

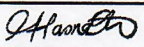


Section B Balance sheet

		Guidance Notes					
			Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	
Tangible assets	(Note 14)	B02	251,313	-	-	251,313	
Heritage assets	(Note 16)	B03	-	-	-	-	
Investments	(Note 17)	B04	1	-	-	1	
Total fixed assets		B05	251,314	-	-	251,314	
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	
Debtors	(Note 19)	B07	53,099	-	-	53,099	
Investments	(Note 17.4)	B08	-	-	-	-	
Cash at bank and in hand	(Note 24)	B09	110,165	77,240	-	187,405	
Total current assets		B10	163,264	77,240	-	240,504	
Creditors: amounts falling due within one year							
	(Note 20)	B11	24,000	-	-	24,000	
Net current assets/(liabilities)		B12	139,264	77,240	-	216,504	
Total assets less current liabilities		B13	390,578	77,240	-	467,818	
Creditors: amounts falling due after one year							
	(Note 20)	B14	226,998	-	-	226,998	
Provisions for liabilities		B15	-	-	-	-	
Total net assets or liabilities		B16	163,580	77,240	-	240,820	
Funds of the Charity							
Endowment funds	(Note 27)	B17	-			-	
Restricted income funds	(Note 27)	B18		77,240		77,240	
Unrestricted funds		B19	163,580		-	163,580	
Revaluation reserve		B20				-	
Total funds		B21	163,580	77,240	-	240,820	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	SHAKIR AHMED	19/02/2022
	DILRAJ SINGH TIWANA	19/02/2022
	MAHMUNA HASNATH	19/02/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

RESTLESS BEINGS

On accounts for the year
ended

'21

Charity no
(if any)

1135134

Set out on pages

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

T. Isly

Date:

21/02/22

Name:

TARIQ ISLAM

Relevant professional
qualification(s) or body

ACMA

(if any):

Address:

STONEHALL AVENUE, IG1 3SH

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

RESTLESSBEINGS TRUSTEES REPORT FOR THE YEAR ENDED 31 JULY 2016

Governing Document

Restless Beings (RB) is constituted as a charitable association registered with the Charity Commission on 24 March 2010 under charity number 1135134. It is governed by a constitution adopted on 18th March 2010.

Objects

The objects of the charity are:

The prevention or relief of poverty anywhere in the world by providing or assisting in the provision of education, training, healthcare and all necessary support designed to enable individuals to generate a sustainable income and become self-sufficient - The promotion of human rights (as set out in the universal declaration of human rights and subsequent United Nations conventions and declaration) throughout the world by: a) relieving need among the victims of human rights abuse, b) raising awareness of human rights issues:

Aims and Objectives

The aims and objectives of the charity are the prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient. RB seeks to promote human rights throughout the world

Trusteeship

The current trustees are Shakir Ahmed, Mahmuna Hasnath and Dilraj Singh, they have all been with the organization for a significant period of time and are reappointed annually at the Annual General Meeting,

Organisational Structure

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits

Risk Management The trustees have assessed the risks the charity faces and have identified the major risks by area of activity and the nature of those risks. The trustees review risk regularly and strengthen their perspective on this issue through meetings. The trustees are satisfied that systems are in place, or arrangements are in hand to manage the risks which have been identified

Use of volunteers

Volunteers are an essential resource in RB activities. Volunteers are involved in all of our Activities and meet regularly at team meetings. We make the necessary checks to ensure volunteers carry the appropriate traits for the organization and understand the objectives

Public Benefit

In planning our activities we keep in mind the Charity Commission's guidance on public benefit. The focus of our activities remains our projects which help marginalised communities across the globe. Our projects benefit people through boosting their confidence and dignity.

Financial Review & Covid-19

The income for the year Of £328k consisted mainly of donations which were not hindered by the ongoing Covid-19 situation. During the year the charity took on a long lease for a building which is the charity's HQ and also houses the charity's subsidiary – Root 25 which is a café and will transfer all profits back to the parent charity.

Charity's policy on reserves

As at 31"July, we hold cash at bank of £187k of which £77k belongs to a restricted fund. The remainder is used for the sustenance of projects and ongoing running costs.

Future plans

The key strategies are to remain the same, The coming year will see a continued emphasis on our major projects, building an awareness of human rights issues as well as expanding projects abroad as well as engaging with more youth led projects In the UK. There will also be a significant uplift in activity within the subsidiary – Root 25.

Trustees:



Mr Shakir Ahmed, Mr Dilraj Singh & Mrs Mahmuna Hasnath

18th Feb 2022