



ANNUAL REPORT
Headlight Mental Health Charity
2020-21



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#### PLEASE CONTACT:

- E | AWP.COMMUNICATIONS@NHS.NET
- T | 01225 362992

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# Message from the Chair

When reflecting back on a year that has been unique in so many ways, I am extremely grateful that we have so many passionate and committed staff and service users. The impact of the Covid pandemic has been felt by everyone and it is certain that this effect will continue to be felt by the NHS, Avon & Wiltshire Mental Health Partnership NHS Trust (AWP) and our staff for many years to come. Much of the fantastic work that has been completed to support the well-being of both our staff and service users over the last year would not have been possible without the significant financial support that we have received from NHS Charities Together.

This annual report describes our core work last year, supporting a large number of projects that in all their diversity illustrate how we can make an impact through our funding. Our focus and vision is improved mental health and the projects that we have been able to fund this year, have differed significantly from previous years, both in terms of provision and available funding. All of this has been as a direct consequence of the need to support our staff and service users in different ways during the tough periods they have faced, in such unprecedented times.

The funds raised have supported a wide range of charitable and health related activities over the past year and have been used to support and/or enhance the experiences of our service users, their carers and our staff. The committee continues to encourage the use of the funds by asking staff for creative and imaginative ways to enhance patient care.

So what about the next year? We believe that we will be fortunate enough to draw further grants and funding from NHS Charities Together. This will help in terms of us being able to provide further funding for the well-being of both our service users and our staff, as well as being able to establish some community incentives by engaging with our local Sustainability & Transformation Partnerships. This is particularly key for us as a mental health organisation, with isolation being a well understood side effect of such challenging and unprecedented events.

As Chair of Headlight, I would like to say a huge thank you to all those who have made the programmes of work undertaken this year, both achievable and successful. All of the projects have made a significant difference to both our staff and service users and I very much hope that we are able to continue this fantastic work into 2021-22 where I am sure the challenges facing the Charity sector will remain significant.



**Brian Stables** 

Chair of the Charitable Funds Committee Non-Executive Director, Avon and Wiltshire Mental Health Partnership NHS Trust

# **Trustee Annual Report**

Headlight Mental Health Charity (Headlight) is the name for the AWP Charitable Fund, as of 1 April 2017. Headlight is AWP's registered Charity, established to manage donations and bequests to AWP. The donations received by the Charity are used for charitable activities across the Trust, for items and initiatives that would not otherwise be funded by statutory NHS funds.

In practice, the Charity and its Trustees award funds in the form of grants to projects that help support the service users of AWP. These projects are delivered by AWP staff.

The objective for the Charity is to add value to the service users, staff and carers of AWP service users. The Charity has taken the public benefit guidance issued by the Charity Commission into account when making any relevant decisions and recognises itself as a public benefit entity.

Following consultation with our patients and their carers, the Trustees have agreed the following funding priorities for the Charity and will support projects that:

- Enhance AWP's care environments to be more comfortable and welcoming
- Support recovery through recreation and meaningful activities
- Promote awareness and reducing the stigma of mental health
- Test approaches with the potential to improve outcomes in mental healthcare

#### **Compliance Statements**

The Charitable Funds are registered in accordance with the Charities Act 2011. The Registered Charity number is 1056576.

The Charity's Annual Report with the financial statements for the year ended 31 March 2021 have been prepared by the Corporate Trustee in accordance with the Charity's SORP (FRS 102) and complies with the charity's Governing Document.

# Our purpose and activities



#### **NHS Charities Together**

This year, the majority of the funding came from the NHS Charities Together grants.

Thanks to the huge support from people fundraising all over the country, including Sir Captain Tom's sponsored walk, the Charity has been able to provide funding for a number of larger well-being projects, supporting both staff and service users across the Trust.

#### **Staff Chill Out Rooms**

The Charity was able to provide funding for various items to go in staff chill out areas across the Trust. These items ranged from comfortable seating to coffee machines. All items were chosen by the individual wards to ensure it helped their own specific well-being needs.

#### **Health and Wellbeing Support**

Every member of staff received a Health and Wellbeing Booklet that was developed in house with subject matter experts. Over 3,500 copies were printed and distributed to staff, the rest were e-Booklets as requested by staff. We also wanted to support 800 of the most vulnerable colleagues with the option to take up a 30 minute 'General Health and Wellbeing Check' with an occupational health nurse. For all staff there is a programme of health and wellbeing activities from October to December. For example, in October there were webinars on nutrition, for November we signed up for the British Dietetic Association, which was a 4 week diary that encouraged healthy lifestyle through nutrition and activity.

# Our purpose and activities

#### **Gym equipment**

As a result of the NHS Charities Together funding, the Charity have been able to provide a significant amount of new gym equipment for a number of sites across the Trust. Case studies have shown how having access to gym equipment in this setting can have a significant impact on physical and mental wellbeing, helping to reduce stress and anxiety and improve self-esteem. The equipment provides a focus, structure and goal to exercise, as well as increasing enjoyment and motivation.

"Without the gym facilities here at Callington Road, there would not be any stimulation or therapeutic encouragement to fill the days or motivate people to structure their day. This equipment has empowered, structured socialisation and increased motivation to unlock ones better qualities and inner strengths to face everyday problems with a balanced mind."





# Our purpose and activities

#### **Christmas Cheer**

Headlight was once again able to provided seasonal extras to brighten the festive period for inpatients of the Trust. For service users spending Christmas in one of our hospitals, the Charity provided a small gift, funds for festive food treats and decor.

#### **Amblescroft South Gardening Project**

Recently, Amblescroft South has made adjustments in both its layout and client group to minimise the risk of Covid – this has meant they are currently supporting more patients with functional illness such as Depression and Psychosis. As a team they now more than ever recognise the benefits of Service users contact with nature. In September 2020 they commenced work to create a Walled Garden adjoining the main lounge area.

When complete, the Walled Garden will provide an accessible, safe area for activities, exercise, de-escalation, family contact and reflection. A further benefit is that this area is observed from bedrooms and lounges by more dependent patients with mental health problems. In order to maximise the proven holistic benefits of access to gardens, this initiative will provide a sanctuary for those who are battling significant mental health difficulties.

# **Fundraising**





#### 2020-21 Achievements in Fundraising

The programme remains a diversified mix of fundraising tactics, with some particular successes in community and supporter-led fundraising. Due to the restrictions of Covid, our regular skydiving dates were unfortunately all postponed.

Fundraised income has significantly dropped to £15,000 due, in part, to Covid restrictions.

#### **Key Achievements**

- A team member on Poppy ward shaved their head raising over £300 for service user activities
- Teign Ward raised over £400 taking part in a team challenge
- A past patient and her sister took part in the Bristol Half Marathon and raised £1355 for the Mother and Baby Unit.
- North Somerset Inpatient wards had a varied programme of fundraising throughout the year, with

team members taking part in sponsored walks, a head shave and a craft fayre!

# **Fundraising**

Headlight fundraises in order to grow the voluntary income of the Charity and be able to spend more on charitable activities. The Charity employs one member of fundraising staff and does not undertake any fundraising through commercial partners. The decision was taken at the end of 2019-20 to reduce resources and remove the position of the Fundraising Manager.

## **Fundraising Standards**

Headlight is a voluntary member of the Fundraising Regulator, and commits to following best practice as set out in the Code of Fundraising Practice.

# Protecting vulnerable people

We are committed to protecting vulnerable individuals and have robust policies and practices in place to ensure that no-one is placed under any pressure to donate. As a mental health charity, many of our most valued supporters may be considered vulnerable. We commit to doing everything possible to always be sensitive in our communications and contact supporters only as and when they have asked us to do so. More information can be found within our Supporter Promise, which can be found on the min Trust website www.awp.nhs.uk.

# **Complaints regarding Fundraising Practices**

Any complaints regarding fundraising activities are dealt with in line with our Complaints Policy, and managed through the complaints process at Avon and Wiltshire Mental Health Partnership NHS Trust. Headlight has received no such complaints during the year, nor were any received during the prior financial year.

# Looking to the future

Given the current situation with Covid, we will be conscious of the diverse priorities of the Trust as we continue to work our way through these unprecedented times.

For the coming year, we will prioritise small scale projects where the Charity has the potential and opportunity to support meaningful change. We aim to build activities around a larger number of key requirements. Specialist equipment, functional adaptations and extra amenities will make a major difference to patient experience, and would otherwise simply not be possible in the current economic climate.

We have seen a growing number of AWP colleagues engage with the Charity, and we will continue our work to develop a sense of partnership with colleagues throughout AWP. As projects come to fruition, we are looking forward to working ever more closely with clinicians and service users to support recovery and have a real and valued impact.

# Financial Review 2020-21

#### Income

The Charity received £189,000 income in 2020-21 compared with £102,000 in 2019-20.

#### **Donations**

The Charitable Fund received £174,000 in donations in 2020-21 (£68,000 in 2019-20). Of this £166,000 was funding of various staff and service user well-being projects from NHS Charities Together. The remainder of donated income was received as smaller amounts throughout the year through grants and in memory donations.

#### **Fundraising**

The Charitable Fund received £15,000 through fundraising in 2020-21 (£34,000 2019-20). Further information and key successes can be found in section 3.2.

#### **Expenditure**

Headlight spent £172,000 in 2020-21, compared to £123,000 in 2019-20. Of the £100,000 spend on other charitable expenditure, £88,000 of this was spent on gym equipment from the NHS Charities Together grant funding.

#### **Charitable Expenditure**

- Recreation and therapies:	£2,000
- Staff enhancement	£56,000
- Furniture, fixtures & fittings:	£1,000
- Other charitable expenditure:	£100,000

#### **Indirect Expenditure**

- Staff salaries and recharges:	£10,000
- Governance	£3,000

# Financial Review 2020-21

#### **Total Reserves**

The level of reserves and expenditure plans are reviewed at each committee meeting to ensure that the Charity expenditure is in line with income and the reserves policy (section 7).

Total reserves as at year end 2020-21 are £132,000 (£115,000 in 2019-20)

Unrestricted reserves: £81,000 (£71,000 in 2019-20)
Restricted reserves: £51,000 (£44,000 in 2019-20)

## Short term investments and deposits

£181,000 (£105,000 in 2019-20)

The deposit represents money held in a high interest commercial bank account in order that surplus monies gain maximum interest.

#### Cash in hand and at bank

£6,000 (£10,000 in 2019-20)

Cash at hand represents the amounts held in the commercial bank account.

#### **Restricted Funds**

Total £51,000 (£44,000 in 2019-20)

NHS Charities Together £6,000 (£ zero in 2019-20)

General Service User Fund £1,000 (£1,000 in 2019-20)

**CAMHS Riverside Fund** £24,000 (£26,000 in 2019-20)

Wiltshire Learning Disabilities £8,000 (£8,000 in 2019-20)

Max McGhee Memorial Fund £12,000 (£9,000 in 2019-20)

To support the well-being of staff and service users

For any recreation and therapies for service users of Avon and Wiltshire Partnership NHS Trust

For any charitable purpose relating wholly or mainly to the CAMHS Riverside unit

For any charitable purpose relating wholly or mainly to learning disability services in Wiltshire

For the provision of a sensory room in line with the family wishes

#### **Accruals**

£ 55,000 (£ zero in 2019-20)

This provision relates to expenditure that has been made before the year end where orders have been raised and goods received, but invoices not yet received.

#### **Governing Document**

To comply with the Charities Act 2011, Avon and Wiltshire Mental Health Partnership Charitable Fund, in common with many NHS Charitable Funds, is registered as an NHS Charity with the Charity Commission.

The Fund was established by a declaration of trust dated 28 June 1996 following the establishment of the Bath Mental Health Care NHS Trust. The Bath Mental Health Care NHS Trust has since changed its name three times by Statutory Instrument.

Most recently, in March 2017, the Charity Commission approved the change of name to 'Headlight Mental Health Charity'.

#### **Trustee**

The Corporate Trustee is the Board of the Avon and Wiltshire Mental Health Partnership NHS Trust (see annual accounts). All funds received are in the name of the Trust as 'Corporate Trustee'. Trustee powers are separate and distinct from those powers exercised as an NHS Trust Board. The Board, as Corporate Trustee, has devolved the responsibility for the ongoing management of charitable funds to the Charitable Funds Committee. New Trustees are appointed by the Chair of the Trust, in conjunction with the Trust Board and NHS Improvement.

# **Committee Support**

The Trust Board has approved a service level agreement for Avon and Wiltshire Mental Health Partnership NHS Trust to provide support services to the Charitable Funds (CF) Committee. These include administrative services, advice and support to fund managers and accountancy services. The cost of this service in 2020-21 was calculated at £10,000 (£9,000 in 2019-20)

#### **Charitable Funds Committee**

The Committee reports directly to the Trust Board in its capacity as Corporate Trustee of the charitable fund. This Committee has Terms of Reference which state that as a minimum it must meet three times a year and all decisions must be made by at least two members of the committee, ensuring compliance with the Trust Standing Orders. The Committee has met three times during the period covered by this report.

Chair Brian Stables

Non-Executive Director Neil Auty

Executive Director of Finance Simon Truelove

# **Delegated Authority**

Spending limits for Local Delivery Units (LDUs) ensure that the funds are spent appropriately. Agreed delegated authority to spend funds are:

Expenditure under £250 Fund Manager

Expenditure between £251 and £5,000 Voting member of CF Committee

Expenditure between £5,000 and £50,000 Charitable Funds Committee

Expenditure over £50,000 Corporate Trustee

#### **Risk Evaluation**

The Trustee has considered the risks to which the Charity is exposed, and has concluded that these risks are minimal. Major risks the Charity is exposed to are reviewed, with the main review being in relation to Covid. The Trustee has the relevant skills and commitment to carry out its duties and there are no conflicts of interest. The Charity does not currently invest in any asset class other than short term investments and deposits – this is in the form of ensuring funds are held in the most appropriate bank account in terms of interest receipt. The net costs of running the funds are apportioned across the opening balances of the individual funds.

#### **Related Party Transactions**

During the year, none of the Charitable Fund Committee, Board members, members of the key management staff, or parties related to them has undertaken any material transactions with the Avon and Wiltshire Mental Health Partnership Charitable Fund. The Charitable Fund has made revenue payments of £10,000 to the Avon and Wiltshire Mental Health Partnership NHS Trust to cover support services as described under Section 5 that were all paid within the year.

#### **Audit Considerations**

Section 149 of the Charities Act 2011 requires that the accounts of all NHS charities be subject to some form of scrutiny, usually an audit. NHS charities must have an audit unless the appointed auditor agrees that an Independent Examination is appropriate. Based on the Charity Commission guidance on audit thresholds the Charity meets the criteria for an independent examination as the income is below £250k (£189k) and it has gross assets of less than £3,260k (£132k).

#### **Investment Policy**

Monies are to be deposited to obtain maximum interest. The acceptable level of risk to the Trustee on any short term investment and deposit is 'low'. No external factors (outside the Charity's control) have affected us achieving this. Other investment options are to be considered when the total value of funds held reaches £250,000. This policy is reviewed annually.

# **Reserves Policy**

Reserves are defined as the part of the Charity's income fund that is freely available to spend for general (unrestricted) purposes and that is not yet spent, committed or designated. The holding of reserves allows the Charity to continue its activities, uninhibited by variances in income from period to period. The Charity Commission recommends that the Trustee treats each restricted income fund as if it is a separate charity and consider what, if any, level of reserves they need to hold.

The Trustee believes that the majority of donations to the Charity are given on the understanding that the income will be spent in a timely and responsible manner and reserves should therefore be kept to the minimum possible. Spending would typically occur in the next accounting period after receipt of donations. However, a level of reserves is required to cover administration costs, and cover any wind-up costs including audit and governance.

The Trustee's policy is therefore to keep the charitable funds in the general fund to the minimum required (but not less than £13,500) to cover approved commitments, including management and administration costs. To avoid the risk of the Charity's reserves becoming overdrawn, it is considered prudent to hold a balance of around £25,000 in general funds. The maximum desired reserves are equal to one year's operating costs based on current financial forecasts (£60,500).

The Charitable Funds Committee receives a summary of reserves at each meeting. The Financial Accountant is responsible for the day-to-day monitoring of this policy and is expected to bring any issues to the immediate attention of the Committee.

# Reference & administrative details

# **Main Charity**

Headlight Mental Health Charity
Charity registration number 1056576

#### **Other Names**

Renamed as Headlight Mental Health Charity as of end of financial year 2016-17. Also known as:

Avon and Wiltshire Mental Health Partnership (AWP) NHS Trust Charitable Fund Previously been known as:

- 1) Avon and Western Wiltshire Mental Health Care Charitable Fund
- 2) Bath Mental Health Care Charitable Fund

#### **Corporate Trustee**

The Avon and Wiltshire Mental Health Partnership NHS Trust Charitable Fund is an NHS Charity registered with the Charity Commission and governed by a Corporate Trustee of the Charitable Fund, Avon and Wiltshire Mental Health Partnership NHS Trust. A full list is shown in the Annual Accounts.

#### **Governing Document**

Declaration of Trust dated 28 June 1996

Amended by Supplemental Deed dated 8 February 2002

# Reference & administrative details

# **Principal Address**

The registered address of the charity changed as of November 2017, to:

Avon and Wiltshire Mental Health Partnership NHS Trust

Bath NHS House

Newbridge Hill

Bath BA13QE

# **Independent Examiner**

Deloitte LLP

3 Rivergate

Temple Quay

Bristol BS1 6GD

#### **Internal Auditor**

**RSM UK LLP** 

55-61 Victoria Street

Bristol BS1 6FT

#### **Solicitors**

**DAC Beachcrofts** 

4 Portwall Place

Portwall Lane

Bristol BS99 7UD

# Annual Financial Accounts 2020-21

## Statement of Trustee Responsibilities

The Trustee is responsible for preparing the Trustee Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland.

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# **Statement of Trustee Responsibilities**

The Trustee is responsible for the maintenance and integrity of the Charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that the responsibilities set out above have been complied with, in order to meet the requirements for preparing the accounts.

# by Order of the Trustee

Signed:

Name: Charlotte Hitchings, Chair of the Trustees on behalf of the Trustees

Approved by the Trustees on 28 June 2021

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# Independent Examiners Report To the Trustees of Avon and Wiltshire Mental Health Partnership NHS Trust Charitable Fund

Our report to the Trustees on our examination of the accounts of Avon and Wiltshire Mental Health Partnership NHS Trust Charitable Fund ("the Trust") for the year ended 31 March 2021 which comprise the statement of financial activities, the balance sheet and the related notes 1 to 7.

This report is made solely to the Charity's Trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. Our work has been undertaken so that we might state to the Charity's Trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for our work, for this report, or for the opinions we have formed.

#### Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act"). You are satisfied that your Charity is not required by charity law to be audited and have chosen instead to have an independent examination.

We report in respect of our examination of your Charity's accounts as carried out under section 145 of the 2011 Act. In carrying out our examination we have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

# Independent Examiners Report To the Trustees of Avon and Wiltshire Mental Health Partnership NHS Trust Charitable Fund

#### **Independent Examiners Statement**

I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. Accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
- 2. The accounts do not accord with those records; or
- 3. The accounts do not comply with the applicable requirements concerning the form; and the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

# **Independent Examiners Report**

To the Trustees of Avon and Wiltshire Mental Health Partnership NHS Trust Charitable Fund

Signed by:

Michelle Hopton

Institute of Chartered Accountants in England and Wales

**DELOITTE LLP** 

Bristol, United Kingdom

Date: 28 June 2021

# Statement of Financial Activities for the year ended 31 March 2021

ANNUAL ACCOUNTS 2020-21 Income and endowments from	Notes	Unrestricted Funds £000	Restricted Funds £000	2020-21 Total Funds £000	Unrestricted Funds £000	Restricted Funds £000	2019-20 Total Funds £000
Donations and legacies		23	166	189	97	5	102
Total income and endowments		23	166	189	97	5	102
Expenditure on							
Charitable activities	4.0	13	159	172	109	14	123
Total expenditure		13	159	172	109	14	123
Net income / (expenditure)		10	7	17	(12)	(9)	(21)
Net movement in funds		10	7	17	(12)	(9)	(21)
Fund balances brought forward at 31 March 2020 Fund balances carried		71	44	115	83	53	136
forward at 31 March 2021		81	51	132	71	44	115

# Statement of Financial Performance as at 31 March 2021

ANNUAL ACCOUNTS 2020-21	Note	Total at 31 March 2021 £000	Total at 31 March 2020 £000
Current Assets			
Short term investments and deposits	2.5	181	105
Cash at bank and in hand Receivables: Amounts falling due	2.6	6	10
within one year		0	0
Total Current Assets	•	187	115
<b>Current Liabilities</b>			
Payables: Amounts falling due within one year			
Accruals for liabilities	5	55	0
Net Current Assets		132	115
Total Assets less Current Liabilities		132	115
Total Net Assets		132	115
Reserves of the Charity			
Income Funds:  Restricted		50	35
Unrestricted Unrestricted		50 82	35 80
or a controlled		02	00
		132	115

The notes on pages 27-35 form part of this account & the following signatory has been authorised by the Trustees

Signed on: 28 June 2021

Signed by:

Charlotte Hitchings
Chair of the Trustees, on behalf of the Trustees

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#### Notes to the Accounts

#### 1. Basis of preparation

#### 1.1 Basis of Accounting

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The financial statements have been prepared on the basis of historic cost in accordance with Charities SORP (FRS 102). There have been no significant estimates or judgements made in the financial year.

#### 1.2 Change in basis of accounting

There have been no changes in the basis of accounting in the year.

#### 1.3 Prior Period Adjustment

There are no prior period adjustments for the year ending 31 March 2021.

#### 1.4 Going Concern

The Charitable Funds Committee have a reasonable expectation that the Charitable Fund has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the accounts.

In addition to standard considerations, there has been further consideration in relation to Covid-19. Whilst the charitable sector as a whole may have concerns during this period, there appears to be an increased enthusiasm for NHS fundraising. The Charity is also aware that it is eligible to be for a significant allocation from NHS Charities Together (NHSCT) for further improvements in relation to staff and service user well-being, as well as community initiatives.

#### Notes to the Accounts

#### 1.5 Public benefit entity

The main objective for the year was to continue to add value to the service users, staff and carers of Avon and Wiltshire Mental Health Partnership National Health Service Trust. The charity have taken the Charity Commissions public benefit guidance into account when making any relevant decisions

#### 1.6 Cost allocation for support costs

The majority of costs such as the administration fee and audit fee are split between funds on a pro-rata basis, dependent on the prior year closing fund balance. There are 2 exceptions to this;

- i) NHSCT has been charged 50% of the costs due to the significant time spent on projects relating to this fund
- ii) Max McGhee has not been charged any costs due to Trust delays in being able to complete the designated project

#### 2. Accounting Policies

#### 2.1 Income

- a) All incoming resources are included in full in the Statement of Financial Activities as soon as the following three factors can be met:
- entitlement arises when a particular resource is receivable or the charity's right becomes legally enforceable;
- ii) certainty when there is probable certainty that the incoming resource will be received;

#### **Notes to the Accounts**

iii) measurement - when the monetary value of the incoming resources can be measured with sufficient reliability.

#### b) Legacies

Legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been accepted by the committee and fulfilled.

#### c) Donated Goods

In line with FRS102, the Trust has recognised the income from receipts of resources from non-exchange transactions (including donated goods and services) at the fair value of the donated goods and services received. The Trust did not employ a Fundraising manager in 2020/21 so this is no longer an expense or donation.

#### 2.2 Expenditure

The funds held on trust accounts are prepared in accordance with the accruals concept. All accruals are based on actual figures not estimated figures. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

#### a) Grants Payable

Grants payable are payments, made to third parties (including NHS bodies) in the furtherance of the funds held on Trust's charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies. Such grants are not material in nature.

#### **Notes to the Accounts**

#### b) Governance Costs

These are accounted for on an accruals basis and are costs that relate to the governance arrangements of the Charity. The accrual is applied on the basis stated in note 1.6.

#### c) Provisions

Provisions are recognised when the Charity has a present legal or constructive obligation as a result of a past event, it is probable that the Charity will be required to settle the obligation, and a reliable estimate can be made of the amount of the obligation. The amount recognised as a provision is the best estimate of the expenditure required to settle the obligation at the end of the reporting period, taking into account the risks and uncertainties.

There are no provisions included in the accounts for 2020-21 or 2019-20.

#### 2.3 Cash Flow Statement

The Charity meets the definition of a small charity as such a cash flow statement is not required as per FRS 102.

#### 2.4 Structure of Funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Other funds are classified as unrestricted funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes are classified funds.

#### **Notes to the Accounts**

#### 2.5 Short term investments and deposits

Investments are included at market value at the balance sheet date and are held in an interest bearing, three-day notice account. Realised gains and losses on investments comprise of interest earnt and is credited to the statement of financial activities in the year they arise. Interest earnt is apportioned across the opening balances of the individual funds.

#### 2.6 Cash at bank and in hand

Cash is cash in hand and deposits with any financial institution repayable without penalty on notice of not more than 24 hours.

#### 2.7 Taxation

Irrecoverable VAT is not separately analysed and is charged to the statement of financial activities when the expenditure to which it relates is incurred and is allocated as part of the expenditure to which it relates.

Tax recovered from voluntary income received under gift aid is recognised when the related income is receivable and is allocated to the income category to which the income relates.

#### **Notes to the Accounts**

#### 3 Analysis of income

	Unrestricted	Restricted	Total	Total
	Funds	Funds	2020-21	2019-20
	£000	£000	£000	£000
Donations	8	166	174	68
Fundraising	15	0	15	34
	23	166	189	102

Total interest received in 2020-21 was £52.32 and although this is recorded in the accounts it is not visible on the face of the Statement of Financial Activities due to rounding.

#### 4 Details of expenditure on charitable activities

	Unrestricted Funds	Restricted Funds	Total 2020-21 Funds	Total 2019-20 Funds
	£000	£000	£000	£000
Patients welfare and amenities	1	1	2	16
Other Expenditure	4	153	157	41
Bought in services from NHS*	7	3	10	63
Audit fee	1	2	3	3
	13	159	172	123

<sup>\*</sup>The Charity employs no staff directly because of the size of the Charity. The cost of all staff time is covered within the bought in services figure (4.0). The Trust no longer employs a Fundraising manager on behalf of the Charity.

# **Notes to the Accounts**

#### 5 Analysis of payables

	31 March	31 March
	2021	2020
Amounts falling due within one year:	£000	£000
Trade creditors	0	0
Accruals	55	0
Total creditors falling due within one year	55	0

#### 6.1 Details of restricted funds

Name of fund	Description of the nature and purpose of each fund			
General Service User Recreation	General fund for service user recreation			
Max McGhee Memorial Fund	For the provision of a sensory room in line with the family wishes			
Riverside CAMHS	For any Charitable purpose relating wholly or mainly to CAMHS			
Wiltshire LD	For any Charitable purpose relating wholly or mainly to the Wiltshire Learning Disabilities service			
NHS Charities Together	To support wellbeing of staff and service users			

		Balance 31	Incoming	Resources	Transfers	Balance 31
		March 2020	Resources	Expended		March 2021
Funds		\$000	£000	£000	£000	£000
	General Service User Recreation	1	0	0	0	1
	Max McGhee Memorial Fund	9	0	0	3	12
	Riverside CAMHS	26	0	(2)	0	24
	Wiltshire LD	8	0	0	0	8
	NHS Charities Together	0	166	(160)	0	6
Total		44	166	(162)	3	51

#### 6.2 Details of unrestricted funds

	Balance 31	Incoming	Resources	Transfers	Balance 31
	March	Resources	Expended		March 2021
	2020 £000	£000	£000	£000	£000
Funds					
Unrestricted funds	71	23	(10)	(3)	81
	71	23	(10)	(3)	81

# **Members of the NHS Trust Board**

#### 7. Related Party Transactions

During the year none of the Board members or parties related to them has undertaken any material transactions with the Avon and Wiltshire Mental Health Charitable Trust. The charitable Trust has made revenue and capital payments to the Avon and Wiltshire Mental Health Partnership NHS Trust where the members (whose names are listed below) are also members of the Trust Board. This list includes members during the year 2020-21 and up to the date of signing. The Corporate Trustee does not include non-voting members.

#### **Non Executive Directors**

C Hitchings (Chair)

N Auty

E Messer

M-N Orzel

M Outhwaite

P Olomolaiye

**B** Stables

#### **Voting Executive Directors**

D Hardisty, Chief Executive

S Constantine, Director of Medicine

J Kerry, Director of Nursing

M Page, Chief Operating Officer

S Truelove, Director of Finance

#### **Non - Voting Members**

J Feasby, Director of Human Resources

R Clark, Director of Strategy

S Knight, Company Secretary

S Budd, Associate Non-Executive Director

J Baptiste-Grant, Associate Non-Executive Director

S Whitehead, Associate Non-Executive Director (left 30/11/2020)

- 1. No members received reimbursement for expenses during the year
- 2. There is no payment made to AWP as Corporate Trustee for the Fund

# Thank you

On behalf of Headlight and all at Avon and Wiltshire Mental Health Partnership NHS Trust, we would like to say a heartfelt thank you to everyone who supports us. Every donation makes a difference to people living with mental health difficulties



www.headlightcharity.org.uk



awp.headlightinfo@nhs.net



@headlightorguk



01225 362932



Bath NHS House, Newbridge Hill, Bath BA13QE