Report and Financial Statements for Sixty-One

Year ended 31st December 2021



"Thanks to MentorMe I do college, I'm going for my counselling degree level three, I work, I've got my own home, I've got my family back in my life. So I'm at my peak now."

Paul (second left above), MentorMe Mentee



YEAR ENDED 31 DECEMBER 2021

Charity No. 1159302

Structure, Governance and Management

Charitable Status

Sixty-One is a CIO (number 1159302) registered in November 2014.

The Charitable Objects

The objects for which the Charity is established are as follows:

The objects of the CIO are the relief of those in need or hardship in Bristol and the surrounding region and in particular prisoners, ex-prisoners and those who are at risk of entering the prison system by (in each case in ways which are consistent with principles of the Christian faith); providing and financing a mentoring service to assist such persons in developing skills to improve their conditions of life and to advance their education; and promoting and financing such other charitable activities as the charity trustees see fit in order to relieve such persons from hardship and to improve their conditions of life.

Trustees

The charity trustees meet at least four times a year to discuss and review the work of the charity. Any new trustees are identified by the remaining trustees. The Chairman of Trustees is responsible for the induction of any new trustee. New trustees are required to gain an awareness of trustees' responsibilities, the governing document, administrative procedures, and the history and ethos of the charity.

Risk Management

The trustees have reviewed the major risks and there are systems in place to manage those risks.

Reserves Policy

The charity's aim is to have six weeks operating costs within free reserves; currently the required figure for this is £16,000. At the year end the charity held £79,350 of free reserves which is much greater that the stated policy. The target reserves of £16,000 is a minimum holding level but an ending figure of £79,350 allows the charity to scale up its activities subject to funding continuing.

In addition, the charity launched a Reserves Pledge Fund in 2019 that now holds a total of £17,500 in pledges (from supporters). These pledges will be converted to donations if the charity was to enter financial difficulties (as defined in the Pledge Fund). This improves our sustainability by underpinning the organisation with a minimum of six weeks operating costs, in addition to any cash reserves held, and is in line with the trustees' policy.

YEAR ENDED 31 DECEMBER 2021

With Thanks

Sixty-One Partnership Charities

- Bristol Together
- Changing Tunes
- inHope (formerly Crisis Centre Ministries)
- DHI (Developing Health and Independence)
- Emmaus Bristol
- Logos House
- Nilaari
- Prodigal Arts
- See Change (new name for Julian House in Bristol)

Sixty-One is particularly grateful for the financial support provided by the following people and Trusts:

- Archer Trust
- Broughton Family Charitable Trust
- Burden Trust
- CMW Trust
- Didymus Charity
- Fairfield Charitable Trust
- Gibbs Charitable Trust
- G W Cadbury
- Haleon Trust
- Harapan Trust
- John James Bristol Foundation
- John & Susan Bowers
- Laing Family Trust
- Medlock Charitable Trust

- Nisbet Charitable Trust
- Noel Buxton Trust
- Police Commissioners Community Action Fund
- Schroder Charity Trust
- Shuttleworth Trust
- Steyn Charity
- Temple Ecclesiastical Charity
- Third House Trust
- Trusted Executive Charitable Foundation
- Walter Guinness Charitable Trust
- W F Southall Trust

YEAR ENDED 31 DECEMBER 2021

Charity Information

Patron

Marvin Rees

Trustees

Andrew Street (Chair)
Paul Tipler
Sandra Sykes
John Barnett
Andrew Wood
Luke Hunka

Staff

Tim Snowdon Director

Lindsay Jarman MentorMe Manager
Esther Champion Project Liaison Officer
Isobel Collinson Project Liaison Officer
Matthew Champion Project Liaison Officer
Alison Paginton Office Manager

Accountants

Burton Sweet Limited, The Clock Tower, 5 Farleigh Court, Old Weston Road, Flax Bourton, Bristol, BS48 1UR

Independent Examiner

Joshua Kingston ACA, Burton Sweet Limited, The Clock Tower, 5 Farleigh Court, Old Weston Road, Flax Bourton, Bristol, BS48 1UR

Bankers

Triodos Bank, Deanery Road, Bristol, BS1 5AS

Registered Office

Sixty-One c/o St Agnes Church Thomas Street St Paul's Bristol BS2 9LL

Telephone: 0117 403 7905 Email: <u>alisonp@sixty-one.org</u> Website: <u>www.sixty-one.org</u>

YEAR ENDED 31 DECEMBER 2021

Trustees Report

Our work

Sixty-One helps offenders lead meaningful crime-free lives by inspiring, enabling and supporting the local community to be able to provide the relational and practical support they need. In doing so we run our own projects such as mentoring for ex-prisoners (MentorMe) and work in partnership with local groups and business. We work in this way (asset-based) as it creates a bridge between the prison gates and the community the ex-prisoner is expected to function in - this is an essential part of rehabilitation. Most of our work is done in the Greater Bristol area, but some of our partnership activity is now developing beyond Bristol and could soon be national.

Our projects are:

- MentorMe enabling volunteer mentors to be able to support ex-prisoners. This involves a
 team of four core staff who recruit, train and support mentors, as well as identifying suitable
 mentees. They work closely with prisons, probation, hostels, charities, churches and the
 wider community. This is our largest project we aim to support around 100 ex-prisoners by
 next year.
- 2. **Christmas Gift Project**. Through working closely with a dozen local churches, we enable 1,500 prisoners in three prisons local to the Bristol region to receive a bag of simple Christmas gifts. We also use this as an opportunity to promote our other support services to prisoners/ex-prisoners.

Our partnerships are:

- 1. We support four local churches who run mid-week Hubs providing a community space for ex-prisoners to meet, learn, volunteer and share food.
- 2. We continue to support local businessman, Rupert Vernalls, as he delivers his globally renowned MBA Empowerment Course in prison and the community. We are helping Rupert as he looks to expand the course across the whole prison network, using prison TV.
- 3. We enable and support a local pastor, and leader from the black community, to run a Constructive Masculinity course in HMP Bristol and in the community.
- 4. We develop Partnerships with local churches, individuals and charities.



YEAR ENDED 31 DECEMBER 2021

Progress in adversity

While in some ways 2021 was more challenging than 2020 - as the pandemic dragged on - it was a year of real progress for Sixty-One. During the year we launched our fourth Hub, run by B&A Church, and saw the number of ex-prisoners we mentor increase by nearly a quarter. Yet for those in prison it has been an extraordinarily difficult year, with prisoners locked in their cells an average of 22½ hours a day. We've seen first-hand how this has affected prisoners' mental health, and their preparedness for release. Tragically these challenges have also contributed to a 28% increase in prisoner suicides - imagine the outcry if this increase had been reflected in the national population!

Partnership is a key aspect of all our activity. Through this we can help more people, make the support we offer more sustainable and by rooting our work in the community make it more effective. We currently have 182 volunteers supporting our work practically. Some are mentors, some help with the Christmas Gift Project, and some run a Hub, or a course. These local people are the foundation of our work, and the Trustees (and the team) want to acknowledge and thank these people for all that they do.

We also want to acknowledge the people we support. So many have to face very significant challenges in a world that often excludes and isolates them. Change is always difficult but doing it on your own is much more so. It's therefore a privilege to be able to help people within the criminal justice system to be able to help themselves. This is a key part of our methodology, not to help people, but to be able to empower them to help themselves.



Over the course of the year, we achieved the following:

In Prison

- We had referrals from 10 prisons: HMPs Bristol, Eastwood Park (women), Portland, Leyhill, Bullingdon, Dartmoor, Exeter, Bure, Ashfield, and Send (women).
- We worked with 13 agencies and charities whilst seeking referrals.
- Our MentorMe team met with 103 serving prisoners, holding 186 face-to-face meetings to identify suitable mentees to prepare them for their release.
- We connected with nearly 1,600 serving prisoners over the year.
- We supported a local businessman and volunteer, Rupert Vernalls, as he delivered his MBA Empowerment course in 30 prisons through Prison TV. In addition, he made this course available to our mentees and ex-prisoners.

YEAR ENDED 31 DECEMBER 2021

In the Community

- Our volunteer mentors supported 88 different mentees (a 24% increase), meeting them a combined total of 715 times.⁽¹⁾
- We ran 2 four-part mentor training courses, the first was online, the second in-person. 26 people attended and 20 completed the training.
- At the end of 2021 we had 68 trained volunteer mentors available.
- 12 mentors stopped mentoring in 2021 (most because they moved out of the area)
- Only five (5.7%) of the 88 mentees we worked with last year were recalled/reoffended within the year, a 90% reduction compared to the national average. This resulted is a saving to the taxpayer of £2.8 million. (2)
- 58% of our mentoring relationships lasted more than a year, 33% between 3 to 12 months and 9% less than three months. This is a very high engagement level for ex-prisoners.
- 20 mentees are now supported through long-term befriending by their ex-mentor.
- 2 mentees were involved with running a new Hub for female ex-prisoners.
- 4 Hubs provided over 151 mid-week meetings for 51 ex-prisoners, a 112% increase over the previous year. These are run by 4 local churches: Hope Community Church, God's House International Centre, Fishponds Baptist and B&A Church.
- 14 churches have supported our work practically and 16 with funding.
- We currently have 182 people who volunteer for Sixty-One.
- Nearly 1,500 prisoners received a bag of Christmas presents through our Christmas gift project. This was funded by 13 churches.
- (1) This is lower than the previous year. This reduction was primarily due to more mentoring meetings being held online in 2020, a much greater percentage were done face-to-face in 2021. While this reduces the number, it brings benefits to the quality of support offered.
- $^{(2)}$ This is based on a national first-year reoffending rate of 55%, which reflects the cross-section of mentees we work with; this includes repeat offenders, offenders on short sentences and offenders with addiction issues. It is based on a first-year reconviction cost of £65,000, which includes prison, police, probation, court and benefit costs. The commonly-quoted £35,000 cost of imprisoning a person just covers the direct prison costs.

In 2022 we plan to:

- Provide over 800 mentoring sessions to over 100 ex-prisoners (15% women).
- Regularly visit two local prisons (Bristol and Eastwood Park) seeking mentees.
- Receive referrals from other prisons (eight last year), probation and other organisations.
- Support over 20 ex-mentees with long term befriending.
- Aim that less than 10% of mentees will be recalled/reoffend in the first year of release.
- Run three five-part mentoring training courses attended by over 30 new volunteers.
- Start 40-50 new mentoring relationships.
- Develop a mentoring partnership aimed at supporting people from African/Caribbean communities.
- Work with three local churches to develop new housing support for mentees.
- Partner closely with local Hubs and other projects to ensure comprehensive support.

YEAR ENDED 31 DECEMBER 2021

Statement of Public Benefit

The trustees have complied with their legal duty under the Charities Act to have regard to the public benefit guidance published by the Charity Commission.

High reoffending rates of prisoners in the UK remains one of society's most intractable problems (over 60% reoffend within two years), and this is continuing to have considerable negative impact, both social and financial, within families and communities.

Long-term mentoring of individuals as provided by the MentorMe programme, which starts from within the prison walls, through to successful reintegration into the community, is a highly effective model that can finally break this cycle (see outcomes above).

In addition, our wide-ranging contacts with the church network across the greater Bristol area allows us to be able to connect ex-prisoners with supportive communities that have been trained in how to work safely with them.

The independent National Audit Office estimates that reoffending costs the tax-payer £13 billion per year. Each prisoner who is sent back to jail costs the tax-payer around £65,000 in their first year if police, court, benefit and prison costs are taken into account, and £35,000 in subsequent years.

YEAR ENDED 31 DECEMBER 2021

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed/constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

steps for the prevention and detection of fraud and other irregularities.
Signed by order of the Trustees
Andrew Street, Chairman
Date:

YEAR ENDED 31 DECEMBER 2021

Independent examiner's report to the trustees of Sixty-One

I report to the trustees on my examination of the accounts of Sixty-One (the Charity) for the year ended 31st December 2021.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Joshua Kingston ACA
Burton Sweet Limited
The Clock Tower
5 Farleigh Court
Old Weston Road
Flax Bourton
Bristol BS48 1UR

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SIXTY-ONE

YEAR ENDED 31 DECEMBER 2021

RECEIPTS AND PAYMENTS ACCOUNT

RECEIPTS	General Funds £	Restricted Funds £	Restricted Christmas Gift Bag Funds £	Total Funds 2021 £	Total Funds 2020 £
Grants	53,150	75,880	-	129,030	136,716
Donations	25,356	8,780	9,270	43,406	30,458
Gift Aid Reclaim	876	, 59	, -	935	1,380
Bank interest received	45	-	-	45	48
Misc	-	150	-	150	-
TOTAL RECEIPTS	79,427	84,869	9,270	173,566	168,602
PAYMENTS					
Costs of charitable activities					
Wages and other staff costs	48,911	101,007	8,210	158,128	133,580
Mentee/ Mentor costs	-	2,516	-	2,516	1,926
Event costs	334	501	-	835	161
Insurance	334	1,003	-	1,337	-
Office and telephone costs	318	590	-	908	889
Publishing and printing	136	204	-	340	330
Stationery & post	744	496	-	1,240	1,004
Bank charges	33	61	-	94	83
Rent	883	2,648	-	3,531	1,160
IT Consultancy	542	1,007	-	1,549	1,329
Equipment	495	1,155	-	1,650	1,027
Membership	281	187	-	468	250
Consultancy	639	-	-	639	1,400
Christmas Gift Packs	-	-	9,200	9,200	9,096
Accounting & Independent examination fees	351	351	-	702	672
Miscellaneous expenses	700	700	-	1,400	1,627
Shuttleworth Trust	-	280	-	280	-
TOTAL PAYMENTS	54,701	112,706	17,410	184,817	154,534
NET RECEIPTS/(PAYMENTS)	24,726	(27,837)	(8,140)	(11,251)	14,068

AS AT 31 DECEMBER 2021

STATEMENT OF ASSETS AND LIABILITIES

		2021 £		2020 £
sh funds		70.250		00.504
rrent account		79,350		90,601
	-	79,350		90,601
tal Assets	-	79,350		90,601
bilities				
ruals		738		702
al Liabilities	-	738		702
SH RESERVES	2021 £		2020 £	
estricted funds				
ight forward	90,601		76,533	
receipts/(payments) for the year sfer between funds	24,726 (35,977)	_	60,537 (46,469)	
tricted funds		79,350		90,601
ught forward	-		-	
receipts/(payments) for the year nsfer between funds	(35,977) 35,977		(46,469) 46,469	
			<u> </u>	-
l cash reserves	-	79,350		90,601
ed on behalf of the trustees on	.2022			