

Shoot Academy Annual Report & Accounts

June 2021 – 20th May 2022



Shoot Academy

Togetherhness Excellence Acceptance Respect

Shoot Academy 2019/20 Annual Review

Shoot Academy Farnborough is a local Christian charity that serves the local schools, community and Churches through various sporting activities/projects. Our vision is to give young people the opportunity to reach their potential through sports, coaching and mentoring by demonstrating the love of Jesus.

We have supported local young people and children in 2021, and by April 2022 we are reaching over 150 young people and children through after school activities, Saturday morning football sessions, Mentoring sessions, self-esteem sessions, and online & physical Boxercise. Here is some feedback we have received.

Young person A: "The self-esteem sessions has really helped me lately. I felt really low but Mr McGowan really listens to me.

Young Person B: "Without the football on a Saturday morning I would not have much to look forward too to be honest"

Parent: "This Charity has supported my Daughter during school, The anxiety course has helped her become more confident and she no longer becomes anxious at attending school"

Effects we have had

When C started playing football, he would be quite aggressive and storm off the pitch if the team lost. He would not really engage with his team and was often excluded from school activities. The charity quickly established a rapport with C and worked on his anger, encouraging him to play as a team member. Mark McGowan worked once a week with him at training and he gradually started to become more involved and less angry. C is now a full member of the football team and has become club Captain.



Activities

Shoot Academy delivers some Anxiety Management, Friendship Clubs and Self Esteem programmes in a local school. It has purchased some engaging material to supplement this delivery and the secondary school students enjoy the weekly sessions.

The charity has two football teams: an under 12 (with 11 players) and an under 15 (with 13 players). The teams train once weekly and play every Saturday throughout the season (September – May). The team members cover a range of abilities. Some have anger issues, ADHD, and learning disabilities. We work alongside the parents and players to support and encourage them.

Shoot Academy delivers a weekly boxercise session in a local community school. This has attracted 13 young people across the ages of 8-18. It has become extremely popular and continues to grow.

When planning our activities and projects for the year the Trustees and Director have considered the Commission's guidance on the young people's benefit and in particular, the specific guidance for charities that work with religion, children, and young people.

To continue, it is important we continue to work alongside local schools, Hampshire Football Association and the National Football Association, as well as safeguarding agencies and the local county FA.

Achievements & Performance

Shoot Academy are keen to offer a range of services during the week and weekends over the course of the year that our community find both beneficial and fulfilling.

During the past year, we have been able to re-start in-person school sessions, and the under 12 and under 15 football teams re-started in September. Our Boxercise sessions started in person in October 2022 reaching 10 students on a weekly basis. This is continuing into 2022

The charity also introduced a Self Esteem course to a local school reaching five year 8 students each week.

Mission and Evangelism

Giving young people and children the opportunity to develop emotionally, mentally, and physically by sharing our faith has been incredibly well received. Our newsletter is sent out to over 100 subscribers every quarter. The newsletter keeps our parents, schools, churches, and the wider community informed of the important matters and developments as well as the good news affecting the charity.

Sponsors and Partners

Shoot Academy have been humbled by the continuing support of the local council and councillors. Being able to have the use of facilities has seen the charity continue to deliver the project it is delivering. We continue to develop relationships with local churches and work alongside one particular church each year in the form of a summer camp.

We are grateful to local company Elite Sports Marketing Ltd who have sponsored the football kits and coaches' jackets, as well as subsidising fees for players from families with a low income. Further support has been provided by McDonalds by providing funds for equipment.

Shoot Academy would like to thank individual supporters who give monthly, quarterly, or at other times throughout the year. We simply could not continue without their generosity.

We have developed fantastic relationships with two local churches, who continually provide valuable support.



Elite Sports
MARKETING



Hampshire
County Council

Reserve Policy

It is Shoot Academy policy to maintain a balance on unrestricted funds, where possible, of at least two months.

Volunteers

We would like to thank all the volunteers who work so hard to make Shoot what it is and to reach the community. We would like to mention Mr Paul Bland who have worked so tirelessly over the recent months, helping us to understand the charity's accounts and budgets. We would also like to thank past and present trustees for making Shoot what it is today.

Structure, Governance, and Management & Responsibilities

Shoot Academy has one Director, and four Trustees. They meet once every quarter to discuss various aspects of the charity. The charity also has three other football coaches who have served with the under 12 and under 14 football teams.

All minutes of meetings are recorded and agreed by all trustees.

2022/23 – The Future

The charity plans to continue with two footballs teams playing in the local North East Hampshire Youth League for season 2021/22; an under 12 team, and under 15. These will play their home games at Cove Secondary School, Farnborough. We will continue to serve the local junior schools delivering after school sessions. Mentoring continues to be of value to the schools and we will develop this with more group work.

Boxercise has been granted an additional one year of funding and so this will be promoted to attract a bigger audience and, it is expected to partner with a local secondary school to deliver some sessions.



Chair of Trustees Report

Once again we are delighted to be able to keep subs for the football team to a minimum and have waived some players subs so that they can continue to play.

Well done to all.

Mr Paul Bland

Shoot Academy

Chair of Trustees.

Financial Report 2022-22

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Boxercise grant	0			0	0
Boxercise receipts	0			0	130
Cheerleading receipts	0			0	0
Football receipts	4,949			4,949	4425
Other receipts	392			392	884
Gifts	6838			6,838	780
Individual donors	3,700			3,700	4020
GiftAid	981			981	2145
Lottery	291			291	124
Sub total(Gross income for AR)	17,151	0	0	17,151	12508
A2 Asset & investment sales					
	0	0	0	0	-
	0	0	0	0	-
Sub total	0	0	0	0	0
Total receipts	17,151	0	0	17,151	12508
A3 Payments					
Boxercise costs	1,493			1,493	45
School outreach	953			953	0
Football costs	8,074			8,074	5438
Social payments	132			132	0
Charity costs	1,985			1,985	1831
Salaries	4,900			4,900	4890
				0	0
				0	0
				0	0
Sub total	17,537	0	0	17,537	12204
A4 Asset & investment purchases					
				0	
				0	
Sub total	0	0	0	0	0
Total payments	17,537	0	0	17,537	12204
Net of receipts/(payments)	-386	0	0	-386	304
A5 Transfers between funds				0	0
A6 Cash funds last year end	4,201			4,201	3897
Cash funds this year end	3,815	0	0	3,815	4201

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	2,763	1,538	-
				-
				-
	Total cash funds	2,763	1,538	-
<small>(agree balances with receipts and payments account(s))</small>				
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Each liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval

Administrative Information.

Shoot Academy has no buildings or assets as such. The Structure/management is as follows:

Mark McGowan – Director

Treasurer & Chair – Mr Paul Bland

Trustees: Mr Chris Nyamunga

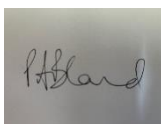
Miss Jo Phillips

Mr James Hopkins

Signatures

Mr P Bland (Chair)
(Chair)

Signed



Date 14/05/2022

Mr M McGowan
(Director)

Signed

M McGowan

Date 14/05/22

Approved by the full board on 15/05/222022