

Trustees' annual report (including Directors' report) for the period

From: 01/07/2020 Period start date To: 30/06/2021 Period end date

Charity name: Ashok Tree Foundation

Charity registration number:1158960

Company number:

Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Address the comprehensive needs of the specific village of Paliapattu in Tiruvannamalai, Tamil Nadu, India, in particular by supporting the Yogi Ashokananda Foundation, registered India Charity, BK 4/50. The foundation will address specific needs in London, initially
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Projects in the U.K. in India / 5 key programs: 1. Education - primary school in India and funding for advanced education. 2. Healthy Body - yoga classes/workshops in India & UK 3. Healthy Mind - Meditation classes/workshops in India & UK 4. Healthy Food - Hot nutritional meals for students in India 5. Environmental & Animal Awareness
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's public benefit guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Grants are issued via partnership agreement with Yogi Ashokananda Foundation, Indian registered charity, BK4/50. All projects to receive grants are preapproved through a business planning and review process with our partner.
Policy on social investment including	Para 1.38	

program related investment		
Contribution made by volunteers	Para 1.38	Ashok Tree Foundation is supported 100% by volunteers, sponsors and supporters on a grassroots basis. Various groups of volunteers in the UK and India manage the Foundation, plan fundraising events, host events, teach community classes and provide health care.
Other		The Ashok Tree Foundation has a generous group of sponsors who have contributed through personal donations, enabled corporate donations and organised / managed events.

Achievements and performance

Para 1.20

Weekly Yoga Classes - A key value of the Ashok Tree Foundation is to ensure yoga is available to all who require it regardless of their mental or physical abilities and financial status. Over 200 people per week participate in 20+ yoga classes across UK, being delivered by volunteer certified teachers.

Weekly Meditation Classes – Regular Meditation classes are offered in several London locations with 50+ regular participants weekly. The meditation sessions are offered on a volunteer basis by the certified teachers from the Yogi Ashokananda School who guide the meditation sessions. The meditation on self – ATMA Kriya Meditation - helps to manage stress, still the mind and body and provides a more balanced approach to day to day life. The teachers provide meditation / mindfulness tips and techniques to the participants to encourage their own development through regular practice.

Sita Devi Charity School - The Sita Devi Charity School continues to operate as a full primary school. During covid restrictions, primary schools were closed during most of the 2020/21 year and into the 2021/22 start. We were fortunate to continue to educate 70 students with 4 teachers guiding lessons digitally and from home. Receiving a well-rounded education based on the Indian national curriculum, complemented with daily lessons in yoga, meditation, 3 languages, Tamil, Hindi & English. Keeping this going during this difficult time has been a great feat by the administration and teachers of the school, providing much needed focus for the school children and making sure they do not miss their opportunity to grow in a healthy way and avoid the alternative of working in the fields all day with their parents.

Healthy Food –We support the Yogi Ashohkananda Foundation's food program, where they provide 2 daily hot mails for the 17 adults in need. They were selected due to their varying degrees of disabilities and whom are overlooked by the government food schemes and their own families and communities.

We continue to directly support the daily food program

at the school for all students and staff.
The Food program was modified over this period also due to covid restrictions, we provided food to the homes where children were being taught by the teachers and meals for the severely at risk adults in the community, with approximately 90 meals daily.
Health Clinic - In partnership with Yogi Ashokananda Foundation, the health clinic, 20 metres from the school facilities, provides first aid services to the students and school staff. This facility also provides oversight on the children's nutritional needs.
Covid Crisis Campaign – This year we ran a special fundraising campaign, Help Indian Hospitals, in collaboration with Yogi Ashokananda Foundation to provide much needed medical equipment directly to the hospitals with the greatest need. Through the funds raised by very generous supporters for this specific campaign, we chose to provide 7 patient monitors 12.1' and 6 3 channel ECG machines to District Hospital in Betul, Madhya Pradesh. We worked with a local team via Yogi Ashokananda Foundation who purchased directly the equipment and delivered it directly to the hospital for immediate use.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial review

Review of the charity's financial position at the end of the period	Para 1.21	SECURESTAND PARMENTS ACCOUNT FOR THE PRICOG SE OF JOSE - 50.06.0221
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Primarily the reserves are allocated to the Grants issued to manage the committed operational expenses in India. Any surplus will be allocated to the expansion of
Amount of reserves held	Para 1.22	the school project in India. As above in in 1.21 Financial Position
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, governance and management

Description of charity's	
trusts:	

Type of governing document: for example, trust deed, memorandum and articles of association etc	Para 1.25	Constitution
How is the charity constituted? for example limited company, unincorporated association, CIO	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or	Para 1.25	Apart from the first charity trustees, every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.
body entitled to appoint one or more trustees		Every charity trustee must have Particular experience based on specific role description if working as a management
		trustee or Specific skill or experience which the CIO requires at the time or
		Specific experience in the communities served by the CIO or
		Ability to be key stakeholder in the CIO's fundraising plans; plans will be focused on individuals, corporates or 3rd sector grants

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Policies Available: Complaints Conflict of Interest Investment Risk Management Volunteers Children Health & Safety Paying Staff
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	

Reference and administrative details

Charity name	Ashok Tree Foundation
Other name the charity	
uses	
Registered charity number	1158960
Charity's principal address	454 Honeypot Lane
	London, HA7 1JW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ashok Kumar	Vice Chair		
2	Michele Carvalho	Head of Projects		
3	Francesca Quaradeghini			
4	Raj Salverajah	Head of Finance		
5	Melvyn Carlile	Chairman		
6	Willow Kemp			
7	Malcolm Berger			
8	Kwok Ying Chan	Finance Manager		
9	Richard Manley	Head of Legal		
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Corporate trustees – names of the directors at the date the report was approved

Director name	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Fund	ds held a	s custodia	n truste	ees on behalf of others		
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capa		110 400010 110				
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		gregation of				
		charity's ow				
Addi	tional infor	rmation (opt	ional)			
	Names an	d addresses	of advis	sers (optional information)		
	Type of adviser	Name		Address		
	Name of c	hief execut	ve or na	mes of senior staff members (optional		
	informatio	on)				
Exer	nptions f	from discl	sure			
	•					
Reas	on for non-	disclosure of	key pers	sonnel details		
Othe	er ontion	al informat	ion			
	. optioni	<u></u>				

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)	Michel Canalo	
Full name(s)	ichele Carvalho	
Position (for example Secretary, Chair, etc.	Trustee, Head of Projects	
Dat	e 13 January 2021	

RECEIPTS AND PAYMENTS ACCOUNT				
FOR THE PERIOD 01.07.2020 - 30.06.2021				
	2021	2021	2020	2020
Total receipts (unrestricted funds)		26,871.17		18,935
Payments made				
Grants made	15,061		23,970	
Cost of fundraising	25		181	
Bank charges	53		40	
Accountancy				
		15 120		24.101
		-15,139		-24,191
Surplus / (deficit)		11,732		-5,256
Reserves b/fwd		11,449		16,705
Reserves c/fwd		23,181		11,449
Bank balance		23,181		11,449



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Section A II	idependent Examiner 3 Report				
Report to the trustees/ members of	Charity Name Ashok Tree Foundation				
On accounts for the year ended					
Set out on pages	1-8				
	of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act. I have completed my examination. I confirm that no material matters have				
Responsibilities and basis of report					
Independent examiner's statement					
	I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached. * Please delete the words in the brackets if they do not apply.				
Signed:	M	Date:	10 February 2022		
Name:	Martin Short				
Relevant professional qualification(s) or body (if any):	qualification(s) or body				
Address: 3 Preston Parade					
	Whitstable				

Kent CT5 4AA