

Charity Registration No. 1003117

Company Registration No. 02594511 (England and Wales)

**SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY
SHROPSHIRE MIND)**

**TRUSTEES' REPORT AND
INDEPENDENTLY EXAMINED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	C T Ireland R Munton A Althrop L Deane E Bates - Co-opted (Appointed 18 November 2021) T Edwards - Co-opted (Appointed 18 November 2021) K Trotter - Co-opted (Appointed 18 November 2021)
Chair	C T Ireland
Charity number	1003117
Company number	02594511
Registered office	Suite 3 & 4 Observer House Holywell Street Shrewsbury Shropshire United Kingdom SY2 6BL
Independent examiner	Azets Audit Services Column House London Road Shrewsbury Shropshire SY2 6NN

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

CONTENTS

	Page
Trustees report	1 - 8
Statement of Trustees responsibilities	9
Independent examiner's report	10
Statement of financial activities	11
Balance sheet	12
Notes to the financial statements	13 - 24

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report and accounts for the year ended 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

Objectives and activities

The Trustees have had regard to the Charity Commission guidance on public benefit.

The charity's main objective is to promote the preservation of mental health and to assist in relieving and rehabilitating a person's suffering from poor mental health, or any condition that has an impact upon a person's mental health. The charity aims to support the person to live well through;

- Advocacy
- Peer support
- Direct intervention
- Teaching and supporting people to understand techniques that support their own wellbeing
- Signposting to appropriate services
- Working in direct partnerships within Shropshire, Telford and Wrekin and Powys
- Safeguarding all vulnerable people from abuse
- Listening services
- Effectively supporting the local community to lower the stigma surrounding mental health, through education and training. Championing a supportive and compassionate suicide prevention programme.
- Outreach.
- Crisis Café's.
- Telephone support services.
- Bereavement support.
- Trauma resilience.
- Emergency department mental health support.

Values and beliefs

Shropshire Mental Health Support Ltd's values are at the heart of everything we do.

Open	- We actively reach out to anyone who needs us
Together	- We're stronger with our partners
Responsive	- We listen, we act, we support, we advocate
Independent	- We speak out and support responsive service provisions
Unstoppable	- We will never stop supporting people

These beliefs and values are mirrored in the service we provide.

- Ensuring the service, we provide reflects the needs of the local community
- Respecting the dignity and rights of any person using our services
- Services are appropriate, safe and acceptable to service users
- The environment is welcoming to everyone, with a zero tolerance to any discriminatory behaviour
- Offer choices and promote independence where practicable
- Raise awareness and educate the public on mental health issues
- Value its staff and volunteers as a good employer
- Incorporate joint working and liaison with other relevant agencies
- Are accountable and operate within the principles of corporate governance

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Charitable activities

Shropshire Mental Health Support Ltd continued delivery of many key projects throughout the year, whilst also seeking new partnership/alliances with local charities with the same key values. During 2020/21 reporting period, the charity received over 15,000 enquiries and averted over 700 potential suicides. Many programmes have been changed or amended to reflect the risks associated with COVID-19.

Shropshire Mental Health Support Ltd was the only mental health charity to maintain full face to face service with the appropriate safeguards in place, throughout the 1st and 2nd lockdown periods of COVID-19. It is a testament to the Staff and Volunteers, their commitment and dedication to support those with poor mental health has shone through, highlighting what an amazing team we are blessed to work with.

The charity has been nominated for The Queens Award, for the charity's dedicated work and innovation throughout the year, supporting the most vulnerable when all other services were not available.

Shropshire Sanctuary continues to deliver critical interventions out of hours, whilst evolving to support new demands as and when they arise. To date the Sanctuary service has saved the public purse over £24,000,000, as well as preventing so many people from taking their lives, with the Sanctuary staff also doubling up as call handlers on the phone line in the evening.

The charity established the 24/7 telephone line in the early parts of the pandemic. It has been running ever since, supporting over 600 people continuously, becoming the cornerstone of service delivery.

The Integrated Care Systems (ICS) for Shropshire, Telford and Wrekin (STW) invested in DNA TRiM. DNA TRiM is a trauma resilience programme, designed to support peer networking and de-escalation following any Potentially Traumatic Experiences (PTE). With Shropshire Mental Health Support Ltd having a 24-hour presence through the call line and Shropshire Sanctuary, the charity was chosen to become the TRiM Hub for the whole of STW. The delivery of TRiM has been rolled out to Shrewsbury and Telford Hospitals (SaTH) Robert Jones Agnes Hunt (RJA) with great effect, maintaining professional staff within the workplace, whilst support and guidance is given. As part of the TRiM Hub role, Shropshire Mental Health Support Ltd also received funding for a full time Psychologist, who compliments the team and gives extremely quick access to a clinical skillset when needed.

Funding will have to be secured for the continuation of Shropshire Sanctuary beyond April 2022 as it reaches its 5th anniversary.

Shropshire Mental Health Support Ltd has continued to host trainee RMN's, Occupational Therapists, Physiotherapists on work placements and Social Workers. The unique environment we have allows professionals to gain critical experience in supporting people with mental health issues. The soft approach within the charity is a stark contrast to that of statutory sector providers, the contrast between the two approaches allows the trainees to see the effects of both systems at work rather than just on a theoretical basis. Shropshire Mental Health Support actively recruits new volunteers, training and supporting them in the provision of the services to those with mental health needs. Many of our volunteers are inspired by the work and go on to seek employment within the professional side of our sector, with key hands on skills provided within the charity. Growth of roots up professionals can only serve to enhance our profile as a quality provider of mental health services within the 3rd sector.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Premises – The current lease expires on 24th December 2021, the property needs some repairs and so the charity has approached Shropshire Council with a view to purchasing one of its surplus properties that would fulfil the needs of the charity going forward. Larger and more extensive premises are now urgently needed to cope with the expansion of services.

Reach - The drop-in centre has remained closed throughout the pandemic; however specific groups have been delivered as follows:

- Unity, Reconnect, Walking for Health, Allotment Group.

It remains challenging, balancing the risk of infection and the support needed by those with mental health support needs, this will be monitored throughout the coming year. The charity partnered with Shropshire Council and Public Health England to deliver key information across the county to those who are homeless or displaced as a result of the pandemic, this brought much needed contact to those located in remote or hard to reach areas.

Shropshire Mental Health Support Ltd is the only 3rd sector provider to open 7 days a week within the County, providing that essential support when the statutory sector is not available. It is vital that the reach of the charity extends far beyond its head office in Shrewsbury, with service delivery now taking place in Whitchurch, Market Drayton, Ludlow, Bridgnorth and Oswestry.

Shropshire Mental Health Support Ltd has been working in conjunction with Shrewsbury College, aiming to support students and staff alike, this is a key partnership for the future, allowing the charity to provide solutions to anxiety and depression, caused by stress and the pressures of society.

Shropshire Sanctuary, the call line and the TRiM Hub have raised the profile of the charity, allowing further partnerships to be forged across the sector, but it is key to focus on the fact that we are an impartial and trusted service provider, being trusted by all who use our services.

Resources - The shop at Redwoods continues to support the charity in its objectives, providing funding from the revenue within the shop, whilst supporting beneficiaries to gain invaluable experience. Key investments have been made in the shop, as well as an expansion of the healthy range and a valuable stock of personal items for staff and patients to purchase.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Financial review

Reserves policy

The reserves within the charity have grown steadily throughout the year. Key areas for this success are attributable to the stringent fiscal policy within the charity and increased revenues from the Shop in Redwoods and fundraisers who support us. The shop manager has worked tirelessly to improve the margins and the breadth of service delivery. The shop is now a key financial asset to the charity.

The aim of the charity is to increase the amount held in reserve, to be above 12 months turnover, with the turnover continually increasing, so the amount held in reserves must increase to secure the stability required by the charity into 2021/22.

Our dedicated Treasurer has enabled the charity to report a balanced account sheet for the past 9 years, the environment remains challenging with very little security in the medium term. Further cuts could still materialise from the statutory sector, so opportunities and calculated risks must be taken as and when required.

Shropshire CCG has shown its confidence in the charity, commissioning new outreach services for later in 2021, with a commission life of 3 years.

Total income generated has increased from £541,735 in 2020 to £544,842 in 2021. No income has been deferred to the 2021 financial year (prior year: £Nil).

Expenditure incurred for 2021 was £429,600 compared with £397,907 in the prior year.

The charity made a surplus of £115,242 in 2021 compared with a surplus of £143,828 in 2020.

The closing fund balances were: unrestricted funds £216,614 and restricted funds £274,341.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Principal funding sources

Principle funding was primarily from Shropshire CCG and Shropshire Council who now joint fund the provision of the drop in centre and outlying groups within the county.

Funding by the statutory sector remains the single largest funding source, but all key projects are ring fenced in their service provision.

The resilience of the charity is in the diversity of the funding streams, the board of trustees are continually sourcing new streams for the future requirements of the charity. No project or service delivery will be undertaken by Shropshire Mental Health Support Ltd, unless it is fully funded and able to stand alone. No single project can be allowed to jeopardise the charity and its future service delivery.

The charity has maintained a tight fiscal policy, which is certainly paying off. The Treasurer and CEO are astute in all their financial actions, ensuring the charity is financially sound for years to come.

Having a surplus in this financial year, is indicative of the charity's drive to succeed within the sector and innovate into the future.

Shropshire Mental Health Support Ltd works extremely closely with partners, some of these partners support the charity in kind, with donations of furniture and other goods, allowing all funding to be utilised on service delivery. Networking in this manner has allowed the charity to significantly cut operating costs, with many more partners being willing to donate goods rather than cash.

Shropshire Mental Health Support Ltd always fully supports and publicly acknowledges its partners, valuing our key partners in this manner has led to very mutually beneficial relationships, without which Shropshire Mental Health Support Ltd would find operating more difficult. The nurturing of key relationships is vital to Shropshire Mental Health Support Ltd now and in the future.

Investment policy

With reserves maintained within the main banking account, Shropshire Mental Health Support Ltd does not have any excess that allows for investments. The reserves are in place should a major funder fail to provide financial support, or for an excessive delay in payment from a funder. Interest rates are not attractive in the short to medium term, and anything that would pose a risk to the capital could not be acceptable to the charity.

Risk management

The business risks of the organisation have been identified by the Board of Trustees and compiled into a comprehensive risk assessment matrix in accordance with its Risk Management Policy. All of the identified risks are scored, preventative measures identified, and the matrix is regularly reviewed and supplemented as required. All basic Health and Safety risks have been assessed in accordance with our comprehensive health and safety policy which is reviewed periodically to ensure they remain relevant to changes in circumstance. The Board of Trustees keep up to date with all legal aspects that related to the governance of the charity, including business continuity planning.

Where appropriate, systems and procedures have been established to mitigate the risks the charity faces. The Board of Trustees have produced a strategic plan which focuses for the diversification of funding and activities, which requires trustees to take responsibility for delivering parts of the strategic plan. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the charity.

The CEO manages and supervises all staff and volunteers employed by the charity, being responsible and accountable to the Board of Trustees.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

Future Outlook

The landscape post COVID-19 is going to be dramatically different to that prior to the pandemic. Services will have to evolve and be fast with their responses. Suicides and suicidal ideation is present in a great majority of those seeking support, with this, skill sets will have to be enhanced to deal with and support these needs.

DNA TRiM will be a prime focus as the charity looks to support as many professionals as possible, maintaining them within the workplace.

Virgin Just Giving is closing and new funding platforms will have to be commissioned for the charity as will new funding streams with growth in demand.

With the pandemic continuing to grip the country and inflation growing, there will be financial pressures brought upon the charity, these will include maintaining our dedicated and highly skilled workforce.

The charity has expressed its desire to purchase its own premises, or to find suitable premises that it can occupy in partnership with support from CCG or Local Authority. Negotiations are still taking place, as the current lease expires on 24th December 2021.

The board has 7 excellent trustees, these will bring together key skills to enhance future growth and delivery within the charity.

Shropshire Mental Health Services Ltd continues to work with key partnerships, supporting the delivery of key mental health work across the county. This will continue into 2022 and beyond as the focus remains on joint working and joint outcomes. The landscape for service delivery will change and this will become evident as CCG's retire on the 31st March 2022 and ICS's take over their role, but with far greater emphasis on partnerships to achieve outcomes.

Continuing to focus on the following:

- Continued development of alternative funding streams through grant applications, allowing Shropshire Mental Health Support Ltd to reduce reliance on the statutory sector.
- Review operating processes to ensure optimal use of resources.
- Pursue partnerships with other charities, who share our core values.
- Continue to provide services to the hard to reach within the county.
- Development of trustee's core skills.
- Review memorandum of articles to ensure their continued relevance to the organisations aims, goals and objectives.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

Governing document

The organisation was formed in 1974 and registered as a charity with the Charity Commissioners for England & Wales under registration number 1003117. It was constituted as a charitable company limited by guarantee, Company registration number 2594511, in 1991. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

C T Ireland

R Munton

A Althrop

L Deane

E Bates - Co-opted

(Appointed 18 November 2021)

T Edwards - Co-opted

(Appointed 18 November 2021)

K Trotter - Co-opted

(Appointed 18 November 2021)

Recruitment and appointment of Board of Trustees

The directors of the company are also charity trustees for the purposes of charity law and are known as members of the Board of Trustees. Under the requirements of the Memorandum and Articles of Association the members of the Board of Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

Report on the additions / resignations / change in status of Trustees

The charity works to alleviate mental distress and the Board of Trustees seeks to ensure that the needs of people who have experienced mental distress are appropriately reflected through the diversity of the trustee body. To enhance the potential pool of trustees, the charity actively encourages people who use their services to become members, moving on to become volunteers and use their own experience to support and guide the charity.

The Board of Trustees have maintained themselves with a small but very capable group of four throughout the early parts of the COVID-19 pandemic. This has now grown, with the addition of three co-opted members who will be elected to the board formally at the 2021 AGM. Those standing for election are Tony Edwards, Emma Bates and Ken Trotter, the three new trustees bring a wealth of expertise to the board, including I.T, PR, Marketing, Strategy and Corporate Finance. The Board of Trustees has once again risen to the unique challenges posed by COVID-19 and the incredible impact the pandemic has had on people's mental health.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Organisational structure

Shropshire Mental Health Support Ltd has a Board of Trustees of up to 12 members who meet every 4 to 8 weeks. The Board is responsible for formulating the strategic direction and policies of the charity, whilst providing key governance and oversight.

The title of Chief Executive Officer (CEO) has been brought back to the fore, the size and significance of the charity needs to be reflected within the structure, the term Business Manager in previous reports has been replaced in its entirety by CEO.

The Board is responsible for ensuring through governance and policies that a safe environment is provided, which also safeguards all adults accessing the service. The Board of Trustees currently has 4 members, who are all from a diverse background, including volunteers, service users and business leaders, giving the charity a diverse board with experience complimenting the needs of the charity.

The Officers' Committee consists of the Chair, the Vice Chair, the Treasurer and the CEO. The Officers' committee has delegated authority.

A scheme of delegation is in place, with the Board being responsible for strategic business planning and maintenance of the charity. The CEO is responsible for the day to day running of Shropshire Mental Health Support Ltd, allowing key decisions to be made without the continual approval by the board. Authority from the Board is required for larger purchases and for any proposed changes to the business delivery. The responsibility for the premises, support services and Health and Safety is also delegated to the CEO.

Related parties

The charity is guided by National Policy and Legislation providing services within they key frameworks laid out. The Clinical Commissioning Group (CCG) and Local Authority both have policies in place for the charity to adhere to at a local level as part of the funding agreements. Shropshire Mental Health Support Ltd has employed the services of Aversure HR Consultancy, providing key HR, Legislation, and support with policies that the charity adheres to. All of the charities policies and procedures are fully adherent to both with current legislation, coupled with policy and guidance of Companies House and the Charity Commission.

The charity provides a local and national voice for the people of Shropshire, Telford and Wrekin and Powys, championing the issues facing this rural county on the national stage where relevant. Maintaining a high community profile is key to the charity, allowing it to be more accessible, whilst also reducing the stigma surrounding mental health issues. Talks are normally delivered on a weekly basis to a whole host of organisations, raising awareness of mental health and lowering the stigma within the communities we serve.

Shropshire Mental Health Support Ltd acts as a key partner to Shropshire Council, the South Staffordshire and Shropshire Foundation Trust, Community Mental Health Teams, Redwoods Centre, local CCG's, Police, Ambulance, British Transport Police, Street Pastors, Samaritans and other local service providers in the provision of mental health services across the county.

The Trustees report was approved by the Board of Trustees.

C T Ireland

Trustee

Dated 28 January 2022

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2021

The Trustees, who are also the directors of Shropshire Mental Health Support Limited (previously Shropshire Mind) for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

I report to the Trustees on my examination of the financial statements of Shropshire Mental Health Support Limited (previously Shropshire Mind) (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Helen Tinsley FCCA

Column House
London Road
Shrewsbury
Shropshire
SY2 6NN

Dated: 28 January 2022

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<u>Income from:</u>					
Donations and legacies	3	31,750	9,969	41,719	48,361
Charitable activities	4	210,906	288,296	499,202	477,815
Fundraising	5	3,921	-	3,921	15,559
Total income		246,577	298,265	544,842	541,735
<u>Expenditure on:</u>					
Charitable activities	6	208,354	217,354	425,708	394,271
Other costs	8	3,892	-	3,892	3,636
Total resources expended		212,246	217,354	429,600	397,907
Net incoming resources before transfers		34,331	80,911	115,242	143,828
Tax		-	-	-	-
Gross transfers between funds		(7,435)	7,435	-	-
Net movement in funds		26,896	88,346	115,242	143,828
Fund balances at 1 April 2020		189,718	185,995	375,713	231,885
Fund balances at 31 March 2021		216,614	274,341	490,955	375,713

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Included in incoming resources from charitable activities is shop income of £47,374 (2020: £70,550). Included in total expenses is shop expenditure of £50,837 (2020: £72,533).

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	10		3,907		4,637
Current assets					
Stocks	12	3,966		2,755	
Debtors	13	61,013		29,285	
Cash at bank and in hand		431,460		356,320	
		<u>496,439</u>		<u>388,360</u>	
Creditors: amounts falling due within one year	14	<u>(9,391)</u>		<u>(17,284)</u>	
Net current assets			487,048		371,076
Total assets less current liabilities			<u>490,955</u>		<u>375,713</u>
Income funds					
Restricted funds			274,341		185,995
Unrestricted funds			216,614		189,718
			<u>490,955</u>		<u>375,713</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 28 January 2022

C T Ireland
Trustee

Company Registration No. 02594511

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Shropshire Mental Health Support Limited (previously Shropshire Mind) is a private company limited by guarantee incorporated in England and Wales. The registered office is Suite 3 & 4, Observer House, Holywell Street, Shrewsbury, Shropshire, SY2 6BL, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

The emergence of Covid19 presented a new risk to the charity and the economy as a whole. The Trustees have considered the Covid19 impact on the charity and, while it has had some impact on 2020/21, this is not expected to impact on the charities ability to continue its activities in the future.

1.3 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Items of income are recognised and included in the accounts when all of the following criteria are met:

- The charity has entitlement to the funds;
- any performance condition attached to the item of income have been met or are fully within the control of the charity;
- there is sufficient certainty that receipt of the income is considered probable; and
- the amount can be measured reliably.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

Donated goods or services are recognised as income when the charity has control over the item, and conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. On receipt, donated goods and services are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain goods and services of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

1.4 Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs of running the Shropshire Mental Health Support Ltd centre and Redwoods shop and other activities undertaken to further the purposes of the charity and their associated support costs.
- Governance costs including the Independent Examiner's fees and bank charges.

Expenditure is accounted for on an accruals basis. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Electrical equipment	25% on reducing balance
Fixtures, fittings & equipment	10% on reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Stocks

Stock relates to items held at the year end in the shop. These are valued at the lower of cost and net realisable value.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The charity is exempt from corporation tax on its charitable activities, however is subject to corporation tax on the shop trading as it has gone above the small trading tax exemption threshold.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.12 Debtors, creditors and provisions

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured and estimated reliably. Creditors and provisions are normally recognised at their settlement value.

1.13 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.14 Legal status of the Charity

The Charity is a company limited by guarantee and has no share capital.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2021	Total 2020
	£	£	£	£
Donations	31,750	9,969	41,719	48,361
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
For the year ended 31 March 2020	47,861	500		48,361
	<u> </u>	<u> </u>		<u> </u>

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable activities

	2021 £	2020 £
Grant income received	431,273	368,488
Shop income	47,374	70,550
Sundry income	1,652	1,324
Attendance funding	903	2,239
Management charge received	18,000	35,214
	<u>499,202</u>	<u>477,815</u>
Analysis by fund		
Unrestricted funds	210,906	
Restricted funds	288,296	
	<u>499,202</u>	
For the year ended 31 March 2020		
Unrestricted funds		168,410
Restricted funds		309,405
		<u>477,815</u>

5 Fundraising

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Fundraising events	2,085	4,388
Sponsorships	1,836	11,171
Fundraising	<u>3,921</u>	<u>15,559</u>

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

6 Charitable activities

	Main costs £	Shop costs £	2021 £	2020 £
Wages and social security	285,315	13,357	298,672	242,778
Depreciation and impairment	730	-	730	910
Rent and rates	25,410	-	25,410	24,780
Insurance	1,100	-	1,100	3,206
Light and heat	6,312	-	6,312	3,837
Equipment and repairs	4,365	-	4,365	3,639
Postage, stationery and photocopier	2,146	26	2,172	2,591
Website costs	-	-	-	1,843
Telephone	5,283	-	5,283	2,704
Travel and volunteer expenses	6,957	39	6,996	11,161
Accountancy and payroll costs	1,000	1,500	2,500	2,500
Cleaning	908	960	1,868	3,735
Sundries	3,741	-	3,741	1,796
Groups and activities	75	-	75	3,694
Subscriptions	111	-	111	178
Bank charges	-	76	76	70
Opening stock and stock purchases	-	38,845	38,845	51,163
Closing stock	-	(3,966)	(3,966)	(2,755)
Management charge	18,000	-	18,000	35,213
Advertising	13,418	-	13,418	1,228
	<u>374,871</u>	<u>50,837</u>	<u>425,708</u>	<u>394,271</u>
Other costs	3,892		3,892	3,636
	<u>378,763</u>	<u>50,837</u>	<u>429,600</u>	<u>397,907</u>
Analysis by fund				
Unrestricted funds	161,409	50,837	212,246	
Restricted funds	217,354	-	217,354	
	<u>378,763</u>	<u>50,837</u>	<u>429,600</u>	
For the year ended 31 March 2020				
Unrestricted funds	108,676	72,533		181,210
Restricted funds	216,697	-		216,697
	<u>325,373</u>	<u>72,533</u>		<u>397,907</u>

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

7 Trustees

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

8 Other costs

	2021 £	2020 £
Independent examiners fees	2,500	2,500
Other accountancy costs	1,392	1,136
	<u>3,892</u>	<u>3,636</u>

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
All staff	<u>30</u>	<u>25</u>

Employment costs

	2021 £	2020 £
Wages and salaries	280,050	233,055
Social security costs	15,046	7,378
Other pension costs	3,576	2,345
	<u>298,672</u>	<u>242,778</u>

There were no employees whose annual remuneration was £60,000 or more.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

10 Tangible fixed assets

	Electrical equipment	Fixtures, fittings & equipment	Total
	£	£	£
Cost			
At 1 April 2020	5,450	6,769	12,219
At 31 March 2021	5,450	6,769	12,219
Depreciation and impairment			
At 1 April 2020	3,675	3,907	7,582
Depreciation charged in the year	444	286	730
At 31 March 2021	4,119	4,193	8,312
Carrying amount			
At 31 March 2021	1,331	2,576	3,907
At 31 March 2020	1,774	2,863	4,637

11 Financial instruments

	2021 £	2020 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	492,473	385,605
Carrying amount of financial liabilities		
Measured at amortised cost	3,696	11,334

Financial assets measured at amortised cost comprise of other debtors and cash at bank and in hand.

Financial liabilities measured at amortised cost comprise of trade creditors, other creditors and accruals (excluding deferred income).

12 Stocks	2021 £	2020 £
Shop stocks	3,966	2,755
13 Debtors	2021 £	2020 £
Amounts falling due within one year:		
Other debtors	61,013	29,285

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

14 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other taxation and social security	5,695	5,950
Other creditors	3,696	11,334
	<u>9,391</u>	<u>17,284</u>

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

16 Movement in funds

	Movement in funds				
	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
	£	£	£	£	£
Unrestricted funds					
General fund	189,718	246,577	(212,246)	(7,435)	216,614
	<u>189,718</u>	<u>246,577</u>	<u>(212,246)</u>	<u>(7,435)</u>	<u>216,614</u>
Restricted funds					
Market Drayton Self Help Group	-	300	(24)	-	276
Whitchurch Self Help Group	-	105	(45)	-	60
Calmer Café	3,088	22,238	(18,408)	-	6,918
Outreach	14,077	31,715	(26,128)	-	19,664
Telephone support		24,844	(16,254)		8,590
Covid 19		5,000	(3,499)		1,501
Bereavement support		4,802	(3,134)		1,668
Rebranding		13,419	(13,419)		-
Reconnect Project - Berwyn Prison	-	-	(7,435)	7,435	-
Trauma Resilience Management	-	48,090	(1,630)	-	46,460
A & E Support		2,250	(1,644)		606
Sanctuary Funding	168,830	145,502	(125,734)	-	188,598
	<u>185,995</u>	<u>298,265</u>	<u>(217,354)</u>	<u>7,435</u>	<u>274,341</u>
Totals	<u>375,713</u>	<u>544,842</u>	<u>(429,600)</u>	<u>-</u>	<u>490,955</u>

There was a transfer in the year of £7,435 from unrestricted funds, to cover the expenditure in relation to the Reconnect Project - Berwyn Prison, as this project is fully funded by Shropshire Mental Health Support Limited.

The restricted fund balance of £274,341 as at 31 March 2021 consists of the following sub-funds:

Market Drayton Self Help Group

Located within the North Shropshire Town, the Market Drayton Group is a peer support element of the charity that is hosted within a community hall on a weekly basis. Many activities and elements are supported within the peer support setting.

Whitchurch Self Help Group

Located within the North Shropshire Town, the Whitchurch Group is a peer support element of the charity that is hosted within a community hall on a weekly basis. Many activities and elements are supported within the peer support setting.

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

16 Movement in funds

(Continued)

Calmer Cafe

Calmer Cafe is a crisis cafe model, this allows a drop-in service and instant de-escalation of crisis, with support tailored around the person. The atmosphere is that of a coffee shop, with a host of beverages being served free of charge to those with support needs. The service is commissioned initially for 3 years, from March 2020 until March 2023.

Outreach

Assertive outreach enables the service provision of 2 key workers, who in coordination with the Crisis team and CMHT, provide support to the person within their own home and environment, allowing a stabilising and empowering effect. The outreach is short and targeted over approximately 6 weeks.

Reconnect Project - Berwyn Prison

After delivery of 3 x 12 week sessions within the Prison, the project is now closed due to COVID-19.

Sanctuary Funding

The Sanctuary is commissioned by Shropshire CCG to provide an alternative to S136 of the MHA, acting as a prime suicide prevention service that is assertive in its actions. The service is open from 1700hrs until 0900hrs every day of the year, with service extensions on Saturday and Sunday. Sanctuary is commissioned on a 1 year contract each year by the CCG, upon review of key performance indicators.

16 Analysis of net assets between funds

	Unrestricted fund £	Restricted funds £	Total £
Fund balances at 31 March 2021 are represented by:			
Tangible assets	3,907	-	3,907
Current assets/(liabilities)	212,707	274,341	487,048
	<u>216,614</u>	<u>274,341</u>	<u>490,955</u>

17 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).

SHROPSHIRE MENTAL HEALTH SUPPORT LIMITED (PREVIOUSLY SHROPSHIRE MIND)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

18 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Within one year	19,628	26,138
Between two and five years	-	19,628
	<u>19,628</u>	<u>45,766</u>