

ANNUAL REPORT

**APRIL 2020 - MARCH 2021** 



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#### 1. REFERENCE AND ADMINISTRATIVE INFORMATION

Charity name	Infertility Network UK	
	(Trading name – Fertility Network UK)	
Charity number (England and Wales)	1099960	
Company number	4822073	
Scottish charity number	SC039511	
Governing Document	Articles of Association, 2016	
Registered office	The Forum at Greenwich (2 <sup>nd</sup> floor office)	
	Greenwich	
	London SE10 9EQ	
Reporting accountants	McPhersons	
	23 St. Leonards Road	
	Bexhill-on-Sea	
	East Sussex TN40 1HH	
Bank	Lloyds Bank	
	25 Cornhill	
	Bridgwater	
	Somerset TA6 3A	
HR Advice	Wirehouse Employer Services	
•	St James Business Centre,	
	Wilderspool Causeway	
	Warrington,	
	Cheshire WA4 6PS	



#### 2. STRUCTURE, GOVERNANCE & MANAGEMENT

The charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association. The number of Trustees shall not be less than 4 and not more than 10 (unless otherwise determined by ordinary resolution) individuals over the age of 18, all of whom must support the Objects. The Trustees are each members of the company and have no beneficial interest therein and guarantee to contribute £1.00 in the event of a winding up. The Board meets quarterly and as necessary. The Trustees, who are also the directors for the purpose of company law, who served during the year, were:

Richard Broughton

Resigned 31/10/20

Sally Hinks

Resigned 21/07/21

Hannah Grinsted

Chair

Lucy Thorn

Treasurer Appointment 21/07/21

Ella Norden

Vicky Hayes

Sarah Gilchrist

Resigned 11/12/21

Bala Karunakaran

Isabel Traynor

Appointment 27/10/21

Plans to recruit new Trustees are currently being pursued.

The Chief Executive, Gwenda Burns is appointed by the Board of Trustees to manage the day-to-day operations of the charity and has overall responsibility for managing the charity's employees.

#### 3. OUR MISSION AND OBJECTIVES

Fertility Network UK aims to continue being the leading charity across the UK in the provision of a comprehensive support network for those facing fertility challenges at all stages of their journey, providing information, education as well as practical and emotional support.

The charity's objectives are subject to review each year to ensure it continues to deliver value to the individuals, couples, communities, and entities it supports.

- To relieve the suffering from infertility particularly through the provision of information, advice, and support.
- To uphold the provision of an equitable system of publicly funded fertility treatment throughout the UK for all sufferers of infertility, sub-fertility, and secondary infertility.
- To support the needs of persons suffering from infertility through the provision of inter alia, a network of local support groups, a support line service, a website and a regular magazine and enewsletter;
- To advance public education about all aspects of fertility and infertility;



- To raise the profile of issues concerning fertility and infertility in the media and in general, in an informed, responsible manner; and
- To encourage and assist continuing research of the broadest nature into infertility and its various effects.

A summary of the activities undertaken by the charity are as follows:

#### Provision of information, advice, and support

- The charity provides unbiased and free information via its website (<u>www.fertilitynetworkuk.org</u>)
- Telephone advice and support is provided via a general 'Information Line' and a nursing 'Support Line.'
- Support is provided through multiple online and UK-wide face-to-face support groups.
- Workshops are undertaken in conjunction with organisations to support employees.
- In Scotland and Wales, the Charity undertakes education and awareness sessions at Freshers events and throughout the academic year in universities and colleges.

#### Support persons suffering from infertility

Fertility Network has a network of support groups in England, Scotland, Northern Ireland, and Wales. The groups are either run by team members or volunteers. Special groups are dedicated to supporting those people childless not through choice (More to Life), pregnancy following treatment group and those who have had a child through assisted conception (AceBabes in Northern Ireland). Meetings are held at a frequency determined by the members, typically every month. Furthermore, we increased support via online groups and webinars. All support activities are publicised on the website and via Facebook and other social media channels. During 2020 Fertility Network continued to increase all services to meet a huge increase in demand for support due to COVID-19.

The charity website, provides information for all stages of a person's fertility journey:

- for those considering their future fertility
- for those trying to become parents
- for those facing the challenges of childlessness
- for those successful after fertility issues

#### Support the provision of an equitable system of publicly funded fertility treatment

- During 2020 the charity continued to represent patients throughout the UK lobbying for a fair and equitable access to NHS funding through virtual meetings with policy makers.
- Fertility Network continued to meet with MPs, MSP's and MLA's and give support with the production of Parliamentary Questions and other briefings. In Northern Ireland Stormont was re-established with several MLA's demonstrating their support in Parliament.
- Fertility Network continued to meet with the parties in Scotland and work with the Government to maintain the Gold standard and equitable service currently in place.



#### Advance public education

Fertility Network UK believes that fertility education is essential, not only for those experiencing fertility challenges but also as an education project for young people so that they know how to care for their future if they might wish to have children one day. We are engaged in several activities to raise awareness and educate the public, including:

- Fertility Network's Education Project in Scotland was replicated in Wales and where resources allowed, we introduced this in other parts of the UK
- active member of the British Fertility Society's Education project
- via our website and social media channels
- Through working with Employers and educating on the importance and benefits of understanding and supporting employees who are going through the fertility journey.

#### Raise the profile of issues concerning fertility and infertility

Fertility Network UK is active within the media and press, and this includes in social media with accounts on Facebook, Instagram, and Twitter. We have a Communication Manager that regularly provides press statements on issues related to fertility and infertility. Each year, in late October/early November we hold Fertility Week (that focuses on a different aspect of fertility each day.

#### To encourage and assist research in its broadest sense into infertility and its various effects

Fertility Network UK is widely perceived as the leading national fertility patient organisation, providing patient representation on several professional committees. The charity regularly represents the patient voice on many academic and scientific research projects. The charity founded and continues to be a part of the Association of Fertility Patient Organisations, AFPO.

#### 4. CHAIR REPORT

#### Welcome

2020/21 has been a successful and a significant year for Fertility Network UK including the need to adapt and increase all support services across the UK. The year brought significant challenges due to the ongoing COVID-19 pandemic for both the charity and the community we support. In response, we increased our staff team and resources, including a new Operations Manager covering the UK, and three new members of staff.

A selection of the key highlights of the year are described below:



#### COVID-19

The cancellation of fertility treatments and the closure of clinics saw a significant increased number of patients seeking advice, information, and emotional support with many describing themselves at crisis point. Patients who were part way through cycles of treatment or about to embark on a cycle, were left bereft and emotionally vulnerable. We responded to the challenge by introducing many new digital services to support patients with their emotional needs, mental health, and wellbeing.

Fertility Network UK was represented in numerous meetings with BFS/ARCS guidance group, clinics, and Government representatives to resolve challenges that both patients and clinics faced. This trend will continue into 2021/2022 as some NHS services remain under pressure whilst trying to recover from the back log of patients created as a result of the Pandemic. Those who are currently waiting on referrals/further investigations have reported lengthy waiting times.

#### Fertility Conference 2021

The Chief Executive participated and recorded a presentation for the Joint Conference of the UK Fertility Societies: the Association of Clinical Embryologists, British Fertility Society, and the Society for Reproduction & Fertility. The conference provides the opportunity annually to hear from leading experts, and to provide delegates with CPD and education and the chance to network, with friends, colleagues, and industry partners

#### Support

During 20/21 support and advice was given by regional staff to 10,090 people through our supportline with our 'health unlocked' forum reaching 5492, patients. We now have over 50 support groups running in UK, which now have a total of 5,600, members. In addition, we also have a number of specialist groups including single women's, HIMfertility male only, Asian, black women, moving on from treatment, More to Life and secondary infertility groups.

Our 'Health Unlocked' online support forum currently has 32,915 members and is growing at more than 1,000 new members a month, with a 13% increase in members month on month. We are actively promoting more of our activities on the 'Health Unlocked' forum to ensure members are aware of all Fertility Network UK has to offer.

We ran 30 webinars over the year which reached 9075, participants, including some with our partners. The webinar recordings were made available on our webinar page via YouTube and proved very popular. Our information from the sector was highly valued by patients and a COVID update with the HFEA and BFS had over 1,000 views.

There is a real lack of support for men experiencing male fertility issues, FNUK had worked with the HIMfertility campaign, which was set up by comedian Rhod Gilbert, to encourage men to talk about



fertility problems and signpost them and their partners to much-needed support. We are delighted to say that in 2020/2021 HIMfertility found a new home and has become part of Fertility Network UK. We will be continuing to work with Rhod to spread awareness of male fertility causes and impacts.

We are delighted with the positive feedback from our support services, some of these are shared below:

"I also just wanted to say thank you for everything. I think that's four times now I've been at a complete loss with no idea what to do next and after a call with you have had a clear head, clear plan in place and a new perspective. Also, thanks for making me feel like nothing was a bother and I could ask as many questions as I needed. The support you have given me is worth more than its weight in gold and I am so grateful."

"The support from the group has been invaluable and supporting others has also been therapeutic too. I love that there is so much positivity and laughter too, which makes it a safe, friendly place to get support."

"The support group is a huge lifeline, to hear other guys in a similar position. Learning so much on each group meeting."

#### Working with clinics - The Patient Pledge

Fertility Network have continued to work and support clinics in 2020/2021 which proved to be a challenging time for both clinics and patients. Clinics had to close for a period of approximately 6 weeks due to the pandemic, however it proved equally as challenging for clinics to reopen the services with strict guidance in place. We supported clinics to ensure that patients are provided with the appropriate emotional care and support and are aware of the free support services of Fertility Network.

During 2020/21 we continued and increased activity in supporting the clinics which is aligned with the emphasis placed on patient support within the new Code of Practice V9, launched by the HFEA in 2019. <a href="https://www.hfea.gov.uk/media/2793/2019-01-03-code-of-practice-9th-edition-v2.pdf">https://www.hfea.gov.uk/media/2793/2019-01-03-code-of-practice-9th-edition-v2.pdf</a>

#### Fertility in the Workplace

1 in 6 couples are impacted by fertility issues meaning they will form a core element of every employer's workforce. Our research has shown that 19% of people facing infertility reduce their hours or leave employment completely; therefore, it is vital that employers can fully support those impacted, so they remain engaged, fully productive and staff losses are minimised.

Fertility in the Workplace is an initiative to educate and raise awareness with employers of fertility issues; the challenges faced by their employees and how they can support those employees, their partners, and colleagues. Through our workshops, we highlight the benefits to employers and employees of having a fertility policy in place and offers support to the employees.



The initiative offers consultation on establishing or improving a fertility policy and awareness sessions within the workplace.

Over the course of 2020/2021 staff provided numerous sessions to Employers, who we will continue to work with over 2021/2022

#### Education

The education project "your future fertility" educates young people on lifestyle choices which could impact their future fertility. The project has continued to grow successfully in Scotland supported by the Scottish Government and in Wales supported by TNL community fund Wales. Although Fresher events were cancelled in 2020/21 due to lockdown restrictions

- staff were able to attend some face-to-face presentations and workshops.
- Staff successfully provided the education project to students in digital formats and created lots of information for Education establishments to share via their social media pages and their websites and staff participated in Facebook and Instagram live sessions.
- Fertility Network UK have successfully recruited student ambassadors who are currently assessing the use of different platforms such as tik-tok where students are active.
- Colleges and Universities are currently actively signing up for 2021 Fresher face- to-face events.

We are pleased to announce our partnership with the Healthinote platform. The platform is for doctors and other members of health care teams to share personalised, trusted health information with patients as digital information prescriptions.

The digital transformation of the NHS during Covid-19 has meant that the majority of GP/clinical consultations have been delivered remotely. There is a great need to ensure people can access at the earliest opportunity the appropriate educational and support information for their condition. The digital prescription helps ensure that vital information and services of FNUK are received by patients, which enables patients to seek support and advice at the earliest stage of their journey and helps to inform and empower them. Over 3,500, GP Practices across the UK have signed up to the platform.

#### Health and Wellbeing

Over the course of the year, we hosted numerous Health and wellbeing workshops throughout the UK including Yoga, Mindfulness and Nutrition which were well received:

Yoga is an excellent therapy for reducing stress which is helpful to everyone. One focus for example was on breathing techniques for stress reduction. The yoga postures are all suitable for trying to conceive. Each class finishes with a relaxation and meditation technique.

Mindfulness can help to build resilience, stability, and connection. It can help to find balance and even joy amidst uncertainty and worry. Through the practice of mindfulness, you learn how to take care of our stress so that it does not overwhelm us and in so doing learn how to take care of each other.



Diet is an important tool for both men and women when trying to conceive. Whether someone is trying to improve their reproductive health or reaching a target weight for treatment, the nutrition workshops are designed to inform, motivate, and help people stay on track.

"Really enjoyed the course and found it very informative. I feel like we received a lot of information that we wouldn't be able to get from surfing the internet and we also wouldn't normally get as a free resource. Money is tight at the moment so I wouldn't have been in a position to pay for such information - what I am trying to say that it's been great because it's helped to reach out to people that may not have had finances to access such resources and would have therefore gone without."

"I love these classes! The husband & I decided Annie is our person of 2020 Phonestly these classes just lift my spirit so much!"

"Such an informative and helpful class. I hope more can be scheduled."

#### Social media, media, and press coverage

2020/21 saw an increase in awareness of Fertility Network UK, press and media coverage was more challenging, however, there was a large growth in our social media presence.

We now reach over 304,809 (compared with 149,000 in 2019/2020) across our social channels and have over 19,000 people per month visiting our website from across the globe.

- We were proud to be the charity partner for the 4th year running for the Raconteur 'Understanding Fertility' published in the Times Newspaper in March 2021.
- Many other press stories across many newspapers and news outlets including increased coverage of the HIMfertility campaign.
- We were also invited to speak on many broadcast media including Women's Hour, ITN News, BBC News, talk Radio, BBC Worldwide and multiple BBC local and other network radio shows.
- Numerous outlets covered Covid-19 and the closure of clinics

#### **Fertility Week**

The 8<sup>th</sup> annual National Fertility Awareness Week (NFAW) 2020 continued as a platform for the charity to raise awareness and provide support to all those struggling with fertility problems. The week was extremely well-received and key stakeholders in the field, including the HFEA, BFS, BICA, Scottish Government and the RCOG, worked with the charity during the week. Media coverage was a challenge as NFAW fell at a time when COVID rates were rising and a new lockdown was announced, however, patients and the public engaged well with the week on social media and feedback was very positive. During the week, we focused on different topics each day:

#### Monday 2<sup>nd</sup> November #FertilityInequalities

To kick-start this important week, we launched our campaign for fair access to fertility treatment for all. We want to see fair and equitable access to NHS fertility treatment regardless of where you live,



your race or your sexuality. We highlighted the unacceptable rationing of treatment throughout the UK, the difference in provision between each of the four nations and the postcode lottery in England. We raised awareness of inequalities in access based on ethnicity and sexuality, of the differences in outcomes for some ethnic groups, and called for fairness for everyone who needs treatment.

#### Tuesday 3rd November #MentalHealthMatters

Infertility is not only about physical health but can take a toll on mental health too. The impact of COVID-19 with clinic closures and reduced capacity on reopening increased distress for many patients, making our #MentalHealthMatters day more important than ever. We shared testimonials from our community as well as tips from mental health experts about how best to look after yourself. The day was about raising awareness of fertility and mental health and offered solutions to help fertility patients navigate this challenging journey.

#### Wednesday 4th November #MenMatter

Men are half the fertility equation, but their voices are not always heard. Men can find it harder to express their feelings, and during the early stages of the COVID-19 pandemic, men reported feeling forgotten and overlooked. During our #MenMatter day, we spotlighted men's voices with testimonials from our male community and experts in the field. We highlighted the need for more tailored support and advice for men and publicised some of Fertility Network UK's new initiatives aimed specifically at our male community.

#### Thursday 5th November #FertilityEducation #FertilityInTheWorkplace

Our Fertility Education day explained why our society needs to be more informed and educated about fertility. We asked why young people are still not aware of the lifestyle factors that could affect their fertility. We shared the results from our own Fertility Education project #FutureFertility, which is funded by the Scottish Government and introduced our new project in Wales.

We highlighted the need for more education for all, including healthcare professionals and employers. We raised awareness of the importance of our #FertilityInTheWorkplace initiative, encouraging employers to provide a supportive work environment and employees to know their rights. As part of the day, we shared research findings and heard from employers why #FertilityInTheWorkplace matters.

#### The Fertility Show

We are charity partners at The Fertility Show, normally held in Olympia, London at the end of Fertility Week. The show provides visitors with unparalleled access to the world's leading fertility experts, UK fertility charities and many fertility services providers under one roof. Unfortunately, in 2020 the show was postponed due to the COVID pandemic.



#### Goodbye and Farewells

During 2020/2021 we said goodbye to some of our longer standing Trustees. We would like to thank them for their service to Fertility Network UK and wish them all every success in the future.

#### Thank you

The Trustees and the Chief Executive are all extremely grateful to the staff who consistently go above and beyond in order to support our beneficiaries. Our thanks also go to our volunteers, our supporters, our professional and other partner organisations for all their continued support for Fertility Network UK.

#### 5. OPERATIONAL HIGHLIGHTS & ACHIEVEMENTS

During the period 2020/21, our services continued to be in demand. As in the previous year, our operations can be categorised into three key areas, income growth, increasing influence and extending reach.

The paragraphs below include some of the highlights and achievements in this period:

#### 5.1 Income

The most significant and far-reaching operating highlight impacting Fertility Network UK and our ability to continue providing the vital support and services we offer, remains our income generation. There are 3 key sources of income that we rely on:

#### a. Grants & Trusts

We are incredibly grateful for the grant and trust income we receive, in particular the on-going support from the Scottish Government and the Northern Ireland Health & Social Care Board as well as successfully securing funds from The National Lottery (TNL) Community Fund Wales (for a five-year project in Wales). During the year we successfully applied for grants from TNL Covid-19 short-term fund, the London Funders, PHA CLEAR Funding Belfast and PHA Clear Funding Western in Northern Ireland. Our stage 1 application to TNL Community Fund (England) was successful in March 2021.

#### b. Clinics & other Corporate organisations:

We continue to receive income support through our clinic partner and outreach scheme. The Patient Pledge was a challenge in 2020/2021 as participating clinics who make a donation to the charity to support our on-going work had to close operations for a period of 6 weeks thereafter conducting treatment cycles at a reduced capacity for the majority of the year which affected their income. We established relationships with several new corporate organisations and will continue to grow and diversify over time.

The Fertility in the Workplace forms another element of our corporate relationships.



#### c. Individual Giving/Community Fundraising:

As a result of the increased awareness and support of Fertility Network UK we have seen an increase in the number of individuals that donate to us. However, due to the pandemic the majority of fundraising events were cancelled. In the coming year this will remain challenging due to the uncertainty of COVID-19, and we enter 2021/2022 with the expectation of at least some fundraising events being cancelled.

#### 5.2 Influence

Fertility Network UK has continued to work proactively with the media to raise the profile of issues concerning fertility and infertility. Many of our team members and media volunteers have taken part in media interviews and spoken at other fertility related digital conferences and events. We are frequently called upon to provide comment, opinion, and advice from the patient perspective to the media, professional bodies, and research groups.

We were very proud to have worked with and be selected by Rhod Gilbert, as the charity to adopt the HIMfertility campaign. The social media campaign encouraged males to 'share' their stories around their experiences and emotions when going through the fertility journey.

Fertility Network works in close collaboration with the regulator of the UK fertility industry, the Human Fertilisation and Embryology Authority (HFEA). We have had regular meetings, attended Authority meetings, and continue to be part of the treatment "add on" group both with the HFEA and Consumer and Marketing Authority providing feedback as appropriate. As well as working with British Fertility Society, European Society of Human Reproduction & Embryology (ESHRE), British Infertility Counselling Association (BICA), British Andrology Society (BAS), Association of Clinical Embryologist (ACE), Association of Biomedical Andrologists (ABA), Royal College of Nursing (RCN), Royal College of Obstetricians & Gynaecologists (RCOG), Senior Infertility Nurse Group (SING).

Fertility Network UK were pleased to be able to continue to support numerous medical research and other trials, including LOCI (Letrozole for improving fertility in women with polycystic ovary syndrome), TEAM OHSS (Early active management of OHSS), E-Freeze (elective freezing of embryos in assisted conception), DrawingOut (Visualising invisible diseases through art), LEAF (Fibroid/Polyp removal for treatment of infertility/recurrent miscarriage), Endometrial Scratch.

Many of the team members have been invited to speak at conference and events, including amongst many, Progress Educational Trust, Dumfries House, the Royal Society of Medicine, Fertility conference and at several other conferences, student midwife and GP events. We were proud to support the fourth annual award of the 'Iwan Lewis-Jones Memorial Prizes' for Young Scientist and Young Clinician.

#### 5.3 Reach

Fertility Network UK have team members based across the UK in England, Scotland, Northern Ireland, and Wales whose focus is to serve the local community with support groups and events. In addition to providing support group services, support to local clinics, and delivery of Fertility in The Workplace presentations, some of the highlights from the regional teams are as follows.



In Scotland we are incredibly grateful to receive funding directly from the Scottish Government:

- Continued engagement with our partners including Alliance Network to promote our services.
- Delivered presentations to the Community Links workers to ensure our reach to patients at primary care.
- Connected with VASA (Voluntary Action South Ayrshire) who are now sharing FNS information both digitally and to the community.
- Partnership working with Endometriosis Glasgow (UK) Support Group delivering presentations and working together to support patients.
- NHS clinics shared the contact details of staff on their website to ensure patients were supported during an extremely difficult year.
- Partnership established with Western Isles Senior Health Promotion Officer (Sexual Health, BBV & Youth Health)
- Chartered Institute of Personnel and Development (CIPD) Delivered a presentation to 32 employers.
- HSBC Bank- delivered a presentation to staff UK wide on the emotional impact of pregnancy loss during fertility treatment.
- ❖ A digital support leaflet was created detailing the extra support mechanisms FNS had established.
- Created a News & Events Newsletter specifically for Scotland.
- Ongoing peer support group meetings being delivered via Zoom. Hosted webinars with the Aberdeen and Glasgow NHS Counsellors to provide patients with "Coping Skills" during treatment and "Coping with Xmas."
- Hosted three webinars followed by Q&A sessions with the NHS clinics in Scotland.
- Mindfulness Session for 20 patients started in March 2021.
- ❖ LGBQT+ 6-week Webinar programme.
- The Chief Executive continued to attend all Scottish Government meetings, including The National Infertility Group.

In Northern Ireland, with the support of the Health & Social Care Board, PHA Clear Fund in Belfast/Western and Belfast sit-out fund we have been able to increase our support for patients including:

- Representing patients on the new IVF Support Board to look at the potential pledge to move to three cycles of IVF as stated in the new agreement for the re-instatement of the Stormont Executive.
- Continued to work with the CMA on the consultation on Patient Consumer Law Guidelines and attended meetings regarding the development of patient guidance for the fertility sector.
- Submitted feedback and comments to the Northern Ireland Mental Health Consultation to develop a 10-year Mental Health Strategy. Highlighted the need for better provision of fertility services and for better provision of mental health services for those suffering from mental illhealth as a result of fertility loss and associated trauma. Worked with the new NI Interim Mental Health Champion who is keen to promote our cause and the charity to the Health Executive at Stormont.



- Carried out a small survey to identify mental health issues amongst our patients and to start to identify the level of traits associated with trauma. The survey highlighted a serious level of anxiety and difficulty for patients during postponement of treatments due to COVID. In discussion with Queen's University Belfast on the area of aspects of trauma in fertility journeys, with a view to commencing a piece of research into Trauma and Infertility in the near future. With the University we have secured some funding to run a Scoping event with stakeholders in the early autumn 2021.
- Hosted several successful Health and Wellbeing programmes including Qi Gong, Mindfulness connections, CBT programmes (Living Life to the Full) for both our More to Life and Trying to conceive communities.
- Continue to support our Trying to Conceive, More to Life and Acebabes groups in NI with tailored programmes.

In Wales, with the support from The National Lottery Community Fund Wales, we have:

- Produced four different online resources, focusing on the impact on mental health, fertility in the workplace, anxiety during pregnancy, NHS treatment criteria and the importance of accessing support. These four resources were shared and viewed more than 4,500 times.
- Delivered six 'emotional impact' awareness sessions focusing on the emotional impact of fertility treatment, loss, eligibility criteria, and support available. 135 GPs, O & G Consultants and Registrars, and tertiary fertility clinic staff took part.
- Hosted a men's event focusing solely on the emotional impact on men. A recording was shared and viewed 1,020 times.
- Facilitated an educational event for the relatives and friends of those affected by infertility. 'Life on Hold' focused on the physical and emotional impact of fertility investigations and treatment; and provided the opportunity for family to learn a more about what their loved ones are going through.
- Collaborated with FTWW and Endometriosis UK to deliver an endometriosis and fertility pathway event.
- Facilitated 61 online fertility group meetings, more than 20 of these meetings were information or Q&A sessions with experts in the field.
- As part of our Health and Wellbeing programme we facilitated a six-week nutrition series with Sarah Trimble.
- 465 people are now in our four private FB groups (South & West Wales, Shropshire & Mid Wales, North Wales, Fertility Weight loss)

In England with limited staff resources to meet the increase demand and with support from the London Funders – 3 months emergency fund and The National Lottery Covid Response Fund – 6 months

- We worked with the Human Fertilisation and Embryology Authority on a range of projects. We jointly organised a webinar to promote their report into ethnic diversity in fertility treatment. We worked with them on questions on add-ons for patients to ask at clinics and organised a webinar to promote this.
- Presented on the patient perspective at the British Fertility Society Study week, at a BFS course for GPs and at the RCOG/BFS Management of Subfertility and Assisted Conception course.



- Presented on the patient experience at City Pregnancy Counselling and Psychotherapy.
- Worked with the British Infertility Counselling Association to source speakers for webinars and on regular updates from Fertility Network UK for the Journal of Fertility Counselling.
- Spoke at a Progress Educational Trust event on the patient experience of remaining embryos after fertility treatment.
- Worked with the RCN on their policy statement on the provision of fertility treatment and will provide lay representation for their new fertility to pregnancy group.
- Attended and provided lay input to the North London CCGs on their ART policy and Greater Manchester working group.
- We provided patient representation to the Competition and Markets Authority for their work on fertility.
- We have agreed to provide representation to the RCOG Green Top Guideline on OHSS.
- We offered a tailored webinar for the National LGBT Partnership's LBT women's health week on legal issues for LBT women starting a family.
- Continue to provide representation on the RCOG's Genomics Task Force and on the Reproductive Medicine group within the Task Force.
- Member on the RCOG's Reproductive Medicine (Fertility) Clinical Study Group.

#### Education Project – Your Future Fertility

Although Fresher events were cancelled in 2020/21 due to lockdown restrictions, staff were able to attend some face-to-face presentations and workshops. Staff successfully provided the education project to students in digital formats and created lots of information for Education establishments to share via their social media pages and their websites and staff participated in Facebook and Instagram live sessions. Fertility Network in both Scotland and Wales have successfully recruited student ambassadors who are currently assessing the use of different platforms such as tik-tok where students are active.

Highlights of the activities undertaken during the year:

- Speaker at Progress Educational Trust event on 'Fertility Facts: What Do Young People Need to Know and When?'
- Secured listings in the University's "welcome back" (digital freshers' fair)
- Presentations to Midwifery students at Napier University, Edinburgh, and Cardiff. Feedback was very positive, and presentation covered fertility treatments, NHS criteria and the impact on mental health.
- Digital packs sent to all Colleges and Universities Re-Freshers Event held digitally.
- Presentation to Fife colleges.
- Attended 'live' social media events, Q&A to promote the Project.
- Collaborated and presented at Period Poverty events at Dundee & Angus College.
- Attended virtual Freshers at Caledonian University, Strathclyde University and University of the West of Scotland.
- Developed a digital format of the student questionnaire which could be accessed via a QR code.
- Produced two online education resources. One was a film involving Welsh Rugby player Ken Owens who talked about the risks to reproductive health associated with smoking and the other involved nine other volunteers discussing the key factors involved in fertility. These two resources were viewed more than 2,250 times.



#### 6. OUR SUPPORTERS

Fertility Network UK receives no guaranteed funding and can only continue its work due to the generous financial support from many individuals and organisations.

We are extremely grateful for, and would like to acknowledge all our supporters, including:

- Scottish Government to work with clinics and Health Boards on the provision of fertility services in Scotland; to provide a comprehensive support service to infertility patients and to provide patient information packs; As part of the Fertility Education Project to raise awareness of issues surrounding fertility and infertility by working with universities, health professionals and employers across Scotland; Part funding for volunteer co-ordinator
- The National Lottery Community Fund Wales 5-year project to continue and expand our regional network of support providing information for infertility sufferers in Wales and to launch the Education project.
- Health and Social Care Board, Northern Ireland to provide part-time support co-ordinator and the delivery of support services to local patient groups
- St Anne's Cathedral Sit out
- London Funders 3 months emergency fund
- The National Lottery Covid Response Fund 6 months
- 1B Tampon Tax Fund for wellbeing projects. All projects for Fertility Yoga, Qi Gong and Mindfulness and 2 CBT 'Living Life to the Full' programmes
- PHA Clear project Western Trust to provide Mindfulness for Life 8-week programme for TTC group up to 20 people with 6 weekly follow on sessions.
- PHA Clear project Belfast Trust to provide mindfulness for Life 8-week programme for MTL group up to 20 people with 6 weekly follow on sessions.
- PHA Clear project Western Trust Enhancement funding of 4 weekly additional sessions to increase Mindfulness personal practice for TTC group and introduce mindfulness to some additional new group members.
- PHA Clear project Belfast Trust Enhancement funding of 4 weekly additional sessions for MTL group to focus on using mindfulness to address deep grief and loss using resourcing and Listening Spaces.
- Tampon Tax in Northern Ireland

Our thanks go to our Corporate and Clinic supporters in 2020/2021

Vitabiotics Merck
Pharmasure CREATE

Ferring The International Fertility Company

Guerbet Laboratories Ltd Origio Ltd. / Cooper Surgical

Peanut Coast Science

Fertifa NUA



AGORA Apricity Fertility UK LTD

Regional Fertility Centre Belfast Bourn Hall
CARE Fertility CREATE
Centre for Reproductive and Genetic Health – CRGH

The Evewell Gennet City London GCRM The Hull IVF Unit

IN-OVO Clinics

Leicester Fertility Centre
Orchard Clinic
Newcastle Centre for Life
Aberdeen Fertility Centre
Ninewells ACU

The London Women's Clinic
Newcastle Centre for Life
Aberdeen Fertility Centre
Edinburgh Fertility Centre

Jessop Fertility The Shropshire and Mid-Wales Fertility Centre CRGW Wales

Embryo clinic Greece IVF Spain

We are particularly grateful to all those individuals who have made donations or carried out fundraising activities for Fertility Network UK.

A special mention to all the small businesses who are donating a proportion of their proceeds to Fertility Network UK which include: HelloTreacle & The Pants Project, Bear Face Prints, My Family Tree, Tori Day, Harls & Ted in collaboration with Defining Mum, Broken Heart Tees, Sheila Lamb.

#### 7. FINANCIAL REVIEW

The 2020/21 financial year found us continuing to look for ways to diversify our income generation. Although our efforts helped us to retain funding from The Health and Social Care Board in Northern Ireland and from the Scottish Government, fertility issues continue not to be a priority for the government in Westminster. Accordingly, we have been unable to secure any funding from them over the past nine years. We continue to receive a further 4 year's funding in Wales through the TNL Community Fund.

We are continuing with our income diversification initiatives with the aim to safeguard against the trend in decreasing funding for fertility-related charitable work, especially in England where the funding gap is most pronounced. We continue to be extremely grateful for the support of all those organisations and funders that continue to support us and enable us to sustain and develop the services we offer.

The Trustees have recognised the need to invest in plans and people with the aim to achieve the goal of income growth and diversification and recognise the lead time required to meet these aims.



#### 8. OUR RESERVES POLICY

In order to continue supporting those with fertility issues it is key that the charity has a reserves policy that can support the organisation in the eventuality of its use. The trustees considered the potential financial risks, taking account of its own historic experience, experiences elsewhere in the charity sector and other scenario planning. The trustees considered both the costs of addressing these risks and other potential outcomes, including the worst-case scenario of an orderly closure. In previous years, the trustees concluded its reserves policy should be 9 months operating expenditure.

The Trustees have reviewed this policy and concluded that it remains appropriate. At 31 March 2021, reserves met this target. The Trustees are reviewing charity activity with the aim of having appropriate resources to meet the future short-term and long-term requirements.

As noted in previous years, reserves are held in cash with UK institutions and spread so that the charity does not hold more than the Financial Services Compensation Scheme government guaranteed balance in any individual institution.



#### 9. LOOKING FORWARD

Fertility Network is extremely grateful to all the organisations and individuals that provide financial support to the Charity. However, the recent and current economic environment means income generation for all charities is becoming even more challenging. Generating a diverse and sustainable income stream in 2021/22 and beyond is critical to the charity's future and on-going success. This will be extremely challenging due to the ongoing uncertainty of the pandemic.

#### 9.1 Operating Activities

Four initiatives we will continue to develop and grow during 2021/22:

- Fertility in the Workplace Continue to build upon successful work already undertaken across the UK.
- The Patient Pledge Continue to encourage clinics to undertake the patient pledge that puts patients at the centre of all their operations, including the support of Fertility Network UK to enable us to continue delivering much needed support to their patients.
- Webinar Series Develop and host Trying to Conceive & More to Life webinars facilitated by Fertility Network UK with expert speakers each month.
- An improved website

Our awareness week initiative will once again be a focus for us, providing support, raising awareness and funds, and changing perceptions. This is planned for week 1<sup>st</sup> November – 5th November 2021. We will use #tags to highlight some key objectives during the week:

#### **#YOUARENOTALONE #FERTILITYWEEK**

- #FertilityFairness
- #DonorDay
- #HIMFertility
- #FertilityEd
- #TalkFertility

We will continue our work with all professional organisations including HFEA, BFS, BICA and RCOG, to highlight the emotional impact, and promote the services offered by the charity.

#### 9.2 Campaigning Work

We will continue to lobby for increased funding for NHS fertility treatment in Wales, England, and Northern Ireland. We believe our work in these regions is essential in keeping fertility in the public agenda



and the channels for effective dialogue with government and parliamentary representatives open. We will also continue our campaign to end the unfair 'postcode lottery' across England and increase provision in Northern Ireland and Wales. We are proud that our work continues with the Scottish Government as part of the National Infertility Group which has resulted in Scotland having the Gold Standard in provision of treatment. We will continue to work with the Health Boards, National Infertility group and subgroups in 2021/22.

#### 9.3 Media & Communication

We will seek to maintain and build on the excellent relationships we have with the media to educate and influence professionals, policy makers and individuals. We will engage with employers, informing them of the need to better support their employees. Talks and information sharing with clinics will continue to be undertaken by regional staff in areas where we have coverage.

#### 9.4 Funding and New Business Development

Our website will continue to offer us more opportunities to generate income by working closely with existing partners and recruiting new partners. We will work together to ensure our partnerships enhance and expand the good quality information and support we offer our service users. We will also look at expanding our successful work engaging with fundraisers.

#### 9.5 Staffing and Recruitment

As part of our objective to maintain and increase our reach and impact, we will focus on seeking funding in England, and Northern Ireland. We will complete and submit Stage 2 of The National Community Fund England. We will continue to apply for funding to allow us to make a greater impact with our harder to reach groups.

We will continue to reinvest income from our corporate and clinic partnerships to maintain and expand the services we provide.

#### 9.6 Business Planning

We will continue to look for ways to work creatively with organisations both within and out with the fertility sector, raising awareness of fertility issues, highlighting the need to support those who remain childless, as well as tackling the need for more fertility education particularly for young people.

Future projects planned are subject to funding being available and will include, improving our digital presence and extending the success of the support line.

We will be building on all the foundations laid down during 2020/21, particularly the significantly increased profile and awareness of the charity.



#### 10. OUR TRUSTEES & TRUSTEE RESPONSIBILITIES

#### **Trustee Responsibilities**

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make sound judgments and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Board of Trustees



#### 11. Annual Accounts

Company Registration No. 4822073 (England and Wales)

# THE INFERTILITY NETWORK (UK) TRADING AS 'FERTILITY NETWORK UK' ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

### THE INFERTILITY NETWORK (UK) TRADING AS 'FERTILITY NETWORK UK' INDEPENDENT EXAMINER'S REPORT

#### TO THE TRUSTEES OF THE INFERTILITY NETWORK (UK)

I report to the Trustees on my examination of the financial statements of The Infertility Network (UK) (the Charity) for the year ended 31 March 2021.

#### Responsibilities and basis of report

As the Trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reachest.

Ainsley Gill BA FCA BFP

McPhersons Chartered Accountants

23 St Leonards Road

Bexhill-on-Sea

East Sussex

**TN40 1HH** 

Dated: 10 Dec 2021

# THE INFERTILITY NETWORK (UK) TRADING AS 'FERTILITY NETWORK UK' STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

#### FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted funds	Designated funds	Restricted funds	Total 2021	Total 2020
	Notes	£	£	£	£	£
Income and endowments fro	<u>m:</u>					
Voluntary income	3	3,441	12,300	-	15,741	22,755
Charitable activities	4	46,043	-	269,731	315,774	204,538
Investments	5	705	-	-	705	757
Other income	6	135,503		-	135,503	95,743
Total income		185,692	12,300	269,731	467,723	323,793
Expenditure on:						
Charitable activities	7	77,406	-	272,504	349,910	361,111
Net income/(expenditure) for	the year/					
Net movement in funds		108,286	12,300	(2,773)	117,813	(37,318)
Fund balances at 1 April 2020		109,441	-	135,639	245,080	282,398
Fund balances at 31 March						
2021		217,727	12,300	132,866	362,893	245,080
		<u></u>	·			

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

## THE INFERTILITY NETWORK (UK) TRADING AS 'FERTILITY NETWORK UK' BALANCE SHEET

#### **AS AT 31 MARCH 2021**

		202	:1	202	0
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		290		813
Current assets					
Debtors	12	21,761		26,114	
Cash at bank and in hand		536,208		405,668	
		557,969		431,782	
Creditors: amounts falling due within one year	13	(195,366)		(187,515)	
Net current assets			362,603		244,267
Total assets less current liabilities			362,893		245,080
Income funds					
Restricted funds	15		132,866		135,639
Designated funds:			12,300		-
Unrestricted funds			217,727		109,441
			362,893		245,080

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Mrs H R Grinsted

Trustee

Company Registration No. 4822073

## THE INFERTILITY NETWORK (UK) TRADING AS 'FERTILITY NETWORK UK' BALANCE SHEET (CONTINUED)

**AS AT 31 MARCH 2021** 

#### 1 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 2 Accounting policies

#### **Charity information**

The Infertility Network (UK) is a private company limited by guarantee incorporated in England and Wales. The registered office is 2nd Floor Office, The Forum at Greenwich, Trafalgar Road, Greenwich, London, SE10 9EQ.

#### 2.1 Accounting convention

The accounts have been prepared in accordance with the Charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### 2.2 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives. Such funds are subject to certain conditions agreed by the Trustees and used in accordance with the majority decision of the Trustees from time to time.

#### 2.3 Incoming resources

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

#### FOR THE YEAR ENDED 31 MARCH 2021

#### 2 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected.

The value of donated services and gifts in kind provided to the charity are recognised at their open market value in the period in which they are receivable as incoming resources, where the benefit to the charity can be reliably measured. An equivalent amount is included as expenditure under the relevant heading in the Statement of financial activities.

#### FOR THE YEAR ENDED 31 MARCH 2021

#### 2 Accounting policies

(Continued)

#### 2.4 Resources expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Fundraising and publicity costs include general advertising and promotion of the charity and its objectives.

Governance costs include costs associated with the strategic as opposed to the day to day management of the charity's activities.

All expenditure is accounted for on an accruals basis.

A liability will arise when the charity is under an obligation to make a transfer of value to a third party. Where costs cannot be attributed to a particular heading they have been allocated on a basis consistent with the use of the resources.

#### 2.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment

20% per annum on a straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 2.6 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 2.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### FOR THE YEAR ENDED 31 MARCH 2021

#### 2 Accounting policies

(Continued)

#### 2.8 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

#### 2.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### FOR THE YEAR ENDED 31 MARCH 2021

2	Vali	ıntanı	income
J	VUIL	IIILAIV	mount

	Unrestricted funds	Designated funds	Total 2021	Total 2020
	£	£	£	£
Donations and gifts	3,441	12,300	15,741	22,755
For the year ended 31 March 2020	10,255	12,500		22,755
	=======================================			

#### **FOR THE YEAR ENDED 31 MARCH 2021**

#### 4 Charltable activities

	Fundralsing income	Grants receivable for charitable activities	Advertising income	Total 2021	Fundraising income	Grants receivable for charitable activities	Advertising income	Total 2020
	2021	2021	2021		2020	2020	2020	
	£	£	£	£	£	£	£	£
Income within charitable activities	44,183	-	1,860	46,043	33,887	_	1,000	34,887
Grants receivable for charitable activities		269,731		269,731		169,651	-	169,651
	44,183	269,731	1,860	315,774	33,887	169,651	1,000	204,538
							====	
Analysis by fund								
Unrestricted funds	44,183	-	1,860	46,043	33,887	-	1,000	34,887
Restricted funds		269,731	-	269,731		169,651		169,651
	44,183	269,731	1,860	315,774	33,887	169,651	1,000	204,538
	=======================================							

#### FOR THE YEAR ENDED 31 MARCH 2021

5	Investments		
		Unrestricted funds	
		2021 £	2020 £
	Interest receivable	705	757 ———
6	Other income		
		Unrestricted funds	Unrestricted funds
		2021 £	2020 £
	Other income	4 202	
	Sponsorship The Fertility Show income	1,382 134,121 -	590 80,153 15,000

#### FOR THE YEAR ENDED 31 MARCH 2021

7	Cha	ritab	le a	ctiv	ities
•	V114	HUUN		CUT	11153

	2021	2020
	£	£
Staff costs	259,444	236,876
Depreciation and impairment	843	613
Activities undertaken directly	65,611	99,445
	325,898	336,934
Share of governance costs (see note 9)	24,012	24,177
	349,910	361,111
Analysis by fund		====
Unrestricted funds	77,406	167,086
Designated funds	-	12,500
Restricted funds	272,504	181,525
	349,910	361,111

#### 8 Trustees

None of the Trustees (nor any persons connected with them) received any remuneration or benefits from the Charity during the year.

#### 9 Governance costs

	2021 £	2020 £
	~	~
Staff costs	9,342	3,502
Legal and professional	14,670	20,675
	24,012	24,177
Analysed between		
Charitable activities	24,012	24,177
Chamasic doll files	=====	====

All costs are allocated based on estimated actual use of service provision.

#### FOR THE YEAR ENDED 31 MARCH 2021

#### 10 Employees

The average monthly number employees (including full time and part time staff) during the year was:

The average monthly number employees (including full time and part time start)	during the year	was:
	2021	2020
	Number	Number
	18	13
		<del></del>
Employment costs	2021	2020
	£	£
Wages and salaries	268,786	240,378

There were no employees whose annual emoluments were £45,000 or more.

#### 11 Tangible fixed assets

	Fixtures, fittings & equipment
	£
Cost	
At 1 April 2020	16,166
Additions	
Additions	6,906
At 31 March 2021	23,072
Depreciation and impairment	
At 1 April 2020	15,353
Depreciation charged in the year	
Depresention charges in the year	7,429
At 31 March 2021	22,782
Carrying amount	
At 31 March 2021	290
At 31 March 2020	813

#### FOR THE YEAR ENDED 31 MARCH 2021

12	Debtors			
			2021	2020
	Amounts falling due within one year:		£	£
	Trade debtors		19,412	24,263
	Other debtors		238	254
	Prepayments and accrued income		2,111	1,597
			21,761	26,114
13	Creditors: amounts falling due within one year		<del></del>	
			2021	2020
		Notes	£	£
	Other taxation and social security		4,245	1,868
	Deferred income	14	171,535	151,556
	Trade creditors		15,716	30,431
	Accruals		3,870	3,660
			195,366	187,515
14	Deferred income			
			2021 £	2020 £
	Income received in advance		171 52F	151 5EC
	Income received in advance		171,535	151,556

**FOR THE YEAR ENDED 31 MARCH 2021** 

#### 15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

		Movement	in funds	Movement in funds				
	Balance at 1 April 2019	Incoming resources	Resources expended	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
	£	£	£	£	£	£	£	£
Health & Social Care Board	1,168	20,671	(21,840)	_	20,671	(17,830)	_	2,842
Scottish Government Health Board Project & Options	9,899	39,860	(37,759)	12,000	40,913	(38,149)	-	14,763
Scottish Government Fertility Education Project	38,611	48,240	(41,120)	45,731	49,240	(38,718)		56,253
Belfast Cathedral Sit Out Appeal	750	-	(215)	535	735	(191)		1,079
Scottish Government Additional	28,197	-	(18,123)	10,075	-	(10,074)		-
Scottish Government Additional Events Funding	902	8,800	(8,850)	54,001		(10,492)		43,509
Scottish Government Project Funding	67,098	-	(13,097)	-	-		-	
Scottish Volunteer Project	888	9,849	(10,737)	852	8,998	(9,035)	-	815
Big Lottery Wales	-	2,000	(1,099)	-	-	-	-	-
Tampon Tax	-	1,160	-	1,160	8,829	(9,989)	-	-
TNL Community Grant	-	26,662	(19,599)	7,063	76,167	(70,527)	_	12,703
Wesleyan Foundation Grant	-	2,440	(2,440)	-	-	-	-	-
Match funding for Wales	-	-	-	901	-	-	-	901
London Funder	-	-	-	-	6,500	(6,500)	-	-
Tampon Tax fund	-	-	-	-	44,995	(44,995)	-	-
PHA Clear project Western Trust	-	-	_		4,936	(4,936)	-	-
PHA Clear project Belfast Trust	-	-	-		4,936	(4,936)	-	-
PHA Clear project Western Trust	-	-	-		1,414	(1,414)	-	-
PHA Clear project Belfast Trust	-	-	-		1,395	(1,395)	-	-
Awards for All England	-	9,968	(6,646)	3,323	-	(3,323)	-	-
	147,513	169,650	(181,525)	135,639	269,730	(272,505)		132,866
			=======================================					

FOR THE YEAR ENDED 31 MARCH 2021

15 Restricted funds (Continued)

Health & Social Care Board - Successful bid for tender to provide a part-time support coordinator, a confidential telephone helpline service, practical information services and the coordination and delivery of support to local patient groups.

Scottish Government - Funding to allow us to continue to provide a comprehensive support service to infertility patients throughout Scotland, to provide patient representation by participating in the various meetings following on from the National Groups and increase awareness of the services offered in Scotland, to work with Health Boards to bring about full implementation of recommendations for the provision of fertility services in Scotland, and to produce patient information packs.

Scottish Government Fertility Education Project - To raise awareness of issues surrounding fertility and infertility through working with universities, health professionals and employers across Scotland to introduce ways of ensuring people are better informed about how their fertility can be conserved.

St Anne's Cathedral Sit-Out Fund - To run workshops for the More to Life Group in Northern Ireland and provide some funding for Fertility Network Support Groups not covered by other funding.

Scottish Volunteer Project - Match funding from the Scottish Government to employ a Volunteer Coordinator.

The Big Lottery Wales - Received to expand our current regional network to provide support and information at local level for infertility sufferers in Wales.

TNL Community Grant - Funding to allow us to continue to provide a comprehensive support service to infertility patients throughout Wales, to provide patient representation by participating in the various meetings following on from the National Groups and increase awareness of the services offered in Wales. To raise awareness of issues surrounding fertility and infertility through working with universities, health professionals and employers across Wales to introduce ways of ensuring people are better informed about how their fertility can be conserved.

Awards for all England - Funding to allow us to expand and improve our digital presence providing support throughout England regardless of your geographical location.

#### **FOR THE YEAR ENDED 31 MARCH 2021**

15 Restricted funds (Continued)

Tampon Tax - Community funding to build social networks for women and girls, build skills and confidence and improve health and well-being.

Wesleyan - Fertility Yoga - Funding towards a project to promote positive health and well-being.

Tampon Tax - Fund for wellbeing projects. All projects for Fertility Yoga, Qi Gong and Mindfulness and 2 CBT 'Living life to the full' programmes.

PHA Clear project Western Trust - Mindfulness for Life 8 week programme for TTC group of up to 20 people with 6 weekly follow on sessions.

PHA Clear project Belfast Trust - Mindfulness for Life 8 week programme for MTL group of up to 20 people with 6 weekly follow on sessions.

PHA Clear project Western Trust - Enhancement funding of 4 weekly additional sessions to increase mindfulness personal practice for TTC group and introduce mindfulness to some additional new group members.

PHA Clear project Belfast Trust - Enhancement funding of 4 weekly additional sessions for MTL group to focus on using mindfulness to address deep grief and loss using resourcing and listening spaces.

All of the above grants were received after successful application for funding by The Infertility Network (UK) trading as 'Fertility Network UK'.

All of the grants are restricted to expenditure as agreed with the grant body during the application process.