

Supporting Oxford Health NHS Foundation Trust to enhance the experience of patients, carers and staff



Oxford Health Charity

Annual Report

2020/2021



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Welcome



Welcome to our annual report for 2020/21. This has been a year unlike any other, the impact of the COVID 19 pandemic is visible throughout this report and the way in which we have been working as an NHS charity during this unprecedented time.

The report highlights the ways in which Oxford Health Charity has continued to deliver on its main focus and priority, to enhance the experience of patients receiving care throughout Oxford Health NHS Foundation Trust. As well as showcasing the many pandemic related projects, fundraising and donations received. Our thanks go to all those who have supported the NHS during this period, giving either to us as a small local NHS charity or to the national umbrella charity, NHS Charities Together, who have provided funding throughout the year and beyond.

As ever, it is an important part of our work that charity funding spans the wide geography and scope of services within Oxford Health NHS Foundation Trust, and this report highlights projects from across the region that have been supported this year.

The impact of COVID will continue to be a focus for Oxford Health Charity as it supports patients, carers and staff in their recovery, reflection and self care over the coming months and years. Your support – whether financial, social or physical – is truly appreciated and makes a difference everyday.

Oxford Health Charity



Our Mission

Our mission at Oxford Health Charity is to enhance the experience of patients, carers, families and staff involved with the services of Oxford Health NHS Foundation Trust.

The Trust delivers physical, mental health and social care for people of all ages across Oxfordshire, Buckinghamshire, Swindon, Wiltshire, Bath and North East Somerset. Our services are delivered at community bases, hospitals, clinics and in people's homes.

Our Strategy

The main focus of the 2019-22 Oxford Health Charity Strategy is to increase the positive impact the charity can have on supporting patients, carers and staff within Oxford Health NHS Foundation Trust. This year has presented a number of challenges but work to deliver on this strategy has continued alongside the requirements of providing additional support during the pandemic.

The strategic objectives and progress made this year are:

To enhance fundraising activity

1

While traditional fundraising events and activities were paused or cancelled due to the pandemic (with the ROSY Great Walk, Oxford Half and Blenheim Fun Run all cancelled due to restrictions), the number of individuals and groups supporting Oxford Health Charity grew as the impact of the pandemic became apparent. These fundraisers and donors undertook challenges during lockdowns, donated goods that brought smiles to the faces of hard working staff, brought joy and purpose to their local communities and ultimately made it possible for appeals like Oxford Health Cares – our staff wellbeing appeal – to deliver. All the fundraisers and donors; whether young people cutting their hair or undertaking a sponsored silence; community groups gathering donations of food and personal care items; through to volunteers who changed a grassy patch of land into a peace and tranquility garden; were supported by the small charity team to make the most of whatever they could do.

Enabling efficient and effective expenditure

2

Innovation in how the charity receives, processes and enables expenditure was a top priority for the year with new e-forms introduced and clearer guidance documents made available to those requesting funding. A new system for monitoring requests was implemented at the beginning of the year and proved vital during the high levels of demand through the pandemic. Ongoing development of better ways to enable purchases to be made are being reviewed with closer collaboration between teams supporting this.



3

Promotion and celebration of OHC

Since its launch, the Oxford Health Charity website (www.oxfordhealth.charity) has had almost 10,000 visitors with approximately 29,000 page views (December 2018 – April 2021), with the most visited page being the homepage where all our new and key information is held. The website is now supported and supplemented by social media channels (Facebook, Twitter and Linked In) further increasing the reach of the charity as well as offering an opportunity for further promotion of activities to a new audience. The channels have been well received with top posts reaching growing audiences and helping the charity to recognise those who donate, fundraise and engage with the charity in new forums. Internal awareness of the charity has also increased thanks to the Oxford Health Cares appeal, with teams across the Trust receiving support from the charity when they needed it the most. This increased awareness has had an impact on interest in fundraising for local services and the number of internal fundraisers in 2021 is expected to increase.

4

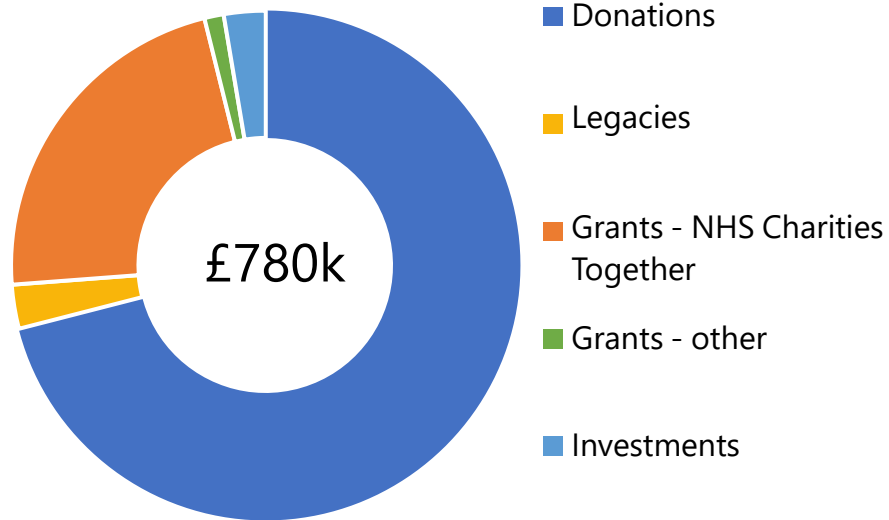
To Increase resources in support of OHC

The Oxford Health Charity, like the majority of NHS charities, is managed by a Corporate Trustee Board. For OHC this is made up of the members of the Oxford Health NHS Foundation Trust Board and responsibility for decision making is delegated to a Charity Committee (made up of Executive and Non-Executive Directors and key stakeholders) and a set of Fund Advisors linked to specific services and teams. The OHC is supported by a finance management team at Moore Kingston Smith, the Head of Charity and Involvement and the Development Coordinator within the Trust. In addition to this, the largest fund within the charity (ROSY) has a dedicated part time administrator to enable them to continue their fundraising achievements. All posts linked to the charity, bar the finance team, are employed by Oxford Health NHS Foundation Trust; the administrator and Development Coordinator are funded by the charity.

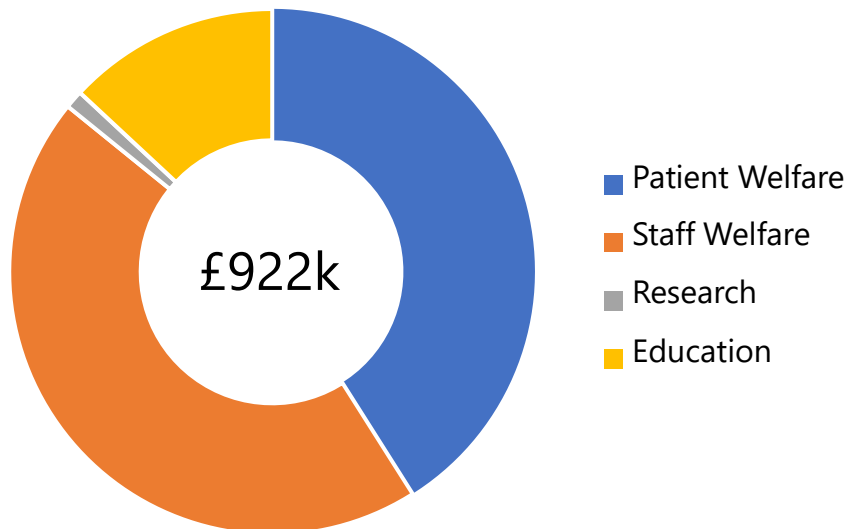
Plans to increase the resources available to the charity through the use of volunteers is under development with volunteers already widely supporting the delivery of charity funded projects but only a small number involved in fundraising and awareness raising.

Financial Snapshot

Income



Expenditure



Our Current Appeals

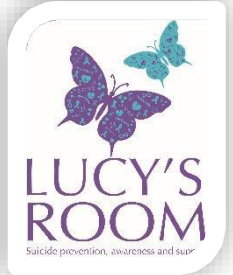


Where the Need is Greatest



Oxford Health Cares

Launched in March 2020 to support staff during the pandemic and beyond



Lucy's Room

A music room facility for adult mental health wards at the Warneford – in memory of Lucy Sessions



Respite for Oxfordshire's Sick Youngsters (ROSY)

Supporting families by providing respite care to young people with life limiting illnesses



In Memory

Making a donation in memory of a loved one is a very personal way of supporting the team, ward or service that supported them in their time of need



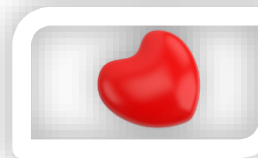
Green Spaces

Bringing our outdoor spaces to life, making a positive difference for our patients, staff and visitors



Oxford Health Arts

Delivering projects and activities engaging those receiving care in expressing themselves through the arts



Service Specific Appeals

Supporting specific services across the Trust

Highlights of the Year

We set up our Oxford Health Cares Appeal, to support the wellbeing of Oxford Health NHS Foundation Trust staff through the pandemic. The initial project took place in the First and Second lockdowns and enabled us to create and delivery **care packs** to teams across the Trust.

The kindness and generosity of our local communities and business was fantastic.

2000+

packs were distributed
between March and
December 2020

April 2020



Raised
£1,236



19 year old, Nursery Practitioner Bethany Didcock was furloughed during the first lockdown. She spent the first and second lockdown visiting children (socially distanced) in her hometown dressed as Queen Elsa from the Disney favourite, Frozen.

Bethany decided to choose Oxford Health Charity because of the superb care her great grandmother received from our nursing team at Witney Community Hospital.

"They were amazing and so kind. The hospital is big part of our community. I also have a relative Molly who is one of Oxford Health's community nurses. I know how hard she and her colleagues work, going into patient's homes during this difficult time. They are under immense pressure and caring for others round the clock."



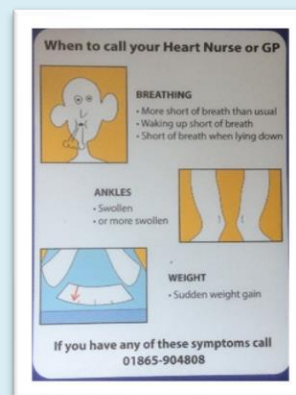
The generous residents of Long Wittenham village in Oxfordshire put together over 400 care packs for NHS community staff were a wonderful surprise on International Nurses Day.

Emma Newman, resident and lead for the project said "As a village we had planned big celebrations for VE day, but since it all had to be cancelled, we decided to set up the village hall as an assembly point for the care packs instead. Over 100 people came through the doors,"

The Forensic Services team developed the 'Patient-zine', a print magazine with an ambition to share the voice and creativity of service users. All the content is driven by patients and is a space outside of conventional avenues of communication to share thoughts and opinions.

We funded the first four editions and are working with the team to secure future funding and sponsorship opportunities.

We supported the Heart Failure Community team by funding **fridge magnets** for their patients to remind them of symptoms that could be a cause for concern and the telephone number they needed to call.



Raised
£668



Matt Cooper was keen to support his local NHS Trust and so challenged himself to cycle John O'Groats to Lands' End on his mum's 'janky old exercise bike' (his words!) in his back garden!

Matt explained, "I've got friends who work within the NHS in Oxfordshire and wanted to do more than just say thank you to them. Every person in the NHS deserves something in return for their incredible work during these crazy times, and this is my way of saying thank you!"

May 2020

Raised
£2,111



Woodstock Town Football Club went the extra mile to help our charity by running 1,876 miles throughout May.

Head Coach Liam Walker shared their reason for supporting Oxford Health Charity: "As well as fighting COVID-19, our local NHS is taking on the unseen fight of support the mental and psychological effects of the virus and the lockdown is having on our communities. That's why we want to raise money to help that part of the struggle."

We gratefully received a bounty of beautifully crafted laundry bags from the UK Crafters – Oxfordshire and Central Hub. The Facebook group rallied local sewers to help support our teams by providing these bags to put uniforms in after shift. Many of the bags also came with a touching message in recognition of their efforts.



Raised
£720



Poppy from Eynsham near Witney likes to talk! She challenged herself to carry out a 24 hour silence to say thank you to the NHS. To further encourage the quietness Poppy's Dad agreed to match fund all donations but didn't envisage quite how much Poppy would raise!

As part of a generous grant from NHS Charities Together we provided each of our inpatient units with a giftcard to purchase activities for patients within their care. Purchases included puzzles, games, Lego, art materials, gardening equipment and cooking items.



The team on Ashhurst Ward, in Littlemore Mental Health Centre, Oxford spent some of their funds on a BBQ which helped lift spirits amongst both staff and patients.

Patients in our Community Hospitals in Oxfordshire enjoyed the introduction of our **Art Cart**.



This is packed with colouring books, art material, puzzle books. Many of the activities come with a guide and are designed to get people started on a new or rediscovered activity.



Pat, who spent time on the Linfoot Ward at Witney Community Hospital, picked up some wool and knitting needles from the Art Cart. Angela Conlan, our Creating with Care lead had written instructions to knit a square so she was surprised to come back to see Pat the following week to see she had knitted hats for babies!

It was a wonderful to see what Pat had produced in such a short space of time, I really was taken aback as there was no pattern provided – she knew it by heart!

"The baby hats have been sent off to the Supporting the Sick Newborn and their Parents charity for premature babies at the John Radcliffe

Nine year old Natalie from Oxford lopped off her lock down locks to raise money for our charity. She had only ever had a trim before so seven inches (cut off by her mum) was a nerve-wracking moment!



Raised

£450



We welcomed the **talented musicians** from Orchestra of St John across the forensic wards at Littlemore Mental Health Centre in Oxford. Thanks to Oxford Health Charity support, patients and staff enjoyed a 30 minute mini concert performed by a member of the orchestra. Each session brought a diverse range of genre and instruments including classical, jazz and film music.

Over 300 members of Kidlington Youth Football Club came together (virtually) in their biggest ever fundraiser – to run, walk or cycle 3890 miles. They soon had to revise their target and soon smashed 10,000 miles, whilst raising an amazing £4,200 for our charity



Raised

£4200

July 2020

The MiNO (Message in a Novel) project **donated over 550 books** to our charity. Each book also came with a handwritten personalised message in too, to help lift spirits. We sent the books out to staff breakout areas to encourage. From classic novels, to poetry, health to gardening there's something for all tastes!



With much sadness we lost our dear friend and colleague Margaret Tapley. Those who worked closely with Margaret helped to design and make **a mosaic** funded by the charity, that sits proud in the courtyard garden of the Linfoot Ward at Witney Community Hospital where Margaret worked.



We supported a project at Abingdon Community Hospital that saw a previously unused piece of grassland into a **Peace and Tranquillity Garden**. The project led by Chiltern Rangers, saw volunteers from the local community and staff come together to create a place for patients, families, and staff to rest and enjoy the outdoors. Complete with a wildflower meadow, bird feeders and insect-attracting plants it's hoped the garden will be frequently visited by bees and other wildlife too.

Dr Ben Riley, managing director of Community Services said "It's great to do something for staff, particularly at this time. This will give them a safe place to rest and recuperate."



The Annual **HealthFest** event usually sees a gathering of Trust services and our local partners setting up a stall on the front lawn of the Warneford Hospital, Oxford.

With the pandemic, plans needed to be revised and our first Virtual HealthFest was born.

A virtual arena was launched with themed 'tents' for visitors to enjoy covering Keeping Active; Green Alert; Thriving with Nature; Arts & Wellbeing; Charity, Membership & Involvement and Research and Development.



We took delivery of one of a limited edition of *Damien Hirst's Butterfly Rainbow* – a bright print on aluminum featuring butterfly wings

An additional **70 NHS workers in and around Oxford can now get around on two wheels**, thanks to a grant Oxford Health Charity made to Active Oxfordshire. Bikes for Key Workers was launched in April 2020 by Active Oxfordshire and is now run by Cyclox in partnership with a range of other organisations and an army of dedicated volunteer mechanics.

Donated bikes are given free of charge to NHS keyworkers who can't or prefer not to use public transport due to enhanced risk of infection. The cycles are donated by members of the public and are then checked over by volunteer mechanics, with final safety checks completed by qualified mechanics and bike shops.



A striking **mural** depicting the picturesque river side in Abingdon has transformed the day room on Abbey Ward in Abingdon Community Hospital, thanks to support from Oxford Health Charity.

Local artist Dionne Freeman worked with staff and patients from the initial concept through to the finer details.

Katrina King, Ward manager at Abbey Ward explained, "Dionne the artist has been amazing, encouraging patients to get involved with the artwork, it has prompted memories of local people and places. The finished result is just fantastic and has transformed the day room into a very welcoming and pleasurable area."



BLACK HISTORY MONTH

Every year, as a Trust we mark **Black History Month** in October to celebrate the contributions and achievements of our diverse communities, but 2020 felt very different and more important than ever that we stand together.

For the first time, Oxford Health Charity proudly to lent support, by funding a number of events, open to Oxford Health staff, which featured key experts sharing their knowledge and wisdom on race equality. The sessions were aimed to raise awareness, provoke thinking and essentially, lead to take action.

Head of Inclusion, Mo Patel explained "We are very grateful to Oxford Health Charity for their support, which enables us to extend our plans for BHM by inviting experts to set us on the path to achieving and realising our vision for true race equality for everyone"

October 2020



Two of our fantastic physiotherapy technical instructors, Martin Butler and Sarah Strawson were excited to welcome the shiny new treadmill they fundraised for at The Fulbrook Centre in Oxford.

"We're delighted the new treadmill has arrived and is encouraging our patients to get moving. Exercise can and is a known factor to benefit many mental health disorders, and can improve the lives of those we care for"



Staff in Buckinghamshire were encouraged to get moving and take part in the **Bucks Step Challenge**. Teams of up to four were challenged to record their steps throughout September. The charity supported this by providing a small prize to the team that clocked up the most steps, had the best team name, and submitted the best team photograph!



Raised
£950

Benji was keen to help the CAMHS Participation Group that had helped him. Over the summer holidays Benji challenged himself to ride 112 miles, run 26 miles, walk 30 miles and complete 27 holes of golf. He completed his mission and raised a fabulous £950 for our charity.



Charity funding to Oxford City Learning Disabilities Team has enabled patients to **trial specialist equipment** that will help with daily tasks. With many service users experiencing autism, sensory processing difficulties and physical needs, daily activities such as washing, dressing, cooking, eating/drinking and personal care can prove difficult.

The team to purchase a wide variety of aids for patients to trial, to determine if they may benefit from them, before they make any purchases. Everyday tasks such as being able to use taps, turning a key, opening a jar, putting on a pair of socks could potentially be made easier through simple pieces of equipment.

Bethan Ward, Senior Occupation Therapist explained "Previously we had very limited equipment to show our service users, and assess the suitability of them, making it very difficult and risky to make recommendations. Service users are required to purchase themselves, which can be expensive, especially if they are not suitable for their needs."

"We are over the moon to have Oxford Health Charity's support to enable us to purchase the equipment we need to trial in people's homes. This will make a huge difference to our service users with learning disabilities in and around Oxford."

Donated

£9,500



The Oxfordshire Freemasons has bought a wealth of support to our charity this year.

Initially donating £5,000 to our Oxford Health Cares appeal to enable us to send care packages to our teams in the first lockdown.

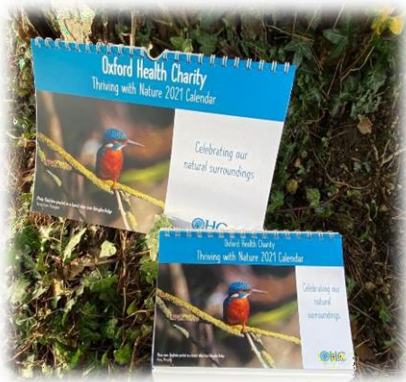
They then donated a further £4,500 for a bladder scanner for Oxford City Community Hospital.



Charity funds have purchased music studio equipment for the Wenric Ward, enabling patients to pursue their interests in music, DJ-ing and recording. Historically patients on Wenric have visited the Oxford Clinic, however due to COVID restrictions this wasn't possible.

"Music is often a valuable source of therapeutic engagement and personal expression for our patients. It's been wonderful to have our own equipment – five patients regularly use with support of the music tutor."

Raised
£180



During HealthFest we launched a nature photography competition and collated the winning entries to make our first charity **calendar**. We sold copies on our charity website and also gave copies to each of our teams in the Winter Care boxes.

Each Christmas OHC works alongside the Trust inpatient wards in **Buckinghamshire, Oxfordshire and Wiltshire** to provide funding for festive food and gifts. This ensures that all patients in the 35 inpatient wards on Christmas Day receive a **gift** and can share in **festive treats** with each other and the staff working that day too. We recognise that it is not just the inpatient wards who will be seeing patients on Christmas Day and were able to provide **festive hampers** to the Urgent Care units that were open to patients as well.



Whilst meeting up socially wasn't possible, the Community Services Directorate were keen to bring together those with a passion for singing and the **Community Services Choir** was born. The Charity funded a Choir Leader to host a virtual meeting every week. The choir provided an opportunity for colleagues to come together in a recreational capacity to share something creative and leave the working day behind.

Over the winter months to help raise a smile amongst teams working tirelessly, our small charity and community involvement team packed and distributed some further **Care Boxes**. In addition to the 'usual' care items and refreshments there were some festive treats too.



Including some very special fragrances donated by **Jo Malone**. We randomly selected 950 colleagues in a prize draw

Thanks to funding from NHS Charities Together we were able to provide support to numerous **staff wellbeing** initiatives throughout the pandemic. We welcomed applications from teams throughout the Trust to apply for funds to support staff.

Quickly requests came in and we approved for activities such as providing wellbeing speakers during team meetings, to putting together a small 'pick-me-up' gift such as a bath bomb set, or chocolate brownies. We also funded virtual team events such as pilates sessions, provided prizes for virtual team competitions and equipment to make staff rest areas more inviting.



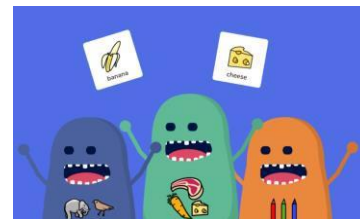
Sym
pli
fy.

Our Children's Integrated Therapy team requested charity funds to access a new **web-based app** used to create compelling materials to use with a range of children with speech and language difficulties from early years to secondary schools across both mainstream and special schools. These materials helped with speech and sound difficulties to language difficulties.

"This was a fantastic resource especially during lockdowns when we couldn't visit schools"

"I use Simplify multiple times every day to engage children in the therapy I deliver online. When I return to face-to-face therapy I envisage I will be using Simplify in equal measure"

"I have used Simplify with all the children I see digitally. They enjoy the games and it has all that I need to tailor games to their specific targets. It is also a quick and easy way to make bespoke word lists for use in school and at home."



Our Community Hospitals in Oxfordshire initiated a project to introduce further **rest areas** within each location. The Trust funded for portacabin units to be installed, and the Charity funded providing equipment for these – such as kettles, microwaves, furniture.

January 2021

As the pandemic continued to add further pressures on teams throughout the Trust, and heightened infection controls meant we were unable to distribute Care Boxes, we developed a programme of virtual wellbeing sessions to help encourage staff to take some time out for themselves.

Through our Connect and Care for You programme we offered a six week programme of a wide variety of sessions including coaching, meditation, yoga, art for wellbeing, pottery, seated dance, origami, Indian cookery, gardening, family yoga, sleeping tips and more!

Here's some of the feedback:

Everyone in the group was encouraging and willing to share thoughts, ideas and pictures. wonderful and enjoyable session. Thank you.

This was the best yet, I cannot tell how much I enjoyed it. It finished off a rubbish week with a big fat fab fun blast. Thank you so much more like this please. Still smiling now hours after the session.

The second time I attended this session, simply love it. totally recommend it. Should be a daily session, always feel better after it. Thank you :)

Please please please can we keep things like this going? It has been an absolute godsend for my mental health and is really really appreciated!

These have been so helpful and enriching, thank you so much



Di Hilson, Carer Involvement Lead facilitates a Carers Support Group to give carers the opportunity to have time for themselves, talk to others in similar situations and get support. Understandably during the pandemic physical gatherings weren't possible but Di organised various virtual events including quizzes and online activities. The charity provided some **art/craft packs** which were sent out to the carers to then use during their virtual gathering. We also funded for a **hamper** to use as a prize.



Leaders of the Community directorate requested charity funds to send each member of the team a **thank you letter** recognising their tremendous commitment to patients and each other throughout the hardest of years. Each member of the team were sent the letter along with a **packet of sunflowers**, diligently packed by a team of volunteers. Lucia Winrow who came up with the idea of 'Operation Sunflower'

"We are delighted to be able to be doing this at a time that coincides with the one-year anniversary of the pandemic. We have had amazing support from the Oxford Health Charity throughout this year and it is fabulous that we can connect with staff this way. We are hoping that staff plant their seeds and enjoy them. We are planning to stay connected with this project and run a competition later in the year for the tallest sunflower!"



We had some wonderful volunteers who offered to make some **scrubs** for our staff at Witney Community Hospital. The charity supported the project by purchasing fabric for these to be made.



February 2021



The sunshine can be enjoyed in more comfort for staff and patients at Witney Community Hospital, thanks to the charity purchasing and installing **30+ sun canopies**.

March 26, marked NHS Sustainability Day – a chance to celebrate the importance of sustainable development, champion green initiatives and raise awareness at Oxford Health.

To mark the occasion the charity funded for four trees to be planted at four different sites throughout the Trust.

The tree Dr Nick Broughton (pictured) planted at Littlemore will be joined by many others later this year to form a tiny forest, the size of a tennis court.



**Raised
£450**

A few years ago, as an adolescent Brandon spent some time being cared for in our Highfield Unit in Oxford. Now as a young adult Brandon wanted to pass on his gratitude to the team.

He took on a walking challenge walking 196 miles, the equivalent of Brandon's home to the Highfield Unit and back again.

I will always be grateful for everything the Highfield Unit did for me, I have good memories of the great team there.



Patients on Sandford Ward in Oxford have enjoyed putting together their own **personalised self-soothe boxes**, thanks to support from Oxford Health Charity.

The gentlemen, who are over 65 and are experiencing severe mental health and/or dementia, work with staff to create their own individual list identifying things that are meaningful to them. Staff then purchase related items using charity funds and then pass to the gentlemen to pack within their own boxes.

As the boxes are filled with items of meaning to the individual, they can help calm, soothe, distract and provide reassurance. The boxes each contain contact numbers for friends and family, and helpline numbers alongside the enjoyable or relaxing activities.

Oxford Health Cares Heroes

Oxford Health Cares would not have been possible without the kindness, generosity and support of our local community. Thanks goes to all those who supported us through fundraising, donating goods and services and volunteering their time.

Asda Wheatley

Jo Malone

Jane's Homemade Emporium

A&J Catering

Coca Cola

Eager Drinks

A Bit of a Do Ltd

Dry Sandford Primary School

Waitrose Abingdon

Cliff Energy Bars

Glanbia Performance Nutrition

UK Crafters Oxfordshire

Carpenters catering

Avon

Olly's Olives

Restore

Kelly's Bodylicious Shop

Windmill Primary School

Boden

Forever Living

NINEBrand

Digitas Health

The BagNBox Man

001 Taxis

Estee Lauder

Wolfson Brands

Kelloggs

Mars Wrigley

OrganiCup

Albiva

Waitrose Headington

Aspects Beauty

Oxfordshire Freemasons

Eager Drinks

Assure

Queen Mee

Clarins

DCB Homeware

THANK YOU



Future Plans

Moving forward into 2021/22, Oxford Health Charity continues to work closely with the Trust to support patients and staff as the impact of the pandemic continues to be felt. In addition to maintaining all our normal streams of requests and funding, the Oxford Health Cares appeal remains a vital support for staff and will include a second set of wellbeing sessions as part of HealthFest 2021. One new way of encouraging charitable expenditure is through the 'Learning from Excellence' programme in the two mental health directorates, where innovation in patient care is celebrated and will now be able to rewarded with funding to widen impact.

Pandemic related income and expenditure for the year is expected to be primarily linked to NHS Charities Together (NHSCT), the umbrella charity for all NHS Charities. To date, this has involved working with other NHS Charities as part of the BOB (Buckinghamshire, Oxfordshire and Berkshire West) Integrated Care System to successfully bid for community sector project grants as part of the Stage Two NHSCT funding and with internal projects to successfully bid for recovery project funding as part of the Stage Three NHSCT grants. These grants will bring £802,000 into the BOB NHS Charities network – and will be managed by the nominated lead charity, Buckinghamshire HealthCare Charity – and £132,000 into Oxford Health Charity itself respectively. The latter being our largest grant received in recent years. It is anticipated that work on delivery and measuring the impact of these projects will be a priority area of focus in 2021/22.



OHC will continue to work towards the 2019-22 strategy objectives and will start the process of identifying the correct strategic approach to take us forward from 2022 onwards. The current strategy has a keen focus on increasing awareness and engagement and the fruits of this work is already being seen with higher numbers of fundraisers (both internal and external) supporting the charity through events like the Inflatables 5k, the Oxford Half and the Blenheim 7k as well as individual challenges. It is expected that 2021 will see the highest number of fundraisers that the charity has recorded, directly linked to the improved profile and level of activity undertaken. The current strategy also highlighted the need for additional resource to enable growth and it is acknowledged that the current level of activity and continued growth expected in 2022 onwards would not be possible without the addition of the Development Coordinator at the beginning of 2020. A more focussed approach to fundraising and expenditure will be a key part of the future strategy, enabling a more effective approach for large grants and donations associated with the growth of OHC in general.



Help us to help our communities

Everything we've been able to support, from the wildflower meadows and patient/staff gardens, the creative therapies through to the gym equipment, outdoor furniture through to sensory aids. All these activities and projects were thanks to the generosity of our supporters, for which we are truly thankful.

If you are looking to take part in a fundraising activity or challenge yourself and would like to support your local community hospital or mental health services we'd love to hear from you.



charity@oxfordhealth.nhs.uk



OxfordHealthCharity



OxHealthCharity



Oxford-health-charity

Or write to us – Oxford Health Charity, Warneford Hospital, Warneford Lane, Oxford, OX3 7JX

More information, including how to make a donation is available on our website www.oxfordhealth.charity



Accounts



FUNDS HELD ON TRUST ANNUAL ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

The accounts of the funds held on trust by Oxford Health NHS Foundation Trust

FOREWORD

These accounts have been prepared by the Trustee in accordance with the requirements of the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Statutory Background

The Charitable Fund came into force on 31 July 1996 under Statutory Instrument dated 8 July 1996. The Secretary of State for Health exercised his powers under section 92(1) of the National Health Service Act 1977(a) and the Trust property was transferred from the Oxfordshire Health Authority upon the establishment of the Oxfordshire Mental Healthcare NHS Trust.

On 1 April 2006 the Charity expanded through the inclusion of the mental health related fund balance within the Buckinghamshire Mental Health NHS Trust Charitable Fund (registered charity number 1054087), following the merger by acquisition of Buckinghamshire Mental Health NHS Trust by Oxfordshire Mental Healthcare NHS Trust.

On 31 October 2011 Oxfordshire Primary Care Trust Charity (registered charity number 1091570) was merged with this Charity, following the transfer of Community Health Oxfordshire services from Oxfordshire Primary Care Trust to Oxford Health NHS Foundation Trust.

The name of the Charity was changed from the 'Oxfordshire Mental Healthcare Charitable Fund' to the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' during the year ended 31 March 2009. The name of the Charity was changed from the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' to 'Oxford Health Charitable Funds' during the year ended 31 March 2012. The name of the Charity was changed from the 'Oxford Health Charitable Funds' to 'Oxford Health Charity' during the year ended 31 March 2015.

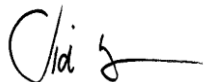
Oxford Health NHS Foundation Trust is the sole corporate trustee of Oxford Health Charity.

Oxford Health Charity is registered with the Charity Commission (registered charity number 1057285).

Main Purpose of the Charitable Funds held on trust

The main purpose of the charitable funds held on trust is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

Signed:

A handwritten signature in black ink, appearing to read 'Nick Broughton', with a long horizontal flourish extending to the right.

Dr Nick Broughton
on behalf of the Corporate Trustee

Date: 11th January 2022

Introduction

The Oxford Health Charity ('the Charity') exists to benefit the patients and service users of the Oxford Health NHS Foundation Trust (and, in the case of a small number of funds, patients and others receiving the services of other parts of the National Health Service and related services).

The bulk of the clinical services provided by the Oxford Health NHS Foundation Trust are funded, of course, from the NHS. In comparison to NHS funding the amounts of money available through the Charity are small, but often a relatively small amount of funding allows activities which NHS funding would not provide. Such funding helps to innovate or to ensure that patients and service users have a wider range of opportunities.

Objectives and Activities

The Charity's governing document is a trust deed dated 31 July 1996, as amended by supplemental deeds dated 6 October 2008 and 29 June 2011.

The objects of the Charity are to apply income for any charitable purposes relating to the NHS wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

The main activities of the Charity are to provide public benefit by supporting the good health and welfare of patients and service users.

Achievements and Financial Review

The Charity Committee (a formal committee of the Oxford Health NHS Foundation Trust Board of Directors) reviews on a regular basis the expenditure within the Charity and the rules for these. The Expenditure Rules of the Charity were revised during 2016/17 and were reviewed in 2018/19 to meet the developing needs of the Charity.

The Charity Committee continues to also oversee the fundraising and engagement activities focussed on raising awareness of the charity and the areas it supports. In driving forward fundraising activity, the Trustee intends to support the broader community activity for Oxford Health NHS Foundation Trust. It is anticipated that future developments will involve all stakeholders locally and regionally in a positive and rewarding, mutually beneficial relationship with both the Charity and the Trust.

In order to support the Trust, the Charity is committed to the development of health services, which are responsive and sensitive to the needs of its local population and the wider public. Essential to this aim is working effectively in partnership with patients, carers, foundation trust governors and members, volunteers and the public. In the fundraising context, this means working together to deliver real, positive impact on the healthcare of the people using the Trust's services. The majority of this is done through the reports from the Community Involvement Manager, appointed in June 2017.

The Charity's total funds in management were £1,312k as at 31 March 2021, similar to the previous year (2020: £1,301k).

Overall total income increased from £414k to £780k. This increase is attributed to the increase in donations due to COVID 19, including a £172k donation from NHS Charities Together

Total expenditure for the Charity increased to £940k (2020: £424k). This increase coincides with the increase in donations due to COVID 19.

Major fundraising and support projects are listed below.

The investments are now managed by Aberdeen Standard Capital Limited on a discretionary basis.

During the year there were losses on revaluation and disposals of the portfolio of £171k (2020: losses of £38k).

Investment Policy

Other than small amounts of cash at bank and funds related to the ROSY Fund (discussed below) the Charity's funds are invested on a discretionary basis with Aberdeen Standard Capital Limited. The Charity Committee regularly reviews the Charity's investment strategy, including the spread of asset allocation, appropriate benchmarks and issues of social responsibility.

The Charity's investment objective is to maximise long-term returns (rather than short-term income), but with an emphasis upon capital preservation. The portfolio is operated on a discretionary management basis with Aberdeen Standard Capital, allowing the investment manager more flexibility in responding to the investment market.

The Charity aims as far as possible to avoid investments in alcohol and tobacco. The investment policy allows Aberdeen Standard Capital to invest in general funds, provided that these were reviewed quarterly to ensure no more than minimal exposure to alcohol and tobacco, and that investments are changed where necessary to ensure this. With property investments the Charity seeks to avoid investments which are predominantly related to alcohol and tobacco, and this is reviewed on an annual basis.

The Charity aims to maintain the allocation of the portfolio within allocated ranges.

	Range as at 31/03/21
Equities	25%-65%
Fixed Interest bonds	10%-40%
Property	10%-30%
Cash	5%-20%
Absolute Return Funds	< = 10%

The ranges above have not changed since June 2015.

The performance of the investment portfolio is monitored on a quarterly basis against appropriate indices for the class of investment concerned. In addition the performance of the portfolio as a whole is measured against an overall benchmark based on a weighted average of the individual indices.

Funds related to ROSY (Respite nursing for Oxfordshire's Sick Youngsters) are held in cash deposits in order to ensure that ongoing costs of nursing staff can be met as they arise. These short-term deposits are recognised as current asset investments in the accounts of the Charity. The total investment cash holdings related to the ROSY Fund are excluded from the target allocation ranges set out above.

Governance – About the Charity

Oxford Health Charity is registered with the Charity Commission (charity number: 1057285) in accordance with the Charities Act 2011. The Charity has a corporate trustee: the Oxford Health NHS Foundation Trust.

The members of the Oxford Health NHS Foundation Trust Board of Directors serve as agents for the Corporate Trustee. The Trust Board members who served in this way during the year and up to the date of this report were:

Non-executive Directors	David Walker (Chair) Sir Jonathan Asbridge (Vice Chair) to 30 June 2020 Sir John Allison Bernard Galton Chris Hurst (Senior Independent Director) Dr Aroop Mozumder Kia Nobre from 1 July 2021 Mohinder Sawhney from 1 January 2021 Lucy Weston
Executive Directors	Stuart Bell, CBE, Chief Executive to 14 June 2020 Dr Nick Broughton, Chief Executive from 15 June 2020 Marie Crofts, Chief Nurse Mike McEnaney, Director of Finance Dr Mark Hancock, Medical Director to 7 May 2021 Debbie Richards, Managing Director of Mental Health Services & Learning Disabilities Care Kerry Rogers, Director of Corporate Affairs and Company Secretary (non voting) Tim Boylin, Director of Human Resources (non voting) to 12 March 2021 Martyn Ward, Director of Strategy and CIO (non voting) Ben Riley, Managing Director of Community Service from 2 April 2020 Mark Warner, Interim Director of Human Resources from 12 April 2021 Dr Karl Marlowe, Chief Medical Officer from 10 May 2021

Lucy Weston is Chair of the Charity Committee of the Oxford Health NHS Foundation Trust.

Governance – About the Charity

The Board of Directors has delegated responsibility for the day to day management of the Charity to the Charity Committee, who in turn delegate day to day management to Moore Kingston Smith Association Management. This meets on a quarterly basis.

Charity Registered Number 1057285

Principal Office Ground Floor
 4 Victoria Square
 St Albans
 Hertfordshire
 AL1 3TF

Bankers Lloyds Bank Plc
 87 London Road
 Oxford
 OX3 9AB

Independent Examiner Grant Thornton UK LLP
 110 Bishopsgate
 London
 EC2N 4AY

Investment Fund Manager Aberdeen Standard Capital
 Bow Bells House
 1 Bread Street
 London
 EC4M 9HH

Structure and Management

At 31 March 2021 the Charity was constituted of 47 funds (2020: 50). None of the funds in the year or at year-end were endowment funds. The material funds (other than control funds) at 31 March 2021 were:

	£000
Respite nursing for Oxfordshire's Sick Youngsters (ROSY)	362
Wantage Hospital (designated)	73
Mental Health Trustwide General Fund (designated)	73
NHS Charities Together (restricted)	72
Wallingford Community Hospital Fund (designated)	61
Legacies (restricted)	53

The Corporate Trustee, in fulfilling its legal duties, ensures that funds are spent in accordance with the purposes of each fund and designates funds in accordance with the wishes of donors.

Non-Executive members of the Oxford Health NHS Foundation Trust's Board of Directors ('the Board') are appointed by the Oxford Health NHS Foundation Trust's Council of Governors. Executive members of the Board are appointed by Oxford Health NHS Foundation Trust under normal staff recruitment procedures. Neither they nor the non-executive members of the Trust Board are individual trustees under charity law. All Directors and Non-Executive Directors are provided with appropriate background information in relation to their management of the Charity.

Acting for the Corporate Trustee, the Charity Committee is responsible for the overall management of the Charity. The Charity Committee is required to:

- Apply the charitable funds in accordance with the Charity's governing documents and the Charities Act 2011.
- Prepare and communicate a statement of policy for all fundraising activities, their approval, monitoring and administration to ensure that such activities, including disbursements, adhere to statutory and other relevant guidelines.
- Supervise the proper investment and administration of the charitable funds. This is done in conjunction with the Director of Finance and the Audit Committee of the Oxford Health NHS Foundation Trust, and with the support of an administrative and accounting service from Moore Kingston Smith Association Management.

Structure and Management

The Trustee (the Oxford Health NHS Foundation Trust) delegates the responsibility for the Charity to the Charity Committee, which in turn delegate the day-to-day management of the Charity to Moore Kingston Smith Association Management.

The Charity Committee consists of 3 Non-executive directors and 2 Executive Directors of the NHS Foundation Trust, the Director of Corporate Affairs & Company Secretary, a representative of the Trust's Finance Department, along with an external member. The external member during the year was Olga Senior.

The Charity Committee meets quarterly. At each meeting items of expenditure of amounts of £500 and above are reviewed and consideration is given to investment performance, management accounts and the stewardship of the funds.

Unrestricted Funds comprise donations and other charitable income received for general purpose charitable use which are credited to general funds whenever possible or where donors have expressed wishes as to how the funds might be used they are allocated to the relevant designated fund held for the intended purpose. Funds are often derived from unsolicited donations and/or from legacies and are therefore unpredictable.

Designated funds are administered by Fund Advisers in accordance with policies and procedures set by the Trustee. The funds are monitored in terms of expenditure plans, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate reserves policy is not required for designated funds.

Within unrestricted funds, the Charity also holds net undistributed investment gains on unrestricted funds. The purpose of holding these monies is to protect the activities supported, by providing a buffer against future adverse market conditions. The Trustee aims for the balance held in this way to be not less than 25% of the market value of non-cash investments. At 31 March 2021 this balance amounted to £266k which was equivalent to 25% (2020: 23% £211k) of the market value of non-cash investments. The level of the buffer will fluctuate from year to year depending upon movements in the market. The Trustee will endeavour to continue to maintain the buffer within the target set.

General Funds are those elements of the Unrestricted Funds which have not been designated for specific purposes and which are not being held as a buffer against future adverse market conditions. General Funds are included under unrestricted funds in the Charity's accounts.

General Funds	Reserves at 31 March 2021	Expenditure 2020/21
	£	£
Trustwide General	73,771	77,882
Buckinghamshire Mental Health General	37,551	1,925
Marjorie Henderson Fund	22,178	1,853
Total	133,500	81,659

The Committee continues to review the charitable funds regularly and to direct income (including legacies) where possible (where the term of the gift allows it) for use in trust wide general funds.

The Charity Committee reviews the position on reserves on a quarterly basis and reviews the Reserves Policy on an annual basis.

Public Benefit

In exercising its duties and powers with regard to the Charity, the Corporate Trustee has complied with its duty under s17 of the Charities Act 2011 to have due regard to the guidance on public benefit issued by the Charity Commission. The Charity aims to serve the public benefit by promoting the welfare of the patients and service users of Oxford Health NHS Foundation Trust (and where appropriate patients served by other parts of the NHS or related services). This is carried out by: promoting improvements in care over and above that which would ordinarily be provided by the National Health Service; the purchase of equipment; improvements to the care environment; and by promoting activities that assist reintegration into the community. In addition, the Charity funds activities related to the education and welfare of staff of the Oxford Health NHS Foundation Trust where this leads to better standards of care and hence benefits patients and service users.

Consolidation of Accounts

HM Treasury has concluded that in compliance with International Accounting Standard 27, the financial position and results of NHS charities should be consolidated into the accounts of the related NHS body wherever that NHS body is the corporate trustee of the charity and therefore has the power to control and benefit from the charity which it administers as corporate trustee. NHS Charities remain independent, and charity law requires that trustees act in accordance with the charity's purposes and in the best interests of the charity and its beneficiaries and do not act on the policies or directions of any other body. Therefore when the Corporate Trustee considers the affairs of the Charity, although it does have control over those affairs, it is required to make decisions solely in the interest of the Charity and its beneficiaries and not in the interests of the NHS Foundation Trust.

Consolidation is only required where the figures are material to the accounts of the NHS body. In the case of Oxford Health NHS Foundation Trust, the NHS body is the corporate trustee of the Charity, but the figures related to the Charity are not considered to be material to the accounts of the NHS body, and therefore the charity figures are not consolidated within the accounts of that body. It remains the case that the funds of the Charity can only be used for charitable purposes.

Partnership Working

Patients and service users of the Oxford Health NHS Foundation Trust are the main beneficiaries of the Charity. The Oxford Health-NHS Foundation Trust is a related party by virtue of being Corporate Trustee of the Charity. By working in partnership with the Oxford Health NHS Foundation Trust, the charitable funds are used to best effect. When deciding on the most beneficial way to use charitable funds, the Charity Committee of the Oxford Health NHS Foundation Trust, acting as agent of the Corporate Trustee, has regard to the main activities, objectives and plans of the Oxford Health NHS Foundation Trust.

Reserves Policy

The Charity held £1,312k in total including £555k restricted funds as at 31 March 2021. Charitable reserves are defined as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objects, but which is not yet spent, committed or designated. The definition of reserves therefore excludes:

- o Restricted funds
- o Designated funds

Restricted Funds would be established where monies have been bequeathed or donated to the Charity which are subject to donor intention, which limit their use to particular purposes, arising for example from restrictions imposed by the donor. Such funds would be held and used only when a purpose for which they are available arises.

Going Concern


The Trustee considers that the Charity has adequate financial resources and is well placed to manage the business risks that it faces. The Trustee's assessment of the Charity's position takes into consideration the current economic climate and its potential impact on the Charity's sources of income and planned expenditure. The Trustee has a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation. Accordingly, the accounts have been prepared on the basis that the Charity is a going concern.

Risk Management

The Charity maintains a risk register containing all its principal risks and has during the year reviewed risks and the systems and procedures established to manage them.

The Charity has detailed Expenditure Rules which set out how funds can and should be used. These are subject to regular review.

The Charity's investments are regularly reviewed by the Charity Committee, including the comparison of returns against suitable benchmarks.



Signed by

Date 11th January 2022

Dr Nick Broughton

Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland."

The law applicable to charities in England and Wales requires the Trustee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these accounts, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates which are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable it to ensure that the accounts comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity's trust deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

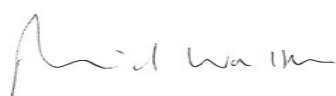
The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and has complied with the requirements for preparing the accounts. The accounts set out on pages 25 to 57 have been compiled from and are in accordance with the financial records maintained by the Trustees.

By Order of the Trustees

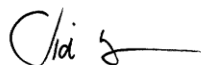
Signed:

Chair.



Date 11th January 2022

Director
Trustee



Date 11th January 2022

Independent Examiner's Report

Independent examiner's report to the corporate trustee of Oxford Health Charity

I report on the accounts of Oxford Health Charity (the "charity") for the year ended 31 March 2021, which are set out on pages 25-58.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011;
 - to prepare accounts which accord with the accounting records; and
 - to comply with the applicable requirements concerning the form and content of accounts set out in - the Charities (Accounts and Reports) Regulations 2008

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a comparison of the accounts with the accounting records kept by the charity. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as corporate trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement above.

Independent Examiner's Report

Respective responsibilities of corporate trustee and examiner

The charity's corporate trustee is responsible for the preparation of the accounts. The charity's trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Chartered Institute of Public Finance and Accountancy

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity's trustees have prepared the charity's accounts in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) issued in October 2019 in preference to the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005)' issued in April 2005 which is referred to in the Charities (Accounts and Reports) Regulations 2008 but has been withdrawn. I understand that the charity's trustees have done this in order for the charity's accounts to give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

Use of this report

This report is in respect of an examination carried out under section 145 of the Charities Act 2011. This report is made solely to the charity's corporate trustee, as a body, in accordance with the regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee, as a body, for my work, for this report or for the opinions I have formed.

Iain Murray, CPFA
Grant Thornton UK LLP, Chartered Accountants, London
28 January 2022

Statement of Financial Activities for the year ended 31 March 2021

	Year Ended 31 March 2021			Year Ended 31 March 2020	
	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000	Total Funds £000
Income from:					
Donations and Legacies	3				
Donations & voluntary grants		381	172	553	344
Legacies		5	17	22	52
Grants – from other NHS Charities		-	174	174	-
Grants – other		10	-	10	-
Sub total: donations & legacies		396	363	759	396
Investments	8.3	21	-	21	18
Total income		417	363	780	414
Expenditure on:					
Raising funds					
Costs of generating voluntary income		9	-	9	9
Investment management costs		9	-	9	6
Sub total: expenditure on raising funds		18	-	18	15
Charitable activities	6,7				
Patient welfare		112	268	380	305
Staff welfare		376	36	412	26
Research and education		95	35	130	78
Sub total: expenditure on charitable activities		583	339	922	409
Total expenditure		601	339	940	424
Net gains/(losses) on investments		171	-	171	(38)
Net income/(expenditure)		(13)	24	11	(48)
Transfer between funds		(87)	87	-	-
Net movement in funds		(100)	111	11	(48)
Reconciliation of funds:					
Total funds brought forward at 1 April		857	444	1,301	1,349
Total funds carried forward at 31 March		757	555	1,312	1,301

Comparative figures for each class of funds are provided in note 12 to the accounts.
All income and expenditure resources relate to continuing operations.
The Charity has no gains or losses other than those recognised in this Statement of Financial Activities
The notes on pages 43 to 58 form part of these accounts.

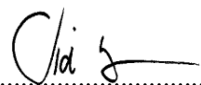
Balance Sheet as at 31 March 2021

	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2020 £000	Total Funds 2019 £000
Fixed assets					
Investments	8.1	968	87	1,055	872
Total fixed assets		968	87	1,055	872
Current assets					
Debtors	9	14	8	22	9
Cash at bank and in hand		(191)	485	294	472
Total current assets		(177)	493	316	481
Liabilities					
Creditors: Amounts falling due within one year	10	34	25	59	52
Net current assets / (liabilities)		(211)	468	257	429
Net assets					
Funds of the Charity		757	555	1,312	1,301
Income funds:					
Restricted	11.1	-	555	555	444
Unrestricted	11.3	757	-	757	857
Total funds		757	555		1,301
		1,312			

Comparative figures for each class of funds are provided in note 13 to the accounts.

The notes on pages 43 to 58 form part of these accounts.

These accounts (Registered Charity number 1057285) were approved by the trustee on
and were signed on its behalf by:



Dr Nick Broughton

11th January 2022
Date

Notes to the Accounts

1. Basis of Preparation

The accounts have been prepared under the historic cost convention, with the exception of investments which are included at market value. The accounts comply with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102) (effective 1 January 2015)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared on the going concern basis which assumes the Charity will continue for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation.

The Charity has taken advantage of the exemption available under FRS 102 and has not produced a Cash Flow Statement as it is a small charity. The principal accounting policies, which have been applied consistently throughout the current financial year are set out below.

2. Income

a) Donations

All donations are included in full in the Statement of Financial Activities as soon as the following three factors can be met:

i) entitlement - when control over the rights or other access to the economic benefit has passed to the charity (in the case of a donations, entitlement usually arises immediately on its receipt); and

ii) probable - when it is more likely than not that the economic benefits associated with the transaction or gift will flow to the charity; and

iii) measurement - when the monetary value or amount of the income can be measured reliably and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably.

b) Legacies
Legacies are accounted for upon receipt or where receipt of the legacy is probable and the amount receivable can be estimated with sufficient accuracy. This will be once confirmation has been received from the representatives of the estate that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled and the amount receivable is known with reasonable certainty.

c) Grants
Income from grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

If the grant has conditions attached which must be fulfilled before the Charity has control of the resources, the meeting of these conditions is within the Charity's control and there is sufficient evidence that the conditions will be met, then the grant is recognised. However, where the meeting of the conditions is not probable or not within the control of the Charity, the grant would not be recognised until the conditions set have been met.

If a donor imposes a time period in which the expenditure of resources can take place, and a grant is received for expenditure that must take place in a future accounting period, it would be accounted for as deferred income and recognised as a liability until the accounting period in which the Charity is allowed by the condition to expend the resource. If the donor has given the condition that they can recover any unexpended part of the grant, the liability for any repayment would be recognised only when repayment becomes probable.

d) Income from Charitable Activities & Other Trading Activities
Income from charitable activities & other trading activities is accounted for on an accruals basis as goods or services are supplied.

e) Income from Investments
Investment income is accounted for in the period in which the Charity is entitled to receipt and the amount can be measured with reasonable certainty.

f) Allocation of Income to Funds
Income is credited to a fund which will benefit the area where the donor has imposed a restriction or expressed a wish, for how their gift should be used and are classified as restricted or designated funds accordingly. If the donor has not expressed a wish for how their gift should be used, it is credited to an Unrestricted General fund and used at the Trustee's discretion in accordance with the objects of the Charity.

1.3 Expenditure

- a) The accounts are prepared in accordance with the accruals concept.

All expenditure is recognised once there is a legal or constructive obligation committing the Charity to the expenditure.

The Statement of Financial Activities provides an analysis of expenditure based on the nature of the activity undertaken. Expenditure is divided between three main activities:

Raising Funds, Charitable Activities and Other.

- b) Raising Funds

These include the costs of generating voluntary income (fundraising costs), costs of fundraising trading and investment management fees. These costs are apportioned directly against the individual funds generated.

- c) Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the Charity's objectives and Inline with SORP 2015 (FRS 102) also include governance costs for the Charity. Expenditure on charitable activities will be for the benefit of Patients, Staff, Research or Education. Throughout these accounts the term 'patients' refers to patients and service users. The costs include the direct costs of the charitable activities together with governance & support costs that enable them to be undertaken.

Governance & Support Costs

Governance costs include the costs of governance arrangements which relate to the general running of the Charity, allowing it to operate and to generate the information required for public accountability. Included under this heading are direct costs such as independent examination, legal advice and costs associated with statutory requirements such as preparing statutory accounts.

Governance costs are accounted for on an accruals basis and include an element of the charge for the administration and accounting service provided by Moore Kingston Smith Association Management.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the activity. Support costs are allocated to charitable activities in the Statement of Financial Activities.

Support costs are accounted for on an accruals basis as charges for a full administration and accounting service provided by Moore Kingston Smith Association Management. These charges comprise of a monthly management fee.

Both governance & support costs are allocated to charitable activities in the SOFA and further details provided in note 7.

- d) Apportionment of Governance and Support Costs
Both governance and support costs are apportioned across the individual funds within the Charity on an average balance basis (so as to avoid disadvantaging funds with high volume, low value transactions).
- e) Irrecoverable VAT
Irrecoverable VAT is charged against the category of resources expended for which it was incurred.
- f) Liabilities
Liabilities are recognised at their settlement value or best estimate where the final settlement value is unknown.

4. Structure of Funds

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as designated funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

5. Fixed Asset Investments

Fixed asset investments comprise Common Investment Funds and cash and are managed by Aberdeen Standard Capital Limited.

Investments are shown at market value as at the balance sheet date. The market value is the mid-price on 31 March as supplied by the investment managers.

The Statement of Financial Activities includes the net gains (or losses) arising on revaluation and disposals of investments throughout the year.

6. Current Asset Investments

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as designated funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

7. Investment Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or cost at date of purchase, if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening market value (or cost at date of purchase, if later).

8. Taxation

Oxford Health Charity is a registered charity and as such benefits from certain exemptions from taxation on income and gains, to the extent that they are applied for charitable purposes.

1.9 Key Assumptions and Judgements

The charity accrues for items of expenditure which relate to the previous year where invoices have not been processed or received before the year end. Estimates are made in some instances where invoices have not been received based on activity and/or expenditure for the year to date. No significant judgements have been made in preparing the accounts. No key assumptions have been made regarding any sources of estimation uncertainty with a significant risk of causing a future material adjustment.

2 Related Party Transactions

The sole corporate trustee of the Charity is Oxford Health NHS Foundation Trust ('the Trust').

The results of the Charity are not consolidated into the accounts of the Trust for the year, as discussed in more detail in the trustee's Annual Report.

The members of the Trust's Board of Directors during the year are disclosed in the Annual Report of the Charity.

During the year none of the members of the Trust's Board of Directors or members of the key management staff or parties related to them have undertaken any material transactions with the Charity. No expenses or remuneration were paid to the members of the Trust's Board of Directors from the Charity during the year (members of the Trust's Board of Directors, some of whom are employees of the Trust, are remunerated by the Trust in respect of the work that they carry out for the Trust). None of the transactions below relate to trustees or key management personnel.

Transactions between the Charity and Oxford Health NHS Foundation Trust 2020/21

	Creditor b/fwd at 1 April 2020	Expense incurred in year	Paid in year	Creditor c/fwd at 31 March 2021
	£000	£000	£000	£000
To reimburse the Trust for salary payments for clinical staff (none made for trustees or key management personnel)	20	283	(279)	24
To reimburse the Trust for miscellaneous goods and services purchased on behalf of the Charity	9	108	(95)	22
Total expenditure	29	391	(374)	46

3 Income and Donations

1. Income from donations & voluntary grants

Donations are received from individuals.

2. Income from legacies

Legacy income is only included in incoming resources when receipt is probable and the amount is known/or can be reliably estimated, or the legacy has been received.

3. Grants

No contractual grant income was received in the year.

4 Charitable Activities

Income from charitable activities comprises income from courses.

5 Other Trading Activities

Income from other trading activities comprises income from the sales of donated goods. The costs related to this activity are included within 'Fundraising trading: costs of goods sold and other costs'.

6 Analysis of Charitable Expenditure

	Equipment	Other Activities	Support Costs	Governance Costs	Total 2021	Total 2020
	£000	£000	£000	£000	£000	£000
Patient welfare and amenities	37	324	9	10	380	305
Staff welfare and amenities	5	391	6	10	412	26
Research and Education	10	97	3	20	130	78
	52	812	18	40	922	409

7 Analysis of Governance and Support Costs

7.1 An allocation and/or apportionment of overhead and support costs has been made to governance costs.

2021	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs 2021 £000	Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs 2021 £000
Examination fee	3	-	3	-	3
Other Costs	37	-	37	18	55
	40	-	40	18	58
2020	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs 2020 £000	Overhead and Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs 2020 £000
Examination fee	3	-	3	-	3
Other Costs	30	9	39	10	49
	33	9	42	10	52

Other Costs include printing stationery, capital charges and administrative costs.

7.2 Allocation of Support Costs

The support costs not related to governance activities are then allocated to expenditure on charitable activities based on the purposes of each fund across the four main charitable activities of the Charity as follows:

	Patient Welfare £000	Staff Welfare £000	Research £000	Education £000	Total 2021 £000	Total 2020 £000
Other costs	9	6	-	3	18	10
	9	6	-	3	18	10

7.3 Analysis of Staff Costs

The Charity uses the services of Moore Kingston Smith Association Management and therefore does not directly employ any staff.

8 Analysis of Investments

8.1 Movement in Fixed Asset Investment

	Non-Cash Investments £000	Cash Investments £000	Total 2021 £000	Total 2020 £000
Market value brought forward at 1 April	853	19	872	980
Less: Disposals proceeds	(190)	(191)	(381)	(2,818)
Add: Additions to investments at cost	183	215	398	2,783
Net gain/ (Loss) on revaluation	166	-	166	(73)
Market value carried forward at 31 March	1,012	43	1,055	872
Historic cost at 31 March	916	43	959	942

8.2 Market Value of Fixed Asset Investments at 31 March

	Total 2021 £000	Total 2020 £000
Investments in Common Investment Funds	1,012	853
Cash held as part of the investment portfolio	43	19
	1,055	872

The fixed asset investments are domiciled in the UK, except for the sum of £152k (2020: £127k) which is invested in non-UK domiciled investment funds.

8.3 Analysis of Investment Income

	Total 2021 £000	Total 2020 £000
Gross Income from Investments		
Investments in Common Investment Funds	21	18
	21	18

9 Analysis of Debtors

Debtors due within one year

Total 2021 £000	Total 2020 £000
Prepayments and accrued income	
22	9
22	9

10 Analysis of Creditors

Creditors Falling due Within One Year

Total 2021 £000	Total 2020 £000
Accruals	8
Other creditors	44
51	52

11 Analysis of Funds

11.1 Restricted Funds

	Balance B/Fwd at 01/04/20 £000	Income £000	Expenditure £000	Transfer £000	Balance C/Fwd at 31/03/21 £000
Material Funds					
Respite nursing for Oxfordshire's Sick Youngsters ROSY	431	183	(235)	(17)	362
Legacies	-	-	-	53	53
NHS Charities Together	-	176	(104)	-	72
Other Funds	13	4	-	51	68
Total	444	363	(339)	87	555

Restricted Funds - Comparatives

	Balance B/Fwd at 01/04/19 £000	Income £000	Expenditure £000	Transfer £000	Balance C/Fwd at 31/03/20 £000
Material Funds					
Respite nursing for Oxfordshire's Sick Youngsters ROSY	391	276	(236)	-	431
Other Funds	(8)	30	(9)	-	13
Total	383	306	(245)	-	444

11.2 Details of Material Restricted Funds

Respite nursing for Oxfordshire's Sick Youngsters - ROSY funds

Patient welfare including respite nursing for terminally, acutely or chronically ill children and babies in their homes.

11.3

Unrestricted Funds	Balance B/Fwd at 01/04/20	Income	Expenditure	Investment gains/losses	Transfer between funds	Balance C/fwd at 31/03/21
	£000	£000	£000	£000	£000	£000
Investment Control Account	193	21	(100)	171	(19)	266
Mental Health Trust Wide General Fund	110	375	(388)	-	(23)	74
Wantage Hospital	73	-	-	-	-	73
Wallingford Community Hospital	62	-	(1)	-	-	61
Other Funds	419	20	(111)	-	(45)	283
TOTAL	857	416	(600)	171	(87)	757

Unrestricted Funds - Comparatives

Unrestricted Funds	Balance B/Fwd at 01/04/19 £000	Income £000	Expenditure £000	Transfer between funds £000	Gains £000	Balance C/fwd at 31/03/20 £000
Net Control funds held in control accounts	359	17	(42)	(103)	(38)	193
Abingdon Hospital Fund	69	3	(23)	(10)	-	39
Wallingford Community Hospital	90	-	(12)	(16)	-	62
Wantage Hospital Fund	92	-	(1)	(18)	-	73
Buckinghamshire Mental Health	45	1	(7)	-	-	39
Other Funds	311	87	(94)	147	-	451
TOTAL	966	108	(179)	-	(38)	857

11.4 Details of material unrestricted funds

Name of fund	
Net control funds held in control accounts	Net control funds is comprised of net investment gains and income less administration charges prior to distribution/ charging to unrestrictive funds
Mental health Trustwide General fund (4000)	For the benefit of patients and staff trust wide – general – designated
Wantage Hospital fund (3026)	Funds to support the services provided by Wantage hospital - designated
Wallingford Community Hospital fund (3029)	Funds to support the services provided by Wallingford hospital- designated
Other Funds	Other funds of £281k

Charities SORP (FRS '102) requires comparative information for each class of funds presented in the SoFA. Note 12 below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

12 Fund Comparatives

	Comparative per Fund Class as at 31 March 2020		
	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000
Income from:			
Donations and Legacies			
Donations	38	306	344
Legacies	52	-	52
Sub total: donations and legacies	90	306	396
Charitable activities	-	-	-
Investments	18	-	18
Total income	108	306	414
Expenditure on:			
Raising funds			
Costs of generating voluntary income	9	-	9
Investment management costs	6	-	6
Sub total: expenditure on raising funds	15	-	15
Charitable activities			
Patient welfare	60	245	305
Staff welfare	26	-	26
Education	78	-	78
Sub total: expenditure on charitable activities	164	245	409
Total expenditure	179	245	424
Realised and unrealised losses on revaluation and disposal of investment assets	(38)	-	(38)
Transfer between funds	-	-	-
Net (expenditure) and net movement in funds for the year	(109)	61	(48)
Reconciliation of funds:			
Total funds brought forward at 1 April	966	383	1,349
Total funds carried forward at 31 March	857	444	1,301

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the Balance Sheet.

Note below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

13 Fund Comparatives

Comparative per Fund Class as at 31 March 2020

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2020 £000
Fixed assets			
Investments	872	-	872
Total fixed assets	872		872
Current assets			
Debtors	3	6	9
Cash at bank and in hand	13	458	471
Total current assets	16	464	480
Liabilities			
Creditors: Amounts falling due within one year	31	20	51
Net current assets/(liabilities)	(15)	444	429
Net assets	857	444	1,301
Funds of the Charity			
Income funds:			
Restricted	-	444	444
Unrestricted	857	-	857
Total funds	857	444	1,301



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OxfordHealthCharity



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