Charity registration number: 1170331

Imara CIO

Annual Report and Financial Statements

for the Year Ended 30 April 2021

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Reference and Administrative Details

Trustees	Bea Giaquinto, Co-Chair Maryam Khorassani, Co-Chair Jennifer Everitt, Treasurer Charlotte Caulton-Scott Biswanath Parida
	Mark Ball Hannah Yates
Senior Management Team	Cath Wakeman, Chief Executive Officer
Charity Registration Number	1170331
Principal Office	202 Mansfield Road Nottingham NG1 3HX
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 30 April 2021.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Bea Giaquinto, Co-Chair		
	Maryam Khorassani, Co-Chair (appointed 13 January 2021)		
	Jennifer Everitt, Treasurer (appointed 4 January 2021)		
	Charlotte Caulton-Scott		
	Biswanath Parida		
	Mark Ball (appointed 13 January 2021)		
	Hannah Yates (appointed 7 June 2021)		
	Helena Czapska (resigned 11 November 2021)		
	Chennour Wright (resigned 12 February 2021)		
	Lauren-Jayne Bowyer (resigned 3 September 2020)		
	Tim Dwyer (resigned 9 December 2020)		
	Christine Milburn (resigned 9 December 2020)		
	Barry Davidson (resigned 15 May 2020)		

Structure, governance and management

Nature of governing document

The charity is operated under the rules of its CIO Foundation constitution, registered on 23rd November 2016.

Recruitment and appointment of trustees

At recruitment applicants are required to complete a Skills Audit, in order to provide an overview of relevant skills and any gaps on the Board.

When a gap is identified on the board, or a trustee informs us of their intention to step down then we seek to recruit.

Advertisements placed on Reach volunteering; Do It.Org and Nottingham Community Voluntary Service, linked to Imara website and social media e.g. LinkedIn. We also make use of Getting on Board for resources and guidance.

Applicants complete a Skills Audit, CV and a letter stating their reason for applying.

Applicants are short-listed and invited to attend a Board meeting to meet the CEO and Trustees to explain their interest in the role.

Successful applicants complete necessary checks i.e. DBS, references, sign up to the Imara code of conduct and the Charity Commission Trustee Eligibility Declaration and are then appointed to the Board.

Trustees' Report

Objectives and activities

Objects and aims

To advance the education of the public and relevant professions with regard to child abuse (including the emotional and psychological consequences resulting from any form of abuse or neglect in childhood) and to provide relief and support to survivors of abuse in particular to children, teenagers and their families.

To promote and protect the physical and mental health of young people, who exhibit sexually harmful behaviour.

Objectives, strategies and activities

Imara forms part of the referral pathway for children and young people who have disclosed child sexual abuse and have accessed East Midlands Children and Young People's Sexual Assault Service. A referral to Imara from EMCYPSAS leads to:

Therapeutic assessment of children and young people who are victims and survivors of child sexual abuse and of their safe family members. Timely access to pre-trial therapy based on CPS guidelines.

Therapeutic interventions, including psycho-education; teaching early intervention strategies; trauma processing and creative arts therapy sessions; Support to improve disrupted sleep and reduce anxiety symptoms. Provision of evidence based therapeutic programme: Letting the Future In.

Support from Children and Young People's Independent Sexual Violence Advisors (CHISVA) to provide legal and advocacy support throughout the Criminal Justice Process. Provision of support with housing, education, employment, finances and benefits, health, to support family members to recover and to engage with other voluntary and statutory organisations. Ongoing contact through the police investigation and the judicial process, including support through any trial.

Education and training to the safeguarding network around the child and young person; promoting health and wellbeing of children, young people and families, to empower them through their recovery.

Referral on to appropriate support agencies if required, including any safeguarding concerns.

Additional ongoing support provided through our:

Mentoring scheme, matching young people aged 13-24 with volunteer mentors;

Our participation group for young people with lived experience to meet weekly and to help Imara to develop and design services for children and young people, e.g. social media takeover; recruitment and selection; inclusive language on website and leaflets;

Provision of 12 week recovery groups for young people aged over 18 years.

Trustees' Report

Public benefit

Promoting recovery, supporting families to move forward and to rebuild relationships with their family members, local community and support networks.

Educating and empowering children, young people and families to rebuild family life and to support their engagement with education and employment.

Increase awareness and understanding of the dynamics of child sexual abuse and its impact on victims and survivors to the wider public, to enable them to better support children and young people, responding appropriately to disclosures and enabling safeguarding.

Involvement with local communities, universities and colleges to provide placements for trainee creative arts therapists; volunteering within the mentoring scheme; training and education for wider community.

Imara CIO works in partnership with all agencies involved in safeguarding children, young people and vulnerable adults to ensure everyone has comprehensive, relevant and up to date information to reduce the risks faced by children and young people.

Support with education, housing, employment, health and financial concerns for some of the most disadvantaged families in Nottingham and Nottinghamshire, at a point of crisis in their lives.

Partnership working with Police to support them to focus on their investigation and to enable children and young people to engage with the Criminal Justice Process and provide the best evidence if the case goes to trial.

Partnership working with regional sexual violence services including the Crown Prosecution Service and other local third sector forums.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

Imara continued to provide a specialist service to children and young people following a disclosure or discovery of child sexual abuse. Over the year we have received 102 referrals into our therapy service through the sub-contract to the tender for the East Midlands Children and Young Persons Sexual Assault Service. They are entitled to then receive 10 therapy sessions and wider support to safe family members. A percentage of these accepted further therapeutic support, some for the NSPCC evidence based model, Letting the Future In, that Imara has been accredited to provide as one of the national early adopters.

229 children and young people have been referred into the CHISVA service over the year and our three CHISVA's continue to develop their skills and experience, completing additional specialist training. Imara is independently accredited by Lime Culture as meeting the Quality Standards for Independent Sexual Violence Adviser Services.

Over this period we have worked directly with 616 individuals, 469 of these individuals were children & young people.

More than 375 different families engaged with support from Imara.

The board of trustees has recruited new trustees, including a new Chair and Treasurer and other trustees have moved on; our staff team has grown; we have worked with volunteers, interns and pro-bono volunteers, to offer value added services to our clients.

Our services have expanded to allow us to remain responsive to the restrictions imposed due to Covid-19 and we continue to work in a hybrid way, using our Imara premises and other venues in the County, as well as working from home when required.

Our sleep and anxiety practitioner continues to deliver a separate project supporting children, young people and family members to help them to deal with these particularly challenging issues arising from their traumatic experiences.

We work closely with professionals and have supported children and families with safeguarding concerns, including a significant number re self harm and suicidal ideation; through the Criminal Justice Process and with a host of issues relating to housing, employment, compensation, education, benefits and debt.

Trustees' Report

We are most proud of the achievements of children and young people who, in spite of everything they are dealing with, walk through the doors of Imara, engage with us, share their thoughts and feelings through words, pictures, behaviours, play, dance and music, remain engaged with the police investigation, including for some children being required to attend court and give evidence at a criminal trial.

We are an energetic, vibrant team of committed, creative and experienced practitioners who innovate in order to stay relevant, purposeful and sustainable in difficult times. This has been evidenced in our response to Covid-19. The team show resourcefulness and resilience in continuing to adapt to changing Covid-19 restrictions, including developing skills and experience to better meet the needs of children and young people who are often experiencing higher levels of distress as a result of the losses they have faced because of the pandemic.

Clients and individuals with lived experience get involved in various transformative ways: employees; trustees; volunteers; recruitment and selection process; research participants; fundraising; planning and delivering training.

The mentoring scheme has now recruited twice and we have over 30 mentors working with young people. As restrictions lifted, they have been able to meet young people face to face.

The team are challenged to remain relevant and focused on our client group. We have excellent, established links with our partners in the statutory and voluntary sector and are well respected as specialists in our field.

Training: Employees and practitioners have accessed a wide range of training, both in-service training, external training and CPD training e.g. creative arts supervision diploma; Scale Up leadership programme; dyadic art therapy course; online safeguarding.

Financial review

Total income: £717,296 (2020: £423,627) Total expenditure: £620,101 (2020: £392,485) Net operating income: £97,195 (2020: £31,142) Imara CIO reported a surplus of £97,195 (2020: £31,142) for the reporting period with closing reserves of £281,833 (2020: £184,638).

Policy on reserves

We aim to hold reserves to cover three months operating costs. Reviewing of the policy is part of the Trustees' governance strategy on an annual basis.

Major risks and management of those risks

Funding

Short term funding grants of one year that require us to constantly re-apply and to seek new sources of funding.

We have continued to apply for various grant funding and this has enabled us to provide additional services for our clients. We continue to be enourmously grateful to our major donor for his invaluable contribution to our unrestricted funding to support salary costs; additional training for staff and to purchase art materials and other resources for our clients.

We have developed our fundraising strategy for the year and in spite of the pandemic we have continued to bring in regular small donations and fundraising with the help of our amazing supporters.

We continue to be active on social media and have grown our followers and supporter base. Imara has active Facebook, Instagram, Twitter and LinkedIn pages. This supports our fundraising and is used to promote self care and campaigning events. Our website has been reviewed and has undergone a revamp, we are mindful of improving accessibility of the service to all children and young people, particularly those who are hard to reach.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on and signed on its behalf by:

Bea Giaquinto

Trustee

Independent Examiner's Report to the trustees of Imara CIO

Independent examiner's report to the trustees of Imara CIO

I report to the trustees on my examination of the accounts of Imara CIO (the Charity) for the year ended 30 April 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Date:....

	Note	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
		*	æ	£	£
Income and Endowments from	m:				
Donations and legacies	2	37,651	-	37,651	40,113
Charitable activities	3	8,690	669,397	678,087	376,814
Other trading activities	5	1,558		1,558	6,700
Total Income		47,899	669,397	717,296	423,627
Expenditure on:					
Charitable activities	6	(22,963)	(597,138)	(620,101)	(392,485)
Total Expenditure		(22,963)	(597,138)	(620,101)	(392,485)
Net income		24,936	72,259	97,195	31,142
Gross transfers between funds		(1,556)	1,556	<u> </u>	-
Net movement in funds		23,380	73,815	97,195	31,142
Reconciliation of funds					
Total funds brought forward		71,402	113,236	184,638	153,496
Total funds carried forward	19	94,782	187,051	281,833	184,638

Statement of Financial Activities for the Year Ended 30 April 2021

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 19.

	Note	Unrestricted £	Restricted £	Total 2020 £
Income and Endowments from:				
Donations and legacies	2	40,113	-	40,113
Charitable activities	3	14,494	362,320	376,814
Other trading activities	5	6,700		6,700
Total Income		61,307	362,320	423,627
Expenditure on:				
Charitable activities	6	(27,710)	(364,775)	(392,485)
Total Expenditure		(27,710)	(364,775)	(392,485)
Net income/(expenditure)		33,597	(2,455)	31,142
Gross transfers between funds		(5,856)	5,856	
Net movement in funds		27,741	3,401	31,142
Reconciliation of funds				
Total funds brought forward		43,661	109,835	153,496
Total funds carried forward	19	71,402	113,236	184,638

The notes on pages 11 to 21 form an integral part of these financial statements.

(Registration number: 1170331) Balance Sheet as at 30 April 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	12	2,250	3,000
Current assets			
Debtors	13	42,984	62,462
Cash at bank and in hand	14	247,028	127,192
		290,012	189,654
Creditors: Amounts falling due within one year	15	(10,429)	(8,016)
Net current assets	-	279,583	181,638
Net assets	=	281,833	184,638
Funds of the charity:			
Restricted income funds			
Restricted funds	19	187,051	113,236
Unrestricted income funds			
Unrestricted funds	-	94,782	71,402
Total funds	19	281,833	184,638

The financial statements on pages 8 to 21 were approved by the trustees, and authorised for issue on and signed on their behalf by:

Jennifer Everitt Trustee

Cash Flow Statement for the Year Ended 30 April 2021

	Note	2021 £	2020 £
Cash flows from operating activities			
Net cash income		97,195	31,142
Adjustments to cash flows from non-cash items			
Depreciation		750	750
		97,945	31,892
Working capital adjustments			
Decrease in debtors	13	19,478	17,855
Increase in creditors	15	2,413	1,684
Net cash flows from operating activities		119,836	51,431
Cash flows from investing activities			
Purchase of tangible fixed assets	12		(3,750)
Net increase in cash and cash equivalents		119,836	47,681
Cash and cash equivalents at 1 May		127,192	79,511
Cash and cash equivalents at 30 April		247,028	127,192
Reconciliation of net cash flow to movement in net funds			
Increase in cash		119,836	47,681
Net funds at 1 May 2020		127,192	79,511
Net funds at 30 April 2021		247,028	127,192

All of the cash flows are derived from continuing operations during the above two periods.

Notes to the Financial Statements for the Year Ended 30 April 2021

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Imara CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Notes to the Financial Statements for the Year Ended 30 April 2021

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class Vehicles

Depreciation method and rate 20% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Notes to the Financial Statements for the Year Ended 30 April 2021

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Donations and legacies;			
Donations from companies, trusts and similar			
proceeds	31,631	31,631	15,113
Donations from individuals	-	-	25,000
Grants, including capital grants;			
Government grants	6,020	6,020	
	37,651	37,651	40,113

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Sales & fees	8,690	-	8,690	14,494
Grants	<u> </u>	669,397	669,397	362,320
	8,690	669,397	678,087	376,814

Notes to the Financial Statements for the Year Ended 30 April 2021

4 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
HMRC JRS	6,020	-	6,020
BBC Children in Need	-	71,716	71,716
National Lottery Community Fund	-	127,875	127,875
Bromley Trust	15,000	-	15,000
Masonic Charitable Trust	5,000	-	5,000
Local Giving	10,149	-	10,149
Help for Children	-	29,561	29,561
Nottinghamshire Police and Crime Commissioner	-	222,289	222,289
Nottingham University Hospital	-	194,099	194,099
School for Social Entrepreneurs	-	7,000	7,000
People's Health Trust	-	1,575	1,575
Sundry donations	482	-	482
CAST	-	8,286	8,286
Nottingham Trent University	1,000	-	1,000
Small Steps Big Changes	-	5,996	5,996
the7stars Foundation		1,000	1,000
	37,651	669,397	707,048

5 Income from other trading activities

	Unrestricted		
	General £	Total 2021 £	Total 2020 £
Fundraising & events	1,558	1,558	6,700
	1,558	1,558	6,700

Notes to the Financial Statements for the Year Ended 30 April 2021

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Communication	1,262	6,177	7,439	4,866
Consultancy & advice	-	1,770	1,770	3,780
External training	456	26,126	26,582	469
Freelance	840	8,581	9,421	15,853
Fundraising expenses	178	-	178	1,863
Hospitality	-	(224)	(224)	1,431
Insurance	361	2,034	2,395	1,322
Legal & professional	2,027	21,901	23,928	3,989
Recruitment & DBS	19	427	446	123
Rent, room hire & utilities	3,061	33,355	36,416	34,782
Repair & maintenance	1,035	3,609	4,644	5,204
Supplies & stationery	1,171	4,990	6,161	6,836
Wages, NI & pension	5,422	462,959	468,381	289,235
Travel & subsistence	15	1,556	1,571	7,787
Commission expenses	12	8	20	60
External supervisor	1,828	6,588	8,416	6,477
IT & equipment	854	5,372	6,226	1,619
Payroll fees	-	510	510	1,067
Publications & subscriptions	3,158	1,992	5,150	2,048
Staff training	250	1,355	1,605	2,822
Volunteer expenses	-	36	36	102
Depreciation	750	-	750	750
Client activities & resources	-	6,016	6,016	-
Bank & PayPal charges	3	829	832	-
Postage	7	296	303	-
Building, furniture & fixtures	254	875	1,129	-
	22,963	597,138	620,101	392,485

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021	2020	
	£	£	
Depreciation of fixed assets	750	750	

Notes to the Financial Statements for the Year Ended 30 April 2021

8 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	431,967	260,865
Social security costs	25,181	20,712
Pension costs	11,233	7,658
	468,381	289,235

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021	2020	
	No	NO	
Average number of employees	21	15	

21 (2020 - 11) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £11,233 (2020 - £7,658).

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £49,904 (2020 - £47,912).

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2021	2020	
	£	£	
Independent examination	825	825	
Other financial services	1,557	1,887	
	2,382	2,712	

11 Related party transactions

There were no related party transactions in the year.

Notes to the Financial Statements for the Year Ended 30 April 2021

12 Tangible fixed assets

	Vehicles £	Total £
Cost		
At 1 May 2020	3,750	3,750
At 30 April 2021	3,750	3,750
Depreciation		
At 1 May 2020	750	750
Charge for the year	750	750
At 30 April 2021	1,500	1,500
Net book value		
At 30 April 2021	2,250	2,250
At 30 April 2020	3,000	3,000
13 Debtors		
	2021	2020
	£	£
Prepayments	17,758	9,979
Other debtors	25,226	52,483
	42,984	62,462
14 Cash and cash equivalents		
	2021	2020
Cash on hand	£	£
Cash at bank	247,028	50 127,142
	247,028	127,192
15 Creditores encounts falling due within one men		
15 Creditors: amounts falling due within one year	2021	2020
	2021 £	2020 £
Trade creditors	7,603	385
Other taxation and social security	-	5,267
Other creditors	2,826	2,364
	10,429	8,016

Notes to the Financial Statements for the Year Ended 30 April 2021

16 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2021 £	2020 £
Land and buildings		
Within one year	27,500	27,500
Between one and five years	36,667	64,167
	64,167	91,667

17 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

18 Analysis of net assets between funds

	Unrestricted		
	General £	Restricted £	2021 Total funds £
Tangible fixed assets	2,250	-	2,250
Current assets	95,517	194,495	290,012
Current liabilities	(2,985)	(7,444)	(10,429)
Total net assets	94,782	187,051	281,833
	Unrestricted		
	Unrestricted General £	Restricted £	2020 Total funds £
Tangible fixed assets	General		Total funds
Tangible fixed assets Current assets	General £		Total funds £
-	General £ 3,000	£	Total funds £ 3,000

Notes to the Financial Statements for the Year Ended 30 April 2021

19 Funds

	Balance at 1 May 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 April 2021 £
Unrestricted funds					
General					
General	71,402	47,899	(22,963)	(1,556)	94,782
Restricted funds					
Open Mic' Project (People's Health)	4,701	1,575	(376)	-	5,900
Imara Early Intervention (National Lottery)	63,783	99,318	(56,944)	-	106,157
CHISVA (Notts Police)	-	185,749	(186,015)	266	-
Letting the Future In (HFC)	10,503	13,125	(17,705)	-	5,923
SARC NHS	5,490	194,099	(167,634)	-	31,955
Step Up (Boots)	1,907	-	(1,518)	-	389
Gardening project (Browne Jacobson)	1,481	-	_	_	1,481
MOJ Covid grant	(45)	36,540	(35,948)	-	547
Scale Up (SSE)	(329)	7,000	(1,539)	-	5,132
Wheatcroft	3,674	-	(3,674)	-	-
Mentoring project (Youth					
Fund)	12,659	-	(11,403)	-	1,256
Letting the Future In (CIN)	446	68,684	(44,355)	-	24,775
Sleep and Anxiety Practitioner (CIN)	8,966	3,032	(9,777)	-	2,221
Catalyst	-	8,286	(9,576)	1,290	-
Covid (HFC)	-	16,436	(16,436)	-	-
Covid response (National					
Lottery)	-	28,557	(28,557)	-	-
SSBC	-	5,996	(4,973)	-	1,023
the7stars Foundation		1,000	(708)		292
Total restricted funds	113,236	669,397	(597,138)	1,556	187,051
Total funds	184,638	717,296	(620,101)		281,833

The transfers from the General fund to the Catalyst and CHISVA funds is to cover the deficit on these activities.

Notes to the Financial Statements for the Year Ended 30 April 2021

The specific purposes for which the funds are to be applied are as follows:

• The 'Open Mic' project is funded by the People's Health Trust and offers a group space for young people to meet to play musical instruments, sing and write songs alongside musicians and therapists. They will also produce and record their material as a group.

• The National Lottery funds Imara's Early intervention service, offering therapeutic assessment and intervention and ongoing support for children, young people and vulnerable adults.

• The CHISVA funding provides emotional, practical and advocacy support for children, young people and families through the Criminal Justice Process. Referrals to the service are for victims/survivors under the age of 18 who have disclosed sexual abuse or assault in the Nottingham City and County Area.

• Help For Children funding is for the development of an evidence based therapeutic model 'Letting the Future In' in partnership with NSPCC.

• The NHS SARC funding provides ten therapy sessions for each child referred to our service. These therapy sessions provide early intervention strategies to reduce acute stress symptoms, psycho-education to help children and young people to make sense of what has happened and therapy interventions to promote emotional and physical wellbeing.

• Gardening project (Browne Jacobson) - to support families and children to grow together through small family group workshops.

• Step up (Boots) - funding for a volunteer co-ordinator to support the promotion of volunteering at Imara and to recruit and build our volunteer base.

• Letting the Future In (CIN) - funding for therapeutic team to provide an evidence based model of therapy for children and young people.

• Sleep and Anxiety Practitioner (CIN) - funding to deliver support to children with sleep and anxiety difficulties.

• Wheatcroft - support and advocacy to families affected by child sexual abuse.

• Mentoring project (Youth Fund) - start-up and delivery of Mentoring project.

• MOJ Covid - additional funding for the service in response to Covid-19, providing resources for premises to reduce Covid risks and providing funding for salaries-CHISVA and Therapy.

• Scale Up (SSE) - matched funding re trading income over a 12 month period whilst CEO attending Scale up Programme, designed to build sustainability in organisation.

• Catalyst - training and equipment to build our digital capacity.

• Covid (HFC) - 6 month funding in addition to earlier grant in response to Covid-19, supporting therapeutic provision with LTFI.

• SSBC - provision of music groups for small children and parents, delivered by Rainbow Stripes.

• the7stars Foundation - grants for disadvantaged individuals and a Covid grant for additional resources for children at Imara.

Notes to the Financial Statements for the Year Ended 30 April 2021

8 I	Balance at 1 May 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 April 2020 £
Unrestricted funds					
General					
General	43,661	61,307	(27,710)	(5,856)	71,402
Restricted					
Open Mic' Project (People's					
Health)	5,777	11,029	(12,105)	-	4,701
Imara Early Intervention					
(National Lottery)	56,700	96,709	(89,626)	-	63,783
CHISVA (Notts Police)	16,137	108,525	(133,200)	8,538	-
Letting the Future In (HFC)	6,118	36,000	(31,615)	-	10,503
SARC NHS	-	35,400	(29,910)	-	5,490
Step Up (Boots)	9,724	-	(7,817)	-	1,907
Gardening project (Browne					
Jacobson)	1,989	-	(508)	-	1,481
Refurbishment (Pebble					
Trust)	500	-	(500)	-	-
Kelly Foundation	-	5,000	(5,000)	-	-
MOJ Covid grant	-	-	(45)	-	(45)
Scale Up (SSE)	-	-	(329)	-	(329)
Wheatcroft	-	5,374	(1,700)	-	3,674
Workplace travel	-	8,354	(5,672)	(2,682)	-
Mentoring project (Youth					
Fund)	-	12,659	-	-	12,659
Letting the Future In (CIN)	-	33,470	(33,024)	-	446
Sleep and Anxiety					
Practitioner (CIN)		9,800	(834)		8,966
Total restricted funds	96,945	362,320	(351,885)	5,856	113,236
Total funds	140,606	423,627	(379,595)		184,638

These are the figures for the previous accounting period and are included for comparative purposes