Registered number: 07869359 Charity number: 1145373

Newcastle Carers

(A company limited by guarantee)
Annual Report

31 March 2021

(A company limited by guarantee)

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Reference and administrative details Year ended 31 March 2020

Trustees

S R Bromhead D Phythian A R W Walker M K Youngs V Stonor (resigned 17 September 2021) A Hill

Company registered number

07869359

Charity registered number

1145373

Registered office

135-139 Shields Road Newcastle upon Tyne NE6 1DN

Company secretary

E Gorringe

Accountants

UNW LLP Chartered Accountants Citygate St James' Boulevard Newcastle upon Tyne NE1 4JE

Bankers

Unity Trust Bank Birmingham B1 2HB

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Trustees' report Year ended 31 March 2021

The trustees present their annual report together with the financial statements of the charity for the 1 April 2020 to 31 March 2021. The annual report serves the purposes of both a trustees' report and a directors' report under company law. The trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the charity qualifies as small under section 382 of the Companies Act 2006, the strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

Policies and objectives

Newcastle Carers is an independent charity supporting adults, children and young people who care for someone living in Newcastle upon Tyne. We provide support to unpaid carers who care for a family member or friend who is ill, disabled or has mental health or substance misuse problems. Our service is free, confidential and non-judgemental, helping carers to find ways to make their situation easier. We act as a hub for carers in Newcastle, offering information and support throughout the caring journey.

We are the Newcastle network partner of Carers Trust, a national charity which works to improve support, services and recognition for any unpaid carer in the UK. We are also an affiliated member of Carers UK, a national UK membership charity who provide a support network for UK carers.

Our mission is to improve the quality of life for carers in Newcastle, and to tackle the inequalities that carers face.

Achievements and performance

Review of activities

We deliver an integrated young carers and adult carers service, providing unpaid carers of all ages in Newcastle the high-quality service they are entitled to and deserve. Anyone can become a carer. Sometimes it's overnight, through sudden illness or injury, or it can be a gradual process as someone's health deteriorates. It can be a lifetime commitment. The carers we work with reflect the diversity of communities and circumstances of the residents of the city as a whole.

We continue to provide the joint Newcastle City Council and Newcastle Gateshead Clinical Commissioning Group contract for Carers Services in Newcastle upon Tyne. This three-year contract runs from November 2018. A one-year extension has already been confirmed, with the potential of another from November 2022. Additional funding from a range of grant makers enables us to use our skills and expertise to expand our valuable work with carers, continuing our successful services and developing new solutions to meet carers' changing needs. Ongoing monitoring and evaluation of our services allows us to develop in response to carer feedback.

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Trustees' report (continued) Year ended 31 March 2021

Achievements and performance (continued)

Carers already faced many challenges before the COVID 19 pandemic, significant pressure on health and social care services, the ongoing impact of welfare reform and reductions in capacity in the voluntary and community sector. All of these have become more serious in light of COVID 19, along with the additional isolation of lockdown, shielding and lack of access to many support services for those they care for. 2020/21 saw us adapt our services to meet the rapidly evolving challenges of the pandemic and ensure we continued to provide carers with high quality support. We also continued working with other services and organisations to encourage good practice in identifying and supporting carers.

During the year 2020/21:

- 6,210 (2020: 5,907) adult carers were in contact with Newcastle Carers;
- 139 (2020: 105) young carers (aged 5-18) and their families were supported;
- 87 (2020: 94) young carers and 663 (2020: 991) adult carers registered with the charity during the year;
- 189 (2020: 324) carers were awarded a grant from the Carers Wellbeing Fund.

Despite a reduction in external referrals the demand for our services remained consistently high, with COVID-19 exacerbating already complex carer situations. In general, carers told us they felt more and more under pressure and stressed, and there was a great need for emotional support and coping strategies, as well as information, advice and referrals to other services.

Apart from a few weeks in September our staff worked from home throughout 2020/21. The situation was reviewed as guidelines changed, with trustees, managers and staff representatives taking part in fortnightly COVID-19 Planning Group meetings. This ensured a holistic, service-wide perspective to all our planning and responses to the pandemic.

Our Carer Information and Advice Line remained open as usual throughout the pandemic, dealing with all ongoing enquiries and responding to COVID-19 enquiries, giving reassurance and advice as well as referring to relevant services. Case work continued, with appointments taking place by telephone or online as much as possible. Our counselling service continued throughout, offering telephone or online appointments.

A limited number of face-to-face appointments were offered to vulnerable young carers and adult carers who were unable to effectively engage with our service in other ways, with clear procedures to ensure they were in line with COVID-19 restrictions.

We know that many carers do not have access to the internet or do not feel confident accessing resources online. To help keep carers informed and connected we produced additional newsletters this year, including our 'Looking After Yourself' booklet, produced in response to many calls from carers describing the stress they were feeling. As always, these were sent by post to adult carers across the city and resulted in a large number of additional calls to our Carer Information and Advice Line, enabling us to respond positively to many carers needing advice, support and information.

Welfare Calls

Building on the success of calls to all young carers on our system at the very start of the pandemic, in April we systematically began 'welfare calls' to carers over the age of 80 registered with Newcastle Carers, offering a listening ear and valuable information and advice to many carers who do not have access to on-line information. As restrictions lengthened this was expanded to carers aged 65-80 looking after those with dementia, mental health problems or learning disabilities, as national evidence suggests these carers have been put under the greatest strain due to the pandemic. This work was supported by a grant from the Community Foundation Tyne & Wear and Northumberland. In March 2021 we received a grant from Newcastle Gateshead Clinical Commissioning Group which enabled us to temporarily allocate additional resources to these welfare calls and provide urgent grants for carers.

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Trustees' report (continued) Year ended 31 March 2021

Achievements and performance (continued)

COVID-19 Emergency Grants

We developed an Emergency Fund, which staff can apply to on behalf of young carers and adult carers who need urgent resources to help them during the pandemic. This was funded by the Carers Wellbeing Fund and allowed us to meet carers immediate needs.

We continued to use external resources to apply for urgent grants for carers, in particular successfully applying for over £6,000 in Carers Trust COVID emergency grants for a range of IT equipment and other items to help carers manage and stay safe. This fund has now ceased but we continue to apply for non-urgent grants for carers from Carers Trust.

We were also successful in getting funding from The Triangle Trust 1949 Fund, Lloyds Bank Foundation, the Community Foundation Tyne & Wear and Northumberland, Newcastle City Council and Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust to support our service to meet the additional challenges of the pandemic.

Young Carers and Young Adult Carers

Throughout the year our Young Carers Workers continued to carry complex caseloads supporting young carers in families under significant strain, requiring particularly close liaison with the whole family and with other professionals. This included liaising with schools to ensure that young carers needs were identified, they had access to entitlements such as laptops and school meals, and that they were prioritised for a place at school as a vulnerable child during lockdowns. We worked closely with Children's Social Care, raising concerns, working collaboratively to meet needs and advocating on behalf of young carers.

We worked closely with the Best Summer Ever programme to enable young carers to benefit from activities and resources available within their local area. As in previous years we linked young carers to the Northeast Raising Aspirations Programme, to enable them to take part in virtual activities provided this year.

In September we appointed a Young Carers Groups and Activities Worker, partially funded by Children in Need. We launched weekly online groups for all young carers, and young adult carers online groups moved from fortnightly to weekly. A fun and colourful mailout was distributed to 58 young carers aged 8-15, inviting them to join new group activities for their age groups. Young people received follow up phone calls and Microsoft Teams guidance to ensure accessibility. All group participants receive age-appropriate snacks and resources through the post prior to group sessions, aiding participation and complementing the group experience.

Our new role of Young Carer Awareness Co-Ordinator (5s-25s) started work in April with the aim of increasing awareness, identification and support for young carers and young adult carers across the city. Throughout the year the focus has been on schools, and engagement has been incredibly positive, despite the challenges schools faced this year with lockdown. Work has included sending information to every school in the city, virtual training sessions with school staff, developing publications and lesson plans which education providers can download from a new, dedicated section of our website, supporting Young Carer Ambassadors to raise awareness in their own school/college, speaking to meetings of Head Teachers and School Governors and a presentation at the Newcastle Safeguarding Children's Partnership annual Children's Conference.

In addition to Newcastle Carers online groups, we began running two monthly student carer groups - one in partnership with Newcastle 6th Form College and one a combined group for students at Newcastle and Northumbria universities run in partnership with staff from both universities.

For Young Carers Action Day (March 16th) a group of young carers met over several months to plan and deliver a workshop for professionals aiming to raise awareness of how to identify and support young carers. The event was fully booked, with 60 staff from 22 schools involved. All attendees said the event helped them to take further action to identify and support young carers in school.

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Trustees' report (continued) Year ended 31 March 2021

Achievements and performance (continued)

Inspiring Change (funded by Carers Trust in partnership with Quilter Foundation) supported Young Adult Carers to create a Transition Group programme. Initially one-to-one work and group sessions were used to plan a transition group programme. 16 online sessions were then delivered and were designed to overcome current barriers and look towards new opportunities, embedding skills and knowledge to help Young Adult Carers work towards a positive future.

Mental Health Carers Online Group

This online group for adult carers successfully started meeting weekly in October. It was a significant piece of work to enable some adult carers to feel confident with the IT necessary to meet online. However, once this initial hurdle was overcome, feedback about the benefits of meeting has been very positive. The group allows time for discussion of how caring is going but also gives useful information and includes a short relaxation session.

Relaxation and Wellbeing Online Sessions

In response to carers reporting increasing stress, we ran online relaxation and wellbeing sessions, allowing carers to access a safe space to learn relaxation techniques and look at ways to support their wellbeing.

The Digital Resource for Carers

We teamed up with Carers UK to give access via our website to the Digital Resource for Carers, providing a range of e-Learning modules, factsheets, interactive guides, personalised support and information.

Newcastle Carers' Lockdown Creative project

Our Lockdown Creative project was a hugely positive piece of work responding to the abundance of evidence to suggest that arts and creative activities have health benefits for everyone. Newcastle based artist, Louise Underwood, shared creative activities for carers and their families to get involved in creating themselves. Over a period of weeks, carers could find a new activity on Newcastle Carers website and social media platforms included step-by-step instructions with pictures or a video. Carers were encouraged to share their creations using #LockdownCreative. We received some fantastic photos of carers' creations and great feedback about the benefits of being involved.

Carer Vaccinations

Carers aged 16-64 were entitled to a COVID-19 vaccination in priority group 6 from February. We worked closely in partnership with Newcastle Gateshead Clinical Commissioning Group and Newcastle City Council and assisted in 2 ways:

- After undertaking due diligence and with legal advice confirming there was a legitimate interest basis for this, we shared data with the City Council and the NHS allowing carers aged 16-64 on our database to be invited for a vaccination.
- We acted as a single point of contact for carers enquiring about the COVID vaccine on behalf of GP
 practices in Newcastle. This assisted GP practices during a hectic period and meant carers were
 accurately identified, recognised as a carer by their GP practice, heard about our service and had the
 opportunity to register with us.

This was a very worthwhile piece of work, albeit challenging in terms of capacity - in the first two weeks we responded to 169 enquiries and registered 84 new carers on our database, and proactively contacted carers aged 16-18 to ensure they could access the Pfizer vaccine. The procedure for carers to book appointments for a vaccine changed on a number of occasions, and so maintaining accurate and trusted information and support to carers was vital.

PPE for carers

We agreed to be the point of contact for carers requesting free PPE which they are entitled to access from the council. This was integrated into the work of the Carers Information Line and raised our profile with carers who may not previously have known about our services.

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Trustees' report (continued) Year ended 31 March 2021

Achievements and performance (continued)

Volunteers

As the majority of our volunteer led services are face-to-face groups COVID-19 has had an adverse impact on our volunteering team and activities. Volunteer counselling successfully continued via an online and telephone service. Our existing volunteers have remained engaged with Newcastle Carers throughout the year and some volunteers have continued to provide support to carers at this time, e.g., assisting with keeping in touch with carers who would otherwise have been benefitting from in person support groups. We hope to re-establish volunteer led services when it is safe to do so.

Partnership Work:

Top Tips for Education Staff

We were involved in a partnership project with carers organisations from across the country to address issues young carers/young adult carers faced with schools/colleges during COVID-19. Young Carers and Young Adult Carers provided invaluable information and they came together on Zoom to collate their own 'Top Tips for education staff'.

Young adult carers from Newcastle gave fantastic feedback about the work, sharing "it was awesome. I really enjoyed it and was buzzing afterwards, and it's always great to know that so many people are in the same boat as you." The top tips include examples of the issues that they raised and advice directly from young people about what will make a difference. We supported the young people to share this information with their schools and colleges to help improve identification and support for young carers during this challenging time.

Dementia Advice Centre

Our formal Dementia Advice Centre partnership with Dementia Matters and Search terminated at the start of July. We transferred the Carer Information and Advice Worker's caseload successfully to Newcastle Carers and she continues to be funded by Lloyds Bank Foundation to provide dedicated support to carers of someone with dementia in Newcastle. Evidence continues to show the particular challenges for these carers at present, with many reporting a deterioration in the person they care for due to isolation. We continue to work closely with the Admiral Nurse and other staff at Dementia Matters and with Search to deliver co-ordinated and comprehensive support to carers of those with dementia.

Carers Into Work Project

Our Carers into Work Adviser started at the end of April and initially supported carers looking for work. This project is funded through the North of Tyne Combined Authority and is in partnership with Carers Northumberland and North Tyneside Carers Centre. The project is a pilot and continues to be reviewed and adapted and valuable learning captured.

The caseworkers in each carers organisation began very positive work, delivering flexible support tailored to the needs of individual carers. Over the year there was a recognition that the environment had changed considerably, with carers under additional pressure and the job market significantly reduced due to COVID-19. Recognising these additional challenges, the eligibility criteria for this project was extended to include supporting carers who are in work and are looking for a change of employment which better meets their employment and caring needs, or those in work who wish to maintain their current employment but need support to implement strategies to balance their work and caring responsibilities. The project also works with young adult carers aged 16+ who need support to access training, education or employment. These positive changes mean a broader range of carers are now benefitting from the expertise and support of the Carers into Work Advisors.

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Trustees' report (continued) Year ended 31 March 2021

Achievements and performance (continued)

Triangle Trust

Due to the ongoing challenges of the COVID-19 pandemic none of the carer's organisations involved had the capacity to restart our postponed strategic work with Carers Northumberland and North Tyneside Carers Centre to explore how we can maximise our impact and the recognition and understanding of carers North of Tyne. The unspent funding was returned to The Triangle Trust 1949 Fund. However, the initial work to strengthen our joint working for the benefit of carers completed before the pandemic was invaluable and creates a strong foundation for further collaborative initiatives.

Better Health at Work Award

Our commitment to supporting our staff and helping them to maintain good physical and mental health was especially important this year, as the uncertainties of the pandemic impacted on us all. We were successful in maintaining our silver Better Health at Work award in 2020, despite the challenges to our health advocates of delivering all activities remotely. In January 2021 we increased our team of trained health advocates to five members of staff and are aiming to achieve the gold award in 2021.

Organisational changes

CEO Recruitment

Our CEO, Katie Dodd, was due to leave the organisation in June, but due to COVID-19 remained in post until August to support the extraordinary circumstances and the recovery plan.

The recruitment of a new CEO took place in March 2021 with trustees, staff, young adult carers and the City Council Carers Lead Officer all involved at various stages within the interview process. Edward Gorringe started as the new CEO in late April 2021. Prior to his appointment the organisation was very ably led by Rachel Parsons, Deputy CEO and Adult Carers Manager, who acted up for a temporary period with the support of Alison Neill, Support Services Manager and Elizabeth Fletcher, Young Carers Manager.

Appointment of New Chair and Vice Chair

Veronica Stonor, who had served as Chair of the Board of trustees sifor 7 years, stood down in September 2020 and Trustees unanimously elected Mary Youngs as the new Chair. Veronica remains a trustee.

In January 2021 the trustees approved the appointment of Simon Bromhead as Vice Chair, agreeing this new role would be beneficial to the charity.

· Brand refresh and new website launch

Throughout the year we worked with Sail Design to refresh the organisation's branding to better reflect our allage service. In February we launched a new website and new publicity documents. Our brand refresh is now integrated into all our publicity and gives an up to date and all-ages feel to the organisation.

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Trustees' report (continued) Year ended 31 March 2021

Achievements and performance (continued)

Financial review

Financial performance

Income for the year amounted to £895,182, an increase of £33,462 from the prior year. The majority of this increase is due to successful Covid-19 Support grant applications.

Overall the trustees are satisfied with both the result for the year and the year end financial position, in what continues to be a challenging economic climate. The significant surplus achieved of £176,181 is predominately attributable to staff changes throughout the year, vacant posts and the Covid-19 pandemic, which caused several projects to be put on hold resulting in the recognition of the income without all of the corresponding cost. Due to the savings made in year the trustees have been able to further designate funds to protect and strengthen the charity as we recover from the pandemic. Details of designated funds can be found in note 12.

Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in note 2.2 of the accounting policies.

Reserves policy

Reserves are maintained at a level which ensures that Newcastle Carers core activities could continue during a period of unforeseen difficulty. The trustees believe that the minimum level of the EOR (the "Emergency Operating Reserve" - EOR) should be the equivalent of four months' operating costs budgeted for the following financial year, plus an additional £50,000 for unexpected, large ad hoc costs such as repairs and maintenance.

The figure is calculated and reviewed annually and has been identified following consideration of the main financial risks to the charity. The EOR should be built up to the desired level in stages consistent with the charity's overall financial position and its need to maintain and develop its charitable activities. Therefore, based on the 2021/22 budget the target free reserves is £350,000. As Newcastle Carers have reached this desired level of reserves, the trustees have explicitly designated the amount to ring fence the reserves. This therefore means the remaining level of unrestricted free reserves can be zero. Should the charity enter negative funds, this will be covered by release from the EOR and then the charity will look to build the fund back up to the desired level.

The fund balances carried forward at 31 March 2021 show a total of £701,448. Of these funds £164,349 are restricted funds. Excluding balances tied up in restricted and designated funds (excluding the EOR) and fixed assets the charity's total free reserves stand at a £384,854. Therefore, the charity has a surplus in reserves of £34,854. The charity is anticipating a small deficit for the next financial year therefore the surplus reserves will be used to fund this.

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Trustees' report (continued) Year ended 31 March 2021

Structure, governance and management

Constitution

The company is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 2 December 2011.

The principal objects of Newcastle Carers are:

(a) to relieve the charitable needs of adults and young people who are carers in and around the City of Newcastle upon Tyne, particularly through the provision of advice, information, advocacy, training, counselling, support, friendship and such other activities as the trustees shall from time to time think fit.

(b) to advance education concerning caring amongst carers, the public, and professional and statutory authorities.

Methods of appointment or election of trustees

Trustees are appointed through a process that is open and transparent and takes account of the equalities and diversity policy. A job description and person specification for the role of trustee is agreed and a recruitment pack developed. The post is advertised widely to attract applicants with the relevant skills and experience. All those making an application, and meeting the eligibility criteria, are invited to a first meeting with the Chief Executive and nominated trustees.

In the next stage of the recruitment process candidates are invited to attend a trustee meeting as a guest, to meet other trustees and experience how the Board works. At the following board/general meeting successful candidates will either be co-opted to the Board (by a vote of the trustees) or elected to the Board (by the membership at a general meeting.) Co-opted trustees serve until the next AGM, when they must either stand for election by the membership or stand down.

Organisational structure and decision-making policies

The board of trustees meet bi-monthly, with additional meetings arranged when necessary. Officers are appointed at the first board meeting following the Annual General Meeting.

The board nominates individual trustees to undertake specific tasks, for example as lead on GDPR and data security, to advise and assist with policies and procedures, or to support recruitment of staff and trustees.

Day-to-day management of the charity is delegated to the Chief Executive. Our previous CEO, Katie Dodd, stood down as planned in August 2020, a new CEO, Edward Gorringe, was recruited in March 2021 and commenced in late April 2021.

Risk management

The trustees have assessed the major risks to which the company is exposed, in particular those related to the operations and finances of the company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

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Trustees' report (continued) Year ended 31 March 2021

Structure, governance and management (continued)

Public benefit

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regards to the Charity Commission's general guidance on public benefit when reviewing Newcastle Carers aims and objectives and in planning the future activities. In particular the trustees considered how planned activities would contribute to the aims and objectives they had set.

Plans for future periods

We have already begun to plan a new service delivery offer, aiming to combine our learning and best practice from the last year with the face-to-face services that many carers need. We will continue online access to groups and appointments and some home working for staff. The ongoing uncertainly from COVID-19 and the need to ensure a safe and effective service means we will have a flexible and innovative service delivery culture, able to continually adapt and respond to external circumstances and carers needs.

The pandemic continues to bring many challenges for carers and delivering high quality services throughout the pandemic and beyond remains our clear priority. However, there are also opportunities. The pandemic has raised awareness of carers and we will develop opportunities to build on this and work with other services and organisations to encourage good practice in identifying and supporting young carers, young adult carers and adult carers in communities across Newcastle.

Our fundraising priority over the coming year will be to bring in additional funding to enable safe and effective service delivery within the changing restrictions and requirements of COVID-19. We will support our existing clients and continue to reach new carers and aim to identify and mitigate the additional difficulties they face due to the pandemic. We will ensure staff are comprehensively trained and kept up to date as circumstances change.

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Trustees' report (continued) Year ended 31 March 2021

Statement of trustees' responsibilities

The trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial . Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of trustees on 27 September 2021 and signed on their behalf by:

A Hill



Independent examiner's report Year ended 31 March 2021

Independent examiner's report to the trustees of Newcastle Carers ('the charity')

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Arrow Hanburgh Signed:

Anne Hallowell

UNW LLP Chartered Accountants Dated: 27 September 2021 BSc DChA FCA

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Statement of financial activities (incorporating income and expenditure account) Year ended 31 March 2021

| | Note | Unrestricted funds 2021 £ | Designated funds 2021 | Restricted funds 2021 £ | Total funds 2021 £ | Total funds 2020 £ |
|-----------------------------|------|------------------------------------|-----------------------------|----------------------------------|-----------------------------|-----------------------------|
| Income from: | | | | | | |
| Donations and legacies | 4 | 8,859 | = | 220,028 | 228,887 | 164,057 |
| Charitable activities | 6 | 581,285 | - | 85,000 | 666,285 | 693,827 |
| Other trading activities | | 10 | ia. | - | 10 | 3,836 |
| Total income | | | | 205 000 | 005 400 | 004 700 |
| Expenditure on: | | 590,154 | | 305,028 | 895,182 | 861.720 |
| Raising funds | | 187 | - | - | 187 | 1,964 |
| Charitable activities | 7 | 480,951 | 21,221 | 216,642 | 718,814 | 665,824 |
| Total expenditure | | 481,138 | 21,221 | 216,642 | 719.001 | 667,788 |
| Net income | | | | | | |
| | | 109,016 | (21,221) | 88,386 | 176,181 | 193,932 |
| Transfers between funds | 12 | (100,677) | 101,000 | (323) | - | - |
| Net movement in funds | | 8,339 | 79.779 | 88.063 | 176.181 | 193,932 |
| Reconciliation of funds: | 12 | HINNE. | | | | |
| Total funds brought forward | d 12 | 48,981 | 400,000 | 76,286 | 525,267 | 331,335 |
| Net movement in funds | 12 | | 79,779 | 88,063 | 176,181 | 193,932 |
| Total funds carried | | 57,320 | 13,113 | 00,000 | 110,101 | 100,002 |
| forward | 12 | 57.320 | 479,779 | 164,349 | 701.448 | 525,267 |

The notes on pages 15 to 32 form part of these financial statements.

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Balance sheet As at 31 March 2021

| | Note | | 2021 £ | | 2020 £ |
|---|------|----------|-----------|----------|-----------|
| Fixed assets | | | | | |
| Tangible assets | 9 | | 22,446 | | 13,406 |
| | | - | 22,446 | | 13,406 |
| Current assets | | | | | |
| Debtors | 10 | 47,263 | | 168,911 | |
| Cash at bank and in hand | | 707,070 | | 386,513 | |
| | - | 754,333 | - | 555,424 | |
| Creditors: amounts falling due within one year | 11 | (75,331) | | (43,563) | |
| Net current assets | | | 679,002 | | 511,861 |
| Total net assets | | - | 701,448 | | 525,267 |
| | | - | | | |
| Restricted funds Unrestricted funds | 12 | | 164,349 | | 76,286 |
| Designated funds | 12 | 479,779 | | 400,000 | |
| General funds | 12 | 57,320 | | 48,981 | |
| Total unrestricted funds | 12 | | 537,099 | | 448,981 |
| Total funds | | | 701,448 | | 525,267 |

The charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the trustees on 27 September 2021 and signed on their behalf by:

M K Youngs

an

Company registered number: 07869359 The notes on pages 15 to 32 form part of these financial statements.

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

1. General information

The charity is a company limited by guarantee incorporated in the United Kingdom. The members of the company are the trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) -Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Newcastle Carers meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in pounds sterling which is the functional currency of the charity and are rounded to the nearest £1.

2.2 Going concern

The financial statements have been prepared on a going concern basis.

Given the matters outlined in the trustees report, particularly those in relation to Covid-19, the trustees have considered the additional risks presented and all factors they believe might reasonably impact upon the future outlook of the charity. The charity has a relatively low fixed cost base and adequate resources to continue in operational existence for the foreseeable future. As a result, the trustees have a reasonable expectation that the charity will continue as a going concern for a period of at least 12 months from the date of signing these accounts.

2.3 Incoming resources

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the relevant events. Gifts donated for resale are included as income when they are sold.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity, including those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Expenditure on raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the statement of financial activities over the expected useful lives of the assets concerned. Other grants are credited to the statement of financial activities as the related expenditure is incurred.

2.6 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

| Short-term leasehold property | - over the life of the lease |
|-------------------------------|------------------------------|
| Office equipment | - 25% |
| Computer equipment | - 33% |

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

2.10 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

2.11 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Critical accounting estimates and areas of judgment

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

In preparing these financial statements the directors do not consider there were any significant areas of judgement that were required in applying the company's accounting policies as set out above.

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

4. Income from donations and legacies

| | Unrestricted funds 2021 £ | Restricted funds 2021 £ | Total funds 2021 £ |
|---|------------------------------------|----------------------------------|-----------------------------|
| Donations | 1,512 | 23,810 | 25,322 |
| Gifts in kind | - | 10,213 | 10,213 |
| Grants (see note 5) | 1,000 | 186,005 | 187,005 |
| Government grants | 5,906 | - | 5,906 |
| Fees, events contributions and other voluntary income | 441 | - | 441 |
| | 8,859 | 220,028 | 228,887 |

Gifts in kind comprise printed materials, accommodation for events and activities, training for carers, and consultancy from various sources. The Charity received the benefit of a consultancy project to Newcastle Carers which was worth an estimated £4,000 which was funded and paid for directly by Lloyds Bank Foundation for England & Wales.

| | Unrestricted funds 2020 £ | Restricted funds 2020 £ | Total funds 2020 £ |
|---|------------------------------------|----------------------------------|-----------------------------|
| Donations | 6,922 | 24,810 | 31,732 |
| Gifts in kind | = | 10,061 | 10,061 |
| Grants (see note 5) | - | 115,317 | 115,317 |
| Fees, events contributions and other voluntary income | 6,947 | - | 6,947 |
| Total 2020 | 13,869 | 150,188 | 164,057 |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

5. Grants

| | 2021 £ | 2020 £ |
|---|-----------|-----------|
| Henry Smith Charity | - | 34,600 |
| Lloyds Bank Foundation for England and Wales | 34,649 | 24,043 |
| Newcastle City Council: Carers Week | 5,000 | 5,000 |
| Ballinger Charitable Trust | 15,000 | 15,000 |
| The Triangle Trust 1949 Fund | 4,025 | 15,000 |
| Carers Trust: Action Research Project funded by The Pears Foundation | - | 6,872 |
| Carers Trust: Inspiring Change funded by The Quilter Foundation | 8,221 | 6,727 |
| North of Tyne Combined Authority - Carers Into Work | 36,857 | - |
| Carers Trust: Going Further, Going Higher funded by The Quilter Foundation | - | - |
| Carers Trust: Young Adult Carer Wellbeing and Resilience Programme | 5,000 | - |
| Carers Trust: Covid Grants to Carers | 6,222 | - |
| Children in Need | 31,211 | ÷ |
| Newcastle Gateshead Clinical Commissioning group: Winter Pressures | 15,000 | - |
| Community Foundation Tyne & Wear and Northumberland | 5,000 | - |
| Newcastle City Council: Adult Social Care Infection Control Fund Grant – Round 2 | 12,042 | |
| Other Small Grants | 8,778 | 8,075 |
| | 187,005 | 115,317 |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

6. Income from charitable activities

| | Unrestricted funds 2021 £ | Restricted funds 2021 £ | Total funds 2021 £ |
|--|------------------------------------|----------------------------------|-----------------------------|
| Joint Contract - Newcastle City Council and Newcastle Gateshead Clinical Commissioning Group NHS England North Regional Safeguarding and Quality Team Young Adult Carer Project | 581,285 | 85,000 | 666,285 |
| Total 2021 | 581,285 | 85,000 | 666,285 |
| | Unrestricted funds 2020 £ | Restricted funds 2020 £ | Total funds 2020 £ |
| Joint Contract - Newcastle City Council and Newcastle Gateshead Clinical Commissioning Group | 584,167 | 100,000 | 684,167 |
| NHS England North Regional Safeguarding and Quality Team Young Adult Carer Project | - | 9,660 | 9,660 |
| Total 2020 | 584,167 | 109,660 | 693,827 |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

7. Analysis of expenditure by activities

| | Activities undertaken directly 2021 £ | Support costs 2021 £ | Total funds 2021 £ |
|----------------------------|---|-------------------------------|-----------------------------|
| Support services to carers | 558,702 | 160,112 | 718,814 |
| | Activities undertaken directly 2020 £ | Support costs 2020 £ | Total funds 2020 £ |
| Support services to carers | 524,173 | 141,651 | 665,824 |

Analysis of direct costs

| | Total funds 2021 £ | Total funds 2020 £ |
|--|-----------------------------|-----------------------------|
| Wages and salaries (note 8) | 463,968 | 397,446 |
| Project costs | 36,349 | 42,673 |
| Client related expenditure | 57,730 | 80,034 |
| Complimentary therapy additional costs | 442 | 2,345 |
| Volunteer costs | 213 | 1,675 |
| | 558,702 | 524,173 |

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(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

7. Analysis of expenditure by activities (continued)

Analysis of support costs

| | Total funds 2021 £ | Total funds 2020 £ |
|-----------------------------|-----------------------------|-----------------------------|
| Wages and salaries (note 8) | 38,312 | 36,837 |
| Depreciation | 16,011 | 6,327 |
| Administrative costs | 99,954 | 84,317 |
| Legal and professional fees | 2,355 | 10,690 |
| Independent examination fee | 3,480 | 3,480 |
| | 160,112 | 141,651 |

8. Staff costs

| | 2021 £ | 2020 £ |
|-----------------------|-----------|-----------|
| Wages and salaries | 452,197 | 389,780 |
| Social security costs | 35,492 | 30,923 |
| Other pension costs | 14,591 | 13,580 |
| | 502,280 | 434,283 |

The average number of persons employed by the charity during the year was as follows:

| 2021 No. | 2020 No. |
|-------------|-------------|
| 23 | 19 |
| | |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

8. Staff costs (continued)

No employee received remuneration amounting to more than £60,000 in either year.

The average number of employees, calculated on a full-time equivalent basis, was 18 (2020: 16).

No trustees were entitled to, or received, any remuneration or any other benefits for services during 2021 (2020: £nil) and no expenses were incurred by or reimbursed to any of the trustees during the year (2020: £nil).

Key management personnel are deemed to be those having authority and responsibility delegated to them by the trustees for planning, directing and controlling the activities of the charity. During 2020/21 they are:

Katie Dodd Rachel Parsons

The total employee benefits of the key management personnel of the charity were £63,600 (2020: £86,400).

9. Tangible fixed assets

| | Short-term leasehold property £ | Office equipment £ | Computer equipment £ | Total £ |
|---------------------|--|--------------------------|----------------------------|------------|
| Cost or valuation | | | | |
| At 1 April 2020 | 38,786 | 5,362 | 8,647 | 52,795 |
| Additions | 4,872 | 2,390 | 17,789 | 25,051 |
| At 31 March 2021 | 43,658 | 7,752 | 26,436 | 77,846 |
| Depreciation | | | | |
| At 1 April 2020 | 29,498 | 3,478 | 6,413 | 39,389 |
| Charge for the year | 9,288 | 639 | 6,084 | 16,011 |
| At 31 March 2021 | 38,786 | 4,117 | 12,497 | 55,400 |
| | | | | / |
| Net book value | | | | |
| At 31 March 2021 | 4,872 | 3,635 | 13,939 | 22,446 |
| At 31 March 2020 | 9,288 | 1,884 | 2,234 | 13,406 |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

10. Debtors

| | | 2021 £ | 2020 £ |
|-----|--|-----------|-----------|
| | Due within one year | | |
| | Trade debtors | 39,365 | 121,881 |
| | Other debtors | - | 41,003 |
| | Prepayments and accrued income | 7,898 | 6,027 |
| | | 47,263 | 168,911 |
| | | | |
| 11. | Creditors: Amounts falling due within one year | | |
| | | 2021 | 2020 |

| | 2021 £ | 2020 £ |
|--|-----------|-----------|
| Trade creditors | 11,765 | 9,857 |
| Other taxation and social security | 21,672 | 23,431 |
| Other creditors | 4,537 | 3,076 |
| Accruals and deferred income | 37,357 | 7,199 |
| | 75,331 | 43,563 |
| | 2021 £ | 2020 £ |
| Deferred income | | |
| Deferred income at 1 April | - | 22,300 |
| Resources deferred during the year | 13,469 | - |
| Amounts released from previous periods | - | (22,300) |
| Deferred income at 31 March | 13,469 | - |
| | | |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

12. Statement of funds

Statement of funds - current year

| | Balance at 1 April 2020 £ | Income £ | Expenditure £ | Transfers in/out £ | Balance at 31 March 2021 £ |
|--------------------------------------|---------------------------------|-------------|------------------|--------------------------|-------------------------------------|
| Unrestricted funds | | | | | |
| Designated funds | | | | | |
| Staffing Structure | 30,000 | - | (4,721) | - | 25,279 |
| Business Development | 20,000 | - | - | (10,000) | 10,000 |
| Emergency Operating Reserve | 350,000 | - | - | - | 350,000 |
| Building work for Covid-19 safety | - | - | | 6,000 | 6,000 |
| Rebranding | - | | - | 5,000 | 5,000 |
| Tendering for Contracts | - | - | - | 10,000 | 10,000 |
| NJC 2020 to end of contract | - | - | (5,138) | 25,000 | 19,862 |
| CEO Recruitment | - | - | (6,000) | 6,000 | - |
| CEO Saving 2020 | - | - | (5,362) | 14,000 | 8,638 |
| Contingency for Inflation | - | - | - | 45,000 | 45,000 |
| | 400,000 | - | (21,221) | 101,000 | 479,779 |
| General funds | | | | | |
| General funds | 48,981 | 590,154 | (481,138) | (100,677) | 57,320 |
| Total Unrestricted funds | 448,981 | 590,154 | (502,359) | 323 | 537,099 |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

12. Statement of funds (continued)

| | Balance at 1 April 2020 £ | Income £ | Expenditure £ | Transfers in/out £ | Balance at 31 March 2021 £ |
|--|---------------------------------|-------------|------------------|--------------------------|-------------------------------------|
| Restricted funds | | | | | |
| Carers Wellbeing Fund | 43,852 | 85,000 | (38,767) | - | 90,085 |
| Ballinger Charitable Trust | - | 15,000 | (15,000) | - | - |
| Carers Trust: Young Adult Carer Wellbeing and Resilience Programme | - | 5,000 | (5,000) | - | - |
| Carers Trust: Covid Grants to Carers | - | 6,222 | (6,222) | - | ÷ |
| Lloyds Bank Foundation for England and Wales | 12,022 | 34,649 | (36,162) | - | 10,509 |
| Children in Need | - | 31,211 | (10,584) | - | 20,627 |
| The Triangle Trust 1949 Fund | 10,455 | 4,025 | (14,480) | - | - |
| Carers Trust: Action Research Project funded by The Pears Foundation | 1,954 | - | (1,954) | - | - |
| Carers Trust: Inspiring Change funded by The Quilter Foundation | 5,131 | 8,221 | (13,352) | - | - |
| Newcastle Gateshead Clinical Commissioning group: Winter Pressures | - | 15,000 | (2,101) | - | 12,899 |
| Community Foundation Tyne & Wear and Northumberland | - | 5,000 | (5,000) | - | - |
| Complementary Therapy Service | - | 23,810 | (8,870) | - | 14,940 |
| Newcastle City Council: Carers Week | - | 5,000 | - | - | 5,000 |
| Newcastle City Council: Adult Social Care Infection Control Fund Grant – Round 2 | - | 12,042 | (7,037) | | 5,005 |
| North of Tyne Combined Authority: Carers Into Work | - | 36,857 | (33,739) | - | 3,118 |
| Other Small Grants | 2,872 | 7,778 | (8,161) | (323) | 2,166 |
| Gifts in Kind | - | 10,213 | (10,213) | - | - |
| | 76,286 | 305,028 | (216,642) | (323) | 164,349 |
| Total of funds | 525,267 | 895,182 | (719,001) | | 701,448 |
| | | | | | |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

12. Statement of funds (continued)

Statement of funds - prior year

| Unrestricted funds | Balance at 1 April 2019 £ | Income £ | Expenditure £ | Transfers in/out £ | Balance at 31 March 2020 £ |
|-----------------------------|---------------------------------|-------------|------------------|--------------------------|-------------------------------------|
| omestricted funds | | | | | |
| Designated funds | | | | | |
| Staffing structure | - | = | - | 30,000 | 30,000 |
| Business development | - | - | - | 20,000 | 20,000 |
| Emergency operating reserve | - | - | - | 350,000 | 350,000 |
| | | | | | |
| | - | - | - | 400,000 | 400,000 |
| | | | | | |
| General funds | | | | | |
| General funds | 301,713 | 601,872 | (454,604) | (400,000) | 48,981 |
| | | | | | |
| Total Unrestricted funds | 301,713 | 601,872 | (454,604) | - | 448,981 |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

12. Statement of funds (continued)

| | Balance at 1 April 2019 £ | Income £ | Expenditure £ | Transfers in/out £ | Balance at 31 March 2020 £ |
|--|---------------------------------|-------------|------------------|--------------------------|-------------------------------------|
| Restricted funds | | | | | |
| Carers Wellbeing Fund | 2,130 | 100,000 | (58,278) | - | 43,852 |
| NHS England North Regional Safeguarding and Quality Team Young Adult Carer | | | | | |
| Project | 13,031 | 9,660 | (22,691) | - | - |
| Henry Smith Charity | - | 34,600 | (34,600) | - | - |
| Complimentary Therapy Service | - | 23,810 | (23,810) | - | - |
| Newcastle City Council Carers Week | - | 5,000 | (5,000) | - | - |
| Lloyds Bank Foundation for England and Wales | 14,461 | 24,043 | (26,482) | - | 12,022 |
| Ballinger Charitable Trust | - | 15,000 | (15,000) | - | - |
| The Triangle Trust 1949 Fund | - | 15,000 | (4,545) | - | 10,455 |
| Carers Trust: Action Research Project funded by The Pears Foundation | - | 6,872 | (4,918) | - | 1,954 |
| Carers Trust: Inspiring Change funded by The Quilter | | | | | |
| Foundation | - | 6,727 | (1,596) | - | 5,131 |
| Gifts in kind | - | 10,061 | (10,061) | - | - |
| Other small grants | - | 9,075 | (6,203) | - | 2,872 |
| | 29,622 | 259,848 | (213,184) | - | 76,286 |
| | | | | | |
| Total of funds | 331,335 | 861,720 | (667,788) | - | 525,267 |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

12. Statement of funds (continued)

Designated Funds:

Building work for COVID 19 safety Funds from the 2020/21 surplus allocated by Trustees in March 2021 to cover the costs of necessary building works to ensure COVID safety.

Business Development

Funds from the 2019/20 surplus allocated by Trustees in September 2019 to support business development, including tender management support, income generation and fundraising from grants. This fund was split in 2021 to allocate specific funds towards tendering for contracts.

CEO recruitment

Funds from the 2020/21 surplus allocated by Trustees in March 2021 to cover the costs of CEO recruitment.

CEO Saving 2020

Funds identified as a saving while no CEO was in post, and allocated by the Trustees in September 2020 for necessary expenditure to support the charity and acting CEO until a new CEO is in post.

Contingency for inflation

Funds from the 2020/21 surplus allocated by Trustees in March 2021 to be used in the later years of the contract period to support cost rises as a result of inflation, as the contract value is a fixed sum with no inflationary uplifts incorporated.

Emergency Operating Reserve

Funds allocated by Trustees representing the minimum level of reserves to be maintained, to cover four months of budgeted operational costs, costs arising from any reductions to funding and unplanned building repairs etc.

NJC 2020 to end of contract

Funds from the 2020/21 surplus allocated by Trustees in March 2021 to cover the uplift in salary costs as a result of the pay uplift to NJC 2020 in the final contract years.

Rebranding

Funds from the 2020/21 surplus allocated by Trustees in March 2021 to cover the costs of new signage, banners and decoration in the updated branding. Unable to be spent in 2020/21 due to the building being closed, due to be spent in the new financial year.

Staffing Structure

Funds from the 2019/20 surplus allocated by Trustees in September 2019 to allow flexibility in the staffing structure in order to address potential pressures created by staff/skills shortages, thereby ensuring service delivery of the core contract and other funded areas of work.

Tendering for Contracts

Funds from the 2019/20 surplus separated from the Business Development Designated Fund by Trustees to clarify funds available for support to tender for contracts.

Restricted Funds:

Ballinger Charitable Trust

This grant towards the running costs of the Young Carers Service contributed to the costs of a Young Carers Worker, supporting individual young carers as well as our junior young carers group.

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

12. Statement of funds (continued)

Carers Trust: Young Adult Carer Wellbeing and Resilience Programme Funding from Carers Trust to provide one to one support and to deliver a programme of online peer support groups focusing upon wellbeing, self-esteem and boosting physical/mental health between Jan-Mar 2021.

Carers Trust: Covid Grants to Carers Newcastle Carers staff successfully applied for 25 emergency grants to carers from Carers Trust's Covid Grants scheme.

Carers Trust: Inspiring Change funded by The Quilter Foundation Funding starting in February 2020 for nine months, extended to twelve months due to COVID, empowering Young Adult Carers to create a Transition Group Programme to help them to reach their aspirations.

Carers Trust: Action Research Project funded by The Pears Foundation A collaboration between Newcastle Carers, Carers Trust and The WEA to evaluate the learning from an Active/Carers Voice training course for carers and produce an Information Briefing.

Carers Wellbeing Fund

Newcastle Carers administers the Carers Wellbeing Fund on behalf of Newcastle Gateshead Clinical Commissioning Group and Newcastle City Council. The fund provides carers with the opportunity to access small grants. This year it also funded COVID 19 Emergency Grants. Monies carried forward are specifically for grants for carers.

Children In Need

Three year funding to support young carers by enabling positive friendships and social interactions with other young carers, improving their health and well being and increasing their aspirations. The start date of this project was deferred to September 2020 due to the impact of COVID 19.

Community Foundation Tyne & Wear and Northumberland We received COVID 19 funds towards the costs of providing welfare calls to carers, and a small unrestricted grant.

Complementary Therapy Service

The income received this year is from a generous anonymous donor. This supported the therapists' salary and the costs of maintaining professional memberships while the service could not operate due to COVID 19. Furlough costs were also claimed.

Lloyds Bank Foundation for England and Wales

Three year funding from Lloyds Bank Foundation enables us to employ a dedicated Dementia Carer Information and Advice Worker. We received additional funding from the react this year to support the purchase of laptops for all staff.

Newcastle City Council: Carers Week

Newcastle Carers were awarded a small amount from Newcastle City Council to provide a variety of events and activities during Carers Week in June. As these events and activities could not take place in person this year the funding was carried forward.

Newcastle City Council: Adult Social Care Infection Control Fund Grant - Round 2

Short term funding from Newcastle City Council to support work to make our building COVID secure, in recognition of the additional costs relating to infection prevention and control faced during the pandemic, and in preparation for the re-opening of services.

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

12. Statement of funds (continued)

Newcastle Gateshead Clinical Commissioning group: Winter Pressures Three month funding enabling welfare calls and urgent grants for carers looking after someone with a mental health problem, an adult with a learning disability or someone with dementia. Four staff are working additional hours between March – May 2021 to undertake this work.

North of Tyne Combined Authority: Carers Into Work

A partnership with North of Tyne Combined Authority, Carers Northumberland and North Tyneside Carers Centre to provide a range of employability support to carers, which is participant led and based on the need of the carer, and develop a more informed understanding of the specific needs of carers moving into the workplace.

The Triangle Trust 1949 Fund

Residual funds received from The Triangle Trust 1949 Fund for a joint piece of strategic work with Carers Northumberland and North Tyneside Carers Centre to explore how we can maximise our impact and the recognition and understanding of carers North of Tyne. The impact of COVID 19 meant we were unable to complete the project and we returned £5,975 of unspent funds.

We were awarded £10,000 additional funding from the Triangle Trust 1949 Fund this year to team up with Carers UK to provide The Digital Resource for Carers free to local carers. This resulted in a net cash movement from Triangle Trust 1949 Fund of £4,025.

Other small grants

All grants of £2,500 or less are included in this section.

- We were successful with several applications to Carers Trust small grants schemes.
- We received various small grants and donations towards our service.

13. Analysis of net assets between funds

Analysis of net assets between funds - current year

| | Unrestricted funds 2021 £ | Restricted funds 2021 £ | Total funds 2021 £ |
|-------------------------------|------------------------------------|----------------------------------|-----------------------------|
| Tangible fixed assets | 22,446 | - | 22,446 |
| Current assets | 589,984 | 164,349 | 754,333 |
| Creditors due within one year | (75,331) | - | (75,331) |
| Total | 537,099 | 164,349 | 701,448 |

(A company limited by guarantee)

Notes to the financial statements Year ended 31 March 2021

13. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

| | Unrestricted funds 2020 £ | Restricted funds 2020 £ | Total funds 2020 £ |
|-------------------------------|------------------------------------|----------------------------------|-----------------------------|
| Tangible fixed assets | 13,406 | - | 13,406 |
| Current assets | 479,138 | 76,286 | 555,424 |
| Creditors due within one year | (43,563) | - | (43,563) |
| Total | 448,981 | 76,286 | 525,267 |

14. Pension commitments

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £14,591 (2020: £13,580). Contributions totaling £1,891 (2020: £1,805) were payable to the fund at the balance sheet date and are included in creditors.

15. Related party transactions

There were no related party transactions in either the current or the prior year.