# REGISTERED COMPANY NUMBER: 05437976 (England and Wales) REGISTERED CHARITY NUMBER: 1117564

# **SHALOM HOUSE**

# **REPORT OF THE TRUSTEES AND**

# **FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2021** 

Carr, Jenkins & Hood Redwood Court Tawe Business Village Swansea SA7 9LA

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# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The report of the trustees also incorporates a directors' report as required by company law.

#### **OBJECTIVES AND ACTIVITIES**

**Objectives and aims** 

The objectives of Shalom House are to establish and maintain a Palliative Care Centre, for the communal benefit of the inhabitants of Pembrokeshire, there being no such similar facility in place at present.

Shalom House is a non-profit making organisation, providing a high quality professional service for people with terminal illness (including cancer and any progressive life-limiting diseases) in an environment of tranquillity and support. The aims of Shalom House are:

- To provide day care and respite to patients and carers, ultimately to contribute to a possible reduction/prevention of acute or unplanned hospital admissions;
- To enable patients to manage their diagnosis to do the things that matter to them and to make their lives more comfortable than they would otherwise have been;
- To work in partnership with other providers of palliative care to enable adult patients to manage their condition and remain at home until end of life, should they wish.

#### The mission of Shalom House is:

- To provide accessible, excellent, holistic palliative care to relieve suffering, whether physical, emotional, spiritual or psychological, to all residents of Pembrokeshire diagnosed with a life-limiting illness, catering to the individual needs of clients, whatever they may be;
- To be a place of respite that offers a safe place to share all worries and let go of anxieties, albeit briefly, and to benefit from the many skills and expertise the Shalom staff has to offer. Professional staff and volunteers support both clients and their families throughout their journey, often making a real difference by providing a haven of care and nurture;
- To support relatives as they provide care to their loved ones and ultimately to support them through bereavement.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

#### **OBJECTIVES AND ACTIVITIES**

#### **Ethos and Philosophy**

- Shalom provides a place of safety.
- Shalom is never too busy to listen and care.
- Pain and suffering are not inevitable skilled and trained staff are available to help and advise.
- Shalom is honest, open, available and confidential.
- Death is not a failure it is a natural end point of life's winning pathway and can occur with love and dignity.
- Shalom expresses peace, which is important to every patient along with the total wellbeing of the individual and holistic care is essential.
- Shalom House provides palliative care and respite free of charge for all. Patients come to Shalom House at any
  time from their diagnosis and patients are referred from GP's, hospital, the community or self-referred by the
  patients themselves.
- Shalom is an equal opportunity organisation and is committed to a working environment that is free from any form of discrimination on the grounds of colour, race, ethnicity, religion, sex, sexual orientation or disability.
- Shalom House is committed to safeguarding the welfare of patients and the staff and volunteers share in this commitment. Shalom House policies and procedures protect and provide quidelines on this assurance.

#### **Public benefit**

In setting Shalom House's objectives and aims and in planning their activities, the Trustees have given careful consideration to the Charities Commission's general guidance on public benefit. Shalom's key objectives for the year included:

- to continue to develop daytime palliative care with especial emphasis on pain and symptom control, occupational therapy, complementary therapies and input from experienced palliative care nurses, having regard to the particular and individual needs of patients;
- to increase palliative care services and their uptake by developing focus days and carer support days to provide a wider range of support to the terminally ill and their families throughout Pembrokeshire;
- to develop and promote the awareness of GP's and other health professionals to the services provided:
- to increase the range and ease of access to Shalom House services across Pembrokeshire;
- to employ appropriately experienced staff to manage and deliver the service and to develop their training portfolios;
- to establish a clear role within the Hywel Dda Health Board strategy, working in partnership with the local District General Hospital and other third sector providers;
- to work to standards set by Healthcare Inspectorate Wales (HIW):
- to increase fundraising from charitable and grant sources to support Shalom's activities and to continue to develop the hospice shops for the purpose of income and developing public awareness of the work of Shalom House.

# Following lockdown due to COVID-19 in March 2020

Shalom House's objectives were supplemented following closure of the day centre due to lockdown mid March 2020:

- to maintain support to patients following lockdown due to Covid-19, whilst ensuring their safety and that of the staff;
- to obtain alternative sources of funds due to the temporary cessation of trading and fundraising activities.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

#### **ACHIEVEMENT AND PERFORMANCE**

**Charitable activities** 

Shalom House opened for service provision on 23 November 2007 after the successful adaptation of the building and gradually developed its function to offer day, respite and a palliative care service to patients and their relatives. At present, Shalom House offers a palliative day care service to between 4 to 6 patients per day, a lower number due to the current pandemic restrictions, Monday to Friday. Alongside the traditional day care support we provide personal care sessions and are aiming to restart the special interest days within the very near future as conditions allow.

During the year ending 31 March 2020, Shalom House received quarterly funding from Hywel Dda Local Health Board within the provisions of a Service Level Agreement effective from April 2019. Following lockdown in March 2020, systems were put in place urgently to support patients and their families remotely at home, soon followed by home visits by our registered staff when it became clear that Shalom House staff were not needed for re-deployment by the Health Board. Other support staff were furloughed and costs reduced as much as possible.

Judith Thomas worked hard in her role as Business Manager, seeking out grants and funding over the pandemic to allow Shalom House to continue its good works wherever it could. The decision was made to register with Care Inspectorate Wales (CIVV) and this was achieved in October 2020. With the support of our CIVV registration we are now able to provide hospice at home services within the county of Pembrokeshire.

To support the decision to further develop Shalom Houses ability to respond sensitively, providing a tailored service to those needing support during restrictions, both recent and possible upcoming, Donna Humphrey was employed as Registered Care Manager.

Judith Thomas retired in November 2020 and Samantha Wilson-Croft has been employed as Shalom Houses Business Manager, heading up all fundraising, volunteering, grants, and business aspects. In November 2020, Isobel Bowen stepped down from her role as Clinical Lead, and returned to the Registered Nurses Team. The management team are supported by registered nurses, health care assistants (registered with Social Care Wales), a small bank staff team of nurses and healthcare assistants, administrator and shop volunteers and volunteer drivers.

We continue to rely on a group of volunteers who support the activities at Shalom House. Due to Covid 19 restrictions, we have had to limit those attending Shalom House each day, so our in-house volunteering has not returned to Shalom House but as things continue to improve, we wish to reengage with Shalom House volunteers. Since lockdown, volunteers have been involved in virtual meetings to keep them engaged and up to date with the strategic discussions. The Trustees and staff appreciate the commitment given by all the volunteers.

In house patient satisfaction surveys have rated the service at Shalom House 98%+ throughout the year. We continue to monitor our activities closely, responding to suggested changes where feasible and appropriate.

Links continue to be forged with the Palliative Care Consultant at Withybush General Hospital and the wider Palliative Strategic Forum for Hywel Dda along with our partners in the third sector. Shalom House staff attend team meetings at the hospital and local GP practice. We have been playing a active role in Hywel Dda's Health Boards review of Palliative care services.

In November 2019 a new hospice shop in St Davids was opened building on the success of the shop in Fishguard and to promote our presence within the City community. After a positive start, hopes for an income surge onwards from the Easter holiday period were dashed by the Covid-19 lockdown and this continued into 2021.

The shops are staffed by a team of volunteers who work tirelessly to maintain image and presentation, also providing information on the work of the hospice and supporting other fundraising initiatives. We have worked hard to develop better links with the local community. In these uncertain times we are supporting volunteers to return to the shops when able, with the confidence and skills to work in a Covid 19 safe environment.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

With the support from the End-of-Life board we have been able to purchase a wheelchair accessible car. This is used for patient transport within the community and as circumstances change, we hope to encourage volunteers into a driver role to support patients to attend Shalom House. The reassurance of travel within a secure vehicle has been a

#### **FINANCIAL REVIEW**

#### **Financial position**

The figures relate to the financial year from 1 April 2020 until the 31 March 2021. This year was an unprecedented year with restrictions from Covid 19, which meant the closure of both Shalom House and the charity shops for a majority of the year.

Total incoming resources for the year amounted to £244,721 (2020: £202,548). Resources expended amount to £273,431 (2020: £262,807). The net deficit for the year before the revaluation of the investment is £28,710 (2020: £60,259). The net deficit for the year after the revaluation of the investment is £688 (2020: £71,956).

The net reserves at the balance sheet date are £682,582 (2020: £683,270) of unrestricted funds.

boost for patients and staff, enabling us to continue Shalom House's good work at all times.

Shalom House is operating against a background of continually rising costs, especially payroll related, and increasing competition for donated and other charitable funds, as well as the constant possibility of future Government lockdowns from Covid 19.

#### **Principal funding sources**

The charity's principal source of funds is through the Service Level Agreement with Hywel Dda Local Health Board. The Service Level Agreement for the year ended 31 March 2021 saw a reduction of 50% in the grant from the previous period, setting an attendance target of 1500 at a day care tariff rate. The advance of Covid 19 and ultimate lockdown on 23 March 2020, significantly impacted Shalom House's attendance figures during February and March 2020. The centre had no alternative other than to close, together with its retail operations, in mid March 2020 and was not able to open until September. The shops were open until December and then closed again until February 2021 having an immediate impact on funding streams. The current SLA agreement has been extended until the end of March 2022.

A grant was awarded by WCVA. This allowed us to put in place measures that enabled us to reopen both the day centre and the shops safely. The grant was put towards the purchase of leather recliners and screens, allowing the creation of "Pods" in the day centre, ensuring the safety of the patients and the team. We purchased screens for the retail outlets that lead to increased confidence in the volunteers to return to the shops. We were also able to purchase extensive supplies of covid cleaning equipment and were able to support staff working in the community.

### **Reserves policy**

The Charity will need to expend substantial sums in future periods in order to maintain and develop its services. A formal reserves policy has been formulated whereby the sum of £150,000 has been ringfenced as a designated contingency reserve. This is broadly equivalent to 6 months operating costs and will be reviewed annually to maintain the reserve at this ratio as a minimum.

Additional reserves, which have been accumulated mainly from a substantial legacy received in 2015, are being utilised to support service delivery in the light of reductions in levels of support from statutory funds.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

#### **FUTURE PLANS**

The intention of Hywel Dda University Health Board to move to a commissioning model provides no guarantees for future funding, rendering longer term strategic planning difficult. It is envisaged that the proposed diversification of services, whilst supporting the Palliative Care Unit as a priority, will leave Shalom House well placed to tender for future funds.

A review began in February 2020 involving all Trustees and staff to consider the strategic direction of Shalom House, given the forecast increase in costs and likely reductions in income in the short to medium term. It was agreed that Shalom House should concentrate on activities to support patients to Live Well, to broaden care in the community including the development of the hospice at home service for our patients and instigate a more targeted approach to fundraising and income generation. At the same time, the focus of Shalom House will continue to be the provision of palliative care within the day centre. A key factor was registration with CIW as a Domiciliary Service and this was achieved in October 2020.

It is the intention of the Trustees, as current guardians of the legacy of Shalom House, to strive to maintain relevant and effective support services, within the framework of a planned income generation policy.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### **Governing document**

Shalom House is controlled by its governing document, the Memorandum and Articles of Association and is a limited company, limited by guarantee, as defined by Companies Act 2006.

Shalom House was registered with the Charities Commission on 12 January 2007. The governing documents are held at the registered office.

#### **Recruitment and appointment of new trustees**

Trustees are appointed at the Annual General Meeting. They are recruited through contact with other trustees and through charitable events.

### **Organisational structure**

The governing body is the Board of Trustees, who are non-executive, unpaid and meet at regular intervals during the year. The day to day activities are managed by the Business Manager, also acting as Clerk to the Trustees, the Clinical Lead, registered nurses, an occupational therapist, health care assistants, a cook, an administrator and a Management Committee comprising:

Chair Mr W Preece
Other Members Mrs E Thomas
Dr R Schofield

Mr E Scott Mrs B Caulfield

#### **Induction and training of new trustees**

There is no formal induction or training process for trustees as the skills and knowledge of trustees varies. New trustees are provided with a description of their expected role and responsibilities, which ensures trustees are aware of their legal obligations under charity and company law. They are briefed by the Chair and Business Manager on historic and prevailing strategic issues.

All trustees give of their time freely and no remuneration or expenses were paid in the year.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

**Risk management** 

The trustees have a duty to identify and review the risks to which Shalom House is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Risk assessment and the management of risk is a continuous process, with all areas being addressed as required. Risk management is a standing agenda item of each board meeting and features in the report provided to the board by the Business Manager prior to each meeting.

The key strategic risks facing Shalom House have been identified as Governance and Management, Reputational and Commercial. The board and its committee have been tasked with identifying and examining the major risks relevant to their area of influence. The trustees risk management strategy comprises:

- an annual review (as a minimum) of the risks Shalom House may face;
- the establishment of systems and procedures to mitigate those risks identified in the plan; and
- the implementation of procedures and processes designed to minimise any potential impact on Shalom House, should those risks materialise.

# REFERENCE AND ADMINISTRATIVE DETAILS Registered Company number 05437976 (England and Wales)

Registered Charity number 1117564

Registered office Redwood Court Tawe Business Village Swansea SA7 9LA

Trustees
Mr J W G Preece Chair
Mrs E Thomas
Mr E P Scott
Dr R P Schofield
Mrs B M Caulfield

Independent Examiner Stuart Harries FCA ACCA Independent Examiner Carr, Jenkins & Hood Redwood Court Tawe Business Village Swansea SA7 9LA

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.
Approved by order of the board of trustees on
Mr J W G Preece - Trustee

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SHALOM HOUSE

#### Independent examiner's report to the trustees of Shalom House ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stuart Harries FCA ACCA Independent Examiner Carr, Jenkins & Hood Redwood Court Tawe Business Village Swansea SA7 9LA

Date: 22 / 11 /2021

# STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted funds	Restricted fund	2021 Total funds	2020 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM Donations and legacies	3	30,266	3,140	33,406	50,296
Charitable activities	6				
Care and respite		173,846	17,790	191,636	101,280
Other trading activities	4	19,351	-	19,351	50,946
Investment income	5	28	-	28	26
Other income		300		300	
Total		223,791	20,930	244,721	202,548
EXPENDITURE ON					
Raising funds	7	34,259	•	34,259	29,619
Charitable activities	8				
Care and respite		218,242	20,930	239,172	233,188
Total		252,501	20,930	273,431	262,807
Net gains/(losses) on investments		28,022	<u> </u>	28,022	(11,697)
NET INCOME/(EXPENDITURE)		(688)	•	(688)	(71,956)
RECONCILIATION OF FUNDS					
Total funds brought forward		683,270	•	683,270	755,226
TOTAL FUNDS CARRIED FORWARD		682,582		682,582	683,270

# **BALANCE SHEET**31 MARCH 2021

		Unrestricted funds	Restricted fund	2021 Total funds	2020 Total funds
	Notes	£	£	iunas £	iunus £
FIXED ASSETS	MOTES	<b>-</b>	£	L	E
Tangible assets	16	262,496	132,321	394,817	382,821
Investments	17	334,275	-	334,275	306,252
		596,771	132,321	729,092	689,073
CURRENT ASSETS					
Debtors	18	30,835	-	30,835	22,004
Cash at bank and in hand		79,696		79,696	123,661
		110,531	-	110,531	145,665
CREDITORS Amounts falling due within one year	19	(24,720)	(9,388)	(34,108)	(37,643)
NET CURRENT ASSETS		<b>85,811</b>	(9,388)	76,423	108,022
TOTAL ASSETS LESS CURRENT LIABILITIES		682,582	122,933	805,515	797,095
TO THE MODE OF THE STATE OF THE		002,002	122/200	000,010	171,070
ACCRUALS AND DEFERRED INCOME	21	-	(122,933)	(122,933)	(113,825)
NET ASSETS		682,582	<u> </u>	682,582	683,270
FUNDS Unrestricted funds:	22	<del></del>			
General fund				495,307	524,018
Fair value reserve				37,275	9,252
Designated contingency fund				150,000	150,000
				682,582	683,270
TOTAL FUNDS				682,582	683,270

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

# BALANCE SHEET - continued 31 MARCH 2021

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

Mrs F Thomas - Trustee

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 1. STATUTORY INFORMATION

Shalom House is a private company, limited by guarantee without share capital, registered in England and Wales. The registered office address can be found in the report of the trustees.

#### 2. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Shalom House meets the definition of a public benefit entity under FRS 102.

#### **Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

#### Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

the requirements of Section 7 Statement of Cash Flows.

### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations and voluntary income are accounted for when receivable.

Income from government and other grants, whether 'capital' or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably. Grants received in advance are deferred and recognised in future accounting periods.

Legacy gifts are recognised on a case by case basis following the granting of probate when the administrator/executor for the estate has communicated in writing both the amount and settlement date. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title to the asset having been transferred to the charity.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

#### 2. ACCOUNTING POLICIES - continued

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Allocation and apportionment of costs**

Costs are allocated between direct charitable and support expenditure according to the nature of the cost. Where items involve more than one category they are apportioned between the categories on a basis consistent with the use of resources.

#### **Tangible fixed assets**

Tangible fixed assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Freehold land - Freehold land is not depreciated

Freehold property

Plant and machinery

Fixtures, fittings and equipment

Computer equipment

- 50 years straight line
- 5 years straight line
- 7 to 10 years straight line
- 3 years straight line

#### **Taxation**

Shalom House is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### **Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### **Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

#### 2. ACCOUNTING POLICIES - continued

#### Cash at bank and in hand

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result.

#### **Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Investments in non-convertible preference shares and in non-puttable ordinary and preference shares are measured:

- At fair value with changes recognised in Statement of Financial Activities if the shares are publicly traded or their fair value can otherwise be measured reliably;
- At cost less impairment for all other investments.

#### 3. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	25,266	41,456
Legacies	5,000	5,700
Deferred income released	3,140	3,140
	33,406	50,296

Income from donations and legacies was £33,406 (2020: £50,296) of which £3,140 (2020: £3,140) was attributable to restricted funds and £30,266 (2020: £47,156) was attributable to unrestricted funds.

### 4. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	10,878	17,530
Shop income	8,473	33,416
		<del></del>
	19,351	50,946

Income from trading activities was wholly attributable to unrestricted funds in 2021 and 2020.

14 continued...

2024

2020

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

	INVESTMENT INCOME		
		2021	2020
		£	£
	Deposit account interest	<b></b>	<b>26</b>
6.	INCOME FROM CHARITABLE ACTIVITIES		
		2021	2020
		Care and	Total
		respite	activities
		£	£
	Grants	191,636	101,280
	Grants received, included in the above, are as follows:	2021	2020
		202 i £	2020 £
	Hywel Dda Funding For Palliative Care Services	34,974	69,999
	WAG End of Life Board	24,472	8,500
	Pembrokeshire County Council	,	21,809
	HMRC Job Retention Scheme	27,078	972
	COVID Support	42,000	•
	COVID Support PAVS		•
	PAVS WCVA	42,000	:
	PAVS	42,000 18,232	: :
	PAVS WCVA	42,000 18,232 40,341	101,280
7.	PAVS WCVA	42,000 18,232 40,341 4,539	: :
7.	PAVS WCVA Screwfix Foundation	42,000 18,232 40,341 4,539	: :
7.	PAVS WCVA Screwfix Foundation  RAISING FUNDS	42,000 18,232 40,341 4,539 191,636	101,280
7.	PAVS WCVA Screwfix Foundation  RAISING FUNDS  Raising donations and legacies	42,000 18,232 40,341 4,539 191,636	101,280 2020 £
7.	PAVS WCVA Screwfix Foundation  RAISING FUNDS Raising donations and legacies  Staff costs	42,000 18,232 40,341 4,539 191,636 2021 £ 8,684	101,280
7.	PAVS WCVA Screwfix Foundation  RAISING FUNDS  Raising donations and legacies	42,000 18,232 40,341 4,539 191,636	101,280 2020 £

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

# 7. RAISING FUNDS - continued

_	2021	2020
	£	£
Purchases	1,028	3,926
Shop rates	472	103
Shop insurance	249	724
Shop light and heat	(376)	2,640
Shop rent	10,983	9,520
Shop repairs and maintenance	2,138	137
Shop sundry expenses	999	740
Shop consumables	11	80
Shop bank charges	96	47
	<u>15,600</u>	17,917
Aggregate amounts	34,259 ———	29,619

### 8. CHARITABLE ACTIVITIES COSTS

	Direct	Support	
	Costs (see	costs (see	
	note 9)	<b>note 10)</b>	Totals
	£	£	£
Care and respite	172,722	66,450	239,172

£20,930 (2020: £24,949) of the above costs were attributable to restricted funds. £218,242 (2020: £208,329) of the above costs were attributable to unrestricted funds.

### 9. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2021	2020
	£	£
Staff costs	116,352	129,984
Advertising	1,660	-
Kitchen costs	27	5,152
Medical & PPE supplies	4,801	324
Travel and subsistence	745	3,673
Rates and water	267	1,108
Insurance	3,970	3,730
Light and heat	3,868	4,411
Telephone	2,537	1,890
Postage and stationery	2,434	1,256
Sundry expenses	2,080	2,385
Repairs and maintenance	12,410	26,227
Cleaning	1,363	504
Website costs	1,027	1,370
Carried forward	153,541	182,014

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

_			
9.	DIRECT COSTS OF CHARITABLE ACTIVITIES - continued	2021	2020
		2021 £	2020 £
	Brought forward	153,541	182,014
	Counselling sessions	3,700	102,014
	Motor expenses	969	-
	Legal and professional fees	995	
	Depreciation	13,517	7,708
		172,722	189,722
10.	SUPPORT COSTS		
IV.	JOPPONI GOJIJ		Governance
			costs
			£
	Care and respite		66,450
	vale and respite		====
	Support costs, included in the above, are as follows:		
	Governance costs		
		2021	2020
		Care and	Total
		respite	activities
		£	£
	Wages	45,780	26,753
	Social security	2,638	978
	Pensions	6,153	2,504
	Independent examiners remuneration	3,500	3,500
	Independent examiners remuneration for		
	other work	4,216	4,930
	Rates and water	30	123
	<b>Insurance</b>	441	414
	Light and heat	430	490
	Telephone	282	210
	Postage and stationery	270	140
	Advertising	184	-
	Legal and professional fees	11	- 2/E
	Sundry expenses Repairs and maintenance	231	265 2 814
	Repairs and maintenance Cleaning	1,379 151	2,914 56
	Website costs	114	56 152
	Bank charges	6	1 <b>3</b> 4
	Depreciation of tangible fixed assets	634	- 37
		66,450	43,466
		UC1-100	73/700

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

### 11. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020 £
	£	
Examination of the financial statements	3,500	3,500
Other services	4,216	4,930
Depreciation - owned assets	14,151	7,744
Surplus on disposal of fixed assets	(300)	-

### 12. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

### 13. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	<b>155,455</b>	148,599
Social security costs	5,517	5,531
Other pension costs	18,635	17,791
	179,607	171,921
The average monthly number of employees during the year was as follows:		
	2021	2020
Care and respite	8	9
Administration	2	2
	<del></del>	
	10	11

No employees received emoluments in excess of £60,000.

The total employee benefits of the key management personnel of the charity were £93,498 (2020: £99,419).

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

14.	COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES			
		Unrestricted	Restricted	Total
		funds	fund	funds
		£	£	£
	INCOME AND ENDOWMENTS FROM		0.450	
	Donations and legacies	47,156	3,140	50,296
	Charitable activities			
	Care and respite	79,471	21,809	101,280
	Other trading activities	50,946	•	50,946
	Investment income	26		26
	Total	177,599	24,949	202,548
	EXPENDITURE ON			
	Raising funds	29,619	•	29,619
	Charitable activities			
	Care and respite	208,239	24,949	233,188
	Total	237,858	24,949	262,807
	Net gains/(losses) on investments	(11,697)		(11,697)
	NET INCOME/(EXPENDITURE)	(71,956)	•	(71,956)
	RECONCILIATION OF FUNDS			
	Total funds brought forward	755,226	-	755,226
	TOTAL FUNDS CARRIED FORWARD	683,270	•	683,270
15.	INDEPENDENT EXAMINERS REMUNERATION			
			2021	2020
			£	£
	Examination of the financial statements		3,500	3,500
	Other services		4,216	4,930
			7,716	8,430

TANGIRLE FIXED ASSETS

16.

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

 I AITOIDEE I IMED AGOETO	
	Freeho

Freehold   Plant and property machinery fittings   E   E   E   E   E   E   E   E   E		Frankald	Diami and	Fixtures
COST At 1 April 2020 At 1 April 2020 Additions Disposals				
COST At 1 April 2020 At 3,492 At 3,492 At 3,492 At 31 March 2021 At 31 March 2020 At 31 March 2021 At 31 March 2020 At 31 March 2021 At 31 March 2020 At 31 March 2021 At 31 Mar			•	_
At 1 April 2020 Additions	COST	£	£	£
Additions Disposals  - 5,547 - (7,350)  At 31 March 2021  At 31 March 2021  At 31 March 2020  At 1 April 2020  At 31 March 2021  At 31 March 2020  At 31 March 2021  At 31 March 2020  At 31 March 2021  At 31 March 2020  At 31 March 2021		AE2 A02	A0 E24	<i>4</i> 5 502
Disposals   -   -   (7,350)		433,472		45,503
At 31 March 2021		<u>.</u>	5,54 <i>1</i> -	(7 2EA)
DEPRECIATION At 1 April 2020 Charge for year Charge for year Eliminated on disposal At 31 March 2021 At 31 March 2021 At 31 March 2021 At 31 March 2021 At 31 March 2020 At 31 March 2021	nishasais	<b>-</b> _		(7,350)
DEPRECIATION At 1 April 2020 Charge for year Eliminated on disposal At 31 March 2021 At 31 March 2021 T9,390 At 31 March 2021 T0 Totals E E E COST At 1 April 2020 At 1 April 2020 At 31 March 2021 T5,995 T0,832 T2,550 DEPRECIATION At 1 April 2020 At 31 March 2021 T5,995 At 31 March 2021 T5,995 T0,932 Charge for year Timinated on disposal At 31 March 2021 T1,996 T7,733  NET BOOK VALUE At 31 March 2021 T1,996 T1,996 T1,773	At 31 March 2021	453,492	54.078	38,153
At 1 April 2020 Charge for year Eliminated on disposal At 31 March 2021 At 31 March 2020 At 31 March 2021		<del>`</del>	<del></del>	<del></del>
Charge for year   6,070   2,284   27				
Eliminated on disposal	<u>-</u>		-	-
At 31 March 2021 79,390 48,669 38,149  NET BOOK VALUE At 31 March 2021 374,102 5,409 4  At 31 March 2020 380,172 2,146 31  Motor computer equipment £ £ £  COST  At 1 April 2020 - 6,227 553,753  Additions 15,995 4,605 26,147  Disposals (7,350)  At 31 March 2021 15,995 10,832 572,550  DEPRECIATION At 1 April 2020 - 5,755 170,932  Charge for year 3,999 1,771 14,151  Eliminated on disposal  At 31 March 2021 3,999 7,526 177,733  NET BOOK VALUE At 31 March 2021 11,996 3,306 394,817		6,070	2,284	
NET BOOK VALUE At 31 March 2021  At 31 March 2020  Motor vehicles equipment E E E  COST At 1 April 2020  At 31 March 2020  At 31 March 2020  At 31 March 2021	Eliminated on disposal			(7,350)
At 31 March 2021 374,102 5,409 4  At 31 March 2020 380,172 2,146 31    Motor vehicles equipment vehicles £ £ £    COST	At 31 March 2021	79,390	48,669	38,149
At 31 March 2021 374,102 5,409 4  At 31 March 2020 380,172 2,146 31    Motor vehicles equipment vehicles £ £ £    COST	NET BOOK WALLE		<del></del> -	
At 31 March 2020    Motor vehicles equipment vehicles for the first state of the first st		274 402	E 400	
Motor vehicles equipment totals to the first state of the first state	At 31 Iviarch 2021	3/4,102 	<b>5,407</b>	4
COST         E         C         C         C         55,755         A         A         C         C         C         A         C         C         D	At 31 March 2020	380,172	2,146	31
COST         E         C         C         C         55,755         A         A         C         C         C         A         C         C         D				
COST         £         2         2         5         75.5 </td <td></td> <td>Motor</td> <td>Computer</td> <td></td>		Motor	Computer	
COST At 1 April 2020 - 6,227 553,753 Additions 15,995 4,605 26,147 Disposals - (7,350)  At 31 March 2021 15,995 10,832 572,550  DEPRECIATION At 1 April 2020 - 5,755 170,932 Charge for year 3,999 1,771 14,151 Eliminated on disposal - (7,350)  At 31 March 2021 3,999 7,526 177,733  NET BOOK VALUE At 31 March 2021 11,996 3,306 394,817		vehicles	equipment	Totals
At 1 April 2020 Additions Disposals  At 31 March 2021  DEPRECIATION At 1 April 2020 Charge for year Eliminated on disposal  At 31 March 2021		£		£
Additions Disposals  15,995 4,605 26,147 Disposals  - (7,350)  At 31 March 2021  DEPRECIATION At 1 April 2020 Charge for year Eliminated on disposal  At 31 March 2021  At 31 March 2021  At 31 March 2021  DEPRECIATION  3,999 1,771 14,151 Eliminated on disposal  - (7,350)  At 31 March 2021  3,999 7,526 177,733  NET BOOK VALUE  At 31 March 2021  11,996 3,306 394,817	COST			
Disposals (7,350)  At 31 March 2021 15,995 10,832 572,550  DEPRECIATION  At 1 April 2020 - 5,755 170,932  Charge for year 3,999 1,771 14,151  Eliminated on disposal (7,350)  At 31 March 2021 3,999 7,526 177,733  NET BOOK VALUE  At 31 March 2021 11,996 3,306 394,817	At 1 April 2020	-	6,227	553,753
At 31 March 2021 15,995 10,832 572,550  DEPRECIATION At 1 April 2020 - 5,755 170,932 Charge for year 3,999 1,771 14,151 Eliminated on disposal - (7,350)  At 31 March 2021 3,999 7,526 177,733  NET BOOK VALUE At 31 March 2021 11,996 3,306 394,817	Additions	15,995	4,605	-
DEPRECIATION At 1 April 2020 - 5,755 170,932 Charge for year 3,999 1,771 14,151 Eliminated on disposal - (7,350)  At 31 March 2021 3,999 7,526 177,733  NET BOOK VALUE At 31 March 2021 11,996 3,306 394,817	Disposals	-	-	(7,350)
DEPRECIATION At 1 April 2020 - 5,755 170,932 Charge for year 3,999 1,771 14,151 Eliminated on disposal - (7,350)  At 31 March 2021 3,999 7,526 177,733  NET BOOK VALUE At 31 March 2021 11,996 3,306 394,817	At 31 March 2021	15,995	10,832	572,550
At 1 April 2020       -       5,755       170,932         Charge for year       3,999       1,771       14,151         Eliminated on disposal       -       -       (7,350)         At 31 March 2021       3,999       7,526       177,733         NET BOOK VALUE       11,996       3,306       394,817				
Charge for year       3,999       1,771       14,151         Eliminated on disposal       -       -       (7,350)         At 31 March 2021       3,999       7,526       177,733         NET BOOK VALUE       11,996       3,306       394,817				470.000
Eliminated on disposal (7,350)  At 31 March 2021 3,999 7,526 177,733  NET BOOK VALUE At 31 March 2021 11,996 3,306 394,817				
At 31 March 2021 3,999 7,526 177,733  NET BOOK VALUE At 31 March 2021 11,996 3,306 394,817		3,999	1,771	
NET BOOK VALUE At 31 March 2021  11,996 3,306 394,817	Eliminated on disposal			(7,350)
At 31 March 2021 11,996 3,306 394,817	At 31 March 2021	3,999	7,526	177,733
At 31 March 2021 11,996 3,306 394,817	NET POOK VALUE			
		11 004	2 204	20/ 917
At 31 March 2020 - 472 382,821	AL J I WAIGH EVE I	——————————————————————————————————————		374 <sub>/</sub> 01/
	At 31 March 2020	-	472	382.821

Included in cost or valuation of land and buildings is freehold land of £150,000 (2020 - £150,000) which is not depreciated.

20 continued...

**Fixtures** 

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

### 16. TANGIBLE FIXED ASSETS - continued

Land and building comprise the freehold premises known as 113 Nun Street, St. Davids and occupied by the charity. They were donated by Miss Elizabeth de Guise, a local benefactress. At 16 September 1998, the property was valued at £85,000 and included in the charity's accounts. When the charity commenced activities on 1 July 2007, the premises were revalued due to the substantial amount of renovation work undertaken. Land has been valued by the Trustees at £150,000 and has not been depreciated.

The property was valued at £425,000 as at 30 June 2007, by J J Morris Chartered Surveyors on 10 December 2008. Freehold land and buildings were recognised using this valuation as a deemed cost on transition to the SORP. These assets are being depreciated from their valuation date of 30 June 2007 and have a net book value of £374,102 (2020: £380,172).

#### 17. FIXED ASSET INVESTMENTS

	Listea investments
MARKET VALUE	£
At 1 April 2020	306,252
Revaluations	28,023
	334,275
NET BOOK VALUE	
At 31 March 2021	334,275
At 31 March 2020	306,252

There were no investment assets outside the UK.

The fair value of listed investments is determined by reference to quoted price for identical assets in an active market at the balance sheet date.

#### 18. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	<b>2</b> 42 i	2020
	£	£
Other debtors	17,296	12,638
Gift aid receivable	3,148	1,626
VAT	8,668	6,923
Prepayments	1,723	817
	30,835	22,004
	<del></del>	

21 continued...

2021

1:4.4

2020

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

19.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2021	2020
		£	£
	Trade creditors	5,743	1,947
	Social security and other taxes	2,382	2,481
	Pension	2,109	2,069
	Attachment of earnings	30	15
	Accrued expenses	8,620	8,491
	Deferred government grants	3,140	3,140
	Deferred income	12,084	19,500

### 20. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2021	2020
	£	£
Within one year	14,600	14,600
Between one and five years	-	9,600
	<del></del>	
	14,600	24,200

Total financial commitments, guarantees and contingencies which are not included in the balance sheet amount to £14,600 (2020: £24,200).

### 21. ACCRUALS AND DEFERRED INCOME

	<b>202</b> I	2020
	£	£
Deferred government grants	110,685	113,825
Deferred income	12,248	•
	122,933	113,825
		====

Deferred government grants are grants awarded for the purpose of renovating the charities premises. These grants have been treated as deferred income, and amortised over the life of the corresponding assets.

Deferred income consists of income and other grants received. Grants and other income for specific expenditure such as assets will be released over the useful life of the corresponding asset.

Deferred income in respect of the charity's core costs will be released when the expenditure has been incurred.

22 continued...

34,108

2024

37,643

2020

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

<b>22</b> .	MOVEMENT IN FUNDS			Net	
				movement	At
			At 1.4.20	in funds	31.3.21
			£	£	£
	Unrestricted funds				
	General fund		<b>524,018</b>	(28,711)	495,307
	Fair value reserve		9,252	28,023	37,275
	Designated contingency fund		150,000		150,000
			683,270	(688)	682,582
	TOTAL FUNDS		683,270	(688)	682,582
	Net movement in funds, included in the al	oove are as follows:			
		Incoming	Resources	Gains and	Movement
		resources	expended	losses	in funds
		£	£	£	£
	Unrestricted funds	_	_	_	_
	General fund	223,790	(252,501)	-	(28,711)
	Fair value reserve	1		28,022	28,023
		223,791	(252,501)	28,022	(688)
	Restricted funds				
	Care and respite	20,930	(20,930)	-	-
	TOTAL FUNDS	<del></del> 244,721	(273,431)	28,022	(688)
	TOTALIGADS	====	<u> </u>		
	Comparatives for movement in funds				
				Net	
				movement	At
			At 1.4.19	in funds	31.3.20
			£	£	£
	Unrestricted funds				
	General fund		584,277	(60,259)	524,018
	Fair value reserve		20,949	<b>(11,697)</b>	9,252
	Designated contingency fund		150,000		150,000
			755,226	(71,956)	683,270
	TOTAL FUNDS		755,226	(71,956)	683,270

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

### 22. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Gains and losses	Movement in funds
	£	£	£	£
Unrestricted funds				
General fund	177,599	(237,858)	-	(60,259)
Fair value reserve			(11,697)	(11,697)
	177,599	(237,858)	(11,697)	(71,956)
Restricted funds				
Care and respite	24,949	(24,949)	-	•
TOTAL FUNDS	202,548	(262,807)	<b>(11,697)</b>	(71,956)
	<u> </u>			

A current year 12 months and prior year 12 months combined position is as follows:

		At	
	At 1.4.19	in funds	31.3.21
	£	£	£
Unrestricted funds			
General fund	<b>584,277</b>	(88,970)	495,307
Fair value reserve	20,949	16,326	37,275
Designated contingency fund	150,000		150,000
	755,226	(72,644)	682,582
TOTAL FUNDS	<b>755,226</b>	(72,644)	682,582

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds	_	_	_	_
General fund	401,389	(490,359)	-	(88,970)
Fair value reserve	1		16,325	16,326
	401,390	(490,359)	16,325	(72,644)
Restricted funds Care and respite	45,879	(45,879)	-	-
TOTAL FUNDS	447,269	(536,238)	16,325	<b>(72,644)</b>

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

# 23. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. The pension costs charge represents contributions payable by the charity to those funds and amounted to £18,635 (2020: £17,791).

# 24. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

### 25. ULTIMATE CONTROLLING PARTY

The ultimate controlling party is the board of trustees.