

REGISTERED COMPANY NUMBER: 06468412 (England and Wales)
REGISTERED CHARITY NUMBER: 1123842

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2021**

FOR

MENTAL HEALTH MATTERS WALES LTD

Bevan Buckland LLP
Chartered Accountants
And Statutory Auditors
Ground Floor Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

MENTAL HEALTH MATTERS WALES LTD

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FOR THE YEAR ENDED 31 MARCH 2021**

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MENTAL HEALTH MATTERS WALES LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our charity's purpose as set out in the company's memorandum of association are to 'promote the mental and emotional health and well-being of the public through the provision of information, advocacy, training and support'.

Significant activities

Our main activities and who we try to help are described in the following pages. All our charitable activities focus on the promotion of the mental and emotional health and well-being of the public and are undertaken to further our charitable purposes for the public benefit.

The charity carries out these objectives by:

- Providing various services throughout Wales which supports adult wellbeing and supports those with mental health related issues/problems which include wellbeing hubs, telephone befriending & support and peer support groups which include eating disorders, self-harm and LGBTQI+
- Providing advocacy services across Wales for adults suffering mental health issues/problems, those who lack capacity, older people with mental health problems and/ or dementia and those eligible in relation to the Social Services and Wellbeing (Wales) Act 2014, and a commitment to raising awareness of advocacy.
- Providing counselling and training services (including workshops) for adults suffering mild to moderate mental health problems.
- Providing cognitive impairment services to support those who have cognitive impairment and their carers both within hospital settings and the community.

The Trustees confirm they have referred to the guidance contained in the Charity Commissions general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

MENTAL HEALTH MATTERS WALES LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

OBJECTIVES AND ACTIVITIES

Who used and benefited from our services?

Our objects and funding limit the services we provide to those resident in Wales. Specific funding requirements limits those we can support, for example, our Friends of Coity Clinic Projects is only able to work within the in-patient mental health units at the Princess of Wales Hospital in Bridgend. The Independent Mental Capacity Advocacy (IMCA) Service is limited to accepting instruction from medical and social services sources and by very specific eligibility criteria, and the Independent Professional Advocacy (IPA) service is restricted to only those who meet the criteria within the Social Services and Wellbeing (Wales) Act 2014.

The IMCA service is delivered across the Hywel Dda and Swansea Bay University Health Board footprint areas; these footprints cover the local authority areas of Neath Port Talbot, Swansea, Carmarthenshire, Pembrokeshire and Ceredigion. The IPA service is delivered across the Bridgend, Neath Port Talbot and Swansea Local Authority footprint.

We are also restricted in the provision of some services because of the geographical area specified by funders, for example, wellbeing centres, self-harm self-help project, eating disorder support and information service are restricted to the Bridgend County Borough footprint area. We are generally unrestricted in where we deliver training and education, unless this is specifically commissioned.

The impact of our work goes far beyond those we help directly, this may include reducing the distress experienced by their families and friends of people with mental or emotional health issues as well as reducing the impact upon front line and secondary mental health or related services.

The main areas of charitable activities are:

- Wellbeing drop-in centres
- Out of hours Wellbeing Retreat (crisis support)
- Independent Mental Capacity Advocacy
- Deprivation of Liberty (paid relevant persons representative)
- Counselling
- Information services
- Community Advocacy service (mental health)
- Independent Professional Advocacy
- Cognitive impairment/Dementia Wellbeing Activity Support
- Peer support groups
- Friends of Coity Clinic
- SHARE - Self-harm-self-help information and peer support groups
- SORTED - Eating disorder information and peer support groups
- LBGTQI+ information and peer support groups
- Training, education and public awareness
- Lobbying and campaigning
- Disclosure and Barring Service (DBS Cymru)

Volunteers

Volunteers always play an invaluable part in supporting MHM Wales to deliver its services, however; during 2020-2021 volunteer support has been an exceedingly invaluable role in ensuring the services, including the additional services delivered by MHM Wales, we are fully aware without volunteers we would not be able to deliver such a comprehensive range of services which help us to meet the diverse needs of people who access them. Volunteers are greatly appreciated by the Trustees (who are themselves volunteers) our staff and beneficiaries. We would like to recognise each individual who has given their time and experience freely during this financial reporting year.

In terms of the real value and contribution, it is impossible to cost the difference volunteers make to the delivery of our services.

MENTAL HEALTH MATTERS WALES LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

OBJECTIVES AND ACTIVITIES

The impact of Covid-19 on achieving our objectives

The Covid-19 pandemic, and the measures taken in response to it in the UK, meant we need to look at new ways of delivering our services during 2020-2021. We sought to ensure the safety and wellbeing of our staff, volunteers and others we work with during this time through a number of measures; which involved remote working utilising video conferencing software (Teams, WhatsApp, and ZOOM) and through providing telephone support. While we were able to complete all of our work for the year on time, some of our face to face services needed to be placed "on hold" to ensure the safety of both staff and those who access our services,

During 2020-2021 we seen a large increase in those requiring support and through Welsh Government COVID-19 response (short term funding), National Lottery and Health Board funding, we developed and delivered a wide range of services to help provide additional support services, these services included providing additional online peer support groups for self-harm support and eating disorder support, providing wellbeing activity support within the Ysbyty'r Seren "field hospital", a visiting service in Angelton clinic, online befriending support, and additional advocacy support services supporting those affected by COVID-19

As a result of the additional funding made available through different sources, we were able to not only sustain our essential work and achieve our objectives for the year, but were also able to deliver a wide variety of additional services to those needing support due to the COVID-19 pandemic and lockdowns which while keeping people safe and well.

MENTAL HEALTH MATTERS WALES LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Wellbeing Hubs including Friends of Coity Clinic

Due to the COVID-19 Pandemic we were unable to deliver our core Wellbeing hubs at Nolton Church hall in Bridgend, Halo Leisure Centre in Maesteg, Cefn Glas Community Centre and the YMCA in Porthcawl and instead needed to look at other ways to support those who would have usually attended these venues.. Our wellbeing staff quickly moved to providing telephone befriending support and also providing "virtual" wellbeing hubs online using the ZOOM video app. This meant many people were still able to meet up with friends and acquaintances reducing social isolation, anxiety and depression.

Our Wellbeing Hubs operate an "open door" policy which means no referral is required for someone to attend, the hubs are Service User led in that activities, etc. are dictated by attendees and not staff and can be accessed by anyone and provide a meeting place to enable social activities, networking, befriending, support, refreshments and information on mental health promotion and mental health issues, this information is also available for carers. This format continued with our online virtual hubs and we saw a large number of individuals attend our virtual hubs who had never attended a physical venue.

Due to the pandemic, we were unable to continue the Friends of Coity project which provides an independent listening service so patients can share their experiences of Coity Clinic. They can do this informally talking to the volunteers who will document the comments should the patient wish them to. These comments are then collated and passed on to the ward management. This reduced the isolation of patients and enables them to talk about their experiences on the ward to someone who is not a member of staff but who can help them to get their voice heard. The volunteers provide befriending to patients, engaging them in conversation and activities.

We hope to restart this service during the latter part of 2021.

Wellbeing Retreat

This was a new service which was opened on the 18 December 2020. The Retreat is an adult (18+) "out of hours" service. Its purpose is to provide a homely non-clinical environment which is safe, welcoming, and calm and relaxed to support those with mental health problems who are experiencing social distress, for example; anxiety, depression, loneliness, isolation, domestic, family, relationship issues, carer's responsibilities, stresses and other issues which may also be affecting their mental health and mental wellbeing.

Access to the Retreat is by appointment only through a referral process. Referral can only be accepted if they are received from professional health, social services or social care staff from either statutory services or third sector organisation. The Retreat does not currently accept self-referrals.

The Retreat's support delivery is non-clinical and focusses on a holistic person centred community-based and socially-inclusive approach. The service supports individuals to forge connections with other mental health and community groups/members to help aid their recovery and to improve their environmental, physical emotional needs. This is achieved by providing 1-2-1 support which engage individuals whilst focussing on not only on their immediate distress but also the causes.

Independent Mental Capacity Advocacy (IMCA)

We continue to deliver the IMCA service across the Health Board footprints of both Hywel Dda University Health Board and Swansea Bay University Health Board.

The IMCA service provides statutory advocacy under the Mental Capacity Act 2005 and provides support to those over 16 years of age who lack capacity (in closely defined areas) and are un-befriended (no family or friend who can speak on their behalf). The Health Boards' footprint areas cover the local authority areas of Carmarthenshire, Pembrokeshire, Ceredigion, Neath Port Talbot and Swansea. Due to Health Board Boundary changes in April 2019 we no longer provide the IMCA service in the Bridgend County Borough as this area now comes under Cwm Taff Morgannwg University Health Board.

MENTAL HEALTH MATTERS WALES LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Paid Relevant Person's Representative Service (PRPR)

MHM Wales Paid Relevant Person's Representatives are qualified advocates who have specialist knowledge of the Mental Capacity Act and Deprivation of Liberty Safeguards legislation who support people who lack capacity throughout Mid Wales, South Wales, South East Wales and South West Wales.

The Paid Representative's role includes:

- Visiting the person deprived of their liberty on a regular basis.
- Supporting the person to understand their DoLS authorisation and how it affects them.
- Assisting the person to exercise their rights should they wish to do so.
- Ensuring any conditions attached to the authorisation are met and dealt with in a timely fashion.
- Call for a review of the authorisation where necessary, challenge the authorisation through local means where possible or ultimately support the individual to have access to the Court of Protection.

Our Paid Relevant Person's Representatives are independent from the care home or hospital as well as the Local Authority, Health Board and Supervisory Body / DoLS team.

Information

The organisation provides an information service for people who have mental health issues, carers and providers. The information worker provides information sessions at a range of different venues, including the wellbeing centres, supermarkets business venues and the psychiatric unit at the Princess of Wales hospital, and responds to individual requests for information.

The information worker continues to develop the website www.grapevines.info which provides information on mental health and wellbeing services within the Bridgend area and also updates our Facebook page ([Facebook.com/mhmwales](https://www.facebook.com/mhmwales)) which now has over 55,000 likes and followers.

SHARE - Self-harm Self-help Peer Support Group

The self-harm self-help peer support group is funded by the charities free reserves. The peer support group originated from the Big Lottery Fund "Community Voice" initiative which commenced on 1 April 2013. The aim of the original service was to increase the voice of citizens and especially those who are most marginalised in local policy and planning processes.

In Partnership with New Horizons Mental Health (based in Aberdare) we received Welsh Government funding to expand the service into Rhondda Cynon Taff up to the 31 March 2021.

Bridgend Community Mental Health Advocacy (CAS)

The Community Mental Health Advocacy Service and Mental health and Wellbeing Advocacy works with people living in the Bridgend County who experience mental health related issues to have their voice heard and acted upon when dealing with primary and secondary health and social care providers. CAS is funded through free reserves and CAS provides advocacy support to those which fall outside the remit of the Mental Health and Wellbeing Advocacy and also the Community Mental Health Advocacy service which is commissioned by the Health Board with another agency.

COVID-19 Advocacy support for Bridgend, Neath Port Talbot and Swansea.

During 2020 the Welsh Government provided funding in relation to their COVID-19 response grants and we were able to procure additional funding to provide an advocacy service covering Bridgend, Neath Port Talbot and Swansea. This advocacy service supports those who have been affected by the pandemic, during the period September 2020 to March 2021 the service supported over 70 individuals affected by the COVID-19 Pandemic.

SORTED - Eating Disorder Self-help Peer Support Group

SORTED is the name for the eating disorder self-help group run by MHM Wales in the Bridgend Borough which provides a Peer-2-Peer support to people with all types of eating disorders including their carers, families and friends.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Working in partnership with the Botanic Gardens in Carmarthenshire we received funding to deliver a SORTED support group at their venue and also developed a "RAG" group within Trinity St. David's University.

SORTED offers an opportunity to meet people who may be in a similar situation in a safe and confidential space. People support each other by sharing experiences, thoughts, successes and problems or by simply listening. These groups do not offer treatment, therapy or counselling and cannot diagnose or make medical referrals.

The peer support group is run by MHM Wales volunteers who use their skills, knowledge and expertise though offering support and information. We receive no funding and rely solely on donations and the generosity of the public to be able to continue delivering the group.

The peers support group has taken place over ZOOM video conferencing app over the 2020-2021 period due to the COVID-19 Pandemic.

LBGTQI+ Peer Support Group

Our LBGTQI+ peer support group has been running since November 2019 and was setup through collaboration between MHM Wales, ARC (Assisting Recovery in the Community) Wales PRIDE and South Wales Police.

The LBGTQI+ peer support group is jointly run by the collaborations staff members and has taken place over ZOOM video conferencing app over the 2020-2021 period due to the COVID-19 Pandemic.

Training

During 2020-2021 MHM Wales provided 90 free Mental Health First Aid places to those who live or work in the Bridgend, Neath Port Talbot and Swansea area

The Mental Health First Aid course content aims to help create stronger, more resilient individuals, communities, and workplaces by:

- Raising awareness of mental health issues in the community and the workplace.
- Teaching people how to spot the early signs of mental ill health & provide early intervention first aid for others.
- Teaching people to better take care of their own wellbeing.
- Helping organisations to effectively embed mental health first aid into their policies, procedures, and systems.

Talking Connections (Counselling service)

Our Talking Connections counselling service needed to look at different ways to be delivered due to the COVID-19 Pandemic meaning to face to face sessions could not take place, Our counsellors used a variety of different video conferencing software methods to ensure sessions could continue to take place to provide low cost (donation) counselling to those who are unable to access counselling through statutory services due to their waiting times or do not wish to receive counselling in the areas where they reside,

Counselling can help clients to express their feelings, to clarify their thoughts and to understand themselves better. It assists clients to identify choices and to make changes in their life so that they can manage them more effectively.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Wellbeing Activity Support (Cognitive Impairment)

Our Wellbeing Activity Support (Cognitive Support) delivered in St. David's hospital in Cardiff continued to be provided during the COVID-19 pandemic ensuring much needed therapeutic support to patients. Patients are those who no longer need active medical treatment but whose additional needs delayed them leaving hospital. The ward predominantly receives patients with dementia, cognitive impairment or other complex needs and to help support patients in maintaining as normal life as possible while waiting for transfer from hospital. Our Wellbeing Activity Support service provide a range of stimulating and engaging activities for patients to take part in.

Activities include regular music sessions where patients can sing and play instruments, take part in arts and crafts, exercise and tea parties to enhance their social interactions during their stay and encourage normal sleep patterns at night.

Independent Professional Advocacy (IPA)

The Social Services and Well-being (Wales) Act 2014 place a requirement on Local Authorities to commission Advocacy. The Act came into force in April 2016 and this changed the way local councils in Wales provide social care and support. The Act required Local Authorities to consider whether an individual may have a need for Independent Professional Advocacy (IPA) at every step of their journey through the social services system, including at their first point of contact.

The Part 10; Code of Practice on Advocacy ("the Code") states within Para 47:

"Local authorities must arrange for the provision of an Independent Professional Advocate when a person can only overcome the barrier(s) to participating fully in the assessment, care and support planning, review and safeguarding processes with assistance from an appropriate individual, but there is no appropriate individual available"

This service continued to be delivered during 2020-2021 through staff working remotely and through using telephone and video conferencing software to meet with those needing support. MHM Wales provide the mental health and general IPA service within Bridgend and the general/specialist in Swansea. We also begun delivery of an IPA service in Neath Port Talbot from May 2020.

Ysbyty'r Seren "field hospital"

Ysbyty'r Seren was setup as field hospital by Cwm Taf Morgannwg Health Board in response to the COVID-19 Pandemic and was used to support patients who were recovering from the effects of COVID-19 to free up critical care beds in the main hospitals. MHM Wales provided wellbeing support within Ysbyty'r Seren on a similar basis to that provided within St. David's in Cardiff, the staff also supported patients to keep contact with their loved ones who were unable to visit by utilising "tablets" to undertake video calls.

Angelton Visiting Service

This service was setup to ensure family could continue to visit their loved ones in Angelton Clinic in Glanrhyd Hospital in Bridgend. MHM Wales ensured all patients had access to one 30 minute visit per week from their loved ones through providing a safe space, with COVID regulations in place for patients to see their loved ones. The service was provide 6 days a week, which included enabling visits in the morning, evening, and Sundays to accommodate the patient's family's needs.

Befriending Service

The 'Moving On' Befriending & Mentoring service was launched in collaboration with MHM Wales and New Horizons and supported people aged 35+ living in the Rhondda, Cynon Taff local authority areas affected by mental health illness, emotional issues and/or learning disabilities.

The service was initially meant to provide localised Befriending Hubs however, Covid-19 dramatically changed the delivery of the project which involved quickly needing to adapt to support persons, who in normal times encounter declines in social networks due to retirement, bereavement, relationship breakdowns, ill health or caring for someone with memory loss/dementia to including those experiencing an increased sense of isolation and loneliness amplified by the COVID-19 global pandemic.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The service quickly adapted to provide Telephone Befriending, Walking Groups (when permitted) and Wellbeing Zoom groups.

Disclosure and Barring Service (DBS Cymru)

DBS Cymru is the name of our umbrella service we provide on behalf the Disclosure and Barring Service (DBS) to facilitate standard and enhanced DBS checks for volunteers as well as businesses and the self-employed. Any surplus income generated by DBS Cymru helps to support the primary aims of MHM Wales by providing income to deliver existing services which no funding is received and allows the development and implementation of new services which help support our primary aims.

Having provided this service since 2018 we have seen a steady increase in applications being processed and for the 2019-2020 financial year period we processed 614 applications which was an increase of 56.5% on our previous year's total. DBS Cymru continued to service and maintain the steady existing loyal customer base as well as facilitating to a number of new clients we welcomed during the reporting period.

Volunteer Service

Volunteers provide support at the wellbeing centres, counselling service, SHARE, SORTED and our LBGTQI+ peer support groups as well as our Friends of Coity Clinic service and provide additional aspects to the work the community services team is able to provide. Our volunteers raise the quality and impact of services undertaken in these settings and volunteers come from a wide range of age groups and backgrounds and include people who have been beneficiaries of our services.

Volunteers play a vital part in delivering quality services. All volunteers bring different qualities and skills which in turn all allow MHM Wales to continue providing a high standard of support and various activities which would not be possible considering the overall costs (approximately £32,000) which would be involved if the organisation were to employ people to deliver these services and projects.

FINANCIAL REVIEW

Reserves policy

The Board has set out the charity's reserve policy to enable trustees to be in proper financial control of the organisation and meet its legal obligations. The reserve policy is a product of the charity's strategic planning, budgeting and risk management process. This policy is non static and is reviewed on an annual basis by the Board of Trustees.

The Board has set the reserves policy based on the following:-

- Contingency planning-critical costs
- Reserves to meet the medium term strategic plan
- Reserves to match any capital spend
- Any remaining reserves represents the 'true free reserves' of the charity

By reviewing the reserves policy annually the Board will review the organisation's financial circumstances and operational environment and ensure the level of reserves is monitored as part of the budget and financial reporting process.

FUTURE PLANS

The charity aims to continue to offer the full range of services it currently offers and expand its operations.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

MENTAL HEALTH MATTERS WALES LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The executive committee is made up of the trustees. Members of the executive committee are elected at each Annual General Meeting from nominations received from the members, and serve for three years, after which period they may put themselves forward for re-appointment. Officer posts are elected annually.

The executive committee must consist of a minimum of three members, with no more than three members due for re-appointment in any one year. The Secretary is appointed by the executive committee and is currently the Chief Executive Officer (Richard Jones).

The executive committee meets regularly, every two months. A financial sub-committee is responsible for overseeing the financial operations of the charity. A personnel sub-committee oversees all matters relating to human resources and the development and review of policies. Both sub-committees report directly to the full board meetings.

The executive committee may make co-options during the year, but such persons must be elected at the next Annual General Meeting following to continue beyond it.

A trustee shall cease to hold office if they become disqualified, are absent from meetings for a qualifying period, notifies the trustees of their wish to resign, ceases to be a member, or fails to declare an interest in a contract of the charity.

Organisational structure

Senior management team:

Mr Richard Jones Chief Executive Officer
Mrs Michaela Moore Director

Day to day management of the organisation is delegated to the Chief Executive Officer as stated above. The adoption of aims and objectives or strategies to achieve them, and of policies and procedures are matters for the executive committee, as is the responsibility for ensuring compliance with various legal and regulatory obligations of the organisation and of the Trustees.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

At the time of writing this report we are at the beginning of a worldwide pandemic which has seen the Government of the UK place movement restriction upon the whole country. The effect of these restrictions will undoubtedly have an effect on the mental health and wellbeing of many people which will be affected by what is being called "the lockdown". We envisage demand for our services will increase greatly over the following year.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06468412 (England and Wales)

Registered Charity number

1123842

MENTAL HEALTH MATTERS WALES LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Registered office

Union Offices
Quarella Road
Bridgend
Mid Glamorgan
CF31 1JW

Trustees

S A Hawas Quality Manager
R I Jamil Consultant
Ms P Nolan Family Support Worker
Ms D Patel Paralegal
R Young Lecturer
Ms P Connett-White Carer

Company Secretary

R Jones

Auditors

Bevan Buckland LLP
Chartered Accountants
And Statutory Auditors
Ground Floor Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Mental Health Matters Wales Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

MENTAL HEALTH MATTERS WALES LTD

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

AUDITORS

The auditors, Bevan Buckland LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on and signed on its behalf by:

.....
R Young - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MENTAL HEALTH MATTERS WALES LTD

Opinion

We have audited the financial statements of Mental Health Matters Wales Ltd (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MENTAL HEALTH MATTERS WALES LTD

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MENTAL HEALTH MATTERS WALES LTD

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

We identify and assess the risks of material misstatement of the Financial Statements, whether due to fraud or error, and then, design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

We discussed our audit independence complying with the Revised Ethical Standard 2019 with the engagement team members whilst planning the audit and continually monitored our independence throughout the process.

Identifying and assessing potential risks related to irregularities.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- enquiring of management, including obtaining and reviewing supporting documentation, concerning the company's policies and procedures relating to:
 - identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
 - detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud;
 - internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;

- discussing among the engagement team how and where fraud might occur in the Financial Statements and any potential indicators of fraud. As part of this discussion, we identified potential for fraud in the following areas:
 - Revenue Recognition

- obtaining an understanding of the legal and regulatory frameworks that the company operates in, focusing on those laws and regulations that had a direct effect on the Financial Statements or that had a fundamental effect on the operations of the Group, The key laws and regulations we considered in this context included the UK Companies Act and relevant tax legislation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MENTAL HEALTH MATTERS WALES LTD**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Alison Vickers (Senior Statutory Auditor)
for and on behalf of Bevan Buckland LLP
Chartered Accountants
And Statutory Auditors
Ground Floor Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

Date:

MENTAL HEALTH MATTERS WALES LTD

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
	3				
Advocacy Services		552,958	-	552,958	517,778
Befriending		23,507	-	23,507	24,979
Community Services Support		588,849	-	588,849	240,861
DBS Cymru		29,678	-	29,678	33,995
Other		11,778	-	11,778	2,757
Grants		3,766	-	3,766	-
Peer Support Group		9,679	-	9,679	7,267
COVID-19 Support		48,415	-	48,415	-
Investment income	2	718	-	718	3,312
Total		<u>1,269,348</u>	<u>-</u>	<u>1,269,348</u>	<u>830,949</u>
EXPENDITURE ON					
Charitable activities					
	4				
Advocacy Services		429,151	-	429,151	454,411
Befriending		36,784	-	36,784	2,414
Community Services Support		351,126	-	351,126	253,880
DBS Cymru		27,147	-	27,147	28,827
Other		89,379	-	89,379	42,067
Grants		4,502	-	4,502	6,500
Peer Support Group		6,496	-	6,496	1,458
COVID-19 Support		20,194	-	20,194	-
Total		<u>964,779</u>	<u>-</u>	<u>964,779</u>	<u>789,557</u>
NET INCOME		304,569	-	304,569	41,392
Transfers between funds	13	19,155	(19,155)	-	-
Net movement in funds		323,724	(19,155)	304,569	41,392
RECONCILIATION OF FUNDS					
Total funds brought forward		1,060,656	19,155	1,079,811	1,038,419
TOTAL FUNDS CARRIED FORWARD		<u><u>1,384,380</u></u>	<u><u>-</u></u>	<u><u>1,384,380</u></u>	<u><u>1,079,811</u></u>

The notes form part of these financial statements

MENTAL HEALTH MATTERS WALES LTD

**BALANCE SHEET
31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	10	327,913	-	327,913	336,081
CURRENT ASSETS					
Debtors	11	141,731	-	141,731	77,197
Cash at bank and in hand		962,478	-	962,478	718,622
		<u>1,104,209</u>	-	<u>1,104,209</u>	<u>795,819</u>
CREDITORS					
Amounts falling due within one year	12	(47,742)	-	(47,742)	(52,089)
NET CURRENT ASSETS		<u>1,056,467</u>	-	<u>1,056,467</u>	<u>743,730</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,384,380</u>	-	<u>1,384,380</u>	<u>1,079,811</u>
NET ASSETS		<u>1,384,380</u>	-	<u>1,384,380</u>	<u>1,079,811</u>
FUNDS	13				
Unrestricted funds				1,384,380	1,060,656
Restricted funds				-	19,155
TOTAL FUNDS				<u>1,384,380</u>	<u>1,079,811</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
R Young - Trustee

MENTAL HEALTH MATTERS WALES LTD

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	243,138	84,931
Net cash provided by operating activities		<u>243,138</u>	<u>84,931</u>
Cash flows from investing activities			
Interest received		718	3,312
Net cash provided by investing activities		<u>718</u>	<u>3,312</u>
Change in cash and cash equivalents in the reporting period		<u>243,856</u>	<u>88,243</u>
Cash and cash equivalents at the beginning of the reporting period		<u>718,622</u>	<u>630,379</u>
Cash and cash equivalents at the end of the reporting period		<u><u>962,478</u></u>	<u><u>718,622</u></u>

The notes form part of these financial statements

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021	2020
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	304,569	41,392
Adjustments for:		
Depreciation charges	8,168	8,168
Interest received	(718)	(3,312)
(Increase)/decrease in debtors	(64,534)	24,738
(Decrease)/increase in creditors	(4,347)	13,945
	<u>243,138</u>	<u>84,931</u>
Net cash provided by operations	<u>243,138</u>	<u>84,931</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.20	Cash flow	At 31.3.21
	£	£	£
Net cash			
Cash at bank and in hand	718,622	243,856	962,478
	<u>718,622</u>	<u>243,856</u>	<u>962,478</u>
Total	<u>718,622</u>	<u>243,856</u>	<u>962,478</u>

MENTAL HEALTH MATTERS WALES LTD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from advocacy and DBS services is recognised when the charity has entitlement to the monies, and it is probable that the income will be received and the amount can be measured reliably.

Income from donations and fundraising is recognised when the respective income is received.

Income from government and other grants, and as a result of service level agreements is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probably that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities, both costs directly attributable and indirect support costs.

Allocation and apportionment of costs

Costs have been allocated as far as possible between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly. Others have been apportioned based on the estimated usage of the resource.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 15% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

MENTAL HEALTH MATTERS WALES LTD

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the report of the trustees.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Government grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the profit and loss account over the useful life of the asset. Grants towards revenue expenditure are released to the profit and loss account as the related expenditure is incurred.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Hire purchase and Leasing agreements

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is shorter.

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES - continued

Fund accounting

The interest element of these obligations is charged to profit or loss over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Employee benefits

The charity provides a range of benefits to employees, paid holiday arrangements and defined benefit and defined contribution pension plans.

Short term benefits

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

Functional and Presentational currency

The functional and presentational currency is £ sterling.

Going Concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

2. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	718	3,312
	<u>718</u>	<u>3,312</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	Grants	Other	PRPR	SLA	Donat- ions	Total
	£	£	£	£	£	£
Advocacy Services	35,728	-	165,553	351,676	-	552,957
Community Services Support	12,112	13,797	-	549,559	13,381	588,849
Befriending	23,507	-	-	-	-	23,507
DBS Cymru	-	29,678	-	-	-	29,678
Other	-	225	-	-	11,553	11,778
Grants	3,766	-	-	-	-	3,766
Peer Support Group	8,751	-	-	-	928	9,679
Covid-19 Support	48,415	-	-	-	-	48,415
	<u>132,279</u>	<u>43,700</u>	<u>165,553</u>	<u>901,235</u>	<u>25,682</u>	<u>,268,629</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Better Together Project	-	13,000
Job Retention Scheme	7,202	-
Covid-19 Response	79,986	-
ICF	12,833	-

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

3. INCOME FROM CHARITABLE ACTIVITIES - continued

Befriending: Moving on Project	23,507	11,979
National Lottery	8,751	-
	<u>132,279</u>	<u>24,979</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Advocacy Services	258,754	170,397	429,151
Befriending	35,232	1,552	36,784
Community Services Support	314,720	36,406	351,126
DBS Cymru	27,056	91	27,147
Other	42,059	47,320	89,379
Grants	4,268	234	4,502
Peer Support Group	5,882	614	6,496
COVID-19 Support	15,266	4,928	20,194
	<u>703,237</u>	<u>261,542</u>	<u>964,779</u>

5. SUPPORT COSTS

	Management £	Support costs £	Totals £
Advocacy Services	170,237	160	170,397
Befriending	1,552	-	1,552
Community Services Support	33,420	2,986	36,406
DBS Cymru	91	-	91
Other	34,293	13,027	47,320
Grants	234	-	234
Peer Support Group	614	-	614
COVID-19 Support	4,928	-	4,928
	<u>245,369</u>	<u>16,173</u>	<u>261,542</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Auditors' remuneration	5,460	5,300
Auditors' remuneration for non audit work	3,005	2,920
Depreciation - owned assets	8,168	8,168
	<u>16,633</u>	<u>16,388</u>

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

8. STAFF COSTS

	2021 £	2020 £
Wages and salaries	832,527	627,119
	832,527	627,119
	832,527	627,119

The average monthly number of employees during the year was as follows:

	2021	2020
Direct employees	34	25
Administrative staff	4	4
	38	29
	38	29

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Advocacy Services	517,778	-	517,778
Befriending	24,979	-	24,979
Community Services Support	240,861	-	240,861
DBS Cymru	33,995	-	33,995
Other	2,757	-	2,757
Peer Support Group	617	6,650	7,267
Investment income	3,312	-	3,312
Total	824,299	6,650	830,949
EXPENDITURE ON			
Charitable activities			
Advocacy Services	454,411	-	454,411
Befriending	2,414	-	2,414
Community Services Support	253,880	-	253,880
DBS Cymru	28,827	-	28,827
Other	42,067	-	42,067
Grants	6,500	-	6,500
Peer Support Group	10	1,448	1,458

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Total	788,109	1,448	789,557
NET INCOME	36,190	5,202	41,392
Transfers between funds	(2,608)	2,608	-
Net movement in funds	33,582	7,810	41,392
RECONCILIATION OF FUNDS			
Total funds brought forward	1,027,074	11,345	1,038,419
TOTAL FUNDS CARRIED FORWARD	<u>1,060,656</u>	<u>19,155</u>	<u>1,079,811</u>

10. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
At 1 April 2020 and 31 March 2021	396,730	33,800	430,530
DEPRECIATION			
At 1 April 2020	61,233	33,216	94,449
Charge for year	7,935	233	8,168
At 31 March 2021	69,168	33,449	102,617
NET BOOK VALUE			
At 31 March 2021	<u>327,562</u>	<u>351</u>	<u>327,913</u>
At 31 March 2020	<u>335,497</u>	<u>584</u>	<u>336,081</u>

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	13,280	30,492
Other debtors	1,039	1,827
Grants receivable	124,357	41,925
Prepayments	3,055	2,953
	<u>141,731</u>	<u>77,197</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	12,834	18,258
Social security and other taxes	-	11,573
Accrued expenses	34,908	22,258
	<u>47,742</u>	<u>52,089</u>

13. MOVEMENT IN FUNDS

	At 1.4.20	Net movement	Transfers between funds	At 31.3.21
	£	in funds	£	£
		£		
Unrestricted funds				
PRPR/ Advocacy services	337,709	61,490	-	399,199
Core Funding	30,048	(35,312)	24,419	19,155
Cardiff & Vale UHB - Project 28	43,591	79,323	-	122,914
DBS income	5,767	2,531	-	8,298
General fund	-	76,450	(14,230)	62,220
Designated Capital Fund	336,081	(8,168)	-	327,913
Critical Costs	294,787	-	-	294,787
Better Together Project	10,769	(11,137)	368	-
Integrated Care Fund	1,904	725	2,281	4,910
Angelton Clinic - Visiting Project	-	1,977	-	1,977
Advocacy South Wales WG	-	(268)	268	-
ICF - Merthyr Better Together Online & Telephone	-	(1,879)	1,879	-
Therapeutic Support Service	-	66,746	-	66,746
Wellbeing Retreat	-	53,237	-	53,237
Covid Response	-	19,966	-	19,966
Covid Response - MHA Non Statutory	-	3,058	-	3,058
ICF Covid Capital Grant	-	(4,170)	4,170	-
	<u>1,060,656</u>	<u>304,569</u>	<u>19,155</u>	<u>1,384,380</u>
Restricted funds				
Community Cafe	8,737	-	(8,737)	-
Integrated Care Fund (ICF)	5,216	-	(5,216)	-
Cwm Taf Morgannwg UHB	5,202	-	(5,202)	-
	<u>19,155</u>	<u>-</u>	<u>(19,155)</u>	<u>-</u>
TOTAL FUNDS	<u>1,079,811</u>	<u>304,569</u>	<u>-</u>	<u>1,384,380</u>

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
PRPR/ Advocacy services	517,230	(455,740)	61,490
Core Funding	154,956	(190,268)	(35,312)
Cardiff & Vale UHB - Project 28	185,483	(106,160)	79,323
DBS income	29,678	(27,147)	2,531
General fund	5,001	71,449	76,450
Designated Capital Fund	-	(8,168)	(8,168)
Better Together Project	-	(11,137)	(11,137)
Integrated Care Fund	36,340	(35,615)	725
Angelton Clinic - Visiting Project	9,918	(7,941)	1,977
Advocacy South Wales WG	23,052	(23,320)	(268)
ICF - Merthyr Better Together Online & Telephone	-	(1,879)	(1,879)
Therapeutic Support Service	140,606	(73,860)	66,746
Wellbeing Retreat	110,150	(56,913)	53,237
Covid Response	44,258	(24,292)	19,966
Covid Response - MHA Non Statutory	12,676	(9,618)	3,058
ICF Covid Capital Grant	-	(4,170)	(4,170)
	<u>1,269,348</u>	<u>(964,779)</u>	<u>304,569</u>
TOTAL FUNDS	<u><u>1,269,348</u></u>	<u><u>(964,779)</u></u>	<u><u>304,569</u></u>

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
PRPR/ Advocacy services	287,047	50,662	-	337,709
Core Funding	6,690	23,358	-	30,048
Cardiff & Vale UHB - Project 28	55,256	(11,665)	-	43,591
DBS income	599	5,168	-	5,767
General fund	23,398	(38,446)	15,048	-
Designated Capital Fund	344,249	(8,168)	-	336,081
Critical Costs	309,835	-	(15,048)	294,787
Better Together Project	-	10,769	-	10,769
Integrated Care Fund	-	4,512	(2,608)	1,904
	<u>1,027,074</u>	<u>36,190</u>	<u>(2,608)</u>	<u>1,060,656</u>
Restricted funds				
Community Cafe	8,737	-	-	8,737
Integrated Care Fund (ICF)	2,608	-	2,608	5,216
Cwm Taf Morgannwg UHB	-	5,202	-	5,202
	<u>11,345</u>	<u>5,202</u>	<u>2,608</u>	<u>19,155</u>
TOTAL FUNDS	<u><u>1,038,419</u></u>	<u><u>41,392</u></u>	<u><u>-</u></u>	<u><u>1,079,811</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
PRPR/ Advocacy services	505,823	(455,161)	50,662
Core Funding	173,495	(150,137)	23,358
Cardiff & Vale UHB - Project 28	82,966	(94,631)	(11,665)
DBS income	33,995	(28,827)	5,168
General fund	3,041	(41,487)	(38,446)
Designated Capital Fund	-	(8,168)	(8,168)
Better Together Project	13,000	(2,231)	10,769
Integrated Care Fund	11,979	(7,467)	4,512
	<u>824,299</u>	<u>(788,109)</u>	<u>36,190</u>
Restricted funds			
Cwm Taf Morgannwg UHB	6,650	(1,448)	5,202
	<u>6,650</u>	<u>(1,448)</u>	<u>5,202</u>
TOTAL FUNDS	<u><u>830,949</u></u>	<u><u>(789,557)</u></u>	<u><u>41,392</u></u>

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
PRPR/ Advocacy services	287,047	112,152	-	399,199
Core Funding	6,690	(11,954)	24,419	19,155
Cardiff & Vale UHB - Project 28	55,256	67,658	-	122,914
DBS income	599	7,699	-	8,298
General fund	23,398	38,004	818	62,220
Designated Capital Fund	344,249	(16,336)	-	327,913
Critical Costs	309,835	-	(15,048)	294,787
Better Together Project	-	(368)	368	-
Integrated Care Fund	-	5,237	(327)	4,910
Angelton Clinic - Visiting Project	-	1,977	-	1,977
Advocacy South Wales WG	-	(268)	268	-
ICF - Merthyr Better Together Online & Telephone	-	(1,879)	1,879	-
Therapeutic Support Service	-	66,746	-	66,746
Wellbeing Retreat	-	53,237	-	53,237
Covid Response	-	19,966	-	19,966
Covid Response - MHA Non Statutory	-	3,058	-	3,058
ICF Covid Capital Grant	-	(4,170)	4,170	-
	<u>1,027,074</u>	<u>340,759</u>	<u>16,547</u>	<u>1,384,380</u>
Restricted funds				
Community Cafe	8,737	-	(8,737)	-
Integrated Care Fund (ICF)	2,608	-	(2,608)	-
Cwm Taf Morgannwg UHB	-	5,202	(5,202)	-
	<u>11,345</u>	<u>5,202</u>	<u>(16,547)</u>	<u>-</u>
TOTAL FUNDS	<u><u>1,038,419</u></u>	<u><u>345,961</u></u>	<u><u>-</u></u>	<u><u>1,384,380</u></u>

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
PRPR/ Advocacy services	1,023,053	(910,901)	112,152
Core Funding	328,451	(340,405)	(11,954)
Cardiff & Vale UHB - Project 28	268,449	(200,791)	67,658
DBS income	63,673	(55,974)	7,699
General fund	8,042	29,962	38,004
Designated Capital Fund	-	(16,336)	(16,336)
Better Together Project	13,000	(13,368)	(368)
Integrated Care Fund	48,319	(43,082)	5,237
Angelton Clinic - Visiting Project	9,918	(7,941)	1,977
Advocacy South Wales WG	23,052	(23,320)	(268)
ICF - Merthyr Better Together Online & Telephone	-	(1,879)	(1,879)
Therapeutic Support Service	140,606	(73,860)	66,746
Wellbeing Retreat	110,150	(56,913)	53,237
Covid Response	44,258	(24,292)	19,966
Covid Response - MHA Non Statutory	12,676	(9,618)	3,058
ICF Covid Capital Grant	-	(4,170)	(4,170)
	<u>2,093,647</u>	<u>(1,752,888)</u>	<u>340,759</u>
Restricted funds			
Cwm Taf Morgannwg UHB	6,650	(1,448)	5,202
	<u>2,100,297</u>	<u>(1,754,336)</u>	<u>345,961</u>

Transfers

The board made the decision to fund projects where funding had ceased out of core funds.

Funds

Unrestricted funds

Unrestricted funds can be deployed in any way the charity sees fit, apart from designated reserves which are set aside for use in the designated projects. During the year the Board took the decision to partially fund several projects from these reserves.

Community Cafe

This project is run in conjunction with Bridgend Association Voluntary Organisation (BAVO) to deliver the Community Companion Cafés in a number of locations throughout the County Borough of Bridgend.

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

15. ULTIMATE CONTROLLING PARTY

The charity is controlled by its Trustees.

MENTAL HEALTH MATTERS WALES LTD
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Investment income		
Deposit account interest	718	3,312
Charitable activities		
Grants	132,279	24,983
Other income	43,700	38,692
Donations	25,862	4,259
PRPR income	165,554	225,804
SLA	901,235	533,899
	1,268,630	827,637
Total incoming resources	1,269,348	830,949
EXPENDITURE		
Charitable activities		
Wages	672,715	484,341
Recruitment costs	1,380	1,230
Travel expenses	5,189	29,995
Volunteer costs	122	663
Training costs	2,468	5,104
DBS costs	21,363	22,910
	703,237	544,243
Support costs		
Management		
Wages	159,812	142,778
Telephone & Computer Costs	19,034	31,131
Postage and stationery	7,949	12,040
Sundries	1,181	3,299
Bad debts	-	10,000
Equipment	18,254	-
Room hire	4,924	3,525
Centre costs	12,692	3,735
General overheads	13,355	11,940
Depreciation of tangible and heritage assets	8,168	8,168
	245,369	226,616
Support costs		
Auditors' remuneration	5,460	5,300
Carried forward	5,460	5,300

This page does not form part of the statutory financial statements

MENTAL HEALTH MATTERS WALES LTD

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

	2021 £	2020 £
Support costs		
Brought forward	5,460	5,300
Auditors' remuneration for non audit work	3,005	2,920
Legal and Professional fees	7,708	10,478
	<hr/>	<hr/>
	16,173	18,698
	<hr/>	<hr/>
Total resources expended	964,779	789,557
	<hr/>	<hr/>
Net income	304,569	41,392
	<hr/> <hr/>	<hr/> <hr/>

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