



**Trustees' Annual Report and
Financial Statements
for the period
1st April 2020 – 31st March 2021**

The Trustees of RISE present their annual report and accounts for the year ending 31 March 2021 and confirm that they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

REFERENCE AND ADMINISTRATION DETAILS

CHARITY NAME	RISE–Reach, Inspire, Support, Educate
CHARITY NUMBER	1165274
CHARITY’S OPERATING ADDRESS	12 Massams Lane Formby Liverpool L37 7BE

TRUSTEE INFORMATION

TRUSTEE NAME	OFFICE HELD (if any)	DATE APPOINTED
Pip Coysh		21.08.15
Louise Evans	Chairperson	1.5.19
Geraldine Moore	Treasurer	1.5.19

OUR AIMS

RISE (Reach, Inspire, Support, Educate) is a registered charity which is based within the Sefton Area. RISE is a Charitable Incorporated Organisation (CIO). As stated within our Governing Constitution document our aims are

“To promote and protect the good health of children and young people in the Merseyside and Lancashire regions who are either carers or bereaved by the provision of support groups and leisure opportunities.”

RISE supports two specific groups of children and young people – ‘young carers’ (those whose lives are affected by a close family member with physical, mental or learning needs and disabilities) and bereaved children (those who have been bereaved of a parent or sibling). These groups provide a place where the children can come together to share experiences, worries and emotions but most importantly to have fun with other children in similar situations or with similar experiences to themselves, which helps them to realise that they are not alone.

We endeavour to provide trips to places which may be inaccessible to them within their current home situations. For the young carers, we provide them with opportunities for ‘responsibility free fun’ (i.e. the children can be free of any responsibility for siblings or parents and can relax and just be children). For the bereaved children, we aim to provide them with ‘guilt-free fun’ (as often following the death of a parent or sibling, then children can experience feelings of guilt if they enjoy themselves or laugh – worrying that them enjoying a situation will appear to other family members as showing “that they don’t care.”).

OUR OBJECTIVES

Our objectives are set to reflect our educational aims and the ethos of the charity. It is important to us that we maintain and enhance the success of the organisation. Our key objective for the year was to increase the number of schools and young people that we support. This would in turn lead on to

- **Helping young people achieve**
 - Improve emotional wellbeing
 - Improve networks of support
 - Improve confidence and resilience
 - Improve academic engagement
- **Helping schools achieve**
 - Improved achievement leading to improved attainment
 - Improved relationships and communication with families
 - Improved awareness and tolerance across the school community
 - Increased school staff's support and knowledge

OUR VOLUNTEERS

The majority of our activities are dependent upon the support of a number of volunteers. These volunteers provide the young people with an opportunity to talk, offer support to their families and other colleagues and staff within school, raise awareness and understanding of the issues facing these young people. This year with the impact of the COVID-19 pandemic, we have been unable to utilise and benefit from the skills of our volunteers to the extent that we would normally do so. However, we have maintained contact and look forward to working together more in the coming year. We continue to thank them for their support and involvement.

REVIEW OF ACTIVITIES, ACHIEVEMENTS & PERFORMANCE

The year from April 2020 to March 2021 was a challenging one for the charity, as it was for a number of similar organisations. The COVID-19 pandemic and associated lockdowns, school closures and limits on social contact had a significant and far-reaching impact on the work that the organisation could carry out.

The charity maintained contact with 2 of the schools but was unable to provide the direct support as it had done previously. Due to the regulations from the Department for Education regarding the establishment of 'class bubbles' and limits on outside contacts coming into schools no groups were able to meet or mix.

The one exception to this, was an organised trip to Crosby Hall Educational Trust which involved only one of the schools. With strict seating plans and children keeping within their class bubble, 15 children were able to take part in a day of confidence building activities

including zip wires, den building and high-ropes activities. It was a great success, the only negative being that we were unable to offer it to other schools.

Following on from a development which began last year, and in direct response to the expressed need from the children and their families, we were able to continue (out of school closure times) with 1:1 bereavement counselling for two children at one of the schools. These children had both been bereaved of a parent in the previous 6 months. The feedback from both families was extremely positive.

Fundraising opportunities were also impacted and we were unable to generate any income.

We were obviously severely limited in the work that we could carry out during this financial year but look forward to a gradual return to normal.

FINANCIAL REVIEW (Total receipts, donations, gift aid, net result

OUR FINANCES IN SUMMARY

In summary, at the end of this financial year (to 31st March 2021), we have received income of £0 and have spent £910 providing the trips and activities listed. This leaves a surplus as at 31st March 2021 of £7345 which will be used to continue with trips, activities and talking therapy sessions for our children and young people. Please see Receipts and Payments annual return.


FUTURE PLANS

The pandemic has had and continues to have a significant impact. We look forward to a gradual return to normal where we can offer our school based sessions and a number of trips to the children that we support. We will endeavour to continue to provide talk therapy to our children and young people where funding allows. We will explore different routes of fundraising to enable us to offer the support needed.

DECLARATION

The Trustees declare that they have approved the Trustees' Report Above.

Signed on behalf of the Charity's Trustees

Signature :	
Full Name :	Louise Evans
Position :	Chairperson
Date :	31.1.22



CHARITY COMMISSION
FOR ENGLAND AND WALES

RISE (Reach, Inspire, Support, Educate)

1165274

Receipts and payments accounts

CC16a

For the period
from

01/04/2020

To

31/03/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising Activity		-	-	-	212
Donation		-	-	-	500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	712
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	712
A3 Payments					
Coach hire	-		-	-	720
Insurance	-		-	-	272
Activity centre hire	-	560	-	560	1,037
Craft materials	-		-	-	188
Specialist services	-	350	-	350	349
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	910	-	910	2,565
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	910	-	910	2,565
Net of receipts/(payments)	-	910	-	910	1,853
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,028	1,227	-	8,255	10,108
Cash funds this year end	7,028	317	-	7,345	8,255

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in deposit account	7,028	317	-
		-	-	-
		-	-	-
	Total cash funds	7,028	317	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	LC Evans	Louise Evans	31.1.22	