

CARIS HARINGEY

Charity Registration No. 1061577
Company Registered in England No. 03304699

Report and Unaudited Financial Statements
Year ended 31 March 2021

Shruti Soni FCCA FCIE
Shruti Soni Ltd
117A St Johns Hill
Sevenoaks TN13 3PE

CARIS HARINGEY

Status: Company Limited by Guarantee No.03304699
Charity Registration No.: 1061577

The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016

Registered Office: St. Philip's Church
Philip Lane
London N15 4HJ
The Company does not have a separate principal office.

Trustees: Fr James Hill
Fr Simon Clark (Chair) (resigned 23 September 2020)
Steven Hill
Mary Christina Howes
Sha-Kera King (Chair) (appointed 23 September 2020)
Kevin Norris
Patrick Routley
Jessica Swift

Secretary Gloria Saffrey-Powell
Hon Treasurer Yehen Jayasena

Independent examiner: Shruti Soni FCCA FCIE
Shruti Soni Ltd
117A St Johns Hill
Sevenoaks TN13 3PE

CARIS HARINGEY

Trustees' Report As at 31 March 2021

The trustees present their report and the financial statements for the year ended 31 March 2021. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2015) –(Charities SORP FRS 102) together with The Companies Act 2006.

OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

CARIS HARINGEY

Trustees' Report As at 31 March 2021

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice & Outreach Worker
Tonya Mavri	Family Support Worker

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

CHAIR'S REPORT

Welcome to CARIS Haringey's annual review 2020-2021. We are relieved and grateful that we are still here after such an unprecedented and challenging year for the nation and the world. This would not have been possible without the Charity's Director, Gloria Saffrey-Powell, who has been awarded the British Empire Medal (BEM) in the Queen's Birthday Honours, for her service to the local community; in particular for voluntary and charitable services to homeless people in the London Borough of Haringey during COVID-19; and the bravest, most caring and resilient team that I have ever worked with.

The unyielding support of our volunteers, users, partners, funders and interested individuals has been our most reliable pillar of strength. Supporters have warmed our hearts with their generosity and care and we would like to give you thanks for your support and efforts.

The Trustee Board remains committed to the sustainability and development of CARIS Haringey and provides a strategic steer for the charity. The COVID-19 pandemic has meant different things to different individuals and charities. The CARIS Haringey team have adapted admirably, but as with many, the Charity has been placed under service and financial pressures with great uncertainties. In the midst of this, you will see from our financial accounts, that we continue to be stable as we continued to work in partnership with other voluntary organisations and faith groups and seek new opportunities.

During this extraordinary year of the COVID-19 pandemic and lockdown, we did not halt our services but responded to government regulations and adapted our service as best we could to meet our users' need, which, as you can imagine, needed flexibility, personal charity, innovation and resilience from our team. We started new activity to respond to the crisis and moved some of our services and activities online, as well as adapting our service delivery.

As trustees we have ensured that there is an appropriate strategic plan in place, with a process to carry it out effectively and have recently conducted a review of our strategic approach with our staff and volunteers. We are committed to continue our close working relationship with the Director and staff team while they respond, adapt and deliver the best possible service, in a way that is safe for both the staff and the families we serve.

We now have refreshed our aims and objectives and business plan. This will enable us to continue to give the right support so that our users are empowered to change their lives for the better. We will continue to provide advice, information and practical tools that people need to address the problems they face in their everyday life. We will continue to raise awareness of issues related to homelessness and destitution and will endeavour to influence policies to address key social issues.

CARIS HARINGEY

Trustees' Report

As at 31 March 2021

Utilising digital technology has been essential for our operation and enabled us to hold frequent meetings and make faster decisions. It has also become a pillar for our service delivery, and we aim to invest more in this area to enable our staff, volunteers and users.

I am very proud and appreciative of CARIS staff and volunteers and below, you will find great examples of their achievements this year, which could only be possible through their innovative thinking, self-sacrifice, and dedication. Our team's commitment, positivity and resilience, has enabled us to provide critical services during a global crisis and I praise their honourable and brave efforts.

As we come together as a nation and face the uncertain and challenging times ahead, your support and encouragement are ever more critical, as we operate in this new, and at times unknown, landscape of challenges and opportunities.

Sha-Kera King
Chair of CARIS Haringey

DIRECTOR'S STATEMENT

Welcome to CARIS Haringey's annual review. For over 30 years, CARIS homeless families project has worked with and on behalf of homeless and destitute families, asylum seekers, refugees, migrants and EAA Nationals who choose to live and work in Haringey borough.

In March 2020 at the start of the pandemic CARIS relocated to St Ann's Church Hall, put in place appropriate risk assessment including the use of PPE to continue "business as usual" - providing homeless and vulnerable families with vital food parcels, advice, and ongoing support. We have continued to adapt our services on other platforms to ensure we are doing our very best to engage and meet the needs as identified by families and children.

Through CARIS' intervention and support we have safeguarded destitute children, and their families have received support under the Children Act 1989. We have ensured families who have the right to live and work in the UK have accessed public funds by assisting families to apply to the Home Office to remove conditions on their leave to remain. This work is vital to ensure children and families essential and basic needs are met. In February 2021 Joint Council for the Welfare of Immigrants (JCWI) research showed the impact of No Recourse to Public Funds (NRPF) policy is a public health risk and causes destitution amongst migrant families:

- a fifth of migrants surveyed, who were working before the pandemic, lost their job since it started
- almost 75% of those were subject to NRPF, unable to access support from the government
- migrants with NRPF were 52% more likely to say that it was not possible to safely self-isolate in their home.

New statistics, published by End Child Poverty, show two-fifths of all children in Haringey were living below the poverty line in the lead up to the pandemic. These figures are not new to CARIS, we continue to highlight and raise the inequalities of homelessness the impact of child poverty, which are further exacerbated by the COVID-19 pandemic.

Long before the pandemic, CARIS has been providing food parcels and highlighting food poverty. Now more than ever, there is a need for local and national government to guarantee everybody has enough food to eat and a roof over their heads. In March 2020, the Government raised Local Housing Allowance rates to cover the bottom 30% of rents, but many families are still struggling to pay their rent. The lift on evictions which ended 31 May 2021 this has seen a rise in Notice of Seeking Possession. In England from 1 August 2021 notice periods for cases where there are rent arrears of less than four

CARIS HARINGEY

Trustees' Report

As at 31 March 2021

months have been reduced to two months, the notice period for arrears of more than four months remaining at four weeks until 30 September 2021, when they will drop to two weeks. We know the ending of crucial financial support in place under the furlough scheme and the uplift to Universal Credit will push more families into poverty or destitution; having to decide whether to pay rent, feed, or clothe their family.

A recent report from Trust for London and Paul Hamlyn Foundation, written prior to the pandemic, examined how voluntary sector organisations have improved accessibility to immigration advice provision across the UK. The research identifies a number of methods to increase the capacity of the not-for-profit sector to meet immigration advice needs.

We are very pleased to report CARIS has received 3 years funding from Trust for London to work in partnership with Coram Children Legal Centre to provide specialist immigration advice.

In May 2020 our 5-year funding from Big Lottery Fund Reaching Communities ended. CARIS commissioned an independent impact evaluation report, this report has been used to review CARIS vision, aims and strategic priorities for the next three years and ensure CARIS adapts and remains relevant in the changing landscape and environment.

Our aims are:

- To reduce homelessness and improve housing conditions
- To improve the health and wellbeing of homeless families
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people, challenging negative attitudes and injustice.

Fundraising will be integral to our strategy post pandemic as we seek to adapt our services, whilst continuing to be at the table and on the right platforms and networks with local and national policy makers, to raise and highlight the issues of homelessness and poverty.

Thank you to our funders, individual donors, schools, churches, synagogues, faith communities and businesses who have responded so generously to our appeals for food, equipment, emergency supplies, bedding, toys, and have given so generously to CARIS' work. Your generosity and giving during this national pandemic, a challenging time that has impacted on all our lives, has enabled CARIS to continue our vital work.

Thank you to the committed staff team and our volunteers who have continued to work tirelessly throughout COVID-19 enabling CARIS to extend our reach and develop new partnerships.

Gloria Saffrey-Powell BEM
Director

ADVICE AND ADVOCACY

The year 2020 was an exceptional year due to the COVID pandemic which impacted CARIS advice services.

Even though we were restricted in seeing clients face to face, we managed to adapt our advice service so that assistance to our homeless families continued by providing remote services using various social media and telephone lines.

We advised and assisted families on the following issues: welfare benefits namely Universal Credit claims, the additional Universal Credit top up fund, housing rights, access to free school dinners for families on No Recourse to Public Funds (NRPF), and access to free nursery places for children whose parents are NRPF.

We also assisted families in claiming Universal Credit, making homelessness applications due to overcrowding or unsuitability of accommodation; child benefit claims and applications to lift the No Recourse to Public Funds condition, as well as applications under the European Union Settlement Scheme (EUSS).

The pandemic lockdown shone the light on the fact that many of our families lacked digital equipment to access online meetings or assist their children with homework. Advice and support were provided.

CARIS HARINGEY

Trustees' Report

As at 31 March 2021

The amount gained by our clients in the year was around £79,510.

Outreach

As soon as the lockdown restrictions were lifted, advisers made outreach visits to assess housing conditions and to report disrepair issues. The main issues remain poor condition of disrepair, health and safety, overcrowding and suitability.

Referrals

Our referrals continue to come from the Early Intervention Team, local schools, Social Services, Health Visitors/Professionals, voluntary organisations. There have been a few self-referrals. 135 referrals were received in the period.

Trends/Concerns

Eviction

During the pandemic lockdown in 2020 a temporary eviction ban was introduced by the government. CARIS did not record any eviction cases during the lockdown. As the ban ended in August 2021, there is future work as from September 2021, we started receiving queries about eviction and assisted clients to make homelessness claims.

Universal Credit

The £20-a-week uplift was introduced during the lockdown boosting our families' income. This temporary boost was withdrawn on the 6th of October 2021, leaving many of our clients affected and in a worst-off financial position that could lead them into debt and therefore impacting families and contributing to child poverty.

Immigration

The immigration partnership between CORAM Children Legal Centre and CARIS Haringey started in January 2021. We have assisted families with immigration advice and/or sourcing asylum or immigration solicitors for our families.

European Union Settlement Scheme (EUSS)

We helped families with advice and/or EUSS application. The EUSS scheme ended on the 30 June 2021, but we are receiving queries from late applicants and parents of EU children.

Networking and Partnership Workshops

We continue to work in partnership with Haringey Migrant Support Centre (HMSC), Project 17, Unity Project, and the London Destitution Forum, and are part of the NRPF Google group.

We attended meetings organised by the Community Enablement Forum during the lockdown where we discussed impact of the COVID crisis on the local community and other aspects of the borough, housing, and homelessness: the possible increase in homelessness and demand for temporary accommodation, discussing the planned road map for different phases of the crisis.

CARIS is now part of the London Initial & Contingency Accommodation Civil Society Forum put in place during the pandemic lockdown which is a network of organisations working with and for asylum seekers. The forum discusses and shares good practice, challenges facing asylum seekers placed in hotels and collaboration between civil society and Clearsprings Ready Homes and Migrant Help.

We attended Haringey Voluntary and Community Sector Forum Zoom meeting.

Training

Advisers attended training on the following: Housing and homelessness, Universal Credit, Domestic violence, EEA rights after Brexit, and gender-based violence, EUSS housing and welfare benefits rights, to keep abreast of legislative changes and changes to policies.

CARIS HARINGEY

Trustees' Report

As at 31 March 2021

Quality Standards

CARIS continues to work to the required Advice Quality Standards (AQS) and Office of the Immigration Services Commissioner (OISC) Standards. An AQS audit was carried out in October 2020 and CARIS received further accreditation until 2022.

Case Study

Mrs H. is a mother of six children, an asylum seeker who self-referred to CARIS Haringey.

The family came to CARIS needing housing advice, secondary school admission for her asylum seeker children, clothes, school uniform, food parcels, and immigration legal representation.

After signposting client to immigration solicitors, the family was granted full refugee status in the UK. CARIS further advised and assisted the family on welfare benefits advising on housing rights, client was awarded universal credit and housing elements.

After assisting client with the online school admission form, client's children were admitted to secondary school and CARIS assisted them with school uniforms, clothes, and shoes.

Client has been moved to a more suitable accommodation where she is currently living with her five children. The condition and the size of the property are suitable to the needs of the family.

Client's older son is in sixth form and working part time with big ambitions for his life and that of his family in the UK.

The family is receiving all the welfare benefit entitlements namely Universal Credit, Child Benefit, housing element costs and Council Tax Reduction.

The mother has been assessed for an ESOL class and recommended to enrol for basic English class at an appropriate English Language provider.

FAMILY SUPPORT

This year has been so very different to previous years due to the ongoing pandemic. We have learnt how to become adaptable to change and work in different environments.

The role of the Family Support Worker is to establish a relationship with individual families, assess their individual needs and their eligibility for various types of assistance.

We focus on their children's early years' development. This includes helping them with setting boundaries, supporting them with their child's additional needs, enabling them to make informed choices, and offering a safe space to come and meet other parents and receive useful information and advice. Working alongside the CARIS Advice workers we help to ensure families are referred for advice and advocacy; sign-posted to relevant agencies for support and can access various community resources.

In the year under review CARIS has been unable to support families in the way that we would normally do. We have dramatically increased the use of technology to support the delivery of services. Our social media accounts have been very beneficial in communicating with our community. We have also had a huge rise in the amount of food donations we have given out.

We would usually deliver a range of parenting workshops designed to support and empower parents concerning their family and parenting as well as supporting them as individuals. We also provide fun educational sessions for children.

As we were unable to do the same this year due to centre closures and social distancing, we provided a range of online Zoom sessions with outside agencies such as Educations and You (EDNU) & K2K stars. Family Support Worker, Tonya Mavri,

CARIS HARINGEY

Trustees' Report

As at 31 March 2021

delivered materials to families in advance and supported the leading of all the sessions. These proved to be a huge hit with families and children.

Online Sessions

- **Mother's Day**

CARIS provided each NRPF family with a large photo frame, paper and coloured pens. EDNU led the session. The children either drew a picture of their mum or wrote a nice message which was then framed and given as a gift for Mother's Day. Throughout the session we discussed why our Mums are special to us and how we can let them know. We also spoke about things that our Mums like and ways that we can help out around the home.

- **Easter Bonnet Making**

CARIS provided each NRPF family with a woven bonnet, glue and materials to decorate their bonnet. EDNU led the session. The children discussed the designs they had in mind and then got busy creating their masterpiece. Throughout the session we spoke with each other about our designs and why we chose them.

- **Pancake Day**

CARIS provided each NRPF family with ready-made pancakes (some families have limited or shared kitchen access so making the pancakes would have been difficult for them) icing sugar, sprinkles, honey & chocolate spread to decorate their pancakes. EDNU led the session. This session was great as it got both children and adults working together. We spoke about our likes and dislikes and how we can all be different and have varied tastes.

- **Play Dough Making**

CARIS provided each NRPF family with the ingredients needed to make playdough including the mixing bowls and wooden spoons. EDNU led the session. The parents really enjoyed this session. Many of them commented that they did not realise how simple making playdough was. Some of the children attending have sensory processing disorders so this was particularly beneficial to them.

- **Dance and Fitness**

CARIS ran a number of weekly dance and fitness sessions led by K2K stars. These sessions were split into two groups under 5's and over 5's. The dance and fitness provided were age appropriate. Adults were able to join in if they wanted to. The sessions were fun, the children particularly enjoyed the dance aspect.

All of the Zoom sessions went well. Parents were very thankful to still be engaged with others. The feedback received was very positive.

Volunteers

We are grateful to our dedicated team of volunteers who give their time and skills to support the work of CARIS. We would not be able to achieve all we do without them.

In the year under review, we have had a committed core team of 6 volunteers who regularly gave time during the week to help us with sorting and distributing food and household items and donations. Others joined us during busy times such as Christmas and the Summer. Due to social distancing restrictions, we had to limit the number of helpers at any one time. Some of our older volunteers were shielding for a period in accordance with government guidelines.

Volunteers have thrown themselves into sorting food and household essentials that have been donated and then making up food parcels. Some of these volunteers are previous service users of CARIS Haringey and it is great to see their enthusiasm along with the support and encouragement offered to families with who are new to CARIS services.

This year, a total of 722 hours were given to CARIS Haringey by our volunteers and by professionals from other organisations.

CARIS HARINGEY

Trustees' Report

As at 31 March 2021

Food Donations

In the year under review, we have provided 224 separate families with food and household essentials. This is a total of 1,174 food parcels.

CARIS Haringey usually focuses its support to families with No Recourse to Public Funds. During this year we found many more families coming to us for support. These families had a wide range of issues such as facing destitution, benefit sanctions and working families who are in crisis.

We were able to meet this increased demand thanks to the regular generous donations from our partners and donors (see below) and additional grants from the Haringey Giving Together We Can COVID-19 Fund and the London Community Response Fund Coronavirus Appeal.

On average, each food parcel for a family of 4 is valued at £60. These parcels consist of tinned foods such as baked beans, vegetables, sauces, soups & fish. Dried foods such as rice, pasta, noodles and couscous. Cupboard staples such as flour, sugar, oil, UHT milk, tea, coffee. Sanitary items, nappies, and toiletries such as soap, shower gel, shampoo and conditioner, toothbrushes, and toothpaste. We often have cleaning products and washing powder.

In total approximately £76,000 of donations including food, household essentials, summer packs and Christmas presents were given to families in need.

Partners & Donors

We continue to be supported by Morrisons and have a very close relationship with the Stamford Hill Community Manager. We are very grateful to be one of their charitable partners.

We received an increased amount of individual food donations this year. The community really stepped up to support us.

We received regular weekly donations of food and household essentials from Muswell Hill Synagogue, Hampstead Parish Church, Southwood Lawn residents' group & Muswell Hill Quakers.

Other donors include Dewhurst butchers who gave us fresh chicken and meats; Haringey Together Food Hub who gave us a huge amount of baby food; and Haringey Speech & Language team who gave lots of food items.

A local coffee shop provided refreshments for the staff on some of these food donation days.

Muswell Hill Synagogue kindly gifted us £2,500 to provide 50 tablets to assist children with online learning. They then funded and donated an extra 11. These were given to our families with No Recourse to Public Funds.

St Ann's Mutual Aid Group have been providing some of our clients with a box of fresh fruit and veg. The numbers have varied over the months as they rely on donations from local residents. The scheme works by an individual purchasing a box for themselves and then paying £10 to give a box to charity.

Tottenham Hotspur Football Club provided us with approx £2,000 worth of youth training kits to be given out to families. These consisted of tops, shorts, socks, trainers and jackets which we gave out to our NRPF families; we even had some left over to give to other families that we support.

A local church provided us with £250 worth of hoodies and a local nursery gave us £500 worth of adults winter clothes. 52 families benefitted from these clothes donations

Toy Library

Unfortunately, due to the ongoing pandemic we have been unable to provide this service as centres have been shut and the women's refuges have not been allowing outside agencies inside. We are hoping to restart at the beginning of 2022 if restrictions have been lifted.

CARIS HARINGEY

Trustees' Report

As at 31 March 2021

ESOL (English for Speakers of Other Languages)

We continued to partner with the WEA to provide ESOL classes. We currently have classes at entry levels 1 and 2. Due to the pandemic these classes have been going ahead over Zoom. An unanticipated advantage of this was that some students with small children, who were previously unable to attend due to lack of childcare, are now able to access the classes. We plan to continue to offer some online courses when we return to face-to-face learning. 18 students from Haringey attended, but as the classes were online, others from outside the borough were also able to take part. The ESOL tutor also delivered an online Employability Course to help students with writing CVs and personal statements.

Summer Playscheme

Unfortunately, due to the ongoing pandemic and restrictions we were unable to run our usual annual playscheme. Instead, we provided 91 families with summer packs full of resources and activities to use at home and in the park. These included bats, balls, bubbles, and creative materials. We also included lap trays as many of the families we support have little space for children to sit and draw, read or write.

Christmas

In the year under review CARIS again due to COVID-19 restrictions was unable to hold our usual Christmas Santa meet and greet for the under 5's and the disco for the over 5's.

Instead, we gave each family a time slot to come along and walk through the decorated hall, have a family photo taken by the tree and receive a bag of presents. These consisted of a brand-new wrapped present for each child in the home and a few extra presents to be shared between the family, along with some special chocolate treats from the Morrisons Community Champion elves that were in the building helping out.

Thank you to local churches, faith groups, workplaces and individuals who responded to our appeal and gave generous donations of toys, books board games, and other treats. We were able to distribute to 109 families in need.

QUEEN'S AWARD FOR VOLUNTARY SERVICE

In June 2020 it was announced that CARIS Haringey was a recipient of the Queen's Award for Voluntary Service. This is the highest award that can be given to voluntary groups in the UK and is equivalent to an MBE.

The Queen's Award for Voluntary Service aims to recognise outstanding work by volunteer groups to benefit their local communities. It was created in 2002 to celebrate the Queen's Golden Jubilee. Recipients are announced each year on 2nd June, the anniversary of the Queen's Coronation.

CARIS was one of 230 charities, social enterprises and voluntary groups to receive the prestigious award this year. The number of nominations remains high year on year, showing that the voluntary sector is thriving and full of innovative ideas to make life better for those around them.

We were delighted to be recognised in this way and received many lovely messages of congratulations from clients and supporters, as well as coverage of our work in local and national media.

FINANCIAL REVIEW

The charity's income for year ended 31 March 2021 was £352,761 (2020: £247,546) of which £209,900 was restricted (2020: £197,391). The expenditure for the year was £229,162 (2020: £194,666) of which £193,473 was restricted (2020: £180,090) finishing the year with net income of £52,881 (2020: £52,881).

RESERVES POLICY

Total charity funds at year end amounted to £244,826 (2020: £121,227) of which £58,463 (2020: £42,036) represented restricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

CARIS HARINGEY

Trustees' Report

As at 31 March 2021

It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £121,227 (2020: £68,346), which is well within this target level.

RISK REVIEW

Although SORP 2015 (FRS 102) does not require a formal risk assessment in the case of charities of the size of CARIS Haringey, the trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

Statement of Trustees' Responsibilities

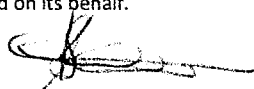
The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 1st Dec 21 and signed on its behalf.



Trustee

Name: SHA-KERA KING

Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2021 as set out on pages 13 to 23.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Shruti Soni FCCA FCIE
Shruti Soni Ltd • Chartered Certified Accountants
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 05/12/2021

CARIS HARINGEY**Statement of financial activities (incorporating an income and expenditure account)****For the year ended 31 March 2021**

				2021			2020
	Note	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Income from:							
Donations and legacies	2	142,838	165,900	308,738	49,791	153,391	203,182
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	44,000	-	44,000	44,000
Investments		23	-	23	44	-	44
Other			-	-	320	-	320
Total income		142,861	209,900	352,761	50,155	197,391	247,546
Expenditure on:							
Raising funds	4	4,391	-	4,391	5,155	-	5,155
Charitable activities							
Summer playscheme	4	-	2,618	2,618	1,158	22,530	23,688
Advice and Advocacy Support and Outreach Family Support	4	31,299	190,854	222,153	8,262	157,560	165,822
Total expenditure		35,690	193,473	229,162	14,576	180,090	194,666
Net income / (expenditure) for the year	5	107,172	16,427	123,599	35,580	17,301	52,881
Transfers between funds		-	-	-	-	-	-
Net movement in funds		107,172	16,427	123,599	35,580	17,301	52,881
Reconciliation of funds:							
Total funds brought forward		79,191	42,036	121,227	43,611	24,735	68,346
Total funds carried forward	14	186,362	58,463	244,826	79,191	42,036	121,227

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

CARIS HARINGEY
Balance sheet

Company no. 3304699

As at 31 March 2021

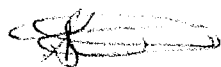
	Note	£	2021 £	£	2020 £
Fixed assets:					
Tangible assets	10		<u>5,612</u>		<u>5,827</u>
			5,612		5,827
Current assets:					
Stock	11	1,574		2,075	
Cash at bank and in hand		<u>245,799</u>		<u>121,408</u>	
		247,373		123,483	
Liabilities:					
Creditors: amounts falling due within one year	12	<u>(8,159)</u>		<u>(8,083)</u>	
Net current assets / (liabilities)			<u>239,214</u>		<u>115,400</u>
Total assets less current liabilities			<u>244,826</u>		<u>121,227</u>
Total net assets / (liabilities)	13		<u>244,826</u>		<u>121,227</u>
The funds of the charity:					
Restricted income funds			58,463		42,036
Unrestricted income funds:					
Designated funds		-		-	
General funds		<u>186,363</u>		<u>79,191</u>	
Total unrestricted funds			<u>186,363</u>		<u>79,191</u>
Total charity funds	14		<u>244,826</u>		<u>121,227</u>

For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' Responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), were approved by the Board on 12.2.2021 and signed on its behalf by:



Name:

Trustee - Sha-Kera King

1 Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

c) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

e) Donations of gifts, services and facilities

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

For the year ended 31 March 2021

1 Accounting policies (continued)

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- | | |
|-----------------------------|-----|
| ● Summer playscheme | 10% |
| ● Advice and Family Support | 90% |

j) Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

k) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- | | |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

l) Stocks

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

CARIS HARINGEY
Notes to the financial statements

For the year ended 31 March 2021

1 Accounting policies (continued)

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

p) Pensions

Pension contributions to employees' pension scheme is charged to Statement of Financial Activities when due.

2 Income from donations and legacies

	Unrestricted £	Restricted £	2021 total Total £	2020 Total £
Individual and church donations	38,914	-	38,914	18,207
Grants from Trusts and Foundations	35,450	165,900	201,350	153,391
Donated goods	68,474	-	68,474	31,584
	<u>142,838</u>	<u>165,900</u>	<u>308,738</u>	<u>203,182</u>

Donations from churches includes £3,285 from St Michael's Church in Highgate and £4,282 from Hampstead Parish Church.

3 Income from charitable activities

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
Advice and Family Support LBH (Children's Centre Services)	-	44,000	44,000	44,000
Sub-total for Advocacy	-	44,000	44,000	44,000
Total income from charitable activities	-	44,000	44,000	44,000

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2021

4 Analysis of expenditure

	Charitable activities				
	Cost of raising funds £	Summer Playscheme £	Advice, Advocacy and Outreach Family Support £	Support costs £	2021 Total £
Staff costs (Note 6)	3,298	-	92,882	8,463	104,643
Rent	193	-	10,584	5,257	16,033
Office Costs	105	-	8,001	51	8,158
Travel and excursions	535	-	5,877	4,749	11,160
Depreciation	-	-	-	2,715	2,715
Other direct costs, insurance and utilities	260	1,284	9,699	5,206	16,450
Donated goods	-	-	68,474	-	68,474
	4,391	1,284	195,516	26,441	227,633
Support costs		1,334	12,005	(13,339)	-
Governance costs			14,632	(13,102)	1,530
Total expenditure 2021	4,391	2,618	222,153	-	229,162
Total expenditure 2020	5,155	23,688	165,823	-	194,666

Of the total expenditure, £35,690 was unrestricted (2020: £14,576) and £193,473 was restricted (2020: £180,090).

4 Analysis of expenditure

For the year ended 31 March 2020

	Charitable activities				
	Cost of raising funds £	Summer Playscheme £	Advice and Outreach Family Support £	Support costs £	2020 Total £
Staff costs (Note 6)	3,493	15,508	82,884	8,965	110,850
Rent	215	650	11,238	5,905	18,008
Office Costs	94	-	7,111	45	7,250
Travel and excursions	336	3,391	299	2,981	7,007
Depreciation	-	-	-	2,215	2,215
Other direct costs, insurance and utilities	259	4,139	4,610	5,169	14,177
Donated goods	-	-	33,619	-	33,619
	4,397	23,688	139,761	25,280	193,126
Support costs	758		24,522	(25,280)	-
Governance costs			1,540		1,540
Total expenditure 2020	5,155	23,688	165,823	-	194,666

CARIS HARINGEY
Notes to the financial statements

For the year ended 31 March 2021

5 Net incoming resources for the year

This is stated after charging / crediting:

	2021	2020
	£	£
Depreciation	2,715	2,215
Operating lease rentals:		
Property	13,533	14,070
	16,248	16,285

6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2021	2020
	£	£
Salaries and wages	92,937	90,578
Social security costs	744	772
Employer's contribution to defined contribution pension schemes	6,506	6,407
Other staff costs	4,456	13,094
	104,643	110,850

No employee earned more than £60,000 during the year (2020: nil).

The total employee benefits including pension contributions of the key management personnel were £32,496 (2020: £23,028).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil).

No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

No Trustees are made payments or reimbursement of travel and subsistence costs totalling during the year (2020: nil).

7 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2021	2020
	No.	No.
Charitable activities	4.0	6.0
	4.0	6.0

For the year ended 31 March 2021

8 Related party transactions

There are no related party transactions to disclose for 2021 (2020: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

9 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10 Tangible fixed assets

	Office fixture and equipment £	Total £
Cost or valuation		
At the start of the year	25,620	25,620
Additions in year	2,500	2,500
	<hr/>	<hr/>
At the end of the year	28,120	28,120
	<hr/>	<hr/>
Depreciation		
At the start of the year	19,793	19,793
Charge for the year	2,715	2,715
	<hr/>	<hr/>
At the end of the year	22,508	22,508
	<hr/>	<hr/>
Net book value		
At the end of the year	5,612	5,612
	<hr/>	<hr/>
At the start of the year	5,827	5,827
	<hr/>	<hr/>

All of the above assets are used for charitable purposes.

11 Stock

	2021 £	2020 £
Donated clothing and other items for distribution	1,574	2,075
	<hr/>	<hr/>
	1,574	2,075
	<hr/>	<hr/>

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2021

12 Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	1,269	1,193
Accruals	1,440	1,440
Deferred income	5,450	5,450
	8,159	8,083

13 Analysis of net assets between funds at the end of year - 31 March 2021

	General unrestricted £	Designated £	Restricted £	Total funds £
Tangible fixed assets	5,612	-	-	5,612
Net current assets	180,751	-	58,463	239,214
Net assets at the end of the year	186,363	-	58,463	244,826

Analysis of net assets between funds at the start of year - 1 April 2020

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	5,827	-	-	5,827
Net current assets	73,364	-	42,036	115,400
Net assets at the end of the year	79,191	-	42,036	121,227

CARIS HARINGEY
Notes to the financial statements

For the year ended 31 March 2021

14 Movements in funds during the year - 2021

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
Restricted funds:					
Summer playscheme					
BBC Children In Need	-	7,100	-	-	7,100
Wednesday's Child	-	4,000	(1,837)	-	2,163
<i>Advice and Advocacy Support and Outreach Family Support</i>					
Allchurches Trust	-	6,000	-	-	6,000
Big Lottery Fund	26,036	-	(26,036)	-	-
City Bridge Trust	-	21,850	(21,850)	-	-
Haringey Giving	2,875	5,000	(5,500)	-	2,375
Joseph Rank Trust	3,125	12,500	(12,500)	-	3,125
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (NRPF Support Grant)	-	9,950	(655)	-	9,295
L.B. Haringey (VCS Hardship Fund)	-	34,000	(34,000)	-	-
London Community Response Fund -					
Coronavirus Appeal	-	3,000	(3,000)	-	-
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Tetherdown Charitable Trust	-	2,500	(2,500)	-	-
Trust for London	-	23,000	(5,673)	-	17,327
Tudor Trust	10,000	32,000	(30,922)	-	11,078
Total restricted funds	42,036	209,900	(193,473)	-	58,463
Unrestricted funds:					
General funds	79,191	142,861	(35,690)	-	186,363
Total unrestricted funds	79,191	142,861	(35,690)	-	186,363
Total funds	121,227	352,761	(229,163)	-	244,826

Restricted funds received includes £50,500 grants related to the response to the COVID-19 pandemic. These funds enabled the charity to adapt to new challenges and provide support to families in need. This included increasing the provision of food and other essentials and improving digital access to services.

For the year ended 31 March 2021

14 Movements in funds during previous year - 2020

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
Restricted funds:					
Summer playscheme					
BBC Children In Need	4,368	14,200	(18,568)	-	-
Hornsey Parochial Charities	-	1,962	(1,962)	-	-
Tottenham Grammar School Foundation	-	2,000	(2,000)	-	-
Austin & Hope Pilkington Trust	-	1,000	(1,000)	-	-
Advice and Advocacy Support and Outreach Family Support					
L. B. Haringey (Childrens Centre Services)	-	44,000	(44,000)	-	-
Haringey Giving Changing Lives Programme	-	2,875	-	-	2,875
Joseph Rank Trust	-	12,500	(9,375)	-	3,125
City Bridge Trust	-	5,450	(5,450)	-	-
WHSmith Community Grant	-	200	(200)	-	-
Woodward Trust	565	-	(565)	-	-
Tudor Trust	10,000	30,000	(30,000)	-	10,000
Big Lottery Fund	9,802	83,204	(66,970)	-	26,036
Total restricted funds	24,735	197,391	(180,090)	-	42,036
Unrestricted funds:					
General funds	43,611	50,155	(14,576)	-	79,191
Total unrestricted funds	43,611	50,155	(14,576)	-	79,191
Total funds	68,346	247,546	(194,666)	-	121,227

15 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the

	Property	
	2021	2020
	£	£
Less than one year	14,500	13,500
	14,500	13,500

16 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.