**Charity Registration Number: 1128910** 

Company Registration Number: 06746629

# **CARERS TOGETHER FOUNDATION**(A Company Limited by Guarantee)

## REPORTS AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

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# REPORTS AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

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## DIRECTORS'/TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

The directors/trustees have pleasure in presenting their report and the unaudited financial statements of the charitable company ('the charity') for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland', published in October 2019.

LEGAL AND ADMINISTRATIVE INFOR	MATION
Registered Charity Name:	Carers Together Foundation
<b>Charity Registration Number:</b>	1128910
<b>Company Registration Number:</b>	06746629
<b>Governing Document:</b>	Memorandum and Articles of Association
Registered Office:	Innovation Centre Vienna Court Kirkleatham Business Park Redcar TS10 5SH
Directors/Trustees:	Ms. C. Cousins (Resigned 27.5.21) Mr. W. Mogg Mrs. S. Richardson (Resigned 30.9.21) Dr. R. Parkin Mrs. S. Sheperia (Resigned 27.5.21) Ms. J. Jarvis (Died 28.5.20) Mrs. D. Masterman Mrs. S. Renvoize Mrs. V. Ononeze
Company Secretary:	Mr. L. O'Brien
<b>Chief Executive:</b>	Mr. L. O'Brien
Independent Examiner:	Mr. J. Lester FCA Baines Jewitt Limited Chartered Accountants Barrington House 41-45 Yarm Lane Stockton-on-Tees TS18 3EA
Bankers:	HSBC Bank plc 2 West Dyke Road Redcar TS10 1EA
Solicitors:	Bond Dickinson Camden House Prince's Wharf Teesdale Stockton-on-Tees TS17 6QY

### DIRECTORS'/TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

### **OBJECTIVES AND ACTIVITIES**

Carers Together's vision is 'A better future for carers' and we work to achieve this by informing, supporting and representing carers living in Redcar and Cleveland, Middlesbrough and the surrounding area. We have a Board of five trustees, who are also directors (one of whom is a carer) and a team of paid staff and volunteers.

#### Our aims are:

- to provide information and support to carers so that they are able to make informed choices about their lives;
- to promote the health and wellbeing of carers;
- to represent the views of carers and to positively influence policies and services, so that individuals and agencies understand, value and recognise carers and their caring roles.

The objects of the charity over the year were to promote any charitable purpose for the benefit of the elderly, sick or people with a disability living or located within the borough of Redcar and Cleveland or such other area as the trustees may from time to time decide, and in particular the relief of need and hardship, by providing support, advice and information to those responsible for their care, to improve the quality of their lives.

The trustees have complied with their duty to have due regard to public benefit in exercising their powers and in ensuring the delivery of Carers Together's services.

#### ACHIEVEMENTS AND PERFORMANCE

In 2020-2021, Carers Together has continued to increase the range and quality of the information and support services we provide for carers, as well as the number of opportunities for carers to influence the delivery and development of services that affect them and the people they care for.

During the COVID-19 pandemic we have reviewed and adapted our information and support services so that we could continue to offer support during COVID-19 restrictions.

Carers who have been supported by our services have reported an improvement in their health and wellbeing, their finances, their relationships and social networks and they feel more informed and supported, as well as recognised and valued.

Over the past 12 months we have:

- Moved to 2 new more appropriate office spaces in order to improve the accessibility for all stakeholders.
- Developed and updated our Business Continuity Plans to mitigate the effects of significant disruption to service delivery or financial stability.
- Developed a range of new online activities for carers in response to COVID-19 restrictions.
- Significantly increased the capacity of the counselling service to support carers who were affected by the COVID-19 pandemic.
- Signed up to the 'Employers for Carers' Benchmarking Scheme to audit and improve our working carers' practises within the
  organisation.
- Provided information and practical, emotional and social support to 3206 carers, individually and in groups.
- Identified 760 new carers who are now registered with our organisation.
- Completed 323 Carers Assessments and Support Plans with carers across the South Tees area.
- Provided a Counselling service for 129 carers.
- Recruited, trained and supported 2 new volunteers through our Volunteering and Engagement project;
- Facilitated 159 carers group sessions, an average of 13 per month, and 13 Dementia Activities in localities across South Tees. The total number of sessions excluding one off trips and events over the year is 172
- Delivered a Carers Information and Support Service in hospitals with funding from South Tees Clinical Commissioning Group, Redcar & Cleveland Council and Middlesbrough Council.
- Developed our work with Parent Carers and local Parent Carer Forums.
- Developed work with GP practices to identify and support carers across the South Tees.
- Worked with other organisations in the Carers Strategic Partnership to identify and support 'hidden' carers in Redcar & Cleveland and Middlesbrough.

### DIRECTORS'/TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

- Supported 'Friends of Carers Together', a group of carers and former carers, who have talked about carers and their needs at events and workshops and in training sessions for professionals.
- Delivered carer awareness information and training sessions for carers, the public and health and social care professionals.

#### FINANCIAL REVIEW

The results for the year and financial position at the year end are shown in the annexed financial statements.

### **Reserves Policy**

The trustees aim to expend all funds on their charitable objects but recognise the need to maintain a certain level of reserves as a cushion against possible future funding difficulties. Unrestricted cash reserves at a level of four months' expenditure across the unrestricted fund is considered sufficient to allow the charity to continue its operations whilst alternative funding sources are sought. This minimum level of unrestricted reserves was comfortably met at both 31 March 2020 and 31 March 2021.

### PLANS FOR FUTURE PERIODS

Carers Together is committed to meeting its objects as defined in the Memorandum and Articles of Association.

During the coming year we will focus our activities on:

- Maintaining and expanding our range of good quality information and support services for carers across the South Tees area.
- Identifying 'hidden' carers by raising awareness of carers' needs and of our services, with carers, professionals, employers and the public.
- Working in partnership with other organisations to improve outcomes for carers, at strategic and operational levels.
- Providing a range of carer engagement activities.
- Offering a variety of volunteering opportunities, with appropriate training and support.
- Developing the skills and expertise of Carers Together's staff and volunteers.
- Building capacity, knowledge and skills within the Board of Trustees.
- Maximising the use of our resources.
- Maintaining a culture and process of continuous improvement.
- Ensuring the future sustainability of our organisation.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

### **Governing Document**

Carers Together Foundation is a company limited by guarantee incorporated on 11 November 2008, and a registered charity, governed by its constitution, which was adopted on 29 October 2002 and amended on 29 January 2003, 2 March 2009 and 26 March 2013.

In the event of the company being wound up, members are required to contribute an amount not exceeding £10.

## **Appointment of Trustees**

Under the terms of the Memorandum and Articles of Association, one-third of the trustees are required to stand down each year, according to their length of service on the Board. New trustees are appointed by the Board.

### **Trustee Induction and Training**

All trustees complete a programme of induction into the organisation, delivered by the Chair and the Chief Executive. This includes information about their roles and responsibilities and the organisation's policies and procedures. Trustees complete individual self-assessments and annual appraisals, which identify any training needs, and there is an annual bespoke training session for all trustees. Inhouse training is also provided at the end of Board meetings.

### **Related Parties**

Other than as disclosed in notes 7 and 19 to the financial statements, there were no reportable related party transactions during the year under review.

### DIRECTORS'/TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

### Pay Policy for Senior Staff

The board of directors are also the charity's trustees and, along with the Chief Executive, are the key management personnel responsible for directing and operating the charity on a day-to-day basis. All directors give their time and expertise freely and no director received remuneration in the year.

The pay of the senior staff is reviewed annually and is normally increased in accordance with pay settlements agreed nationally by the Joint Negotiating Committee, which endorses professional qualifications for Youth and Community workers and negotiates their employment conditions. The trustees also benchmark against pay levels in other voluntary sector organisations of a similar size operating in the North East region.

### Risk Management

The trustees have conducted a review of the major risks to which the charity is exposed. External risks to funding can only be reduced by allowing for diversification of funding and activities. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

### STATEMENT OF DIRECTORS'/TRUSTEES' RESPONSIBILITIES

The trustees (who are also directors of Carers Together Foundation for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

### **Approval**

This report was approved by the directors/trustees on 25 November 2021 and signed on their behalf by:

Mrs. D. Masterman Director/Chair of Trustees

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CARERS TOGETHER FOUNDATION

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2021 which are set out on pages 6 to 18.

### Responsibilities and Basis of Report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent Examiner's Statement**

Since the company's gross income exceeded £250,000, your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J. Lester

J. Lester FCA
Baines Jewitt Limited
Chartered Accountants
Barrington House
41-45 Yarm Lane
Stockton-on-Tees
TS18 3EA

Dated: 25 November 2021

JL/AJD

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021 (including Summary Income and Expenditure Account)

		Unrestricted Funds		Restri	cted Funds	Total Funds		
	Notes	2021	2020	2021	2020	2021	2020	
		£	£	£	£	£	£	
INCOME								
Donations and legacies	<b>4</b> (a)	3,601	3,172	-	-	3,601	3,172	
Income from charitable activities	<b>4(b)</b>	15,500	-	658,009	644,964	673,509	644,964	
Investment income	<b>4(c)</b>	3	12	-	-	3	12	
Other income		841	1,565			841	1,565	
TOTAL INCOME		19,945 =====	4,749 =====	658,009 =====	644,964	677,954 =====	649,713	
EXPENDITURE								
Charitable Activities	5	14,052	12,668	568,772	594,563	582,824	607,231	
TOTAL EXPENDITURE		14,052	12,668	568,772	594,563	582,824	607,231	
Net income/(expenditure)	8	5,893	(7,919)	89,237	50,401	95,130	42,482	
Transfers between Funds	13	10,973	11,401	(10,973)	(11,401)	-	-	
<b>Net Movement in Funds</b>		16,866	3,482	78,264	39,000	95,130	42,482	
<b>Reconciliation of funds:</b> Total funds brought forward	13	165,654	162,172	97,715	58,715	263,369	220,887	
<b>Total Funds Carried Forward</b>	13&14	182,520 ======	165,654	175,979 ======	97,715	358,499 ======	263,369	

The Statement of Financial Activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

## CARERS TOGETHER FOUNDATION

# Company Registration Number: 06746629 (A Company Limited by Guarantee)

## BALANCE SHEET AS AT 31 MARCH 2021

	Notes		2021		2020
		£	£	£	£
FIXED ASSETS			0.224		17 (20
Tangible assets	9		9,334		17,639
CURRENT ASSETS					
Debtors	10	24,488		48,718	
Cash at bank and in hand		354,530		219,479	
				<del></del>	
		379,018		268,197	
CREDITORS: Amounts falling due		0.5,020		200,197	
within one year	11	(29,853)		(22,467)	
NET CURRENT ASSETS			349,165		245,730
NET CURRENT ASSETS			349,103		243,730
NIET ACCETO			259 400		262.260
NET ASSETS			358,499 ======		263,369
REPRESENTED BY:					
FUNDS					
Unrestricted	13&14		182,520		165,654
Restricted	13&14		175,979		97,715
1105011000	10011				
TOTAL FUNDS			358,499		263,369
TO THE PURPO			=======		=======

The directors/trustees are satisfied that the charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The directors/trustees acknowledge their responsibilities for:

- (i) ensuring that the charitable company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as are applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

These financial statements were approved by the directors/trustees on 25 November 2021 and signed on their behalf by:

Mrs. D. Masterman Director/Chair of Trustees Mr. W. Mogg Director/Trustee

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 €	2020 £
Cash inflow/(outflow) from operating activities	20	138,935	18,937
Cash flow from investing activities: Interest receivable Purchase of tangible fixed assets		3 (3,887)	12 (978)
Net cash inflow/(outflow) from investing activities		(3,884)	(966)
Increase/(decrease) in cash and cash equivalents in year		135,051	17,971
Cash and cash equivalents at the beginning of the year		219,479	201,508
Total cash and cash equivalents at the end of the year		354,530 ======	219,479
Cash and cash equivalents consist of:			
Cash at bank and in hand		354,530	219,479

### NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

### 1. CHARITY INFORMATION

The charity (registered number 1128910) is a public benefit entity incorporated in the UK on 11 November 2008 as a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operation and principal activities is the provision of information and support to carers.

### 2. BASIS OF PREPARATION OF THE FINANCIAL STATEMENTS

### **Basis of Preparation and Assessment of Going Concern**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland', issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act, the Companies Act and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in pounds sterling, which is the functional currency of the charity, and rounded to the nearest pound.

### 3. ACCOUNTING POLICIES

### (a) Income Recognition

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income, after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

### **Grants and donations**

- Where donors specify that grants and donations given to the charity must be used in future accounting periods, the income
  is deferred until those periods.
- Where donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

### Contract performance income

This income is recognised when the performance conditions have been fully met or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

### Investment income

Investment income is included when receivable by the charity.

### **Donated services and facilities**

Donated services and facilities are recognised in income at their fair value when the economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity (for example, the amount that the charity would be willing to pay in the open market for such facilities and services). A corresponding amount is included in expenditure. No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).

### NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

### 3. ACCOUNTING POLICIES (Continued)

#### (b) Resources Expended

Resources expended are accounted for on an accruals basis, inclusive of attributable VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been apportioned to the costs of those activities on a basis consistent with the use of resources.

### (c) Termination Payments

Termination benefits are payable when employment is terminated before the normal retirement date, or whenever an employee accepts voluntary redundancy in exchange for these benefits. The charity recognises termination benefits when it is demonstrably committed to either (i) terminating the employment of current employees according to a detailed formal plan without possibility of withdrawal, or (ii) providing termination benefits as a result of an offer made to encourage voluntary redundancy.

### (d) Tangible Fixed Assets

Tangible fixed assets are included at cost less depreciation.

### (e) **Depreciation**

Tangible fixed assets are depreciated over their estimated useful lives as follows:

Leasehold property - straight line over the term of the lease with effect from 1 April 2011. Prior to 31 March

2011, depreciation was provided at a rate of 20% straight line.

Fixtures, fittings and equipment - 20% per annum straight line

### (f) Fund Accounting

Funds held by the charity are either:

- *unrestricted funds* these are funds which can be used in accordance with the objects of the charity at the discretion of the trustees. They may include designated funds which have been set aside by the trustees for particular purposes.
- restricted funds these are funds which can only be used for particular restricted purposes within the objects of the charity; whether it be for the purchase or construction of a fixed asset or in respect of a specific project. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Once the restrictions imposed by the provider of the grant/the donor have been observed, the fund is then transferred to unrestricted funds but designated where relating to a specific ongoing purpose.

### (g) Pension Costs

Contributions, which are payable into a defined contribution occupational pension scheme, are charged to the Statement of Financial Activities in the period to which they relate.

### (h) Operating Leases

Rentals applicable to operating leases, where substantially all of the benefits and risks of ownership remain with the lessor, are charged against revenue on a straight line basis over the period of the lease.

### (i) Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value. Any losses arising from impairment are recognised in expenditure.

# NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

4(a) INCOME FROM DONATIONS AND LEGACIES						
	<b>Unrestricted Funds</b>		Unrestricted Funds Restricted Funds		Total Funds	
	2021	2020	2021	2020	2021	2020
	£	£	£	£	£	£
Donations	3,601	3,172	-	-	3,601	3,172
	======	======	======	======	======	======

The charity benefits greatly from the involvement and enthusiastic support of its many volunteers. In accordance with accounting standards, the economic contribution of general volunteers is not measured in the accounts.

standards, the economic contribution of general voluntee	As is not measur	icu iii uic a	ccounts.			
4(b) INCOME FROM CHARITABLE ACTIVITIES	Unrestricte			Restricted Funds		al Funds
	2021	2020	2021	2020	2021	2020
Grant and Contract Performance Income:	£	£	£	£	£	£
Redcar & Cleveland Borough Council:						
Carers Information & Support Service	_	_	210,333	205,333	210,333	205,333
Carers Information & Support Service (Hospitals)	_	_	100,000	100,000	100,000	100,000
COVID Discretionary Funding	5,500	_	,	-	5,500	-
COVID Health & Wellbeing Fund	-	-	22,000	-	22,000	-
Middlesbrough Borough Council:						
Benefits Advice for Carers	_	_	_	18,326	-	18,326
Carers Outreach Assessment and Support Service	_	_	173,000	173,000	173,000	173,000
COVID Discretionary Funding	10,000	_	-	_	10,000	_
Financial Inclusion Group	-	-	10,000	5,000	10,000	5,000
Addaction	-	-	-	49,620	-	49,620
National Lottery Community Fund	-	-	68,176	65,997	68,176	65,997
National Lottery Community Fund COVID Uplift Grant	_	_	28,000	_	28,000	_
Community Connect	_	_	· -	20,688	_	20,688
County Durham Community Foundation:				,		,
COVID Response Fund	_	_	10,000	_	10,000	_
Winter Resilience Grant	_	_	15,000	_	15,000	_
	<del>-</del>	_	13,000	_	13,000	_
NHS England: Mind The Gap			10,000	_	10,000	
Safeguarding Funding	-	-	1,000	-	1,000	-
	-	-	•		ŕ	7,000
Redcar & Cleveland Parent Carer Forum	-	-	7,000	7,000	7,000	7,000
Sport England - Your Active Living Fund			3,500		3,500	
<b>Total per Statement of Financial Activities</b>	15,500 =====	-	658,009	644,964	673,509	644,964
4(c) INVESTMENT INCOME	TI	. J T J.	D	tod Tourds	TF - 4	ıl E da
	Unrestricte			ted Funds		al Funds
	2021	2020	2021	2020	2021	2020
Don't interest receivable	£	£ 12	£	£	£	£ 12
Bank interest receivable	3	12	=====	====	3	12

# NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

## 5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds		Restri	cted Funds	Total Funds		
	2021	2020	2021	2020	2021	2020	
	£	£	£	£	£	£	
Breaks for carers - grants	-	-	3,719	-	3,719	-	
Carers activities and counselling	-	-	28,889	18,084	28,889	18,084	
Salaries and national insurance	-	-	342,798	392,801	342,798	392,801	
Pension costs	-	-	10,052	10,328	10,052	10,328	
Recruitment expenses	-	-	3,880	434	3,880	434	
Rent, rates and water	-	-	35,815	26,923	35,815	26,923	
Insurance	-	-	3,421	4,608	3,421	4,608	
Heat and light	-	-	835	2,152	835	2,152	
Training	-	-	3,548	2,731	3,548	2,731	
Room hire and catering	-	-	801	5,417	801	5,417	
Travel	-	-	827	7,955	827	7,955	
Printing and postage	-	-	7,534	6,319	7,534	6,319	
Telephone	-	-	7,350	12,345	7,350	12,345	
Stationery	-	-	2,332	3,059	2,332	3,059	
Miscellaneous	-	-	279	304	279	304	
Depreciation	9,742	11,401	-	-	9,742	11,401	
Loss on disposal of fixed assets	1,230	-	-	-	1,230	-	
Support costs - see note 6	1,220	1,267	110,367	97,623	111,587	98,890	
Governance costs - see note 6	1,860		6,325	3,480	8,185	3,480	
	14,052	12,668	568,772	594,563	582,824	607,231	

## 6. ANALYSIS OF SUPPORT AND GOVERNANCE COSTS

	Basis of	Support Costs		Governa	nce Costs	Tota	l Costs
	Apportionment	2021	2020	2021	2020	2021	2020
		£	£	£	£	£	£
Salaries and national insurance	Staff role	63,329	60,772	-	-	63,329	60,772
Pension costs	Staff role	1,743	1,344	-	_	1,743	1,344
Recruitment expenses	Staff role	· -	717	-	-	-	717
Rent, rates and water	Staff time	3,980	2,991	-	_	3,980	2,991
Insurance	Staff time	380	512	-	_	380	512
Heat and light	Staff time	93	239	-	_	93	239
Training	Direct	-	-	-	_	-	-
Printing and postage	Staff time	837	702	-	_	837	702
Telephone	Staff time	817	1,372	-	_	817	1,372
Stationery	Staff time	259	340	-	_	259	340
Equipment maintenance and	Direct	14,006	10,618	-	-	14,006	10,618
promotional							
Legal and professional	Direct	18,270	13,000	-	-	18,270	13,000
Repairs, Health & Safety	Direct	6,653	5,016	-	-	6,653	5,016
Depreciation	Staff time	1,083	1,267	-	-	1,083	1,267
Loss on disposal of fixed assets	Staff time	137	-	-	-	137	-
Accountancy	Governance	-	-	5,160	2,880	5,160	2,880
Trustee training	Governance	-	-	660	-	660	-
Peer mentoring	Governance	-	-	2,365	600	2,365	600
		111,587	98,890	8,185	3,480	119,772	102,370

2020

2021

# **CARERS TOGETHER FOUNDATION** (A Company Limited by Guarantee)

## NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

### 7. STAFF COSTS AND REMUNERATION OF KEY MANAGEMENT PERSONNEL

	2021	2020
	£	£
Salaries and wages	386,505	433,400
Social security costs	19,622	20,173
Pension costs	11,795	11,672
	417,922	465,245

The total employment benefits, including employer pension contributions, of key management personnel were £58,336 (2020: £54,311).

No employee had employee benefits of £60,000 per annum or more (2020: none).

No remuneration was paid to trustees in the year. No trustees were reimbursed travel expenses in the year (2020: two trustees reimbursed £329.50). No other expenses were reimbursed to trustees in the year.

The charity has indemnity insurance on behalf of the trustees. The cost of the premium included in these financial statements is £220.37 (2020: £220.37).

The average and full-time equivalent (FTE) number of employees during the year was as follows:

	2021	2021	2020	2020
	No.	FTE	No.	FTE
Direct charitable work	13	9	15	11
Administrative	10	7	10	7
	23	16	25	18

### 8. NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after aboraing

This is stated after charging:	2021	2020
	£	£
Loss on disposal of fixed assets	1,367	-
Depreciation of tangible fixed assets	10,825	12,668
Independent Examiner's fees:		
Accountancy services	3,510	1,650
Independent examination	990	990
Under-provision re previous year	660	240

# NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

9.	TANGIBLE FIXED ASSETS	Leasehold Property	Fixtures, Fittings & Equipment £	Total £
	COST			
	At 1 April 2020	33,430	82,295	115,725
	Additions Disposals	(33,430)	3,887 (45,331)	3,887 (78,761)
	Disposais	(33,430)	( <del>4</del> 5,551)	(70,701)
	At 31 March 2021	- 	40,851	40,851
	DEPRECIATION			
	At 1 April 2020	33,430	64,656	98,086
	Charge for the year	, <u>-</u>	10,825	10,825
	Disposals	(33,430)	(43,964)	(77,394)
	At 31 March 2021	-	31,517	31,517
	NET DOOK VALUE			
	NET BOOK VALUE At 31 March 2020	_	17,639	17,639
	Att 31 March 2020	======	======	======
	At 31 March 2021		9,334	9,334
10.	DEBTORS			
	Due within one year:		2021 £	2020 £
	Contract/grant income receivable		16,533	46,588
	Prepayments and accrued income		7,955	2,130
			24,488	48,718
			=====	=====
11.	CREDITORS: Amounts falling due within one year			
			2021	2020
	Trade creditors		£ 12,910	£ 9,166
	Social security and other taxes		6,493	6,775
	Accruals and deferred income		7,390	2,893
	Funds under management		3,060	3,633
			29,853	22,467
12.	OPERATING LEASE COMMITMENTS			
	The following operating lease payments are committed to be paid within one year:		2021	2020
	On land and buildings leases expiring:		2021 £	2020 £
	Within one year		3,426	21,630
	Within two to five years		23,703	18,594
				======

# NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

	A = =4				A 4
2021	As at 1 April				As at 31 March
2021	2020	Income	Expenditure	Transfers	2021
Unrestricted Funds:	£	£	£	£	£
General	165,654	19,945	14,052	10,973	182,520
Restricted Funds:					
Redcar & Cleveland Borough Council:					
Carers Information & Support	40,097	210,333	183,116	(5,487)	61,827
Carers Information & Support (Hospitals)	8,840	100,000	89,655	-	19,185
COVID Health & Wellbeing Fund	-	22,000	3,719	-	18,281
Middlesbrough Borough Council:					
Benefits Advice for Carers	5,310	-	5,310	-	-
Carers Outreach Assessment & Support	38,491	173,000	139,513	(5,486)	66,492
Financial Inclusion Group		10,000	4,156	-	5,844
ddaction	4,977	-	4,977	-	
tional Lottery Community Fund	-	68,176	68,176	-	•
ational Lottery Community Fund COVID Uplift Grant	-	28,000	28,000	-	-
ounty Durham Community Foundation:					
COVID Response Fund	-	10,000	10,000	-	-
Winter Resilience Grant	-	15,000	15,000	-	-
NHS England:					
Mind The Gap	-	10,000	10,000	-	-
Safeguarding Funding	-	1,000	1,000	-	950
edcar & Cleveland Parent Carer Forum	-	7,000	6,150	-	850 2.500
port England - Your Active Living Fund		3,500			3,500
	97,715 ======	658,009	568,772	(10,973) ======	175,979
)20	As at 1 April 2019	Income	Expenditure	Transfers	As at 31 March 2020
	1 April	Income £	Expenditure £	Transfers £	31 March
Unrestricted Funds:	1 April 2019				31 March 2020
Unrestricted Funds: General Restricted Funds:	1 April 2019 £ 162,172	<b>£</b> 4,749	£ 12,668	£ 11,401	31 March 2020 £ 165,654
Unrestricted Funds: General Restricted Funds: Redcar & Cleveland Borough Council:	1 April 2019 £ 162,172	<b>£</b> 4,749	£ 12,668	£ 11,401 	31 March 2020 £ 165,654
Unrestricted Funds: General Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support	1 April 2019 £ 162,172 	£ 4,749	£ 12,668	£ 11,401	31 March 2020 £ 165,654 
Unrestricted Funds: General Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals)	1 April 2019 £ 162,172  886 1,439	<b>£</b> 4,749	£ 12,668 160,422 92,599	£ 11,401 	31 March 2020 £ 165,654 
Unrestricted Funds: General  Restricted Funds: Ledcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service	1 April 2019 £ 162,172  886 1,439 397	£ 4,749	160,422 92,599 397	£ 11,401 	31 March 2020 £ 165,654
Unrestricted Funds: General Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service	1 April 2019 £ 162,172  886 1,439	£ 4,749	£ 12,668 160,422 92,599	£ 11,401 	31 March 2020 £ 165,654 
Unrestricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council:	1 April 2019 £ 162,172  886 1,439 397 4,873	205,333 100,000	160,422 92,599 397 4,873	£ 11,401 	31 March 2020 £ 165,654 
Unrestricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers	1 April 2019 £ 162,172 886 1,439 397 4,873	205,333 100,000	160,422 92,599 397 4,873	£ 11,401	31 March 2020 £ 165,654 
Actricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support	1 April 2019 £ 162,172 886 1,439 397 4,873 388 1,432	205,333 100,000	160,422 92,599 397 4,873 13,404 130,240	£ 11,401 	31 March 2020 £ 165,654 
Inrestricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals)	1 April 2019 £ 162,172 886 1,439 397 4,873	205,333 100,000 - 18,326 173,000	160,422 92,599 397 4,873 13,404 130,240 465	£ 11,401	31 March 2020 £ 165,654 
Unrestricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group	1 April 2019 £ 162,172	205,333 100,000 - 18,326 173,000 - 5,000	160,422 92,599 397 4,873 13,404 130,240 465 5,000	£ 11,401	31 March 2020 £ 165,654 
Actricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group	1 April 2019 £ 162,172 886 1,439 397 4,873 388 1,432	205,333 100,000 - 18,326 173,000 - 5,000 49,620	160,422 92,599 397 4,873 13,404 130,240 465 5,000 45,320	£ 11,401	31 March 2020 £ 165,654 
Unrestricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group Addaction Big Lottery Fund	1 April 2019 £ 162,172	205,333 100,000 - 18,326 173,000 - 5,000	160,422 92,599 397 4,873 13,404 130,240 465 5,000	£ 11,401	31 March 2020 £ 165,654 
Unrestricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group Addaction Big Lottery Fund Community Connect	1 April 2019 £ 162,172	4,749  205,333 100,000 	160,422 92,599 397 4,873 13,404 130,240 465 5,000 45,320 66,000	£ 11,401	31 March 2020 £ 165,654 
Unrestricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Widdlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group Addaction Big Lottery Fund Community Connect Lloyds Bank Foundation Widdlesbrough Environment City	1 April 2019 £ 162,172	4,749  205,333 100,000 	160,422 92,599 397 4,873 13,404 130,240 465 5,000 45,320 66,000 23,030	£ 11,401	31 March 2020 £ 165,654 
Concentrated Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group Addaction Big Lottery Fund Community Connect Lloyds Bank Foundation Middlesbrough Environment City	1 April 2019 £ 162,172	4,749  205,333 100,000 	160,422 92,599 397 4,873 13,404 130,240 465 5,000 45,320 66,000 23,030 18,387	£ 11,401	31 March 2020 £ 165,654 
Concentrated Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group Addaction Big Lottery Fund Community Connect Lloyds Bank Foundation Middlesbrough Environment City Redcar & Cleveland Parent Carer Forum Suicide Prevention Grassroots Community	1 April 2019 £ 162,172	4,749  205,333 100,000 	160,422 92,599 397 4,873 13,404 130,240 465 5,000 45,320 66,000 23,030 18,387 799 7,000	£ 11,401	31 March 2020 £ 165,654 
Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group Addaction Big Lottery Fund Community Connect Lloyds Bank Foundation Middlesbrough Environment City Redcar & Cleveland Parent Carer Forum Suicide Prevention Grassroots Community Funding	1 April 2019 £ 162,172	4,749  205,333 100,000 	160,422 92,599 397 4,873 13,404 130,240 465 5,000 45,320 66,000 23,030 18,387 799 7,000	£ 11,401	31 March 2020 £ 165,654 
Unrestricted Funds: General  Restricted Funds: Redcar & Cleveland Borough Council: Carers Information & Support Carers Information & Support (Hospitals) Carers Emergency Card Service Dementia Adviser Service Middlesbrough Borough Council: Benefits Advice for Carers Carers Outreach Assessment & Support Carers Information & Support (Hospitals) Financial Inclusion Group Addaction Big Lottery Fund Community Connect Lloyds Bank Foundation Middlesbrough Environment City Redcar & Cleveland Parent Carer Forum Suicide Prevention Grassroots Community	1 April 2019 £ 162,172	4,749  205,333 100,000 	160,422 92,599 397 4,873 13,404 130,240 465 5,000 45,320 66,000 23,030 18,387 799 7,000	£ 11,401	31 March 2020 £ 165,654 

### NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

### 13. MOVEMENT IN FUNDS (Continued)

#### Restricted Funds

## Redcar & Cleveland Borough Council:

Carers Information & Support - to support carers in the community across Redcar & Cleveland. This fund includes additional grants received for Infection Prevention Control (IPC) and communication.

Carers Information & Support (Hospitals) - to provide a Carers Information and Support Service for South Tees carers in local hospitals.

COVID Health & Wellbeing Fund - to provide carers with items and services to relieve hardship as a result of the COVID pandemic.

Carers Emergency Card Service - to run a call-out scheme designed to provide assistance to Redcar & Cleveland carers, if they are unexpectedly unable to provide care for the person they look after.

Dementia Adviser Service - to provide information and support services to people affected by dementia, and their carers.

#### Middlesbrough Borough Council:

Benefits Advice for Carers - to support people in a caring role who are in financial hardship.

Carers Outreach Assessment & Support - to support carers in the community across Middlesbrough.

Carers Information & Support (Hospitals) - to identify and support Middlesbrough carers through James Cook University Hospital.

Financial Inclusion Group - to provide welfare rights information and support to Middlesbrough carers.

Addaction - to provide information and support to substance misuse carers in Redcar & Cleveland.

National Lottery Community Fund - to engage carers in their local communities.

National Lottery Community Fund COVID Uplift Grant - in the year to 31 March 2021, an uplift was awarded through the COVID response programme.

Community Connect - to provide information and support to adults living in Middlesbrough, to help them to improve their health and wellbeing.

County Durham Community Foundation - COVID Response Fund - to provide counselling for carers.

County Durham Community Foundation - Winter Resilience Grant - to provide counselling for carers.

Lloyds Bank Foundation - to support carers in order to reduce the risk of financial hardship.

Middlesbrough Environment City - to provide information and support to carers in Middlesbrough in order to prevent fuel poverty.

NHS England Mind The Gap - to carry out a consultation exercise with young adult carers.

NHS England Safeguarding Funding - to provide a training event for parent carers.

Redcar & Cleveland Parent Carer Forum - to provide administrative support and grant management to the forum.

Sport England, Your Active Living Fund - to remove barriers for carers taking part in physical activity in Middlesbrough.

Suicide Prevention Grassroots Community Funding - to support male carers to improve their health and wellbeing.

The Henry Smith Charity - to provide support and information for adult carers in Redcar & Cleveland.

## NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS	Tangible	Net	
	Fixed	Current	
	Assets	Assets	Total
	£	£	£
Unrestricted funds	9,334	173,186	182,520
Restricted funds	-	175,979	175,979
Total Funds	9,334	349,165	358,499
Total Lanas			

### 15. FUNDS OF THE CHARITY

Unrestricted funds are those which the trustees are free to use in accordance with the charitable objects, although the trustees may decide to designate part of these funds for specific purposes.

Restricted funds are those which have been given for particular purposes and projects.

## 16. TAXATION

HM Revenue & Customs have approved the charitable status of Carers Together Foundation and its income is therefore exempt from tax under Sections 505 and 506 of The Taxes Act 1988, provided that such income is applied for charitable purposes.

### 17. PENSION SCHEME

The charity operates a defined contribution pension scheme for its employees. The amount recognised as an expense in the period was £11,795 (2020: £11,672).

### 18. CONTROLLING PARTY

Throughout the year, the charity was under the control of the Board of Trustees.

## 19. RELATED PARTY TRANSACTIONS

During the year under review, there were no related party transactions.

In 2020, Mrs. J. Bracknall was on the Management Committee of St. Mary's Centre, a premises which is rented by the charity at an annual cost of £16,279.

Total unrestricted donations from related parties during the year under review amounted to £nil (2020: £20).

#### 20. RECONCILIATION OF NET MOVEMENTS IN FUNDS TO CASH FLOW FROM OPERATING ACTIVITIES 2020 2021 Net movement in funds 95,130 42,482 Add: Depreciation charge 10.825 12,668 1,367 Add: Loss on disposal of fixed assets Less: Interest receivable **(3)** (12)(23,478)Decrease/(increase) in debtors 24,230 Increase/(decrease) in creditors 7,386 (12,723)**Cash Flow from Operating Activities** 138,935 18,937

# NOTES TO THE UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

2.1	TOTAL A NIGHT A T	INSTRUMENTS
<i>/</i> I	HINANU IAI.	IINS I KI IVIHIN I S

The carrying amounts of the charity's financial instruments are as follows:		
Financial Assets	2021 £	2020 £
Debt instruments measured at amortised cost:		
- Contract/grant income receivable	16,533 =====	46,588 ======
Financial Liabilities		
Measured at amortised cost:		
- Trade creditors	12,910	9,166
- Social security and other taxes	6,493	6,775
- Accruals and deferred income	7,390	2,893
- Funds held under management	3,060	3,633
The income attributable to the charity's financial instruments is as follows:		
Interest receivable:		
- Financial assets measured at amortised cost	3	12