



## Trustees' Annual Report for the period

From 01 April 2020 To 31 March 2021

Charity name: The Foundation For Palliative Care Education

Charity registration number: 1174758

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>PACED aims to improve the quality of palliative care and make it available in the countries where it is underdeveloped, with a primary focus on Eastern Europe and Central Asia.</b> <b>Our objectives are:</b> <b>(a) the provision of systematic support to professionals and enthusiasts in the field of end-of-life and palliative care; and</b> <b>(b) the facilitation of better access to quality education and methods of integration for palliative carers.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>PACED's activities reflect its five strategic objectives for 2021-2024, which are to:</b> <b>1 Support the professional development of health and care workers to develop their knowledge, attitudes and skills in providing palliative care</b> <b>2 Help raise standards of palliative care teaching in undergraduate, postgraduate and specialist settings</b> <b>3 Support targeted palliative care initiatives in focus countries</b> <b>4 Encourage and support cooperation and joint learning between countries in EECA</b> <b>5 Build PACED's organisational infrastructure and systems, and develop its visibility and reputation on national, regional and global stages.</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>The charity Trustees confirm that:</b> <ul style="list-style-type: none"><li><b>• they are aware of the guidance</b></li><li><b>• they have taken it into account when making a decision to which the guidance is relevant</b></li><li><b>• if they have decided to depart from the guidance, they have a good reason for doing so (not</b></li></ul>

		<b>applicable in year under review)</b>
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### **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Not Applicable</b>
Policy on social investment including program related investment	Para 1.38	<b>Not Applicable</b>
Contribution made by volunteers	Para 1.38	<b>Volunteer time was quantified at about 40 working days for the year. This would amount to a benefit of in excess of £5000 in total for the year.</b>
Other		<b>Not Applicable</b>

### **Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>During 2020-21 the world was focused on COVID-19 and the disruption caused by the pandemic. Healthcare organisations faced unprecedented challenges in treating patients and, at the same time, doing their utmost to protect front-line staff. Palliative care found a new role, with the sector's knowledge and experience becoming a source of advice and support to healthcare providers struggling to help patients who were dying in numbers and ways never before experienced in our lifetimes.</b></p> <p><b>For PACED, the pandemic led to unavoidable change as palliative care services and practitioners focused on clinical priorities; development work that looked to the future took a back seat. So we put PACED 'on ice' for part of this reporting year, and were grateful for the financial support provided by the British</b></p>

government to help cover our costs.

The pandemic speeded moves towards online learning, and PACED took advantage of this. We sponsored three palliative care clinicians, one from each of Azerbaijan, Armenia and Ukraine, to participate in a course of advanced webinars provided by the Oxford Centre for Education and Research in Palliative Care. Dr Narine Movsisyan, a palliative care and pain management specialist in Armenia, said:

“The course was very interesting and covered a broad range of topics. For example, there was an excellent lecture on opioid-induced constipation, focusing on issues such as withdrawal strategies, prognosis and associated breathlessness. I now use the knowledge gained in my daily practice, as well as in teaching palliative care students.”

We also ran a programme to build on the successful QELCA training on which we reported last year, when a team of eight professionals from Georgia attended a five day bespoke course at St Christopher’s Hospice in London. This second initiative was a ‘train the trainer’ programme involving five experts who are working at national level in Georgia to deliver training in the primary care faculty of a medical school. Dr Pati Dzotsenidze said:

“This was very interesting and intensive training. As a result, we are now planning to deliver more training sessions to disseminate knowledge amongst medical practitioners in Georgia. We will work with the Department for Family Medicine and its students, as well as young practitioners, and with caregivers in hospices in Tbilisi. All together, we are planning to educate ‘change agents’ among medical care professionals all over the country.”

An online meeting was convened by PACED in September to share experiences of how palliative care services were responding to COVID-19. Ten participants joined from Azerbaijan, Belarus, Kazakhstan, Kyrgyzstan, Moldova, Russia, Ukraine and

Uzbekistan. In some countries services were collapsing, with doctors being infected in large numbers and people dying without care. However, there was also a picture of resilience, adaptation and determination to provide the best possible help. One participant quoted the rule to “never miss the chance that a good crisis provides”, and described how she was lobbying government to highlight that COVID-19 demonstrated the need to integrate palliative care into healthcare policies.

As we moved towards the end of the year there were also changes in PACED’s management. Yulia Yudina, who did so much to build PACED into a respected international organisation, moved onto pastures new. We started a search for a new Chief Executive and recruited Mike Mandelbaum, who has managed palliative care services in the UK and also worked for international development charities. Mike joined us for the last two months of this 2020-21 year.

During the last months of the reporting year (and into the early months of 2021-22) PACED developed a new three year strategic plan with objectives to:

- Support the professional development of health and care workers to develop their attitudes, knowledge and skills in providing palliative care
- Help raise standards of palliative care teaching in undergraduate, postgraduate and specialist settings
- Support targeted palliative care initiatives in focus countries
- Encourage and support cooperation and joint learning between countries in Eastern Europe and Central Asia (EECA)
- Build PACED’s organisational infrastructure and systems, and develop its visibility and reputation on national, regional and global stages.

An Education Advisory Committee was formed, chaired by Dr Fiona Rawlinson, Programme Director for the Palliative Medicine for Healthcare Professionals MSc and short courses at Cardiff University. The Committee includes experienced and respected palliative care professionals from EECA, the UK and USA. Finally, we began work on a new [www.paced.org.uk](http://www.paced.org.uk) website which went live later in the year.

		<p>We believe the foundations of PACED are now well established and we look forward to reporting in future years about a growing programme of work, through which PACED aims to become a key contributor to the advance of palliative care in Eastern Europe and Central Asia.</p> <p>Up to date information about PACED's work can be found on its website <a href="http://www.paced.org.uk">www.paced.org.uk</a></p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>Not Applicable</b>
Performance of fundraising activities against objectives set	Para 1.41	<b>Not Applicable</b>
Investment performance against objectives	Para 1.41	<b>Not Applicable</b>
Other		<b>Not Applicable</b>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p><b>Income for the year ended 31 March 2021 totalled £68 988 which represented a small decrease over the previous year of £8k.</b></p> <p><b>Most of the expenditure for the financial year was on programme activities and staff costs for 1 member of staff.</b></p> <p><b>All donations received for the year were unrestricted and have been classified as such. The net surplus for the year amounted to £30 909 which brought the total unrestricted funds held to £56 821 as at 31 March 2021.</b></p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>Reserves are only held in so far as funds not spent during the year are carried forward to the next financial year to be used towards the goals of the organisation and its programmes.</b>
Amount of reserves held	Para 1.22	<b>The funds carried forward of £56 821 are placed in reserves and will be used as needed per the previous paragraph.</b>
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>As with most charities, we are dependant on donations and would not be able to continue operations should donations not be received. We do not think this will happen in the near future.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>All income was received via donations.</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		n/a

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## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution of the Foundation for Palliative Care Education (PACED) dated 15 February 2017.</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>PACED is constituted as a Charitable Incorporated Organisation (CIO)</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p><b>According to PACED Constitution the method is as follows:</b></p> <p><b>“Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.</b></p> <p><b>In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO”.</b></p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<b>No comment</b>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<b>No comment</b>
Relationship with any related parties	Para 1.51	<b>No comment</b>
Other		<b>No comment</b>

### Reference and Administrative details

Charity name	<b>The Foundation for Palliative Care Education</b>
Other name the charity uses	<b>PACED</b>
Registered charity number	<b>1174758</b>

Charity's principal address	<b>93 Cadogan Gardens, London SW3 2RE</b>

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<b>Dr Robert Twycross</b>		<b>Whole year</b>	
2	<b>Mr Dmitry Yampolskiy</b>		<b>Whole year</b>	
3	<b>Ms Anna Federmesser</b>		<b>Whole year</b>	
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**Corporate trustees – names of the directors at the date the report was approved**

Director name		
<b>n/a</b>		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	
<b>n/a</b>		

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	<b>Not applicable</b>
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	<b>Not applicable</b>
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	<b>Not applicable</b>

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

Mike Mandelbaum, Chief Executive

### Exemptions from disclosure

Reason for non-disclosure of key personnel details

**Not applicable**

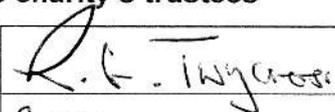
### Other optional information

nil

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ROBERT GEOFFREY TYNCROSS	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	19/11/2021	

## The Foundation for Palliative Care Education - Profit & Loss 01 April 2020 - 31 March 2021

01 April '20 to 31 Mar '21    01 Apr '19 - 31 March '20    01 Apr '18 - 31 March '19

### Ordinary Income/Expense

#### Income

##### Fundraising Income

Donations Received - Restricted Income	£	-	£	-	£	-
Donations Received - Unrestricted Income	£	68,988	£	77,771	£	18,486
<b>Total Donations</b>	<b>£</b>	<b>68,988</b>	<b>£</b>	<b>77,771</b>	<b>£</b>	<b>18,486</b>
<b>Total Fundraising Income</b>	<b>£</b>	<b>68,988</b>	<b>£</b>	<b>77,771</b>	<b>£</b>	<b>18,486</b>
<b>Total Income - Unrestricted</b>	<b>£</b>	<b>68,988</b>	<b>£</b>	<b>77,771</b>	<b>£</b>	<b>18,486</b>

#### Expense

##### Staff Costs

##### Employees salaries including NI cont

##### Salary Costs

##### Less HMRC JRS grant

##### Pension costs incl pension admin fees

##### Total Staff costs

	£	23,085	£	37,628	£	-
	£	35,745	£	-	£	-
	-£	12,660	£	-	£	-
	£	2,796	£	3,003	£	-
<b>Total Staff costs</b>	<b>£</b>	<b>25,881</b>	<b>£</b>	<b>40,631</b>	<b>£</b>	<b>-</b>

##### Activity Costs

##### Conference Expenses

##### Programme Costs

##### Travel and Subsistence

##### Total Activity costs

Conference Expenses	£	-	£	4,878	£	-
Programme Costs	£	11,165	£	22,202	£	-
Travel and Subsistence	£	-	£	1,426	£	-
<b>Total Activity costs</b>	<b>£</b>	<b>11,165</b>	<b>£</b>	<b>28,506</b>	<b>£</b>	<b>-</b>

##### Administration Costs

##### Accounting and Examiners Fees

##### Bank Charges

##### Computer and Internet

##### Postage

##### Printing and Stationery

##### Total Administration costs

##### Total Expense

Accounting and Examiners Fees	£	577	£	500	£	-
Bank Charges	£	-	£	55	£	-
Computer and Internet	£	457	£	427	£	-
Postage	£	-	£	67	£	-
Printing and Stationery	£	-	£	158	£	-
<b>Total Administration costs</b>	<b>£</b>	<b>1,034</b>	<b>£</b>	<b>1,207</b>	<b>£</b>	<b>-</b>
<b>Total Expense</b>	<b>£</b>	<b>38,079</b>	<b>£</b>	<b>70,345</b>	<b>£</b>	<b>-</b>

### Net Income for the period

	£	30,909	£	7,426	£	18,486
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## The Foundation for Palliative Care Education - Balance Sheet as at 31 March 2021

	31 Mar 21	31 Mar 20	31 Mar 19
<b>ASSETS</b>			
<b>Current Assets</b>			
Cash at bank and in hand			
Barclays GBP Current	58,847	27,633	18,486
<b>Total Cash at bank and in hand</b>	58,847	27,633	18,486
<b>Total Current Assets</b>	58,847	27,633	18,486
<b>Current Liabilities</b>			
<b>Other Current Liabilities</b>			
Accrued Expenses	500	500	0
Payroll Costs (NI and Pension)	1,526	1,220	0
<b>Total Other Current Liabilities</b>	2,026	1,720	0
<b>Total Current Liabilities</b>	2,026	1,720	0
<b>NET CURRENT ASSETS</b>	56,821	25,912	18,486
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	56,821	25,912	18,486
<b>NET ASSETS</b>	56,821	25,912	18,486
<b>Capital and Reserves</b>			
Brought Forward Funds	25,912	18,486	0
Surplus for the Year	30,909	7,426	18,486
<b>Total Funds</b>	56,821	25,912	18,486

Note 1

**NOTE 1**

INCOME		<b>Without Restrictions</b>	<b>With Restrictions</b>		<b>Total</b>	
Opening Balance	£	25,912	£	-	£	25,912
Grants Received during period	£	68,988	£	-	£	68,988
<b>Total</b>	<b>£</b>	<b>94,900</b>	<b>£</b>	<b>-</b>	<b>£</b>	<b>94,900</b>
EXPENSES						
Salaries incl NI costs	£	23,084	£	-	£	23,084
Pensions	£	2,796	£	-	£	2,796
Programme costs	£	11,165	£	-	£	11,165
Administration costs	£	1,034	£	-	£	1,034
<b>Total</b>	<b>£</b>	<b>38,079</b>	<b>£</b>	<b>-</b>	<b>£</b>	<b>38,079</b>
<b>Funds Balance</b>	<b>£</b>	<b>56,821</b>	<b>£</b>	<b>-</b>	<b>£</b>	<b>56,821</b>



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
The Foundation For Palliative Care Education

**On accounts for the year  
ended**

31 March 2021	<b>Charity no (if any)</b>	1174758
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**Set out on pages**

1 and 2  
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2021.

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:** 25/08/2021

**Name:**

Samuel Gormley

**Relevant professional  
qualification(s) or body  
(if any):**

Chartered Institute of Secretaries and Administrators (SA)

**Address:**

46 Woodstock Road  
Oxford

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

n/a