

**S.A.F.E. ESSEX  
(SUPPORTING ASPERGER FAMILIES IN  
ESSEX)**

Charity registration number 1188739

**FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**



## **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

### **CONTENTS FOR THE YEAR ENDED 31 MARCH 2021**

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	Page
Trustees annual report	1-3
Independent Examiner's Report	4
Statement of Financial Accounts	5
Balance Sheet	6
Notes to the financial statements	7-10

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# **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

## **TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021**

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### **Legal and Administrative**

**Charity Number:**  
1188739

**Date of Registration:**  
24th March 2020

**Trustees:**  
D Norman (Chairman)  
S Evennett (Secretary)  
J Whitelaw (Treasurer)  
K Bancroft  
Sam Clark-Smith (co-opted March 2021)  
P Neale  
F Potter  
C P Sorrell  
Nelida Spalding (co-opted January 2021)

**Registered Address:**  
43 Buttercup Way,  
Southminster,  
Essex,  
CM0 7RY

**Independent Examiners:**  
Community360  
Winsley's House  
High Street  
Colchester  
CO1 1UG

# **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

## **TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021**

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### **SAFE Annual Review of Activities**

SAFE provides support for individuals with Asperger Syndrome (AS) or families with a member with AS throughout the County of Essex including the Unitary Boroughs of Southend-on-Sea and Thurrock.

#### **Membership:**

*The SAFE membership stood at 140 families representing 146 people with AS. Approximately 76% of those with AS were in the 18+ age group and 29% live in the unitary authorities of Southend-on-Sea or Thurrock.*

Members are provided practical, emotional, and information-based support at these regular meetings. Members also enjoy monthly SAFE Newsletters and ad hoc emails specifically geared to pass on relevant items of interest to adults with AS and families.

SAFE advocates for the needs of people with AS both at local and national levels. SAFE has representatives on the local authority Autism Partnership Boards in Essex. Monthly newsletters are produced for its members with vital information about its activities and other services on offer for our community group.

#### **Ongoing activities and projects:**

The impact of the Covid pandemic presented a major challenge to SAFE as with all organisations, but the charity was determined to find ways to continue to communicate with its members and provide ongoing support during the developing situation. During this period, SAFE moved support meetings online for members to access via Zoom as well as offering a limited number of face-to-face activities (primarily outdoors) to comply with Covid restrictions.

During the first lockdown all face-to-face activities ceased, with a number of activities shifting online via Zoom. When restrictions eased to allow outdoor activities, SAFE organised a number of activities for members of different ages following Covid-19 regulations.

Projects that continued during this year included:

SAFE STUFF – after 13 continuous years running SAFE STUFF, Clare Hudson stepped down in July and Lyann Kennedy became the group's new Co-ordinator. The project continues to be extremely beneficial to many SAFE members and their children. After an initial drop in attendance due to lockdown, since August, 79 children and 74 parents have taken part in various activities including our online lockdown activities. SAFE STUFF remains vital for several families and helped to engage young children and their families during a stressful year caused by lockdowns and disruption of regular routines caused by the pandemic.

The SAFE South Youth Club has not been able to meet during 2020/21 due to Covid. Leaders plan to reconvene as soon as lockdown restricts allow.

SAFE's Hub Clubs based in Southend and South Woodham Ferrers, which are aimed at young people with AS/HFA that attend mainstream secondary school, were not able to meet during this period due to Covid restrictions. Attempts were made to run the groups virtually via Zoom but uptake was extremely poor due to participants not wishing to be seen on camera or to view others in this way.

The Alpha Sigma Delta (ASD) group for girls up to 18 years and parents was unable to meet at its base at Megacentre in Rayleigh but met weekly via Zoom as an alternative. SAFE saw participation from several regular girls/young women and their mothers attending. SAFE also ran 'walk and talk' sessions with this group in locations such as Norsey Woods in Billericay and Hockley Woods.

# **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

## **TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021**

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In the same way as the ASD group, the SAFE SPA (Social Participation for Adults) group met virtually on a weekly basis via Zoom with a core number of adults attending every session. When possible, the group arranged 'walk and talk' sessions on the seafront and in parks in and around Southend.

The SAFE Women's Group also met weekly via Zoom with several socially distanced walking sessions arranged in various locations for the group.

The Spouses Group were also not able to meet in person; members keep in touch by email and through Social Media platforms.

SAFE's regular support group meetings for parents of children and for parents and adult members aged 18+ with Asperger Syndrome (ASAP – Asperger Syndrome Adults & Parents) was unable to meet in person but offered a Zoom meeting twice each month. Additionally, the Chelmsford Friendship Club, formed by a group of ASAP members, kept in touch with members via social media and Zoom.

### ***Website and advocacy***

SAFE's presence on Facebook continues and it continues to post details and articles concerning autism without a learning disability; there are now 949 people regularly 'following' the SAFE Facebook page. SAFE has also been involved in consultations with Chelmsford City Council and Essex County Council regarding the provision of purpose built, sheltered housing for adults with Asperger Syndrome.

### ***Fundraising***

The Trustees would like to thank our volunteers who have helped to run our activities and, also our generous donors, charitable bodies and corporate organisation who have given us the resources to enable us to provide the activities for our members. Funders during the past year include:

Essex Community Foundation  
Essex Police/Home Office (Covid Relief)  
Fowler, Smith Jones Charitable Trust  
Ground Works Company  
Hamptons  
Masons  
National Lottery Covid Fund  
Rosca Trust  
Sir Alistair & Patricia Stewart Fund  
Southend Emergency Fund

### ***Future Development***

During 2020/21, SAFE increased its Executive to bring in key skills in accordance with good governance practices. Trustees continue to review the effectiveness of the services SAFE provides and whether there is potential for further development or changes.

As soon as the guidelines allow, SAFE will return to offering face to face support meetings and social activities for members and the Executive will review whether there is unmet need for members and seek funding to initiate or continue activities and advocate for the needs of people with AS.

J Whitelaw

# S.A.F.E ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

## INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

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I report on the accounts of S.A.F.E Essex (Supporting Asperger Families in Essex) for the year ended 31st March 2021 which are set out on pages 5 to 10.

**Respective responsibilities of trustees and examiner** The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. It is my responsibility to: - Examine the accounts under section 145 of the Charities Act, - To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and - To state whether particular matters have come to my attention.

**Basis of independent examiner's Statement** My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

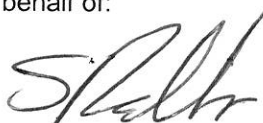
**Independent examiner's statement** In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- The accounting records were not kept in accordance with section 130 of the Charities Act; or
- The accounts did not accord with the accounting records; or
- The accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:

Community360  
Winsley's House, High Street, Colchester, Essex



Date 15th November  
2021.

# S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted Funds £	Restricted Funds £	2021 Total £
<b>Incoming resources</b>				
Donations and legacies	2	20,687	-	20,687
Charitable activities	3	1,575	7,392	8,967
<b>Total incoming resources</b>		<b>22,262</b>	<b>7,392</b>	<b>29,654</b>
<b>Resources expended</b>				
Charitable activities	4	8,135	7,297	15,432
Expenditure on raising funds	5	368	-	368
<b>Total resources expended</b>		<b>8,503</b>	<b>7,297</b>	<b>15,800</b>
<b>Net incoming (outgoing) resources</b>		<b>13,759</b>	<b>95</b>	<b>13,854</b>
Transfer between funds		516	(516)	-
Merger Income	1.6	3,387	7,495	10,882
<b>Net movement in funds</b>		<b>17,662</b>	<b>7,074</b>	<b>24,736</b>
<b>Total funds brought forward</b>		<b>-</b>	<b>-</b>	<b>-</b>
<b>Total funds carried forward</b>		<b>17,662</b>	<b>7,074</b>	<b>24,736</b>

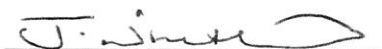
Notes on pages 7 to 10 form an integral part of these financial statements.

# S.A.F.E. ESSEX

## BALANCE SHEET AS AT 31 MARCH 2021

	Notes	2021 £
<b>Fixed assets</b>		
Tangible assets	7	605
<b>Current assets</b>		
Cash at bank and in hand		24,581
		<u>24,581</u>
<b>Creditors: amounts falling due within one year</b>	8	450
<b>Net current assets/(liabilities)</b>		<u>24,131</u>
<b>Net assets</b>		<u><u>24,736</u></u>
<b>Funds of the charity</b>		
Restricted funds		7,074
Unrestricted funds		17,662
<b>Total funds</b>		<u><u>24,736</u></u>

Approved by the trustees on the 27/10/21 and signed on their behalf by:



J Whitelaw

# **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

## **NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021**

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### **1.1 Basis of the preparation of the accounts**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2011.

S.A.F.E. Essex (Supporting Asperger Families in Essex) constitutes a public benefit entity as defined by FRS 102.

#### **Cash Flow**

The financial statements do not include a cash flow statement because the charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under Financial Reporting Standard 1 "Cash flow statements".

### **1.2 Income recognition**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either; the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed as material.

Donated services or facilities are recognised when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' Annual Report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain these services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

## S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

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#### 1.3 Expenditure recognition

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefit will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity.

#### 1.4 Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected life as follows:

Equipment - 11 years

#### 1.5 Fund accounting

Funds held by the charity are:

##### Unrestricted general funds:

These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

##### Restricted funds:

These are funds that can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### 1.6 Merger

S.A.F.E Essex (Supporting Asperger Families in Essex) registered as a CIO in March 2020. In April 2020 the charity merged with S.A.F.E Essex (Supporting Asperger Families in Essex), charity number 1095075, in which month the operations, assets and liabilities of £10,882 were transferred to the Charity with no consideration paid. The assets and liabilities were included in incoming resources at their fair values at date of transfer. There has been no material fair value adjustments from book value.

#### 2. Donations and legacies

	Unrestricted £	Restricted £	2021 £
Donations	2,911	-	2,911
Grants	17,776	-	17,776
	<u>20,687</u>	<u>-</u>	<u>20,687</u>

## S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

3. Charitable activities	Unrestricted £	Restricted £	2021 £
Membership fees	1,575	-	1,575
Grants	-	7,392	7,392
	<b>1,575</b>	<b>7,392</b>	<b>8,967</b>
4. Costs of charitable activities	Unrestricted £	Restricted £	2021 £
ASAP	16	-	16
SAFE SPA	1,159	-	1,159
Safe Womens Group	1,079	-	1,079
Spouses Group	32	-	32
SAFE STUFF (Activities)	-	840	840
SAFE STUFF (Facilitator Costs)	-	1,979	1,979
Girls and Parents Group (ASD)	-	749	749
Hub Club 2 C	-	16	16
Face to Face	2,630	-	2,630
Advocacy	280	-	280
Admin (Ins., Post, Tel.)	774	-	774
Trustees/ Committee Expenditure	132	-	132
Volunteer Education & Training	394	-	394
Develop-ment	927	3,713	4,640
Misc. Expenses	340	-	340
Depreciation	122	-	122
	<b>7,885</b>	<b>7,297</b>	<b>15,182</b>
<b>Governance costs:</b>			
Audit and accountancy	250	-	250
	<b>250</b>	<b>-</b>	<b>250</b>
	<b>8,135</b>	<b>7,297</b>	<b>15,432</b>
5. Expenditure on raising funds	Unrestricted £	Restricted £	2021 £
Fundraising costs	368	-	368
	<b>368</b>	<b>-</b>	<b>368</b>

# S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

<b>6. Tangible fixed assets</b>	<b>Equipment</b>				
<b>Cost</b>	<b>£</b>				
As at 1st April 2020	1,350				
Additions	-				
<b>As at 31st March 2021</b>	<b>1,350</b>				
<b>Depreciation</b>					
As at 1st April 2020	623				
Charge for the year	122				
<b>As at 31st March 2021</b>	<b>745</b>				
<b>Net book value</b>					
<b>As at 31st March 2021</b>	<b>605</b>				
<b>As at 31st March 2020</b>	<b>727</b>				
<b>7. Creditors; amounts falling due within one year</b>	<b>2021</b>				
	<b>£</b>				
Accruals	450				
	<b>450</b>				
<b>8. Fund analysis</b>					
	<b>Balance as at 01/03/2020</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfers</b>	<b>Balance as at 31/03/2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Restricted funds</b>					
SAFE from Homelessness	-	516	-	(516)	-
SAFE STUFF (Activities) Costs	-	2,917	(2,917)	-	-
Girls and Parents Group (ASD)	-	4,500	(1,833)	-	2,667
Hub Club 1 S	-	493	(493)	-	-
Hub Club 2 C	-	902	(902)	-	-
Safe Stuff Plus (SAFE South)	-	99	(99)	-	-
Face to Face	-	1,053	(1,053)	-	-
Achievemnt Awards	-	4,407	-	-	4,407
<b>Total Restricted Funds</b>	<b>-</b>	<b>14,887</b>	<b>(7,297)</b>	<b>(516)</b>	<b>7,074</b>
<b>Unrestricted Funds</b>	<b>-</b>	<b>25,649</b>	<b>(8,503)</b>	<b>516</b>	<b>17,662</b>
<b>Total Funds</b>	<b>-</b>	<b>40,536</b>	<b>(15,800)</b>	<b>-</b>	<b>24,736</b>



### **SAFE Annual Review of Activities**

SAFE provides support for individuals with Asperger Syndrome (AS) or families with a member with AS throughout the County of Essex including the Unitary Boroughs of Southend-on-Sea and Thurrock.

#### **Membership:**

The SAFE membership stood at 133 families representing 145 people with AS. Approximately 75% of those with AS were in the 18+ age group and 38% live in the unitary authorities of Southend-on-Sea or Thurrock.

Members are provided practical, emotional, and information-based support at these regular meetings. Members also enjoy monthly SAFE Newsletters and ad hoc emails specifically geared to pass on relevant items of interest to adults with AS and families.

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Projects that continued during this year included:

SAFE STUFF – after 13 continuous years running SAFE STUFF, Clare Hudson stepped down in July and Lyann Kennedy became the group's new Co-ordinator. The project continues to be extremely beneficial to many SAFE members and their children. After an initial drop in attendance due to lockdown, since August, 79 children and 74 parents have taken part in various activities including our online lockdown activities. SAFE STUFF remains vital for several families and helped to engage young children and their families during a stressful year caused by lockdowns and disruption of regular routines caused by the pandemic.

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Trustees:

D Norman (Chairman)  
S Evennett (Secretary  
J Whitelaw (Treasurer)  
K Bancroft  
Sam Clark-Smith (co-opted March 2021)  
P Neale  
F Potter  
Kath Salmon (co-opted March 2021)  
C P Sorrell  
Nelida Spalding (co-opted January 2021)

Registered Address: 43 Buttercup Way, Southminster, Essex CM0 7RY