

# Trustees' Annual Report for the period 6 April 2020 to 5 April 2021

## Section A: Reference and administration details

Charity name: Kingston LGBT Forum  
Other names charity is known by: Kingston LGBTQ+ Forum  
Registered charity number: 1184645  
Charity's principal address: 3 Mountcombe Close, Surbiton  
Postcode: KT6 6LJ

### Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year
1	Lewis Friend		
2	Kate Harrad		
3	Susan Jane Kent		
4	Anne-Marie McIntyre		
5	Charlie Parker	Chair	
6	Samuel Quinlan		
7	Liam Rogers	Vice Chair	
8	Michail Sarafidis	Treasurer	
9	Mark Stenhoff		
10	Oliver Lloyd Stredwick	Secretary	
11	Christopher Wray		

There have been no trustees for the charity (for example, custodian trustees) during the period to which this Annual Report relates.

## Section B: Structure, governance and management

### Description of charity's trusts

Type of governing document:	Constitution
How the charity is constituted:	Charitable Incorporated Organisation
Trustee selection methods:	Appointed by existing trustees

## Section C: Objects and activities

### Summary of the objects of the charity set out in its governing document

The objects of the charity are:

1. The promotion of equality and diversity for the public benefit in the Royal Borough of Kingston upon Thames by:
  - a. The elimination of discrimination on the grounds of gender identity, gender expression and sexual orientation;
  - b. Advancing education and raising awareness in equality and diversity and the needs of LGBT+ people and the issues affecting their lives and their communities;
  - c. Promoting activities to foster understanding between people from diverse backgrounds; and
  - d. Cultivating a sentiment in favour of equality and diversity.
2. The promotion of social inclusion for the public benefit by working with people in the Royal Borough of Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBT+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
  - a. Providing a local network group that encourages and enables LGBT+ people to participate more effectively with the wider community; and
  - b. Increasing, or co-ordinating, opportunities for LGBT+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people.
3. The advancement of the health and wellbeing of LGBT+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing.



## Summary of the main activities undertaken for the public benefit in relation to these objects

To further its objects, the charity has undertaken a programme of activities and events this year for the public benefit. Specifically, the charity has:

1. Promoted equality and diversity for the public benefit in the Royal Borough of Kingston upon Thames by providing activities for LGBT+ people, which took place in the local community, in venues accessible to all members of the local community, and online where necessary, in response to the restrictions placed on physical meetings due to the COVID-19 pandemic. The visibility of LGBT+ people in the community and their interaction with the wider local community cultivates a sentiment in favour of equality in diversity while also increasing LGBT+ people's confidence in accessing local venues and facilities.
2. Promoted social inclusion for the public benefit by working with people in the Royal Borough of Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBT+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
  - a. Providing local peer support activities to build a network group that encourages and enables LGBT+ people to participate more effectively with the wider community; and
  - b. Increasing and co-ordinating opportunities for LGBT+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people. The charity has done this by signposting LGBT+ people to service providers where relevant and working with local service providers to advise them on how to improve their services for local LGBT+ people.
3. Advanced the health and wellbeing of LGBT+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing. These activities included group peer support sessions as well as fitness, yoga and meditation sessions. Additionally, the charity ran a one-to-one peer support service to connect LGBT+ people so they can work together to solve problems in their lives. In further advancing the health and wellbeing of LGBT+ people in Kingston, the charity organised an extensive programme of virtual events to tackle loneliness and isolation during the period of quarantine and distancing implemented by the government in response to COVID-19.

In planning these activities, the charity trustees have had regard to the guidance issued by the Charity Commission on public benefit, which each trustee received upon registration of the charity.

## Section D: Achievements and performance

### Summary of the achievements of the charity during the year

During the period of this annual report, the charity:

- Delivered 128 separate events for local LGBTQ+ people in Kingston upon Thames, made up of:
  - Four peer support sessions for people aged 50+;
  - 12 community development sessions for volunteers;
  - 25 yoga sessions;
  - Seven other physical fitness sessions;
  - Four group meditation sessions; and
  - 76 other open ended peer support sessions, including coffee mornings (online and in the community), online quizzes, and other events devised by the volunteers in the community development sessions.
- Successfully transferred events and group meetings to online activities in response to quarantine and distancing measures implemented by the government in response to COVID-19. One charity trustee, Oliver Stredwick, received an award from the Mayor of Kingston upon Thames for his contribution to public life during the COVID-19 pandemic.

## Section E: Financial review

### Brief statement of the charity's policy on reserves

The charity does not have a reserves policy.

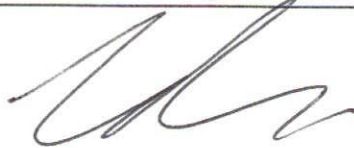
## Section F: Other optional information

None

## Section G: Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

<b>Signature</b>	
<b>Full name</b>	Charlie Parker
<b>Position</b>	Chair
<b>Date</b>	20 December 2021







Catering	-	264	-	264	1,347
Insurance	-	168	-	168	-
Sundries	-	130	-	130	25
Bank charges	-	72	-	72	54
Venue hire	-	-	-	-	635
<b>Sub total</b>	-	15,049	-	15,049	4,826

<b>A4 Asset and investment purchases. (see table)</b>	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-

<b>Total payments</b>	-	15,049	-	15,049	4,826
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<b>Net of receipts/(payments)</b>	1,045	6,451	-	7,496	8,816
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	2,317	6,498	-	8,815	-
<b>Cash funds this year end</b>	3,362	12,949	-	16,311	8,816

## Section B Statement of assets and liabilities at the end of the period

### Categories

#### Details

#### Unrestricted funds to nearest £

#### Restricted funds to nearest £

#### Endowment funds to nearest £

### B1 Cash funds

Cash at bank	3,362	12,949	-
	-	-	-
	-	-	-
<b>Total cash funds</b>	3,362	12,949	-

(agree balances with receipts and payments account(s))

OK

OK

OK

#### Details

#### Unrestricted funds to nearest £

#### Restricted funds to nearest £

#### Endowment funds to nearest £



**B2 Other monetary assets**

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B4 Assets retained for the  
charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	-	-	

Signed by one or two trustees on  
behalf of all the trustees




Signature


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Print Name

Liam Rogers
Charlie Parker

Date of  
approval

20/12/21
20/12/21