activity and struggled with higher levels of depression, anxiety, stress and loneliness during the pandemic.³

Nationally, the proportion of adults classed as inactive between mid-March and mid-May 2020, rose by 7.4% (3.4 million people) and the proportion of children reporting they were active from mid-May to mid-July 2020, fell by 2.3% to 51.1%.4

The same trend was apparent across Gloucestershire. Between November 2019 and November 2020 (8 months of which the county was in lockdown), inactivity rates for over 75 year olds jumped to 47.3 % (from 41.1% in 2018/19).⁵ This is particularly worrying, when you consider that inactivity amongst this age group had been decreasing over the past six years (52.7% of over 75s were inactive in 2015/16).⁶

Inactivity amongst children in Gloucestershire also rose during 2020, with 30% of children doing two hours of activity or less each week (up from 28%), far less than the recommended one hour of recommended daily activity. In addition, the percentage of children reporting low mental health rose to 14.1% in 2020, with fewer children finding it easy to make and keep friends (69.4%, up from

62.9%).8 There was also a rise in the rates of inactivity amongst disabled people across our county (36.7%, up from 34.3% in 2018/19.)9

Faced with these glaring inequalities, we had to swiftly and radically rethink the way in which we enabled our movement and supported those who were least active in our county to keep moving. Our role as a backbone organisation became key.

Our main priorities were:

- distributing funding to organisations to enable them to deliver their programmes
- helping to reimagine and shift the delivery of physical activity to virtual modes, so that those who were least active could keep moving
- capitalising on the collective focus and shared priority among strategic leaders to address persistent inequalities in our county, by building partnerships across the system
- continuing our drive around diversity and inclusion, both in terms of who we work with and how they are represented
- guiding our county's vision and strategy on active travel.

³ Ibid

⁴ Understanding the impact of Covid-19 (Sport England Report, Jan 2021)

⁵ Sport England Active Lives survey 2019/20

⁶ Sport England Active Lives survey 2015/16

⁷ Gloucestershire Healthy Living and Learning Pupil Wellbeing Survey

⁸ Gloucestershire Healthy Living and Learning mental wellbeing survey of pupils (2012-2020 summary data)

⁹ Sport England Active Lives survey 2019/20

Our funders and partners continue to share our aims and have been both flexible and supportive of our work, during the pandemic. This year is the last in the current strategy period. We'll shortly be launching our ten year we can move and Active Gloucestershire strategies which will continue to focus on improving the lives of those least active in our county, through physical activity.

For all the challenges this pandemic has given rise to, it has also created new opportunities for us to explore. There is now a fundamental recognition by the government and scientists of the vital role exercise can play in improving the physical and emotional health of our nation, making it easier for those in the physical activity sector to drive their agendas forward.

We have seen local communities reach out and support one another when faced with adversity, presenting us with an opportunity to further explore grass roots, communityled physical activity initiatives.

The normalisation of home working during lockdown, also created more opportunity for many of us to weave physical activity into our working week. As such, many employers have come to acknowledge the benefits of a physically active workforce, both in terms of staff wellbeing and productivity.

As the dust settles on this pandemic, it is up to us to seize the opportunities we have been presented with and work to make physical activity easy and enjoyable for everyone.

Jan Bowen-Nielsen Chair



Tom Beasley,Chief Executive

Last year, as much of our county entered an enforced hibernation, we learnt how to become agile and adaptable when delivering our work.

Some projects including some of our school-based work were forced to go on hold, whilst other projects which involved us working in collaboration with health care professionals, accelerated.

The pandemic provided us with the opportunity to work with new partners and reach new people. It taught us the importance of building strong relationships based on a shared vision and common values and encouraged us to honestly evaluate what was working well and what wasn't.

We also took more time to talk to the communities we worked with and learn about the inequalities they faced and the support that they needed. Sport England's 'Tackling Inequalities' funding provided us with an opportunity to finance more community led projects and work in partnership with new organisations such as Gloucestershire Funders.

- launch of a pilot initiative in collaboration with the Gloucestershire Clinical Commissioning Group, focusing on supporting people with the self-management of persistent pain through community based activity
- providing practical tools and resources to healthcare professionals enabling them to confidently hold physical activity conversations with disabled people in an inclusive and person-centric way
- virtual delivery of the 'Get Out Get Active' (GOGA)
 project in the Forest of Dean a project focusing on
 tackling disparities in activity levels between disabled
 and non-disabled people by engaging older people
 and those with dementia to be active together
- dissemination of funding to financially struggling local community groups, whose work focuses on getting under-represented people physically active
- partnership building with Gloucestershire County Council and Gloucestershire Healthy Living and Learning to deliver yoga to vulnerable school children across the county, as part of the mental health trailblazer programme
- delivery of our diversity action plan, including a commitment to better understand ethnically diverse communities across Gloucestershire
- high level advocacy of active travel across the county.

Looking ahead, we will focus our efforts on supporting organisations to reopen safely and return to some sense of normality. We have learnt so much over the course of 2020, about our communities and our partners. I am keen that we apply this knowledge and capitalise on the relationships we have built, to help our sector reach more inactive people and reduce the stubborn inequalities that continue to persist in sport and physical activity.

Introduction from our Chair and Chief Executive Officer

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Tom BeasleyChief Executive

1.3 Structure, governance and management

i. Legal status, date of incorporation and date of charity registration

Our organisation is a private company limited by guarantee, incorporated in England and Wales, on 12 August 2010. It was registered as a charity on 25 October 2010 and its objects and powers are set out in its Articles of Association.

ii. Our charity objects

- a. The promotion of community participation in healthy recreation, by providing and assisting in the provision of facilities for and opportunities to participate in sport and other physical activities for the benefit of, in particular, but not exclusively, the inhabitants of Gloucestershire.
- b. To advance the education of the public in sport and physical activity.

iii. Governance

It is the responsibility of the Board and Chief Executive to ensure that Active Gloucestershire has effective governance arrangements, including a sound system of internal control, as well continuously striving to improve its governance and meeting changing legal and other requirements.

iv. Recruiting and appointing new Trustees

One third of our Trustees must retire at the annual general meeting but can stand for reappointment. Trustees cannot serve more than nine years on our Board. Our recruitment process aims to ensure that our Board composition reflects, as closely as possible, those involved with and engaged in the we can **move** movement. We utilise a range of recruitment channels including our networks, forums and social media to attract a diverse range of candidates. The recruitment process is led by an appointment committee comprised of our Chair and senior Trustee, along with up to two other Trustees. On appointment, Trustees sign a role description, code of conduct and eligibility form and are given a formal induction, which together sets out their role and responsibilities along with their commitments. Our Board recruitment policy and further Trustee induction information can be found in our Trustee handbook.

v. Appointment of our Chair and senior Trustee

The appointment of our Chair and senior Trustee is usually made from amongst existing Trustees. If current Trustees are unwilling to stand for appointment, or if there are no suitable candidates, the position will be advertised and an appointment committee will be established. Upon appointment, our Chair and senior Trustee sign role descriptions specific to their roles.

vi. Organisational structure and decision-making

Trustees meet six times a year to discuss our strategic direction, ensure our core aims and objectives are being met in the most efficient way, take account of any risks facing our organisation and ensure that all legal obligations are satisfied. Trustees also attend an away day every year as part of the annual business planning process.

Our Board includes a Finance and Resources Committee (FRC) and a Nominations and Remuneration Committee (NRC). The FRC works with senior management to review all aspects of our organisation's finance, human resources and information and communications technology regularly and rigorously. The NRC works with the Chief Executive to ensure that the composition and performance of our Board, Chief Executive and senior management team are optimal and support the needs of our organisation.

Our organisation's day-to-day business is delegated to the Chief Executive and through them, to other staff. Our policies manual and financial procedures handbook identify matters that are reserved for consideration by our Board and sets out the process for urgent action to be taken by our Chair.

vii. Pay and remuneration

Provision for salary increases is included in the budget-setting cycle. The Chief Executive has authority to award performance-related salary increases in one-off, non-recurring instances, consistent with and not exceeding the overall provision included in the approved budget. Any increase over and above the approved provision requires Trustee approval. The NRC is responsible for making recommendations to our Board, regarding the Chief Executive's and senior management team's remuneration.

viii. Related parties

There are no subsidiaries or charities controlled by the same Trustees.

ix. Risk statement

Our Trustees consider the major risks facing our organisation and have established systems and controls to mitigate them, which are regularly reviewed.

1.4 Why we are here

Physical inactivity in Gloucestershire

The benefits of an active lifestyle are well documented. Moving more can improve both your physical and mental health. It can boost success at school and at work and increase your social connectedness. Yet, across Gloucestershire, 110,200 adults (21.1%)¹⁰ do not move enough to benefit their health, a figure that is up by 2000, from 2018/19.¹¹

Ageing populations, stark inequalities between districts, youth obesity and mental health problems are driving and sustaining inactivity in our county. As such, participation levels amongst certain groups remain persistently low.

36.7%

of people with disabilities and long-term health conditions are inactive¹²

28.3%

of people aged 55 years and over are inactive¹³

30%

of pupils are doing 2 hours or less of activity a week¹⁴

29.4%

of non-white British are inactive¹⁵*

24.5%

of people in routine/semiroutine jobs and those who are long-term unemployed or have never worked are inactive¹⁶

Sadly, the pandemic brought these inequalities into much sharper focus and reminded us that there is more to do to ensure that those who stand the most to gain from being physically active are able to access and enjoy the benefits of an active lifestyle.

¹⁰ Active Lives survey 2019/20

¹¹ Active Lives survey 2018/19

 $^{^{12}}$ Active Lives survey 2019/20

¹³ Ibid.

¹⁴ Pupil Wellbeing Survey

¹⁵ Active Lives survey 2019/20

¹⁶ Ibid

^{*}N.B. The non-white British category is an amalgam of all other ethnic groups and often large differences between various ethnicities and their physical activity levels can exist.

1.5 What we set out to change and achieve

i. Our strategy

We are in the final year of our current strategy. We continue to work towards achieving our aims, whilst reviewing our long term plan and agreeing our strategic approach over the next ten years.

Our new strategy was approved by our Board in March 2021 and will be supported by a business plan, to be reviewed annually from April 2021.

Strategy 2017 - 2021

Vision

Everyone in Gloucestershire active every day

Mission

We will unite organisations and people around the **we can move** movement and enable them to make it a reality

Why?

We believe that being physically active can have a transformative impact on people's lives, with those who do the least having the most to gain

Delivery approach & plans

We Can Move 'whole system' approach

Function & Individual Activity Plans

Brand

Values: Collaboration + Innovation + Sustainability

Aims & objectives

More people moving more

30,000 of the county's least active people are moving more (based on **we can move** analysis)

It is easy and normal to be physically active in Gloucestershire

Increase the size, diversity and health of the **we can move** movement

Demonstrable changes in Gloucestershire's culture/system in relation to physical activity

Be an effective and sustainable backbone organisation for we can move

Governance for **we can move** is working effectively
and decisions are being taken
from across the movement

Effective delivery of the six core areas of a backbone organisation

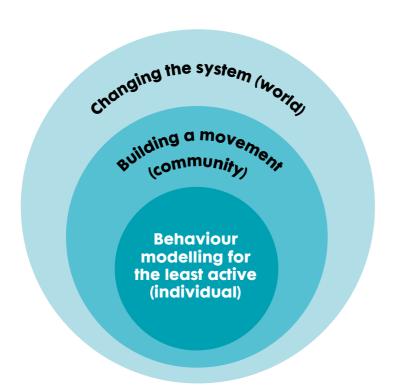
Have a healthy and sustainable income that allows continuation of our role as a backbone organisation for **we can move**

We can move

We know that the opportunities to be physically active and the benefits that this brings are not shared equally across our communities and that where we live, our ethnicity, our age and our health can affect our activity levels.

Our approach to confronting these inequalities and redressing this imbalance is **we can move**, a social movement that unites people around its mission: to get the least active people in our county moving more and make physical activity the norm. It is a whole system approach, addressing all aspects of our daily life, to create an environment in which everyone can be physically active.

Active Gloucestershire has become the backbone organisation for we can move.



Our role and activities

Inspire **9**

We unite people and organisations behind a common vision, guide strategy and run campaigns that inspire people to be active.

We help people and organisations to advocate for county policies that promote physical activity.

Connect , **

We bring people together to support each other, collaborate and share what they have learnt in working to bring about change.

We encourage the building of shared measures that help us all see the difference we are making to our systems and environment to increase physical activity.

Enable



We provide insight into what our county looks like in terms of physical activity – key data, statistics and facts that can help shape what we do to bring about our vision.

We provide training, workshops and consultancy which stimulate debate and provide ideas on how to get people active.

1.6 Our public benefit

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit when reviewing aims and objectives and in planning future activities. The charity's objects have been agreed with the Charity Commission and reflect the Commission's public benefit requirements for charities.

We continue to have significant charitable purpose and tangible public benefit. Being physically active has immense benefits to individuals, communities and the population as a whole.

Wellbeing

Physically active people feel better about themselves, leading to improved physical and mental health, balanced lives, brighter outlooks and more positive relationships

Productivity

Happier, healthier, active people tend to be more disciplined, do more and try harder, leading to improved performance at school, less time off through illness and greater productivity at work

Community

Physical activity brings people and communities together, increases social integration and reduces crime

Environment

Physically active people are more likely to engage in physically 'active travel', including walking and cycling to work, school, the shops and for leisure, rather than travelling by car, with commensurate benefits to the environment.

1.7 Our achievements and work in 2020/21

Our key achievements this year fall into four areas:

- helping our network keep the least active in our county moving
- creation of a new strategy
- investing in our team
- securing long term investment.

01

Helping our network keep the least active in our county moving

The pandemic, without question, challenged our ability to support our network and keep the least active and most vulnerable people in Gloucestershire moving. As traditional modes of delivering sport and physical activity were no longer viable, we had to maintain an agile and flexible approach to our work. We were forced to stop some of our programmes and adapt others.

- We began to explore virtual programme delivery methods with our networks and test new digital resources.
- We distributed funding to groups that supported those worst affected by the pandemic, so they could provide safe physical activity opportunities.
- We also offered advice and support to organisations within our own network that were facing uncertainty.
- We continued to work with system leaders and advocate for the importance of physical activity in addressing health inequalities.
- Finally, we captured and shared our learning about the impact of the pandemic with our network. We helped them to identify their post-Covid priorities and discussed ways in which we could build back confidence around physical activity.

The following pages provide a summary of our work over the course of 2020/21.

Children and young people



The pandemic left children and young people facing enormous mental health challenges. Many struggled with loneliness and isolation and others felt lost and worried about the future.

We know that physical activity can combat poor mental health by boosting self-esteem and helping to alleviate anxiety, stress and depression. Therefore during 2020/21, we explored the role physical activity can play in supporting the wellbeing of vulnerable children and young people. We also connected up partners from across the system, enabling them to continue supporting children, as part of the Covid-19 recovery process.

Our work in 2020/21

opportunities for inactive young people aged 12-19 to become more active in a setting that is familiar to them. During the pandemic, we helped clubs move their programmes online and engage with their participants in new and innovative ways.

16 satellite clubs funded

443
young people
given help to
stay active

- Working closely with Gloucestershire Healthy Living and Learning, we co-designed and co-funded a schools-based programme supporting 18 teachers across 15 trailblazer schools to deliver yoga in class. Now pupils most in need of mental health support are able to benefit from therapeutic yoga sessions.
- We facilitated partnerships between key organisations involved in the provision of care for vulnerable children. Introducing Play Gloucestershire, (a local charity delivering creative play to children from deprived communities) to Gloucestershire County Council, enabled them to showcase their work. This led to the Council releasing funding to Play Gloucestershire enabling them to deliver a play nurture based project, supporting 74 children (67 classed as vulnerable), aged 7-16 years old, across the county's six districts.

Older adults



Covid-19 has had a devastating effect on the physical and mental health of older adults in Gloucestershire. Being forced to stay indoors, has left many older people with reduced mobility, muscle weakness and joint pain.

The social isolation experienced by many older residents, as a result of the lockdown has impacted their mental health too, with a number reporting increased anxiety, stress and low mood.

Our focus during 2020/21 has been to address these immediate challenges, whilst also reaching out to partners across the system to collaboratively tackle some of the Covid-19 related challenges facing Gloucestershire's older adults.

- GOGA is a national programme being delivered locally in the Forest of Dean. It encourages older adults and those with dementia to be active together. Despite challenges around the delivery of this project, we established online exercise classes, helped people access 1:1 support phone calls, trained people in physical activity awareness and provided materials to programme participants.
- We facilitated information sessions with strength and balance providers, which focused on restarting community activity both face to face and virtually.
- We collaborated with Gloucestershire Rural Community Council to produce guidance around the safe use of community buildings.
- We continued to support older adults by distributing Fall-proof packs and supporting the virtual delivery of Fall-proof exercise classes as well as digital and phone support. In partnership with the Clinical Commissioning Group we also designed and distributed deconditioning leaflets, encouraging older adults to be active.
- We formed a working group with several partner organisations to influence and inform local joined up priorities and explore ways of reducing the impact of lockdown related inactivity on those approaching older age.

Disability and long-term health conditions



We know that disabled people and those with long-term health conditions often want to be more active. However, the pandemic left many feeling anxious about leaving home to exercise, further exacerbating feelings of social isolation.

Research also showed that disabled people and those with long-term health conditions were less likely to find new ways to be active during the pandemic or to be using exercise to manage their physical or mental health.

During the pandemic, we focused on providing opportunities for disabled people to stay active, shaping the behaviour of health care workers who support disabled people and connecting with new and existing partners.

- We worked with several providers to provide digital and face to face short breaks opportunities for disabled children and young people, aged under 25.
- We started a new communication-based intervention called 'Involve', which supports health and social care professionals to have conversations with disabled people about physical activity.
- We piloted a new initiative, with Gloucestershire's Clinical Commissioning Group, called 'It's Your Move', offering a virtual physical activity programme for people living with persistent pain.
- We connected with our disability network
 (Gloucestershire Active Inclusion Network),
 to explore how the pandemic had impacted the
 delivery of services and how we could adapt the
 delivery of opportunities for participants, post-Covid.
- We brokered a relationship between Disability Rights UK and our local Disabled People's User Led Organisation (DPULO), Inclusion Gloucestershire (IG) to deliver a new co-production training and consultancy programme for the sports sector.

Place-based



Although the pandemic tested our resolve both as individuals and as a nation, it also revealed the richness, capacity and strength of communities across the country. Gloucester is one such community.

During the pandemic, there emerged a palpable community spirit across the city - a desire amongst local organisations and individuals to kick-start community led projects that would get people out of their homes and enable them to be more physically active.

During 2020/21, we built partnerships based on shared principles, which recognised the inherent value of community led activity and harnessed the energy and insight of local residents by encouraging and investing in locally run initiatives across Gloucester. In doing so, we learnt more about the people, spaces and passions that drive these communities and have helped to shape an environment in which local residents are better able to shape the outcomes of their own community.

- We co-designed the Neighbourhood Fund with Gloucester Community Building Collective (GCBC), which funded resident led action that would connect people and encourage them to move more.
- With GCBC, we helped to establish the 'Build Back
 Better' network (now Gloucester Community
 Wellbeing) bringing together street champions and
 community activists to discuss how community led
 action can keep Gloucester residents connected,
 healthy and happy.
- We worked with community builders to gather insight and test new approaches around community physical activity.
- We upskilled community builders to develop their evaluation in line with ripple effects mapping and improved our understanding of asset based community development.
- Our Director of Physical Activity (DPA) worked closely with colleagues from the **Active Partnerships Network** and **Sport England** to share learning and insight gained around Covid-19 and its impact on lower-socio economic communities.

Developing facilities



The pandemic has had an enormous impact on the places people go to be active - from playing fields and tennis courts to community centres and swimming pools.

Fluctuating between complete shutdowns and tentative re-openings, facility operators have had to work hard to keep people active, whilst also keeping them safe. At the same time, there has been a reawakening around the importance and value of active travel, as people have sought alternatives to public transport and car usage. Exercising in parks and green spaces and has also grown in popularity. During the last year, we have focused on responding to these challenges and opportunities.

- We provided specialist advice around visioning, programming, business development, funding and community consultation to 28 organisations looking to develop their facilities.
- We supported Blackbridge Community Land Trust and the Chantry Centre (Dursley) with their applications for social investment via Resonance, the leading social impact investment company in the Southwest.
- We continued the development of Blackbridge fields into a community sports hub, completing technical surveys, undertaking land transfer negotiations, holding discussions with funders and having consultations with potential users.
- With the support of DfE/Sport England funding we continued to help 43 of the county's primary, secondary and special schools to secure or improve public use of their sport and active leisure facilities. We offered information, advice and guidance around how to open in a Covid-secure way.
- We continued to build partnerships with several strategic groups seeking to raise the profile of and secure resources for active travel, including the Gloucestershire Community Rail Partnership, Gloucestershire Cycling Advisory and Liaison Group and the Public Health England/Sustrans Walking and Cycling Investment Group.

Changemaker programme

The Changemaker programme co-ordinates and signposts its community of we can move Changemakers to inspiring events, practical training, toolkits, networks, online learning, insight, resources and peer support.

In doing so, it equips them with the tools they need to shape the energy and direction of the movement, ensuring that it is skilled, knowledgeable, and representative of the individuals, communities and professions it supports. Due to the pandemic, we had to rethink our programme—what it included and how it was delivered.

Our work in 2020/21

We delivered 40+
online training events, networks
and workshops with approximately
600 participants.

- We hosted forums and networks including the Active Ageing Forum, Glos Girls Can and the Active Inclusion Network.
- Via the Changemaker monthly e-newsletter, we provided cohort-focused support, resources, system change updates and highlighted opportunities to get involved.
- We produced funding alerts, signposting Changemakers to local and national funding opportunities and provided funding application support.
- We also produced and co-produced a range of training resources.
- We improved our programme's reach by encouraging participants from diverse groups including VCS Alliance, Trans Gloucester, Gloucester Building Community Collective, local community centres, The Nelson Trust, and Gloucestershire Action for Refugees and Asylum Seekers.
- We improved the accessibility of our programme by trialling new platforms and functionality, adapting presentations and supporting materials and making inclusive statements on all booking forms.
- We raised awareness of inequality, highlighting campaigns such as Race Equality Matters', 'The Big Promise' and the Pride sports webinar series.
- We strengthened our partnership with Healthy Lifestyles Gloucestershire by adapting and co-delivering training with them.

Tackling Inequalities Fund

In late March 2020, shortly after restrictions on exercising were introduced, a national survey assessing people's activity levels and attitudes to physical activity was commissioned by Sport England.

The results made it apparent that certain groups of people were disproportionately affected by the pandemic and that the lockdown was significantly impacting their ability to be physically active. In response to this widening inequality, Sport England established the Tackling Inequalities Fund (TIF). Its aim was to try and reduce the negative impact of the lockdown on activity levels in under-represented groups. It specifically focused on supporting people in lower socio-economic areas, ethnically diverse communities, disabled people and those with long-term health conditions.

Sport England tasked Active Gloucestershire along with the other 42 Active Partnerships across the country to distribute the funds on their behalf. This localised approach was adopted because of our extensive network and our established reach within the community. Using our connections and insight, we were able to identify those most in need and allocate the funds to them.

Our process

In order to distribute funds efficiently, the whole staff team spent time identifying community groups that needed support. A small number of staff, then acted as a 'panel', assessing applications, advising on next steps and providing support to organisations that lacked either the time or capacity to make applications to formal funding pots.

Throughout the process, we reached out to new partners, such as the Gloucestershire Funders Board (a group of local funding bodies) and trusted partners, including the Voluntary and Community Sector Alliance, district councils, 'Know Your Patch' leads and the County Council and encouraged them to signpost relevant groups to the fund. This partnership working has enabled us to build new strategic relationships and strengthen existing ones.

Project need

Project need largely fell into one of two categories: new initiatives and hardship. Funding for new initiatives, focused on helping organisations to adapt the delivery of their services in line with government restrictions and find new ways to engage participants in physical activity. Hardship funding enabled groups to secure the funds they needed to stay open and operational.

Funding impact

£98,121

of funding distributed.

46

projects assisted.

34

projects engaged participants in **new initiatives**.

23

projects received **hardship funding** (some applications served both purposes.)

11

ethnically diverse projects or groups received funding.

18

projects focusing on **children and** young people received funding.

34

projects focusing on supporting people in **deprived areas** received funding.

By investing in place-based and partnership working, TIF funding has reached several priority audiences. Projects have included family fitness trails in areas of deprivation, online inclusive yoga, exercise classes in the park for older adults, digital training and activities for ethnically diverse carers and wellbeing photography walks.

Next steps

Moving into phase 3 of the fund, we have successfully applied for an additional £50,000 to allocate to community groups. We are currently in the process of delivering a series of support events entitled 'Active Communities', which aims to connect up a variety of organisations and enable them to share their learning.

The first of these events, delivered in February, was positively received with 40 organisations attending to discuss the needs of residents and future ambitions. We are now planning to run an additional session, with the aim of encouraging groups to collaboratively tackle the challenges they face around re-opening and re-starting delivery of their services and programmes.

O2 Creation of a new strategy

Following a period of consultation with our communities, system leaders, funders and those working in the physical activity sector, we have agreed upon an exciting new strategy to take us up to 2030. It seeks to connect people across the county, inspire them to improve their lives through physical activity and significantly reduce Gloucestershire's inactivity rates within the next 10 years.

O3 Investment in our team

During 2020/21 we continued to develop the skillset and knowledge of our staff, delivering virtual training sessions that would help us to:

- better understand under-represented communities in the sport and physical activity sector
- more confidently navigate the system we are working in and collaborate more effectively with our partners
- become stronger facilitators and
- evaluate the impact of our work.

Training has included:

- Challenging racial bias and racism
- Understanding and recognising unconscious bias

- LGBTQIA sexuality diversity and transgender awareness
- Ripple effects mapping
- Facilitation
- Systems leadership

Working with experts









04

Securing long term investment

In February 2021, we secured investment for the delivery of **we can move**, of £150,000 for five years from Gloucestershire's Health and Wellbeing Board. This investment recognises the key role physical activity can play in transforming the health and wellbeing outcomes of individuals, families and communities across the county. In addition, it acknowledges the need for an integrated, whole systems approach to managing large-scale health and wellbeing challenges.

1.8 Equality and diversity

During 2020/21 our diversity action plan drove much of our work on equality and diversity. It is an ambitious framework which details how we are promoting and embedding sound equality and diversity practices within our organisation.

It also looks at how we are tackling inequalities in the sport and physical activity sector by reaching and working with under-represented groups within the **we can move** movement and providing them with greater opportunities to access physical activity.

Below are some of the areas of the plan that we have actioned this year.

Equality and diversity steering group

We established a steering group that meets bi-monthly. Its purpose is to raise awareness of equality and diversity topics, oversee the implementation of the diversity action plan and encourage accountability.

Staff and Board diversity surveys

We undertook annual staff and Board diversity surveys, in May 2020 and March 2021 respectively, the results of which will be used to inform future recruitment drives. At the end of March 2021, the gender balance on our Board was 55.5% female (5/9) and 44.4% male (4/9). Amongst employees, it was 46.1% female (6/13) and 53.8% male (7/13).

Training

We engaged new partners to deliver staff training on challenging racial bias and racism, unconscious bias, LGBTQIA awareness and inclusive communications.

These were followed up with lunch and learns where staff were invited to share their feedback and learning from the courses. We also explored how we could apply the knowledge and insight to our own organisational practices to help us become more inclusive and accessible.

Ethnically diverse communities engagement strategy

The Black Lives Matter movement which swept through America and the UK midway through 2020, had a profound effect on our staff. It led us to question both our organisation's commitment to racial equality and the authenticity of our actions to date. It proved to be a catalyst for change, leading us to sharpen our priorities and create a set of actions designed to engage and better understand ethnically diverse communities within Gloucestershire.

Inclusive recruitment

During 2020/21, we made a commitment to trialling a new, more inclusive approach to recruitment. Initially, this involved working with the Young Trustees Movement, a London based company that seeks to increase the number of young Trustees on Boards across the UK. We were keen to increase the age diversity on our Board and so utilised their expertise to advise on and help shape a targeted recruitment strategy. This resulted in the appointment of three young Trustees to our Board, in October 2020.

In March 2021, we agreed to introduce further initiatives aimed at making our internal recruitment processes fairer and more inclusive.

These included:

- reviewing the accessibility of our templates
- trialling blind recruitment during candidate selection to remove bias
- expanding our advertising channels and
- exploring new modes of engaging potential candidates.

1.9 Future plans

In March 2021 we launched our new strategy. This long term plan will take us to 2030 and has been codesigned with our partners, funders and networks. Gloucestershire Health & Wellbeing Board have already committed to funding the work of **we can move** over the next five years and our strategy closely aligns to that of our other major funder Sport England. Sport England have made a commitment to continuing to fund Active Partnerships throughout the duration of their new ten year strategy and we are in discussions with them about a three year funding agreement.

Our new strategy builds on the learning from the last four years but also recognises the significant impact that Covid-19 has had in our sector and communities. Our long term goal remains to grow **we can move** around being physically active, with those who champion this, becoming the leaders and instigators and Active Gloucestershire, the facilitators.

1.10 Covid-19

Although Covid-19 continues to affect the way in which we have undertaken our work, we have not experienced any significant negative impact on funding in 2020/21 and do not expect any major changes to income levels in 2021/22.

Our major funder, Sport England, extended our funding agreement early in 2020 by one year, to end in March 2022. We are working in partnership with Sport England to discuss a further three year funding extension from April 2022.

Despite our strong position, we continue to manage our costs carefully to ensure that we mitigate any further risks posed by Covid-19, including any further national lockdowns, which during 2020/21 impacted our ability to deliver our programmes as we had originally planned. We are in regular discussions with our funders and have been able to agree adaptations or changes to targets associated with funding as a result of the pandemic.

We do not believe that Covid-19 poses a risk to our long term sustainability and positive discussions are taking place with Sport England regarding funding, post March 2022. Additionally, we have secured a further investment from the Gloucestershire Health & Wellbeing Board for £150,000 a year for the next five years.

In the unlikely case that we are unable to secure funds to continue our work, we have taken appropriate measures including holding both a separate designated redundancy reserve and up to six months cash, in line with our reserves policy.

1.11 Financial review

It is hard to commence any review of 2020/21 without using the words Covid -19. Clearly the pandemic has had a massive effect on all of us, not only as individuals but also within the business sector and perhaps more significantly within the charitable sector. Those charities reliant on public support and fundraising have been the hardest hit. Active Gloucestershire (AG) does not rely on public support by fundraising nor seeking funds from trusts or foundations to run its core operations. Principal sources of funding come from Sport England (SE) grants mainly funded via the National Lottery, a contract with the local NHS Clinical Commissioning Group (CCG) and the local County Council.

It must be said that AG is in a very fortunate position in that our sources of income have been largely unaffected. Indeed, both SE and the CCG have provided additional resources to AG to enable us to help organisations within the community manage the effects of Covid on the groups they support.

The financial year 2020/21 saw a minor increase in income from 2019/20. That being said there were, as indicated above, additional one-off support packages provided to the community from SE and the CCG. The below summaries those movements.

The increase in income received can be analysed as follows:

i. Increases (+) / decreases (-) in Sport England funding

- Grants awarded to AG to cover existing initiatives and reflect changes in funding for school games and primary school premium moving from an academic year to financial year -£112k
- Tackling inequalities funding (Covid response) +£100k

ii. Other income streams

- Reduced income from the Gloucestershire Clinical Commissioning Group re we can move contract year 3 of three -£52k
- One off addition to CCG contract re social prescribing +£75k and pain management +£21k
- Get Out Get Active (GOGA) +£50k
- Covid inequalities funding from CCG for use in Gloucester City +£80k
- Trusts and Foundations -£43k
- Reduction in earned income -£34k

Whilst the impact of Covid-19 on our income stream was limited, that cannot be said of the levels of expenditure. School closures and the effects of lockdown on community organisations clearly affected our capacity to deliver programmes and the increase in overall funds mentioned below can largely be attributed to our inability to deliver as planned.

Expenditure levels can be analysed as follows:

- Wage costs increased by £28k. Following a review of the staffing structure payroll, costs were in fact £33k lower than budget
- Delivery costs increased by £13k but were £36lk down on budget
- Savings were achieved in over-head costs

The original plan for 2020/21 was to see a reduction in overall funds of £140k. As a result of the above factors, we in fact increased our funds by £202k - clearly disappointing but quite understandable when one considers how Covid-19 has affected the country. Both SE and the CCG have indicated that carry forward of those underspent funds will not be the subject of clawback in 2021/22. This is good news and shows the close partnership working that exists between us, SE and the CCG.

The Board has reviewed the proposed commitments to proposed direct delivery and will continue to pay close attention to this area of activity. However, our Trustees are very aware of the effects of our spend, as a result of Covid-19.

Business efficiencies

The organisation strives to operate efficiently and seek efficiency savings throughout its various work plans. The administrative costs are monitored closely and has remained at 6% of income over the recent financial year.

Funding sources

The Board has continued to work towards reducing our reliance on SE as our principal funder. However, 2020/21 is perhaps not a year to be able to accurately benchmark any pattern of reliance on one funder.

Cost of fundraising

The organisation is not a fundraising charity when compared to other organisations within the charitable sector that fund most of their expenditure through donations and appeals. Our funding principally comes from SE grants and third-party contracts. Limited funds are sourced from other grant giving organisations via direct applications. Accordingly, the cost of fundraising is relatively modest at around 5%, and is expected to remain around this level, going forward.

Treasury management

The organisation has large amounts of cash available. Trustees are mindful that cash surpluses should be earning a rate of return as investments. Notwithstanding that, with the current rates of returns available and the cash requirements of the organisation, our Trustees' main priority is to protect those funds. Accordingly, AG has deposits with seven separate financial institutions utilising the financial guarantee scheme of £85,000. Deposits of more than the £85,000 limit are at risk should a bank fail and Trustees regularly review deposits and cash flow.

Loss due to fraud

Unfortunately, during 2020/21 AG was the subject of a one-off sophisticated cyber-attack, whereby an e-mail from a supplier was intercepted and the bank account details fraudulently changed. On detection, the matter was reported to the banks, police fraud unit and Charity Commission. The perpetrators could not be traced and a loss of £6,300 was incurred. Following the incident, our IT and operational procedures were reviewed and strengthened.

Outlook for 2021/22 and beyond

Like many organisations in the country the Covid-19 pandemic will considerably affect how we as an organisation go forward with our plans. That being said, AG is in a better position than most, with firm commitments of funding from both SE and the CCG, which should allow us to plan with more certainty than most.

Reserves policy

The Trustees have considered the key risks facing the charity. Active Gloucestershire is dependent on certain significant funding sources for its current level of operations. To deliver the organisational strategy, the charity would need to find alternative funding sources in the event of a significant reduction in income. The Trustees estimate that this may take 3-6 months. Over that time, the charity would need to pay salaries and overheads from reserves. On this basis, 3 to 6 months of the planned expenditure on salaries and overheads is £190,606 to £351,332.

Unrestricted designated funds are unrestricted funds that the Trustees have chosen to allocate to a specific purpose. Accordingly, it is considered that the value of these funds is excluded from the reserve policy calculations. Only general unrestricted funds are considered when measuring against the reserves policy calculations above. On 31 March 2021, the actual level of unrestricted general reserves was £285,587 (31 March 2020 - £272,717) and therefore within the policy.

Unrestricted designated funds on 31 March 2021 totalling £205,961 (2019/20 £135,347) related to planned future expenditure and are explained in note 14 in the financial statements. In addition, Active Gloucestershire held unspent restricted funds on 31 March 2021 of £462,428 (2019/20 £353,859). These are carried forward to 2021/22 and will be spent in accordance with the stated purpose of the funds.

1.12 Statement of responsibilities of the Trustees

The Trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom accounting standards, including Financial Reporting Standard 102. The Financial Reporting Standard, applicable in the United Kingdom and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period.

In preparing those financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and accounting estimates that are reasonable and prudent
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements and

 prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time, the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and therefore for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware and
- the Trustees have taken all steps that they ought to have taken, to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom, governing the preparation and dissemination of financial statements, may differ from legislation in other jurisdictions.

Statement of responsibilities of the Trustees

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Members of the charity guarantee to contribute an amount not exceeding £10 to the assets of the charity in the event of winding up. The Trustees are members of the charity, but this entitles them only to voting rights. The Trustees have no beneficial interest in the charity.

Auditors

Hazlewoods LLP Chartered Accountants and Statutory Auditors continue to act as auditors to Active Gloucestershire.

Approved by the Trustees on 22nd July 2021 and signed on their behalf by:

Jan Bowen-Nielsen

Independent Auditors' Report

To the Members and Trustees of

Active Gloucestershire

Opinion

We have audited the financial statements of Active Gloucestershire (the 'charitable company') for the year ended 31 March 2021 which comprise the statement of financial activities, balance sheet, statement of cash flows and the related notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and
 of its incoming resources and application of resources, including its income and expenditure, for
 the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that
 may cast significant doubt about the charitable company's ability to continue to adopt the going
 concern basis of accounting for a period of at least twelve months from the date when the financial
 statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

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Independent Auditors' Report

To the Members and Trustees of

Active Gloucestershire

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report, which includes the Directors' Report prepared for the purposes of company law for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report included within the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors Report included in the Trustees' Report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the Trustees' Responsibilities Statement set out in the Trustees' Report, the trustees (who are also the directors of the charitable company for the purpose of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Independent Auditors' Report

To the Members and Trustees of

Active Gloucestershire

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations.

We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We obtained an understanding of the legal and regulatory frameworks applicable to the charity financial statements or that had a fundamental effect on the operations of the charity. We determined that the most significant laws and regulations included United Kingdom Generally Accepted Accounting Practice and Companies Act 2006.
- We understood how the charity is complying with those legal and regulatory frameworks by making inquiries of management, and those responsible for legal and compliance procedures.
- We assessed the susceptibility of the charity's financial statements to material misstatement including how fraud might occur. Audit procedures performed by the engagement team included:
 - identifying and assessing the design effectiveness of controls management has in place to prevent and detect fraud;
 - understanding how those charged with governance considered and addressed the potential for override of controls or other inappropriate influence over the financial reporting process;
 - challenging assumptions and judgements made by management in its significant accounting estimates; and
 - o identifying and testing journal entries, in particular any journal entries with unusual characteristics.

Owing to the inherent limitations of an audit, there is an unavoidable risk that material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

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Independent Auditors' Report

To the Members and Trustees of

Active Gloucestershire

Use of our report

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Scott Lawrence FCA (Senior Statutory Auditor)

For and on behalf of: **Hazlewoods LLP** Chartered Accountants and Statutory Auditors Staverton Court Staverton

Cheltenham GL51 0UT

Date: 30 July 2021

Active Gloucestershire

Statement of Financial Activities (incorporating an Income and Expenditure Account)

For the Year Ended 31 March 2021

	Note	Restricted Funds £	Unrestricted Funds £	Total 2021 £	Total 2020 £
Income from:					
Donations	3	_	208,923	208,923	238,410
Charitable activities	4	747,094	299,715	1,046,809	977,446
Investments	_	-	2,418	2,418	2,596
Other	5	5,588		5,588	
Total Income		752,682	511,056	1,263,738	1,218,452
Expenditure on:					
Raising funds		_	37,584	37,584	37,444
Charitable activities		644,412	389,689	1,034,101	1,052,825
Total expenditure	6	644,412	427,273	1,071,685	1,090,269
Net income /					
(expenditure)		108,270	83,783	192,053	128,183
Transfers between funds		299	(299)		
Transicis between funds			(255)		
Net movement in funds		108,569	83,484	192,053	128,183
Reconciliation of funds					
Total funds brought					
forward		353,859	408,064	761,923	633,740
Total funds carried forward		462,428	491,548	953,976	761,923

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the accounts.

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Active Gloucestershire

Balance Sheet

As at 31 March 2021

		2021	2020
	Notes	£	£
Fixed assets			
Tangible assets	11	3,212	5,773
Current assets			
Debtors	12	55,845	58,313
Cash at bank and in hand		1,014,715	869,149
		1,070,560	927,462
Liabilities			
Creditors: amounts due within one year	13	(119,796)	(171,312)
Net current assets		950,764	756,150
Net assets	14	953,976	761,923
Funds			
Restricted income funds		462,428	353,859
Unrestricted funds:			
Designated funds		205,961	135,347
General funds		285,587	272,717
Total charity funds	15	953,976	761,923

Approved by the trustees on 22nd July 2021 and signed on their behalf by

Jan Bowen-Nielsen - Chair

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Statement of Cash Flows

For the year ended 31 March 2021

	2021 £	2020 £
Cash used in operating activities:		
Net movement in funds Adjustments for:	192,053	128,183
Dividends, interest and rents from investments	(2,418)	(2,596)
Depreciation	2,561	2,560
Decrease / (increase) in debtors	2,468	55,758
(Decrease) / Increase in creditors	(51,516)	30,380
Net cash provided by operating activities	143,148	214,285
Cash flows from investing activities: Interest received Purchase of tangible fixed assets	2,418	2,596
Net cash provided by / (used in) investing activities	2,418	2,596
Increase in cash and cash equivalents in the year	145,566	216,881
Cash and cash equivalents at the beginning of the year	869,149	652,268
Cash and cash equivalents at the end of the year	1,014,715	869,149

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Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

1. Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Active Gloucestershire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

b) Going concern basis of accounting

The financial statements have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charity's ability to continue as a going concern.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

The following specific policies are applied to particular categories of income:

- Core grants, donations and gifts are included in full in the statement of financial activities when receivable;
- Revenue grants are credited to the statement of financial activities when received or receivable, whichever is earlier;
- Where unconditional entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the incoming resources are recognised when there is sufficient evidence that conditions will be met. Where there is uncertainty as to whether the charity can meet such conditions the incoming resource is deferred;
- Income from charitable activities includes income from fees received under contract and commissioning income for services provided to sporting organisations in the local area. Grant income included in this category provides funding to support activities and is recognised where there is entitlement, probability of receipt and the amount can be measured with sufficient reliability; and
- Investment income is included when receivable.

Amounts received during the year relating to specific periods are spread over the periods to which they relate. Capital grants are treated as restricted funds against which the assets purchased are depreciated over their useful life.

Notes to the Financial Statements

For the Year Ended 31 March 2021

1. Accounting policies (continued)

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

f) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities on the basis of directly attributable staff costs, as follows:

	2021	2020
Raising funds	5%	5%
Charitable activities	95%	95%

i) Tangible fixed assets

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

IT / office equipment 3 - 4 years

Items of equipment are capitalised where the purchase price exceeds £1,000 (excluding VAT).

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Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

1. Accounting policies (continued)

j) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

k) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

I) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

m) Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are recognised at amortised cost using the effective interest method.

n) Pension costs

The company operates a defined contribution pension scheme for its employees, in accordance with the government's auto-enrolment regulations. There are no further liabilities other than that already recognised in the statement of financial activities. The total employer pension contributions payable in the year were £31,094 (2020: £30,006). Pension costs are allocated to projects on the same basis as staff costs.

o) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements are the allocation of costs to fundraising and charitable activities (see note 1(h)) and depreciation (see note 1(i)).

Notes to the Financial Statements

For the Year Ended 31 March 2021

2. Prior year comparative: statement of financial activities

, ,			
	Restricted Funds £	Unrestricted Funds £	Total 2020 £
Income from:			
Donations	22,280	216,130	238,410
Charitable activities	616,977	360,469	977,446
Interest receivable		2,596	2,596
Total income	639,257	579,195	1,218,452
Expenditure on:			
Raising funds	-	37,444	37,444
Charitable activities	525,944	526,881	1,052,825
Total some williams	505.044	504.005	4 000 000
Total expenditure	525,944	564,325	1,090,269
Net income	113,313	14,870	128,183
Transfers between funds	12,558	(12,558)	
Net movement in funds	125,871	2,312	128,183
Reconciliation of funds			
Total funds brought forward			
•	227,988	405,752	633,740
Total funds carried forward	353,859	408,064	761,923
3. Donations			

	Restricted Funds	Unrestricted Funds	Total 2021
	£	£	£
Grants Sport England – core funding	-	208,923	208,923
Donations Voluntary donations Gifts in kind		<u>-</u>	
Total income from donations		208,923	208,923

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Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

3. Donations (continued)

activities

Prior year comparative

		Restricted Funds £	Unrestricted Funds £	Total 2020 £
	Grants Sport England – core funding	-	215,112	215,112
	Donations Voluntary donations Gifts in kind *	5,935 16,345	53 965	5,988 17,310
	Total income from donations	22,280	216,130	238,410
	* Gifts in kind consist of: Facility hire Coaching staff	7,710 8,635	965 	8,675 8,635
		16,345	965	17,310
ı.	Income from charitable activities			
		Restricted Funds £	Unrestricted Funds £	Total 2021 £
	Grants and service level agreements	L	L	L
	Sport England Gloucestershire Clinical	550,458	-	550,458
	Commissioning Group (GCCG) Gloucestershire County Council	146,000	210,786 60,000	356,786 60,000
	Activity Alliance	49,636	-	49,636
	Barrow Cadbury	500	-	500
	Grants < £5,000	500		500
	Total grants and service level agreements	747,094	270,786	1,017,880
	Course contributions	-	1,545	1,545
	Hosting staff from partner organisations	-	4,234	4,234
	Consultancy income	-	23,150	23,150
	Total income from charitable	747.004	200.745	4.046.800

747,094

299,715

1,046,809

Notes to the Financial Statements

For the Year Ended 31 March 2021

4. Income from charitable activities

Prior year comparative

	Restricted Funds £	Unrestricted Funds £	Total 2020 £
Grants and service level agreements Sport England Gloucestershire Clinical	557,096	-	557,096
Commissioning Group (GCCG) Gloucestershire County Council Glos Community Foundation Bailey Thomas St James' Place Barrow Cadbury	15,000 - - 15,000 9,100 9,000	217,476 75,000 6,494 - -	232,476 75,000 6,494 15,000 9,100 9,000
Grants < £5,000	446	3,001	3,447
Total grants and service level agreements	605,642	301,971	907,613
Course contributions	335	9,882	10,217
Commissioning income	11,000	30,360	41,360
Hosting staff from partner organisations	-	2,050	2,050
Consultancy Income	-	16,206	16,206
Total income from charitable activities	616,977	360,469	977,446

5. Government grants and contracts

The charity receives government grants and contracts, deemed to be funding from Sport England, Gloucestershire Clinical Commissioning Group and local authorities, to fund core services and charitable activities. The total value of such grants and contracts in the period ending 31 March 2021 was £967,244 (2020: £874,572). There are no unfulfilled conditions or contingencies attaching to these grants in 2020/21. During the year, the charitable company was required to repay unspent funds amounting to £nil (2020: £nil) from Sport England as a condition of the grant.

The Charity received £5,588 during the year in relation to the Government's Coronavirus Job Retention Scheme (CJRS) Grant.

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Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

6.	Total	expenditure

6.	Total expenditure			
		Raising Funds £	Charitable Activities £	Total 2021 £
	Designation and discuss		240 247	240 247
	Project expenditure	20.020	316,347	316,347
	Staff costs (note 8) Travel and subsistence	30,930	587,673 486	618,603 486
	Travel and subsistence		400	400
	Support and governance costs:			
	Information and communications	1,272	24,168	25,440
	technology	207	40.474	4= 0.44
	Premises costs	867	16,474	17,341
	Depreciation Stationery	128 18	2,433 346	2,561 364
	Telephone and postage	222	4,222	4,444
	Subscriptions	152	2,887	3,039
	Marketing and website	2,142	40,691	42,833
	Board and meeting expenses	20	371	391
	Audit fees	360	6,840	7,200
	Legal, professional and consultancy fees	1,158	22,002	23,160
	Losses	315	5,985	6,300
	Bad debt write off	_	3,176	3,176
		37,584	1,034,101	1,071,685
	Prior year comparative			
		Raising	Charitable	Total
		Funds £	Activities £	2020 £
		~	_	_
	Project expenditure	-	319,614	319,614
	Staff costs (note 8)	29,906	568,218	598,124
	Travel and subsistence	-	10,280	10,280
	Support and governance costs:			
	Information and communications	1,503	28,554	30,057
	technology			
	Premises costs	1,078	20,486	21,564
	Depreciation	128	2,433	2,561
	Stationery	157	2,979	3,136
	Telephone and postage	106	2,008	2,114
	Subscriptions Marketing and website	182	3,458	3,640
	Marketing and website	1,352	25,690 7,284	27,042 7,667
	Board and meeting expenses	383	7,284 7,536	7,667
	Audit fees Legal, professional and consultancy fees	397 2,252	7,536 42,785	7,933 45,037
	Bad debt write off	-	11,500	11,500
		27 444	1.050.005	1 000 000
		37,444	1,052,825	1,090,269

Total governance costs were £8,156 (2020: £15,325). The bad debt write off in the prior year was an exceptional item due to a cancelled agreement to provide services to the Charity.

Notes to the Financial Statements

For the Year Ended 31 March 2021

7. Expenditure by activity

	Direct expenditure	Staff costs	Other costs	Total 2021
	£	£	£	£
Coaching projects	11,096	29,494	6,394	46,984
Satellite clubs	19,639	33,049	7,312	60,000
Sportivate	2,583	-	-	2,583
Extended workforce	379	62,718	15,370	78,467
Tackling inequalities	88,115	-	-	88,115
School games	9,413	21,521	4,694	35,628
Primary school support	3,940	24,940	5,440	34,320
WCM formerly Cotswold walking pilot	8,972	-	-	8,972
DfE volunteers	12,581	7,787	1,696	22,064
Primary School Daily Mile	7,764	43,460	9,489	60,713
Special Olympics	327	6,239	1,380	7,946
Work for the Disabled	23	3,826	836	4,685
Opening school facilities	4,198	30,152	5,970	40,320
GOGA	26,751	8,930	2,529	38,210
Local Delivery Pilots	39,704	26,504	4,613	70,821
Insight	865	34,769	7,599	43,233
Covid Health Inequalities	1,350	-	-	1,350
Beat the Street	1,577	-	2,200	3,777
Older Adults	8,973	23,909	5,234	38,116
Marketing	427	18,385	3,994	22,806
Monitoring and Evaluation	50,968	-	-	50,968
Primary role	1,099	169,751	33,682	204,532
Training and education	3	2,039	919	2,961
Cotswold Active youth	6,494	-	-	6,494
Business Services	2,914	32,437	7,089	42,440
Social Investment development grant	3,159	-	-	3,159
GCC Inclusion contract	2,984	38,533	8,334	49,851
Other costs	49	160	1,961	2,170
	316,347	618,603	136,735	1,071,685

Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

7. Expenditure by activity

Prior year comparative				
	Direct	Staff	Other	Total
	expenditure	costs	costs	2020
	£	£	£	£
Workforce	9,455	35,680	9,013	54,148
Satellite clubs	43,930	34,592	9,229	87,751
Sportivate	1,189	-	-	1,189
Active Workplaces	750	-	5	755
Extended Workforce	335	59,603	15,070	75,008
School games	40,780	17,578	4,779	63,137
Primary school support	5,826	35,895	9,424	51,145
DfE volunteers	5,865	6,216	1,548	13,629
Primary School Daily Mile	10,657	39,857	11,509	62,023
Special Olympics	3,711	21,498	5,684	30,893
Work for the Disabled	2,729	-	33	2,762
Short breaks	714	-	-	714
Glos Girl Can	2,339	-	5	2,344
Opening school facilities	5,718	6,342	1,489	13,549
Connect Barrow Community	-	1,750	56	1,806
Local Delivery Pilots	6,436	25,034	7,920	39,390
Insight	393	5,991	1,472	7,856
Beat the Street	40,200	8,160	2,495	50,855
Older Adults	29,695	36,767	10,301	76,763
University of Gloucestershire	6,997	-	52	7,049
Marketing	19,109	18,281	4,679	42,069
Monitoring and Evaluation	55,683	-	19	55,702
Primary role	2,800	148,714	41,549	193,063
Training and education	5,305	3,095	783	9,183
Business Services	1,941	44,977	24,222	71,140
Fundraising and Sponsorship	19	3,293	834	4,146
Social Investment development grant	7,771	3,850	20	11,641
Facilities Consultancy	-	2,457	493	2,950
GCC Inclusion contract	9,267	38,494	9,848	57,609
	319,614	598,124	172,531	1,090,269

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Notes to the Financial Statements

For the Year Ended 31 March 2021

8. Net movement in funds

This is stated after charging:

	2021 £	2020 £
Depreciation of fixed assets Trustees' remuneration	2,561 -	2,560
Trustees' reimbursed expenses Auditor's remuneration:	-	108
 Statutory audit (including VAT) 	7,200	7,200
Other services	433	433

9. Staff costs and numbers

The aggregate payroll costs were as follows:

	2021 £	2020 £
Salaries and wages	518,563	501,160
Redundancy payment within salaries	8,925	· -
Social security costs	47,917	46,513
Pension contributions	31,094	30,006
Staff development and recruitment	12,104	20,445
	618,603	598,124

One employee (2020: none) received total remuneration of more than £60,000.

The key management personnel of the charity comprise the trustees and the Chief Executive Officer ("CEO") (2019: the trustees, the CEO and the Director of Business Development / Deputy CEO). The total remuneration of the key management personnel of the charity was £70,964 (2020: £109,904).

	2021 No.	2020 No.
Average staff head count	16	16

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Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

10. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

11. Tangible fixed assets

		IT / office equipment £
Cost: At 1 April 2020 and 31 March 2021		9,404
Depreciation:		
At 1 April 2020		3,631
Charge for year		2,561
At 31 March 2021		6,192
Net Book Value:		
At 31 March 2021		3,212
At 31 March 2020		5,773
12. Debtors		
	2021	2020 £
	£	£
Trade debtors	48,357	44,770
Prepayments	7,422	5,037
Accrued income	66	8,506
	55,845	58,313
13. Creditors: amounts due within 1 year	2021	2020
	£	£
Trade creditors	24,776	21,415
Receipts in advance	-	58,891
Accruals	41,187	56,937
PAYE and social security	12,602	14,750
Pension control account VAT control account	6,326 30,065	4,876 9,603
Deferred income *	4,840	4,840
	<u> </u>	171,312
* There have been no movements in deferred income	119,796	171,312

^{*} There have been no movements in deferred income during the year.

Notes to the Financial Statements

For the Year Ended 31 March 2021

14. Analysis of net assets between funds

Tangible fixed assets Current assets Current liabilities Net assets at 31 March 2021	Restricted Funds £ - 548,249 (85,821) 462,428	Designated Funds £ - 208,005 (2,044) 205,961	General funds £ 3,212 314,306 (31,931) 285,587	Total funds £ 3,212 1,070,560 (119,796)
Prior year comparative				
	Restricted Funds	Designated Funds	General funds	Total funds
Tangible fixed assets Current assets Current liabilities	£ - 463,815 (109,956)	£ - 157,039 (21,692)	5,773 306,608 (39,664)	£ 5,773 927,462 (171,312)
Net assets at 31 March 2020	353,859	135,347	272,717	761,923

Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

Total restricted funds

Movements in funds				Tuemefere	
	At 1 April			Transfers between funds	At 3 Marc
	2020 £	Income £	Expenditure £	£	202
Restricted funds					
Sport					
Workforce	12,811	55,000	(46,984)	-	20,82
Satellite Clubs	40,413	79,788	(60,000)	-	60,20
Sportivate	2,284	-	(2,583)	299	
Community					
Active Workplaces	172	-	-	-	17
Active 4 Life (small grants)	392	-	-	-	39
Extended Workforce	38,888	75,000	(78,467)	-	35,42
Tackling Inequalities fund	-	90,266	(88,115)	-	2,15
Education					
School Games	35,139	26,250	(35,628)	-	25,76
Primary School Support WCM formerly Cotswold	60,401	29,923	(34,320)	-	56,00
Walking pilot	10,000	-	(8,972)	-	1,02
DfE Volunteers	9,872	17,734	(22,064)	-	5,54
Primary School Daily Mile	15,916	68,680	(60,714)	-	23,88
Other					
Special Olympics	5,780	3,994	(7,945)	-	1,82
Work for disabled	17,238	1,594	(4,686)	5,416	19,56
Short Breaks Capital Fund	432	-	-	-	43
No Limits	136	-	-	-	13
Opening School Facilities Connect Barrow	17,341	30,891	(40,320)	-	7,91
Community	7,194	500	_	-	7,69
GOGA	-	49,636	(38,210)	-	11,42
Local delivery pilots	62,305	77,426	(70,820)	-	68,91
Insight	17,145	45,000	(43,234)	-	18,91
Covid Health Inequalities	-	80,000	(1,350)	(5,416)	73,23
CCG pain management	_	21,000	-	·	21,00

353,859 752,682

(644,412)

299

462,428

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Notes to the Financial Statements

For the Year Ended 31 March 2021

15. Movements in funds (continued)

	At 1 April 2020	Income	Expenditure	Transfers between funds	At 31 March 2021
	2020	income	Expenditure	iulius	2021
		£	£	£	£
Unrestricted funds:					
Designated funds:	20 505			15 167	45 750
Redundancy	30,585	-	-	15,167	45,752
Staff holiday	8,419	-	-	328	8,747
Work for disabled We Can Move	-	-	-	10,000	10,000
Project Management	4,322	10,786		(3,777)	11,331
Beat the Street	4,522	10,700	(3,777)	3,777	11,331
Older Adults	53,953	-	(38,116)	3,777	15,837
Marketing	1,458	25,000	(22,806)	_	3,652
Insight	17,312	23,000	(22,000)		17,312
Monitoring and	17,012				17,012
Evaluation	19,298	50,000	(50,968)	_	18,330
Social Prescribing	-	75,000	(00,000)	_	75,000
ecciai i reconomig					
Total designated funds	135,347	160,786	(115,667)	25,495	205,961
G					
Restricted funds	353,859	752,682	(644,412)	299_	462,428
Decimated funds	105 047	100 700	(115 007)	25.405	205.004
Designated funds	135,347	160,786	(115,667)	25,495_	205,961
General funds	272,717	350,270	(311,606)	(25,794)	285,587
Concrai farias			(011,000)	(20,104)	200,001
Total unrestricted funds	408,064	511,056	(427,273)	(299)	491,548
			(, 0)	(===)	
Total funds	761,923	1,263,738	(1,071,685)		953,976
Total fullas	701,320	1,200,700	(1,071,000)		300,370

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Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

Purposes of restricted funds

Workforce

Sport England funding to support the physical activity workforce in Gloucestershire. This is achieved through the **we can move** Changemaker programme through a range of training, network and event opportunities designed to support professionals and volunteers in the community and across various professions and sectors.

Satellite clubs

Sport England funding to facilitate the creation of satellite clubs for schools and younger people

Sportivate

Sport England funding to increase participation for 11-25-year olds

Active Workplaces

Active Workplaces is a sponsorship property in partnership with Creed Foodservice, using the wheel of behaviour change to create a bespoke action plan of interventions aimed at increasing staff activity

Active for life (small grants)

A targeted programme engaging 6,000 older people in regular physical activity.

Extended workforce

A pilot scheme launched by sport England ,designed to redefine the way in which Active Partnerships work with Sport England, with the aim of ensuring close strategic alignment between AP's and SE sharing goals and a more collaborative approach to working together.

Tackling inequalities

Tackling inequalities –Sport England funded as a grant programme aimed at supporting organisations that have supported those most effected by the pandemic

School games

Sport England funding to deliver a county-wide programme of level 3 School Games

Primary school support

Sport England funding to support schools in utilising their PE, sport and physical activity funding.

WCM Cotswold walking project

This project has now been closed and funds have been reallocated into other CYP programmes

DFE volunteers

Sport England funding to promote volunteering in sport, physical activity and targeted communities to young people.

Primary School Daily Mile

Various funding sources to fund an increase in the daily physical activity for primary school pupils.

Special Olympics

Funding from a number of partners to contribute to improving the physical activity levels of people with a learning disability and their families.

Notes to the Financial Statements

For the Year Ended 31 March 2021

Work for the Disabled

This area of work, also now known as Involve is a project looking at how and who can influence disabled peoples behaviours, in relation to physical activity. Involve has progressed to become a communication-based intervention to support health and social care professionals to have conversations with disabled people about physical activity, and with this is the development of a suite of resources to support these conversations to take place across the health and social care system in Gloucestershire. The initial background and scoping part of this project was funded by Sport England, but this work is now funded by the CCG as part of the covid inequalities agreed funding and unrestricted reserves.

Short Breaks Capital Fund

Gloucestershire County Council provided funding to acquire various items of equipment and provide adaptations to support disabled children and young people under 25, to take part in a range of arts, sports, and leisure activities

No Limits

A programme designed in response to the needs of disabled people participating in physical activity, providing training, support, and guidance to those working with disabled people and physical activity providers.

Glos Girls Can

An initiative used to provide bursaries to support female coaches and leaders across Gloucestershire.

WCM older adults

People are less active as they get older, with 6 out of 10 people not doing regular physical activity. Our we can move older adults work aims to increase physical activity levels of older people through: the delivery of a county wide falls prevention campaign (Fall-Proof); the co-design of a physical activity programme across the Forest of Dean; supporting a network of volunteers who support older adults to continue to be active; and supporting the delivery of local community and physical activity opportunities embedded across Gloucestershire.

Opening school facilities

Sport England funding to encourage and support targeted Gloucestershire schools to allow residents in their local area to hire the school's facilities so they can play sport and be more active.

Connect Barrow community fund

The Connect fund is provided to support us to continue to test how social investment might can be used to increase impact for sports clubs and organisations. At the same time the funding will allow us to further explore if this work can provide us with a sustainable earned income source. We will share our results with the wider sector and Active Partnership network.

Get Out Get Active (GOGA)

Get out Get Active is a national initiative, where we hold the contract to project manage the local delivery of a branch of delivery in the Forest of Dean locality. The programme enables those with disabilities or long term health conditions to be active, by creating new opportunities, upskilling deliverers across the workforce and providing high quality marketing. The Forest of Dean GOGA programme focusses on older people with a long term condition, and has a particular focus on dementia. The project is a collaboration between Active Gloucestershire, Forest of Dean District Council and Freedom Leisure. The project is managed nationally by Activity Alliance, who hold, manage and distribute locality funds from the overarching funders of Sport England, London Marathon Charitable Trust and Spirit of 2012.

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Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

Wheel of behaviour (renamed Place based work in 20/21)

Place based physical activity interventions means the focus of work is in a specific geographic area or 'place'. This could be a street, neighbourhood, town or district. It targets the entire community; working with residents, groups, organisations and businesses that live or work in the area to better understand what the place is like, what the challenges or issues are and how we can work together to overcome them.

WCM formerly Gloucestershire Moves

WCM is a series of activities that, together, aim to reduce the number of people classified as inactive within the Gloucestershire area. It comprises three interconnected pieces of work: 1) systems mapping, 2) behavioural insight, analysis, and intervention planning, and 3) social movement building.

Covid Health Inequalities

This is a funded programme to support people who have been unable to be, or have become less active due to the pandemic. The funding is primarily focussed on Gloucester City. Funded by NHS Gloucestershire

Cotswold Active Youth

To extend the active youth network into the Cotswolds and develop opportunities for young people to be active. We created one opportunity with the funding becoming part of the Cotswold Youth Network to learn more about the area and share our knowledge. Funder: Gloucestershire Community Foundation

Purpose of designated funds

Redundancy

To provide for contracted staff redundancy payments. This will only be expended if redundancies are made under the charity's redundancy policy.

Staff holiday

To provide for untaken holiday at the end of the financial period.

Transfers between funds

Transfers between funds are to redistribute designated funding.

Notes to the Financial Statements

For the Year Ended 31 March 2021

15. Movements in funds (continued)

Prior year comparative

	At 1 April 2019 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2020 £
Restricted funds Sport					
Workforce	11,663	55,296	(54,148)	-	12,811
Satellite Clubs	22,951	105,213	(87,751)	-	40,413
Sportivate	3,473	-	(1,189)	-	2,284
Community					
Active Workplaces	927	-	(755)	-	172
Active 4 Life (small grants)	392	-	-	-	392
Extended Workforce	38,896	75,000	(75,008)	-	38,888
Education					
School Games	27,241	71,035	(63,137)	_	35,139
Primary School Support	56,107	55,439	(51,145)	-	60,401
WCM formerly Cotswold		10.000			10.000
Walking pilot DfE Volunteers	8,901	10,000 14,600	(13,629)	-	10,000 9,872
Primary School Daily Mile	31,986	45,953	(62,023)	_	15,916
Timary Ochoor Daily Wille	31,300	40,000	(02,023)		10,010
Other					
Special Olympics	4,038	30,135	(30,893)	2,500	5,780
Work for disabled	-	10,000	(2,762)	10,000	17,238
Short Breaks Capital Fund No Limits	1,146 136	-	(714)	-	432 136
Glos Girls Can	2,286	_	(2,344)	58	130
Older Adults/WCM	17,845	_	(17,845)	-	_
Opening School Facilities	-	30,890	(13,549)	_	17,341
Connect Barrow		,	(-,,		,-
Community	-	9,000	(1,806)	-	7,194
Local delivery pilots	-	101,695	(39,390)	-	62,305
Insight		25,001	(7,856)		17,145
Total restricted funds	227,988	639,257	(525,944)	12,558	353,859

Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

15. Movements in funds (continued)

Prior year comparative (continued)

	At 1 April 2019 £	Income £	Expenditure £	Transfers between funds	At 31 March 2020 £
Unrestricted funds: Designated funds:					
Redundancy	21,330	_	_	9,255	30,585
Staff holiday	7,356	-	-	1,063	8,419
We Can Move					
Project Management	(1,586)	5,000	(7,049)	7,957	4,322
Beat the Street	(441)	44,253	(50,855)	7,043	-
Wheel of Behaviour	-	-	(50.040)	(0.500)	-
Older Adults	35,500	79,872	(58,919)	(2,500)	53,953
Marketing	195	43,332	(42,069)	-	1,458
Insight Monitoring and	50,000	17,312 40,000	(55,702)	(15,000)	17,312 19,298
Evaluation			(55,762)	(13,000)	
Total designated funds	112,354	229,769	(214,594)	7,818	135,347
Restricted funds	227,988	639,257	(525,944)	12,558	353,859
Designated funds	112,354	229,769	(214,594)	7,818	135,347
General funds	293,398	349,426	(349,731)	(20,376)	272,717
Total unrestricted funds	405,752	579,195	(564,325)	(12,558)	408,064
Total funds	633,740	1,218,452	(1,090,269)		761,923

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Notes to the Financial Statements

For the Year Ended 31 March 2021

16. Income from investors

	Local Authority	Sport England	Other *	Total
	£	£	£	£
Grants and service level				
agreements	-	759,381	-	759,381
Other income	60,000		444,357	504,357
Total income	60,000	759,381	444,357	1,263,738
Direct delivery	2,753	197,903	114,168	314,824
Staff costs	37,777	465,828	102,895	606,500
Travel costs	23	159	99	281
Other	-	503	2,673	3,176
Overhead recovery	9,298	105,155	32,451	146,904
	-			
Total expenditure	49,851	769,548	252,286	1,071,685
Net income / (expenditure)	10,149	(10,167)	192,071	192,053

^{*}Other includes all income in the accounts, not just public investors.

The above table only takes into account those movements within the financial year; no account is taken of the value of unspent funds brought forward from 2019/20.

17. Financial instruments

	2021 £	2020 £
Financial assets measured at amortised cost Financial liabilities measured at amortised cost	1,063,138 (72,289)	922,425 (83,229)

Financial assets measured at amortised cost comprise cash and cash equivalents, trade debtors, accrued income and other debtors.

Financial liabilities measured at amortised cost comprise trade creditors, accruals, and other creditors.

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Active Gloucestershire

Notes to the Financial Statements

For the Year Ended 31 March 2021

18. Operating leases

The charity had operating leases for land and buildings at the year end with total future minimum lease payments as follows:

	2021 £	2020 £
Amounts falling due: Within 1 year	3,703	7,868

19. Related party transactions

Transactions with trustees

Jon McGinty, a trustee, is the Managing Director of Gloucester City Council and Director of Gloucestershire County Council. During the year ended 31 March 2021, Active Gloucestershire received £nil (2020: £12,000) of income from, and paid £627 (2020: £617) to, Gloucester City Council. They also received £60,000 (2020: £75,000) of income from and paid £nil (2020: £4,800) to, Gloucestershire County Council. Included within income received from Gloucestershire County Council is £15,000 (2020: £15,000) due to Active Gloucestershire as at 31 March 2021 which relates to income for an inclusion contract.

